Community Input for Havana Town Center
Forum Draws Overflow Crowd

There was no shortage of creative ideas and energetic discussion as 300 people turned out to participate in a planning forum for the Havana Village Center scheduled to open its first phase in 2008 near the intersection of Havana and Martin Luther King Boulevard. The forum, cosponsored by Stapleton United Neighbors, The Stapleton Development Corporation Citizens Advisory Board and Forest City, featured a presentation by Jim Chisman, senior vice president-development for Forest City and architect Terry Willis of 42/40, the firm that will design the center.

Northfield Main Street to Open Oct. 26th
“Casting Call” Winners Selected; 46 Stores Announced

On July 29th, over 500 Denverites – ages 18 to 80 - turned out to join in the excitement of the launch of the new Northfield Stapleton. The open casting call was a chance for “real people” from the Denver community to be the faces in the ads for the new Northfield Regional Shopping Center. No professional models were allowed. A goal of the casting call was to select a cross section of people to accurately represent Northfield Stapleton shoppers. Participants ranged in age from 18 to 70, with 50% in their 20’s and 30’s. Northfield Opening Campaign ads that will feature the five winners will begin appearing in September.

Two Stapleton residents, Matt Azer and Danielle Maynard were among the five winners. Matt is a 39 year old attorney with the Colorado Department of Regulatory Agencies and Danielle is a 38 year old pharmacist. The other three winners were Lisa Luke from Aurora and Chelsea Khan and Collin Tilbe, both from Westminster.

Forty six Northfield stores have been announced and are listed on page 7.
**EVERY MONTH**

- **Every Tuesday**
  - AA Open Discussion Meeting
  - [June 1 at 8:00pm]
  - [Joe Mc at 303.912.7075]

- **Second Tuesday**
  - New Resident Orientation Meeting
  - [Call Jenifer Graham at 720-245-5104 for time and location, no Sept. meeting]

- **Third Tuesday**
  - Stapleton Business Association
  - Call for location 9am
  - [Stapleton Foundation 303.393.7700]

- **First Wednesday**
  - Weslyer Creek PTA Meeting
  - 6:30 - 7:30pm
  - [Weslyer Creek Elementary School 303.322.5877]

- **First Wednesday**
  - 1st Wednesdays
  - Home-based businesses
  - [Check StapletonLife.com for time and location, no Sept. meeting]

- **Second Wednesday**
  - S.U.N. Transportation Comm. Meeting
  - 6:00-9:00pm Founders’ Green
  - [Wild Iris 720.529.9911]

- **Third Thursday**
  - Stapleton Citizens Advisory Board Mtg
  - 2393 Alton St. 6:30 - 8:30pm
  - [S.U.N. T ransportation Comm.
  - [Check StapletonLife.com for time and location, no Sept. meeting]

- **Fourth Thursday**
  - SUN Board Meeting at 7:00pm
  - Stapleton Development Corp.
  - large conference room
  - [7530 E. 29th Ave.
  - [stapletonneighborhood@msn.com]

- **First Saturday**
  - Bluff Lake Birders
  - Bluff Lake Nature Center 7 – 9am
  - [Bluff Lake Nature Center.org]

- **Second Saturday**
  - East 29th Ave. Town Center
  - Stapleton Farmers Market
  - 8:30am - 12:30pm
  - [Wild Iris 720.529.9911]

- **Every Sunday**
  - Stapleton Farmers Market
  - East 29th Ave. Town Center
  - 8:30am - 12:30pm
  - [Wild Iris 720.529.9911]

**SUBMIT YOUR PHOTOS**

- of scenes that portray life at Stapleton for the Front Porch calendar.
- Email to frontporch@fineprintco.com.

**FOREST CITY**

- Factory Direct Prices start at $23 sq.ft. installed
- WE OWN THE FACTORY
- Factory owned business, owners live in Stapleton

**SUBMIT YOUR PHOTOS**

- Apply ONLY to Stapleton’s Front Porch
- Email at frontporch@fineprintco.com.
-截止日期: 8月8日

**November**

- **Wednesday, Nov 2nd**
  - S.U.N. Kickball Tournament
  - [Check StapletonLife.com for time and location, no Sept. meeting]

- **Sunday, Dec 3rd**
  - Holiday Festival
  - [Wild Iris 720.529.9911]

**October**

- **Saturday, Oct 14th**
  - Fall Festival
  - 2 - 4pm Founders’ Green
  - [Wild Iris 720.529.9911]

**September**

- **Saturday, Sept 9th**
  - Citywide Kids Sports & Fitness Day
  - 10am - 2pm Founders’ Green
  - [Kira Wilson 303.573.8710]

- **Wednesday, Sept 13th**
  - Stapleton MCA Exec Board Mtg
  - Noon - 2pm Forest City
  - Conference Room
  - [RSVP at www.stapletoncommunity.com]

- **Friday, Sept 15th**
  - Stapleton Under the Stars Concert
  - Chris Daniels and the Kings
  - 6:00-9:00pm Founders’ Green
  - [stapletononline.com]

- **Saturday, Sept 16th**
  - S.U.N. Kickball Tournament
  - [Shelby Samuelson shellb@boulder.com]

- **Wednesday, Sept 27th**
  - Town Hall Meeting with City Councilman Michael Hancock
  - 6:30 – 8pm DSS
  - 2000 Valentina St.
  - [stapletonneighborhood@msn.com]

- **Saturday, Sept 30th**
  - Wine Festival
  - 2-4pm Founders’ Green
  - [Wild Iris 720.529.9911]

**December**

- **Saturday, Dec 2nd**
  - Sweet William Market
  - [More info to follow]
  - [Karen Parade 303-355-6168]

**November**

- **Wednesday, Nov 8th**
  - MCA Annual Delegate Meeting
  - 6:30-8:30pm Location TBA
  - [More info at 303-388-0724 or www.stapletoncommunity.com]

- **Wednesday, Nov 15th**
  - MCA Annual Delegate Meeting
  - 6:30-8:30pm Forest City Conference Room
  - [RSVP at www.stapletoncommunity.com]
Local Schools Post Impressive CSAP Scores

By David Ethan Greenberg

O ne of the many areas where Staple- ton has attracted national attention is its education. The community is justly proud of the variety of public school choices available, and more importantly, the academic results those schools are achieving. Perhaps the most unique is the Denver School of Science & Technology (DSST), a Denver Public Schools charter high school which recently was featured in Newweek's America's Best High Schools edition.

In early August, the Colorado Department of Education released the 2006 results of the Colorado Student Assessment Program (CSAP) tests, and for the second year in a row DSST scored the highest in Denver in math and among the highest in science, reading and writing.

Although there is no minimum academic requirement for attending DSST, students are expected to have the motivation needed to do what it takes to graduate and attend a four year college. What makes DSST's student performance so remarkable is that it is the most diverse high school in Colorado, with the student body evenly divided among Black, Hispanic and Anglos and with 42 percent of the students eligible for the Federal free/reduced school lunch program.

While DSST is considered an "urban" school, it does extremely well competing with the highest performing schools in the suburbs. The graphs below show the DSST scores compared to the Denver Public Schools (DPS) and Colorado averages. Also included are the results from two "benchmark" schools, the Denver School of the Arts (DSA) and Cherry Creek High School (Creek). Both are rated "Excellent" in the annual Colorado Department of Education assessment reports.

DSST is a magnet school with a 13th enrollment of low-income students. Creek is generally regarded as the leading comprehensive high school in the state and has fewer than 5% low income students. One of the reasons DSST has achieved national recognition is that its tests scores exceed or come close to those of the benchmark schools, even though it has a much more diverse and academically-challenged student population.

---

Percent of DSST’s 10th Grade Scores at Proficient or Advanced

---

At Westerly Creek 66% Improve on CSAP

School showing steady improvement after 2 years of testing

By Brian Weber

T wo-thirds of the students at Westerly Creek Elementary School improved their performance over 2005 on state standards tests given last spring.

In addition, two-thirds of each grade level scored higher in 2006 compared to 2005 on the Colorado Student Assessment Program tests, commonly referred to as CSAP.

The school posted significant gains in several grades: fourth and fifth grades went up 21 to 24 percentage points over 2005 in reading and math, from the mid-60th percentile to the mid-70th percentile. Third and fourth grade writing scores increased from four to 10 points. (See score chart on page 4.)

Trish Lea, now entering her third year as principal of Westerly Creek, attributed the gains to more precise attention to specific areas of student weakness.

"It was the teachers," Lea said. "They provided focused instruction, working with small groups of students and providing extra tutoring. We're not where we want to be ultimately — but we're getting there." The school, which opened in 2003, scored in the 60th and 70th percent passing range in six of 13 tests, far exceeding the average for Denver Public Schools. DPS posted average scores in the 30th to 40th percent range on all elementary tests.

Westerly Creek also did well compared with the rest of Colorado, meeting or beating the state average in five of 12 tests and coming within one to two points on three others for a favorable comparative performance on eight of 12 tests. The state averages ranged from a high of 71 percent passing in third grade math to a low of 50 percent passing in fourth grade writing (52 percent of Westerly Creek fourth graders passed). The CSAP tests are administered each spring to grades three through 10 for reading, writing and math, and in science in grades five, eight and 10. The tests are used, in part, to rank schools in one of five categories: excellent, high, average, low and failing. After only one year of tests in 2005, Westerly Creek was rated low.

It is uncertain how this year's scores will affect Westerly Creek's rating. The state Department of Education announces ratings in November or December. Westerly Creek, however, scored in the same passing ranges on a majority of tests this year as schools in other Denver neighborhoods with similar demographics such as University and Washington parks, Hilltop and Park Hill. Those schools are rated average and high.

The Colorado Student Assessment Program shows progress two ways: by grade and for groups of students. For instance, scores for the 2005 and '06 for specific grades are for different children but give an indication of that grade's progress from year-to-year in that school. Progress from year-to-year for groups of students in the same grade will affect the overall test average of students who have remained in the same class from one year to the next) is indicated by a comparison of that grade in one year with the next higher grade the next year. For instance, last year 47 percent of Westerly Creek fourth graders passed reading. This year, 68 percent of that same general group of students, who are now in the fifth grade, passed reading. CSAP scores for 2005 and 2006 are shown on page 4.

Brian Weber is Vice President, Education/Workforce Initiatives for the Stapleton Foundation.

---

SEE A DOCTOR TODAY!

NextCare Urgent Care
A joint venture with Centura Health

For Any NON Life-Threatening Illness or Injury

For Stapleton Home Owners only

Mon-Fri 8am-8pm, Sat & Sun 8am-4pm
No Appointment Necessary
Most Insurance Accepted

NextCare Urgent Care (where the doctor works for you) saves you time and money by providing a prorated, affordable alternative to emergency rooms for any NON life-Threatening illness or injury. When TriCare and most major insurance plans are not available. Our 6,500 participating medical professionals are available seven days a week, 365 days a year to serve you.

Stapleton - Quebec Square
7305 E. 35th Ave., Unit 170
303-769-4440
303-769-4440
9716 E 34th Ave, in Stapleton
www.thearchitectcollection.com

Innovative Incentive

We are giving away a FREE SEGWAY HUMAN TRANSPORTER when you contract for an Architect Collection home at Stapleton by September 30, 2006. Stapleton's most innovative and inspired architecture is also the most energy efficient and environmentally friendly collection. MODERN THINKING FOR A DESIGN-DRIVEN LIFE. *See a Segway Human Transporter or receive a $5,000 credit towards options & upgrades.

Choose a Segway Human Transporter when you contract for an Architect Collection home at Stapleton by September 30, 2006. Stapleton's most innovative and inspired architecture is also the most energy efficient and environmentally friendly collection. MODERN THINKING FOR A DESIGN-DRIVEN LIFE. *See a Segway Human Transporter or receive a $5,000 credit towards options & upgrades.

Marketed exclusively by Jennifer Gore Unlimited, LLC,
Johnson and Wales – Excellence Through Service

Building a tradition of excellence in a community is not easy – it takes dedication, commitment, integrity, time, and results. My inspiration as the President of the Johnson & Wales University Denver Campus is to foster the finest university experience in Colorado. This lofty goal means that each day our faculty, students, and staff must be open to opportunities to grow individually and as part of the University. Our challenge as members of the Johnson & Wales University family is to be representatives of the excellence we seek, and to exemplify the University family is to be representatives of members of the Johnson & Wales University. Our challenge as faculty, students, and staff must be open to building a tradition of excellence in a community is not easy – it takes

By Bette Matkowski

Johnson and Wales – Excellence Through Service

DSST’s 2006 CSAP Scores

- In math of DSST 10th graders scored advanced or proficient. This was the highest score of any high school in Denver Public Schools and more than twice the state average.
- In reading 86% of DSST 10th graders scored advanced or proficient in reading, comparable to the other elite schools.
- In writing 71% of DSST 10th graders scored advanced or proficient in writing, slightly lower than the benchmark schools. This is, in part, attributable to the higher number of students at DSST for whom English is not their native language.
- In science 63% of 10th graders scored proficient or advanced in science, far exceeding the state averages. Relatively speaking, this was the lowest score of any test, a curious result considering that DSST is a science school.

The answer to the mystery is as follows: Because only two years of science is required for public high schools in Colorado, the 10th grade science CSAP only tests for general science knowledge and biology. DSST, because it requires a four-year science sequence, teaches a “Physics First” curriculum – physics in 9th grade, chemistry in 10th, biology in 11th and a choice of advanced courses in 12th grade.

So, in essence, the 63% score reflects the general knowledge that DSST students bring to science, not the detailed learning from the courses they have taken. To score 63% on a test before you take the subjects covered is remarkable.

DSST’s Test Scores Have Improved Each Year

The data released on August 1st gives a snapshot of the raw scores of how each class at each school performed on a specific test. What doesn’t address is the real question posed by the No Child Left Behind Act: What it doesn’t address is the real question posed by the No Child Left Behind Act: How much did the students’ performance improve from year to year?

And in this area, the student performance at DSST is excellent... student performance improved in every test category. At the state level, two out of three scores dropped.

DSST is Growing and Gaining National Recognition

DSST opened in 1994 for 9th graders in 2004, and has added a class annually. Now in its third year, DSST is taking on the attributes of a “real school.” It is now officially a member of the Colorado High School Athletics Association, and Stapleton residents can watch it compete at the varsity level (even though there are no 12th graders) in Division 3A sports. Many of the school’s juniors are already getting letters of interest from colleges across the country, which is particularly exciting for the kids who will be first generation college students.

Public recognition has grown as well. In addition to the feature in Newsweek, DSST was

• Selected by the American Architectural Foundation, the National Foundation and Target to be the topic of a documentary called “Great Schools by Design.”
• Chosen by the National School Boards Association and the American School Board Journal to be the Grand Prize Winner in their annual “Schools by Design” competition. Over 120 school and university projects were evaluated in the selection process.

Much of the credit for DSST’s success goes to its Head of School, Bill Kurtz, who has created an exemplary culture of high expectations. For students, DSST is a challenging place to go to school. There are no shortcuts. For the faculty and Board, it’s a work in progress in terms of improving curriculum, finding better uses for technology, and a thousand other areas.

But under Bill Kurtz’s leadership and vision, the staff and the faculty are accomplishing something very magical and very profound. Although not purely a “neighborhood school,” the number of Stapleton kids attending DSST continues to grow rapidly, and there’s room for more. Is DSST as good fit for your child? Come and see for yourself. You can’t miss the building, and it’s right in your neighborhood!

David Ethan Greenberg is the Founder of the Denver School of Science and Technology at Montview 3-15 Valmont. He can be reached at david@dsst.org.

When Pets are family, We’re the family doctors. • Full-service veterinary care • Caring medical team • Open convenient hours • Walk-ins welcome

Pet Smarts

Stapleton

2705 E. 35th Avenue
(303) 393-5406

Family Dentistry

5005 E. 35th Avenue
(303) 393-5406

Easy Access to PetSmart’s extensive selection of pet care products, including our quality pet food, treats, accessories, and pharmacy services. Find us inside PetSmart in Quebec Square just south of Famous Dave’s Bar B Q!

NEW IN QUEBEC SQUARE!

PetSmart

Stapleton

2705 E. 35th Avenue
(303) 393-5406

F R E E 2 5 $ Certificate for Banfield Care

First time clients only, please.

Open

Sundays

11-5

Good towards any licensed service. No cash or credit. Not valid with any other offer or for products in proportion to your

Banfield’s Selection

Visit your local PetSmart for details.

$25 Certificates for Banfield Care

Find us inside PetSmart in Quebec Square just south of Famous Dave’s Bar B Q!

Gentle, Personal Health-Centered Care in Your Neighborhood

High-Quality, Innovative Care

Maxim D. Comfort and Ease

Bright. Modern Office with the Latest Technology

Educating Parents to Take Action Role in Their Child’s Health

PetSmart Welcome

New Patients Welcome

303-322-2081

Westerly Creek 2005-06

CSAP Scores

The percentages of this year’s third, fourth and fifth graders who passed the CSAP tests compared to the same grade levels in 2005 (different students).

Reading

<table>
<thead>
<tr>
<th>Grade</th>
<th>2005</th>
<th>2006</th>
</tr>
</thead>
<tbody>
<tr>
<td>3rd</td>
<td>65%</td>
<td>56%</td>
</tr>
<tr>
<td>4th</td>
<td>47%</td>
<td>68%</td>
</tr>
<tr>
<td>5th</td>
<td>44%</td>
<td>68%</td>
</tr>
<tr>
<td>6th</td>
<td>47%</td>
<td>71%</td>
</tr>
</tbody>
</table>

Writing

<table>
<thead>
<tr>
<th>Grade</th>
<th>2005</th>
<th>2006</th>
</tr>
</thead>
<tbody>
<tr>
<td>3rd</td>
<td>59%</td>
<td>63%</td>
</tr>
<tr>
<td>4th</td>
<td>42%</td>
<td>52%</td>
</tr>
<tr>
<td>5th</td>
<td>56%</td>
<td>45%</td>
</tr>
<tr>
<td>6th</td>
<td>50%</td>
<td>45%</td>
</tr>
</tbody>
</table>

Math

<table>
<thead>
<tr>
<th>Grade</th>
<th>2005</th>
<th>2006</th>
</tr>
</thead>
<tbody>
<tr>
<td>5th</td>
<td>64%</td>
<td>59%</td>
</tr>
</tbody>
</table>

Science

<table>
<thead>
<tr>
<th>Grade</th>
<th>2005</th>
<th>2006</th>
</tr>
</thead>
<tbody>
<tr>
<td>5th</td>
<td>57%</td>
<td>76%</td>
</tr>
</tbody>
</table>

Percentage of fourth, fifth and sixth graders who passed the 2006 CSAP tests compared to their performance in the previous grade in 2005 (example: the 2006 fourth graders were the third grade students and so on).

Reading

<table>
<thead>
<tr>
<th>Grade</th>
<th>2005</th>
<th>2006</th>
</tr>
</thead>
<tbody>
<tr>
<td>3rd</td>
<td>65%</td>
<td>71%</td>
</tr>
<tr>
<td>4th</td>
<td>47%</td>
<td>48%</td>
</tr>
<tr>
<td>5th</td>
<td>44%</td>
<td>56%</td>
</tr>
<tr>
<td>6th</td>
<td>47%</td>
<td>56%</td>
</tr>
</tbody>
</table>

Writing

<table>
<thead>
<tr>
<th>Grade</th>
<th>2005</th>
<th>2006</th>
</tr>
</thead>
<tbody>
<tr>
<td>4th</td>
<td>42%</td>
<td>45%</td>
</tr>
<tr>
<td>5th</td>
<td>56%</td>
<td>41%</td>
</tr>
</tbody>
</table>

Math

<table>
<thead>
<tr>
<th>Grade</th>
<th>2005</th>
<th>2006</th>
</tr>
</thead>
<tbody>
<tr>
<td>5th</td>
<td>64%</td>
<td>59%</td>
</tr>
</tbody>
</table>

To score 63% on a test before you take the subjects covered is remarkable.

(continued from page 3)
Introduction to Judaism

Stepping Stones Serves Interfaith Families

Interfaith families in the Stapleton area in which one parent is Jewish are invited to help their children establish their "religious identity" through an educational program designed to provide information about Jewish life, customs and history. "Stepping Stones to a Jewish Me" has been in existence for more than 20 years to offer interfaith couples, children and their families a range of programming from "dating to parenting to grand parenting."

Stapleton residents Ari and Sarah Kaufman began attending Stepping Stones Family in the fall of 2004 with their two children Abe, now 5, and Gracie, now 3. As an interfaith couple, they registered with Stepping Stones hoping to "gain some direction" as to how to create a Jewish home for their children. Ari & Sarah had agreed to raise their children Jewish, but acknowledged they had "absolutely no idea as to what that meant."

The Kaufmans attended parent track discussion groups, led by Denver-area community educators, focusing on the issues, challenges and opportunities that all interfaith couples share. "Hearing and sharing stories was uplifting and empowering," the Kaufmans said, noting that they had also enrolled their children in programming that focuses on Jewish learning. "The whole experience was amazing and it has managed to widen the door in ways we could not have expected," the couple said. "Shabbat has become tradition to us and we have begun to embrace Judaism, but just a little bit at a time. After all, they are stepping stones."

Brad and Elyse Boule, also residents of Stapleton, enrolled in Pebbles. They came to Stepping Stones with their pre-school aged daughter, Chloe, hoping to "get a clearer understanding of what it means to be Jewish and raise our child in that religion." The Boule family was searching for ways to connect with similar couples and explore opportunities within the Jewish community that would not have otherwise been familiar to them.

"We have been able to begin to chart a spiritual course for our daughter and ourselves," Elyse Boule says. "The experience has also brought to light our core individual fundamental beliefs and values, which we hope to continue to explore as time goes on. We appreciated that the emphasis of the Pebbles program was on education and not conversion," she added.

The Stepping Stones Denver program meets every other Sunday morning from 10 a.m. to 12:30 p.m. at the Mish Museum at 400 S. Kearney Street, next to Rodef Shalom Synagogue. Interfaith families interested in enrolling in one of the Stepping Stones programs should call 303-388-1198 or visit online at www.steppingstonesfamily.com.

Thank you to those who gave to the Westerly Creek PTA Direct Giving Campaign

In living rooms and kitchens throughout Stapleton, people came together to learn about our wonderful neighborhood school. They responded by donating with amazing generosity. In one month the PTA raised over $33,000 in donations. (Denver’s highest ranked schools raise between $80,000-120,000 in supplemental funds each year.) This money will help us pay for smaller classes, Spanish for all kids in grades 4-8, art, P.E. and music.

Thank you to Westerly Creek Principal Trich Lea who attended every party and imparted her vision and leadership plan for the future of the school.

Corporate Match and Challenge Grant Sponsors

Forest City
bLogistics
Paradigm Systems
Interior Design Connection
Bauer-Simon Photography
Parkwood Homes

Event Sponsors

Amore Fiore
Beyond Parsley
The Colorado Beer Distributor’s Association
Dance Institute
Firefly Photography
Gloss Events
Justin Wharry
Karen Rubin Photography, Inc.
Lolliplocks
MPress Printing
Serioz (Lowry Town Center)
Udi’s
Zoe Salon and Spa

Party Hosts

Brenda and Chad Ballard, Stephanie and David Edinger, Chris Leding and Pat Teegarden, Karla and John Rhering, Carma and Larry Snapp, Kristen and Jerry Spaeth, Tammy and Al Sauer, Sarah and Grant Geiringer, Tina Turner and Steve Walters, and Abby and Morgan Reynolds

Individual Donors

Over 90 individuals and families pulled out their checkbooks and donated. Their donations ranged from $25 to $1,600 with an average gift of $330.

This is just the beginning!

If you would like to make a one-time donation or a periodic gift, just Click and Pledge* at www.westerlycreekpta.com

If you would like more information or are interested in hosting your own party, please email mseawell@yahoo.com
Cow Parade Artists Reflect on Their Works of Art

By John Chambers

These cows could dance in your dreams, swim in the ocean or grow in your garden. Three artists pieced together flowers, plaster and acrylics to create bovines grazing in Stapleton during CowParade Denver 2006.

MooRine Life

Orce’s cow, MooRine Life, is in Stapleton’s 29th Avenue Town Center near 11 other neighborhood cows. Orce, 32, spent about 70 hours sculpting her cow to resemble a clown fish, attaching fiberglass fins and painting the 90-pound statue orange. “I have kids myself and I was looking for something appealing to children and what better than a clown fish,” Orce said. “I showed my kids a whole bunch of designs, and they went straight for that.”

Moo-tanical Gardens

Westman thought he could cover Moo-tanical Gardens with about 400 silk flowers. “I originally ordered 450 thinking that would be plenty,” Westman said. “It was very hard because I tried to measure the square area of the cow which is kind of a hard thing to do because there are no flat surfaces.”

Moo-veau Organic

Kerchal spent most of Memorial Day weekend covering Moo-veau Organic with acrylics. The bovine is next to Starbuck’s in the 29th Avenue Town Center. “It’s actually a black design with white design on top. The organic part is with the white part on top,” forming shapes found in nature, she said.

CowParade Denver is organized through Connecticut-based CowParade Holdings Corporation. It is expected to draw about 1 million visitors, according to the event’s area producer Creative Strategies Group.

Kerchal, 35, said the cows help create more awareness of area talent. “There’s a whole community of artists out there,” she said. “Maybe people don’t know their presence because they’re not featured out in the general population. The cows kind of bring it to the local guy.”

Kerchal can be reached at kerchal@ricochet.com.

Four other CowParade artists will be featured in the October issue of the Front Porch. Check DenverCowParade.com and www.StapletonOnline.com for more event updates.

John Chambers is an Ambassador at the Stapleton Visitor Center. He can be reached at 303-355-9600 or jchambers@stapletondenver.com.

Artist JoAnne Orce with her daughter Hannah and her cow MooRine Life

Artist David Westman with his cow, Moo-tanical Gardens

Artist Marcy Kerchal with her cow Moo-veau Organic

Western Stock Show here … so it’s part of our history. I think this celebrates our history and makes it fun and accessible too.”

Westman, 43, was born in Massachusetts. He posted an Internet blog about Moo-tanical Gardens at www.nucliawaste.com/mootanicalgardensblog.html.

Moo-veau Organic

Kerchal spent most of Memorial Day weekend covering Moo-veau Organic with acrylics.

“The bovine is next to Starbucks in the 29th Avenue Town Center. “It’s actually a black design with white design on top. The organic part is with the white part on top,” forming shapes found in nature, she said.

Kerchal has been interested in interior design since junior high. “As far as art goes, I’m a jack of all trades,” said Kerchal, who also sews, knits and crochets. “This is the first cow I’ve painted,” she said, laughing. Kerchal created two cows for CowParade.

CowParade Denver is organized through Connecticut-based CowParade Holdings Corporation. It is expected to draw about 1 million visitors, according to the event’s area producer Creative Strategies Group.

“There’s a whole community of artists out there,” she said. “Maybe people don’t know their presence because they’re not featured out in the general population. The cows kind of bring it to the local guy.”

Kerchal can be reached at kerchal@ricochet.com.

Four other CowParade artists will be featured in the October issue of the Front Porch. Check DenverCowParade.com and www.StapletonOnline.com for more event updates.

John Chambers is an Ambassador at the Stapleton Visitor Center. He can be reached at 303-355-9600 or jchambers@stapletondenver.com.
On the Horizon
New Development at Stapleton

As master developer, Forest City is continuously engaged in the evaluation of development proposals it receives from a wide range of parties interested in Stapleton. While some of those proposals never advance beyond the initial discussions, others move forward with a signed contract. It is important to note, however, that even with a signed contract, some projects may not move forward to construction and completion.

In the interest of providing the residents of Stapleton and the surrounding neighborhoods with information at the earliest stage of development, Forest City is providing the following update on contracts that have been signed for development of land at Stapleton by someone other than Forest City. Stapleton, Inc. without notice.

Thus, in the interest of disclosure, Forest City Stapleton, Inc. reminds all interested parties that it makes no guarantees concerning future development at Stapleton and that proposed development may be modified at the discretion of Forest City Stapleton, Inc. without notice.


Purchase: RTD (Regional Transportation District) What: New Stapleton Park-n-Ride Where: Smith Road, East of Quebec Square Questions about these projects may be directed to Troy Gardner of Forest City Stapleton, Inc. at 303.382.1800. Please note that while the above projects have reached the signed contract stage, they may or may not proceed to construction and build-out. Thus, in the interest of disclosure, Forest City Stapleton, Inc. reminds all interested parties that it makes no guarantees concerning future development at Stapleton and that proposed development may be modified at the discretion of Forest City Stapleton, Inc. without notice.


Purchase: Denver Fire TRC Storage MPG Stapleton MOR, LLC Where: Next to the new Denver Fire Station on Martin Luther King Jr. Blvd.

(Note: A running application reflecting community input has been filed. The dates for public hearings before Denver Planning Commission and Denver City Council will be announced when scheduled.)


Purchase: RTD (Regional Transportation District) What: New Stapleton Park-n-Ride Where: Smith Road, East of Quebec Square Questions about these projects may be directed to Troy Gardner of Forest City Stapleton, Inc. at 303.382.1800. Please note that while the above projects have reached the signed contract stage, they may or may not proceed to construction and build-out. Thus, in the interest of disclosure, Forest City Stapleton, Inc. reminds all interested parties that it makes no guarantees concerning future development at Stapleton and that proposed development may be modified at the discretion of Forest City Stapleton, Inc. without notice.


Purchase: Hanger 61, LLC What: Preservation and redevelopment of former hangar for office use Where: NW corner of Central Park Boulevard & Montview

Purchase: TRC Storage Development LLC What: Stapleton self storage (Shurgard) Where: Stapleton self storage (Shurgard)
Festival International
Celebrate the metro area’s many nationalities

This free event will be held Saturday, September 16, from 10 a.m. to 7 p.m. at Fletcher Plaza, the outdoor urban plaza on East Colfax, a half-mile east of Yosemite, in Original Downtown Aurora.

Entertainment will be provided by cultural groups representing such countries as Somalia, Ethiopia, Spain, Ireland, Brazil, Japan, China, the Sudan, Mexico and Polynesia. Visitors will be able to sample food from Vietnam, Ethiopia, Peru and more. A World Market will feature arts and crafts from several countries around the world.

The Passport to Culture, a children’s activity area, will feature hands-on, interactive cultural activities touching on global dance and performance, international sports and games, make-and-take projects and exploratory experiences such as trying on authentic heritage attire. Children will receive their own Festival International Passport to Culture in which they may receive marks for each activity and food vendor they visit during the festival.

Festival International is presented by the Northern Aurora Business Association. To find out more, call 303-361-6169 or visit www.aurorabusiness.org.

Cast a Line Family Fishing Event
Saturday, September 16, 2006

Environmental Learning for Kids (ELK) will hold the third annual Cast a Line Family Fishing Event on Saturday, September 16, 2006. From 11 a.m. to 3 p.m., ELK friends will be fishing at Lake Lehow, a remote pond in Waterton Canyon. Tickets are $15 for an individual and $50 for a family of five. This includes a fantastic Bar-B-Q lunch, fishing lessons for beginners, and other science activities. Children will get to take home their new fishing rod.

ELK is a community-based non-profit organization that provides an education in science and natural resources to low-income, culturally diverse youth. Celebrating their 10th anniversary, ELK has a 98% high school graduation rate for youth in their year-round program. For more information and to register please go to www.elkkids.org, Email skingsley_elkkids@comcast.net or call 303-291-7503.

ELK Golf Tournament
Thursday, October 12, 2006

First Annual ELK Golf Tournament
Green Valley Ranch Golf Course

Celebrate Environmental Learning for Kids’ Tenth Anniversary of “Putting a Little Wildlife in a Child’s Life”

Tee off with Bronco Celebrities on Thursday, October 12th at the world-class Green Valley Ranch Golf Course.

Cost: $125 per player
Check-in: 11:00 AM
Shot Gun Start: 12:00pm
Enjoy a complete program of special events, 18 holes of golf (including cart), door prizes for each player, dinner, and an exciting awards banquet.

• Two longest drive contests
• Closest to the pin challenge
• Paring Contest
• Hole-in-One Contest for a New Car
• 2 Minute Fishing Contest
Pre-register now by calling Kim Glatz at (303)291-7554 or register via the web at www.elk.golfreg.com.
Visit www.elk.cmarket.com to bid on items in our golf silent auction!

Native Arts of the World...at Home in Colorado, The Douglas Society Collects

“Native Arts of the World...at Home in Colorado, The Douglas Society Collects,” featuring native arts from North America, Africa and Oceania, will be on display at Republic Plaza Lobby and Concourse levels, through October 27, 2000. All works on exhibit have been loaned by members of The Douglas Society, a support group for the Native Arts Department of the Denver Art Museum. Works on exhibit will include beadwork, jewelry, paintings, pottery, sculpture and textiles representing the following cultures: African, Australian Aboriginal, Inuit, Native American and Oceanic.

The exhibit is open to the public free of charge Monday - Friday, 8 a.m. - 6 p.m. and Saturday 9 a.m. - 2 p.m. For further information please call the Archer Concept Group at: 303-733-1868. (This photograph is a carving entitled, “Wood Figure from the Highlands Region, Papua New Guinea.”)

Northfield Stapleton & Quebec Square Job Fair
Saturday, September 16
9am - 4pm
Corner of Quebec St and 36th
For more information contact Ann White with the Denver Office of Economic Development at 720-865-0068 or ann.white@ci.denver.co.us
28th Annual Park Hill Home Tour
Sunday, September 24 from 11am to 5pm

The headquarters for the Home Tour this year is the Park Hill United Methodist Church. Included on the tour is Treas Hall on the Johnson & Wales campus. Learn how it is being renovated into a chic boutique hotel.

Tickets are available after Labor Day at Spinelli’s Market, the Park Hill Community Bookstore, the Park Hill Library, King Sooper’s or the Greater Park Hill Office (2823 Fairfax St.). Ticket prices are $10 in advance, $12 at the door, $8 for seniors, and $4 for children.

Those who volunteer to help with the tour receive a free ticket and an invitation to the “after party” at Johnson & Wales’ Treas Hall. Contact Michelle Brown at 720-629-5071 or chelle.brown@hotmail.com.

Celebrate Art – Saturday Art Stroll
September 16, 2006 from 10am to 8pm

Family fun will include “hayrides,” live music, dancing, clowns and door prizes. Delicious food from great Park Hill eateries will be available at the Church, including grilled corn-on-the-cob from Tables and “Put the South in your Mouth” specialties from Joe’s West of Memphis Bar-B-Que. Perk Hill will be serving their infamous “kids” ice cream cones and bigger cones for those who need more Rocky Road in our diet.

Those who volunteer to help with the tour receive a free ticket and an invitation to the “after party” at Johnson & Wales’ Treas Hall. Contact Michelle Brown at 720-629-5071 or chelle.brown@hotmail.com.

“Directions” Art Institute’s Annual Alumni Exhibit
Monday - Saturday through October 1
Free and open to the public
The John Jellico Gallery, 1200 Lincoln St., Denver
A spectrum of fine art, TV and movie promos, interactive casino games, photographs, interior designs and commercial logos are all included in this year’s Art Institute of Colorado alumni exhibit. The public is invited to see, hear and experience a multimedia panorama of the best professional work produced by graduates of the school. Called “Directions,” the exhibit showcases where alumni have taken their education in school programs such as Graphic Design, Photography, Interior Design, Video Production, Industrial Design, Visual Effects & Motion Graphics, and Web design. The artists represent graduation dates from the 1960s to the current decade.

The display has become an annual favorite for its diversity and professionalism, as well as its creativity and sense of surprise. This year’s collection features a photo essay by a Culinary Arts civilian contractor working in an Iraq warzone, Einstein Bros® designs, traditional and contemporary paintings, designer home interiors, fine-art and commercial photographs, glass work and more.

Call 303-837-0825 for more information and specific hours of operation, which may vary.

The Art Institute of Colorado offers career-focused bachelor’s and associate’s degrees in design, creative and applied arts, creative and business management, and culinary arts. The Art Institute of Colorado is located in the Golden Triangle neighborhood in Downtown Denver.
The Club Card offers great discounts at these Stapleton merchants:

**HEALTH & BEAUTY**

**SERVICES (cont')**

- A Day Spa
  - Offer: 25% off of any one product with purchase of any service
  - Location: Quebec Square
- A Wild Smile Pediatric Dentistry
  - Offer: Free well baby check up for 12-18 month-olds
  - Location: East 29th Avenue Town Center
- Bladium
  - Offer: Free haircut with purchase of a lesson
  - Location: East 29th Avenue Town Center
- Executive Tans
  - Offer: $1.00 off select tanning with purchase of a session
  - Location: Quebec Square
- Fantastic Sams
  - 10% off of services and professional products
  - Hair cut with hair wash service
  - Location: East 29th Avenue Town Center
- GNC at Quebec Square
  - Offer: $5.00 off of purchase of $30.00 or more
  - Location: Quebec Square
- Great Clips
  - Offer: 25% off on any product with hair cut purchase
  - Location: Quebec Square
- Phoenix Yoga Studio
  - Offer: One month unlimited, first timer's $75
  - Stapleton residents
  - Location: East 29th Avenue Town Center
- Sports Clips
  - Offer: $2.00 off of a men's or women's cut
  - Location: Quebec Square
- Stapleton Health and Wellness, LLC.
  - Offer: 10% off registered child in your family
  - Location: Quebec Square
- Stranz Beauty Supply/Salon
  - Offer: 10% of all services and professional products
  - Location: Quebec Square

**SERVICES**

- Art & Framing of Stapleton
  - Offer: $10.00 off custom framing, not valid with any other offer
  - Location: East 29th Avenue Town Center
- Commercial Federal Bank
  - Offer: Open a FREE no-minimum balance checking account with Direct Deposit and receive added benefits equal to those offered to bank employees!
  - Location: East 29th Avenue Town Center
- Credit Union at Stapleton
  - Offer: Receive a $25.00 gift card when you open your new Credit Union at Stapleton account
  - Location: Quebec Square
- Environmentally Friendly Cleaners
  - Offer: 25% off of all Dry CLEANING (Quebec Square location only)
  - Location: Quebec Square
- FirstBank
  - Offer: Receive $100.00 deposit into your new First Bank savings account when you open a First Bank checking account
  - Location: East 29th Avenue Town Center
- Lollitocks Kid Salon
  - Offer: 10% off of any one product purchase with a purchase of service
  - Location: Quebec Square
- New Avenues Real Estate Office
  - Offer: $150.00 gift certificate toward select Stapleton merchandise
  - Location: East 29th Avenue Town Center
- PostNet
  - Offer: 5% off of all FedEx and UPS shipments (excluding ground service)
  - Location: East 29th Avenue Town Center
- RE/MAX City Horizons, The Kears Team, LLC
  - Offer: $500.00 towards closing costs and extra discounts on Home Sale costs when you buy at Stapleton.
  - Location: East 29th Avenue Town Center
- Renaissance Denver Hotel
  - Offer: Special room rate, savings up to 50%
  - Valid through 12/31/05
- Stapleton Home Services
- Stapleton Realty, LLC.
  - Offer: Free move-out house cleaning ($250.00 value) when you sell your home with Stapleton Realty PLUS discounted commissions.
  - Location: East 29th Avenue Town Center
- Tires Plus
  - Offer: $9.99 oil change, 10% off any automotive service; $25 off at a set of four tires; $30 off your $30, 60 and 90 scheduled maintenance service.
  - Location: Quebec Square
- Town Center Apartments
  - Offer: Receive $100.00 off of your move-in costs when you lease at Town Center Apartments.
  - Location: East 29th Avenue Town Center
- UPS Store
  - Offer: 50% off track and white copies.
  - Location: Quebec Square
- US Bank
  - Offer: 25% discount on ANY Sears loan rate, L.L.C.
  - Location: East 29th Avenue Town Center – In King Soopers
- U-Shampoo Self Service Dog Wash & Pet Boutique
  - Offer: Free wash with any bath.
  - Location: East 29th Avenue Town Center

**MISC. RETAIL**

- Amore Fiori
  - Offer: Saturdays - get free one on select flowers.
  - Location: East 29th Avenue Town Center
- Baby Power
  - Offer: Free in case session fee.
  - Location: Quebec Square
- Cat’s Music
  - Offer: 10% off for each registered child in your family.
- Cingular Wireless
  - Offer: FREE Vehicle power adapter with new activation ($29.99 value).
  - Location: Quebec Square
- Grape Leaf
  - Offer: 5% off hour and wine purchases.
  - Location: East 29th Avenue Town Center
- Graham Taylor Photography
  - Offer: 15% off listed Wedding Package or 50% off portrait sitting fee.
- Instant Imprints
  - Offer: 10% off of all products and services.
  - Location: Quebec Square
- Miss Talalah’s
  - Location: East 29th Avenue Town Center
- V2K Window Fashions
  - Offer: 10% of orders of $100.00 or more.

**RETAIL (cont')**

- Anthony’s Pizza and Pasta
  - Offer: 10% off of all items
  - Location: East 29th Avenue Town Center
- Character’s Sports Bar & Grill (at the Doubletree Denver)
  - Offer: 10% discount on all food and beverages.
  - Location: East 29th Avenue Town Center
- Copper Canyon Grill & Bar at the Renaissance Hotel
  - Offer: 10% discount on all food and beverage.
  - Location: East 29th Avenue Town Center
- Doubletree Denver Café
  - Offer: 10% discount on all food and beverage.
  - Location: East 29th Avenue Town Center
- Inta Juice
  - Offer: 10% off of any item.
  - Location: Quebec Square
- Kyle’s Saloon and Eatery
  - Offer: FREE salad with dine-in or carry out order only.
- Noodles and Company
  - Offer: Free fountain beverage with purchase of entree sized bowl.
  - Location: East 29th Avenue Town Center
- Panera Bread
  - Offer: Free Sandwich, Salad or You Pick Two.
  - Location: Quebec Square
- Radisson Hotel, Quebec’s Bistro
  - Offer: 10% off food menu items.
- Thomas Bros. Coffee & Chai
  - Offer: FREE COFFEE UPGRADE on any beverage
  - Location: Quebec Square
- Wingz ETC!
  - Offer: 10% off any combo meal.
  - Location: Quebec Square


**Parking in Denver for Persons with Disabilities**

In order to park in any disability parking spot on public or private property a vehicle must have: 1) a disability parking placard or hang tag issued by the state or 2) a vehicle license plate that has the universal sign of accessibility symbol on the plate. The Denver Commission for People with Disabilities can provide information for obtaining these. Please call 720 913-8482.

A disability placard is issued to an individual, not a vehicle. It can be used in any vehicle the person is being transported in. The person who the disability placard is issued to must exit or enter the vehicle. The vehicle can be ticketed if the person who has the disability parking placard sits in the vehicle while a friend or relative rolls it into the store.

No vehicles can park in access aisles (striped places next to disability parking spaces) regard- less if the vehicle is displaying a disability placard or plate. The vehicle parked in the access aisle can be ticketed for a handicap parking violation. (Fine of $100.00.)

While in Denver, on a city street, a vehicle displaying and using properly, a disability placard or plate, can park at meters free of charge for up to four (4) hours when parking is allowed regardless of time limit. If the vehicle is not moved after four (4) hours it may be ticketed. On Denver city streets, vehicles displaying a valid disability placard or plate can park in posted time limits (1 hour, 2 hour) for up to four (4) hours before being required to move.

If you have a placard or plate please keep in mind that YOU are responsible for the placard or plate's use and misuse. Misuse can result in revocation of disability parking privilege.

If there are questions or problems please call the Commission at 720 913-8482.
Traffic Forecasts....by the numbers

When the residents of Denver, Aurora and Commerce City came together in the early 1990s to produce the Stapleton Development Plan (also known as “The Green Book”), they created a vision for transforming the former airport into a diverse and pedestrian-friendly urban community seamlessly connected to the surrounding neighborhoods.

One of the means of creating those connections was to extend the street grid from the surrounding neighborhoods onto the Stapleton property. That street grid provides access to and from Stapleton for people traveling by automobiles, public transit, bicycles and, of course, as pedestrians, fulfilling a vision that Stapleton should be “integrated” into the surrounding communities and not become a “gated community.”

Extending the street grid means that traffic will be consistent with other urban neighborhoods and not suburban, “cul-de-sac communities.”

The Stapleton traffic forecasts are based on the projected traffic volumes are based on general land use, not specific property uses. Detailed models for local streets are not possible because traffic models are not that sensitive. In addition, volume alone is not the only criteria for roadway classification. Other criteria include “connectivity” and adjacent property use. The threshold volumes in the Stapleton traffic numbers are defined by the City and County of Denver and tend to be conservative.

The Stapleton traffic forecasts (which are for planning purposes only and subject to change) are readily available for inspection by all in the Stapleton Visitor Center located at 7480 E. 29th Avenue, across from the fountain in the Town Center. The Center is open from 9 a.m. to 7 p.m. Mondays through Saturdays and from Noon to 5 p.m. on Sundays.

Tom Gleason is Vice-President/Public Relations for Forest City Stapleton, Inc.

Stapleton Retailers, Contractors, Builders Applauded

The Stapleton Workforce and Business Opportunities Committee recently honored retailers, contractors and home builders for their participation in programs designed to provide a wide range of business and employment opportunities to minority-owned and women-owned businesses in the development of one of the most widely acclaimed new urban communities in the nation.

The awards luncheon was held to recognize the following retailers, contractors and home builders for their work at Stapleton:

**Retailers**
- Hudson Theatres (Northfield)
- Home Depot (Quebec Square)
- Famous Dave’s BBQ (Northfield)
- Super Target (Northfield)

**Contractors**
- Castle Rock Construction
- Thoutt Bros.
- M.A. Montemson
- VCC/J.A. Walker

**Builders**
- Harvard Communities
- Lantis Custom Homes, LLC

Consistent with the MWBE/SBE program, one of the means of creating those opportunities to assist with the important work of the program. The offices are located at 1355 S. Colorado Boulevard (Suite C406). Call 303-757-0787 to schedule a time for orientation or email Betty Boudreau, Executive Director, at betsyrfbd@qwest.net for more information.

“Recording for the Blind” Seeks Volunteers

Denver’s Recording for the Blind & Dyslexic program is now seeking volunteers who are interested in opening new worlds for the blind or dyslexic members of our community.

“Our volunteer opportunities in Denver include reading a textbook, directing and moved his hand as if to strike the woman, Officer Diaz De Leon fired his department-issued Taser. The non lethal Taser probes struck the man in the back, causing him to roll off of his intended victim, allowing Officer De Leon to disarm the man who was quickly taken into custody by Officers Herter and Warren. The woman was transported to Denver Health Medical Center where she was later pronounced dead. An autopsy to determine the cause of death is pending.

In honoring the three officers, the Citizens Committee applauded their expert handling of a very dangerous situation without resorting to lethal force. The committee also commended all of the men and women of the Denver Police Department for their daily efforts in which they frequently risk their lives to protect their fellow citizens.

Anyone wishing to nominate a District Two police officer for the monthly Top Cop Award should email District Two Commander Rhonda Jones at jonecrh@ci.denver.co.us.

District Two “Top Cops”
The sculpture I am building for Stapleton, like its name, is a combination of two elements that intersect and support each other. It is also made of two materials, stone and steel. In contemplating the place on a site visit, the idea for the sculpture came directly out of the environment: the elliptical shape of the immediate site, rows of buildings, and the strongly present horizon in the distance. The making of an image was informed also by what I knew of Stapleton, the transformation of an airport to a vibrant neighborhood with daily life, neighbors, schools, and time to stroll down a jogging path. The base for traveling has been recycled as a place for residency. In other words, transience into stability.

The intersecting parts of this work are a stone eye shape and a horizontal line of stones crossed by four bundles of steel, in various profiles and dimensions. The ‘eye’ is made of two curved lines of stone, creating an enormous empty frame that barely touches the ground. It measures 15 feet at its highest point and 25 feet wide. At the sides of roads. The steel bundles were parts of building structures. Now the process transforms them into elements that create a work of art. The recycled materials speak about the process of things changing their roles in life-being one thing and becoming something else.

Technically the work is created in the same way a modern building is created. A steel tube is bent and connected to other steel tubes, forming a skeleton with the integrity to support the work. The stones then are split and carved out, so they fit like a sleeve around the steel tube. Some of the old patina of years remains on the stones to indicate the origin of the materials, and in other places the new cuts show the beauty of raw granite.

In the title I have written "After Monet." It was Claude Monet, the French Impressionist painter, who spent his lifetime looking at the ever-changing views of water, distant vistas, and horizon lines. This combined image refers to two of his famous paintings: The Four Trees, in which the trunks of four trees are reflected in the water of a pond; and The Japanese Bridge at Giverny, in which a stone bridge is reflected in the lush green and blue environment of an idyllic garden. Monet built this garden and spent the rest of his life in it, reflecting about the ever-changing nature of light and its influence on how we see the world around us.

Ilan Averbuch was selected through the Stapleton Public Art process to create a sculpture that will be placed in the ellipse on East 29th Avenue.
In and Around Stapleton

By Kathy Epperson

This month we profile three women with a real passion in art, music and equestrian. Whether you’re looking for a creative outlet for yourself or interested in a wonderful activity that can open new doors for your child, there’s a hidden resource for everyone in and near Stapleton.

Janette Hansen, Violin Teacher

Violin teacher Janette Hansen knows first-hand the effect a music education has on a child’s life. Janette studied piano and violin as a young child and later went on to major in music education at Arizona State University. She began teaching violin and viola shortly after getting her music degree and has taught both in the public school system and privately ever since. In addition to the positive impact music has on a child’s success in school, Janette sees its influence on each student’s life. Janette studied piano and violin, and teaches school aged children and older to read music and gives them the opportunity to perform in a group lesson in order to split the cost. While Janette is most accomplished on the violin, viola and other string instruments, she has also studied the harp, flute, saxophone, trumpet, French horn, guitar and various percussion instruments. In addition to sharing her love of music with her students, Janette enjoys raising her own 20 month old daughter to all styles of music and letting her play the piano. Another music education will begin in January when Janette’s second child is born.

For more information about lessons, contact Janette at 303-371-1202 or janetteih@yahoo.com.

Carol Brown, Adult Art Classes

For Stapleton resident and art teacher Carol Brown, art is all about the journey. A professional fiber artist for 25 years, Carol has shown nationally and created commissioned works. “Recent graduate studies in counseling psychology have contributed to a shift in my focus from art as product to art as process,” she says. “When I began to approach my art making as process, I let go of self-judgment and expectations. When I can let go and let one thing naturally lead to another, I constantly surprise myself. I find this approach spilling over into all areas of my life.”

Carol currently teaches a one-day workshop through the Colorado Free University called “Connecting with the Creative Process for Women,” with upcoming sessions on October 7 and November 12. The workshop is open to all experience levels and focuses primarily on acrylic painting and collage. While Carol teaches basic techniques, the real purpose of the class is to help women tap into their creative nature and make the connection between art and living their daily lives.

Carol is also available to teach individuals or small groups in her home studio or in clients’ homes. She provides basic materials but also welcomes students to bring their own materials and work in other media. She hopes to have enough interest to begin teaching ongoing classes for women and men one day a week starting this fall.

“My objective in teaching these classes is to create community,” Carol says, “and to open people to the reality that the creative process is open people to the reality that the creative process is available in everything we do. All we have to do is show up and pay attention. Anything is possible!”

For more information about her adult art classes, contact Carol at 303-399-7879 or carols2050@gmail.com.

For Stapleton resident and art teacher Carol Brown, art is all about the journey. A professional fiber artist for 25 years, Carol has shown nationally and created commissioned works. “Recent graduate studies in counseling psychology have contributed to a shift in my focus from art as product to art as process,” she says. “When I began to approach my art making as process, I let go of self-judgment and expectations. When I can let go and let one thing naturally lead to another, I constantly surprise myself. I find this approach spilling over into all areas of my life.”

Carol currently teaches a one-day workshop through the Colorado Free University called “Connecting with the Creative Process for Women,” with upcoming sessions on October 7 and November 12. The workshop is open to all experience levels and focuses primarily on acrylic painting and collage. While Carol teaches basic techniques, the real purpose of the class is to help women tap into their creative nature and make the connection between art and living their daily lives.

Carol is also available to teach individuals or small groups in her home studio or in clients’ homes. She provides basic materials but also welcomes students to bring their own materials and work in other media. She hopes to have enough interest to begin teaching ongoing classes for women and men one day a week starting this fall.

“My objective in teaching these classes is to create community,” Carol says, “and to open people to the reality that the creative process is available in everything we do. All we have to do is show up and pay attention. Anything is possible!”

For more information about her adult art classes, contact Carol at 303-399-7879 or carols2050@gmail.com.

For more information about lessons, contact Janette at 303-371-1202 or janetteih@yahoo.com.

Carol Brown, art instructor

Angel Hoskins, Equestrian Lessons

Equestrian instructor Angel Hoskins fell in love with horses at a very young age. “I used to make my parents pull off the road whenever I saw horses in a pasture so I could stop and see them,” she remembers. She began riding lessons at the age of eight. “When I was 12 years old my parents finally succumbed to the inevitable and allowed me to purchase my first horse,” she says. “I joined 4-H and rode western and endurance with her before eventually discovering dressage.”

While Angel teaches a variety of equestrian classes, her own specialty for the past dozen years has been dressage. A classical style of riding that dates back to 400 B.C., dressage is something referred to as a ballet on horseback. Angel has competed in this specialty, receiving her United States Dressage Federation silver medal in 2004 and now working toward the gold medal with her current horse named Dutch Chocolate.

A riding instructor for 12 years now, Angel teaches age 3 through adult and beginner through advanced at both The Urban Farm in Stapleton and at Lost Lake Equestrian Center in Franktown. Asked at what age it is appropriate to start lessons, Angel replies, “The age is not such a key factor as the desire. I have had students as young as 3 years old (usually their first word was “horsey”) that are horse crazed with good coordination and motor skills. In general 5 years old is a good start point; by that age they have the attention span and physical stamina to stay engaged for an hour.” Angel focuses primarily on English style riding. (continued on page 21)
The Green Book Vision — Affordable Housing at Stapleton

By Melissa Knott

If the numerous awards and honors Stapleton has received from throughout the nation and around the world are any indication, the citizens of Aurora, Denver, and Commerce City demonstrated extraordinary vision in the early 1990s when they created the Stapleton Development Plan called “The Green Book.”

One of the cornerstones of the Stapleton Development Plan called for the creation of a diverse, urban community at Stapleton where housing would be affordable to the widest range of incomes and types of families. Based on that vision, Stapleton’s master developer Forest City created The Stapleton Affordable Housing Plan with the Stapleton Development Corporation (SDC) and the City and County of Denver in late 2000 to spell out the specific requirements needed to meet that objective. That plan was later endorsed by the SDC Board and Citizens Advisory Board and formally adopted by the Denver City Council.

The Stapleton Affordable Housing Program ensures that a portion of the homes and apartments at Stapleton will remain affordable, on a long-term basis, to households that might not otherwise find Stapleton an affordable place to live. Housing that is affordable to essential community workers such as teachers, nurses, police, and retail clerks enhances the viability and stability of the Stapleton neighborhoods.

The Stapleton Affordable Housing Plan is a detailed document that is too long to be reprinted in this publication, but it can be accessed online at www.stapletononline.com and www.stapletondenver.com. The essence of the requirements in the document stipulates that 10% of for-sale housing and 20% of rental housing at Stapleton should be affordable housing.

Affordable For-Sale Housing

Stapleton’s affordable for-sale housing is restricted to people with incomes falling at 80% or below the Metropolitan Denver Area Median Family Income (MFI), which is published annually by the US Department of Housing and Urban Development. For example, in order to qualify to buy a for-sale affordable home in 2006, the following income limits apply:

Household Size Income no higher than:
1 person $40,190
2 people $45,900
3 people $51,600
4 people $57,350

In order to ensure long-term affordability for future homebuyers of these properties, certain resale restrictions apply to these homes.

Affordable Rental Homes

As detailed in The Stapleton Affordable Housing Plan, 20% of rental housing at Stapleton should be priced to be affordable. The affordable rental housing is targeted for incomes falling at 60% or below MFI, and includes housing that is available to incomes as little as 50% and 30% below the MFI. As with the buyers of affordable homes, tenants renting affordable homes must go through an income qualification process to verify income levels.

Summer

So, five years into the redevelopment of Stapleton, how is Forest City doing in terms of meeting The Stapleton Affordable Housing Plan’s requirements? In terms of market-rate homes, 2,385 have been completed and sold. In terms of affordable homes, 158 have been completed, of which 111 have been sold. Another 68 affordable for sale homes are under development.

In terms of rental housing, there currently are 144 market rate rental homes completed at Stapleton. On the affordable for rental housing, 168 affordable rental homes completed. Another 18 affordable rental homes are under development.

The progress being made by Forest City toward achieving The Green Book’s vision of housing diversity at Stapleton would not be possible without the efforts of many individuals and entities, including the Stapleton Development Corporation and its Citizens Advisory Board, the City and County of Denver, and our homeowner community. Most importantly, however, it would not be possible without the support of the Stapleton community that believes in the importance of affordable housing.

We look forward to continuing to work with everyone who has been involved in this effort.

Melissa Knott is the Director of Housing Initiatives for Forest City Stapleton, Inc.

Stapleton’s Neighbor

Volunteering at the National Wildlife Refuge

Trail sovers, refuge tour guides, recreation program leaders. These and many more make up the Rocky Mountain Arsenal National Wildlife Refuge volunteer force.

The U.S. Fish and Wildlife Service offers a multitude of volunteer opportunities at the refuge year-round. All volunteers must complete a mandatory orientation and training session before beginning. If fishing is your thing, you can volunteer at the lakes with fishing programs, or if you want to learn more about the history of the refuge, you could be a refuge tour guide.

Typically, you must be 18 years or older to volunteer, but the Service says if it all depends on the person and how responsible they are. An example is Chad Masters, a sixth grader at the Community Leadership Academy, who knows a thing or two about serving as one of the 60 volunteers at the refuge.

At the young age of 8 Chad became the youngest volunteer on site when he and his grandmother visited the refuge and fell in love with the fishing, flourishing wildlife, and natural landscapes so close to their home.

After more than three years of volunteering under adult supervision, Chad looks forward to many more years there and is considering going to college for a biology degree.

When asked what his favorite memory of volunteering at the refuge is, he responded with excitement, “It would have to be the time I caught a snapping turtle while I was working with the kids from Children’s Hospital.”

In the summertime, the Service offers two fishing programs for kids admired at Craig and Children’s hospitals. Both hospitals bring a group of children to the refuge once a month to give them an opportunity to get outside, have fun and possibly catch a few fish in the nearby lakes.

Standing tall at 5 feet 9 inches, 12-year-old Chad assists with many of the fishing programs, walks the trails with groups as a “Trail Rover,” and helps with the habitat maintenance in the field.

“It’s been great to see Chad grow up here at the refuge. He is one of the most responsible and caring kids I’ve ever known, and our hope is that he volunteers here for many years to come,” said U.S. Fish and Wildlife Service Volunteer Coordinator Jeanenne Kimble.

To sign-up or find more information on volunteer opportunities, contact Jeanenne Kimble at 303-295-3471, or email her at jeanenne.kimble@fws.gov. You can also visit the website at www.fws.gov/rockymountainarsenal.

Harvard Communities

Architect Collection Offers Incentive

Harvard Communities, Inc., a leading semi-custom homebuilder in Denver and Stapleton, has an inventive incentive geared toward helping future homebuyers with the cost of housing.

Any one who purchases an acclaimed Architect Collection home in Stapleton by September 30, 2006, will receive a FREE Segway Human Transporter.

A Segway Human Transporter is a two-wheeled electric people mover which features incredible technology. Hailed as its introduction as a major breakthrough in human transport technology, the Segway is totally unique.

“The Architect Collection homebuyers are looking for something new and fresh, and they have an eye for technology and style. Many of them are also concerned about the environment and energy conservation,” said John Krich, president of Harvard Communities.

“The Segway is a perfect match for The Architect Collection; it is innovative, stylish, fun and it gets the equivalent of 600 miles to the gallon.”

Harvard builds what it calls “High Performance Housing.” The Architect Collection homes in Stapleton are approximately 40 percent more energy efficient than new homes built to current code. That translates to savings of approximately $1,000 per year.

They also generate about 16,000 pounds less carbon dioxide than a typical new home. This reduction in greenhouse gas equates to one less car driving 20,000 miles a year.

For more information please call Sheri Ogilvie at 303-789-4440, or visit www.thearchitectcollection.com.

The Architect Collection Offers Inventive Incentive

Harvard Communities, Inc., a leading semi-custom homebuilder in Denver and Stapleton, has an inventive incentive geared toward helping the environment.

Any one who purchases an acclaimed Architect Collection home in Stapleton by September 30, 2006, will receive a FREE Segway Human Transporter.

A Segway Human Transporter is a two-wheeled electric people mover which features incredible technology. Hailed at its introduction as a major breakthrough in human transport technology, the Segway is totally unique.

“The Architect Collection homebuyers are looking for something new and fresh, and they have an eye for technology and style. Many of them are also concerned about the environment and energy conservation,” said John Krich, president of Harvard Communities.

“The Segway is a perfect match for The Architect Collection; it is innovative, stylish, fun and it gets the equivalent of 600 miles to the gallon.”

Harvard builds what it calls “High Performance Housing.” The Architect Collection homes in Stapleton are approximately 40 percent more energy efficient than new homes built to current code. That translates to savings of approximately $1,000 per year.

They also generate about 16,000 pounds less carbon dioxide than a typical new home. This reduction in greenhouse gas equates to one less car driving 20,000 miles a year.

For more information please call Sheri Ogilvie at 303-789-4440, or visit www.thearchitectcollection.com.
Northfield Stapleton Leads Green Development

I t took many years, an energy crisis, increasing gas prices, hybrid cars, a natural disaster named Katrina and a movie from Al Gore, but environmental issues are finally on the nation’s radar screen. For Forest City Stapleton, these issues have been on the forefront of the community’s collective conscious for some time. As a pilot project for the U.S. Green Building Council, Northfield Stapleton will be one of the first shopping centers in the country to test environmentally-conscious construction in retail – a prestigious honor for the development team.

The Council is creating green-building guidelines for retail and core and shell development to complement the guidelines already in place for commercial and government buildings. Northfield Stapleton is the first Forest City project to be constructed to the Leadership in Energy and Environmental Design (LEED) Standard and to pursue certification.

Feedback from Northfield Stapleton will be used to fine tune the LEED Green Building Rating System for Core and Shell Development (LEED-CS) standards when they are formally adopted next year. Northfield Stapleton went beyond the specifications put in place by the Council, requiring its retailers to implement what Brian Levitt, project developer of Forest City Covington, calls, “Baby steps,” to LEED standards.

Brian developed a Northfield Stapleton Sustainability Tenant Incentive Program (NSTIP) as another facet of Stapleton’s commitment to environmental responsibility. The challenges involved with the development of green retail centers stem from the fact that the tenants design and construct their own interior space. “Most people want to avoid the challenges of retail sustainable developments,” said Brian, “but we are trying to change the way retailers do business.”

Northfield retailers will be required to implement 17 environmental initiatives, and will receive incentives – financial and promotional – for adopting additional guidelines.

So what’s so green about Northfield construction? Well for starters, management offices will include carpeting made from recycled material, a solar panel, skylights and a daylight harvesting system that will fill interior lights when sunlight filters into the building. Also, public rest rooms will use waterless urinals, and retail tenants will be required to use environmentally-approved cleaning products. Forest City has even purchased wind energy for a portion of the project.

The grand opening of the 1.2 million-square-foot town center of shops, restaurants and entertainment venues, is set for Oct. 26, 2006.

Community Notes

by Diane Deeter
Stapleton Community Manager

New Resident Orientation

Ornitations are generally held the second Tuesday of each month, but please note there will be no orientation session in September.

Greater Stapleton Area Restaurants

Our columns last month providing information about restaurants in the Greater Stapleton area received favorable comments. The following are more fine eateries in our neighborhood:

Adagio Baking Company
4628 E 2nd Avenue
303.388.0994
The Cherry Tomato
4645 E 2nd Avenue
303.377.1914

And speaking of food, for grocery shopping be sure to try out Spinelli’s Market at 4621 E 23rd Avenue 303.329.8143. If you have favorite restaurants or places to shop in the greater Stapleton area that you would like to share with our readers, e-mail Jennifer Graham at igraham@stapletondenver.com or me at communitymanager@stapletondenver.com.

Denver Noise Ordinance

Some residents have asked about constraints on the hours construction can take place in the area. The City & County of Denver noise ordinance pertaining to construction regulates that activity 7 days a week from 7 a.m. – 9 p.m. (the City may allow exceptions). Violations of that noise ordinance may be reported by calling the 311 “One Call to City Hall” system. The Division of Environmental Quality will investigate the complaint and issue a citation if warranted.

Cultural Arts Committee

If you would like to help in the planning of cultural events (i.e. Theatre in the park, art education and music) please call 720.249.5104 or e-mail Jennifer Graham at igraham@stapletondenver.com.

Denver Neighborhood Handbook

Community Activists Share Pointers on Navigating City Departments

The Inter-Neighborhood Cooperation (INC), Denver’s coalition of neighborhood associations, has published an updated version of Denver Neighborhood Handbook, a 130-page guide to making your neighborhood a better place to live. It includes a one-page glossary of local government acronyms and a detailed index. “The subtitle, Empowering neighborhoods to accomplish crucial steps quickly and effectively, says it all when it comes to getting City services, political attention and motivating your neighbors to join forces,” says Dave Webster, chair of the INC, and City Park West resident.

The guide is available online at the Denver.gov website. Click on Neighborhoods in the upper blue banner and on Neighborhood Handbook when you get to the neighborhoods page. The Neighborhood Handbook is also available as a reference document – not to check out – at Denver libraries.

The INC Neighborhood Handbook was published in cooperation with and with the assistance of the City of Denver Community Planning and Development Department and was supported through grants from the Capitol Hill United Neighborhoods (CHUN) and the Xcel Energy Foundation. INC represents more than 70 Denver neighborhoods that work cooperatively on quality of life issues in Denver. For more information or to join INC please visit www.neighborhoodlink.com/denver/inc.
Delegate District Map

The Stapleton Master Community Association Is Seeking “District Delegates” for 2007

A “Delegate” is defined in the Community Declaration as “the natural person selected by Members within a Delegate District to represent such Delegate District and to cast votes on behalf of Members within such Delegate District.” Each Delegate shall have one vote for each vote, which could be cast by Members voting to elect a Delegate for such Delegate District. Each Delegate may cast the votes, which he or she represents in such manner as the Delegate, in his or her sole discretion, deems appropriate, acting on behalf of all the Members in the Delegate District.

A Delegate must be a resident of a dwelling unit within the Delegate District, an occupant of a Commercial Unit, within the Delegate District, or an Owner, or, if any Owner is not a natural person, must be an authorized agent of the Owner. A Delegate may be reelected, and there shall be no limit on the number of terms a Delegate may serve.

Each Delegate elected at an annual meeting of Members in a Delegate District shall serve in the following calendar year proceeding the annual meeting or until a successor is elected whichever is later, unless such Delegate resigns, is removed, or becomes disqualified to be a Delegate. The purpose of the Delegates is to consider proposed community operational budgets. The “CCIOA budget” process allows for a veto, by certain delegates, of a proposed budget adopted by the Executive Board, as provided for in the Community Declaration. In the event any proposed budget is rejected, the budget last ratified is continued until such time as a subsequent budget proposed by the Executive Board is ratified.

The Delegates also may act as an advisory committee to the Executive Board and may give the Board advice (which shall not be binding on the Board), on the following matters: Special events and community programs; Adoption of a new name for the Community; Community Wide Services Assessments and the services funded through the Community Wide Services Assessment; Other operations or aspects of the Community as requested by a majority of Delegates and approved by the Board.

Residents wishing to be nominated as potential delegates should send a letter of interest to the Stapleton MCA Executive Director at 7608 E. 29th Ave Unit #1 Denver, CO 80238 to be received no later than September 30th. Email letters to delegates@stapletoncommunity.com For more information on the delegate process please refer to the MCA community documents posted at www.stapletononline.com or call Keven Burnett, MCA Executive Director at 303-388-0724.
Sustainability in the News

Sustainability has been making the news these days. We’ve been seeing good local coverage of Mayor Hickenlooper’s new Greemprint Denver initiative. TIME and Newsweek magazines have dedicated issues in the past few months to Global Warming and the environment. Tom Brokaw recently hosted a documentary on the Discovery Channel entitled “Global Warming: What You Need To Know.” And Al Gore’s movie “An Inconvenient Truth” has been generating lots of buzz. Brad Pitt recently narrated a six-part series on PBS called design.e2 which explored the “inconveniences of being environmentally conscious.” The Sundance Channel even announced recently that in the early 2007 they will launch “Sundance Channel Green,” which will carry shows about the Earth’s ecology and concepts of green living that balance human needs with responsible environmental stewardship. It seems like every day another celebrity comes out with another environmental cause to support. There’s no doubt about it - it’s hip to be green. But all this coverage can also be a little overwhelming. The cart delivery process by environmental challenges seem too large and all encompassing for individuals to make a difference.

In my very first “Sustainability at Stapleton” column back in June of 2004 I said, “I am realistic—and very practical. I do not expect every person to embrace every aspect of sustainability. Rather, my goal is to encourage individuals to change just one behavior in their daily lives. Collectively, each individual change will create a positive ripple effect throughout Stapleton and surrounding neighborhoods.” That is still my goal, and I hope that the information you find on these pages each month helps motivate you to make a change each week in your daily life.

Anyone can make a change to help ensure a sustainable future, no matter how small or large. A good way to learn more about simple things we can all do is to sign up for the New Leaf electronically every month. Go to www.denverrecycles.com and scroll down to the Mailing Lists section. Once you are signed up, each month you will receive information on various topics and specific, simple ways to live a more sustainable life.

Stapleton Residents Receive New Recycling Carts This Fall

By Charlotte Pitt, Denver Recycles

Solid Waste Management/Denver Recycles has completed cart deliveries to approximately 60% of participating customers in Stapleton (more than 38,000 carts) and is thrilled that plans are now to complete delivery of recycling carts to all customers by the end of 2006. Stapleton residents are scheduled for cart deliveries in October 2006.

Stapleton residents can assist Denver Recycles in the cart delivery process by keeping an eye out for informational postcards that will be mailed a few weeks prior to cart delivery. The postcard will state the date when carts will be delivered to your home and include instructions on how to ensure that you receive a cart. Residents may check their scheduled delivery day on-line at www.denvergov.org/DenverRecycles.

Denver Recycles will be working with customers to make the delivery of the new recycling carts as smooth as possible. Due to the sheer number of carts scheduled for delivery, we do expect to encounter a challenge or two, so we ask for your patience as we work to correct any issues that may arise.

To get a cart, residents must be a current participant in the recycling program and have recyclables set out on collection days in order for Denver Recycles to exchange the current smaller bins with a new, larger, wheeled recycling cart.

Green Guide residents, Garden Court residents, and residents who do not place their recycling bins directly in front of their homes will write their address on their recycling bins with a permanent marker, so that Denver Recycles can identify which bins belong to which homes. Carts are assigned just a few numbers, addressing using an eight digit serial number.

Cart delivery is extremely resource intensive for Denver Recycles’ staff, who work long days throughout the delivery phase. If you live in an area of development areas of Stapleton in this initial delivery, we do expect to encounter a slight wait. Please expect to receive your cart by 5:00 pm and the rest of your block's cart by 11:00 pm.

If you have questions about cart delivery, please call the Denver’s 3-1-1 service at the please call the Denver’s 3-1-1 service at the 3-1-1 service and pay interest only on the amount you access. And, your credit from the Credit Union at Stapleton.

How to Make Your Home’s Equity Work for You

Fed funds to pay tuition bills, make home improvements, or to consolidate other debts? Get the cash you need quickly by putting your home equity to work for you with a loan or line of credit from the Credit Union at Stapleton.

You’ll find low fixed interest rates on home equity loans. Or choose a variable rate home equity line of credit—with amounts and terms to fit your specific situation and needs. You can write checks to access your line of credit—and make payments to pay interest only on the amount you access. And, your interest may be tax-deductible. Consult your tax advisor.

Ask us about home equity loans and lines of credit.

The Credit Union at Stapleton is located at 3700 North Quebec, Unit 102, behind Panera Bread.

Sustainability at Stapleton

by Melissa Knott
Director of Sustainability for Forest City Stapleton, Inc.

Dan Holloway, general manager of Forest City Stapleton, is working on neighborhood seminars, sponsored by Denver Recycles/Solid Waste Management, Denver Urban Gardens, and the Metro Wastewater Reclamation District.

“Learn to Compost” classes, held at the Denver Backyard Composting Demonstration Site in Denver Urban Gardens’ Gove are free to the public. For more information, please be sure to call the Denver’s 3-1-1 service at the Stapleton Farmers Market — Get your fresh veggies while you can! The last day of the Stapleton Farmers Market is September 24th.

Denver Tour of Solar Homes

Mark your calendars for Saturday, October 7th, and plan to join the Denver Tour of Solar Homes presented by the Colorado Renewable Energy Society (www.cresco.org). The Denver tour is one of a series of Colorado tours taking place that weekend in connection with the American Solar Energy Society National Solar Tour, which has events scheduled in almost every state. The National Solar Tour, October 7th, is the first Saturday of National Energy Awareness Month.

The tour will cover approximately 15 homes throughout the metro region that showcase all types of renewable technologies. Tour attendees will be able to meet with enthusiastic and well-informed homeowners who will provide information about their green homes. A tour booklet will have photos of the homes and explanations of all the features for each home.

The tour lasts from 10 a.m. to 4 p.m. and begins at the National Renewable Energy Laboratory’s Visitor Center (1617 Cole Boulevard, Golden, CO), where there will be additional exhibits for attendees to view. There is a $20 tour fee per car. Due to the large number of homes on the tour, it is recommended that you arrive at the NREL Visitor Center at 10 a.m. if you want to be able to complete the entire tour. For more information visit www.cresco.org/tour or contact Pam McFadden at 303-443-4308 or pgosun@aol.com.

Stapleton Farmers Market — Get your fresh veggies while you can! The last day of the Stapleton Farmers Market is September 24th.

“Learn to Compost” classes, held at the Denver Backyard Composting Demonstration Site in Denver Urban Gardens’ Gove are free to the public. For more information, please be sure to call the Denver’s 3-1-1 service at the Stapleton Farmers Market is September 24th.

Denver Tour of Solar Homes

Mark your calendars for Saturday, October 7th, and plan to join the Denver Tour of Solar Homes presented by the Colorado Renewable Energy Society (www.cresco.org). The Denver tour is one of a series of Colorado tours taking place that weekend in connection with the American Solar Energy Society National Solar Tour, which has events scheduled in almost every state. The National Solar Tour, October 7th, is the first Saturday of National Energy Awareness Month.

The tour will cover approximately 15 homes throughout the metro region that showcase all types of renewable technologies. Tour attendees will be able to meet with enthusiastic and well-informed homeowners who will provide information about their green homes. A tour booklet will have photos of the homes and explanations of all the features for each home.

The tour lasts from 10 a.m. to 4 p.m. and begins at the National Renewable Energy Laboratory’s Visitor Center (1617 Cole Boulevard, Golden, CO), where there will be additional exhibits for attendees to view. There is a $20 tour fee per car. Due to the large number of homes on the tour, it is recommended that you arrive at the NREL Visitor Center at 10 a.m. if you want to be able to complete the entire tour. For more information visit www.cresco.org/tour or contact Pam McFadden at 303-443-4308 or pgosun@aol.com.

Last Chance to Learn to Compost This Year!

There are still a few more chances to learn to compost this year by signing up for one of the remaining FREE

To sign up for a FREE, hands-on, 2-hour backyard composting class at the Denver Backyard Composting Demonstration Site or a Neighborhood Compost Seminar call 720-865-0810 or e-mail DenverRecycles@ci.denver.co.us. Please be sure to call the Denver’s 3-1-1 service at the Stapleton Farmers Market is September 24th.

By Charlotte Pitt, Denver Recycles

Solid Waste Management/Denver Recycles has completed cart deliveries to approximately 60% of participating customers in Stapleton (more than 38,000 carts) and is thrilled that plans are now to complete delivery of recycling carts to all customers by the end of 2006. Stapleton residents are scheduled for cart deliveries in October 2006.

Stapleton residents can assist Denver Recycles in the cart delivery process by keeping an eye out for informational postcards that will be mailed a few weeks prior to cart delivery. The postcard will state the date when carts will be delivered to your home and include instructions on how to ensure that you receive a cart. Residents may check their scheduled delivery day on-line at www.denvergov.org/DenverRecycles.

Denver Recycles will be working with customers to make the delivery of the new recycling carts as smooth as possible. Due to the sheer number of carts scheduled for delivery, we do expect to encounter a challenge or two, so we ask for your patience as we work to correct any issues that may arise.

To get a cart, residents must be a current participant in the recycling program and have recyclables set out on collection days in order for Denver Recycles to exchange the current smaller bins with a new, larger, wheeled recycling cart.

Green Guide residents, Garden Court residents, and residents who do not place their recycling bins directly in front of their homes will write their address on their recycling bins with a permanent marker, so that Denver Recycles can identify which bins belong to which homes. Carts are assigned just a few numbers, addressing using an eight digit serial number.

Cart delivery is extremely resource intensive for Denver Recycles’ staff, who work long days throughout the delivery phase. If you live in an area of development areas of Stapleton in this initial delivery, we do expect to encounter a slight wait. Please expect to receive your cart by 5:00 pm and the rest of your block's cart by 11:00 pm.

If you have questions about cart delivery, please call the Denver’s 3-1-1 service at the

For more information on the “Learn to Compost” classes, visit the Denver Backyard Composting Demonstration Site or a Neighborhood Compost Seminar call 720-865-0810 or e-mail DenverRecycles@ci.denver.co.us. Please be sure to call the Denver’s 3-1-1 service at the Stapleton Farmers Market is September 24th.

Exempla Family Medicine at Stapleton

One Standard. Excellence.

Dr. Kristine Walsh, née Leathery, has served families in Stapleton since 2004. “She is one of the best GPs I've ever been to,” says Jim McBain of Denver, Colorado. Dr. Walsh's compassion makes a difference in her patients’ lives. “I've been going to her myself so I know how important it is for your doctor to be a good listener,” says Dr. Walsh. “I want to understand the special needs of each of my patients. That’s my goal. That’s how I can give every patient the best possible care.”

Dr. Walsh provides leading-edge medical care for the entire family, including, childhood, child health, and women's health care. The offices of Exempla Family Medicine at Stapleton are conveniently located in the Stapleton Plaza Office Building, 401 Quebec, Suite 1015. Come visit us or call 303-467-3909 today for an appointment. Making a difference in our neighbors' lives — that's Exempla Family Medicine at Stapleton.
Teachable Car Moments

Driving in the car might not have the same sense of fun for kids, now that the excitement of summer vacation is over. That doesn’t mean, however, that everyday trips have to be lockdown prone for kids or anxiety ridden for parents. To the contrary, they can be easy and comfortable opportunities to educate and bond with your children.

Young children can be on the look out for buses, fire trucks and trains. They can have fun counting them and telling you what colors they are. Who can “tell” trucks first? Listen to what your toddlers say and repeat their words, adding new words or rhyming with words they say. These games help children learn to watch carefully and to categorize what they see.

Finding stop signs can certainly occupy a young child’s trip, but help him/her sound out or matching colors can occupy them for the whole trip. If they can handle the walking, they are lucky enough to get one of the child car carts. If kids realign their focus from the candy section to the toy section, they can handle the shopping, they can help with the shopping. A child directed to get the milk can’t read, and the chances of successfully selling the grocery store, you can tell your kids about your childhood . . . or theirs, or make up a wonderful story while introducing the concept of chapters. Your car ride will be far more enjoyable for all riders.

In addition to being educational, these teachable moments may alleviate parent pressure points. Taking the kids to the grocery store can be an anxiety-ridden experience, even if you are lucky enough to have the asphalt of the children’s museum. There are many embedded educational aspects.

We cannot promise that applying Born Learning techniques will eliminate mealtimes, but we can promise that your kids will have fun, they might learn something, and you might have a new experience. Please look for more ideas in future articles in the From Patch or ask us about Born Learning at the Children’s Museum. Tim Downey is the Executive Director of the Children’s Museum of Denver, timd@bornlearning.org. He lives at Stapleton with his wife, Lori Fox, and daughters Caie and Ella.

Teachable Moments in the Car

		driving in the car might not have the same sense of fun for kids, now that the excitement of summer vacation is over. That doesn’t mean, however, that everyday trips have to be lockdown prone for kids or anxiety ridden for parents. To the contrary, they can be easy and comfortable opportunities to educate and bond with your children.

Young children can be on the look out for buses, fire trucks and trains. They can have fun counting them and telling you what colors they are. Who can “tell” trucks first? Listen to what your toddlers say and repeat their words, adding new words or rhyming with words they say. These games help children learn to watch carefully and to categorize what they see. Finding stop signs can certainly occupy a young child’s trip, but help him/her sound out or matching colors can occupy them for the whole trip. If they can handle the walking, they are lucky enough to get one of the child car carts. If kids realign their focus from the candy section to the toy section, they can handle the shopping, they can help with the shopping. A child directed to get the milk can’t read, and the chances of successfully selling the grocery store, you can tell your kids about your childhood . . . or theirs, or make up a wonderful story while introducing the concept of chapters. Your car ride will be far more enjoyable for all riders.

In addition to being educational, these teachable moments may alleviate parent pressure points. Taking the kids to the grocery store can be an anxiety-ridden experience, even if you are lucky enough to have the asphalt of the children’s museum. There are many embedded educational aspects.

We cannot promise that applying Born Learning techniques will eliminate mealtimes, but we can promise that your kids will have fun, they might learn something, and you might have a new experience. Please look for more ideas in future articles in the From Patch or ask us about Born Learning at the Children’s Museum. Tim Downey is the Executive Director of the Children’s Museum of Denver, timd@bornlearning.org. He lives at Stapleton with his wife, Lori Fox, and daughters Caie and Ella.
Exercising With Your Pet

Kang and Kodiak Meacham keep themselves in shape with regular exercise, running five miles most days. The regular exercise is great for their body mass index, the health of their heart and climate in which you and your pet will be exercising is another important issue to consider. During the summer months it is important to be cautious about overheating. Your pet's feet don't have much protection; you should be watchful for frostbite and observant of any icy patches that might cut your dog's foot pads. Salt or other deicers on roads and sidewalks may also harm their feet.

The most important thing you should do is to be alert to what your dog is experiencing. Be prepared to take a break if it's lagging behind, limping or working too hard to breathe. There are all physical signs that your pet has had enough exercise and you should stop.

For more information about exercising with your pet, consult your local veterinarian.

Dr. Stubbs says, “Just as with any human, it is important to consult your veterinarian before introducing your pet to a demanding exercise regime.”

The Urban Estate Homes’ office, formerly located in the back of the old Visitor Center, has moved into a Season of Giving

Joní Wiggins, Jim Vastola – Technical Directions

Business is a family affair for partners Joní Wiggins and Jim Vastola. Joní and Jim recently moved from Phoenix to Stapleton, bringing their 15 year old Technical Directions business with them. Their business has evolved to include large-scale event services, video and audio production and satellite broadcasts for corporations such as Apple, Adobe, Microsoft, Restoration Hardware, and CNN. Plus smaller-scale services such as home movie transfers, photography services and event production for local small businesses.

Originally introduced to each other through friends, Joní and Jim are the rare couple that works well together professionally. “We try to be as professional as possible on the job,” Joní says. “But every once in a while a pet name will slip in front of an executive and they give you a funny look – not sure if you’re being sexist or just overly friendly. Most people don’t even realize we are a couple while on the job.”

Their success is due in part to their complementary skill sets and experience. Joní specializes in staging of events, lighting, audio and video production, satellite broadcasts, and managing crews while Joní works as a technical producer and coordinator and manages budgetary and logistical aspects. Jim, whom Joní refers to as “the AV geek pushing film projectors down the hallway in elementary and high school”, got his degree in AV Communications and Photography, eventually working as a production manager at several event production companies and later touring with U2 for several years as a video engineer. Joní, who originally started in the medical field, took video production classes to fulfill his photography at the Sweet William Market in September.

Contact Joní and Jim at Technical Directions, LLC. at 303-521-2773 or by email at joní@technicaldirections.net. Visit online at www.technicaldirections.net.

Kathy Epperson is a Stapleton resident who writes a monthly column about home businesses. She may be reached at Kathy@pawsco.com.
Questions about local government?

Plan to Attend a Town Hall Meeting
with Council President Michael Hancock
Wednesday, September 27, 6:30-8pm
Denver School of Science and Technology
2000 Valencia Street (at Martinville Blvd.)

Mark your calendar for this important town hall meeting with our District 11 Councilman Michael Hancock, who was recently tapped to become the Denver City Council President. Obtain updates on city issues, and get your questions answered on matters ranging from parks and recreation to district police. This is your opportunity to have direct dialogue with your Councilman and Denver City officials!

Huge Turnout at Havana Town Center Forum by Mike Johnson, SUN Vice President

Well over 500 people turned out for the Havana Town Center planning forum on August 16. The event, held at Well over 300 people turned out for the Havana Town meeting with our District 11 Councilman Michael presentation by Forest City and the architects regarding the to have direct dialogue with your Councilman and Denver land set aside, the street grid (which has already been laid center and the surrounding neighborhood. Several people a library with community space. (non-chain) retailers, restaurants, and service providers, and foot and bicycle from the retail and services in the town areas that are safe from traffic and are easily accessible by

Neighborhood Dialogue on Proposed Shurgard Facility Generates Win-Win Results: Better Design, Likely Neighborhood Support
by Bill Falcon, Immediate Past SUN President

Whenever a story of conflict turns to collaboration, it’s worth taking time to pay attention to the lessons it has to teach us. The evolution of the Shurgard Self-Storage property at Stapleton is one such story. When residents near Central Park Blvd. and Monarch first heard plans that a Shurgard self-storage unit would be located near them, they let their disapproval be known. They wanted retail options, not a storage unit. When the proposed location switched to the site on Martin Luther King Blvd., residents near that site felt similar concerns, and were frustrated that they were being told it was a done deal. But frustration led to action, and the SUN board worked with area residents to see if there might be a way to blend retail options into the proposed plan. Fortunately, these ideas were well received by Tom Raos, President of TRC Companies, the builder of the Shurgard facility. When we sat down to discuss this in more detail, Tom clearly had not only listened, but had been persuaded by the force of a better argument. He brought with him blue prints that added a strip of shops to the site, an outdoor sitting space for pedestrians, and a welcoming structure surrounded by extensive landscaping. As one resident involved in the discussions put it, “So far, this is an example of how residents and a developer (in this case, TRC Companies Inc.) can — and should — work together for the good of a neighborhood. The key, of course, is inviting residents into the conversation early — which is something [SUN board members] are working to make happen more frequently as Stapleton continues to grow.”

Having these conversations early and often is at the heart of SUN’s approach to building an effective neighborhood association. The recent forum on the Havana Town Center, co-sponsored by the Citizens Advisory Board (CAB) and Forest City, shows the fruits of this effort, and an upcoming forum to apply past lessons to the development of Filing 18, north of Central Park, will continue the process.

SUN was first started in a park block nearby 4 years ago, with 80 neighbors sitting in a circle talking about a common hope: creating a community that embodied in practice what it envisioned on paper. That hope remains, the circle is still expanding, and the conversations continue. And while dialogue across our differences is sometimes dismissed as “just talk,” in cases like Shurgard and many others, it is just the talk we need to make sure that our different perspectives do not remain the stumbling blocks of conflict, but lead to the building blocks of community.

Letter to the Editor

I live in the Park Hill community and a lot of our residents estimate that they do not even know Stapleton is so close to their neighborhood. Many of our wonderful restaurants and markets. The Park Hill Bike Tour, the Park Hill garden tour and the Park Hill home tour are some of the oldest and best events in the area. Ollies is one of the most recognized and awarded pizzerias in Denver. The Cherry Tomato is by far the best Italian restaurant around and Tables is the best sandwich and dinner spot anyone could ever visit. Many of the residents that have moved to Stapleton come from the Park Hill area so they know many of these places and they share the information with friends and neighbors. But many of our residents have no idea that these things or places exist. Maybe a few articles would be a nice start. I’m sure that your residents would love to hear about these Park Hill places and events the way we enjoy hearing about the ones in Stapleton.

Thank you, Thomas Gilhooly

To Send Letters to the Editor

The Front Porch will publish Letters to the Editor as space allows. We reserve the right to edit length. Please mail your letters to Tom Gleason, editor, The Front Porch, Forest City Stapleton, Inc., 7351 E. 29th Ave., Denver, CO 80238 or email: TGleason@StapletonDenver.com
Views on the Street Center

What do you like to see in a town center?

Kris Haywood
I’d like to see a Whole Foods or some kind of ethnic food store. Also mom and pop stores – locally owned businesses.

Amy Belstra
I’d like something that has the Midwest’s “Main Street” look. For example, interesting store windows for shopping, places to hang out in the midwest.

Ben Grossman
It would be nice to have non-chain local ethnic restaurants - Indian, Chinese, Mexican – something that’s unique to Stapleton. Neighborhood restaurants that are kid-friendly like a Cherry Tomato or Carmine’s type of place. I like having the restaurants facing open space so families can get their dinners and go hang out on the green.

Zel Delaney
I’d like to see a Sports Bar with pool tables and somewhere you can go hang out. Also should be a game store for kids.

Gene Courtey-Reyes
I’d like to see a library and post office and other civic facilities. Those are the things I have to drive to. I’d like more traditional architecture that feels “warm.”

Jen
I’d like to see more specialty shops… non-chain boutique type stores… a health food store. I’d like to see a traditional look, like a small town downtown area – like an old Hollywood set. Modern architecture doesn’t match the residential architecture. It would be nice to have a day area for kids to hang out. Get it off a busy street and put in stop signs and crosswalks to make it pedestrian friendly.

Steve Nearpass
I’d like to see more specialty shops… non-chain boutique type stores… a health food store.

Jen
I’d like to see a library and post office and other civic facilities. Those are the things I have to drive to. I’d like more traditional architecture that feels “warm.”

Pamela A. Schenkel
I would like to see a neighborhood with a community park, a neighborhood pool, and maybe a small library.

Kris
I’d like to see a Whole Foods or some kind of ethnic food store. Also mom and pop stores – locally owned businesses.

Amy Belstra
I’d like something that has the Midwest’s “Main Street” look. For example, interesting store windows for shopping, places to hang out in the midwest.

Ben Grossman
It would be nice to have non-chain local ethnic restaurants - Indian, Chinese, Mexican – something that’s unique to Stapleton. Neighborhood restaurants that are kid-friendly like a Cherry Tomato or Carmine’s type of place. I like having the restaurants facing open space so families can get their dinners and go hang out on the green.

Zel Delaney
I’d like to see a Sports Bar with pool tables and somewhere you can go hang out. Also should be a game store for kids.

Gene Courtey-Reyes
I’d like to see a library and post office and other civic facilities. Those are the things I have to drive to. I’d like more traditional architecture that feels “warm.”

Jen
I’d like to see more specialty shops… non-chain boutique type stores… a health food store. I’d like to see a traditional look, like a small town downtown area – like an old Hollywood set. Modern architecture doesn’t match the residential architecture. It would be nice to have a day area for kids to hang out. Get it off a busy street and put in stop signs and crosswalks to make it pedestrian friendly.

Steve Nearpass
I’d like to see more specialty shops… non-chain boutique type stores… a health food store.

Jen
I’d like to see a library and post office and other civic facilities. Those are the things I have to drive to. I’d like more traditional architecture that feels “warm.”

Pamela A. Schenkel
I would like to see a neighborhood with a community park, a neighborhood pool, and maybe a small library.

Kris
I’d like to see a Whole Foods or some kind of ethnic food store. Also mom and pop stores – locally owned businesses.
Beyond Parsley - Cooking Up Fun

Rich Marks, Beyond Parsley

Growing up in southeastern Virginia and spending summers on the Outer Banks of North Carolina, Rich specializes in tidewater cuisine, which features seafood, vegetables and southern spices. A favorite among his clients is his cheese grits soufflé. One of Chef Rich's business goals is to offer an affordable, ever-changing weekly menu – his choices range from Classic French or Italian to Down-Home Southern, South of the Border, Nuevo-American, Asian Fusion, a client's favorite recipe, and his own new creations. Beyond Parsley provides free delivery in Denver as well as a consultation to new clients, with no minimum purchase required.

Rich has recently perfected a new cuisine that isn’t featured on any of Beyond Parsley’s menus. In fact, only one client enjoys Rich’s latest creation of oatmeal, bananas, blueberries and milk – Madeleine “Lainey” Marks, Rich’s and Michelle’s 10-month-old daughter. Rich will have plenty of time for baby food practice as the couple is expecting their second child in February.

To learn more about Beyond Parsley, visit www.beyondparsley.com, call Rich at 303-717-5451 or email chefrich@beyondparsley.com.

Putting a spin on the old traditional brown bag lunch will make your child the envy of the lunch room! Instead of making sandwiches, why not try wraps? Start with a plain tortilla, and fill with all of your child’s favorite sandwich ingredients. Simply roll it up and you’ve got yourself a totally unique lunch.

When the weather starts to cool off, try sending them off to school with a thermos full of nice hot soup. It’s sure to warm them up!

When packing lunch in the morning – substitute the usual chips and a cracker and some fresh fruit and vegetables. These days they sell individually packaged dips for both at the grocery store to make them a little more exciting.

For the younger kids, use a cookie cutter to make different shaped sandwiches.

Try different toppings on your child’s sandwich. Add alfalfa sprouts or leaf lettuce in addition to, or instead of, cheese and mayo. Use leftovers in the lunch box. Chicken from dinner the night before makes a great lunch, as does pasta, and – of course – pizza.

For dessert, why not make s’mores to send to school? Simply spread cream cheese on a graham cracker and sprinkle with chocolate chips – add another cracker on top to complete.

One important reminder: keep hot foods hot and cold foods cold (the first thing you learn in culinary school).

To learn more about Beyond Parsley, visit www.beyondparsley.com, call Rich at 303-717-5451 or email chefrich@beyondparsley.com.

Putting a spin on bag lunches...

Healthy Eating On the Go

A “Healthy Eating” class is scheduled for Thursday September 28th (6:30-7:30 p.m.) at the Bladium, 2400 Central Park Blvd. This class is designed to help hungry people in a hurry make healthier choices when dining out or eating on the go. This free class is offered through the Active Living Partnership of Greater Stapleton (ALPS) as one of a series of classes designed to incorporate healthy eating into everyday lifestyles. All classes are open to everyone age 15 and up. The classes are facilitated by representatives from the Department of Family Medicine and Human Nutrition at the University of Colorado Health Sciences Center. All instructors are trained and certified.

For more information, contact the Stapleton Neighborhood Coach, Collette Shaughnessy at 303-329-7737 or at collette@kidsi.net.

Healthy Eating On the Go

Mountains & More

Mothers & More describes one of its goals as promoting the value of “all the work mothers do.” The Denver chapter of the organization helps to arrange play groups with other people like us who are time-starved but still want to enjoy good food without the hassle of cooking and without the price tag of eating out,” Michelle explains. “So I decided to use this idea as the basis of a business plan we had to submit at the culmination of my MBA program.”

At the time, Michelle didn’t realize her school project would soon turn into a reality. In September 2003, after Rich earned a Culinary Arts degree from Johnson and Wales University, he decided the late nights and infamous schedules of a restaurant were not conducive to family life. Looking for a way to continue his passion for cooking, he picked up a copy of Michelle’s recently completed business plan and decided to put all the research and number crunching to good use for Rich Marks.

“Beyond Parsley is all about ‘cooking up fun,’ says Chef Rich. “For me, there is nothing I enjoy more than cooking, and my clients have fun because they can spend their time enjoying family and friends and not worry about the daily grind of shopping and cooking.”

For Rich, there is no better job than being the chef and owner of Beyond Parsley. He started cooking while he was in high school and his career has taken him through fine kitchens in restaurants, hotels, ski resorts, and catering services. In addition, he has taken several nutrition and sanitation courses to ensure his menu creations are healthy and prepared to the highest standards.

Mothers & More, a non profit organization dedicated to improving the lives of mothers through education and advocacy, is inviting mothers in the Greater Stapleton Area to join their local chapter.

Mothers & More describes one of its goals as promoting the value of “all the work mothers do.” The Denver chapter of the organization helps to arrange play groups with other people like us who are time-starved but still want to enjoy good food without the hassle of cooking and without the price tag of eating out,” Michelle explains. “So I decided to use this idea as the basis of a business plan we had to submit at the culmination of my MBA program.”

At the time, Michelle didn’t realize her school project would soon turn into a reality. In September 2003, after Rich earned a Culinary Arts degree from Johnson and Wales University, he decided the late nights and infamous schedules of a restaurant were not conducive to family life. Looking for a way to continue his passion for cooking, he picked up a copy of Michelle’s recently completed business plan and decided to put all the research and number crunching to good use for Rich Marks.

“Beyond Parsley is all about ‘cooking up fun,’ says Chef Rich. “For me, there is nothing I enjoy more than cooking, and my clients have fun because they can spend their time enjoying family and friends and not worry about the daily grind of shopping and cooking.”

For Rich, there is no better job than being the chef and owner of Beyond Parsley. He started cooking while he was in high school and his career has taken him through fine kitchens in restaurants, hotels, ski resorts, and catering services. In addition, he has taken several nutrition and sanitation courses to ensure his menu creations are healthy and prepared to the highest standards.

Mothers & More, a non profit organization dedicated to improving the lives of mothers through education and advocacy, is inviting mothers in the Greater Stapleton Area to join their local chapter.

Mothers & More describes one of its goals as promoting the value of “all the work mothers do.” The Denver chapter of the organization helps to arrange play groups with other people like us who are time-starved but still want to enjoy good food without the hassle of cooking and without the price tag of eating out,” Michelle explains. “So I decided to use this idea as the basis of a business plan we had to submit at the culmination of my MBA program.”

At the time, Michelle didn’t realize her school project would soon turn into a reality. In September 2003, after Rich earned a Culinary Arts degree from Johnson and Wales University, he decided the late nights and infamous schedules of a restaurant were not conducive to family life. Looking for a way to continue his passion for cooking, he picked up a copy of Michelle’s recently completed business plan and decided to put all the research and number crunching to good use for Rich Marks.

“Beyond Parsley is all about ‘cooking up fun,’ says Chef Rich. “For me, there is nothing I enjoy more than cooking, and my clients have fun because they can spend their time enjoying family and friends and not worry about the daily grind of shopping and cooking.”

For Rich, there is no better job than being the chef and owner of Beyond Parsley. He started cooking while he was in high school and his career has taken him through fine kitchens in restaurants, hotels, ski resorts, and catering services. In addition, he has taken several nutrition and sanitation courses to ensure his menu creations are healthy and prepared to the highest standards.

Mothers & More, a non profit organization dedicated to improving the lives of mothers through education and advocacy, is inviting mothers in the Greater Stapleton Area to join their local chapter.

Mothers & More describes one of its goals as promoting the value of “all the work mothers do.” The Denver chapter of the organization helps to arrange play groups with other people like us who are time-starved but still want to enjoy good food without the hassle of cooking and without the price tag of eating out,” Michelle explains. “So I decided to use this idea as the basis of a business plan we had to submit at the culmination of my MBA program.”

At the time, Michelle didn’t realize her school project would soon turn into a reality. In September 2003, after Rich earned a Culinary Arts degree from Johnson and Wales University, he decided the late nights and infamous schedules of a restaurant were not conducive to family life. Looking for a way to continue his passion for cooking, he picked up a copy of Michelle’s recently completed business plan and decided to put all the research and number crunching to good use for Rich Marks.

“Beyond Parsley is all about ‘cooking up fun,’ says Chef Rich. “For me, there is nothing I enjoy more than cooking, and my clients have fun because they can spend their time enjoying family and friends and not worry about the daily grind of shopping and cooking.”

For Rich, there is no better job than being the chef and owner of Beyond Parsley. He started cooking while he was in high school and his career has taken him through fine kitchens in restaurants, hotels, ski resorts, and catering services. In addition, he has taken several nutrition and sanitation courses to ensure his menu creations are healthy and prepared to the highest standards.
Creating Different Looks with Similar Architecture

Almost everyone at Stapleton lives in a home that is architecturally similar to others in the community. We asked Hillary Reed Interiors, the designers of the Infinity Sky Terrace model homes, to share their thoughts on creating three distinctly different interiors for three architecturally similar spaces.

Their first goal, which was common to all three, was to maintain the architect’s vision for a contemporary loft style living space, and to accentuate the spaces and angles to show off the design of the building, not overpower it with the decor. That dictated taking an airy, minimalist approach with clean lines... an art gallery look. And in each case the designers focused on finding the right combination of contrast and balance in their choice of colors, textures and materials used.

Now for the differences. The upper and middle photos on the left show the “bold” approach taken in the unit called “the Guggenheim.” (All the models are named after famous museums.) The bright red and deep charcoal colors are balanced by the expanse of windows bringing in lots of light and the high ceiling. In keeping with the balance and contrast theme, the floors are light and the kitchen cabinetry and dining table are dark, with a pop of the bright color added in the red island and the bright modern artwork by the dining table. The vertical red panel on the fireplace wall ties together the upstairs and downstairs, but the horizontal elements on that wall and lowered lights bring the scale down to the living level and make it feel more cozy.

The photos on the right show the “organic contemporary” approach taken in the unit called “the Pompidou.” In this home the designers used a softer color palette, with the contrast walls a deeper shade in the same palette, and the neutral background lends itself to showing an eclectic collection of artwork on the walls. Natural stone contrasts with wood in the living room and glass and stainless steel create a balance in the kitchen. Following the angular lines established by the architect, the designers created a built-in banquette with wine storage facing the living room and an upholstered bench at the dining table to define the living spaces. Again the dark furniture creates a contrast with the light floor.

The bottom photo shows the more sophisticated and elegant approach taken in the model called “the Metropolitan.” The contrast here can be seen in the cream colored cabinets and the dark floor. Mirrors, unique lighting fixtures and built-in shelving create a more polished and formal look than the other homes.

Hillary Reed Interiors of Littleton collaborated with Infinity Home Collection and Woodley Architectural Group on the interior design of these three model homes.
Stylish Views
Create a chic look with custom window coverings from Budget Blinds®!

Shutters • Draperies • Wood Blinds • Honeycomb Shades
Roller Shades • Vertical Blinds • Silhouettes® • Woven Wood and more!

30% OFF* EVERY WINDOW COVERING
• Professional measuring and installation
• Over 1000 consultants nationwide
• Low price promise
• Free in-home consultation & estimate

720-870-1884 www.budgetblinds.com

*Some restrictions apply. Offer void of prior sale or current estimate only. This offer is in addition to any other offer. Other price at participating stores vary by location. Franchise is independently owned and operated.

Get out your clam diggers...
...and be the first to explore a new island
NANTUCKET CLOSE

PARKWOOD HOMES
STAPLETON, INC.
www.parkwoodhomes.com

Join us for a festive clam bake and catch a sneak preview of a rare private site - NANTUCKET CLOSE. Enjoy East Coast inspired food and drink, live music, and guided tour of this beautifully planned enclave. Only ten homeowners will take up residence in these semi-custom Stapleton treasures. Don’t miss out! Five homes remain available, so secure your place in the circle! Admission is free but space is limited.

The party takes place on-site. One-half block east of Central Park Blvd on 23rd Ave. See you there!

Thursday, September 26th
5pm to 8pm - Invitation Only
RSVP by September 20th

Call: 303-320-4958 or Visit Sales Office at 2795 Empirea Street