

Front Porch

Distributed to the Greater Stapleton Area

STAPLETON

DENVER, COLORADO

MAY 2007

Control Tower a Monument to Stapleton's Past

The former air traffic control tower at Stapleton has special meaning for Denver architect Jeff Reddy, whose late father Paul Reddy designed the structure that was built in 1960.

Jeff was just 10 years old when his father began to design the 12 story tower in the late 1950s. He remembers with great fondness his childhood trips to Stapleton Airport on family outings with his father, who passed away in 2001.

"I recall having dinner at the Sky Chef restaurant in the terminal," Jeff said recently. "After dinner, we would go out on the observation deck to watch the planes."

Paul Reddy was actually responsible for designing two control towers at Stapleton. The one that remains today across from Stapleton's new Central Park on Martin Luther King Boulevard is located just east of the site where a smaller tower also designed by Paul Reddy served the earlier days of Stapleton's flight operations. *(continued on page 4)*

Jeff Reddy, the Denver architect whose father designed the Stapleton control tower (in the background), sits on a boulder in Central Park.



Spring at Northfield Stapleton



Young visitors to Northfield Stapleton play in the intermittent spray of the fountain located in the square along Main Street. Visible in the background is "The Airfoils at Stapleton" public art project made from recycled tail sections of old jet aircraft. See back cover for additional spring photos.

A Guide to Volunteering at Local Charities

By Kathy Epperson

There's nothing like volunteering to make you feel connected to the larger community. A sampling of volunteer opportunities in and near Northeast Denver starts on page 13. If nothing on our list seems right for you, a simple inquiry to any charitable organization will likely reveal many more options. We also interviewed community members to learn about their selected charity and the work they do. *(continued on page 13)*



Stanley the Pointer licks Rebecca Riff who volunteers at the Dumb Friends League

We're Getting Greener

The Front Porch has a new look this month. We consulted with our printing company to find a more environmentally sound paper product and are happy to announce that our new paper contains 40% postconsumer wastepaper. We encourage you to recycle this, and all other recyclable products. The paper will, of course, continue to be printed with soy ink.



3

Stapleton
Forum
May 15

Mother's
Day
Tribute

8

S.U.N.

24

Rocky
Mountain
Arsenal

26



The pools at Stapleton open on May 26.

Mark Your CALENDAR

FOR STAPLETON EVENTS

EVERY MONTH

2nd Wednesday
(odd numbered months only)
S.U.N. Transportation Meeting
3126 Elmira Ct 6:30 - 8:30pm
[Paul Frohardt stapletonneighbors@msn.com]

3rd Thursday
Stapleton Citizens Advisory Board Mtg
Stapleton Development Corp (SDC)
7350 East 29th Ave. 7:30 - 9am
[SDC 303.393.7700]

4th Thursday
SUN Board Meeting at 7:00pm
Stapleton Development Corp,
large conference room
7350 E. 29th Ave.
[stapletonneighbors@msn.com]

1st Saturday
Bluff Lake Birders
Bluff Lake Nature Center 7 - 9am
[BluffLakeNatureCenter.org
303.468.3240]

2nd Saturday
NE Denver/Park Hill MS Self-Help
and Peer Support Group
Pauline Robinson Library 10:15-11:45am
5575 E 33rd Avenue
[Paula Sussman 303.813.6691]

MAY

Saturday, May 26
Pools open

Saturday, May 26
Sweet William Market opening day
9am-2pm info@sweetwilliammarket.com

JUNE

Friday, June 8
Stapleton Movie Night - Brought to you
by Stapleton MCA & Forest City Stapleton
Akeelah and the Bee
Founders' Green ~ Starts at dark

Saturday, June 9
Stapleton Charity Chase
Founders' Green ~ TBA

Saturday, June 16
Summer Concert - Brought to you
by Stapleton MCA & Forest City Stapleton
Hazel Miller
Founders' Green ~ 5-8pm

Friday, June 29
Stapleton Movie Night - Brought to you
by Stapleton MCA & Forest City Stapleton
Happy Feet
Founders' Green ~ Starts at dark

JULY

Wednesday, July 4
4th of July Festivities
Founders' Green ~ TBA

Saturday, July 14
Community-wide garage sale

Sunday, July 15
Summer concert - Brought to you
by Stapleton MCA & Forest City Stapleton
Founders' Green ~ TBA

Friday, July 20
Relay for Life
Founders' Green

Friday, July 27
Stapleton Movie Night - Brought to you
by Stapleton MCA & Forest City Stapleton
Top Gun
Founders' Green ~ Starts at dark

AUGUST

Sunday, August 12
Summer concert - Brought to you
by Stapleton MCA & Forest City Stapleton
Founders' Green ~ TBA

Monday, August 13
Pools go to Fall operation

Friday, August 31
Stapleton Movie Night - Brought to you
by Stapleton MCA & Forest City Stapleton
Curious George
Founders' Green ~ Starts at dark

SEPTEMBER

Monday, September 3
Pools Close for Season

Saturday, September 15
Stapleton Concert - Brought to you
by Stapleton MCA & Forest City Stapleton
DKO
Founders' Green ~ 2-5pm

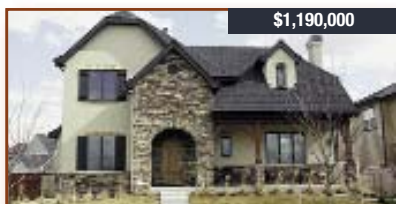


The Sweet William Market at
Founders' Green opens on May 26.

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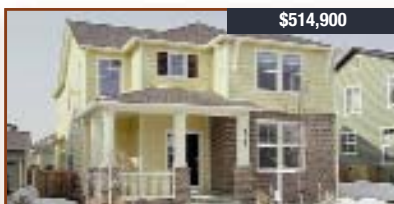
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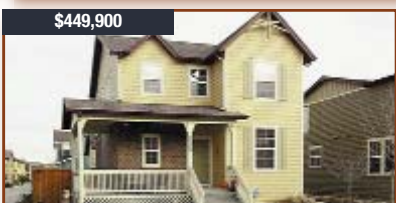
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Popular Floor Plan on corner lot. Large backyard. Mtn. views from 2nd story balcony. 10086 E. 31st Ave. 2702 Sq. Ft.



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\$454,000
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How Parents Can Participate in DPS Planning for Future Schools

Editors note: The Front Porch asked Northeast Denver's School Board Representative, Kevin Patterson, "How can Denver Public Schools' parents make their views known and influence upcoming decisions on what kind of schools Stapleton may have in the coming years?" Future articles in the Front Porch will address various options within the DPS system.

By Kevin Patterson

When it comes to public schools, Stapleton residents have a wide array of choices — and opportunities lie ahead for the community and Denver Public Schools (DPS) to create even more together.

Among the current options: Westerly Creek Elementary and the Odyssey (K-8) School. Nearby are the William Roberts K-8 and the Denver (high) School of Science and

Technology. Just on the edge of Stapleton sits the 6-12 Denver School of the Arts.

And by 2009 or 2010 a third DPS K-8 school is scheduled to be built near 26th Avenue and Iola Street that is architecturally designed to house two different education programs — like the Westerly Creek-Odyssey campus — if that's what the community and the district decides will best meet the needs of area students. Responding to those needs now defines the mission of DPS.

The district is determined to serve its customers — parents and children — better than any other urban school district in the country. To do that, my colleagues and I on the Denver Board of Education are committed to craft the best education solutions possible for (continued on page 4)

What's going on at Stapleton? SUN Community Forum

Tuesday, May 15, 2007
7:00 pm to 8:30 pm

Denver School of Science and Technology
2000 Valentia Street (at Montview Blvd.)

Featuring information & updates from key players on hot topics:

- What's happening with potential projects and land uses?
- What are the plans for housing diversity at Stapleton?
- When will Central Park be open?
- What is the status of the recreation center and potential library?
- What are the latest plans for the second Town Center?
- SUN Board Elections

Sponsored by Stapleton United Neighbors and the Citizens Advisory Board, with key leaders from Forest City Stapleton, Inc., Stapleton Development Corporation, Park Creek Metro District, the Stapleton Foundation, Denver Police Department, and more!

Mixer begins at 6:30 pm, with light refreshments, information tables, and key Stapleton officials!

DSST Raises \$4.5 Million for Proposed Middle School



(Left to right) Bill Kurtz, head of school at the Denver School of Science and Technology, talks with Carrie and John Morgridge and Tom Kaesemeyer, who represents Denver's Gates Family Foundation. Mr. Kurtz announced at the annual DSST fundraising gala that their donations for an additional building have enabled DSST to take another step toward their goal of starting a DSST-type middle school.

The Denver School of Science and Technology (DSST) announced at its annual gala on Friday, April 20th, that it will be submitting an application to the Denver Public School Board this fall to expand its charter to serve grades 6-12 by opening a 6th grade in 2008 and a 7th and 8th grade one year at a time after that. Should the Denver Public (continued on page 20)

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Parent Participation in DPS Planning

(continued from page 3) Stapleton and all of central northeast Denver.

Working in partnership with the community is the key to a productive future.

That was made clear soon after my colleagues and I hired Michael Bennet as superintendent nearly two years ago and we adopted The Denver Plan as our roadmap to success. Its mission statement promises:

“Denver Public Schools belongs to the people of Denver, and we need the people of Denver to lend their ambition to our schools.”

To realize those ambitions we must make available a variety of programs. Many parents go far beyond their neighborhood schools to find the right place for their child. DPS is aware of the growing trend toward “choice.” We also know that we need to find out what people want from their schools, and we need to make sure they have a lot of say in the future of those schools.

Denver is a large city made up of geographic areas and identifiable neighborhoods such as Park Hill, Washington Park and Five Points. While Stapleton is a new community, it is also part of a distinctive area – central northeast Denver – or roughly from Stapleton west to Colorado Boulevard and Colfax Avenue north to 36th Avenue. The district believes it is essential to plan for Stapleton’s future in the context of that region. The district has begun a number of initiatives and processes to ensure that the public is actively involved in decisions that affect the future of education in Denver.

The district is also working with the community on issues specific to Stapleton and central northeast Denver:

- A committee of five parents and community members and five teachers and staff members convened in April to interview and recommend candidates for the principal’s job at Westerly Creek next fall. The district is committed to making community interests a priority when making such key decisions.
- Westerly Creek will have ECE to grade one next year and grow by one grade each year to an ECE-5 school. During the 2007-08 school year, a planning process will be conducted to

craft an education program that will give a clear identity and quality to Westerly Creek. The planning process will include parents, teachers, administrators and community members. The community will be well informed as that process takes shape.

- The district has partnered with the Stapleton Foundation to conduct market research this spring to determine what families want from their schools in central northeast Denver. That research includes wide distribution of a thorough questionnaire about school quality, program choices and opinions on school assignment methods. Discussions will be held at area schools and other community gathering places to arrive at results that are reflective of the entire community.
 - The market research is the first phase of a larger process to examine how to deliver the proper programming for central northeast Denver in a way that makes the best use of school buildings and other resources.
- Citywide the district has embarked on some significant outreach efforts:
- From mid-March through mid-April, the district conducted eight meetings in different sections of the city to



Kevin Patterson, Board Member, Denver Public Schools, responds to parent presentations at one of the school board meetings that are held regularly on the third Thursday of the month.

discuss communities’ vision and expectations of their schools.

- The district will continue its communications effort through additional community meetings in the next few months to discuss the results of the Denver A+ Committee. The A+ Committee is made up of community and business leaders who are examining issues related to finance, facilities, marketing and The Denver Plan to make recommendations for improvement to Superintendent Bennet and the Board of Education.

I and other board members can be reached a number of ways: e-mail: board@dpsk12.org; phone: 720-423-3210 mail: 900 Grant St. #705, Denver, CO 80203.

The Board of Education holds regular meetings on the third Thursday of the month at 900 Grant Street. Meetings start at 5 p.m. with public comment at 6 p.m. Speakers must sign up at least 24 hours before the meeting by calling the Board office, 720-423-3210.

I’d also encourage visiting the district’s website for all kinds of information about DPS, www.dpsk12.org.

I look forward to engaging more with the Stapleton community about the critical issues of public education.

Kevin Patterson is the Denver Public Schools Board of Education representative for northeast Denver.

Tower

(continued from page 1)

Now a principal at Reddy and Reddy Architects PC, the Denver native and graduate of the University of Colorado operates a design firm that offers a variety of professional services that include computer 3D modeling, design, design/build, interior architecture, project management, renovation, and space planning.

Among other areas, Reddy and Reddy Architects PC has a focus on airport/aviation work that led to involvement in the early design of Denver International Airport (DIA) and subsequent work on airline facilities at DIA. The father and son team has also been responsible for the design of buildings at Stapleton’s United Air Lines Flight Training Center, including the new annex that was constructed after the closure of Stapleton in February 1995. Located at the corner of Martin Luther King Boulevard and Quebec Street on the west side of Stapleton, the flight training center is one of the world’s most sophisticated aviation training facilities.

Stapleton’s former air traffic control tower and the three-story office at its base have been stabilized for a potential use yet to be identified. The building’s elevator served only the first ten floors of the twelve story building; access to the “Cab” at the top of the tower was restricted to a winding staircase that terminates in the middle of the area where the air traffic controllers worked. If a public use is identified for the Cab, perhaps as an observation deck, it would require new elevator access to conform to the Americans with Disabilities Act (ADA).

Whatever becomes of the next life of the Stapleton Control Tower, Jeff Reddy would like to be part of the effort to make that possible. Paul Reddy would certainly approve.



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10:05a – 10:25 a	- Hockey instruction
10:25a – 10:45 a	- Snack break
10:45a – 11:00 a	- Fun and small games
11:00a – 1:00 p	- Free Public Skate (student's choice)

Cost: \$110

Dates: June 25 – 29...Lowry Area Residents
July 9 – 13...Stapleton Area Residents
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Stapleton Resident Conducts Immunology Research

Relay for Life Enables American Cancer Society to Fund Research

By Robin French Haight

Thanks to you, the American Cancer Society Relay for Life of Stapleton has raised over \$80,000 in just two years. What happens to the money after Relay? Some of it stays right here.

Jennifer Matsuda, PhD., conducts immunology research, is a Stapleton resident, and is a recipient of an American Cancer Society 2-year post-doctoral fellowship that provides her with a stipend, plus an institutional allowance.

Matsuda's laboratory is housed at National Jewish Medical and Research Center, and is a part of the Integrated Department of Immunology, which includes faculty from both National Jewish and the University of Colorado Health Sciences Center.

Each day, scientists such as Dr. Matsuda supported by the American Cancer Society work together to find these breakthroughs that will take us one step closer to a cure for cancer. The American Cancer Society has long recognized that research holds the ultimate answers to the prevention, diagnosis and treatment of cancer.

Since it first began in 1946, the American Cancer Society's research program has played a role in many of the breakthroughs in cancer. Do you know a child who has survived leukemia? Do you have a mother, sister or aunt whose breast cancer was found early with a mammogram? Do you have a friend or coworker who quit smoking to decrease his risk of lung cancer? Each of these individuals benefited from the American Cancer Society's research program.

As the largest source of non-governmental cancer research funds in the United States, the American Cancer Society devotes approximately \$100 million each year to research. This has added up to more than \$2.5 billion dedicated cancer research over the years. The investment has paid rich dividends: in 1946, only 1 in 4 cancer patients was alive five years after diagnosis; today, almost 60 percent live longer than five years.

"The most important thing that American Cancer Society funding has done for my work is to provide me with time to develop my research. By giving me financial security for two years, I have the opportunity to more thoroughly develop and test hypotheses in my work that I would not otherwise have been able to pursue," asserts Matsuda. "The American Cancer



Jennifer Matsuda, PhD, conducts immunology research funded by the American Cancer Society in search of

Society research grants are well known to researchers in the field of immunology."

Dr. Matsuda grew up in Hawaii, but completed her undergraduate work in Chemistry at Washington University in St. Louis. After that, she volunteered as a junior high level biology and chemistry teacher for the Peace Corps in Cameroon, West Africa, then attended graduate school at the University of California in San Diego where she received her PhD. in biology.

She and her husband, Laurent Gapin, also a medical researcher, moved to Denver in 2002 and have lived in Stapleton for over 3 years. They have a five-year-old

breakthroughs that will take us one step closer to a cure for cancer.

daughter and a one-year-old son.

The continuation of these funds depends upon the success of events such as the American Cancer Society Relay for Life of Stapleton. The Relay for Life of Stapleton will be held on the Founders Green July 20-21. Contact Event Chair Melissa Darzins at 303-393-1141 or mdarzins@comcast.net for more information about forming a team, inviting a cancer survivor to join the victory lap, or to volunteer.

Robin French Haight is a Stapleton resident and Publicity and Marketing Chair for the Relay for Life of Stapleton. She became involved in Relay for Life because as the government cuts spending for cancer research it is critical that we raise private funds to continue the fight against cancer.



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Westerly Creek Students & Principal Raise Money for Relay for Life



Kids at Westerly Creek and Bill Roberts schools are raising money for Relay for Life. To encourage their efforts, Principal Trich Lea and Assistant Principal Lee Cooper climbed the wall at Bass Pro Shops. (Afterwards many of the kids climbed the wall too.) This was the first of three events to raise awareness about Relay for Life of Stapleton. The next event will be held May 8 from 6-8 pm at the Coral Room. Joshua Klopfer, MD, Stapleton resident, thyroid cancer researcher and American Cancer Society grant recipient, will be the speaker.



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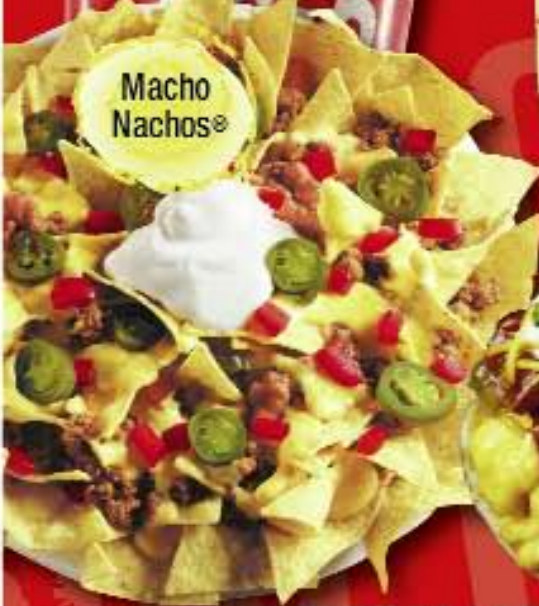



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The Real Costs of Motherhood

By Elizabeth Yarnell

With Mother's Day approaching, it's worth taking a minute to reflect on the price of motherhood. Forgetting pregnancy for the moment – let's not even go there – from the very first year of children's lives, mothers' lives are changed irrevocably.

Let's start with the too-glaringly-real finding last month from a survey by TOMY, the nursery products company, which found that new parents lose more than 2 months of sleep during the first year of their baby's life. They're talking 68 nights of lost sleep in a year. This is almost too absurd to absorb.

Another survey, this one out of Great Britain, revealed that, on average, new mothers report regularly getting only 3.5 hours of sleep each night.

Some people apparently find this whole experience liberating, because it makes them realize they needed less sleep than they previously thought they did. That's one way to view the experience: advanced training in surviving extreme sleep deprivation.

And, believe it or not, today's mothers spend more hours focused on their children than the mothers of the 1960s did. While we like to harken back to the *Leave It To Beaver* halcyon days of mothers greeting kids after school with milk and cookies as the model of a devoted mother, the reality, according to a University of Maryland study, actually looks better these days.

Based on detailed time diaries kept by thousands of Americans, mothers in 1965 spent 10.2 hours a week focused on their children in activities such as reading with them, feeding them, or playing games. While the number of hours dropped in the 1970s and 80s, it began rising in the 90s and is now higher than ever at almost 14.1 hours each week.

Let us not overlook that in 1965, the majority of mothers did not work outside the home. In contrast, many of today's mothers are juggling paid work with running a household and caring for children.



Elizabeth Yarnell

But ask these same moms how they feel about it, and at least half will say they don't have enough time with their kids.

The study shows how these extra hours spent with offspring have been stolen from time previously spent on housework (down more than 40% over 38 years). Time spent cooking, doing meal cleanup and laundry has been almost halved as well.

Reinforcing the survey results, the Maryland study also revealed that fewer hours are now spent sleeping throughout our children's youth. If you've kept your eyes open long enough to read this, you're probably not surprised by this information.

This is not to "dis" fathers: they nearly tripled the hours spent with their kids from the dads of yesterday. Bravo!

All this information should be enough to allow us all to take a collective sigh of relief that, as exhausted as we may be and with less than pristine houses and piles of laundry awaiting attention, our kids are getting the best parts of us. "Quantity-time" as well as "quality-time."

After all, isn't that worth losing sleep over?

Elizabeth Yarnell is the inventor and author of "Glorious One-Pot Meals: A new quick & healthy approach to Dutch oven cooking." Mention the Front Porch for a 10% discount on cookbooks and Dutch ovens. Contact Elizabeth at Elizabeth@gloriousonepotmeals.com.



Overheard on the internet

What Kids Say About Moms

What kind of little girl was your mom?

1. My mom has always been my mom and none of that other stuff.
2. I don't know because I wasn't there, but my guess would be pretty bossy.
3. They say she used to be nice.

What did mom need to know about dad before she married him?

1. His last name.
2. She had to know his background. Like is he a crook? Does he get drunk on beer?
3. Does he make at least \$800 a year? Did he say NO to drugs and YES to chores?

Why did your mom marry your dad?

1. My dad makes the best spaghetti in the world. And my mom eats a lot.
2. She got too old to do anything else with him.
3. My grandma says that mom didn't have her thinking cap on.

What does your mom do in her spare time?

1. Mothers don't do spare time.
2. To hear her tell it, she pays bills all day long.

Who's the boss at your house?

1. Mom doesn't want to be boss, but she has to because dad's such a goofball.
2. Mom. You can tell by room inspection. She sees the stuff under the bed.
3. I guess mom is, but only because she has a lot more to do than dad.

What's the difference between moms and dads?

1. Moms work at work and work at home and dads just go to work at work.
2. Moms know how to talk to teachers without scaring them.
3. Dads are taller & stronger, but Moms have all the real power 'cause that's who you got to ask if you want to sleep over at your friend's.
4. Moms have magic, they make you feel better without medicine.

What would it take to make your mom perfect?

1. On the inside she's already perfect. Outside, I think some kind of plastic surgery.
2. Diet. You know, her hair. I'd diet — maybe blue.

If you could change one thing about your mom, what would it be?

1. She has this weird thing about me keeping my room clean. I'd get rid of that.
2. I'd make my mom smarter. Then she would know it was my sister who did it and not me.
3. I would like for her to get rid of those invisible eyes on the back of her head.

Source unknown.

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Saturday, May 19, 2007 ELK Cast a Line Family Fishing Event

Environmental Learning for Kids (ELK) will hold the fourth annual Cast a Line Family Fishing Event on Saturday, May 19, 2007. From 11:00am to 3:00pm, ELK friends will be fishing at Lake Lehow, a remote pond in Waterton Canyon. Tickets are \$15 for an individual and \$50 for a family of four. This includes a fantastic Bar-B-Q lunch, fishing lessons for beginners, and other science activities. Children will get to take home their new fishing rod!

ELK is a community-based non-profit organization that provides an education in science and natural resources to low-income, culturally diverse youth. ELK has a 98% high school graduation rate for youth in their year-round program. All proceeds support youth leadership and science education. For more information and to register please go to www.elkkids.org. Email skingsley@elkkids.org or call 303-291-7503.

Upcoming Library Events

At the Park Hill Branch
4705 Montview at Dexter
303-331-4063

Fridays at 10:30 a.m. –
Preschool Storytime, for children who can sit and listen to short stories.

Thursdays at 10:30 a.m. – Storytime with a Craft, for children who can sit and listen to short stories and participate in songs and a simple craft.

Thursdays at 11:15 a.m. – Bookbabies, for infants 6 thru 24 months and their caregiver. Read books, sing songs, and

participate in finger plays.

Super Saturday Programs at 10:30 a.m. for children and families range from comedy to music to puppet shows.

At the Pauline Robinson Branch
5575 E. 33rd Ave.
303-370-1530

Wednesdays at 10:30 a.m. – Preschool Storytime for 3 to 5 year olds

Super Saturday Programs at 1 p.m. on May 5, 12, 19 for children and families include magic shows and face painting.

Join Denver Museum of Nature and Science's Volunteer Team for *Titanic: The Artifact Exhibition*

Titanic: The Artifact Exhibition comes to the Museum from June 22, 2007 to January 6, 2008. Four hundred additional volunteers will be needed during this exhibition. Positions are available weekdays, weekends, and evenings to volunteer for 4.5 hour shifts every week or twice a month. Training will consist of lectures from expert guest speakers and Museum staff, a detailed training manual, and instruction on the facilitation of each position. Training will begin in late May. Applicants should contact Leesly Leon at 303.370.6419 or email leesly.leon@dmns.org.

June 1st and 2nd

East End Arts District Summer Art Walk and Aurora Asian Film Festival

East End Art Walk

The art walk, from 6 to 10 p.m. June 1 and noon to 6 p.m. June 2, will feature gallery open houses exhibiting pottery, painting, jewelry, sculpture, performing and culinary arts. Art works will include "Magic Mountains," photography from Hunan, China, a fiber artist of Filipino descent, and contemporary Japanese Sumi ink drawings. Fletcher Plaza at 9898 E. Colfax Ave. will feature live acoustic music from 5 to 6 p.m. June 1 by the

Silence Band. To obtain a map of the art walk route, call 720-203-3575 or visit www.auroragov.org/artwalk.

On June 2, Fletcher Plaza will host all-day raku firing by Fireworks Clay Studio, spoken word and hip hop interactive workshops from noon to 2 p.m., performances by two Aurora Symphony Orchestra quartets from 3 to 5 p.m., and spoken word and hip hop dance performances from 5 to 6 p.m.

Aurora Asian Film Festival

The Aurora Asian Film Festival runs from May 31 to June 3 at The Aurora Fox. Two films will be screened during the Art Walk on June 1 and one outdoor film will show on the evening of June 2 at Fletcher Plaza.

Volunteers will direct visitors to the various locations, and free pedi-cabs will be available for those who cannot or do not wish to walk among the sites. For more information call 303-326-8695 or visit www.auroraasian.org.

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May 16 at Texas de Brazil Stapleton Rotary Club Reception

The Stapleton Rotary Club invites people from the community to meet our members and get information about joining our club. Come to Texas de Brazil restaurant in Northfield Stapleton on May 16 from 5:30 to 7:30pm. For more information email: info@DenverStapletonRotary.org or call Valerie Baker at 303-300-3323.

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Sweet William Market

on the green

Antiques – Art – Vintage

May 26 – June 30 – July 28 – Aug. 25 – Sept. 29

The Sweet William Market will return to Stapleton's Founders' Green this month and will be held the last Saturday of each month through September from 9am to 2pm. The open-air market hosts over 50 of the area's best vendors – offering antiques, vintage wares, architectural salvage, fine art and folk art.

Each month a local charity/non-profit will be invited sell refreshments to Sweet William shoppers to raise money and awareness for their cause. The 2007 philanthropic partners include Bluff Lake Nature Center, The Urban Farm of Denver, Relay for Life (American Cancer Society) and the United Artist Coalition for Kids (UACK).

"The charming green is littered with fabulous finds under a sea of tents – but even cooler is that this market swells with ambiance boosted by live tunes," says co-owner Lizzie Kienast. Shopping at the Sweet William Market this season will include live music including the original music of David Potter (a blue grass & classical guitarist), the Acoustic Mining Company, and a new duo including Michael Stroud.

The vendors and merchandise reflect Sweet William owners' appreciation for Denver's community of vintage and antique dealers and artisans. Supporting local philanthropic efforts and musical talent blends into the owner's aim to support cottage industry. Kim Kouba, co-owner and founder of the market with Lizzie Kienast, says, "Our corporate name not only describes that fluttering excitement we feel when we see all the fabulous finds our vendors bring, but also spells out our standard operating procedure – good work with grace. For Lizzie and I that means providing a truly top-notch level of service and support to our vendors." As a part of the Stapleton vision of sustainable living, the Stapleton Master Community Association sponsors this event on the community-owned Founders' Green. For more information visit www.sweetwilliammarket.com.

Following is the lineup for Sweet William's 2007 season:

May 26, 2007

Nesting...Freshen up yours with a pleasing new twist on an old item!

Philanthropic Support for Bluff Lake Nature Center

Live music provided by David Potter, Playing acoustic guitar and blue grass banjo!

June 30, 2007

Fab Find Friends...SWM 1st Annual Treasure Hunt with personal shoppers.

Philanthropic Support for American Cancer Society-Relay for Life, Stapleton

Live music provided by Michael Stroud

July 28, 2007

Main Street USA at Stapleton...nostalgic summer décor and more!

Philanthropic Support for Table Mountain Animal Shelter

Musical talent: to be announced

August 25, 2007

Giddy-Up... Western Chic. Get hip on market shopping in Denver!

Don't forget your boots!

Philanthropic Support for The Urban Farm of Denver

Live music provided by Acoustic Mining Company

September 29, 2007

Artful Autumn...Folk Art, Fine Art, Found Art!

Philanthropic Support for United Artist Coalition for Kids

Musical talent: to be announced



July 20 -21 Founders' Green in Stapleton Relay for Life

Relay for Life Kick-off Party
Coral Room in Stapleton, Tuesday, May 8, 6-8pm

The Relay for Life, which starts the evening of July 20, is an overnight event where individuals, families and teams camp out, barbeque, dance and take turns walking around Founders' Green to raise funds to fight cancer. The American Cancer Society

Relay For Life represents hope that those lost to cancer will never be forgotten, that those who face cancer will be supported, and that one day cancer will be eliminated. For more information visit www.acsevents.org/relay/co/stapleton

Colorado Children's Book Author Hosts Story Time at Stapleton Borders May 12

Colorado author Lisa Rey Marks, founder of Focus Friends LLC (www.focus-friends.com), will host a story time for children at the Stapleton Borders bookstore on Saturday, May 12. The event will feature Marks reading from her literary debut, "Joy is the Greatest Gift," at 11:00 a.m. and 2:00 p.m. There will also be an activity for kids aged 2 to 7, book signing by the author, and a show of artwork from the book.

"Joy Is the Greatest Gift" introduces readers to the first Focus Friends character, Joyann, who shares with readers her gift of creating Joy. Using illustrations and flowing rhymes, the story captures the significance of the relationships children have with family members and friends, and emphasizes the skills children need to enhance creativity and develop positive thought patterns and emotions.

Clarence Darrow: The Search for Justice

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Free Tuesday Nights at Children's Museum

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Since You've Asked...

What is going to be on the parcel just east of Harkins Theaters at Northfield? It's now shaded "green" on the map.
The parcel immediately east of the Harkins Theaters at Northfield will be additional commercial development. The area shown as green on the Stapleton Land Use Map that's west of Northfield is a park area with integral water quality ponds, which is designated as a park for the full duration of the development. There is potential for this area to be reconfigured in the future to accommodate an interchange ramp for I-270. However, there are no specific designs or time-frames for this future potential reconfiguration.

Are there plans to improve the road from 25th and Moline all the way to I-70 and Havana? (lighting, widening, paving, etc.)
There will be several improvements in the network of streets in that area, some of which are already completed. South of Martin Luther King Boulevard, a new section of Havana is now part of a paired couplet with a new section of Iola. In addition, Martin Luther King Blvd, which currently is completed from Quebec all the way to Havana, will be extended all the way to Peoria Street as part of Filing 16. It is expected that this work will commence in 2008, allowing this remaining segment of MLK to be open by year's end 2008.

Did Havana Town Center change size in terms of square feet? Number of sites? Last meeting the audience/ residents expressed their opinion that Havana Town Center could be (should be) a pedestrian based area. Has that suggestion been discussed?
The town center planned near the intersection of Martin Luther King Boulevard and Havana (now named "Eastbridge Town Center" because of its location east of the bridge over Westerly Creek) will be smaller than the E. 29th Avenue Town Center and have single story retail buildings. The design will continue to be shaped by the goal of making it a pedestrian-friendly retail center. It is now scheduled to open in the latter half of 2008.

When will Havana and Martin Luther King intersection be fully open with traffic signals operating?
This intersection is now in operation along with the new traffic signals. The remainder of Martin Luther King Blvd extending east to Peoria is expected to open, and complete this portion of the street network, by end of 2008.

Now that the streets are "snow free" when will the limit lines and crosswalks be painted at the intersections? Safety for our children is our utmost concern.
Street maintenance of this type is the responsibility of the City and County of Denver. Areas needing attention should be reported to the City on their "311" hotline.

We need more hours on weekends for adults to swim. Too many weekends we had at capacity – and it defeats the ability for working adults to enjoy the pool.
The Stapleton community pools have the daunting challenge of meeting a variety of patron needs. The pools also are public which complicates matters because the pools are very popular both within, and outside, the community. We have added several lap swim hours during the weekdays, but for those individuals interested in lap swimming on the weekend there are always two lanes available for lap swim during open swim hours. It is unfortunate that we cannot increase our capacity at Aviator, and we welcome ideas from all residents as how to balance the swimming needs of the various groups in the community. Please send comments to the Stapleton Master Community staff at pools@stapletoncommunity.com.



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Purchase your Club Card at the Visitor Center, 7480 E. 29th Avenue, 303-355-9600. Present your Resident Pool ID/Stapleton Club Card for discounts at these businesses. Offers may change monthly.

What is the status of the Police Academy? Is it moving? If so, when? What will happen with that parcel?
Forest City is not aware of any timetable the City of Denver may have for moving the Police Academy. In the event it is relocated and the land becomes available for development, it may become mixed use development (residential and commercial) of the type that is already taking shape along Central Park Boulevard.

What is planned on the land between Central Park and Willow and Martin Luther King and 29th Place? (Especially, the lot across from 2962 Willow). Who owns that property?
The land is owned by Forest City Stapleton, Inc. and is planned at this time for high density residential development.

Taking the Lead Your Dog Will Never Lie To You... Learn to Hear What He Is Saying

By Pat Blocker
Dogs do not come into this world understanding English or any other human language. A dog's first language is body language. Our dogs are constantly speaking to us. We need to learn how to listen. Our relationship with our dogs becomes stronger and certainly more pleasurable when we understand canine/human communication and recognize miscommunication.

A comment I often hear from clients is, "He did it to make me mad." I have yet to come up with one single example of when a dog has intentionally done something to make us mad. The truth is that dogs are conflict solvers.
"He's mad at me." "Why did he do that?" When I hear these laments from dog owners, it is usually because the dog has relieved himself in an inappropriate place, like on the bed or the expensive, new rug. As far as I know, there is no such thing as "revenge pooping."

I always tell people that dogs are actually proud of their elimination achievements. When healthy, house trained dogs make what we see as a mistake, it is usually caused by some form of anxiety. They go where they feel most comfortable, where they find our scent, a soft place. The dog is telling you something happened or some-



Pat Blocker, owner of Peaceful Paws, is a certified pet dog trainer.

thing in the environment is making him uncomfortable. And, remember, dogs have no concept of monetary value. That new rug was a secure, comfy place to find relief.
When I hear someone say, "he did it to make me mad," they are often talking about a dog not coming when called. Does your dog seem to intentionally ignore you when you call him? If so, listen to yourself. Is your voice tense, angry or overly stern?
Dogs have an array of what we call "calming signals" they use when communicating with other dogs. They use them with us, too. One of those calming signals is ignoring and/or avoiding. When your dog does not come when called, yes, he may be ignoring you, but he may be doing it to calm you down. A dog's language is a quiet, subtle one. The more you listen, the more understandable that language becomes.

Pat Blocker, CPDT, is a certified pet dog trainer with over 13 years experience in dog training. She teaches group classes in puppy, basic and advanced obedience, offers private sessions and specializes in solving canine behavior issues. Contact Pat at her business, Peaceful Paws, 303-364-4681, www.peacefulpaws.net, or dogtrainerpb@aol.com.

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A Guide to Volunteering at Local Charities

ANIMALS & NATURE

Bluff Lake Nature Center

Do you like being outdoors, have a love for environmental science and enjoy teaching young people about nature? Or how about improving wildlife habitat through gardening? Call Kristin at 303-468-3243 to learn more about being a



“Two things drew me to volunteer on the Bluff Lake Board. My kindergarten, Hallie, was the first reason. She is just one of thousands of public school students who have benefited from the Nature Center’s award-winning science education program. Secondly, I wanted to help the Stapleton community become the environmental and financial stewards of this important natural area. Just as the Stapleton development creates opportunities for Bluff Lake, it also threatens the wildlife and native plants that make it so unique. Volunteering makes me feel as if I’m helping both my community and preserving a crucial piece of Colorado’s natural heritage. Plus, my daughter is proud of me and tells everyone, ‘My mom helps Bluff Lake!’ I love being involved in something that resonates with her values, too.”
Mary Seawell, Stapleton resident

Nature Guide, Ambassador, Gardener or Development and Computer Assistant.

Denver Botanic Gardens

At Denver Botanic Gardens, volunteers are essential to our mission of connecting people with plants. Each year, more than 1,100 volunteers provide essential help in many areas of the Gardens, including tour guide, school program guides, library volunteers and more. Volunteers are integrated into all aspects of Denver Botanic Gardens, Denver Botanic Gardens at Chatfield, Mount Goliath and Centennial Gardens.

Visit online at www.botanicgardens.org for more information.

Denver Zoo

Denver Zoo is always seeking new volunteers with an interest in nature, animals, the zoo and people. Volunteers are a vital part of Denver Zoo, committed to the zoo’s mission and sharing that mission with our guests. Volunteers provide valuable assistance with administrative duties, special events, education programs, community outreach and public interpretation, feeling a sense of satisfaction and pride in a job well done. Both seasonal and year-round volunteer opportunities are available.

Call 303-376-4886 or visit online at www.denverzoo.org/involved/volunteer.asp for more information.

Dumb Friends League

The Dumb Friends League is the largest animal welfare organization in the Rocky Mountain region. They have many programs focused on providing care to lost and abandoned animals, adopting homeless pets to



Trudy Strauss, age 92, has been volunteering at the Nature and Science museum for 10 years. A long time piano teacher, Trudy originally started volunteering as a way to get out of the house more. “I take tickets and meet interesting people from all over the world,” she says. “Last year, I met a couple from India who were biking all around the world. They all have to come through the ticket counter!” Trudy is the great-grandmother of Stapleton residents Max and Ethan Epperson.

new homes, reuniting lost pets with their families, providing animal behavior classes and advice, investigating animal cruelty, advocating for animal-friendly legislation, and educating the public about companion animals. The main shelter is located on Quebec Street in southeast Denver. Volunteers can work with dogs, cats, or small mammals in all areas of the shelter operation including adoptions, grooming, socializing and feeding, health care, humane education, behavior, and foster care. They require a time commitment of one three-hour shift per week.

Visit www.ddfl.org/volinfo.htm or call 303-751-5772, Ext. 1933. *(continued on next page)*



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- Brad and Robin Haight – Stapleton residents

(continued from prior page)

Rocky Mountain Arsenal National Wildlife Refuge

Volunteers participate in special events and kids' fishing programs to help young patients from Children's and Craig hospitals experience fishing and other outdoor activities. For more information contact Jeannine Kimble at 303-289-0471.

Sand Creek Greenway

To date, over 1300 volunteers have invested time, talent, sweat and experience to help build Sand Creek Regional Greenway. Volunteer in one of the following capacities: outreach, construction/planting, event volunteers, committee work, or administrative work.

Call 303-468-3260 or email info@sandcreekgreenway.org. Visit online at www.sandcreekgreenway.org/6volunteer/1volunteer.html.

The Urban Farm

Volunteers at The Urban Farm support the mission of helping urban youth learn about animals and agriculture. Urban Farm Workdays, including the upcoming one on May 6th, give volunteers a chance to help in a variety of ways. Depending on experience level and interest, some volunteers may also be qualified to support the equestrian and other programs.

Call 303-307-9332 or visit online at www.theurbanfarm.org. Located at 10200 Smith Rd., in Stapleton.

GENERAL

Metro Volunteers

Metro Volunteers is a nonprofit organization that helps individuals, families, and corporate and community groups find volunteer opportunities at diverse service organizations throughout the metro Denver area, including many small organizations in the arts.

Visit online at www.metrovolunteers.org or contact 303-282-1234 for more information.

HEALTH

The Children's Hospital

The Children's Hospital volunteers encompass all walks of life and all income levels, each volunteer with something unique to offer. The diverse group of volunteers has one thing in common, however, the desire to help sick children and their families. The Children's Hospital is fortunate to have hundreds of dedicated volunteers who work regularly, from several hours a year to several hours a week, to provide better care for the

children of The Children's Hospital.

Visit online at www.thechildrenshospital.org/give/volunteer.

Morgan Adams Foundation (pediatric brain cancer)

Morgan Adams Foundation (MAF) was formed six years ago by the parents of Morgan Adams, who died from malignant brain cancer. An initial effort to raise a little money for research has turned into a vibrant, growing organization that has held multiple events and contributed over \$600,000 to fund pediatric cancer research.

Call Joan Slaughter (Morgan's mother and the Foundation's executive director) at 303-960-5769 or visit online at www.morganadamsfoundation.org. Volunteers are needed for upcoming events, including small group events at which volunteers can present their stories and mission and ask for help.

Relay for Life

Relay for Life is an American Cancer Society event at which you can honor cancer survivors, pay tribute to the lives lost to the disease, and raise money to help fight it – all right in the community. The Stapleton Relay for Life event is just one of 4,800 in communities nationwide.

Visit online at www.relayforlife.org to find out how to volunteer, participate in an event or make a donation.

Ronald McDonald House – New location near Fitzsimons

The Ronald McDonald House provides temporary lodging and support services for families traveling to Denver for their child's medical treatment. Families stay at the House from a few days to sometimes weeks or months. The Ronald McDonald House is

building a second home near the Fitzsimons Medical Complex in Aurora, CO, to accommodate the growing number of families in need. Volunteers provide meals, cleaning help, yard work, helping families to check in and out, committee work, weekend volunteers, meal providers, and more.

Call 303-832-2667 or visit www.ronaldhouse.org.

EDUCATION/SCHOOLS

Anchor School for the Blind

Anchor Center for Blind Children will open in Stapleton this fall. Volunteer opportunities will include fundraising, office assistance, educational material assistance, and some direct work with the students in the school.

Contact Zoe Morgese at 303-377-9732 or zlmorgese@comcast.net.

Denver Museum of Nature and Science

At 1,600 people, the Denver Museum of Nature & Science has the largest active volunteer corps among natural history museums in the country. Volunteers fill almost every type of position and work in almost every department of the Museum. They range in age from six to 94 and come to the Museum for the opportunity to learn while doing something unique and worthwhile. Volunteers receive free admission to the Museum, IMAX, and Gates Planetarium, discounts on food, membership, and merchandise, and special honors at annual recognition events.

Call 303-370-6419, email leesly.leon@dmns.org or visit online at www.dmns.org/main/en/General/AboutTheMuseum/Volunteering/



"The fight against cancer is daunting, but I refuse to let it go unaddressed. I believe that great change can happen through small combined efforts. Relay for Life is the embodiment of that philosophy for me. Working with my friends and neighbors makes me feel empowered — that through the efforts of many we will beat cancer. I appreciate the new friends and deepened friendships that my participation in the Stapleton Relay for Life for the past three years has brought me."

— Melissa Darzins, Stapleton resident and chair of the Stapleton Relay for Life event



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Volunteering *(continued)*

Recording for the Blind & Dyslexic (RFB&D), Rocky Mountain Unit

RFB&D, a nonprofit volunteer organization, is the nation's educational library of recorded textbooks for students with visual impairment, dyslexia or other physical disabilities that make reading standard textbooks difficult or impossible. RFB&D serves more than 141,000 students from kindergarten through graduate school and beyond, including 2000 students in Colorado. Four hundred regular volunteers at the Rocky Mountain Unit lend their time to record textbooks and other academic materials for students who can't read standard print effectively because of a physical disability.

Located at 1355 S. Colorado Blvd., Suite C-406. Call 303-757-0787 or visit online at www.rfbd.org. Betsy Boudreau is the Executive Director.

Support your schools

Every school relies heavily on parental support and volunteering. Volunteer needs typically include fundraising, event planning, teacher appreciation, book drives, technical and website help, and more. Contact your school's PTA for more information.

WOMEN, CHILDREN & FAMILIES

Catholic Charities

Catholic Charities is one of the nation's largest social service networks. Catholic Charities agencies and institutions nationwide provide vital social services to people in need, regardless of their religious, social, or economic backgrounds.

Watch for the Catholic Charities' Charity Chase event in Stapleton on Saturday, June 9th, with a 5K race and a 1K Family Fun Run. The Urban Farm will bring out the llamas, goats and sheep for the family run. Last year there were over 300 participants in the race.

Visit www.catholiccharitiesdenver.org for more information on volunteer opportunities.

Children's Home of Denver

The mission of Denver Children's Home is to provide a therapeutic, safe place for emotionally distressed children, adolescents and their families to heal and grow. Find out how to make a difference through their 'adopt a child', 'adopt a classroom' and 'adopt a dorm' programs.

Call 303-399-4890 or visit online at

www.denverchildrenshome.org. Located at 1501 Albion Street, Denver, Colorado 80220.

The Gathering Place (temporary location at Montview Presbyterian Church in Park Hill)

The Gathering Place is Denver's only day-time drop-in center for women and children who are either homeless or experiencing poverty. Started in 1986, The Gathering Place provides resources for self-sufficiency such as GED classes and a computer lab, as well as emergency survival services such as meals, showers, access to telephones and an emergency food bank. They provide on-site childcare for children whose mothers are present at the facility.

The Gathering Place is temporarily located at Montview Boulevard Presbyterian Church while their current facility near High St. and Colfax Ave. is demolished and a new one is constructed.

Email Vice President of Volunteer Resources, Justine Zollo, at justine@the-gatheringplace.org.

SENIORS

Clyburn

Clyburn At Stapleton is a retirement community for seniors. Volunteers can help run small classes on a variety of subjects, including exercise, yoga, arts and crafts, sewing, computers or anything of interest to seniors.

Call Chanele Richardson, Community Manager, at 303-388-1515.

COMMUNITY SAFETY

Cop Shop in Northfield

The Cop Shop is a resource for the community to make referrals to city agencies (such as reporting potholes, traffic concerns, and other 311-types of issues), handling non-criminal complaints, as well as providing community information and programs. The Cop Shop also provides a convenient location for Denver Police Officers to come while on duty to file reports, check in with the community, help with current issues, and serve as a location to hold programs (Neighborhood Watch, Safety presentations, etc.) and Safety-related meetings.

For information about volunteering at the new Northfield Cop Shop, contact Kevin McGlynn, Director of Security, at 303-375-5495. Another Cop Shop in Que-

bec Square is planned for a future date.

CITIZENS GROUPS

C.A.B. (Citizens Advisory Board)


The Citizen's Advisory Board (CAB) of the Stapleton Development Corporation (SDC) is a volunteer advisory board comprised of representatives of the communities and businesses in and around the Stapleton neighborhood
(continued on page 27)



"I volunteer in dog adoptions where I give patrons information about the adoption process and the dogs that are available for adoption. I got involved with the Dumb Friends League because I love animals, and my pets have always been an important part of my life. My pets have enriched my life in so many ways, and it is important to me to give back to animals who need help. Plus, I am helping people too by helping them find a new furry family member and friend."
— Rebecca Riff, Stapleton resident

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New Practitioners Join Natural Balance Wellness

The recently opened Natural Balance Wellness clinic in Stapleton has expanded its roster of practitioners, welcoming licensed clinical social workers Lauren Ross and Elizabeth Taeubert. Both Stapleton residents, Lauren and Elizabeth are excited to join the community and integrate their therapy, workshops and other services into the holistic practice at Natural Balance Wellness.

Lauren Ross works with children, teens and adults, providing individual and family therapy. "I particularly specialize in play therapy with children who are experiencing depression, anxiety, behavior problems, grief and loss issues, and life transitions," she says. After receiving her Masters in Social Work from the University of Texas, Lauren practiced in Austin and then in Los Angeles before moving to Stapleton with her husband David and daughter Maya. She also currently works

parenthood. She also plans to conduct a regular book discussion series, focusing on various emotional wellness topics such as positive parenting, communication, stress, and depression. Workshops Elizabeth plans focus on stress management, including stress and illness, conflict management, anger and post traumatic stress disorder.

Asked how they see integrating their social work into the overall practice at Natural Balance Wellness, Lauren explains, "We are a continuum of wellness care, focusing on the holistic care of mind and body. For example, an adult might be able to cope with a difficult life transition by receiving short-term counseling services and also massage therapy. A child struggling with ADHD could benefit from developing coping skills through play therapy as well as acupuncture treatments." Elizabeth adds, "We can heal



Licensed clinical social workers Lauren Ross (left) and Elizabeth Taeubert extend the range of services offered at Natural Balance Wellness.

with Catholic Charities, where she supervises the school counseling program.

Elizabeth Taeubert, who also has a Masters in Social Work as well as in Nursing, works with individuals, couples and groups. "Both my experience as an RN as well as a psychotherapist have allowed me to be supportive to clients as they face the physical, mental and emotional challenges that arise in the course of a lifetime," she says. Elizabeth has several years' experience working in the fields of addictions and trauma and extensive experience working with couples and relationship issues. Elizabeth and her husband moved to Stapleton from Chicago in 2006 and enjoy hiking, camping and traveling.

Both plan to offer workshops in the community as part of their practice. Lauren will be conducting a bi-monthly workshop for couples who are expecting their first child to help them make a smooth and positive adjustment to

the painful beliefs and patterns that we may have developed as a result of difficult life experiences, loss, trauma, and challenging relationships. Even though we cannot change the events of our lives, we can change how they impact us and our relationships today."

Natural Balance Wellness is located at 3055 Roslyn St., Suite 120, in the Medical /Professional Building at Roslyn Street and MLK. Call 303-355-0363 for an appointment or visit www.NBStapleton.com. Visit Lauren Ross' website at www.laurenrosswellness.com.

Note: Natural Balance Wellness also welcomes massage practitioner Cherie Monlezun, who moved to the practice in April from her previous location at the Phoenix Yoga Studio. She continues her work doing integrative massage and biofeedback therapies.

Gail Cohen Has "Time To Run" Your Errands



Gail Cohen, shown with her cocker spaniel Holly, helps clients by running errands for them.

If you've ever wished for a magic helper to get through your long to-do list, Stapleton resident Gail Cohen has the answer for you. After moving to Denver from Boston in 2005 and getting to know the area, Gail felt ready to start a new business. Organized by nature, Gail recognized a need for helping others take care of household tasks and errands and started her home-based business Time to Run.

"Many times, clients don't even realize the things they would like to have done by someone else to make their lives easier," Gail explains. "Especially, people don't always know who to call or where to go for the things they need. I've checked out all kinds of businesses around Stapleton and in metro Denver. I've found the best shoe repair shop, the best and least expensive place to have your knives sharpened, and the tastiest desserts in the neighborhood — along with many other great resources!"

Other services Gail offers include running to the dry cleaner, post office or video store; waiting for a repair or service person; taking a pet to the veterinarian or groomer; or dropping off shoes to be repaired and picking up a prescription. "People may not realize how affordable this type of service is," Gail says,

"especially if they have a bunch of errands or tasks to have done at one time." Her fee is \$30 an hour with a one hour minimum for most jobs. After the first hour, clients are charged in 15 minute increments.

"The most important thing for those who hire me to know is that they've hired someone they can trust and depend on," Gail says. "I realize that, as someone who may be going into a home when the owner isn't there or taking their precious pet to the vet, my clients need to know that a mature, responsible person is providing that service."

Gail, who lives in Stapleton with her partner Linda and their Cocker Spaniel, Holly, enjoys watching the community grow and evolve. "I feel an amazing sense of community in this neighborhood and have met so many wonderful people," she says. While they miss friends and family in the East, they find life here to be less stressful and the people to be a little nicer. "Linda and I joke that this is a result of more sunshine and less oxygen!"

For more information, visit www.timetorunerrands.com or call 720-281-2984. Gail's business hours for errands are Monday through Friday, 8:00am-6:30pm. After hours or weekend services may be scheduled in advance.

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More Local Summer Camps

Editors Note: Below are more camps that were suggested by our readers following our April feature on summer camps.

Colorado Clash Soccer Club

Colorado Clash is Denver's newest premier soccer club. The Club provides tiered



programs for players of all levels and abilities. Starting May 29th, the Clash is partnering with the Denver School of Science and Technology to provide summer camps and programs for teams. One option will be soccer camps combined with a language program, teaching players the words necessary to function in a game in another language. Colorado Clash also offers nutritional and educational programs. Numerous summer camps will be offered in the Stapleton neighborhood this summer. Developmental Programs for ages 5-10, and competitive options for ages 11-18. Visit www.coloradoclash.org.

The Odyssey School

Contemporary Art Camp

Mornings will be in the city to look at art in public places, museums, and galleries. Afternoons will be at school making art with 2-D and 3-D art media of choice, including digital animation.

June 11-15 and June 18-22 (separate camps, but kids can go to both)
8:30am-3:30pm

Ages: kindergarten - 8th grade
\$275.00 per week for full day camp
(reduced cost for Odyssey students)

Digital Story-telling Workshop

Using iphoto, itunes, imovie and garage-band, kids will make a multimedia story of their choice. All levels of computer experience welcome. We will have a public screening of each movie.

June 11-15 and June 18-22 (separate camps, but kids can go to both)
Ages 3rd-8th grade – 8:30am-11:30am
\$125.00 per week for half day camp
(reduced cost for Odyssey students)

Sports Camp

Three activities per day including volleyball, badminton, ping pong, racquetball, golf, croquet, bowling, archery, hockey, basketball, football soccer, obstacle course, skate park, and relays.

June 11-15 (ages K-2nd), June 18-22 (3rd-5th), June 25-29 (6th-8th)
12:00-3:30pm
\$125.00 per week for half day camp
(reduced cost for Odyssey students)

Healthy snacks, transportation, museum fees, and materials included for all camps. Register at The Odyssey School, 8750 28th Ave. Email jackie@odysseydenver.org.

Primrose School at Stapleton

Camp Primrose is an adventurous and educational full-day summer program for school-age children. Monthly themes are: a Sports Camp, an Artist Camp, and a Travel Camp, and include field trips and other

activities including cooking, computers, photography, Spanish and more. Choose the weeks you wish to attend. Taught by certified elementary teachers. Entrance fees, meals, materials and transportation costs are included in one weekly fee. Ages 4-12. For more information call Virginia Payne at 303-322-7200 or visit www.myprimroseschool.com/stapleton for more information. Primrose is located at 2501 Syracuse St. in Stapleton.

Spring Has Sprung in Stapleton

The Stapleton MCA is pleased to announce that Jenifer Graham has

accepted the position of MCA Office Manager and will be starting with us full-time in mid May. Many Stapleton residents already know Jenifer, as she has spent the last several years working with Forest City as the Assistant Manager of the Stapleton Visitors Center and most recently as Executive Assistant to the Director of Community Relations, Diane Deeter. Jen and her family have been Stapleton residents for nearly five years. Prior to her role with Forest City, Jenifer worked for Avaya and part time with McStain Neighborhoods, a prominent Stapleton home builder. She is very experienced in community issues and has been assisting the MCA in its role since opening its temporary office last spring.

We have been planning our move into the permanent MCA office early this spring. Like most projects this winter, our building too has been delayed. While we were hoping to move in by the first of May, we are now anticipating an early June move-in date. The office will be located in the center space of the Roslyn Liner building at 2823 Roslyn St (located just East of King Soopers).

This change of moving date has affected somewhat our ability to issue pool ID's as we had published in the 2007 Recreation Guide. We will issue all the Saturday sessions as published beginning with the April 28th date. We will issue those ID's at our current address at 7608-1 E. 29th Ave., (just South of Founders Green in the lower level of the Botanica apartments. We will do Pool ID's from 10-12 and 2pm – 4pm M-F. Residents may also schedule an appointment if necessary by calling the MCA office at 303-388-0724. If you received a new barcode during 2006, you DO NOT need to renew your pool ID; it will be valid in 2007 as long as you are a current Stapleton Resident. Children age 1 to 10 will need to have a

new photo taken, however new photos can be taken at either of the pools during the season.

MCA grounds maintenance activities have begun in full force. Our grounds maintenance company (CTM) has begun the process of aeration, irrigation testing, pruning and fertilization of all

turf, trees and flower beds that the MCA maintains. It continues to be the mission of our grounds crews to maintain common areas consistent with a world class western

community. Parks and turf located in both Filing 11 and 12 will not be turned over to the MCA for maintenance until 2008. Comments and observations can be sent directly to grounds@stapletoncommunity.com.

We have scheduled a full summer of community festivals, outdoor movies and weekend concerts as well as our local markets. Please refer to the Front Porch events calendar for updates, times and other related event information. Current event information can also be found at either community website www.StapletonOnline.com or www.StapletonCommunity.com.

Keven Burnett, Executive Director kburnett@stapletoncommunity.com or call 303-388-0724.

Editors Note: The Mission of the Stapleton MCA is to create and sustain a sense of community through comprehensive community programs, events & infrastructure maintenance.



Jenifer Graham

Johnson & Wales – An Active Member of Our Community

By President Bette Matkowski

Johnson and Wales students, faculty and staff have been living, eating and shopping in Stapleton for years. I recently learned that one of our staff members was moving into Stapleton. Joshua Casto, our marketing coordinator, recently purchased a new condo in Syracuse Village after participating in American Sunrise Communities' Home Start Conference for first-time home buyers. I considered this quite an accomplishment for Josh considering he is only twenty-two years old.

Learning of this piqued my interest and made me curious: how many of our other staff and faculty members are living

in Stapleton? I could think of five off the top of my head, not including students. From all of those, I have heard nothing but good things about living in the area. It's safe, vibrant and is a wonderful place to have our J&W community work, live and play.

Each year staff and faculty at J&W participate in Stapleton's Relay for Life. We have barbecues and play in the parks. We perform community service and we watch as the community continues to grow and develop into more than just a former airport – but a cohesive community that represents all that is good here in Colorado.



Bette Matkowski, President of Johnson & Wales

The weekend of May 18th, we will have our annual commencement ceremonies and graduate a class of over 700 students. Their parents, families and friends will soon disembark upon our community and stay in Stapleton hotels, eat at Stapleton restaurants and shop at Stapleton stores. I am always excited about this time of year. I hope that Stapleton is excited as well – for our graduates and for the visitors that we will soon have.

As we embark upon the last few weeks of our academic year, I would like to thank the Stapleton, Park Hill, Montclair and Lowry communities for being such gracious hosts to the our staff, faculty and students that live work and play in those communities, and would like to extend an invitation to take a tour of our historic campus. Please call 303-256-9352 to arrange for a tour.

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Officer Mike Rappe To Take On New Challenge

District 2 Denver Police Technician Mike Rappe has been named to take over the "Volunteers in Policing" Program for the Denver Police Department. He will be leaving District 2, which serves Stapleton and many of the surrounding neighbors, to work out of Denver Police Headquarters in Downtown.

Officer Rappe recently announced his new assignment at a meeting of the Stapleton Development Corporation's Citizens Advisory Board meeting, where he and fellow Community Resource Officer Reyes Trujillo have been regular participants in their energetic work to promote safe neighborhoods in Northeast Denver. Officer Rappe is a Denver native



Officer Mike Rappe

and 20 year veteran of the Denver Police Department. His background includes 9 years as a patrol officer (five of those years he served as a training officer), and assignments as a crime scene investigator and burglary detective.

Officer Rappe's replacement will be Technician Mike Jimenez, formerly a Community Resource Officer in District 5. It is anticipated that Officer Trujillo will continue in his current role in District 2 as a Community Resource Officer.

For more information about Volunteers in Policing or any program of the Denver Police Department, visit www.denverpolicedepartment.org or call 720.913.6878.

Top Cop Honored

The District Two Top Cop Citizens Committee has selected Officer Roderick Patrick as the "Top Cop" for March 2007.

Officer Patrick is consistently a top performer in District Two, which serves Stapleton and the surrounding neighborhoods. During the month of March 2007, Officers Patrick made 30 arrests and issued citations for 41 moving violations along the E. Colfax Corridor and in the area of the Holly Shopping Center which is now a target area for the community policing program known as the "Broken Windows" program. The "Broken Window's" program is based on the theory that failure to control minor offenses such as prostitution and disorderly conduct destabilizes neighborhoods by creating a sense of public disorder. Although a part of the "Broken Windows" theory is strong enforcement of minor crimes, it is important to note that it is not a "zero tolerance policy." Police officers are given discretion to make an arrest or issue a citation for an offense or to issue a warning to the individual involved, which is a crucial part of the theory.



Officer Roderick Patrick

Officer Patrick has taken this concept to heart and is diligently implementing this program within the affected neighborhoods. During the month, Officer Patrick, along

with other District Two Officers conducted a knock-and-talk investigation at a residence in the district after observing suspicious behavior that indicated that drug activity was possibly taking place. While contacting the residents, officers recovered suspected crack cocaine along with marijuana. They also recovered a scale and other paraphernalia that indicated that drug sales were being conducted at the residence. Three individuals were arrested and the information was forwarded to the Narcotics bureau for case filing and referred to the Nuisance Abatement Unit for follow-up.

Officer Patrick's dedication to duty and willingness to go the extra step to ensure the success of the Broken Windows program makes him a fine example for other officers to emulate. The Top Cop Committee is extremely proud of Officer Patrick and all the members of the Denver Police Department who work so hard to ensure the safety and well being of the residents of the City and County of Denver.

Real Estate Corner

Information of interest from local real estate professionals

Stapleton or Park Hill?

By Jon Mauck

For years and years, people who wanted to live in northeast Denver were drawn by the lure of the Park Hill neighborhood. Park Hill offered the unique opportunity to live in a well-established neighborhood filled with character and charm. The area was and still is filled with individuals who take pride in their community and enjoy socializing with their neighbors. Park Hill is sprinkled with "mom-and-pop" retail shops and quaint restaurants that operate as social gathering locations. The area also has many churches and even its own library. It is evident why this has been a popular real estate choice over the years.

This being said, look out Park Hill! There is now a neighborhood that some say is the new and improved version of Park Hill, simply based on the upgraded attributes that Stapleton has borrowed from Park Hill and many other old neighborhoods throughout Denver.

Here are some reasons why one would choose Stapleton over Park Hill and vice versa:

Many people choose Stapleton not only for what it currently is, but for what it will be in the next few years. Though Stapleton does not offer the 100-foot tall trees that shade gorgeous parkways, it soon will as the neighborhood grows and matures. However, what it does offer is a change in lifestyle that is hard to find in the Denver area. Stapleton residents are able to have active lives because they are free from the burdens of caring for large lawns and constantly needing to update their

homes. Many people who choose Stapleton also enjoy working with the builder to create a house that is customized to their needs.

The homes offer the amenities and open floor plans that are harder to find in older bungalows. Home buyers can create the home of their dreams without the nightmare of drastically renovating an older home.

Stapleton residents also enjoy using the abundant parks, bike-ways and running trails.

It is a neighborhood that is visibly active, and it attracts people who want to be a part of something greater than just owning a house.

Despite the numerous reasons to move to Stapleton, it is not for everyone. It lacks the classic neighborhood feel that Park Hill offers. Park Hill homes are true to the architectural styles of their period. The craftsmanship that went into these gorgeous homes cannot be reproduced in modern day construction.

Both Park Hill and Stapleton are great Denver neighborhoods that offer unique and distinct qualities to the potential buyer. If you're thinking of moving to northeast Denver, you should consider the sort of neighborhood that fits your lifestyle and determine the qualities that, for you, make coming home feel right.

Jon Mauck is a Realtor with New Avenues' Dardano & Associates INC. located in the East 29th Avenue Town Center at Stapleton. He specializes in renovations and new construction and can be reached at 303-246-3953.



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Sustainability at Stapleton

by Melissa Knott
Director of Sustainability for Forest City Stapleton, Inc.

Free Composting Classes!

Turn your garbage into gold by learning to compost. Composting is good for your yard & garden, good for the environment, easy to do and fun!

Backyard "Learn to Compost" classes are free, but participants are asked to register at least one week before the class, so proper staffing can be arranged. Sign up online at www.denvergov.org/recycle, by calling 720-865-6810 or emailing DenverRecycles@ci.denver.co.us.

All classes are held at the Denver Backyard Composting Demonstration Site



located in Denver Urban Gardens' Gove Community Garden at E. 13th Ave. and Colorado Blvd. These classes are sponsored by Denver Recycles/Solid Waste Management, Denver Urban Gardens and the Metro Wastewater Reclamation District.

2007 Compost Class Schedule	Sat. 6/23: 9 AM - 11 AM	Sat. 8/25: 9 AM - 11 AM
	Sat. 6/30: 9 AM - 11 AM	<i>September:</i>
<i>May:</i>	(worm workshop)	Sun. 9/9: 2 PM - 4 PM
Sat. 5/12 9 AM - 11 AM	<i>July:</i>	(worm workshop)
Sat. 5/19: 9 AM - 11 AM	Sat. 7/14: 9 AM - 11 AM	Sat. 9/22: 9 AM - 11 AM
(worm workshop)	Sat. 7/28: 9 AM - 11 AM	Sat. 9/29: 9 AM - 11 AM
<i>June:</i>	<i>August:</i>	<i>October:</i>
Sat. 6/2: 9 AM - 11 AM	Sat. 8/11: 9 AM - 11 AM	Sat. 10/6: 9 AM - 11 AM
Sun. 6/10: 2 PM - 4 PM	Sat. 8/18: 9 AM - 11 AM	Sat. 10/13: 9 AM - 11 AM

Governor Backs Formation of Clean Energy Fund

Governor Ritter outlined three initiatives for his office at the Colorado New Energy Summit on March 24. The summit took place at the Colorado Convention Center in downtown Denver, and was attended by more than 1,000 renewable energy supporters.

The first initiative involves creating a clean energy fund using \$10 million in gaming fees. The fund will provide rebates to homeowners and businesses that invest in distributed renewable energy systems.

The second involves creation of a climate change coordinator for his office to develop a climate change plan for Colorado.

Finally, Ritter will begin a green government program to reduce energy and paper consumption at state agencies.

For more information, visit the Colorado Renewable Energy Society's website at www.cres-energy.org.

Legislature Doubles Renewable Energy Requirement to 20%

Colorado Governor Bill Ritter signed a bill on March 27 that will double the state's renewable energy requirement to 20% by 2020. Ritter held a bill-signing ceremony for House Bill 1281 at the National Renewable Energy Laboratory's Wind Technology Center south of Boulder.

The governor was joined by more than 200 industry representatives and by the bill's sponsors in the Colorado Legislature: Colorado State Representatives Jack Pommer (D-Boulder) and Rob Witwer (R-Genesee) and Colorado Senator Gail Schwartz (D-Snowmass Village). Also speaking at the ceremony were representatives from Xcel Energy, Tri-State Generation & Transmission Association, and the Colorado Rural Electric Association.

For more information, please visit <http://www.colorado.gov/governor/press/march07/new-energy-economy.html>.



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Saturday, May 5th from 8 a.m. to 3 p.m. Mulch Giveaway & Compost Sale!

On Saturday, May 5th, Denver Recycles/Solid Waste Management and Denver Parks & Recreation will be hosting the City's annual Treecycle Mulch Giveaway and LeafDrop Compost Sale. The mulch is made by grinding up the Christmas trees collected from residential homes this past holiday season and the compost is made from leaves collected in last fall's LeafDrop program.

The mulch is **free** and available to Denver residents while supplies last. **Compost will only be sold at the Havana Nursery site** by A1 Organics at the incredibly low price of \$2 per ten-gallon bag (about 40 pounds) or \$28.50 per cubic yards (plus tax). Compost will only be available while supplies last, so come early and bring your own bags.

The free mulch will be available on Saturday, May 5 from 8 AM until 3 PM at the following locations near Stapleton:
Havana Nursery (10450 Smith Rd., two blocks south of I-70 Exit 280) - Loader service for trucks and trailers and dig-your-own.
Fred Thomas Park (Quebec & 26th Ave.) - Dig-your-own mulch.

For other locations around the city visit www.denvergov.org/denverrecycles.

Please remember:

- The compost will only be available for sale at the Havana Nursery location.
- The free mulch is available to City & County of Denver residents only.
- Bring a shovel or pitchfork & your own bags or containers to shovel & transport your supply of mulch or compost.
- Only the Havana Nursery site will have loader service (mulch & compost) for trucks and trailers.
- Residents loading material into trucks or trailers must bring along a tarp to make sure their loads are covered.

Mulch is generally used as a top dressing for soil around trees and plants and helps to control weeds, retains soil moisture and protect shallow-rooted plants from weather extremes. Compost is a nutrient-rich soil amendment made from decomposed organic materials such as leaves and grass. It resembles soil and it can be mixed into soil to help reduce water and fertilizer needs or spread thinly over the lawn to help grass roots retain moisture. Compost can retain 100% of its weight in water and is an important component of gardening in a drought.

For more information about Denver Recycles programs call 3-1-1 or visit us on-line at DenverGov.org/DenverRecycles.

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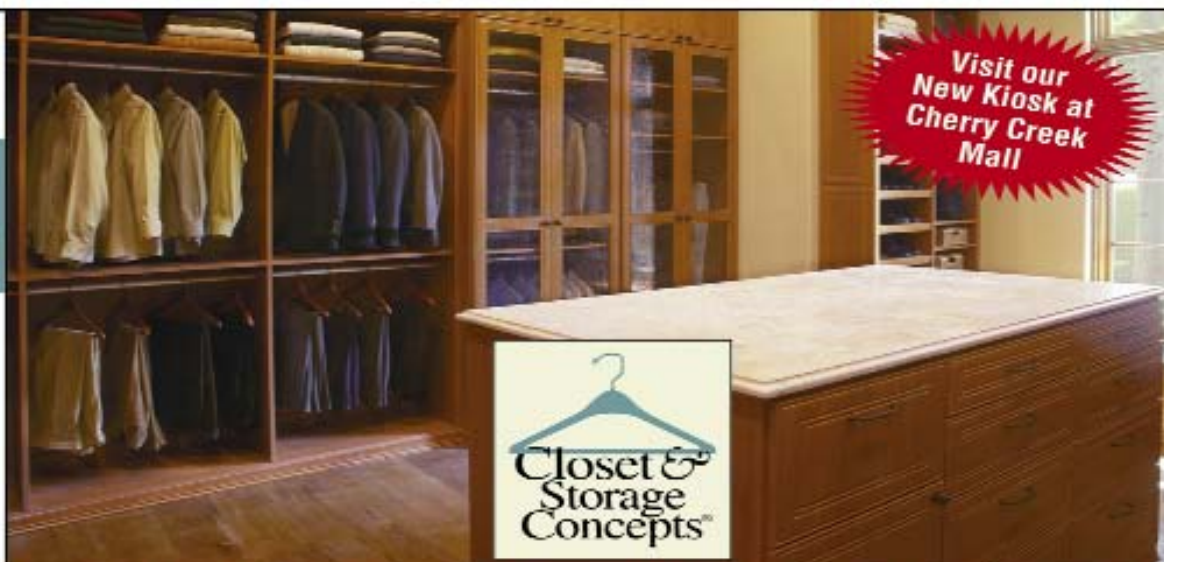
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DSST Students Demonstrate Their Knowledge



At the Denver School of Science and Technology's (DSST's) annual fundraising gala students provided demonstrations of some of their recent accomplishments. Eleventh graders

Tera Jones (left) and Daniel Helfrich adjust the equipment they constructed to measure the amount of pressure being exerted on structural elements.

DSST Raises Funds for Proposed Middle School

(continued from page 3) Schools Board approve the DSST charter, the suggested site of the middle school would be on the east side of the existing high school campus. DSST has embarked on a \$7 million capital campaign to support the building of the proposed new middle school and has received early commitments from several of its long-time partners in hopeful anticipation of the charter approval. Capital

commitments include John and Carrie Morgridge at the \$2 Million level, the Gates Family Foundation at \$1.2 Million, the Piton Foundation at \$1 Million, and the Barton Family Foundation at \$250,000. Commenting on the gifts, Bill Kurtz, Head of School said "DSST is very grateful to these partners for their leadership and investing so early in this project. It means a great deal to our school community and the greater Stapleton community."

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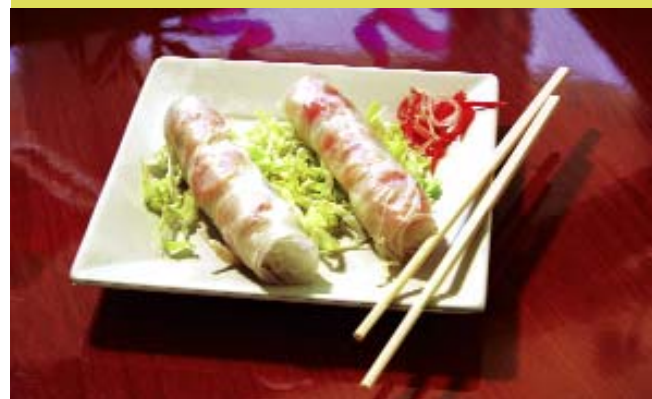
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Jill Farnham – Executive Director for Fitzsimons Redevelopment Authority

Colorado native Jill Farnham serves as Executive Director of the Fitzsimons Redevelopment Authority (FRA). Jill helps oversee the development of the commercial components of the Fitzsimons Life Science District, which includes the Colorado Science + Technology Park (6.5 million square feet being developed by Forest City), the Square at Fitzsimons Commons mixed use zone (500 apartment units and 16,000 square feet of retail being developed by the Pauls Corp.) and the property being transferred to the VA for the new VA Hospital (1.5 million square feet).

Starting as the Director of Finance, Jill has now served as Executive Director for 3 years. “I have worked at Fitzsimons for almost 10 years — hard to believe! — since the very beginning of the redevelopment process,” she says. “There were only about 10 of us in the old 450,000 square foot former hospital building back then – a lot has changed!”

The Fitzsimons Life Science District, which includes the Colorado Science + Technology Park, the Anschutz Medical Campus, The Children’s Hospital, the VA Hospital, the Fitzsimons Commons, and some other small uses, will be home to over 18 million square feet of development, 30,000 employees, 1 million annual visitors, and over \$4 billion in capital investment. Over the next 20 years, the Colorado Science + Technology Park will grow and be home to a variety of companies involved in

the science of human health, including bio-science research and development, pharmaceutical, medical device, and service providers that support these scientific endeavors. The first phase of the Park is anticipated to be completed in late 2008.

Jill explains the FRA oversees the development of the commercial components of the Fitzsimons Life Science District and is focused on bringing together partners and resources to create an environment that meets the needs and supports the success of the bioscience industry in Colorado. The University of Colorado Health Sciences Center owns most of the other land at Fitzsimons, including the Anschutz Medical Campus and The Children’s Hospital. Though not directly responsible for



Jill Farnham, Executive Director of the Fitzsimons Redevelopment Authority.

University development, the FRA coordinates the entities to assure a cohesive development throughout the Fitzsimons Life Science District.

“The Fitzsimons Life Science District is not just about real estate,” Jill says. “It is about creating a place where education,

patient care, basic science research, and commercial activity come together in an integrated environment that is dedicated to advancing the science of human health.”

Jill is married, has a 12-year old son, and plays on a regular co-ed roller hockey team at Bladium in Stapleton.

South End Row Bringing Small Retail to Central Park Blvd. – Opening Slated for Mid Summer

South End Row, previously known as WorkPlace Lofts, is set to complete its first phase in mid summer with seven live/work residences at 2300 Central Park Boulevard and a retail center specifically designed to attract small neighborhood businesses to south Stapleton..

Project developer Jeff Bedard of New Providence said South End Row has already been successful in signing its first retail tenant, an independent coffee shop scheduled to move-in at 8709 23rd Avenue when the first phase of South End Row is completed this summer. Known as “SouthEnders,” the coffee shop will feature coffee, baked goods and lunch items such as soups and sandwiches.

Mr. Bedard likens the community to the older neighborhoods in Denver that feature “mom and pop” retailers. Before developing the project, he researched such communities as Washington Park and Bonnie Brae to see what made them so livable.

“The reason neighborhoods like Bonnie Brae can’t be created anymore is because the traditional ‘mom and pop’ shops don’t need the large spaces required by the national retailers,” Bedard said. “With South End Row, we hope to attract local retailers that desire smaller spaces and a walkable community.”

Once completed, the \$15 million, three-phase project will feature 14 town homes and eight one-and two-story flats, all built with ground floor retail or office space.



The WorkPlace Lofts on Central Park Boulevard near Montview have been renamed South End Row. The development will include 6,000 square feet with space for small retail such as a coffee house, a small grocery store and professional offices.

Slated for full completion by the end of 2008, the town homes run from the high \$400s to the mid \$700s, and the street level retail will be a major component. Six thousand square feet are planned for the site with space for small retail such as coffee houses, a small grocery, and professional service providers.

Units range from 1,600 to 2,900 square feet of living and working space including two to three bedrooms plus offices. They also include the basement and ground floor “flex space” easily used for a home business. In addition many residences offer penthouse

levels with roof top decks, taking advantage of the city and mountain views.

Interested parties can tour South End Row at an Open House on May 20, from 1 p.m. to

4 p.m. For more information, call Bryan and Kris Uhl of Kentwood City Properties at 303.293.2255 or visit www.southendrow.com.



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Family Kicks

by Mike and Karen Giles
Mike Giles Family Karate



Teachable Moments

by Tom Downey
Children's Museum of Denver



Oh My God, Where is My Child?

The most heart-stopping, breath-taking moment in any parent’s life is the moment they don’t know where their child is. It’s that moment we are caught between the emotions of “Oh my God, how could I have taken my eye off of them” and “I told you to stay right here, you scared Mommy to death.”

The world and safety issues have changed dramatically in this 21st century. Child predators can now be our neighbors next door, asking your child to come over for cookies and ice cream. Just letting your 10-year old walk down the street to play with a friend or ride their scooter through the neighborhood could be dangerous. We need to be cautious and take the time necessary to keep a close eye on not only our children, but our neighbor’s children as well.

Our busy lives mean we must multi-task, so we drop a child off at soccer practice while we take the other one to dance class. Then we glance at our watch and calculate maybe we have time to pick something up from the grocery store. But did we make sure there is a back-up plan, in case we’re running late? Do your children know what to do if the game is over and a stranger, reading the name from their workout bag, says to them, “Annie, I’m here to pick you up, I’ll bring you to your mother.” This type of situation could happen to the most conscientious Mom or Dad.

What can you do to prevent the “Oh my God” time? Let’s face it – we can’t be with our children 100% of the time. So the answer is to educate them to deal with adverse situations like being temporarily separated from us. Toddlers should always be in our eye sight or at least just playing in the clothes rack when we’re shopping. Always remember what they have on and if possible attach some type of contact information on them or in their pockets. With older children, have a meeting spot, code word, cell phone, or whatever it takes to keep them safe. Remember, when traveling on vacations, err on the safe side. If you are in a foreign country, teach your children enough of the native language so that they are able to obtain help if they need it.

Children will remember things that are drilled over and over to them -- Mom’s phone number, or who to seek help from. In our martial arts program we teach children how to use their common sense. We teach them the skills to stay safe, such as remain in the spot where you were separated from your parents as they will always return. Seek out a grandmother for assistance and always remain calm. It takes a village of smart children and parents; together we can keep our children safe.

Mike Giles Family Karate is located at 3577 Syracuse St. #460 – Quebec Square. For more information: mikegileskarate.com or (303) 377-(KICK)5425.

Get Caught Reading

May is *Get Caught Reading Month* at the Children’s Museum, and it can be at your home too. Encourage older children to take the time to each day to read and set aside a special family reading time. Older children love to help and are more often than not willing to read to parents and younger children. Read to and with your children everyday. Ask your child to find letters and words on the pages and talk with your child about the story.

Make your own book. For older children, have them create their own story and write it themselves. Have your younger children dictate a story and write it down for them! They can add some crayon decorations. Younger children will also love creating their own picture books. Have them cut pictures out of old magazines to create something they can “read.” All children are familiar with some words and symbols. Most children can “read” a box of cereal to know that it’s Frosted Flakes or Cheerios just by recognizing familiar logos. And most children can recognize the M of the McDonalds golden arches. Have your child choose products and places that they know and can “read” in a book of their own!

Cooking is an easy time. Spell words with alphabet noodles or create letters with spaghetti noodles. In the bathroom, spray shaving cream in the sink and practice writing letters in the foam. It’s a fun and easy activity for children who are just learning their letters. While on a walk with little ones, sound out what you see. “T-t-t-tree. H-h-h-house.” Phonetic awareness is very important for young children. In the car notice signs and license plates. What do they start with? What states can you find and spell on license plates?

Help your children to read on their own. Reading at home helps children to do better in school. Have lots of children’s books in your home and try to make a regular trip to the library. Help your children get their own library cards and let them pick out their own books. Teach children rhymes, songs, and poems. Make up stories about your children and include their names in familiar songs.

Parents have hundreds of these “teachable moment” opportunities everyday with their kids. Some are obvious, and some take a bit of explanation. Now, thanks to incredible research and efforts by Civitas, the Ad Council and United Way of America, these Born Learning Techniques are available to parents in simple forms. Nationally, they are promoting the Born Learning concept through public service announcements and a wonderful website: born-learning.org. Here in Colorado, Mile High United Way, Anna Jo Haynes of Mile High Montessori, the Children’s Museum and others have partnered to spread the Born Learning concept in our community.

Tom Downey is the Executive Director of the Children’s Museum of Denver, tomd@cmdenver.org. He lives at Stapleton with his wife, Lori Fox, and daughters Cate and Ella.

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4 Paws News

by Michele Smith, D.V.M.
29th Ave Animal Hospital

New Pet Checklist Leads To Wise Choices

So you've finally decided that the time is right to invite a furry, four-legged friend into your family. Before you do, a little forethought and planning will help make pet ownership a rewarding experience for both people and pets in your household.

One of the first considerations is how much time you have to devote to your new pet, which will determine what type of pet you should choose. In general horses and dogs require the most time, followed closely by cats, and then "pocket pets" or fish. If you just want a furry buddy but are rarely home, a pocket pet, such as a hamster or guinea pig, might be a great solution for you.

If you're ready for the time commitment required for a dog or cat, your next decision is whether to choose an adult or a puppy or kitten. If you want a youngster, be ready for potty training, some house chewing, and lots of work. An adult is a good option for some people: on the plus side, they are likely through the destructive stage and may already be trained; the downside is that this new animal already has a history that you must be willing to accommodate.

Now you are ready to pick out your new pet. The first thing that you should look for is the health of the animal you are getting. Check the eyes, ears, and nose of any dog or cat you are thinking of adopting. The eyes should be clear, with no discharge. The ears should be relatively clean, not red or smelly. The nose should be free of mucus. Puppies and kittens should be active, not lying lethargically in your arms. Do not fool yourself into thinking that lethargy indicates a naturally calm animal. While that is possible, more likely this pet is sick.

Visiting a prospective pet more than once will help you gauge their true personality. Breed characteristics tend to be accurate. For example, a black Lab mix will have a lot of energy because that is what those dogs were bred for.

You should not get a pet thinking it will help you increase your activity level. Too many times owners think that their new family member will force them into good exercise habits. But the truth is that old habits die hard, and more often than not the pet ends up getting less exercise instead of the owner getting more.

Another important aspect to consider is the new pet's interactions with other animals. A dog that is aggressive toward other dogs may be fine as the only dog in your house, but going to public places with this pet may be challenging.

Now that you have thought through these considerations and made a wise decision, congratulations! You and your new pet will certainly be very happy.

Dr. Smith's clinic, The 29th Ave. Animal Hospital, is located in the East 29th Ave. Town Center at Stapleton in the courtyard next to Fantastic Sams. Call 303.394.3937 for more information.



Good Food for Good Health

by Susan Gamble

Healthy Snacks for Spring Outings

Every spring I feel like I rediscover outdoor Denver again. It's such a pleasure to dust off the bikes and search out our favorite parks all over again. Although it is always healthy to get outside and get some exercise, it's not so good if you get so hungry that you stop for fast food or eat prepackaged, high-sodium, high sugar snacks. For me and my family, any trip to the park is incomplete without a snack bag. Many of the packaged grocery store snacks are expensive and have questionable nutritional value (i.e. fruit chews). If you wouldn't feel good about eating it at home, you should probably think twice about buying it at all. Here are some ideas for healthy snacks:

Whole Grain Crackers or unsweetened cereal – If I am in a real rush I will grab a box of crackers and a few plastic sandwich bags & give kids a handful of crackers in their own bag.

Carrots or sweet peppers – Keep carrots cut and ready to go in the refrigerator (stored with a little water to keep them crunchy) or buy the baby carrots.

Apples & pears –I like to cut up the apple & put lime juice on it. Some children are more willing to eat the skin, which is full of good nutrients, if you slice the apples very thinly.

Nuts – If you have no allergies in your family, nuts are a wonderful snack. Peanuts are the only nut that has high quality protein but all nuts have healthy fats in them.

Granola bars can be a good snack but read the labels to see how much fat and sodium they contain. Granola bars are meant as a single serving for an adult, not for a child. You can make your own granola with Plum Creek Gourmet's Summit Bar mixes. They use organic healthy ingredients (dates, oats, spelt flour) and are really tasty. You add the fat (oil) and sweetener (honey) so you maintain control over what exactly your family is getting and you can control the portion size too. Look for them online or at Whole Foods.

Finally, here is a vanilla cookie recipe that you can feel good about even if you or your kids eat one too many. It still qualifies as a sweet but we all need that every once in a while.

Susan Gamble describes herself as an enthusiastic amateur who has cooked tasty and nutritious meals for her family every day for many years. She is a Park Hill resident who has children ages 3 and 5. She can be reached at susanandpark@mac.com.

Vanilla Cookies (makes about 60 cookies)

- | | |
|---------------------------|--------------------------|
| 1 1/2 cups oatmeal | 2 tsp vanilla |
| 1 1/2 cups flour | 1/4 cup light corn syrup |
| 3 tbsp wheat germ | 1/4 cup water |
| 2/3 cup plus 2 tbsp sugar | 6 tbsp vegetable oil |
| 1 tsp baking soda | 4 tbsp melted butter |

Process the oatmeal in a food processor until finely ground. Stir together ground oatmeal, flour, wheat germ, sugar, and soda. Add vanilla, corn syrup, water, oil, and butter until well mixed. At this point the dough should make a slightly crumbly ball. Knead it a little on a clean surface and shape it into two long rolls about an inch in diameter. At this point you could freeze the dough for later use or put it in the refrigerator to firm up a little.

Take the (thawed) roll and slice into 1/4 inch thick cookies. Bake at 400 degrees for 8 or 9 minutes or until they are turning brown on the edges.

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Sun Forum and Board Elections

Tues. May 15, 7-8:30pm

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**The SUN Community Forum will feature elections to the SUN Board,
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Stapleton Development Corporation, Park Creek Metropolitan District, Denver Police and more!

Statements by Candidates for SUN Board

Chris Adams

Stapleton is a special place that holds the potential to demonstrate a new way of urban living. SUN is an important leadership organization helping to show the way. Serving on the board would be a great responsibility.

Chris Adams is President of The Adams Group, which provides consultation, facilitation, mediation and leadership development for the public policy sector. Adams' current major project is a multi-year consensus-building process to produce policy recommendations to the US Congress on ways to improve healthcare coverage for the uninsured. Recent projects include a comprehensive review of Colorado's Boards of Cooperative Educational Services (BOCES), an effort to design and pilot a low-income health coverage plan in Pueblo, Colorado, and facilitating a six-month bi-partisan political leadership development course.

He has published more than 40 essays in publications including The Los Angeles Times, New York Newsday, The Christian Science Monitor, The San Francisco Chronicle, and The Front Porch. In 1997 he was a participant in the distinguished Conference on World Affairs at the University of Colorado, delivering five presentations on the theme "Values and Ethics in a Fragile World."

He holds degrees from Yale University and the University of Colorado. When not working, Adams enjoys spending time with his wife, Cheryl, and their three children.

Diana Kearns

Diana is currently serving on SUN as Secretary and is seeking another 2 year term. She serves on the Outreach Committee which includes membership and fundraising. She is also a member of the MCA Committee which grew out of the old Pool Committee. Accomplishments for the past term include organizing Macy's Northfield Opening Day Charity Event raising over \$550.00 for Stapleton United Neighbors and attending the new resident orientation meeting each month to provide information and answer questions as well as compiling SUN board meeting minutes and organizing monthly committee reports.

Professionally, Diana is a real estate agent working for The Kearns Team with RE/MAX City Horizons @ Stapleton. "I've worked in real estate since 1980 and started in Boulder, CO. Because of my Boulder roots, it's exciting to see a community develop with standards that were established with a "Green Book" as a guideline or blueprint. It would be impossible not to want to be part of this concept and watch it grow from paper to reality. I've served on very strong neighborhood organizations in the past and very much want the same for Stapleton."

Diana and husband

Michael live here with their 3 year old daughter, Aydan and Border collie, Tazzie. Diana's oldest daughter lives in Denver as well and is a senior in college.

Jeanine Anderson

I am a shareholder at the law firm of Brownstein Hyatt Farber Schreck, where I practice commercial litigation and employment law. I graduated from college in 1991, and spent a winter in Crested Butte as a ski bum before beginning law school at the University of Texas in 1992. My most recent civic experience has been as a member of the board of directors of RAAP (the Rape Assistance and Awareness Program), a rape crisis center serving the metro-Denver area.

My husband, Brent, and I moved to Denver a little over 10 years ago, shortly after graduating from law school (where we met), and we have lived here ever since. Last spring, we move to Stapleton (the east side) along with our two year old son, Carter, and our one year old daughter, Sloane. Although we are relatively new to Stapleton, we love it so far. The unique community provides a nice mix of diversity, community involvement, and amenities. That is why I want to serve on the SUN Board – I want to be part of ensuring that the continued growth does not threaten the neighborhood feel and sense of community that defines Stapleton and attracted many of us and will continue to attract others to it.

John Chrisbens

As the co-owner of Metro Brokers Cherry Creek, my background is squarely in sales and marketing, with over 14 years of experience. Prior to entering real estate, I was the Director of Sales and Brand Development at Colorado Ski Country USA (CSCUSA). Previous to CSCUSA I was the Director of Sales and Marketing at Intrawest Retail Group, a chain of 45 ski retail/rental stores in eight western states.

Although I am a Colorado native, I went to school at the University of Missouri where I graduated with degrees in business management & psychology.

I am a three year resident of Stapleton, along with my wife Janet, and five year old daughter Parker.

I vividly recall many years ago, while living in Park Hill, opening the Denver Post to see a two page illustration promoting the plan for Stapleton. Although actually residing in Stapleton was many years off, it was at that time that I came to the conclusion that this area had the potential to be, as the slogan goes, one of Denver's great neighborhoods. Having lived here the last three years watching the neighborhood grow, along with my daughter, I have developed an obvious affection for its many and varied

(continued on page 26)

Stapleton Cop Shop – Volunteers Needed!

The Community Operated Policing Storefront (COP Shop) is a great way for the Stapleton community to be involved in our own safety. The purpose of the Cop Shop is to help reduce crime, make neighborhoods safer, and encourage positive working relationships between law enforcement and the public. The Cop Shop is a resource for the community to make referrals to city agencies (such as reporting potholes, traffic concerns, and other 311-types of issues), handling non-criminal complaints, as well as providing community information and programs.

The Stapleton Cop Shop provides a convenient location for Denver Police Officers to come while on duty to file reports, check-in with the community, and help us with current issues. The Shop also adds the extra benefit of being a deterrent to crime in the community (would you rob a neighborhood where the police are just around the corner watching you?!).

Forest City has donated a site in Quebec Square for the Denver Police and the Stapleton community to use as our new Stapleton Cop Shop. The Cop Shop will be staffed solely by volunteers from the community -- and that means you! Technician Mike Rappe, Stapleton's Community Resource Officer with the Denver Police Department, is working very hard to coordinate the opening of the Stapleton Cop Shop with us. We are planning to utilize the Cop Shop as a location to hold programs such as Neighborhood Watch, Safety presentations, and Financial Crimes Prevention, as well as provide helpful information and resources like Denver Citizens for Crime Prevention, Neighborhood Crime Statistics, and Tips to Keeping Your Home Safe from Burglars to the community.

Now is your chance to get involved in Safety in Stapleton! If each one of us donates just one hour a month to this Cop Shop, we could be fully-staffed and keep Stapleton a safer place!

Please contact Julie Cameron (cameroj@comcast.net or 303-690-7782) for more information and to volunteer!

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Views on the Street

Where do you or have you done volunteer work?



Rich Pfeifer

"I'm a member of the Denver Rotary Club and through it I have done volunteer work. Currently I'm volunteering for the Colfax Marathon. I have also volunteered to be a mentor in finance and investing at the Denver Center for International Studies, a DPS school with a remarkable curriculum where the students have a real thirst for learning. Also, through a friend of mine, Jeffrey S. English, who is the magistrate for the Denver District Drug Courts, I have volunteered to line up speakers for the graduation ceremonies for the court-ordered drug treatment programs.

Andi Felsher
with Drew, 6 1/2

"I work at The Children's Hospital which has many wonderful ways to volunteer your time and energy. From rocking babies, to manning the information desk or gift shop, to washing dogs at our annual dog wash – there is something for everyone. For more information contact our Association of Volunteers at 303-861-6887."



Charles Davis

"Kris takes her involvement with the Relay for Life very seriously. Her role as event Co-Chair keeps her busy with planning and meetings throughout the year. This is a fantastic event which she, and all the other members of the planning committee should be, and are, very proud. I do what I can to manage our kids and household while she works on the Relay. It's the least I can do."

Meardis Wells

"I contribute to a program called "Women for Women." The program sponsors women in third world and war-torn countries. A \$30/month donation provides assistance in education, farming, childcare, or whatever a woman needs to become self-sufficient. After a year in the program the women graduate and become self-supporting and the sponsor receives a certificate. The website is womenforwomen.org. Also, I have volunteered at Warren Village, caring for toddlers. The program houses and provides education for families at risk. They provide child care, they have a nutritionist to teach good eating habits, and they have classes in job search/interviewing, etc. Their website is www.warrenvillage.org."



Malina Farias

"Eleven years ago, I became interested in Salsa dance, after a lifetime of classical dancing (ballet, modern, ballroom). I became so passionate about not only the dance but the culture surrounding Salsa, that I founded Salsa Central Denver, now a 501(c)3 non-profit which educates about Salsa dance and music. Salsa Central Denver holds classes every Wednesday night at the Denver Turnverein, 1570 Clarkson St., for people who want to learn this exciting and fun partner dance. www.SalsaCentralDenver.com

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Letter to the Editor Take Advantage of Stapleton's Redevelopment Zone Status

As residents of Stapleton, we have a unique opportunity to literally shape the future of our community simply by spending money here. Few Stapleton residents are aware of the fact that Stapleton is a redevelopment zone. This means that the retail sales tax generated in the Town Center, Quebec Square, and Northfield directly impacts the amount of bonds issued to fund parks, streets, a recreation center, a library, and other infrastructure projects, both now and in the future.

How does the bonding process work? When a redevelopment zone is created, a snapshot of current tax generated in the zone is taken. Based on the amount of anticipated tax revenue that will be generated above this snapshot, redevelopment bonds, also called "Tax Increment Financing" or "TIF"

bonds, can be issued. A portion of the actual tax revenues generated in the redevelopment zone pay off these TIF bonds.

If Stapleton businesses generate tax revenues at or above the anticipated level needed, the first set of bonds may be paid off ahead of schedule. In addition, and more importantly, achieving or surpassing the anticipated revenue level may increase the "bonding capacity" of the Stapleton redevelopment zone, thereby speeding up the availability of funds for future infrastructure investment.

The bottom line is this: the more you and your friends, contacts, and business associates spend here in the Town Center, Quebec Square, and Northfield, the sooner we may see a Stapleton library, recreation center, and all those other items on our wish list.

Mary S. McClatchey, Stapleton resident

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Rocky Mountain Arsenal – Stapleton's Neighbor to the North

Calling All Anglers

2007 Season Features Additional Fishing Area and Weekday Visitation

The Rocky Mountain Arsenal National Wildlife Refuge recently opened for the 2007 fishing season and extended drop-in visitation.

"Catch-and-release fishing is one of the most popular activities at the refuge, and people have been excited about bringing their kids and grandkids out here during the week," said Supervisory Park Ranger Sherry James of the U.S. Fish and Wildlife Service.

Anglers—as well as hikers, birdwatchers and others—can visit the refuge every Tuesday, Saturday and Sunday from 6 a.m. to 5:30

p.m. throughout the catch-and-release season, which ends Oct. 14. In order to fish, anglers 16-years of age and older must have a valid Colorado fishing license and obtain a season permit by attending a one-time orientation session at the Visitor Center. Sessions are offered at 8:00 a.m. every Tuesday, Satur-

day and Sunday.

This year, anglers will also be able to fish along the northern shore of Lake Ladora for the first time. The additional trail opened at the beginning of the season allowing for more angling opportunities to



This year, anglers will also be able to fish along the northern shore of Lake Ladora for the first time. The additional trail opened at the beginning of the season creates more opportunities for fishermen.

catch lunker northern pike and trophy-size largemouth bass. Channel catfish, bluegill, yellow perch and white and black crappie can be caught in Lake Mary. If you catch a trophy-size fish, take your picture and send it to us so we can add it to the Fish Wall of Fame collection in the Visitor Center.

A daily fishing fee of \$3 applies for anglers age 16 and older, and live bait is prohibited. All fees collected stay at the Rocky Mountain Arsenal National Wildlife Refuge and go toward the purchase of new fishing equipment for special programs, restocking the fish-

ery and improving the aquatic habitat.

If you would like to help others enjoy fishing at the refuge, consider becoming an Arsenal Angler volunteer. Volunteers participate in special events and kids fishing programs to help young patients from Children's and Craig hospitals experience fishing and other outdoor activities. For more information contact Jeannine Kimble at 303-289-0471.

To get to the refuge, take I-70 to Havana and

then north to 56th Avenue. Enter through the gate and proceed to the Visitor Center. Parking is available only at the Visitor Center. Please call the U.S. Fish and Wildlife Service at 303-289-0930 to learn more about other programs and opportunities or visit our website at www.fws.gov/rockymountainarsenal.

SUN Board Candidates (Continued)

(continued from page 24) attributes; it is truly a tremendous place to live. To ensure that my fellow neighbors and future residents are able to continually share these sentiments, I would appreciate the opportunity to contribute my time and effort to make certain that Stapleton continues to be a great place to live.

John Keene

I am a new Stapleton resident, having moved here from Chicago in August with my wife and two-year-old daughter. Prior to moving here, I was a Chicago Police Officer and had been in law enforcement for over 12 years, including serving two years as an International Police Officer with the United Nations. I was also in the Marine Corps Reserves during Operation Desert Storm. Now I am a real estate agent and I am looking for a new form of public service.

I believe in public transportation and would love to work on a committee that dealt with transportation issues. I would

also bring my years of law enforcement experience to any committees dealing with safety issues, and as a Realtor I would welcome the opportunity to work with the Stapleton Development Corporation committee in any aspect. I am already a strong supporter of the local businesses along 29th Street, and am myself a charter member of the Greater Stapleton Business Association. In closing, I would be an excellent Stapleton United Neighbors board member because I have a proven track record of helping my community.

Thank you for your consideration.

Julie Cameron

I am a Business Analyst/Project Management consultant with my own company, Cameron Consulting.

I have been a resident of Stapleton since the first phase of development, when I purchased my home in 2002. Since then, I have enjoyed participating in the development of the Block Captain role for Stapleton by vol-

unteering for our block, where we successfully implemented the Neighborhood Watch program! As the overall Block Captain role grew, I expanded my efforts to include Regional Block Captain for the Aviator West division.

Recently I took on the role of Committee Chair for the Safety Committee, which allows me to cultivate relationships with the Denver Police Department, as well as concentrate on improving safety in and around Stapleton. To improve my skills for that role, I participated in classes with the Citizen's Academy at the Denver Police Academy – a whole-heartedly, fascinating experience I would highly recommend for anyone!

I am very proud and excited to be a part of Stapleton, and to be involved in its endeavor to build a civic-minded community. As a member of the Board of Stapleton United Neighbors, I feel I can enhance my awareness of Stapleton as a whole, as well



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A Guide to Volunteering *(continued from page 15)*

that began in the early 1990s. The board reviews and provides feedback and advice regarding the redevelopment of Stapleton. The board's primary mission is to support the principles of the Green Book and has 5 subcommittees (Parks and Green Space, Zoning and Planning, Workforce and Business Opportunities, Housing Diversity, and Communications) which work with Forest City to help ensure these principles are integrated throughout the redevelopment. If you would like to learn more about CAB and opportunities to volunteer for the board or any of the subcommittees, please contact Elizabeth Garner, CAB Co-chair at elizabeth@garner.co.com.

"Volunteering with CAB I have enjoyed the opportunity to meet and work with a diverse group folks who care deeply about the redevelopment of Stapleton and how it fits into the fabric of Northeast Denver. I have enjoyed being part of a resident perspective and learning about the development process."
Elizabeth Garner, Stapleton resident and CAB volunteer

Rotary Club

The Rotary Club of Denver Stapleton was chartered by Rotary International in 1985, and currently has about 20 members. Some members live

or work in the Stapleton area but also reach to Aurora and Downtown Denver. Past projects have included helping fund environmental work at Bluff Lake Nature Center and the Sand Creek Regional Greenway, and donating thousands of dollars in used computer equipment to help children in Nepal, Mongolia, and Bangladesh.

Visit www.denverstaple-tonrotary.org for more information.

S.U.N. (Stapleton United Neighbors)

SUN is comprised of neighborhood residents who volunteer to serve their community. SUN's monthly meetings are open to the public and are usually held on the 4th Thursday of each month in the Stapleton Development Corporation's conference room at 7350 E. 29th Ave. on the 3rd Floor. Anyone may chair a committee, whether they are a SUN Board Member or not. SUN Board Elections are coming up in May. Contact Mark Mehringer (mehringer@gmail.com) of the Outreach Committee to find out more about the process for becoming a candidate.



One of the many ways volunteers can help the Botanic Gardens is to work in the programs they offer for kids.



Sand Creek volunteers of all ages help with planting and clean-up projects.

as giving back to a community about which I feel so passionate.

Mike Johnson

I would like to serve another term on the SUN board to continue working on making Stapleton a pedestrian- and bicycle-friendly neighborhood and to make sure that Stapleton residents have a say in how new development is designed and constructed -- especially how it affects vehicle, foot and bicycle traffic in the developed areas. I moved to Stapleton in 2004 from Congress Park with my wife, Carol Friesen, and our three daughters, Corley (8), Abby (10) and Sarah (13), all of whom are DPS students. I joined the SUN board in 2005. I have served as chair of the SUN Transportation Committee and currently serve as Vice President of SUN, a member of the Stapleton Citizens Advisory Board (CAB), co-chair of CAB's Zoning and Planning Committee, a CAB-appointed member of the Stapleton Design Review Board and a neighborhood delegate to the Stapleton

Master Community Association.

I am a partner in the Denver office of Kutak Rock LLP, a large multi-city law firm. I specialize in public finance and represent a number of governmental entities that are active at Stapleton, including Denver Public Schools and the Colorado Department of Transportation. Others in my firm represent the Denver Urban Renewal Authority, which finances infrastructure at Stapleton, the City of Aurora and (for certain types of financings) the City and County of Denver. I and others in my firm also frequently represent investment bankers who do business with other public and private entities that are active at Stapleton, including RTD, Park Creek Metropolitan District and Forest City.

Peter Mullison

My wife Felicia and I moved to Stapleton just last June and could not be happier about our decision. We love our new neighborhood and the way we have been welcomed into it as well as the promise Stapleton holds for our

and our neighbors' futures. While so much has been done, much remains. Helping our community reach its full potential is my primary reason for wanting to serve on the SUN board. I see the board's role as crucial to making sure that continuing development is faithful to the original vision of Stapleton. I will advocate for the new recreation center and library and other amenities to enrich the lives of its residents, and I will support development and projects that reduce Stapleton's environmental impact. Before opening my own law practice, I spent seventeen years advocating for abused and neglected children. I believe that with my many years of experience working with public and private partnerships, balancing the interests of several groups, I can help create a community that is a safe place for children and where families can thrive.

Two Artists Selected for Eastbridge Town Center Public Art Project

By Barbara Neal

The Project Selection Committee recommended two nationally recognized artists to work with the design team for the Eastbridge Center (formerly Havana Town Center) to identify opportunities for artwork in this location. Jim Green, a sound artist from Denver, will team up with Donald Lipski, the sculptor whose home is Philadelphia, PA, to create a unique work for this Center. Jim and Donald were chosen from a field of 193 applicants for this project.

Denverites are familiar with the work of both artists. Jim created the sound piece that announces the trains at DIA, the "Soundwalk" in the sidewalk on Curtis Street between 15th Street and the 16th Street Mall. One of his most recent pieces is the "Laughing Escalator" in the Convention Center. Donald Lipski created "The Yearling" sculpture at the Denver Public Library as well as a sculpture entitled "Tools" in the lobby of the Webb Municipal Building.

It's premature to imagine what the artists will propose for the Havana Town Center but it will be a sculpture and it will have a sound component. The total amount of this commission is \$450,000. We'll have more information to share after the design team has begun its work.

In other public art news, Tim Upham is working on his design for the Recreation Center. The selection process has begun for artwork to be placed on the grounds of the new swimming pool between Geneva and Hanover Streets at 28th Drive. Next on the public art schedule is for artwork to be placed at the Ellipse on East 35th Avenue. Selection for the Ellipse project will begin in early summer.

If you're interested in being appointed to a Project Selection Committee or are an artist wanting to be considered for a public art project, or a Stapleton resident simply wanting to learn more about the public art program, please contact me at barbneal@mindspring.com. The Front Porch and the Stapleton Online will keep you informed about the public art as well as activities and opportunities in the public art program at Stapleton.

Barbara Neal is Stapleton's Public Art Consultant.

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Unseasonably cold weather meant ear muffs and mittens rather than spring bonnets for the annual Easter egg hunt on Founders' Green at Stapleton...



...but within days shoppers were dining outside in shirtsleeves at Northfield in summer-like weather.

*If you don't like the spring weather in Colorado...
just wait a day!*



Peter Flanagan pitches to son John, 5, as the weather warmed up and the grass turned green.



At the 29th Ave. Town Center in Stapleton, Gina Jors battles a recalcitrant umbrella as she tries to keep dry during a heavy spring rain.

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