

Front Porch

A publication of Forest City Stapleton, Inc.

STAPLETON

DENVER, COLORADO

OCTOBER 2005

Quebec Square Fair



Above, Sam's Club employee, Phillipa Snyder, serves hotdogs to the crowd at the September 10th fair showcasing Quebec Square merchants. Right, cartoon characters roamed the fair to entertain the kids. Other activities included face painting, a bounce castle, and a chance to win prizes.

Udi's Bread Bistro Opens in the Town Center



Robin Bar-On, executive chef at Udi's restaurant.

Colorado's beautiful fall weather poses a difficult choice for customers who are flocking to the new Udi's at Stapleton in the E. 29th Avenue Town Center. They must decide whether to dine in the freshly contemporary décor of the new restaurant or enjoy their meals on what is rapidly becoming one of the most popular sidewalk café dining areas at Stapleton.

Either way, they won't be disappointed. Udi begins the day with an array of omelets made from free range Nest Eggs that include the Israeli Omelet (onion, parsley and mint), the Greek Omelet (feta cheese, tomatoes, basil and olives) and, of course, the classic Denver Omelet. Colorado's (continued on page 14)

Stapleton's Quebec Square Retail Center took on the appearance of a community fair recently as businesses welcomed residents of Stapleton and the surrounding neighborhoods to an afternoon of fun-filled family activities. Great food, face painting and cartoon characters for the kids were all part of the attractions, as retailers showcased the impressive array of goods and services available at the retail

center. Among the sponsors of the event were Sam's Club and Baby Power.

In addition to major retailers, Quebec Square offers a variety of banks and financial services and numerous restaurants appealing to almost any taste, many with sunny sidewalk café or patio dining areas. The 740,000 square foot retail center offers convenient shopping for residents of Stapleton and nearby neighborhoods.

Famous Dave's Opens in Quebec Square



Denver Councilman Michael Hancock and Mike Higgins, General Manager of the Famous Dave's restaurant at Stapleton preside at a special "rib-cutting" ceremony.

Famous Dave's Pit Bar-B-Que® has chosen Stapleton's Quebec Square to open its first restaurant in Colorado.

Denver City Councilman Michael Hancock recently joined owner Bill Ferguson in a special

"rib cutting ceremony" at Quebec Square's newest restaurant, located at 7557 E. 36th Avenue. The nationally acclaimed restaurant boasts it has "America's best ribs and barbecue sauce."

Famous Dave's is being brought to Colorado by the (continued on page 15)

PRESORTED STANDARD
U.S. POSTAGE
PAID
DENVER, CO
PERMIT #3735

Printed with soy ink.



3 Stapleton Forum | Sustainability at Stapleton 9 | What's New? NorthField is Opening 15 | A Dog's Eye View of Stapleton 16



Fall leaves at Stapleton

Mark Your CALENDAR

2005 STAPLETON EVENTS

EVERY MONTH

Note: Sponsor's contact information is shown in brackets [].

First Tuesday

Stapleton Residents' Social Events Comm.
Stapleton Visitor Center 6 - 7:30pm
[Master Community Assoc. 720.974.4136]

Every Tuesday

Preschool and Parent Support Group
Westerly Creek Elem. Sch. 1 - 3:30pm
[720.423.4797]

Every Tuesday & Thursday

Stapleton Strollers
28th Ave. & Tamarac St. 9:30am
[www.hotmamasdenver.com 303.296.2609]

Third Tuesday

Stapleton Business Association
Call for location 8am
[Stapleton Foundation 303.393.7700]

Every Wednesday

Music Together classes
Westerly Creek Elem. Sch.
9:30 & 10:30am
[Music Together 303.333.1474]

First Wednesday

Westerly Creek PTA Meeting
Westerly Creek Elem. Sch. 6:30 - 7:30pm
[Westerly Creek Elem. Sch. 303.322.5877]

Every Third Wednesday

S.U.N. Transportation Comm. Meeting
Stapleton Visitor Center 6:30 - 8:00pm
[Stapleton United Neighbors
303.355.9600]

Third Thursday

Stapleton Citizens Advisory Board Mtg
Stapleton Development Corp 7:30 - 9am
[Stapleton Development Corporation
303.393.7700]

First Saturday

Bluff Lake Birders
Bluff Lake Nature Center 7 - 9am
[BluffLakeNatureCenter.org
303.468.3240]

OCTOBER

Wednesday, October 5th

Issues that Affect Learning — The Art
of Parenting Series 6:30 - 8pm
7350 E. 29th Ave., 3rd Floor
[Stapleton Foundation 303-468-3224]

Wednesday, October 12th

Power Struggles: Win, Lose or Draw?
The Art of Parenting Series
(See Oct. 5 for more information)

Saturday, October 15th

Fall Festival*
Founders' Green 11am - 1pm
(See page 13, MCA, for more info.)
[Master Community Association
720.974.4136]



Fall Festival

Saturday, October 15th

Kaboom Build Day
Ashley Elementary 6:30am - 5pm
[Bernard Douthitt 303-355-3324]

Tuesday, October 18th

An Informational Forum on
Development at Stapleton
Denver School of Science and Tech.
(Montview & Valencia) 7 - 9pm
[Forest City Stapleton, Inc.
303-382-1800]

OCTOBER

Wednesday, October 19th

Parenting Toward Solutions
The Art of Parenting Series
(See Oct. 5 information)

Sunday, October 23rd

Terry Myers In-Sync
Horsemanship Clinic
The Urban Farm
[Call 303.307.9332 or email:
donna@theurbanfarm.org]

Monday, October 31st

Denver Police District 2 Free
Halloween Party for Kids
Denver Police Training Academy
5-8pm
(Montview & Central Park Blvd.)
[DPD 720-913-1095]

* Check www.StapletonDenver.com
two weeks prior to the event for
more specific information.

DECEMBER

December 5th - 9th

Holiday Lighting Contest*
[Master Community Association
720.974.4136]

December 11th

Lighting of the Holiday Tree*
Founders' Green 5 - 7pm
[Master Community Association
720.974.4136]



Shoppers at the
East 29th Ave Town Center.

Colorado Avalanche – October Games

Start times are Mountain Standard Time.
Home games are shown in Maroon.

Wednesday, Oct 5 at Edmonton Oilers – 7:30 pm

Saturday, Oct 8 at Dallas Stars – 6:00 pm

Monday, Oct 10 vs. Calgary Flames – 7:00 pm

Wednesday, Oct 12 vs. Nashville Predators – 7:00 pm

Friday, Oct 14 vs. Chicago Blackhawks – 7:00 pm

Wednesday, Oct 19 vs. Los Angeles Kings – 7:00 pm

Friday, Oct 21 at Edmonton Oilers – 7:00 pm

Saturday, Oct 22 at Vancouver Canucks – 8:00 pm

Tuesday Oct 25 vs. Edmonton Oilers – 7:30 pm

Thursday, Oct 27 Avalanche vs. Vancouver Canucks – 7:00 pm

Saturday, Oct 29 Avalanche vs. Vancouver Canucks – 8:00 pm

PEDIATRIC DENTISTRY

Are your children going to the dentist or on a jungle safari?...

They can't tell either!

"Innovative, phenomenal pediatric dentistry"

PEDODONTICS - (303)427-9779
7578 Sheridan Blvd, Arvada

A WILD SMILE - (720)945-1234
Stapleton 29 Ave Town Center, Denver

www.jessewitkoffdds.com

Working with an experienced Realtor: priceless

You have enough details to worry about in planning a move. With over 30 years of combined experience, top sales performance, and our in-depth knowledge of the local market, we can help you expedite the sale or purchase of your home. When it comes to buying, selling or investing in a home, working with an experienced Realtor is priceless.

COMING SOON- 8735 E. 28th Ave
Parkwood Oxford
5 bd 4 1/2 bath with finished basement

Call or visit us online today for more information or virtual tours.
www.stapletonhomes.net

WOLFE & EPPERSON
SOLD signs follow wherever we go

RE/MAX of Cherry Creek inc.

PUBLISHED AND FUNDED BY:
Forest City Stapleton, Inc.
7351 E. 29th Avenue
Denver, CO 80238
303-382-1800

Front Porch

www.StapletonDenver.com

EDITOR: Tom Gleason, 303-382-1800
ADVERTISING: 303.526.1969
DESIGN & LAYOUT: Carol Roberts, FinePrint
PHOTOGRAPHY: Steve Larson, FinePrint
EMAIL: info@stapletondenver.com

Stapleton Team Finishes MS Challenge



MS Challenge participants celebrate in the Town Center.

Team Stapleton crossed the finish line at Founders' Green at noon on Sunday, September 11th tired and weary, but filled with satisfaction after raising over \$6,000.00 for the National Multiple Sclerosis Society during the 3-day MS Subaru Challenge Walk.

The Stapleton team was comprised of Angie Malpiede, executive director of the Stapleton Transportation Management Association; Johanna Bjork, an Ambassador at the Stapleton Visitor Center; and Brad Phillips, president of the Greater Stapleton Merchants' Association.

Team Stapleton expressed appreciation for the support of its sponsors: Sam's Club, Stapleton Home Services, Volume Rate Liquors, MyStapleton.com, Allstate Insurance, Stapleton Mortgage, Wingz, Etc, Forest City Stapleton, and MRW & Associates.



BROMFIELD DESIGN GROUP
a collaboration between
MEREDITH C. BROMFIELD
(Colorado Native - 50 years experience)
&
DIANE GORDON DESIGN
(Stapleton Resident and Business Owner)



Design/Build • Remodel/Repair
Basement/Space Planning • Construction
Kitchen/Bath • Interior Finish Upgrades
Color Consultation • Painting Services
Landscape Design • Installation
303.877.1195
www.bromfelddesigngroup.com

Parks and Open Space Update Construction, Construction, Construction ...

By Dennis Piper
Here at Stapleton, construction continues at Central Park, Westerly Creek and the NorthField Ponds.

Westerly Creek
All of the contractors involved in work at Westerly Creek from Montview Boulevard to the MLK Bridge are focused on completing their work by the end of the year. Central Westerly Creek—(roughly from 26th Ave to MLK) will be transferred to Denver Parks and Recreation in January 2006. Other areas of Westerly Creek will be transferred over the next few years.

(continued on page 14)



Dennis Piper

2nd Annual Stapleton Kickball Tournament S.U.N. Event More Than Doubles in Size from Last Year

By Caroline Wilten
Over 300 adults and children turned out for the 2nd Annual Stapleton Kickball Tournament sponsored by Stapleton United Neighbors (S.U.N.). Sixteen teams competed – compared to six last year! The tournament was held at Westerly Creek Elementary/Odyssey School Playing Fields on Saturday, September 17. The tournament was round-robin, double elimination with competitive and social brackets. Four games ran consecutively. Many of the kids took



The West Side Warriors, captained by Tracey Privitera, were the 2005 tournament champions.

the opportunity to play additional pick-up games.

The championship team was the West Side Warriors, captained by Tracey Privitera.

A special thanks should go to our grant sponsor, Active Living Partnership of Greater Stapleton (ALPS), The Bladium

who helped organize the event, and sponsors of food, drinks and prizes that included Instant Imprints, Chipotle, Anthony's Pizza, Noodles & Company, Eileen's Colossal Cookies, PostNet, Forest City Stapleton, Inc., Starbucks, Panera Bread, The Coral Room, Phoenix Yoga Studio, and Cold Stone Creamery.



STAPLETON
REALTY
SOLD



Tim Richard
"YOUR STAPLETON"

Low variable commissions for Stapleton homeowners
303-320-1850 • www.SellStapleton.com • 3401 Quebec St #7600

AMERICA'S BODYSHOP®
Maaco
COLLISION REPAIR & AUTO PAINTING®

AMBASSADOR® PAINT SERVICE
w/FREE Integrated Clear Coat
Reg. '379"
NOW ONLY... \$249
Must present coupon at time of estimate. Hurry... Offer good only until October 31, 2005.
No Extensions - No Exceptions!

FREE ESTIMATES
LEASE TURN-IN REPAIR
WE WELCOME ALL INSURANCE CLAIMS!



Serving the Stapleton Area by the Same Owner for Over 20 Years
STAPLETON AREA • 303-289-5838
4910 Oneida Street • Commerce City (1 mile from MLK & Quebec)

*Body materials not included. Tires, tracks, SUVs and commercial vehicles by estimate. Body work, rest repair & stripping of old paint extra. MAACO® Collision Repair & Auto Painting centers are independent franchises of MAACO® Enterprises, Inc. & are locally owned & operated.



The Club Card offers great discounts at these Stapleton merchants:

HEALTH & BEAUTY

A Day Spa

Offer: 10% off any service.
Location: Quebec Square

A Wild Smile

Pediatric Dentistry
Offer: Free well baby check up for 12-18 month-olds.
Location: East 29th Avenue Town Center

Bladium Sports Club

Offer: \$75 for initiation fees.

Curves

Offer: 50% off initiation fee.
Location: East 29th Avenue Town Center

Executive Tans

Offer: 20% off select lotion with purchase of a session.
Location: Quebec Square

Fantastic Sams

Offer: 10% off all services and professional products. Free haircut with color service.
Location: East 29th Avenue Town Center

GNC at Quebec Square

Offer: \$5 off a purchase of \$30 or more.
Location: Quebec Square

Great Clips

Offer: 20% off any product with haircut purchase.
Location: Quebec Square

Phoenix Yoga Studio

Offer: One month unlimited, first timers \$79.
Stapleton residents.
Location: East 29th Avenue Town Center

Sports Clips

Offer: \$2.00 off a men's or boy's haircut.
Location: Quebec Square

Stapleton Health and Wellness, LLC.

Offer: Every resident will get their first yoga class for free.

Stranz Beauty Supply/Salon

Offer: 10% off all services and professional products
Location: Quebec Square

SERVICES

Allstate Insurance, Brad Phillips & Associates

Offer: A \$5 gift card to your choice of Starbucks or Thomas Bros Coffee and Chai with any FREE, no hassle quote on home and auto, or health, business or life insurance.

SERVICES (continued)

Art & Framing of Stapleton

Offer: \$10 off custom framing, not valid with any other offer
Location: East 29th Avenue Town Center

Commercial Federal Bank

Offer: Open a FREE no-minimum balance checking account with Direct Deposit and receive added benefits equal to those offered to bank employees!
Location: East 29th Avenue Town Center

Credit Union at Stapleton

Offer: Receive a FREE \$20.00 gift when you open your new Credit Union at Stapleton account!
Location: Quebec Square

Environmentally Friendly Cleaners

Offer: 20% off of all DRY CLEANING (Quebec Square location only).
Location: Quebec Square

FirstBank

Offer: Receive \$10.00 deposit into your new First Bank savings account when you open a First Bank checking account.
Location: East 29th Avenue Town Center

LolliLocks Kid Salon

Offer: 10% off any one product purchase with a purchase of service
Location: Quebec Square

New Avenues

Real Estate Office
Offer: \$100.00 gift certificate toward select Stapleton merchants.
Location: East 29th Avenue Town Center

PostNet

Offer: \$3 off Fed Ex and/or UPS shipments (excluding ground service).
Location: East 29th Avenue Town Center

RE/MAX City Horizons, The Kearns Team, LLC

Offer: \$500 towards closing costs and extra discounts on Home Sale costs when you buy at Stapleton.

Renaissance Denver Hotel

Offer: Special room rate, savings up to 33%. Offer valid though 12/30/05.

Stapleton Home Services

Offer: 50% off 1st scheduled maid service. (Expires 60 days after move in date.)

SERVICES (continued)

Stapleton Realty, LLC

Offer: Free move-out house cleaning (\$250.00 value) when you sell your home with Stapleton Realty PLUS discounted commissions.

Tires Plus

Offer: \$9.99 oil change; 10% off any automotive service; \$25 off of a set of four tires; \$30 off your 30, 60 and 90k scheduled maintenance service.
Location: Quebec Square

Town Center Apartments

Offer: Receive \$100.00 off of your move-in costs when you lease at Town Center Apartments
Location: East 29th Avenue Town Center

UPS Store

Offer: 50% off black and white copies.
Location: Quebec Square

US Bank

Offer: .25% discount on ANY fixed rate loan.
Location: East 29th Avenue Town Center – in King Soopers

WIIRE Group

Real Estate Services
Offer: \$500 towards closing costs.

MISC. RETAIL

Amore Fiori

Offer: Saturdays - get two for one on select flowers.
Location: East 29th Avenue Town Center

Baby Power

Offer: \$10 off of class session fee.
Location: Quebec Square

Cat's Music Together at the Bladium

Offer: \$5 off tuition for each registered child in your family.

Cingular Wireless

Offer: FREE Vehicle power adapter with new activation (\$29.99 value).
Location: Quebec Square

Grape Leaf

Offer: 5% off liquor and wine purchases
Location: East 29th Avenue Town Center

Graham Taylor Photography

Offer: 15% off listed Wedding Package or 50% off portrait sitting fee.

Instant Imprints

Offer: 10% off of all products and services.
Location: Quebec Square

SERVICES (continued)

Miss Talulah's

Offer: 10% off all lighting products.
Location: East 29th Avenue Town Center

V2K Window Fashions

Offer: 10% off of orders of \$100 or more.

RESTAURANTS

Anthony's Pizza and Pasta

Offer: 10% off all items
Location: East 29th Avenue Town Center

Copper Canyon Grill & Bar at the Renaissance Hotel

Offer: 15% discount on all food and beverage.

Character's Sports Bar & Grill (at the Doubletree Denver)

Offer: 10% discount on all food and beverage.

Cold Stone Creamery®

Offer: \$1.00 off "Love It," or "Got to Have It" creations. \$3.00 off cake order.
Location: East 29th Avenue Town Center

Doubletree Denver Café

Offer: 10% discount on all food and beverage.

Inta Juice

Offer: 10% off of any item.
Location: Quebec Square

Kyle's Saloon and Eatery

Offer: FREE salad with dine-in pizza or calzone order.

Noodles and Company

Offer: Free fountain beverage with purchase of entree sized bowl.
Location: East 29th Avenue Town Center

Panera Bread

Offer: \$1 off Sandwich, Salad or You Pick Two.
Location: Quebec Square

Radisson Hotel, Quebec's Bistro

Offer: 15% off food menu items.

Thomas Bros. Coffee & Chai

Offer: FREE size UPGRADE on ANY beverage
Location: Quebec Square

Wingz ETC!

Offer: 10% off any combo meal.
Location: Quebec Square

Corporal Trista Tourney Honored

Corporal Trista Tourney has been named the "Top Cop" for the month of August in Denver Police District Two.

On 07-31-05, Corporal Turney responded to the La Quinta Inn at I-25 and Park Ave. on a report of a disoriented elderly male. Corporal Turney contacted the 80 year old male who was confused and unsure of where he was. Corporal Turney suspected that the man was suffering from an early form of Alzheimer's disease and realized that he needed care and may be missing from an assisted living facility somewhere in the metro area. Corporal Turney established a rapport with the elderly male and attempted to gather as much information about where he lived and who could take care of him. Although the man would not or could not provide much information about himself and Corporal Turney was



Michelle Wheeler of the "Top Cop Committee" congratulates Corporal Trista Tourney.

unable to find a missing persons report from a home or assisted living facility, she persisted and eventually found where this individual resided. To ensure that this gentleman had someone to care for him, Corporal Turney gave him a ride to his home and even made arrangements for his car to be driven back to his residence.

Once they arrived at his residence, Corporal Turney became more concerned for his overall welfare after she discovered that he lived alone in an apartment and he was still having trouble keeping his facts straight. It was now later in the evening and Corporal Turney was still unable to locate anyone to care for the elderly citizen. The Denver Police officer prepared a quick dinner for the elderly man to ensure that he ate. Her concern and persistence finally paid off when she was able to reach a friend of this individual who immediately responded to the residence to care for him.

Corporal Turney was honored by her superiors and the citizens who serve on the District 2 "Top Cop" committee for the compassion she demonstrated while caring for elderly man. She was lauded for showing the other side of police work, which is helping out people in need.

Editor's note: The Denver Police District Two "Top Cop" Citizens Committee welcomes nominations from citizens, businesses and civic groups who are interested in submitting the names of officers who may warrant recognition under the "Top Cop" program. To nominate an officer who has served the community above and beyond the normal call of duty, email Commander Rhonda Jones at jonesrh@cfdenver.co.us.

WWW.DUKEANDJANSEN.COM

DUKE & JANSEN, P.C.
ATTORNEYS AT LAW

- Wills & Trusts
- Powers of Attorney
- Living Wills
- Felony & Misdemeanor
- DUI & Traffic
- Juvenile

303-839-5800
Located Downtown Denver

Safety Tips for Children

Yellow school buses, new backpacks and clothes, and the smell of a freshly opened box of crayons remind us that a new school year is in session. We take time this month to review child safety tips you can discuss with your children to increase their awareness and safety.

Parents, please instruct your children to report any suspicious incidents or contacts with people that they do not know or any attempts at abduction or sexual exploitation. Please know your child's whereabouts at all times. Get to know their friends and playmates and instruct them to keep you informed of their plans and to notify you where they will be.

Speak to your children in a calm and rational manner and inform them of the need to be aware of their surroundings. Teach them about strangers and explain to them that a stranger is someone that they do not know. Explain the concept that there are two types of strangers, a "Good Stranger" which is someone they can run to for help and a "Bad Stranger" which is someone who is attempting to harm them or abduct them. Review with your children that a "Bad Stranger" may be male or female, and can look like people that they know. Children when asked what a "Bad Stranger" looks like often state that they are badly dressed, or look like a monster, or have long teeth or claws, rather than a normal appearance. Please inform them not to speak to strangers who ask for their assistance in locating lost animals, offer them candy or merchandise, or offer to give them a ride to school or on an errand, or pick them up at the request of their parents or guardians. Instruct them to never get in to any vehicle or go with a stranger that they do not know for any reason.

Instruct your children that if they are contacted by a stranger, whether they are an adult or a child their own age,



and this person attempts to place them inside of a vehicle, that they are to "run away, right away" scream for help, and locate a person who can assist them. These people can be store clerks, teachers, police officers, firefighters, or anyone that the child can go to that is in a position of trust or authority, or anyone that responds to the child's cry for help. Teach your children that if they are separated from you in a public place, such as a mall, or a festival, or sporting event, to not look for you, but to find a clerk, or usher or police officer. Tell them that they are lost and need help and these people can call for the parents to respond to reunite with the child.

Instruct your children in the technique of the windmill rotation, using the clockwise or counter clockwise motion of their arm to break free of the grasp of someone attempting to grab them. Explain to them that they can kick, bite, or scratch the person to attempt to free themselves.

Explain to your children that if someone is following them in a vehicle, and attempts to speak to them or contact them on the street, that they should, "run away, right away" and yell to people in the area that this person is trying to take them away and they are not their mother or father.

Encourage your children to walk to and from locations with a friend or group of friends and never go places alone. Tell your children to ask your permission to leave the yard or house and to inform you where they are going. Get to know your children's friends, their addresses and telephone numbers.

Inform your children to never accept rides from strangers or to hitchhike or to enter a vehicle for a ride home unless you have previously instructed them to go home with this person. Do not allow anyone to take their picture or ask information about them or their address.

Speak to your children about their bodies and to report to you any inappropriate behavior or any inappropriate touching or fondling by strangers or by playmates. Establish a good rapport with the child so that they feel comfortable coming to you to discuss a problem.

If your children are missing or abducted, call the police immediately by dialing 911 and inform the person who answers that you are reporting a missing child. Remain calm and provide a description of the child, including height, weight, hair color, race and a clothing description, along with a last known address. This information will be relayed to police officers on the street. Contact the center for Missing and Exploited Children at 1-800-843-5678.

Take the time to instruct your children in safety tips and procedures and reassure their fears that they need to be safe and aware but can continue to live their lives and follow their normal daily routine with the proper safety awareness and knowledge.

Your Community Resource Officers would be happy to instruct any groups or organizations on Stranger Awareness. Technician Michael Rappe can be contacted at 720-913-1095 and Technician Reyes Trujillo can be contacted at 720-913-1094.

Make a Difference: Tutor a Child Join Stapleton Neighbors at Philips

For the second year running, a group of Stapleton residents is extending community goodwill by tutoring young students at Philips Elementary, the Denver Public School (DPS) grade school located at Montview and Monaco. Volunteers are needed to provide the children with the benefits of one-on-one time and attention.

The time commitment consists of two hours every Tuesday evening from now through late April, not including DPS vacation periods. Participating students will be selected by school officials from grades 2-5 and will have schoolwork assigned by their teachers specifically for the tutoring session.

Drawing extensively from its surrounding neighborhood, Philips serves a diverse student body. And while a majority of its students qualify for the free/reduced price lunch program, Philips' daily attendance rate regularly hovers near 95 percent and parental involvement is encouraged through monthly workshops and other activities.

For more information about becoming a volunteer tutor at Philips Elementary, contact Kerby Meyers at 303-282-5919 (days) or kdub52@yahoo.com.

Stapleton Relay for Life Raises \$38,000 for Cancer Society

The 2005 Relay for Life held in Stapleton's Founders' Green this past August raised over \$38,000 for the American Cancer Society.

A total of 13 teams comprised of nearly 200 people participated in the event to increase awareness of cancer and raise money to support the programs and services of the American Cancer Society. During the relay, cancer survivors and their family members and friends

walked continuously on laps around Founders' Green, which was lit with special Luminaria candles in celebration of cancer survivors or in memory of someone who lost his or her life to cancer. The top fundraising team, Will Power, brought in almost \$19,000, and the top fundraising individual, Jo Young, raised \$2,300.

Editor's Note: To become involved in the planning and participation for the 2006 Relay for Life, contact Elizabeth Musson of the American Cancer Society at elizabeth.musson@cancer.org



Making the concepts of **HGTV** come alive.

720-231-3977

++++

COLOR CONSULT
MERGING
BUDGET DECORATING

DESIGN WITH
PRICE IN MIND

Embellish
INTERIORS

303.981.3141

Faux Finishing
Venetian Plaster
American Clay
Murals
Furniture

www.embellishinteriors.com

Pediatrics at Lowry

Pediatrics at Lowry welcomes Dr. Scott Merenstein, to our pediatric office. Providing care for infants, children & adolescents in the Denver Metro Community

Dr. Paul Bogan

Dr. Noah Makovsky

Dr. Scott Merenstein

125 RAMPART WAY #220 DENVER, CO. 80230

720.859.8222 www.pediatricsatlowry.com

NEW IN QUEBEC SQUARE!

GENTLE, PERSONAL,
HEALTH- CENTERED CARE
IN YOUR NEIGHBORHOOD

High Quality,
Innovative Care

Maximum Comfort and Ease

Bright, Modern Office with
the Latest Technology

Educating Patients to Take an
Active Role in Their Oral Health

New Patients Welcome!
303-322-2081

QUEBEC SQUARE
FAMILY DENTISTRY
PREET CLAIR, D.D.S.
QUEBEC SQUARE AT STAPLETON
7505 EAST 35TH AVENUE SUITE 304 • DENVER, CO 80238

"We are committed to providing you and your family with healthy, attractive smiles. We respect and value your time. We invite you to experience our efficient, affordable clinical expertise."
Dr. Preet Clair

10.22.05

Are you feeling as healthy, fit and sexy as you want to be? Then what are you waiting for? Get started at Rose Medical Center's Women's Health Fair. Educational information and screenings will include topics on how to live well, promote life balance and age gracefully. Special appearance by Stephanie Riggs, Emmy-award winning anchor and reporter for CBS4 News.

Where: Rose Medical Center
Ground Level - Auditorium
4567 E. 9th Avenue
Denver, CO 80220

RSVP: 1(877) HealthONE
1(877) 432-5846

When: October 22, 2005

Time: 8:00am - Noon

Free Parking: Rose parking garage

Women's Health Fair at Rose Medical Center



Naturally Surprising! Bluff Lake Nature Center

Bluff Lake is all about surprises! Every day is different and each visit offers something new. It's a slice of nature right here in Stapleton's own back yard. Whether you're watching a kingfisher patrol the creek or a colorful sunset over the Front Range, you'll enjoy the surprises at Bluff Lake.

Bluff Lake Nature Center is a self-sustaining, nonprofit organization, working to conserve and protect this natural jewel. Individual memberships are \$25, \$50, \$125 and \$250. Family memberships are \$50, \$100, \$250 and \$200.



Follow the "flying fox" on our website for clues to your free (sur)prize and more information on programs & membership benefits! www.blufflakenaturecenter.org

Please visit and become a member soon!

Name _____

Street Address _____

City, State & Zip _____

Email _____

Mail to:

Bluff Lake Nature Center

7350 E. 29th Ave., Ste. 300

Denver, CO 80238

Rocky Mountain Arsenal National Wildlife Refuge "Prairie Days and Prairie Nights"

Rocky Mountain Arsenal National Wildlife Refuge will open its gates from 1 p.m. to 8 p.m. on Saturday, October 15th for a free celebration called "Prairie Days and Prairie Nights." The event will be held during National Wildlife Refuge Week, which more than 540 national wildlife refuges observe each year.

The activities will include slow-and-easy hayrides through woodland, wetland and prairie landscapes, free catch-and-release fishing, special tours of the National Eagle and Wildlife Property Repository, exhibits and displays about night animals, including bats and coyotes, and guided walks along trails lined with tall cottonwoods and willows. A scenic bike ride through the Refuge will be offered as well.

As the evening air turns cooler, visitors will gather around the campfire for some "wild" songs, games and stories. They can also watch wildlife photographer Dave Showalter present a photo gallery of his spectacular slides illustrating animals at the Refuge.

Reservations are required for hayrides, nature walks, and the Repository tours

and bike ride. The gate at 56th Avenue and Havana Street will open to the public at 12:30 p.m., and parking will be available at the Visitor Center. Anyone planning to fish must bring a Colorado State Fishing License.

Banquet to Benefit High School Scholarship Program

The Rocky Mountain Arsenal Wildlife Society will host its annual Blue Stem Banquet on Tuesday, Oct. 11, to kick-off National Wildlife Refuge Week. A silent auction will be held to benefit the Society's high-school scholarship program, and Refuge Manager Dean Rundle will present highlights of the Rocky Mountain Arsenal National Wildlife Refuge. In addition, photographer Dave Showalter will present his collection of slides titled "Seasons of Rocky Mountain Arsenal." The banquet will be held at the Denver Airport Marriott at Gateway Park at 6:15 p.m. To make reservations or find out more about the Blue Stem Banquet or high-school scholarship contest, contact Suzanne O'Neill, Wildlife Society president, at 303-289-0820.

Rocky Mountain Arsenal October Events

Fall Nature and Recreation

Programs – Tours are offered every Saturday from 9 - 11 am and every Sunday from 1 - 3 pm

Evening Birding

Saturday, Oct. 1, 4:30 - 6:30 p.m.

The Magic of Migration

Sunday, Oct. 9, 9 - 11 a.m.

Prairie Days and Prairie Nights

Saturday, Oct. 15, 12:30 - 8 pm

Wildlife Watch

Sunday, Oct. 23, 9 am to 1 pm

Trick-R-Tweet

Saturday, Oct. 29, 1 - 3 pm

Reservations are required for these **FREE** programs. Space is limited. Enter the Refuge at 56th Ave. & Havana. Call 303.289.0930 to register. For additional information, visit the Refuge Web site at <http://rockymountainarsenal.fws.gov>.

Urban Farm Ride-in-Sync® Clinic!

Get ready to Ride-in-Sync® with Horse & Rider Conformation Clinic judge, national clinician and world champion trainer, Terry Myers at The Urban Farm in Denver on Sunday, October 23rd.

- Learn how your position affects your horse's movement and learn to target and correct position faults.
- Learn how you can make your horse move more naturally by changing your position.
- Learn tools for relaxation and how they will make you and your horse Ride-in-Sync. Lots of obstacle work with your horse.
- Learn how to apply what you have learned to the show ring, on the trail or in your everyday riding.

When: Sunday, Oct. 23, 10am – 6pm

Where: The Urban Farm at Stapleton off I-70 and Havana at 10200 Smith Rd,

Cost: \$125 per rider (w/ continental breakfast and lunch); \$50 more for use of school horse. \$30 to audit.

To Ride: Open to beginner, intermediate and advanced riders

For information on registration contact Christy Landwehr at 720-857-6160 or landwehr8@msn.com or visit TMTrainingCenter.com

NorthField CHURCH

Real. Community. Church.

720.985.6810
www.northfieldchurch.com
contact@northfieldchurch.com

FINALLY, AN AFFORDABLE SOLUTION
FOR YOUR WINDOW WELLS!

WINDOWELL
OF DENVER, INC.

Additional colors and styles available.

303.994.8866
ASK ABOUT OUR CUSTOM WINDOW WELL COVERS!

We live & work in Stapleton!

BLUEPRINT DESIGN & CONSTRUCTION, INC.

— BASEMENTS, DECKS, PATIO COVERS —

- Design Assistance
- Completely itemized free estimates
- Homeowner participation welcome
- Licensed and insured
- No surprise charges
- Excellent ongoing communication
- 100's of references
- Hands-on owners
- Very easy to work with
- Projects available for viewing
- Financing available
- Professional cleaning upon completion
- Member Better Business Bureau

303-467-9400
Experience a Refreshing Change in Contractors

40 MILLION drivers TRUST STATE FARM.

Personal service and competitive rates are why more people trust State Farm® for car insurance than the next three companies combined. Contact me today.

Jessika F. Aerni, Agent
7505 East 35th Avenue
Suite 302
Denver, CO 80238
Bus: 303-377-5433
Se habla español

LIKE A GOOD NEIGHBOR, STATE FARM IS THERE.
Providing Insurance and Financial Services

State Farm Mutual Automobile Insurance Company
State Farm Indemnity Company • Bloomington, IL • statefarm.com

PLEASE JOIN US FOR OUR
GRAND OPENING ON OCT. 15TH

Art & Framing at Stapleton

Now Open in the Town Center
303.534.1979 • www.artandframingstapleton.com

"Check out our Fall Decor and Halloween Goodies."

amore fiori

flowers & gifts

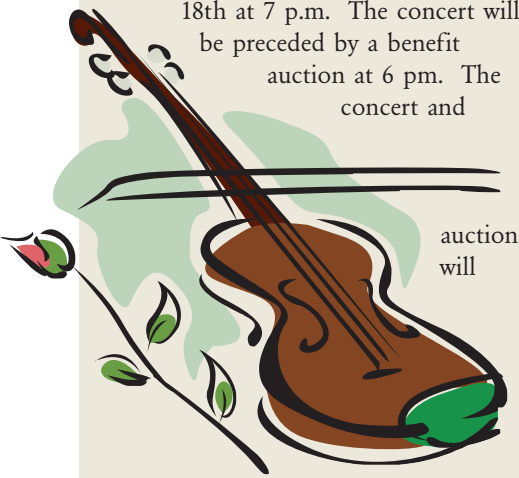
Your Holiday Headquarters for:

- Fresh flowers
- Unique gifts and jewelry
- Green and blooming plants
- Home and seasonal decor
- Wedding, special occasion, and corporate services

Located in Stapleton's East 29th Ave Town Center
Open Mon thru Sat, 9-6 (303) 333-3848 www.amore-fiori.com

Denver School of the Arts
World Class Violinist
to Perform at
Benefit Concert

World-class pop, jazz, and classical violinist, Andy Stein, joins the young and talented orchestra musicians of the Denver School of the Arts (DSA) in their celebrated annual “Strings Away” Concert on Tuesday, October 18th at 7 p.m. The concert will be preceded by a benefit auction at 6 pm. The concert and



be held at the DSA campus at 7111 Montview Boulevard, just west of Stapleton.

Mr. Stein is known for his unmatched freelancing in a variety of musical genres. He will perform the Haydn Concerto for Violin in G, and also “jam” in a jazz violin set. Mr. Stein has performed with top pop artists including Bob Dylan, Willie Nelson, Madonna, Ray Charles, Eric Clapton, and Tony Bennet. He has also been a featured soloist with jazz musicians Wynton Marsalis, Phil Woods, Manhattan Transfer and John Pizzarelli, and has recorded with such notables as Itzhak Perlman and Placido Domingo.

Auction attendees will be able to bid on art, restaurant certificates, holiday gifts and unique items at the auction and throughout the evening. Event proceeds benefit the DSA Orchestra Program supporting future guest artists, music workshops and educational trips. Tickets are \$10 adults, \$8 students/seniors, and are for sale in October at the DSA Box Office. For further information, visit the DSA website at dsa.dpsk12.org, or contact Frank Fyock, Orchestra Director at 720-424-1700 or Vicki

The Denver Public Library — Check it out!

Park Hill Branch Library

4705 Montview Blvd. 303-331-4063

School-age Programs

Tuesday afternoons, 3:30 to 5:00 p.m. – “Paws to Read” for children in grades 1-5. Space is limited, so register early.

Preschool programs:

Mondays and Fridays at 10:30 a.m. - Preschool storytime for 3- to 5-year-olds.

Tuesdays and Thursdays at 10:30 a.m. - Preschool Storytime with a Craft.

Thursdays at 11:15 a.m. - Bookbabies for children ages 6 thru 24 months and their parents or caregivers.

Super Saturday Programs

10:30 am – Sponsored by Mervyn’s

Saturday, October 8th - Justin Miera performs “Apples and Bananas” His musical program takes an entertaining look at something we all like: FOOD!

Saturday, October 29th - Jim Loshbaugh shares his “Halloween Magic and Marionettes” in this frightfully good show!

Park Hill Library Teachers Book Sale Thursday, October 13th – 3:30 - 5:00pm - TEACHERS! ... Mark your calendars.

Pauline Robinson Branch Library

5575 E. 33rd Ave. (303) 370-1530

School-age Programs:

Mondays and Wednesdays at 4:00p.m. - After School is Cool – No registration is required. All programs are first-come, first-serve as indicated. Snacks are provided.

Monday, October 3 - The Big-Balloony Show – Big Balloons means BIG FUN! Stuart, the Balloony magician, takes balloon twisting to a whole new size.

Monday, October 10 - Welcome to Bug Bites Café on with Butterfly Pavilion – Discover bug cuisine from cultures around the world and find bugs in our everyday food. Meet live animals who have been on the menu and taste a few buggy treats yourself!

Wednesday, October 19 - Native American Pudding – Mix ingredients with Jessica to make Native American Pudding and then enjoy some too.

Every other Saturday beginning at 11:00 a.m. (October 1, 15, 29) - Knitters’ Club – This fun group is for all ages that are interested in learning how to knit or are already working on cool projects. Knitting materials and snacks are provided.

Preschool Programs:

Wednesdays at 10:30 a.m. - Preschool Story times for 3 to 5 year olds

Tuesdays at 11:00 a.m. - Preschool Story times with a Craft

Teen Programs:

Tuesdays at 4:00 p.m. - Teen Scene Hang out at the Branch for cool activities, listening to popular music, discussing current topics, and enjoying snacks with your friends. Registration is not required.

Children and Family Programs:

Super Saturday programs sponsored by Mervyns – 1st and 3rd Saturday at 11:00a.m.

Saturday, October 1 at 11:00 a.m. – Rock Around the World – Mr. Shine’s World Rock and Read Tour will have you laughing, moving and most importantly, wanting to read about all the fun you will sing and dance about!

Saturday, October 15, 11:00 a.m. – African Tales – Ed Glassman presents African tales with his Cosmic Circle puppets.

Saturday, October 22, 12:00-1:30 p.m. The Pauline Robinson Book Club – Please call the Robinson Branch Library for the October reading selection. All are welcome to attend and participate in the book discussion.

For more information about the Denver Public Library, visit <http://www.denverlibrary.org>.

Calling All Neighborhood Babies, Toddlers and Preschoolers

You are invited

The Westerly Creek Elementary School
Autumn Celebration
and Costume Parade

Monday, October 31st

wear your costume

come to the lunch room* at 2:30

have some cookies and juice

watch the parade

* enter through the doors in the middle of the building, facing 28th Avenue
LOOK FOR THE ORANGE BALLOONS!

spread the word to all the little ones on your block

RSVP not required but appreciated for planning

abby reynolds at 303-321-5484
or abbygreynolds@hotmail.com

Before you move to Stapleton, call me!

WITH OVER 100 HOMES SOLD,
WE WILL COORDINATE THE SALE OF
YOUR CURRENT RESIDENCE AND THE
PURCHASE OF
YOUR NEW
HOME.

JODY E. DONLEY
THE DONLEY TEAM
Stapleton Resident
720-290-8917

WWW.MOVETOSTAPLETON.COM

ADVERTISEMENT

Friends and Family Denver-bound for the Holiday Season?

Put them up in style in the Timbers Hotels’ spacious one- and two-bedroom suites. With accommodations as big as Colorado’s open spaces, they will appreciate their full kitchens, the custom-designed furniture, private living room and separate bedrooms (one- or two-bedroom option) and pillow-top beds. The full-service hotel now features Peoria Bar & Grill.

THE TIMBERS
A RESIDENCE HOTEL

Centrally located at 4411 Peoria, off I-70 (exit 281), the hotel sits in the heart of the Metro area’s fastest growing region, minutes away from Stapleton, downtown, Fitzsimons and Denver International Airport. **For reservations and more information contact: 800.844.9404, 303.373.1444, www.timbersdenver.com.**

Ask for Our Grand Opening Special: \$25 off your next stay! Restrictions may apply and subject to change without notice. **The Timbers is a member of Luxe Worldwide**, available on the Web at www.luxe-hotels.com.

ADVERTISEMENT

Exempla
HEALTHCARE
Family Medicine at Stapleton

One Standard.
Excellence.

Dr. Kristine Walsh, née Leathery, has served families in Stapleton since 2004. “She is one of the best GPs I’ve ever been to,” says Jim McBain of Denver, Colorado. Dr. Walsh’s compassion makes a difference in her patients’ lives. “I’ve been a patient myself so I know how important it is for your doctor to be a good listener,” says Dr. Walsh. “I want to understand the special needs of each of my patients. That’s my goal. That’s how I can give every patient the best possible care.”

Dr. Walsh provides leading-edge medical care for the entire family, including newborn, child health, and women’s health care. The offices of Exempla Family Medicine at Stapleton are conveniently located in the Stapleton Plaza Office Building, 3401 Quebec, Suite 1015. Come visit us or call 303-467-8900 today for an appointment. Making a difference in our neighbors’ lives – that’s Exempla Family Medicine at Stapleton.

Allowing a Natural Consequence to Run Its Course

By Leysa Morris-Noone

I'm onto the fact that my kids are mind readers. I know that they belong to a secret society of mind-reading kids, fine-tuning their skills on play dates and outings.

I learn the depth of their ESP as soon as I get comfortable in how I parent – as I get cocky or complacent. Picking up on this brainwave activity, they respond by behaving in ways that send me to pause. In that moment, they know that I'm locked in confusion and dismay about how to redirect their misbehavior.

What their young minds don't know is that I have a secret weapon in my canvas bag of parenting paraphernalia. This weapon is potent and quick – focused and precise. When I pull this device from its holster, I hardly need to call on those old standbys like frustration or coercion; or the ancient trio of guilt, shame, and blame.

The Scene: My one child has decided not to get ready for school. If we allow her to dawdle and delay, she'll ultimately cause me to get to work late and seek everyone else's forgiveness for my inconveniencing them.

The Action: Since I've participated in this dramatic rendition before, I decide to do something different. I decide to leave when I say that I'm going to leave – giving time checks to T minus "time to leave".

My daughter, adept in her studies of mind reading, knows that I expect to leave at the announced time. She engages her time-tested "distraction and diversion" techniques. Her execution is beautiful. But to her dismay T minus "time to leave" has not been disarmed.

"Time's up. Everyone in the car," I announce. "But I'm not dressed yet," protests the child.

"Oh, that's okay. Your pajamas are fine," I respond gently.

"What! I can't go in my jammies," exclaims the child in shock.

"Hmm. I'm confused, I thought you wanted to wear your pjs today since you didn't change into anything else and you didn't seem to want any help getting ready," I explain. "Well tomorrow, maybe you'll want to wear your clothes instead, but right now it's time to leave."

Two days later . . . "Mom, look. I'm totally ready." Child pronounces proudly.

"Wow, good for you. But we're not leaving for another 45 minutes."

Mom: winner; Kid: winner So the kid went to school in pajamas. No one ever died because they wore pajamas out in public. These are 2 & 3 year olds were talking about. Their friends don't care and may not even notice. Besides,

you've seen the kid in Target donning his full-out Spiderman costume in February, or Princess Jasmine on the playground, complete with satin slippers.

My daughter knows that not getting dressed was her choice. This realization gave her a sense of power. With this power, she can change how she experiences our morning routine. She knows that I'm no longer a factor in whether she goes to school in pjs or her Tigger costume. I'm giving her the space to practice her decision-making skills around the smaller things. And I'm no longer exhausted from nagging.

If you want to know the quality of your thinking, look at your results.

Empowering our children to experience the results of choices they made enables them to watch their life unfold, and compare their desired outcome with the manifested reality. Once they desire something different, they become open to change.

One of my favorite authors who embraces "natural consequences" as well as "whole child" childrearing is Wayne W. Dyer. His book, *What Do You Really*

Want for Your Children? has sections of his book entitled, *I Want My Children to be Self-Reliant*, and *I Want My Children to Fulfill Their Higher Needs and to Feel a Sense of Purpose*. It's a dense book but it's broken down into many short, engaging chapters to help you find the answers you seek.

Leysa Morris-Noone is a Stapleton resident and a mother of three girls ages 9, 5 and 20 months. She runs Greenway Park Preschool, a home-based program, located on 24th Avenue across from the playground and sandbox. She may be reached at leysa@earthlink.net.

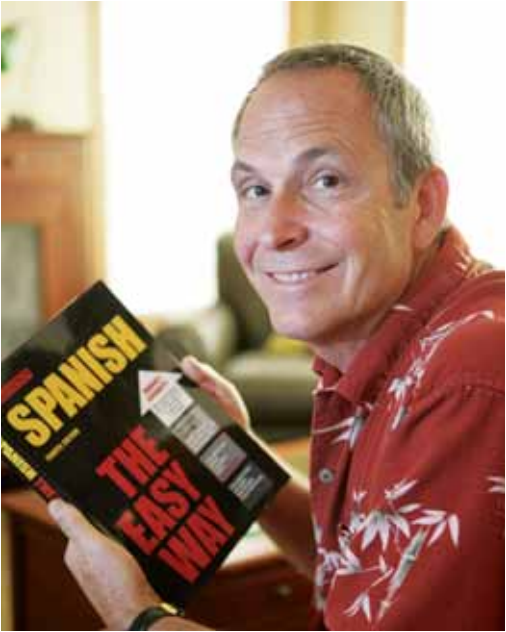


Leysa Noone and her daughter Naomi.

Stapleton Resident Offers Spanish Classes

Tim Charney, a veteran of 27 years of teaching Spanish, French and German in Jefferson County Public Schools, has brought his teaching experience to the Spanish classes he now offers at Stapleton.

Mr. Charney has a B.A. in Spanish and a M.A. in secondary education to go along with nearly three decades as a tutor and mentor. His daytime and evening Spanish classes for adults are limited to a maximum of eight students per class and are taught in an "informal, yet academic atmosphere." with an emphasis on conver-



Tim Charney

sation and an understanding of the grammar and vocabulary he believes are necessary to become proficient in Spanish. Mr. Charney's classes may include food and music to help students learn about the cultures of Spanish-speaking countries.

Classes are currently held in the instructor's home at Stapleton, although Mr. Charney is willing to set up classes at a different location, if there are enough participants. Tuition is \$100 for six 90-minutes classes; students will also need to purchase a textbook offered at about \$20.00.

For more information or to register for classes, call 303-388-5060.

August ALPS Winner Announced

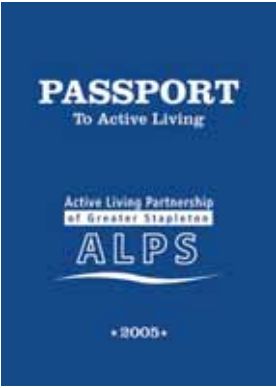
Elizabeth Thigpen, the August winner for the Passport to Active Living program, has won 10 ESPN Zone Skate Park Tickets compliments of ESPN Zone Skate Park.

The Passport to Active Living program is a series of neighborhood activities designed to heighten interest in physical activity through everyday life. The Active Living Partnership of Greater Stapleton (ALPS) sponsors the Passport to Active Living program, which is a project of the Robert Wood Johnson Foundation's national Active Living by Design program. Residents in the Northeast Park Hill, Greater Park Hill, East Montclair, Original Aurora and Stapleton neighborhoods are encouraged to participate in these activities for

opportunities to win prizes, while staying physically fit.

The November edition of The Front Porch will carry the announcement of the September winner of the Passport to Active Living program, who will receive **YMCA of the Rockies Weekend Passes**. That same edition of the newspaper will also carry the announcement of the overall *PASSPORT TO ACTIVE LIVING* winner, drawn from all of the entries that have been submitted throughout the program series. The overall winner will receive airline vouchers valued at \$800.

For additional information, please contact Alisha Brown of The Stapleton Foundation for Sustainable Urban Communities at 303.468.3222 or by e-mail at Abrown@stapletoncorp.com



Kyle's Saloon & Eatery

Original Stapleton Restaurant and Bar Turns Five

When Kyle Jewett and Gary Campbell opened Kyle's Saloon & Eatery in October 2000, not a single house had been built at Stapleton and no new retail stores existed.

Much of the 1,100 acres of old runways were yet to be removed and recycled. Somehow, the couple who wanted to create "Stapleton's Original Bar and Restaurant" persevered to the point that this month, they are celebrating their fifth anniversary.

Located at 3989 Ulster Street (across the railroad tracks just east of Wal-Mart on

Smith Road), Kyle's has become one of the links between the "old Stapleton" and "the new." Some of the customers who walk through the doors of the building that was

once one of the most popular gathering places for the employees of the airport still recall those days as part of the colorful history of "the old Stapleton." Increasingly,

however, Kyle's most faithful customers are residents or employees of the "new Stapleton" who are attracted by widely-acclaimed specials such as pizza and

calzones, ribs, salmon, catfish, mushroom soup and even the popular "Patty Melt" and BLT sandwiches—not to mention Gary Campbell's famous omelets on Sundays.

"We would not have survived to celebrate our fifth anniversary if we hadn't had the wonderful support we receive from all of our friends at Stapleton," Kyle Jewett says. "They have really adopted us as part of their families!"

Kyle's features a full bar with various beers on tap, a big screen television for football games, pool tables and a wide selection of music on the jukebox. Kyle's opens at 11 a.m. seven days a week. Free pizza delivery is available in the greater Stapleton area bounded by 56th Avenue on the north, Montview Boulevard on the south, Colorado Boulevard on the west and Havana Street on the east. Call 303.316.2818.



Kyle Jewett and Gary Campbell of Kyle's Saloon.

Everybody's a Kid

Fantastic Sams®

7341 East 29th Ave
303-316-7701
Stapleton Town Center
Most salons individually owned and operated

Adult & Child Haircut

\$8.95 exp. 10/31/05

Special valid only with coupon

CHUCK BARRY

office: 303.336.0376
cell: 720.296.6217

Buying? Selling? Investing?

Contact Chuck about his expertise and success in the Stapleton area!

"Helping move Stapleton one yard at a time"



Sustainability at Stapleton

by Melissa Knott
Director of Sustainability for Forest City Stapleton, Inc.

Back to School Recycling Tips

Thanks to all of you who supported the Stapleton Farmers Market throughout the 2005 season! Thanks also to this year's market managers, Colorado Fresh Markets, and to all of the terrific vendors who brought their fresh vegetables, fruits, and specialty items to the Stapleton Farmers Market each week. The second year of the Stapleton Farmers Market was a great success! Colorado Fresh Markets will be back next year as the market managers and the 2006 season of the Stapleton Farmers Market is set to open June 4, 2006.

Also, after three straight years of printing New Leaf, our monthly Tips for Sustainable Living information sheet, we are taking a brief hiatus to redesign the publication. There will not be a New Leaf issued in October, but look for New Leaf in November when it will reemerge in an all new format! To sign up to receive New Leaf via email, visit www.stapletondenver.com.

Xcel Energy's Windsource® Program

Would you spend a nickel a day to help the environment? That's exactly what you can do if you specify that part or all of your electricity be generated by wind power through Xcel Energy's Windsource program. You can choose to buy a fixed number of Windsource blocks (100 kWh each) or choose to get 100% of your electricity from wind power.

The cost of all of the Windsource energy you purchase is based on your actual metered electricity usage, which is billed at the base electric rate, plus a Monthly Wind Energy Service Adjustment, or "Windsource Adjustment." As of June 2005, the Windsource Adjustment is priced at \$0.97 per 100 kWh block. According to Xcel, a typical Colorado residential customer uses about 600 kWh of electricity per month, so

the additional cost to supply 100% of your electricity through wind power would be approximately \$5.82 per month, depending on your actual usage.

The energy that supplies Windsource is 100% wind energy generated or purchased from Colorado wind farms. A total of 77 wind turbines located at the Ponnequin and Wind Peetz Table wind farms currently supply the wind energy. The electricity is added to the Xcel Energy system for use across Xcel's service area in Colorado.

Windsource electricity is produced without creating air emissions such as carbon dioxide. In addition, no water is used to produce wind-generated electricity. Supporting renewable energy helps to reduce our dependence on fossil fuels and preserve our natural resources for the future.

For more information or to sign up for Windsource, visit www.xcelenergy.com.

Breast Cancer Awareness Month

October is National Breast Cancer Awareness Month. The American Cancer Society recommends that women have yearly mammograms starting at age 40. Women in their 20s and 30s should have a clinical breast examination as part of



their regular health exam every 3 years. Women should report any breast change promptly to their health care providers. Starting in their 20s, conducting monthly breast self-exams is suggested. Women at increased risk (e.g., family history, genetic tendency, past breast cancer) should talk with their doctors about the benefits and limitations of starting mammography screening earlier, having additional tests (e.g., breast ultrasound or MRI), or having more frequent exams.

For more information, contact the University of Colorado Hospital Breast Center at www.uch.edu/breast, Denver's Race for the Cure www.raceforthecure-denver.com, or The American Cancer Society www.cancer.org.

Denver Recycles' LEAFDROP Dates

Denver Recycles' 2005 LEAFDROP program runs from October 10th through December 5th this year.

The best option for recycling leaves is to dig them into your garden, compost them at home, or mulch small amounts into your grass. By using your leaves at home you'll enrich the soil, save money on fertilizer and water bills, and help the City of Denver minimize the environmental and economic costs of collecting, hauling, and landfilling leaves. Denver residents who cannot reuse all of their leaves at home can bring them to one of the convenient drop-off locations listed below.

Sunday Drop-off Dates and Locations

October 30th, November 6th, November 13th
10 a.m. – 4 p.m.

Northwest: Sloan's Lake Park – 17th Ave at Sheridan Blvd.

Southwest: John F. Kennedy High School – Newland St. & Brown Pl.

East Central: Cranmer Park – 3rd Ave. & Clermont St

Weekday Drop-off Dates and Locations (closed weekends and holidays)

October 10th through December 5th
7 a.m. – 2:30 p.m.

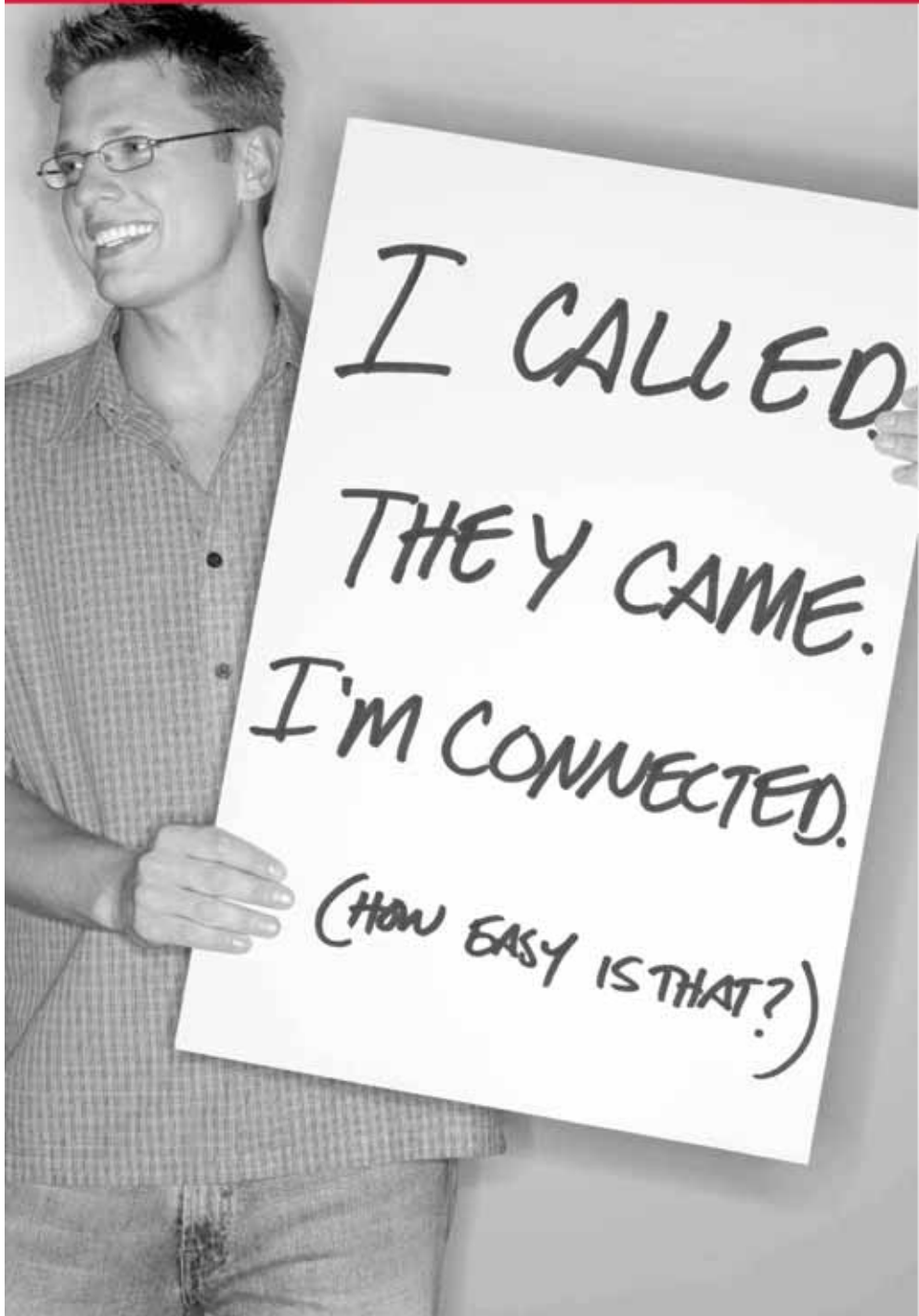
Havana Nursery: 10450 Smith Road, just south of I-70 on Havana

Denver Solid Waste Transfer Station: Quebec St. & Cherry Creek Drive South

Please note that the Havana Nursery and the Solid Waste Transfer Station are open weekdays only and only accept leaves in tied or secured bags.

Make sure your leaves do not contain branches or other wastes that can damage the composting equipment. Do not drop leaves at these sites except during the times and dates specified. Leaves left at other times will not be recycled. For more information, visit www.DenverGov.org/DenverRecycles.

Stapleton welcomes Comcast to the neighborhood



COMCAST – NOW THE PREFERRED PROVIDER AT STAPLETON.

3 great services available in one great neighborhood.

DIGITAL CABLE WITH ON DEMAND

Comcast Digital Cable gives you more choices and more control than ever. With hundreds of channels and exciting new features like ON DEMAND and High-Definition TV, you'll enjoy watching TV again!

HIGH-SPEED INTERNET

With Comcast High-Speed Internet, everything about the Internet is better. Not only will you zip around the Internet at lightning-fast speeds, but our service won't tie up your phone line because it's cable powered.

DIGITAL TELEPHONE SERVICE

Now you have a choice in local and long-distance home phone service. Stay in touch with Comcast's reliable, flexible and affordable home phone packages.



Call 303-537-1071



Not all services available in all areas. Certain restrictions apply. ON DEMAND service not available in all areas. Activation of service may be subject to credit approval. Deposits or prepayment may be required. Maximum download speed 4.0Mbps. Maximum upload speeds 256Kbps. Actual speeds may vary and are not guaranteed. © 2005Comcast Communications, Inc. All rights reserved



Turn the Page

by Elizabeth Baker

Grandfather’s Journey and Tea With Milk

Author and Illustrator: Allen Say

Brief Biography: A native of Yokohama, Japan, Allen Say wanted to be a cartoonist by the age of six, but found himself caught in the middle of a war. Fortunately his dream outlasted the turmoil and by the age of 12 he had managed to apprentice himself to his favorite cartoonist, a man by the name of Noro Shinpei. At 16, when his family moved to the US, Say found himself displaced and enrolled in a military school where he only managed to last the year. In the years that followed, he wound his way through a number of career ventures, eventually settling on photography. It was in the studio that he wrote his first children’s book, *The Ink-Keeper’s Apprentice*, based on his experience working with Shinpei. Through his writing, Say has found a way to connect with and honor his Japanese heritage, while providing his readers with an intimate look at race, identity and what it means to call a place “home”.

Why your child would enjoy these books: The pictures literally tell the story. Although it might seem that Say’s simplistic story-telling style lacks drama and flair, it is clear that at least half of each story is intended to come from the large, dream-like illustrations. Seeing this book through the eyes of a child is really the only way to grasp the intention and depth of the story. Allow your child to linger on the pictures, remembering that this author began as a cartoonist and possesses the gift of making his story come through his art.

Why you would want to share this book with your child: Most of us can think back on a time when we were unable to see how we “fit” into a situation, a social group, or even our own family. It often took years for us to make sense of that experience and probably even more time to be able to create rational explanations from the tangle of confused emotions. Say’s books do an exquisite job of following this common human experience through the stages of childhood, adolescence and adulthood. His books speak from a cross-cultural perspective to the ways that we make sense of the times we fit and the times we don’t.

Elizabeth Baker is an employee of Miss Talulah’s in Stapleton’s East 29th Avenue Town Center. Her email address is lizzybumpkin@gmail.com.

Thomas Bros Coffee and Chai in Quebec Square Coffee House Offers Natural Products

Thomas Bros. Coffee and Chai, one of the original tenants of Stapleton’s Quebec Square, now has a special appeal for anyone looking for natural products in their lives.

In response to the priority the greater Stapleton community places on healthy living, Thomas Bros. has made a conscious decision to carry only Organic and Fair trade certified coffee beans. In addition, the Coffee House converted several months ago to Farmer’s Fresh brand milk to make all of its latte’s and milk based drinks. The Farmer’s Fresh brand is hormone and pesticide free.



Thomas Bros Coffee and Chai offers organic coffee beans, a free Wi-Fi hotspot in a child and pet friendly atmosphere.

Thomas Bros. Coffee & Chai carries organic coffees from around the world, including Colombia, Nicaragua, Guatemala, Sumatra, Mexico, Uganda and Costa Rica. The Coffee House has a medium and a dark roast line up for its regular coffee and recently started to carry the premium organic certified Ethiopian beans. Thomas Bros. sells all of its coffee beans in bulk for \$10.99 per lb, ground or whole. The Coffee House also offers freshly made authentic Indian Chai.

Thomas Bros. is located on 35th Avenue, on the south side of Quebec Square, across from the United Air Lines Flight Training Center. The Coffee House describes itself as a child and pet-friendly place that is “the destination for a coffee connoisseur.” There is live music entertainment every Saturday evening from 6-8 pm and ample parking. Thomas Bros. is a free Wi-Fi hotspot as well.

Editor’s note: For more information, call owner Sam Thomas (303.596.6169) or manager Justin Block (303-399-7334).

ADVERTISEMENT



Justin Ross, Owner, is excited about the opportunity to offer Mortgage Loan Services to the residents of Stapleton and the Metro Denver area. With twelve years of mortgage experience, Stapleton Mortgage was established in September of 2002.

The Ross’s were one of the 1st families to move to Stapleton in June 2002. Justin’s older daughter Jericka will be entering the 6th grade this fall and he and his wife Marissa welcomed their first child in September.

Justin and Marissa are quite anxious to experience the growth along the Stapleton corridor and look forward to serving your mortgage loan needs. Stapleton Mortgage may be reached at 303-810-0782, or email jusross@stapletonmortgage.net.

Home Work

by Kathy Epperson



Heidi Waldron, Essence Living

For many people, work is simply a means to earn a living. For Stapleton resident Heidi Waldron, it is also her philosophy and way of life.

A few years ago, Heidi owned her own landscaping business but has since expanded this to offer help organizing homes and offices and creating systems to help people lead better lives. She has now operated Essence Living for the past two years from the Stapleton home she shares with her husband Gary and their two dogs and two cats. “The reason I moved out of doing landscaping exclusively,” she says, “was because I wanted to be able to make even more of a difference for people – I wanted to help them transform their entire life.”

While Heidi has always had a knack for organizing spaces and streamlining processes, she has been most inspired by her experience with Japanese and English cultures. Through her college studies in horticulture, she first started learning about these cultures and the importance they place on the garden as part of their homes. “Everything in a Japanese garden and home is sacred,



Heidi Waldron

simple, and represents something larger and of importance,” she explains. An extended stay in England led her to discover other cultural traditions of taking care of oneself and honoring one’s home, including living small-

er and with fewer possessions, recycling and using resources efficiently, and making time for daily rituals to maintain a healthy and balanced life. “They have less crime,” she says, “and I think it is because they have a connection to nature and they take time to nurture themselves.”

Most clients come to Heidi because they are overwhelmed, can’t manage paperwork and balance their commitments, or know they want something else but can’t see a path to getting there. Previous work in training and leading personal development programs has given Heidi the

skills to begin the process with each client. “I work with people a lot to sort out their thoughts first,” she says. “Then I remove whatever is not what they want, whatever is in the way. I try to have people get down to two types of things: what they need and what they consider to be sacred.” Through this process, she helps clients clear out things that are not meaningful, organize and streamline possessions and processes, and create a personal and beautiful home or garden. The ultimate result, she finds, is that her clients are able to live focused and effective lives and begin to realize their dreams.

For more information, visit www.essenceliving.com or email heidwaldron@comcast.net.

Kathy Epperson is a Stapleton resident who writes about home businesses. She may be reached at kathyox@yahoo.com.

Custom Shutters Installed in Three Weeks. Or Less. *Guaranteed.**



Call today for a FREE in-home estimate 303-534-5454

WE OWN THE FACTORY

Appointments available weekdays, evenings & Saturdays

Rocky Mountain SHUTTERS www.rockymountainshutters.com

Buying a New Home? We can save you money. Compare our prices and quality before you buy from a builder's design center.

La Cueva

Established Since 1974

Mexican Restaurant and Tequila Bar

Family owned and operated in the Aurora area for over 30 years. Offering over 100 tequilas. Check out our menu on website: www.lacueva.net

9742 E. Colfax Ave., Aurora, CO 80010
(three blocks east of Beeler on Colfax)
303 367.1422, fax 303 367.4071



Free Checking — And More!

CREDIT UNION AT STAPLETON
You'll be amazed at what DPSCU can do for you!

At the Credit Union at Stapleton, you'll find the checking accounts are free*. But, even better than that, you'll be amazed to also receive:

- Free checks (The first box is free!)
- Free direct deposit (There's no charge for electronic deposits to your account, ever.)
- Free VISA® Debit card
- And you even get a free gift!

Plus, there are no monthly service fees or check writing fees — and no minimum balance requirements or

charges to transfer funds. You can use our 24-hour Phone Banking and Online Banking — and balances of \$2,500 or more even earn interest! Of course, you can apply for overdraft protection, too. Check us out. You'll be amazed at the great products and service at the Credit Union at Stapleton.

Stop by today to get your free checking — and more! Or call us at 303.321.4209, or visit www.dpscu.com.

*Subject to application and approval. Free checks with opening deposit of \$100 or more. Your savings are federally insured up to \$100,000 by the National Credit Union Administration, a U.S. government agency.



4 Paws News

by Michele Smith, D.V.M.
29th Ave Animal Hospital

Help Your Pet Avoid Autumn Hazards

Fall is upon us. It is time to change the antifreeze, wage war on field mice in search of warm quarters, stock up on Halloween candy, and plan the Thanksgiving menu. Pet owners would be well advised to not assign any of these chores to their pets. There are several autumn hazards to pets, some potentially fatal. Knowing what these hazards are and taking simple precautions will keep your pet healthy through the coming months. The following is a summary of recommendations.

Antifreeze: Most radiator antifreeze/coolant contains ethylene glycol and is highly toxic. It has a sweet taste and is readily consumed by children and animals. Five teaspoons can kill a 10-pound dog, less will kill a cat. It is very fast acting and results in kidney failure and death in as little as four to eight hours. Newer products that contain propylene glycol are generally considered safe. New antifreeze should be stored in its original container, out of reach of pets and children. Keep the empty container or a record of the product used so that if your car leaks and your pet finds it before you do, you can tell your veterinarian what was consumed. Dispose of old antifreeze in a sealed container; don't hose it down the driveway. Always have plenty of fresh water available for your pet. A thirsty pet may relieve its thirst with antifreeze that a neighbor left out or hosed down the driveway. If you think your pet has consumed antifreeze, call your veterinarian right away.

Rodenticides: Rodenticides that kill the rodents hoping to winter in your house will also kill your pet. They cause severe bleeding, kidney failure, and death. There are no safe rodenticides. Whether out of hunger, boredom, or curiosity, pets will consume these products. If rodenticides are used in your home, put them in places inaccessible to pets and children. Keep a record of the product used and in case of accidental poisoning, contact your veterinarian immediately.

Chocolate: Chocolate is a favorite people-treat at Halloween, Thanksgiving, and Christmas but it is toxic to dogs, cats, and birds. The initial signs of chocolate poisoning are those of stomach upset, vomiting, and diarrhea. If sufficient chocolate is consumed, an animal will become restless and uncoordinated and can suffer heart failure and/or respiratory failure. As little as one ounce of baking chocolate or eight ounces of milk chocolate can kill a 10-pound dog. Like other poisonings, chocolate poisoning requires emergency medical treatment.

Thanksgiving dinner: Holiday meals can also cause medical emergencies for pets. Chicken and turkey bones can get stuck or can pierce holes in any portion of the digestive tract. Rich foods can cause sudden pancreatitis or bloat. Keep holiday meals, leftovers, and table scraps out of reach of your pet. If your pet insists on participating in the feast, cooked vegetables (without the butter and salt) or commercial dog treats are safe in small amounts.

Cold weather: Indoor pets not acclimated to winter temperatures should not be left outside in cold weather for long periods. Outdoor pets can withstand fairly cold temperatures if they have shelter from wind and rain and have bedding to insulate them from the cold ground. Avoid electrical heating devices that could electrocute your pet if they get wet or are chewed. Outdoor pets need extra food in cold weather to generate body heat, and they need access to water that is not frozen. Keep your pet's feet clean and dry. Ice or salt will cause severe irritation when caught between your pet's toes. Frostbite is a winter hazard to pets as well as people. Frostbitten areas are fragile and should be wrapped snugly for protection from abrasion and from sudden temperature change. Severe frostbite requires emergency treatment.

It is a busy time of year, with guests coming and going, decorations going up and down. It is wise to keep novel small items out of reach of your pet. Dogs and cats, especially puppies and kittens, will eat anything. Non-food items lodged in your pet's digestive tract is yet another emergency condition. Don't let curiosity kill your cat or your dog.

For more information on the care of pets, contact your local veterinarian.
Dr. Smith's clinic, the 29th Avenue Animal Hospital, is located in the East 29th Avenue Town Center at Stapleton in the courtyard next to Fantastic Sams. Call (303) 394-3937 for more information.



Eat Good Food

by Annie Brown

The Free-form Tart — It's Easy as Pie

Ahhh, it's finally and officially fall! Certainly this is the time of year people who enjoy cooking return to the kitchen desiring to fill their homes with smells of chicken roasting or oatmeal raisin cookies baking. Fragrant aromas and oven warmth – a perfect combination for creating memorable autumn days.

I always associate fall with pies: apple pies, pumpkin pies, Derby pies, etc. But like a lot of “wannabe pie bakers” out there, the word “pie” means crust. And crust means it's never gonna be as perfect as what the professionals can whip out. Baking, in the traditional sense, always makes me think of some enormously overweight, temperamental, exacting man with a starched white apron and hairnet or, alternatively, some hyper-thin perfectionist of a woman who rarely smiles except when she creates the perfect sugared violet. For years I felt intimidated by bakers and baking. I would pass bakeries and scoff at the rows of tidy petit fours and dozens of perfectly iced cookies. And then one day I discovered the free-form tart. For me, a woman passionate about cooking but less passionate about details, the free-form tart is a true thing of beauty.

This free-form tart is a less finicky form of pie dough. The free-form tart has everything a pie does, except for needing to be perfect. It has the requisite flaky, crumble on your lip, fall into your lap crust and a succulent filling. But, this very simple free-form tart recipe can be made with a modicum of baking talent and just as few ingredients. I especially like this recipe because I almost always have the star ingredients on hand: 1 cup flour, 1/2 stick of butter, and one apple. My little family of four can devour this easily, but if you have leftovers it can also double as a moderately healthy breakfast (certainly a little healthier than an Apple Danish).

The Crust — 1 cup flour (if you're feeling particularly virtuous try the new white-wheat flour from King Arthur Flour Co., which is available at King Soopers. But be warned, it definitely produces a heavier, not so flaky crust, but you can't have it all, now can you?)

- 1 tablespoon of sugar
- 1/2 stick cold butter cut into small cubes
- 2-3 tablespoons of ice water

Although you can make this in bowl using a pastry fork, I find my food processor does a fine job, just as long as I'm careful not to over-process the dough. Plus, if I'm dragging out my food processor, I always make two batches of dough – one for now and one to freeze (wrap in plastic wrap and place in freezer bags with contents clearly marked) for up to 6 months.

Add flour and sugar to bowl. Pulse briefly. Add butter. Pulse to blend for 10 seconds. Add one tablespoon of ice water. Pulse to blend again. Continue to add water, but only until the flour and butter just start to come together. Your butter should be incorporated, but the dough should not come together in a mass; rather you should pour out the contents of the dough onto a counter and bring it together to form a solid lump with the warmth of your hands. At this stage I usually wrap the dough in plastic wrap and place in my freezer for about 30 minutes. Why? Because this will ensure a flakier crust. Flakiness happens when the butter melts at high temperatures and forms pockets of air. The colder the butter, the bigger the pockets and hence, the flakier the crust. If you have warm butter it will just melt into the gluten of the flour and won't expand, thus producing a tough, flake-less crust.

On a clean, lightly floured countertop, roll the dough into approximately an 8-9 inch circle. It doesn't have to be perfect! Slide the dough onto a greased cookie sheet (or if using really wet fruits – peaches, raspberries, etc. – transfer dough into a jelly roll pan or something similar with sides to catch any thing that might drip).

The Filling — 1 apple and honey to taste (I usually stick a fork into my honey jar and drizzle whatever comes off of my fork onto the apples) Cinnamon, if you like and Nutmeg, if you like.

Peel and core apples. Cut apples into half and slice into half-moon shapes. If you have any misshapen pieces (I always do), dice finely and put them aside.

Starting in the middle of the dough, place your diced pieces of fruit. Next, begin using your half-moon shaped pieces to encircle the dough. Leave approximately 1 – 1 1/2 inches of dough so that you can fold it over the fruit.

Drizzle honey and sprinkle cinnamon over the fruit. Fold over the border of dough to overlap the fruit. And, if you like a nice sugary crust, brush a little milk on the top of the dough and sprinkle sugar on top.

Bake at 400 degrees in the lower half of your oven for approximately 30-40 minutes or until golden brown.

Variations

This sweet tart dough has endless variations for fillings, but two of my favorite combinations are to combine fresh peaches with raspberries or nectarines with blueberries.

Annie Brown is a Stapleton resident and independent food consultant who is often referred to as “the Food Police” by members of her family, although she prefers to think of herself more as “the Hall Monitor.” Annie may be reached at anniesbrown@yahoo.com.



Information of interest from local real estate professionals

Let's Talk Real Estate

By Lana Dardano

I am often asked why someone building a home needs a real estate agent. The answer is simple: the cost to you, the homebuyer, is nothing and any compensation given to a REALTOR is recognized by the builder as a fee that has no impact on the final cost of the home. Builders desire, expect and encourage REALTOR participation.

Savings to the home buyer

It is also important to think of the savings you may realize by using a REALTOR. Are you getting what you are entitled to have – both in quality and value? Your experienced agent knows what you should receive and what “extras” might be available.

Resale appreciation and profit

Give your investment the best opportunity for appreciation when you decide to resell your home. Questions concerning site location, builder, design and decor are important. Your agent knows you are building not only for today....but for tomorrow. With your real estate agent, YOU are represented! Your agent's experience, knowledge, and reputation represent strength and leverage on your behalf.

Lana Dardano is the owner of New Avenues Real Estate Offices, located in the East 29th Avenue Town Center at Stapleton, across from the fountain in Founders' Green. Call 303.331.6700 or email clientservices@homesinstapleton.com for more information.

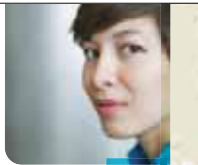
They will care for me.

They will respect me.

They will know me.

That is what

I wish for.



Coming Soon.



Women's Integrated Services in Health



UNIVERSITY OF COLORADO HOSPITAL

UNIVERSITY OF COLORADO AT DENVER AND HEALTH SCIENCES CENTER

To learn more about this new program, visit us at www.uch.edu/healthywomen or call 720.848.WISH (9474).

S.U.N. News

The **SUN Spot**
The *independent* voice of Stapleton
Brought to you by Stapleton United Neighbors



Questions about Stapleton past, present and future? We’ve got answers.

SUN and Forest City Co-Sponsor October 18 Community Forum

Stapleton United Neighbors (SUN) and Forest City Stapleton, Inc. are co-sponsoring a community forum that will be held on **Tuesday, October 18**, 7-9pm at the **Denver School of Science and Technology, 2000 Valentia Street** (at Montview Blvd.). This forum will feature a panel of Stapleton experts who will give the latest information regarding the redevelopment of Stapleton, offer a sneak peek into future development, and will answer any questions and address any concerns that Stapleton residents and neighbors in the surrounding communities may have. Come early at 6:30pm to see part of the new school, enjoy light refreshments prior to the Forum and check out informational materials and development maps of the area.

Volunteers Needed for New Playground “Build Day” at Ashley Elementary School

Earlier this summer, SUN’s Education Committee submitted a grant application on behalf of Ashley Elementary School to KaBoom, a national organization (www.KaBoom.org) focused on supporting communities and businesses to build new playgrounds and redevelop existing playgrounds. The application included the Ashley School, SUN, the Stapleton Foundation, the Westerly Creek PTA and the East Montclair Neighborhood Association as potential sponsors for the project.

KaBoom typically matches corporate sponsors who generally provide the majority of the \$30,000 to \$40,000 in funding needed for a playground project. Working with the Denver Public School facilities department, SUN and the Stapleton Foundation were able to engage DPS to provide the \$7,500 community funding portion of the project.

With funding secured and the design well under way, we now need volunteers for what KaBoom calls the community “Build Day,” which is scheduled for Saturday, October 16th from 6:30am to 5pm. During this time, volunteers will construct and complete the entire playground. “Build Day” will require volunteers to help with various tasks involved in the playground build out, ranging from pouring asphalt to moving and assembling playground parts to helping provide refreshments and moral support to the work teams. KaBoom estimates that Build Day for this project will require as many as 250 volunteers, with community organizations including SUN, the Westerly Creek PTA, and Ashley Elementary required to provide an estimated 125 volunteers.

Participating on “Build Day” should be an opportunity to get to know other community members and also make a positive and lasting impact on the kids of Ashley Elementary and the surrounding communities. Food, drink, music, and all necessary supplies will be provided. If you are interested in volunteering, please contact Alisha Brown at the Stapleton Foundation at 303-468-3222, or Bernard Douthit from SUN at 303-355-3324.

My Opinion:

Power to the People or Power Outage? The Most Important Vote in Colorado History

by Mike King

With the kids back in school, the mercury dropping from blistering summer highs to brisk, crisp temperatures, and football cranking up, fall has been gradually pushing summer behind us. Another sign that fall has arrived: the gradual increase in political lawn signs cropping up, announcing the arrival of election season. Notwithstanding the barrage of political signs, advertisements, and media attention, ask a cross-section of citizens about this fall’s election and you may get some disturbing answers: even some of the most savvy voters who consider themselves upstanding members of the community have only a limited understanding of this year’s ballot questions. When confronted with the intricacies of Referenda C and D, many of these good people, exasperated with arcane statutory analysis and statistical data that only a true policy wonk could love, sigh and wonder, “Why can’t the politicians we elected just fix it?” A perfectly understandable sentiment, as we all face encroaching constraints on our time, including jobs that demand we “do more with less”, stacks of bills to pay, commitments to our family and friends, and the occasional need to collapse and escape it all through fictional or sports heroes starring in the movies or sporting events. However, in a move toward participatory democracy, Colorado voters added the Taxpayer’s Bill of Rights (“TABOR”) to the state constitution in 1992, requiring our elected leaders to obtain our permission for any spending in excess of TABOR’s mandated limitations. In the 12 years since passage of TABOR, Colorado voters have approved 18 statewide ballot issues – equaling the total for the 38 years prior to TABOR.

With great power, comes great responsibility: Understanding TABOR, C & D

As much as we might prefer to pull the covers over our heads and skip the wonkish political science and economics lessons required to understand the inner workings of TABOR, we, the people, now own this problem - and all others that require a public vote. Without citizen participation, we allow special interests and key stakeholders to mobilize their base and capture enough votes with slogans and sound bites to obtain their desired result. Ironically, limited citizen participation turns the idealistic goal of “power to the people” on its head, as required referenda votes for budgetary decision-making result in more influence rather than less for special interest groups and well-funded stakeholders who can afford to purchase advertising.

Much ink has been dedicated to Referenda C and D, which are companion questions designed to enact a five year “time out” from the budgetary constraints of TABOR through C and finance 55 transportation projects designated as urgent by the State through public bonds issued under D. The two sides of this debate can’t agree on much, but they do see eye to eye on one thing: these two ballot questions represent the single most important vote in Colorado history. In a nutshell, TABOR restrains state budget increases through a formula based on changes in population and inflation. In the event that actual tax revenues exceed the limit imposed by TABOR, the excess must be refunded. However, here’s where it starts to get complicated: lawmakers have designated 17 different special interests ranging from businesses to childcare expenditures that are first in line for any TABOR refunds through the funding of tax credits. This complicated refund mechanism explains the discrepancy between proponents’ claim that C & D will only cost taxpayers about \$500 in potential refunds and opponents’ claims that the real number approaches \$3,200. Is one side of the debate applying fuzzy math? Only if we fail to look behind the sound bites: proponents are approximating the amount that the typical taxpayer would actually receive after the effect of the tax credits that must first be funded, while opponents have simply taken the total cost of C and D to taxpayers and divided by the number of taxpayers.

Why are tax refunds required by TABOR when it seems that leaders are constantly reminding us of the parade of horrors that will be inflicted upon higher education, health care, decaying schools, and crumbling roads if we fail to pass C and D? TABOR contains a “ratchet” that will have the effect of lowering the cap on the amount of tax revenues that government may retain to the amount of tax revenues collected in the lowest “down year.” The resulting cap on spending may only increase along with population and inflation increases, and any excess tax revenues must be refunded. While anti-tax and smaller government advocates cite TABOR as a national model for limiting state spending, the states presently considering similar measures have omitted the “ratchet” from their proposals.

Perhaps the most frequent spin surrounding C and D centers on the politically dicey question of whether or not an affirmative vote amounts to a tax increase. As is often the case, the truth lies somewhere in between: while the rate of taxation will not be increased by passage of C and

Dog’s Eye View
What does your dog like about Stapleton?

Bear
5 year old Belgian Shepherd Mix with Pearlanne Zelarney

“Bear likes the gravel paths. We walk twice a day: in the morning and the evening. He likes visiting the other dogs and getting out throughout the greenways.”



Bezoar
9-year-old Yellow Lab with Caden MacKenzie



Bezoar (a medical term meaning undigested hairball) likes Stapleton because he gets to go on lots of walks. He likes all the friendly dogs and dog lovers. He likes the dog parks with all of the smells of the dogs. He usually doesn’t play with dogs, he just likes to smell them.

He’s scared of little dogs and big dogs... he’s just a scaredy-cat. He likes people better than dogs.

Jack
4 month old Golden Retriever with Robin Averbach

Jack likes all the people out here. He loves going for walks because he gets to say hi to the neighbors and the kids and the dogs and he likes going to the town center and seeing everyone. I imagine he’s going to love the dog park when he’s old enough to actually go there. And he likes going for walks on all the trails out here.



D, taxpayers will obviously forego tax refunds that we might otherwise have been entitled to. We can spend our time from now until election day debating whether this is tantamount to a tax increase and bickering over the size of those refunds after required funding of tax credits – or we can focus on the heart of C and D, which goes to the most fundamental question of all: what is the role of government? Are the priorities listed as needs areas to be addressed by C and D legitimate areas for government to spend more of our money? If so, can we trust government to apply our dollars in the most efficient manner possible? And if the stakes are so high, why couldn’t our leaders put forth a more permanent solution than a mere “timeout?”

Denver Voters to Face Education, Tourism Funding Questions

As Denver voters, we also must consider Referendum 3A, which asks voters to approve \$25 million for ProComp, an ambitious “first-in-the-nation” program that seeks to move away from the traditional system of paying teachers simply for longevity, and instead provide additional salary incentives for teachers who are working in tough schools, teaching “hard-to-teach” subjects, (continued on page 14)

Alabama

9 year old Beagle
with Dave, Laura and Avery
McLaughlin

Alabama likes living in Stapleton because it's very dog-friendly. She feels lucky that we have Dr. Smith here. In the past she hasn't liked to go to the vet much, but she does like Dr. Smith. She likes to walk to the Farmers Market and she likes to go to the park with our daughter Avery.



Sydney

5 year old Golden Retriever/Australian
Shepherd Mix with Tamela Vaughn (left)
and Sherri Keller

Sydney loves living in Stapleton. Since moving from Connecticut she's lost 10 pounds. She enjoys walking the Greenway Park, playing frisbee, going to the Farmers Market, coming up to the town center and checking out all the other people and dogs in the neighborhood.

To Send Letters to the Editor

The Front Porch will publish Letters to the Editor, as space allows. We reserve the right to edit length. Please mail your letters to Tom Gleason, editor, The Front Porch, Forest City Stapleton, Inc., 7351 E. 29th Avenue, Denver, CO 80238 or email: tgleason@stapletondenver.com

Classified Ads

FOR SALE

2002 SUBARU OUTBACK, orig owner, 92k hwy miles, ext warr to 100k, champagne color, ski rack, new brakes & tires, clean, all records, reg maint, asking \$11,300 -- below blue book. 303.589.9014.

SERVICES

CONSIDERING RENTING YOUR HOUSE or Townhome? Full Service Property Management Company. Expert in extremely hot Stapleton market. Will get top \$\$\$\$. Call/email Tom Cummings for free consultation. 303-324-6988 TJCMGMT@msn.com.

EXPERIENCED AND MATURE infant/toddler caregiver has one part-time opening. Call 303-355-1898.

IT'S STAPLETON REALTY, LLC For all your Real Estate Needs! Stapleton's 1st Local Real Estate Company Serving the Stapleton Community with Discount Commissions and Buyer Rebates Since 2003! Before you Buy or Sell CALL the Stapleton Experts @ 303-320-1850 Or visit our website: www.SellStapleton.com

MASSAGE AND YOGA INSTRUCTION in Stapleton, visit www.stapletonhealthandwellness.com or call 303.717.0750 for more information.

SERVICES (CONT')

PROFESSIONAL CLEANING SERVICES "Go With The Best" Insured, Bonded, Worker's Comp. Affordable, Reliable, Individualized Service, Commercial/Residential, Member Denver BBB, Free Estimates, Credit Cards Accepted, Always Clean 303-431-9808 www.denverhousecleaning.com

QUALITY CHILD CARE in your home. Montessori-trained caregiver. Ages 6mos. - 4 yrs. Reasonable rates, flexible hours. References available. Brenda Carreon: (720) 299-4865.

YOU CAN PLEASE EVERYONE! You'll be pleased to know Mary Kay offers products everyone will love. From the latest looks to advanced skin care. Ask me about our exciting product line today! Denise Zaiontz, Mary Kay Independent Beauty Consultant, dzaiontz@marykay.com, 303.355.4612.

HELP WANTED

LADIES WORKOUT EXPRESS P.T. Receptionist Needed Must love working with people, experience helpful, 303-322-9980

TO PLACE AN AD

frontporch@fineprintco.com or see classified advertising information at StapletonDenver.com. Click on "Press" at the top of the page.

HOMES/APTS.

FOR RENT

FLATS, above E. 29th Town Center. 1 Bedrooms from \$835, 2 bedrooms from \$1279. Floor-to-ceiling windows, in-suite washer and dryer. Pet friendly. Immediate occupancy. Enjoy all Stapleton amenities. Crescent Flats Apartments Call 1-877-768-2663. Leasing office: 7484 East 29th Ave. EHO

STAPLETON AND LOWRY TOWNHOMES and Houses available for rent. Have 2, 3, 4, & 5 BR properties available both immediately and for future (30+ days) move-in. 303-324-6988 or TJCMGMT@msn.com

STYLISH CONDO STYLE APARTMENTS next to Founders Green. 1 Bedrooms from \$875, 2 Bedrooms from \$1145. Attached garage, great layouts, private balcony, in-suite washer and dryer. Pet friendly. Immediate occupancy. Walk to E. 29th Town Center restaurants and shops. Enjoy all Stapleton amenities. Botanica on the Green Apartments Call 1-877-768-2663. Leasing office: 7484 East 29th Ave. EHO

WINTER PARK: Brand new vacation townhome for rent. Available year round (3 night minimum). Directly across from WP Base -- amazing views! 3br/3ba, 1900+ s.f. Sleeps 9. 10% Stapleton discount. 720-937-3970

M.C.A. News

Fall Festival

Celebrate the season with your neighbors at the Fall Festival scheduled to be held in Founders' Green in the East 29th Avenue Town Center on October 15th from 11am to 1pm. This Festival, sponsored by The Master Community Association (MCA), has many exciting activities planned, including the ever-popular pick-your-own pumpkin patch, various crafts, bounce castles for the children, and carnival games with prizes.

The MCA will be collecting canned goods from everyone who attends to donate to the Kid's Café program. Kids Café is one of the nation's largest free meal service programs for children. Since the program's inception in 1993, Kids Cafés have become a central tool in efforts to end childhood hunger. Please bring donations to the event to support this outstanding program.

Pumpkins will be available (1 per family) for those who pre-purchase tickets by the deadlines listed below. All pre-purchased tickets will be available at will-call the day of the event. Food and beverages will be available for purchase at the event, including hot dogs, kettle corn, and fresh-squeezed lemonade.

Fall Festival Ticket Prices

Advance Purchase (Postmarked by October 7 or online at wildirisrecreation.com by Midnight October 12):

Adults - \$5; Children ages 1-17 - \$3

Event Day Purchase:

Adults - \$10; Children ages 1-17 - \$5
Children under 1 are admitted free.

To register, go to wildirisrecreation.com. Click on Event Planning, then Stapleton and then the Fall Festival link

MCA Committees

Are you looking for ways to get involved in your community and have an interest in certain areas? Then serving on an MCA committee might be just the ticket! Currently, the MCA has openings on the following committees:

Social Committee (Event Planning)
Finance Committee (Budget planning)
Pool & Recreation Committee (Pool & Park Facilities)

These committees are sanctioned by the



MCA Board of Directors, require regular attendance at meetings and are voluntary positions. *If you have previous experience and/or interest in serving on any of these Committees, please contact Debra Troppman for an application.*

MCA Assessments

Electronic payment is now available for your MCA account. Your assessments will be automatically deducted from your checking account and transferred electronically to the MCA. If you would like to utilize this service, please log onto www.managementspecialists.com and click on Homeowner Services; Download Forms; and then on ACH. Complete the form and return to MSI. It's fast, easy and reliable!

If you have questions about payments to your MCA assessment account, please contact Stacey Wills at Management Specialists, Inc. (MSI). Stacey can be reached at 720-974-4163 to help you.

Debra Troppman, CMCA, is the Manager for Stapleton Master Community Association.

TO ADVERTISE
IN THE
FRONT PORCH

CALL: 303.526.1969

EMAIL:

FrontPorch@fineprintco.com

VISIT:

www.StapletonDenver.com

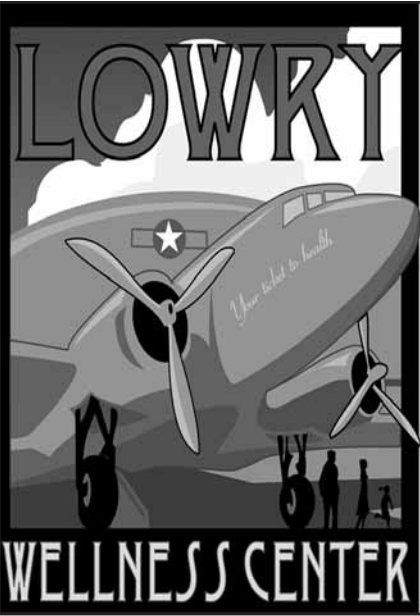
TO SUBSCRIBE

VISIT:

www.StapletonDenver.com

Select PRESS

(at the top of the page)



-Full spectrum Family Medicine, emphasizing prevention!
-Wellness visits
-Resting metabolic rate calc available.
-Accepting new patients!
-Most insurance plans accepted.
-Same day appointments.
-Fred Grover Jr. M.D FAAFP is an experienced family physician with an openness to alternative medicine. He has practiced in Denver for over 9 years.
Location: 130 Rampart Way, Suite 150
Denver, Co. 80230
lowrywellness.com
303-344-3625



abundantly clear, LLC
ORGANIZE + REDESIGN

- Do you need to **reclaim** your guest room from clutter?
- Have you decorated your house but it still **doesn't feel right**?
- Does your garage hold your **stuff** but not your car?

We help you remove **excess** to reveal **abundance**!
(303) 32 CLEAR / (303) 322-5327 abundantlycleardesign.com

20% off
1st visit with
this ad!



Dr. Lisa Davidson

**FAMILY
MEDICINE
AT
LOWRY**

- Now Accepting New Patients
- Most Insurance Welcome
- Same Day Appointments Available



Melissa Jones, PA-C

Located
in Lowry

130 Rampart Way
Suite 150
Denver, 80230
303-344-3625



Forest City Community Day

Stapleton
Employees
Landscape
North East Denver
Housing Property



Nearly 50 employees from Forest City Stapleton spent their company's 2005 "Community Day" rehabilitating a residential courtyard into a green space with grass, shrubs and sitting area at a North East Denver Housing Center complex.

Forest City created Community Day last year as an initiative that allows employees to volunteer their time and skills to local community organizations and to exhibit the company's strong belief in such



Udi's (continued from page 1)

favorite Huevos Rancheros are also included, as is Egg Shakshuka (two fried eggs in tomato and sweet paprika stew served on toasted Levain). Udi's famous breads and pastries, as well as a range of coffees and other drinks are available to enhance the meal.

Interested in take-out for lunch or dinner? There is no better selection than the hot and cold sandwiches for a convenient but tasty lunch selection of Classic Turkey, New Orleans Muffuletta, Vietnamese Pork or Ham Panini. For dinner, try crispy striped bass, prime rib-eye steak or Chicken Schnitzel among the temptations. Udi's has an impressive wine menu to go with its choice of beer and mixed drinks.

Kid's menus are also available. Call 303.329.8888 to place an order or ask for more information. Udi's is open daily for breakfast, lunch and dinner.

Construction (continued from page 3)

Central Park
Utility work continues at Central Park and irrigation and soil preparation have begun. The first sod will be placed by late October and concrete paths construction will begin and continue as long as weather permits. By next summer it should really start looking like a park. Over the winter we will determine what areas can have at least some public access.

Northfield Ponds
The Northfield ponds are the area between Quebec Street and the new Northfield shopping area (where a Super Target, Circuit City and Bass Pro Store are preparing to open this year). This 34-acre natural area provides water quality for all of the stormwater runoff south of 56th Avenue prior to its outfall into Sand Creek. It will also increase riparian wildlife habitat at Stapleton.

My Opinion (continued from page 12)

building their knowledge and skills, and achieving measurable student progress. Supporters of 3A claim that the merit-based application of this additional funding will enable DPS "to recruit and retain the best teachers in Denver and keep them from leaving for the suburbs." We will also be asked to pass judgment on Referendum 1A, a proposed 1% increase in the tax on hotel rooms projected to generate an additional \$4.2 million a year that will be earmarked for marketing Denver as a convention and tourism destination. Proponents believe that "to stay competitive we must be able to advertise and market in order to attract new visitors to our city... believe it or not, Colorado is one of the very few states in the nation that does not have a permanent and sustainable tourism marketing program - and that has put us at a competitive disadvantage."

Opponents, of course, decry C and D, 3A, and 1A as tax increases that will fuel bloated government, and claim that savings can be found through paring back waste, inefficiency and abuse in government, streamlining and consolidating government operations, and selling off government property.

The stage has been set, and a national audience is watching. Now, it's our move.

Mike King is a Stapleton resident.



Stapleton
Home
Services

303-320-1297

Maid Service ■
Carpet Cleaning ■

a clean you trust

www.stapletonhomeservices.com



DARDANO'S
SCHOOL OF GYMNASTICS, INC.
ONE MONTH
FREE OR
FREE LEOTARD



With Plus 4 Week Session.
Good for One Session Only.
303-355-0080
New Customers Only. Must. Present. Coupon.
Not. Valid. For. Team. Activities. Not. Valid.
With. Other. Offers. Exp. 05/31/06



FITNESS & FUN, ALL IN ONE!



22 YEARS OF EXCELLENCE

FAMILY OWNED & OPERATED

- Gymnastics
- Incredible Boys Program
- All Ages & Levels
- Birthday Parties

2250 KEARNEY ST.
DARDANO'S 303-355-0080



Happy Dog Daycare & Boarding




Happy Dog
Daycare

Dog of the month
Max and Sheffield



BBB Make your dog a happy dog today!

3939 Newport St., Denver, CO 80207 303-331-1D0G (1364) www.happydogdenver.com



new avenues
real estate offices

METRO
BROKERS
INC.

We are the "Insiders" at Stapleton
with over 25 Properties SOLD ... and Counting!
Located in the Town Center at 29th and Roslyn
Lana Dardano, Broker Owner and Stapleton Resident
303.331.6700 • newavenues@dardanorealty.com

- Pre-Owned
- New Build
- Commercial
- Mountain Property
- Investments
- Leasing
- Out of State
- Referrals
- Exchanges

core values as community involvement, teamwork and performance ethics. In 30 cities across the nation, nearly 1,000 Forest City associates spent the day working with local non-profit groups and agencies, to demonstrate the company’s commitment to community involvement.

“Our first Community Day event was such a success that we knew right away it would become an annual event,” said Charles A. Ratner, president and chief executive officer of Forest City Enterprises. “The number of lives and organizations that our associates are affecting, just by the work they are doing on this one day, is a significant accomplishment and we are looking forward to building relationships with our neighbors.”

Stapleton employees chose North East Denver Housing Center’s Austin House at 2416 E. Colfax Avenue to be the recipient of their 2005 Community Day efforts. The organization is dedicated to creating sustainable housing for underserved households through outreach, education and housing development. It is the North East Denver Housing Center’s goal to provide individuals and families with safe, decent housing. Support services also include counseling for housing needs, case management, home improvement, rental programs, as well as a healthy homes initiative.

“As the master developer of Stapleton community, we have worked with the North East Denver Housing Center in the past and we chose them for our volunteer day because of their reputation, visibility and credibility in the Denver community,” said Landri Taylor, vice president of Community Affairs. “Through this volunteer service day we hope to have a positive impact on the quality of life of the residents of the North East Denver Housing complex known as Austin House.”

Among the sponsors donating materials or other goods to the 2005 Forest City Community Day program were Paradigm Affiliates, CoCal Landscaping. M.A. Mortenson, DBC Irrigation Supply and Home Depot in Stapleton’s Quebec Square Regional Retail Center.

Famous Dave’s Pit Bar-B-Que® (continued from page 1)

Denver-based Basic Food Group. Over the next several years, the group plans to open eight additional Famous Dave’s restaurants throughout Colorado. The Basic Food Group was founded by Bill Ferguson, and is currently known for operating the Avenue Grill, two Great Northern Tavern locations and food service for the Meadows and Foothills golf courses, as well as the Fillmore Auditorium.

“Colorado has a plethora of impeccable independent restaurants, but as a state known for attracting out-of-towners, there is a great market for establishments that offer a taste of home,” Ferguson said. “As a long-time fan of Famous Dave’s, I’m pleased to have the opportunity to bring one of these craved tastes to Colorado.”

Famous Dave’s Bar-B-Que menu features hickory-smoked St. Louis-style ribs, Texas beef brisket, Georgia chopped pork and Famous Dave’s award-winning Rich & Sassy® BBQ sauce. Additionally, the menu offers Barbeque and Country Roasted Chicken, BBQ sandwiches, burgers and salads. The restaurant also serves such “down home classics” as made-from-scratch honey buttered corn bread muffins, coleslaw, potato salad, Wilbur Beans and Famous Fries. Famous Dave’s homemade desserts include its award-winning bread pudding and hot fudge Kahlua brownie.

Having won awards for everything from best sauce to best ribs to best cookbook, Famous Dave’s has received wide acclaim and praise from customers and critics alike. Famous Dave’s Rib Team regularly competes in rib competitions across the country, and has raked in 1st place awards at the Southern Florida Championship Cook Off in Jupiter, Fla., the Great American Rib Cook-off in Ohio, the Sioux Empire Rib-fest in Sioux Falls, S.D., the Rib Fest & More in Fargo, N.D., the Pontiac Rib America Rib Fest in Pontiac, Mich., the Twin Cities Rockin’ Rib Fest in Minneapolis, Minn., and the Rib America Indianapolis Rib Fest in Indianapolis, Ind., to name just a few.

Famous Dave’s Pit Bar-B-Que® in Stapleton’s Quebec Square Retail Center is open Sundays through Thursdays from 11 a.m. to 10 p.m. and on Fridays and Saturdays from 11 a.m. to 11 p.m. For more information call 303.399.3100.

WHAT’S NEW AT STAPLETON?



SuperTarget is scheduled to open October 9th.



Circuit City is scheduled to open October 27th.



Bass Pro is scheduled to open November 10th.

You’ve been watching the construction of the new lifestyle and entertainment center, **NorthField at Stapleton**, on the north side of I-70 for several months. NorthField’s first three stores are opening in the next few weeks! Super Target opens in early October and Circuit City opens in late October. The first Bass Pro Shops Outdoor World in the region opens at NorthField on November 10th. 2006 will bring Harkins Theatres, Foleys/Macys, and the rest of the NorthField retailers for your shopping convenience and enjoyment!

How do you get to NorthField? To access NorthField at Stapleton, drive north on Quebec from Stapleton or I-70 to the new ramp to NorthField. Super Target, Circuit City and Bass Pro are south on Trenton.



STAPLETON
FEELS DIFFERENT

Community Notes

by Diane Deeter
Stapleton
Community Manager



Upcoming events

Just a reminder that the Fall Festival will be held on October 15th. Please RSVP and purchase your tickets no later than October 12, 2005. Tickets can be purchased online at <http://activenet1.recware.com/wildirisrecreation>. It will be a lot of fun!

Social Committee

We are looking for volunteers to participate in the social committee for 2006 community events. We need input regarding the events that will be planned for the coming year. The social committee meets every first Tuesday of the month at the Visitor Center. Join us and bring your creative ideas! For more information or to sign up to participate, contact Jenifer Graham at jgraham@stapletondenver.com or 303-355-9600.

Downspouts

Remember to check your downspouts! The purpose of these extensions of your gutters is to carry excess water away from the house. They need to be put down on the ground. If the downspout is left in the up position, water will run out next to the foundation and cause erosion of the soil around it. It is very important to keep water away from your foundation, so double check that those downspouts are down!

Keep an eye on your pet

Just a friendly reminder: please remember to pick up after your pet. Whether you are walking in the neighborhood or playing at the dog park, remember to keep a close eye on your pet and bring a bag to scoop the poop when needed!

Stapleton Neighborhood Traffic Monitoring program

The next Stapleton Neighborhood Traffic Monitoring program is scheduled for the 2nd week in October. These traffic counts, now in their fourth year, are intended to supplement the City and County of Denver traffic data in the immediate vicinity of Stapleton. Traffic counts will be taken on the external boundaries of Stapleton and in adjacent neighborhoods. The Citizen’s Advisory Board of the Stapleton Development Corporation in 2000 requested these counts be taken annually to monitor traffic changes in surrounding neighborhoods.

New Homeowner Orientation

New Homeowner? Haven’t set an appointment for the New Homeowner Orientation? We will be hosting a monthly group orientation for one hour on the 2nd Tuesday of every month. Meet your neighbors, learn about the community and receive a cool welcome gift. Please call or e-mail Jenifer Graham at 303.355.9600 or jgraham@stapletondenver.com to RSVP for the group meeting or, if you can’t make it, schedule your personal meeting. WELCOME to Stapleton!!
Diane Deeter is the Community Manager for Forest City Stapleton, Inc. She may be reached at communitymanager@StapletonDenver.com.



OPEN HOUSE
Oct 25 6-7:30pm
Nov 9 9-11am



Where High Expectations Meet High Performance.

This is where highly effective educational practices meet highly ambitious students. Where a focus on measurable results helps students meet the challenge of high expectations. Make sure they’re ready. Connect with Graland today.

303.399.0390 | 1st & Clermont, Denver | www.graland.org



A Dog's Eye View of Stapleton



Top, “The T” and “McTavish” stroll with their owners Heidi Majerik and Lisa Hall through the Town Center. Below, left and center, “Old Blue” gets a free biscuit at PetsMart in Quebec Square, receives a check-up from Dr. Smith at the 29th Avenue Animal Hospital, and stops for a bowl of fresh water outside Thomas Bros. Coffee and Chai. Lower right, an unidentified dog and friend get water at the off-leash dog park.

THE STAPLETON LIFESTYLE RENT IT!

EXPERIENCE FIRSTHAND A WONDERFUL STAPLETON LIFESTYLE WHILE ENJOYING THE FREEDOM THAT COMES FROM LEASING. THE TOWN CENTER APARTMENTS PUT YOU RIGHT IN THE MIDDLE OF SHOPPING, DINING, FARMERS MARKET, CONCERTS AND MORE IN AN URBAN SETTING THAT STILL HAS A NEIGHBORHOOD FEEL. COME IN AND SEE WHAT ALL THE BUZZ IS ABOUT.

Town Center
APARTMENTS
at Stapleton

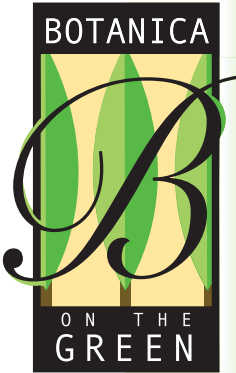
WWW.STAPLETONDENVER.COM



HIP AND MODERN FLATS



STYLISH, GARDEN-STYLE APTS



CALL OR STOP BY OUR OFFICE TODAY!

7484 E. 29TH AVE. | DENVER, CO 80238

1-877-768-2663

FOREST CITY
RESIDENTIAL

