

# Front Porch

Front Porch  
Anniversary  
Issue—  
10 yrs.

Distributed to the Stapleton, Park Hill, Lowry, Montclair, Mayfair, Hale and East Colfax neighborhoods

DENVER, COLORADO

STAPLETON

APRIL 2010

10th Anniversary Issue

## A Stapleton Retrospective

From the April 2000 Front Porch — “We are building a ‘city within our city’ that we hope will set an impressive standard for smart growth in Colorado and in the nation.”

Mayor Wellington Webb



Mayor John Hickenlooper (left) and Mayor Wellington Webb (right), hold the Green Book (Stapleton's Development Plan), with Sam Gary at 29th Ave and Valentia St. in Stapleton. Sam Gary is credited by the three most recent mayors as being the key community member in Denver who brought the new-

urbanism planning concept to the redevelopment of the old Stapleton airport. Gary kept the planning process on track until it was approved by a 13-0 vote of City Council in 1995.

About the 10th anniversary issue: The Front Porch began in April 2000 as a vehicle for Forest City, Inc., as master developer, to

keep the surrounding communities and city officials apprised of the progress as development proceeded at Stapleton. Over the years it has evolved into a community newspaper and the role of publisher has passed to Stapleton residents Carol Roberts and Steve Larson, who have worked on the paper since its first issue.

## Stapleton's Library Takes Another Step Forward



Architects' rendering of the library looking southwest, with the Roslyn St. entrance at the south end of the building. The main entrance, facing southwest, features a large covered patio with trees and outdoor seating.

By Carol Roberts with information from DPL and OZ Architecture

“We have a plan, we have a three-dimensional building and we are excited about being one big step closer to having the library open its doors,” says

Kate Fields of OZ Architecture. “After the last community meeting, Denver Public Library (DPL), the City and County of Denver and OZ Architecture went back to the drawing board to incorporate some of the (continued on p. 12)

By Carol Roberts

To piece together the story of how the Stapleton we know today came to be, the Front Porch interviewed the people who were a part of the historic events that brought us to where we are today.

One might think of Denver's vote to move the airport as the crucial moment that made the Stapleton neighborhood happen. But, as we learned from former mayor Federico Peña, there were many hurdles to be crossed before the question of a new airport came to the voters.

**Mayor Federico Peña**

“Denver had to annex 50 square miles from Adams County for DIA, and that required a full vote of Adams County. The formal negotiations with (continued on page 4)

## April 22 is the 40th Anniversary of Earth Day

Local Earth Day activities, including an Earth Night dinner and movie, are listed on pages 18 and page 30.

An interview with Stapleton resident Jeff Parrish, a migratory biologist and wildlife conservationist gives readers a look at what his organization is doing to “ensure that our nation's wildlife can survive and adapt to a world that is increasingly crowded, developed, fragmented, and now warming significantly” (page 31).

And a few easy suggestions on how to live greener are offered by Michael Kearns on page 30.

Printed with soy-based ink. Paper contains 40% postconsumer waste.



Politics Runs  
in the Family

10

New ECE-3  
Program

16

A Streetcar  
on Colfax?

25

Stapleton's Latest  
Public Art

26

S.U.N.

28

Earth  
Day

30



# CALENDAR

Events in or near Stapleton that are free and open to the public or are nonprofit events.

## APRIL

### Saturday, April 3

Egg Scramble 10:00-11:30am  
Founders Green  
events@stapletoncommunity.com

### Saturday, April 3

Denver Art Museum - SCFD Free Day  
720-865-5000 www.denverartmuseum.org

### Tuesday, April 6

Children's Museum, Target Tuesdays  
1st Tuesday nights free 4-8pm

### Wednesday, April 7

1st Wednesday, socializing/networking for  
NE Denver residents who work from home.  
La Sandia, Northfield Stapleton, 4:30-5:30pm  
tbrislin@gmail.com (ocation changes monthly)

### Friday, April 9

Story time & craft for young children & caregiver  
Westerly Creek Elementary School library  
9:15 - 9:45am. 303-322-5877

### Saturday, April 10

Free Public Skate at Big Bear Ice Arena  
2:30 - 3:30pm. Pre-Registration required at  
www.bigbearice.com > Events/Public Skate  
First come, first served, space is limited

### Saturday, April 10 or 24

Babysitter's Training 8:00am-3:00pm  
MCA Community Room, 2823 Roslyn St.  
mdugan@denver-redcross.org.

### Wednesday, April 14

Stapleton Library Community Meeting #3  
Bill Roberts School Cafeteria, 6:30pm

### Wednesday, April 14

New Resident Reception, 6:30-7:30pm  
MCA Community Room, 2823 Roslyn St.  
303-888-0724

### Saturday, April 17

Green Valley Ranch Earth Day Celebration 2010  
10am-2pm. Events@MyGVR.org  
www.MyGVR.org (More info. p. 18)

### Saturday, April 17, 28 or 29

Adult CPR/FA/AED, 8:00am-3:00pm  
MCA Community Room, 2823 Roslyn St.  
mdugan@denver-redcross.org

### Sunday, April 18

Denver Museum of Nature and Science - SCFD  
Free Day. 303-322-7009, www.dmns.org

### Thursday, April 22

Denver Botanic Gardens - SCFD Free Day  
720-865-3500, www.botanicgardens.org

## APRIL

### Thursday, April 22 (Earth Day)

"Food Inc." A documentary film sponsored by  
SUN Sustainability Committee (see p. 30)  
Dinner - 6pm, Movie - 7pm (space is limited)  
Stapleton Community Room, 2823 Roslyn St.  
events@stapletoncommunity.com

### Saturday, April 24

Earth Day Recycling Event at Bluff Lake  
9am to noon, recyclable items listed at  
www.BluffLakeNatureCenter.org  
(More info on this and other events on p. 30)

### Sunday, April 25

Earth Day cleanup of Westerly Creek  
9:30 am - noon (More info. page 30)  
Tracy Ceravolo ovomojo@yahoo.com

### Sunday, April 25

Big Bear Ice Arena, Try Hockey for Free,  
12:45 - 1:45pm. Registration required at www.big-  
bearice.com > Events/Hockey. Boys & Girls ages  
4-10. Helmet with a mask & mouthguard required

### Sunday, April 25

Work, Rest, Play with Feng Shui, 1:00-3:00pm  
MCA Community Room, 2823 Roslyn St.  
kkouba@perryandco.com

### Thursday, April 29

Stapleton Community Meeting—Stapleton  
development update, Annual SUN Elections  
Bill Roberts School, 2100 Akron Way, 7pm (see p. 28)

### Thursday, April 29

Kids Fire Safety and Burn Prevention night.  
Stapleton Community Room, 6 - 7pm  
2823 Roslyn Street (East of King Sopers)  
valstrem@comcast.net (see page 22)

## MAY

### Saturday, May 1

Denver Art Museum - SCFD Free Day  
720-865-5000 www.denverartmuseum.org

### Saturday, May 1

The Bike Depot, 2nd Anniversary Party  
Fundraising dinner 5-8pm, \$25/adult  
RSVP at TheBikeDepot.org

### Tuesday, May 4

Children's Museum, Target Tuesdays  
1st Tuesday nights free 4-8pm

### Saturday, May 8

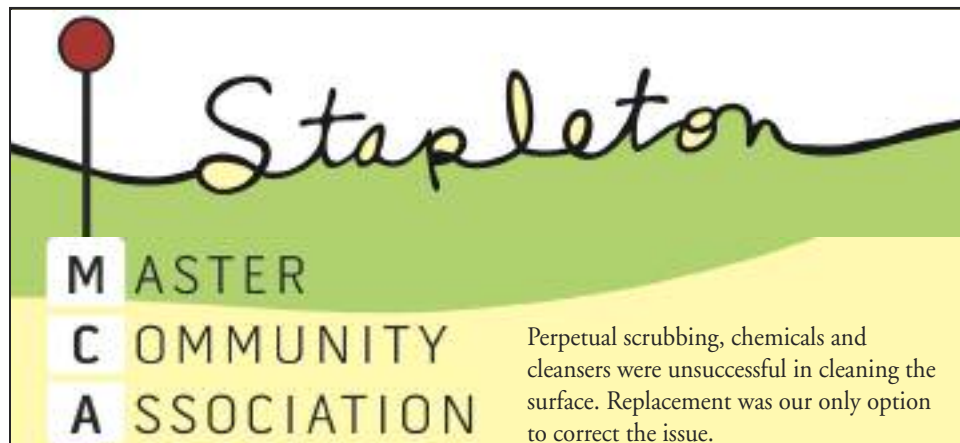
Miles for Moms Run/Walk, 8am registration  
9am run, Stapleton Central Park  
www.parentpathways.org/run\_walk.html

### Saturday, May 15

Stapleton Block Party Day  
www.StapletonUnitedNeighbors.org  
stapletonunitedneighbors@gmail.com

(See page 20 for recurring monthly events and meetings)

The Front Porch  
welcomes submissions of  
upcoming local events (see format  
on p.19) and story ideas  
for future issues.  
Email  
FrontPorchStapleton@gmail.com



### Online Resident Membership Renewal

All residents must renew their resident membership card annually in order to access the pools. You may renew your membership online for a cost of only \$5. One hundred percent of this renewal fee offsets the maintenance and operations of the pool by those who use it most.

You may renew your card by going to the Stapleton website at www.stapletoncommunity.com. Scroll down to "Member Tools," go to "Membership Card Renewals," click on "Renew-Register-Reserve" and follow the instructions. There is a \$2 convenience fee applied when you do this online. If you do not choose to renew online, you may come into the MCA office and save yourself \$2.

If you are having trouble with your account, membership renewal, registration or a reservation, there is a quick reference guide available on the website listed above to take you step by step through the process.

### Camp Stapleton

This is just a reminder to those of you looking for a summer camp for your son or daughter. Camp Stapleton registration is open until April 15. If you have not yet registered, please go to www.stapletoncommunity.com and click on "Renew-Register-Reserve" and follow the instructions.

If you would like more information about the camp, you may also access a brochure online at that website. In the left-hand column, go to "Events" and click on "Camp Stapleton."

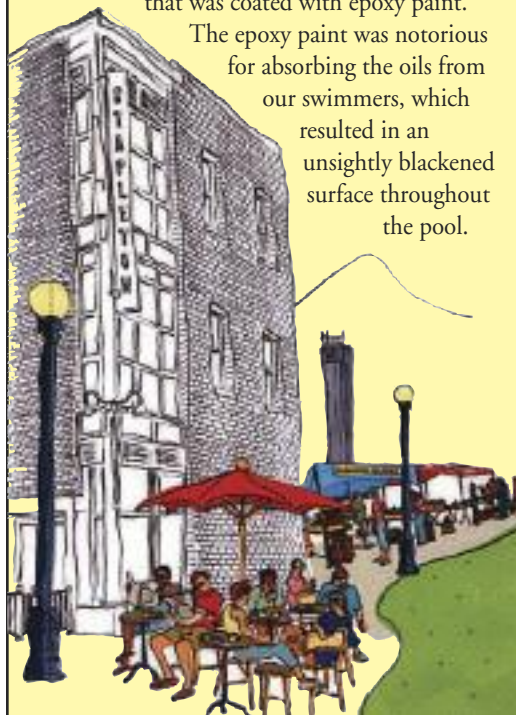
### Event Sponsorships

If you own a business and would like to sponsor one of the many summer events, the MCA has put together a sponsorship package. If you would like to receive this information, please contact events@stapletoncommunity.com.

### Facilities Update

Aviator Pool is undergoing a repair and improvement to the coping stones that border the top edge of the pool. The original coping stone was a poured-in-place concrete border that was coated with epoxy paint.

The epoxy paint was notorious for absorbing the oils from our swimmers, which resulted in an unsightly blackened surface throughout the pool.



Perpetual scrubbing, chemicals and cleansers were unsuccessful in cleaning the surface. Replacement was our only option to correct the issue.

We have returned to a more traditional coping stone that does not require any paint on top of the surface. The new stone will allow us to manage the condition of the edge so it does not build up with the oils over time.

In addition to the coping stone project, Aviator is also receiving an upgraded entrance on the north side of the pool. This will ease congestion, allow greater family access and increase the overall facility capacity.

### Stapleton Rocks Concert

The "Stapleton Rocks...A Concert for a Cause" was a new event last year featuring local bands. The event is intended to showcase local amateur talent. It is a full-day event on Saturday, September 11 on The Green from 10am-10pm. It will be a day filled with music and fun.

If you have a band that is interested in participating, please contact events@stapletoncommunity.com. Bands that participated last year will be given priority through April 30. Please respond quickly as this is a first-come, first-served event. More information will be available as the date approaches.

### New Resident Social

If you are new to the community and would like to get to know your neighbors or have some questions answered, please join us at our New Resident Social. It is the second Wednesday of the month at 6:30pm in the Stapleton Community Room at 2823 Roslyn Street. Those who attend will receive their membership cards for free! If you have any questions, please call 303.388.0724.

### Work, Rest, Play with Feng Shui

Kim Kouba, Realtor with Perry and Co. and owner of the Sweet William Market, will be hosting certified feng shui practitioner Lorrie Webb Grillo, owner of Thriving Spaces, LLC. for a fun afternoon full of concrete ideas for implementing the principles of feng shui and bringing a balance to your spaces and your life! The principles of feng shui work in any space or environment that literally or figuratively supports you: your home, your office, your office building, your classroom, your garden, even a home you're trying to sell. There's so much to learn so give it a go on Sunday April 25, 1-3pm, in Stapleton's MCA Community Room, 2823 Roslyn St. Let us know you're coming via email at kkouba@perryandco.com.

For questions or information please contact info@stapletoncommunity.com or call the MCA office at 303.388.0724.

Diane Deeter  
Director of  
Programming and Events

Sponsored by Stapleton MCA

### EDITORS and PUBLISHERS:

Carol Roberts and Steve Larson  
303-526-1969

FrontPorchStapleton@gmail.com

AD SALES: Karissa McGlynn 303-333-0257  
KarissaMcGlynn@gmail.com

# Front Porch

www.FrontPorchStapleton.com

The Stapleton Front Porch is published by Stapleton Front Porch, LLC, 2566 Syracuse St., Denver, CO. Typically 30,000-35,000 papers are printed. The free paper is distributed during the first week of each month to homes and businesses in Stapleton, Park Hill, Lowry, Montclair, Mayfair, Hale and East Colfax.

# Stapleton Model Home Directory



**A New Town Builders**  
**29th Drive Row Homes**  
From the low \$100s  
2912 Havana Street  
303-320-3800  
901-1,463 sq. ft.



**B McStain Neighborhoods**  
**Casitas**  
From the high \$100s  
3330 Central Park Boulevard  
303-333-0024  
914-1,280 sq. ft.



**C KB Home**  
**Paired Homes**  
From the low \$200s  
2136 N. Spruce Street  
303-333-1007  
1,159-1,567 sq. ft.



**D KB Home**  
**Coach House Series**  
From the mid \$200s  
2915 Emporia Street  
303-355-3875  
1,453-1,675 sq. ft.



**E Wonderland Homes**  
**Denver Traditions**  
From the high \$200s  
9087 E. 35th Avenue  
303-393-9099  
1,226-1,692 sq. ft.



**F KB Home**  
**Martha Stewart**  
From the low \$300s  
8942 34th Avenue  
303-388-7300  
1,548-2,084 sq. ft.



**G New Town Builders**  
**Solaris Collection**  
From the high \$300s  
3525 Akron Street  
720-941-0359  
1,985-3,337 sq. ft.



**H Infinity Home Collection**  
**Balboa Collection**  
From the low \$400s  
2942 Trenton Street  
720-219-7633  
1,727-2,349 sq. ft.



**I Parkwood Homes**  
**Kentlands Collection**  
From the mid \$400s  
9206 E. 35th Avenue  
303-320-4938  
1,800-3,200 sq. ft.



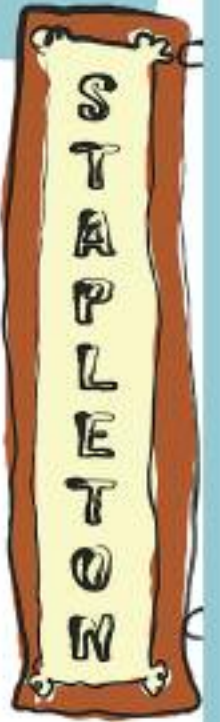
**J Infinity Home Collection**  
**Court Collection**  
From the high \$500s  
8806 E. 35th Avenue  
303-229-7845  
2,846-3,255 sq. ft.



**K Denver Brownstones**  
**at Central Park**  
From the mid \$700s  
8854 Martin Luther King Jr. Blvd.  
303-589-9454  
3,346-3,474 sq. ft.  
By appointment only



**L Urban Estate Homes**  
From the \$800s  
8194 E. 25th Drive  
720-249-5106  
3,568-4,204 sq. ft.  
By appointment only



StapletonDenver.com  
303.382.1800

With all the other  
good stuff in the  
neighborhood, we  
thought you might need  
a little help finding that  
place called home.



Home price categories are based on average home closing prices for 2010. Prices and specifications are subject to change without notice.



## The Airport



From the May 2000 Front Porch—“On the day Stapleton closed in February 1995, the airport listed approximately 4.5 million square feet of building space spread over nearly 150 structures on the property’s 4,700 acres. Half of that space was accounted for by the terminal and its five concourses. Those concourses were removed more than a year ago and the demolition of the terminal itself is well on its way to completion.” (photo below)

## The Demolition



Summer 2000—“The (demolition) work is being funded by Denver’s Department of Aviation (which owns the land until it is sold to Forest City Stapleton). The work is being done by contractors selected under the City’s bid process and supervised by the Denver Department of Public Works.”

May 2000—“Recycled Materials, Inc., an Arvada company, removed approximately 1000 acres of the former airport pavement at no cost to the City of Denver in exchange for the right to sell that material on the recycled market.”



## The Infrastructure



May 2000—Editorial from the Feb. 16, 2000 Denver Post: “The most difficult issue of all may have been how to pay for the massive public infrastructure... most of the actual on-site infrastructure improvements will be paid for initially by the master developer...it means the developer assumes the primary financial risk for making the project succeed. In short, if the redevelopment flops, ...Forest City would have to eat its losses.  
The ultimate test of the ‘new urbanism,’ after all, is to prove that high-quality urban villages such as planned for Stapleton can actually compete economically with far-flung exurban developments.”

## Stapleton Retrospective

(continued from page 1) Adams County were closed to the public—I got a lot of heat for it, but it was the only way we would come up with a resolution,” says Peña. Adams County wanted a commitment that Stapleton would be closed as

From the April 2000 Front Porch —As one of the largest undeveloped parcels of land in the heart of a major U.S. city, Stapleton is five times larger than the Denver Tech Center and more than twice the size of Lowry. If placed over central Denver, Stapleton... would include the Denver neighborhoods of City Park, East Colfax, Congress Park, Cheesman Park, Country Club and Cherry Creek as well as Washington Park, Belcaro, Bonnie Brae and the City of Glendale.

an airport and it would not be used for any kind of aviation use. “So the quid pro quo was a whole lot of stuff – 50 square miles of land, all

of the other political support they were going to give us in getting those elections passed in Adams County. That’s sort of how this first started to emerge as a possibility.

“The physical and legal annexation of 50 square miles of land to Denver expanded the size of the city and county of Denver from about 110 square miles of land to over 150 square miles of land. So the city grew by a third with that annexation, which people today, I think, find a little unbelievable.

“In about 1988 or so, I created something called the Stapleton Tomorrow group that included business leaders and civic leaders and neighborhood activists and citizens. The purpose of the group was to think very broadly about what the future of Stapleton might be. It was not a development plan, it was simply a list of desires, aspirations in a diagram of what people wanted or could foresee in the redevelopment of Stapleton in the future.”

“People were focused on could the city sell the bonds, could the city get \$500 million from the FAA, could the city break ground. So there was very little broad public attention on redeveloping Stapleton. At least that is my recollection. But for the people who *were* thinking about how to redevelop Stapleton there were lots of different ideas.”

Peña continues, “Some people said, let’s just sell it all—do a bulk sale of all the land, maximize the profit because it was probably more valuable as a whole than to cut it up into parcels. Some people



wanted the city to run it—at least the airport staff to run it and figure out how to sell the land and redevelop it.

“We had a team of people, citizens in Denver, most of whom shared the vision of being a better city, imagining a great city, who were not satisfied with the pace of change in our city back then. I give credit to the people of Denver and Adams County who shared that dream,” says Peña.

### Sam Gary, Founder of The Piton Foundation

The three mayors we interviewed all talked about one key person who kept the planning on track for the kind of “new urbanism” community we see today, and that person was Sam Gary.

Mayor Peña said, “Sam was the key, he was the one who was willing to fund the early planning and the strategic thinking. Without Sam G’s support we would not have been able to pull this off. The city was broke... He was a visionary leader.”

Mayor Webb said, “Sam Gary, to his credit, put together a citizens advisory group and created the Green Book (the develop-

# LearningRx

(303) 284-6105

88 Steele Street, Suite 50  
Denver, CO 80206

[www.learningrx.com/denver-cherry-creek](http://www.learningrx.com/denver-cherry-creek)

Find out if your child has weak cognitive skills!

# \$19.95

**COGNITIVE SKILLS PROFILE™**

(Regularly \$199)

Offer expires 4/30/2010

## Learning struggles? We can help. Guaranteed!

**Some kids struggle through school.** Homework is frustrating. Focusing is difficult. Grades are disappointing. And it seems no matter how much harder they try, the problem persists. But if you act now, it doesn't have to be that way forever.

**LearningRx specializes in helping students overcome learning struggles.** Our program starts with a personalized "Cognitive Skills Assessment" that pinpoints deficient learning skills. Then, we customize a 12 to 24 week program to strengthen your child's deficient skills. Over 88% of learning and reading problems are due to a cognitive skills weakness. Weak cognitive skills result in homework hassles, difficulty focusing on tasks, poor memory and lack of motivation. If your son or daughter has weak cognitive skills, no amount of tutoring, medication or trying harder will achieve the results that LearningRx brain training can.

**The potential for good grades, a positive attitude and long-term success exists in every child. Unlock your child's learning potential today!**



The May 17, 1989 cover of the Denver Post featured Mayor Federico Peña and Governor Roy Romer at the downtown victory celebration the night before.

ment plan for Stapleton) with citizen input.”

And Mayor Hickenlooper said, “The key to the development of Stapleton exemplifies the importance of civic leadership... the role Sam Gary of the Piton Foundation played.”

Sam Gary is the co-owner of the Gary-Williams oil company and is the founder of the Piton Foundation, which has as its mission to create opportunities for families and children in Denver to move from poverty and dependence to self-reliance.

Not long before the vote to relocate the airport, Sam Gary had met James Rouse whose company built the planned community of Columbia, Maryland, which was based on many of the ideas that were later written into Stapleton’s Green Book. Gary was interested in “new urbanism” and wanted to become more educated on the subject, so he and his wife invited Rouse to spend a weekend with them in Montana. “He was way ahead of anything I’d ever thought of. Jim Rouse was a visionary. He had made a huge impact on urban renewal,” says Gary.

Tom Gleason (who at that time was Mayor Peña’s

press secretary) remembers the day Peña announced that the city was going to undertake the development of a new airport. “One person in the audience of business leaders immediately asked himself, ‘I wonder what they’re going to do with the old airport.’ And that person was Sam Gary,” says Gleason. “That’s the moment when Sam Gary began to bring together business leaders to create a development plan.”

From the May 2000 Front Porch—Editorial from the Feb. 16, 2000 Rocky Mountain News: “Architects and town planners who indict suburban life as overly isolated can take heart: Their ideas haven’t just been given lip service at Stapleton; they’ve been embraced. Garages will be set back from homes; side-walks will be separated from the street in the old-fashioned style, and ‘generous’ porches (so the development literature boasts) will ‘encourage mingling among neighbors.’”

Gary’s mission was “to break the pattern of urban sprawl.” “You say that to most people at that point in time and they’d take off at a rapid pace. It seemed to me that it was a huge opportunity,” says Gary.

“He wanted to be sure some greedy developer didn’t come along and buy this cheap and flip it and let it go into blight. He wanted it to be a vibrant community and one where the existing communities weren’t left behind,” says Bev Haddon (now CEO of the Stapleton Foundation), who was recruited by Gary to participate in the development plan.

Gary says, “So we just started talking. It was conversation. I had some money I could put into it, and then others put some in.” Bev Haddon describes how Gary formed a “kitchen cabinet” of business people who had shown a commitment to the community. The group raised \$4 million to create the master plan and Gary-Williams gave over 50% of that \$4 million. “But we finally got every big business and foundation to contribute to this effort, and it was pretty much the first time they had ever contributed to an economic development activity rather than to social services. We were saying that if you can create a community that will bring in other communities, that will do more than what the social services can do,” says Haddon.

“This group was pretty diligent about meeting. You know, groups have a way of thinning out pretty quickly, but this group was pretty passionate about what they were doing,” adds Gary.

#### Mayor Wellington Webb

In 1991, when Wellington Webb came into office as mayor, “the big issue for us was construction and the building of Denver (continued on page 6)



#### The Dream

From the Green Book—Stapleton will be a unique mixed-use community capable of supporting more than 30,000 jobs and 25,000 residents. More than one third of the property will be managed for parks, recreation and open space.

#### The Process

May 2000—“Instead of selling individual parcels and waiting to see what kind of development we end up with, we worked with the community to develop a master plan and select a master developer... that would develop Stapleton based on an integrated and wholistic vision.” —Jennifer Moulton



#### The Construction

Quebec Square  
Opened Summer 2002

First home  
Occupied July 2002

Town Center  
Opened Summer 2003

First School  
Opened Fall 2003



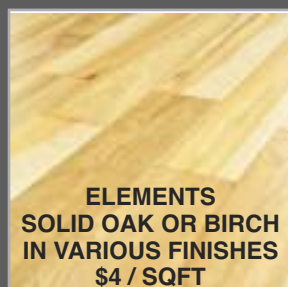
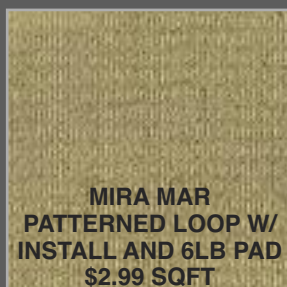
# CARPETS MORE...

## Wants to thank Stapleton for supporting our Grand Opening!



With over 25 years of experience helping customers achieve the right look and feel for their space, we invite you to come in or call us today to schedule your in-home or showroom appointment. Our goal is your complete satisfaction.

### Featured Products...



303-321-MORE (6673)  
www.carpetsnmorecolorado.com  
2955 North Ulster Way - Stapleton  
Mon - Sat 10am - 7pm, Sun 11am - 4pm





**Left:** Gina and Brett Kessler and their four children Max, 7, Riley, 6 months, Sydney, 4, and Abbey, 10, on their front porch. **Above:** Brett and Gina on the same porch in 2003 with Max and Abbey.



**Right:** Katie, 6, Tommy, 6, Kari and Tom Cummings ride to Aviator Pool in Tom's golf cart that he uses to check on his home rental business in Stapleton. **Above:** Tom encourages Tommy to jump into Aviator Pool on its opening day in 2003.



## Stories from the

### Gina Kessler

We moved into Stapleton about seven and a half years ago over Thanksgiving weekend. Max was just 5 months old. It was our first home, and we had already been planning our new dental office. It was mostly just a concept, but so was having four children, a dog, two cats, a rat, and a toad! We were one of the first home buyers and the first businesses to open in the Stapleton Town Center. We were already captivated by the projected idea of Stapleton, the growth, the people, our little community within the city of Denver. I can remember in the first several years being in awe of every new home that went up and every new business that opened. Quebec Square was being built and Northfield wasn't even mentioned.

Look at our wonderful community now!

We love our neighbors. Our immediate neighbors are our good friends, although we have seen many move off our block and upgraded to a bigger home in Stapleton. We are lucky to have so many conveniences, good schools as well as school options, a decent grocer, a movie theater, Target (my pocket book's friend and budget's worst enemy!), and great restaurants that have lasted through a tough economy. We have seen the grand openings of many wonderful small businesses, and the unfortunate dissolution of some, which really saddens me. We are so proud to have our own dental and orthodontic practice, Town Center Dentistry and Orthodontics, in the community and are so fortunate to still be a viable entity.

We continue to make it our mission to support our community: Westerly Creek, Bill Roberts, and The Odyssey School auctions, DSA productions and fundraising, and other Stapleton Community events. We would like to thank the whole Stapleton community for its ongoing support of our business and for the camaraderie and friendships that we hold dear to our hearts.

### Tom Cummings

I remember we were involved in the whole house lottery back in 2002. We definitely saw the excitement from the beginning with the lottery--it obviously seemed to be a good investment, people scrambling to get homes. It was cool to watch. We ended up buying two rental properties, which then turned into four, and that was the beginning of our property management business in 2004. Half of the properties we were managing were for investors because they had a good feeling about Stapleton.

The pace of building in those early years was amazing. We had a vacant lot across the street, and our son would watch houses being built out our windows. It was something like five new houses a day back then -- it was fascinating!

## Stapleton Retrospective

(continued from p. 5) International Airport," says Webb.

But, says Bev Haddon, "He told us, 'Work with my people.'" Sam Gary recalls that Jennifer Moulton, Denver's City Planner under Webb, was a very active advocate for what the planning group was doing. And Webb points out that one of his priorities was to have more citizens from the local community added to the planning process.

Webb, though occupied with the airport, said he was also fending off the other proposals being made for the Stapleton site. "Some people felt that the Stapleton land, because it was an old airport, had zero value because of the amount of cleanup that was going to be required... At that time Denver had lost population. So

the other emphasis was to change the initial thoughts on Stapleton from being a residential community to using it as an economic generator for the city.

"Continental Airlines was looking for an airport maintenance facility and the Denver Metro Chamber of Commerce was pushing to place that airport maintenance facility at Stapleton. So part of our effort at that time was to continue planning what kind of neighborhood we wanted to build at Stapleton, and at the same time to repel efforts by those who wanted to do what we considered to be shortsighted."

Webb continues, "The next issue to come up that we had to repel was that there was strong interest by many to build a new football stadium at Stapleton. My goal was twofold: I wanted to drive all of our sports and cultural amenities downtown for the purpose of giving people a reason to move

back to Denver and to preserve the Stapleton project as a residential community."

Bev Haddon says the planning group continued working together until 1995, when, with Mayor Webb's support they took the plan before the City Council, "and it passed 13 to zip. Over 250 people were in the council chambers to testify in favor, and not one testified against it."

In the midst of all the airport construction issues, Webb had another big item on his agenda—who was going to be selected as the master developer. "After long, drawn-out negotiations, Forest City was selected... we made people stay in the room until the deal got done... (but) there were some aspects of the negotiations that just about broke down. The first area was on the amount of park space. What I told Jennifer Moulton was that because I'm a parks person, we're going to develop the parks system first, then



# REGISTER @ DDFL.ORG

## FURRY SCURRY ■ 9 A.M. SATURDAY, MAY 1 ■ WASHINGTON PARK

Walk in the Furry Scurry with other animal lovers from your neighborhood by joining the Stapleton Community team or the Lowry Community team!

**TO JOIN, VISIT:** <http://support.ddfl.org/goto/stapleton>  
<http://support.ddfl.org/goto/lowry>

  
 Register \$45

  
 Raise \$125

  
 Raise \$250

  
 Raise \$375

  
 Raise \$500

  
 Raise \$750

  
 Raise \$1,000

  
 Raise \$3,000

  
 Raise \$5,000

## PRIZES ACCUMULATE AS YOU RAISE MORE PLEDGES

Proceeds benefit:  **DUMB FRIENDS LEAGUE** since 1910



**Left:** Terry and Jolene Whitney with Miranda, 11, and Amelia, 8. **Above:** Terry and Jolene with Miranda and Amelia in the same location in 2003.



**Right:** Sam, 6, Ben, 9, Tracy and Russ Perez on their front porch. **Above:** Tracy and Russ with Ben on their Front Porch in 2003.



## e early days...

### Terry Whitney

Between 1994 and 2005, I served on the Citizens Advisory Board as an appointee of Mayor Webb. That began a long association with Stapleton that continues today. This Halloween will mark eight years that my family has resided here, and we're very pleased to call Stapleton home. Looking back, the biggest questions the board wrestled with involved whether the plans we were envisioning and debating in numerous meetings would ever come to fruition. Could we really stick to a one-third of the total acreage being devoted to open space and parks? Would anyone want to live at a former airport? Could the leadership exhibited by the cities of Aurora, Commerce City and Denver be maintained to see the multi-year and multimillion dollar development through? I'm pleased to say that thus far all the answers have turned out to be yes.

we'll develop the neighborhoods around it. Because if you don't build the parks in the first place there won't be any parks to build. That just about cratered the deal because of the insistence of the city in terms of the amount of parks they had to build... I think a lot of people just took for granted that there was this Green Book and all of a sudden it just happened—and that's not the case."

Clearly there were many bumps along the road, but in Mayor Webb's words, "I think if people of goodwill are out to make something positive happen, the negotiations are really around the edges... We picked Forest City based upon their track record... they were also the most flexible in terms of meeting the city's goals."

**Ronald Ratner, President/CEO, Forest City Residential Group**  
Ronald Ratner, says that Forest City had heard about the

### Russ Perez

I can't believe we have been living in Stapleton for over seven years! I first became involved with Stapleton while we were still living in Park Hill back in 2001. I was one of the Park Hill representatives on the Citizen Advisory Board (CAB). At the time, I had no idea that the neighborhood we were helping to create, we would someday be living in as well. I enjoyed reviewing and giving input on the minutiae of what it took to plan and build a neighborhood from the ground up. After we had Benjamin in 2001, our quaint little house on Hudson Street quickly became too little. We intended to stay in Park Hill, but even a slightly larger home was prohibitively expensive. So we decided to take a chance on this new and exciting development.

What was mind-boggling was the fact that we were not alone in thinking this was the place to go. Every builder held a lottery for each block as they became available and there were always more people than homes. I definitely believe it was kismet that we got the house we wanted on our block. This block has got to be the best in the neighborhood. Everyone knows everyone, including the neighbors across the street on all sides. We get together at least once

Stapleton project and, as part of another trip, he stopped in Denver for what was scheduled to be a brief morning meeting with Dick Anderson, Director of the Stapleton Development Corporation. That meeting turned into the entire afternoon and evening. "What we were saying and what he was saying were literally so parallel... Forest City was, to some extent, a six-fingered glove for a six-fingered hand. The city really wanted to get good value for the land but wanted to create long-term a great asset, a great neighborhood.

"We had done a lot of large-scale mixed use, but with urban infill at the time 10 acres, 25 acres—50 acres would be huge. The idea of an urban infill project that was 4,200 acres was then and is now really unheard of... We did a lot of homework to understand the transaction and made an offer. The city then decided it couldn't accept a sole *(continued on p. 17)*

every three months for either a block party (Spring and Fall), Halloween Party, Holiday Progressive Dinner or camping in the summer. Our friends and family who don't live here just cannot believe it. It helps that we are all around the same age and that we all have kids who are close to the same ages (including the family dogs!). Our block has even produced a pretty awesome band, the Mitch Lehn Folk Trio. The nine-piece band is still going strong! And we were not surprised when we heard that one of our own was the 2009 Stapleton Neighbor of the Year. But we have also made great friends throughout the neighborhood. From the parks to the amazing schools, we have been very pleased. The neighborhood has had some growing pains here and there, but we have absolutely no regrets with our decision to move here.

### Romi Hovey

*(photo taken the first day of school at Westerly Creek)* It seems like yesterday that I received a phone call from a former principal inquiring about my interest in teaching at a new school in Stapleton.

Seven years later I have been part of growing two very special schools, as well as being a part of a very special community. The community and parents have provided support for both the teachers and the schools that has been unmatched by any other school in my years teaching in DPS.



# OLD FAVORITE, *NEW* FLAVORS

## CHICKEN SOFT TACO



**99¢**




Find us on Facebook  
[www.facebook.com/deltaco](http://www.facebook.com/deltaco)  
Facebook is a registered trademark of Facebook, Inc.

## NEW SANTA FE CHICKEN SOFT TACO



**\$1.49**

**1-70 & TOWER ROAD**  
(303) 371-1644  
3465 N. Salida St., Aurora, CO 80011

**1-225 & COLFAX**  
(720) 858-8041  
14400 E. Colfax Ave., Aurora, CO 80011

**PEORIA 1/2 MILE NORTH OF I-70**  
(303) 371-1785  
4656 Peoria St., Denver, CO 80239

**NORTHFIELD STAPLETON**  
(303) 307-1712  
8100 Northfield Blvd., Denver, CO 80238

©2010 Del Taco U.C. DT-1612

### FREE CHICKEN SOFT TACO

with purchase of regular priced Chicken Soft Taco



**Coupon #31.** Please present coupon upon ordering. One coupon per person per visit. Limit 1 offer per coupon. Prices may vary. Not valid with any other offer, discount or coupon. Customers pay all applicable sales tax. No cash value. Valid only at participating locations. Expires 5/31/10.

### FREE SHAKE

with purchase of regular priced Shake



**Coupon #81.** Please present coupon upon ordering. One coupon per person per visit. Limit 1 offer per coupon. Prices may vary. Not valid with any other offer, discount or coupon. Customers pay all applicable sales tax. No cash value. Valid only at participating locations. Expires 5/31/10.

### FREE STEAK & EGG BURRITO

with purchase of regular priced Steak & Egg Burrito



**Coupon #70.** Please present coupon upon ordering. One coupon per person per visit. Limit 1 offer per coupon. Prices may vary. Not valid with any other offer, discount or coupon. Customers pay all applicable sales tax. No cash value. Valid only at participating locations. Expires 5/31/10.

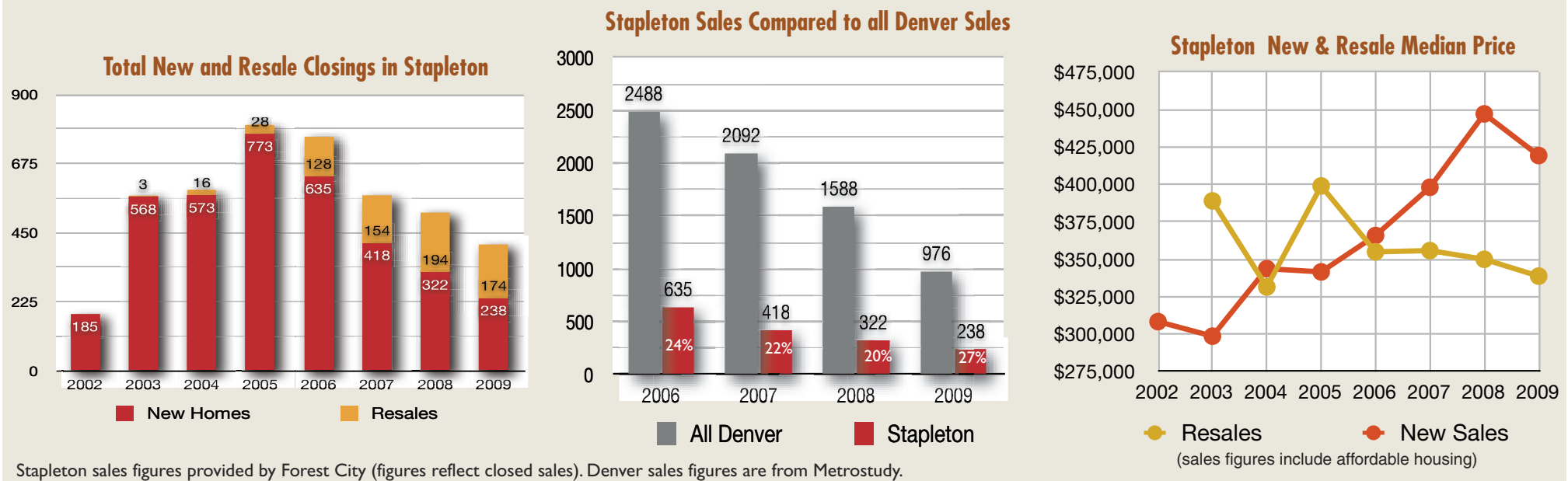
### FREE SANTA FE CHICKEN SOFT TACO

with purchase of regular priced Santa Fe Chicken Soft Taco



**Coupon #31.** Please present coupon upon ordering. One coupon per person per visit. Limit 1 offer per coupon. Prices may vary. Not valid with any other offer, discount or coupon. Customers pay all applicable sales tax. No cash value. Valid only at participating locations. Expires 5/31/10.

# A Look at the Stapleton Housing Market





# Summer Fun

At the JCC and MACC

Camps, Programs & Classes for Children 12 weeks-Age 18

Full day, half day, sleep-away, arts, theatre, sports, adventures, swimming and more!

Three locations: JCC, MACC and Ranch Camp



Robert E. Loup Jewish Community Center - 350 S. Dahlia St. Denver, CO 80246  
(303) 316-6383 - [www.jccdenver.org](http://www.jccdenver.org) - Click on Camps



### Stapleton Homebuyer Facts

(Statistics are from 2/07 - 2/10)

- Nearly 84% of Stapleton homebuyers were from Colorado. Of the out-of-state buyers, most (16%) came from California, followed by New York (14%), Texas (7%), Florida (4%) and Virginia (4%).
- More than 24% of the buyers of new homes at Stapleton were already Stapleton residents
- Other than new home buyers who were already living at Stapleton, the second greatest number of buyers came from the South Park Hill/Mayfair Neighborhood

## TOWERHOUSE COMMERCIAL CLEANING

Green & Local Janitorial Services .com

- Daily & Weekly Janitorial
- Carpet & Upholstery Cleaning
- Window Washing

303-865-5483

Lowry Stapleton Park Hill

Earth Day every day.  
Green initiatives by DCL.

Meet Your New Landscapers.



[www.OurLandscapers.com](http://www.OurLandscapers.com)  
720/810.9125

# Sisters Win Stapleton Neighbor of the Year



Corby Felsher, right, presents the Neighbor of the Year award to Allison (left), 9, and Emily Winn, 7. To the left of the doorway are sponsors Cherie Monlezun and Geoff Seale, and last year's neighbor of the year winner Michael Schindler.

By Kathy Epperson

The 2010 Stapleton Neighbor of the Year award has been given to two children. Sisters Allison and Emily Winn were both nominated, and together they represent the spirit of what the award is intended to recognize. “A lot of the nominations talked about amazing residents who do a lot for the neighborhood and believe in the importance of connecting the immediate and larger community,” says panel judge Cherie Monlezun. “And a lot of the nominations were for adults who are doing great things, but what struck us so much about the girls is that anyone can make a contribution, and it’s the culmination of all the little things that can make a big difference.”

Older sister Allison, age 9, was already an inspiration for her strength in undergoing treatments for cancer. “But in creating her Stink Bug Project to raise money to give a pet to other sick children, that showed us all you can push through with your internal strength and actually give back,” says Cherie. Younger sister Emily, age 7, was nominated by those who have observed her daily acts of kindness. Emily has also recently begun her own fund-raising project called Fly With Me to raise money to supply books for sick kids at the

Rocky Mountain Children’s Hospital. “With the selection of Allison and Emily, we just wanted to celebrate the childlike simplicity of being kind and doing what’s right,” Cherie emphasizes. “How do you possibly pick the Neighbor of the Year in Stapleton when everyone has a household that has people doing such great things to make a great community? These girls represent the metaphor for being great in whatever ways we can all be great.” Following are excerpts from some of the nominations for the runners-up in this year’s Neighbor of the Year award:

**Tracy Perez** – “No person does more for our neighborhood than Tracy. If she moved I am sure our home would drop in value. If our neighborhood had an annual MVP award, she would have seven. Tracy is our everything and we love her dearly!”

**Kristie Harris** – “I have been so amazed by all of the wonderful things that Kristie has done to keep our neighborhood safe, as well as providing wonderful opportunities for everyone to give back on a local and global basis.”

**Steve Van Diest** – “I love Steve’s passion for community, restoration and caring for people.”

**Judy Harris**— “What’s amazing about Judy is how laid-back Judy is. She is completely at ease, even when her home is overrun with 15 neighbor families.”  
**Amanda Baldwin** – “Amanda volunteers her time and energy without expectation of thanks or gratitude. She is humble, hard working and invested in the betterment of our community.”  
**Steve Worth**— “I had gone into labor and it was time to go to the hospital. However, before we could get into the car, it became apparent that we weren’t going anywhere since

the baby wasn’t going to wait anymore! Steve provided calm assistance... His presence provided the extra reassurance we needed to be confident in handling what mother nature brought us that morning.”  
The Stapleton Neighbor of the Year award was sponsored this year by Corby Felsher of Stapleton Home Services; Cherie Monlezun, Megan Moon and Jessica Young of Natural Balance Wellness; Geoff Seale of Showcase Landscaping; and Michelle Stefanon of Amore Fiori Flowers and Gifts.

## Messiah Community Church, ELCA

A Welcoming Lutheran Congregation



### Easter 2010 at Messiah

- \* Maundy Thursday, Apr. 1, Service with the tradition of foot-washing at 11:30 a.m. and 6:30 p.m.
- \* Good Friday service Apr. 2 at 6:30 p.m. with a "Reader's Theatre" presentation of the passion story.
- \* Easter Morning celebration April 4 at 9:30 a.m. Easter brunch at 11:00 a.m.
- \* April 25 at 9:30 a.m. we celebrate Earth Day
- \* April 27 at 6:30 p.m. Prof. Mark George from Iliff School of Theology will speak on the book of Genesis

Ökumenischer Ostergottesdienst in deutscher Sprache  
Easter Service in German  
Ostersonntag, den 4. April 2009 um 17 Uhr

Located in Park Hill/Stapleton (across from Denver City Park/IMAX)  
Serving all communities



1750 Colorado Blvd.  
Denver, CO 80220  
303-355-4471  
www.messiahdenver.org



# Stapleton Children's Dentistry

## ONLY \$75

Child exam, cleaning, and fluoride for new patients.  
A \$95 savings. X-rays are extra.

## FREE!

Infant oral health screening. Exam and cleaning for children up to 18 months old.



**Did you know?**  
Most children don't lose their last baby teeth until age 12.

Pediatric dentists undergo an additional two years of training in order to specifically meet the needs of children. At **Stapleton Children's Dentistry** we ensure a positive experience to establish a lifetime of healthy dental habits.

Alfaiyaz Ibrahim, DDS • 2373 Central Park Blvd., Suite 305 • Denver, CO 80238  
**303.399.KIDS (5437) • www.stapletonkids.com**  
We accept all major PPO insurance programs • Flexible hours for appointments



Amy Brimah (second from left) responds after being elected to the Democratic party's county caucus. She attended her local precinct caucus at Westerly Creek School.



At the same time a few blocks away at Montview Presbyterian Church, Amy's mother Barbara Cooper and her husband Jerry attend the Republican caucus.

# Political Interest, but Not Party Affiliation, Runs in the Family

By Nancy Burkhardt

Interest in politics may run in the genes, but party affiliation has little to do with your family's leanings, according to Stapleton residents Barb Cooper and Amy Brimah.

Cooper is Brimah's mother. Cooper has been interested in politics since before she was pregnant with her daughter. In fact, she had started a PhD program in political science before she became pregnant with Brimah and had to drop out due to a tough pregnancy.

Cooper is a staunch Republican.

Brimah decided in college that the most important issue for her was the anti-choice campaign. That led her to become a Democratic activist.

"The women in my family have always been interested in politics," Cooper explained. "My great-grandmother, back 150 years ago, was very political. She was a dyed-in-the-wool Republican and she couldn't vote for her brother-in-law who was a Democrat. She had to vote a straight Republi-

can ticket. She raised my mother, who became big in the League of Women Voters. My mother was a very staunch Democrat. I'm a Republican and Amy's a Democrat. That means that Amy's daughter will be a Republican."

"No she won't," Brimah said. "She went canvassing for Barack Obama at least 10 times."

Both of Brimah's children, four-year-old Lila and five-year-old Rashad, talk about Barack Obama during snack time, according

to their grandmother. And, their grandmother babysat for them at times when their mother was working on the Obama campaign.

"I took my kids with me to the caucus because I think it's important for them to know how our democracy works," Brimah said. "With the beliefs that I'm raising my children with, I don't know how they couldn't be Democrats. We were over-involved in the Barack Obama campaign because it was important for me to see his election. We'll continue to stay involved and I'll continue to take my kids

**Enter the New Town Builders "My Space, My Design" Challenge.**

**Two Models~Two Rooms~Two Winners!**

We're offering two chances to win a \$250 Grand Prize by simply designing a room—just the way you want it! We'd like you to design one room in either of our two new Solaris Collection Model Homes. It's the "My Space, My Design" Challenge. We're looking for brilliant ideas on how you would use these rooms. Are they a teen bedroom, a hobby space, video game room, homework room or a meditation-yoga room. It's your space, you design it. The best part is, New Town will furnish the model rooms just as the winner designed it!

See a New Town Community Manager to enter. For questions please contact Susan Bastine @ 303-722-2096

**See the New Solaris Collection models, with 7 New floorplans!**

**Stapleton Single Family Homes**  
Solaris Collection from high \$300's  
Mike Carey 720-941-0359  
Located in Stapleton, north of 35th on Alton  
mike.carey@newtownbuilders.com

**Stapleton Row Homes**  
Row Homes Starting @ \$122,900  
Jill Price 303-320-3800  
29th Dr & Havana / Central Park @ Eastbridge  
jill.price@newtownbuilders.com

**New Town**  
BUILDING MARVELS OF ENERGY EFFICIENCY DISGUISED AS BEAUTIFUL HOMES.  
newtownbuilders.com

Check out [FrontPorchStapleton.com](http://FrontPorchStapleton.com).

New! An online directory of recent advertisers.

And video interviews that expand on selected stories.

**IS YOUR AD ON THE COFFEE TABLE**  
or in the recycling bin?

Advertise in a paper that people really read.

30-35,000 copies distributed free to NE Denver during the first week of each month. Email [KarissaMcGlynn@gmail.com](mailto:KarissaMcGlynn@gmail.com)

[FrontPorchStapleton.com](http://FrontPorchStapleton.com)  
or call Karissa at 303.333.0257 or 303.526.1969.

## Celebrate Doors Open Denver April 17 and 18

Doors Open Denver 2010, the sixth annual celebration of Denver's adaptive reuse of buildings, held the weekend of April 17 and 18, will offer access to more than 80 Denver buildings with tours from 10am to 4pm.

Participants can experience their own self-guided tour or go with volunteer guides. The Urban Adventure tour offers an appreciation of Denver's rich architectural landscape with such focuses as Great Outdoors, Romancing Denver, Denver's Greenest Buildings and a Capitol Hill Walking Tour.

There are more than 100 Expert Tours with guides that include such themes as the Mayan Theatre, Civic Center Park, the Denver Pedestrian Precinct, and Denver Auditor Dennis Gallagher's Historic Tour of LoDo.

The Expert Tours are free, but reservations are needed. Pre-register on tour day at Union Station, 1701 Wynkoop. Participants are permitted to take only two tours per day. The event is sponsored by Mayor John Hickenlooper, the Denver Office of Cultural Affairs and the Denver Architectural Foundation. For information, visit [www.Denver-Gov.org/DoorsOpenDenver](http://www.Denver-Gov.org/DoorsOpenDenver).

### Political Interest (continued)

with me because it's important for them to see the political process. If you look at the way the country becomes further and further divided, I just can't see how my kids would join another political party."

Cooper has stopped trying to switch her daughter to the Republican Party. However, they both occasionally have a try at switching Brimah's brother, Matthew Eisenhuth, who also lives in Denver. He is an Independent, they say, perhaps because his mother and sister are so opposite.

"I think as you get older, some issues take

on more importance," Cooper said. "We have a democracy. People need to be aware and participate. It's important to stand up for what you believe in."

"Politics is very interesting, but it can be very emotional," Brimah said. "It's best for mom and me to leave it alone."

Although their party affiliations are different, both women encourage others to be actively involved in politics at all levels, including times when party lines are not drawn in city issues.

(Results from the caucuses are on page 25.)



**Little India**  
RESTAURANT & BAR

**FREE DELIVERY to  
Stapleton & Park Hill**

Voted Best Indian Restaurant  
11 years straight

Menu at: [www.littleindiadenver.com](http://www.littleindiadenver.com)



**303-629-5777**

1533 Champa St  
Denver, CO 80202

Minimum order \$20


On April 4th,

# Celebrate Easter

with your neighbors at NorthField Church

Inspiring music and message  
Free breakfast • Childcare (with bounce house!)

April 4th, 9:30am • Westerly Creek Elementary School in Stapleton  
More info at [www.northfieldchurch.com](http://www.northfieldchurch.com)



## NorthField Church

## Finally. Doors That Match the Style and Quality of Your Home.



### Transitions

by TruStile™

Quality Door Replacement  
Service For Your Home

Call or visit our website to schedule  
a complimentary design consultation

**(866) 322-8312**

[www.transitionsbytrustile.com](http://www.transitionsbytrustile.com)

#### Replace Your Doors In Three Easy Steps!

- 1 Complimentary in-home  
design consultation, at  
your convenience
- 2 Fast and accurate  
measurement using  
cutting edge technology
- 3 Painted doors installed  
in one day—with no mess





#### Achieve Dramatic Results in Your Home

- Unlimited style options for  
every taste and design need
- Sharp architectural details  
and crisp clean lines
- Solid construction with  
superior sound control

**Receive \$1000 off your  
order of 10 or more doors\***

\*Must schedule design consultation within seven days and order by April 23rd, 2010

# Stapleton's New Library



**Community Meeting #3**  
**Wed., April 14**  
**6:30pm**  
**Bill Roberts**  
**School Cafeteria**

An overhanging roof wraps around the curved southwest side of the building, defining the main entry and the community plaza and connecting these areas to Roslyn Street.

(continued from p. 1) community's new ideas. The result is a building that has a strong civic presence along both Roslyn Street and 29th Drive with a 'Modern Carnegie' feel at street level."

The south end of the building curves around from Roslyn Street to a plaza, the main entrance and the parking area. An overhanging roof wraps around the southwest side of the building, defining the main entry and the community plaza. The library's curved glass façade mirrors the curve of the adjacent Crescent Flats

building and maximizes the building frontage for light and views both inside and outside. The overhanging roof provides shading and creates covered exterior seating areas in the plaza for community use.

The community meeting planned for March 24 at Bill Roberts school had to be postponed since all school buildings were closed due to the big March snowstorm. The new meeting date will be April 14th.

At the meeting the library project staff will review the floor plan and describe the following areas within the "L-shaped" building:

- The community room and the lobby occupy the short leg of the "L" that projects into the plaza while core library functions occupy the long arm that extends along 29th Drive. The result is a progression of flexible areas that have their own character while blending into neighboring areas at their edges.
- Self checkout and pick up of books on hold occur near the entry and near the popular materials collection and the technology area.
- The "Tween" area is adjacent to the technology area.
- A feature wall forms a focus at the west end

of the building in the quieter adult area with study rooms creating a buffer between it and the children's area.

- The staff support space is focused around the automated book return system and the indoor and outdoor book return drops.

With Earth Day right around the corner, the timing is ideal for the staff to share with the community the sustainable strategies for the building to achieve the LEED New Construction v3 Silver rating. The plans have taken into consideration the

## PRESIDENTIAL LIMOUSINE Luxury Ground Transportation



Over 24 years of Experience – The Best Way to See Colorado in Style.  
Specializing in Airport Transfers, Nights on the Town, Sporting Events,  
Weddings, & any Special Occasions.  
Relax in our Expertly Driven Fleet of Luxury Vehicles.

303.286.1114 ♦ 800.442.5422 ♦ [www.PresidentialLimo.com](http://www.PresidentialLimo.com)  
Stapleton Owned – Discount Offered to Front Porch Readers

**BEST BUILDERS INC.**

**BASEMENT FINISH SPECIALIST**  
Jim Baudinat  
**720.276.7704**  
Free Estimates

Licensed & Insured • 30 Years Experience  
Basement Finish • New Construction • Kitchen & Bath Remodeling  
**#1 in Customer Satisfaction!**

Spring/Summer Special:  
**FREE Diane Gordon Design**  
Professional Plan Set with Basement Contract

## You may qualify for the tax credit!

**Lana Dardano | Tammy Morran | Ken Greenfield | Samantha Dardano | Jon Mauck**

**Just Listed**

**8010 E. 26th Ave.**  
**\$435,000**

**New Price**

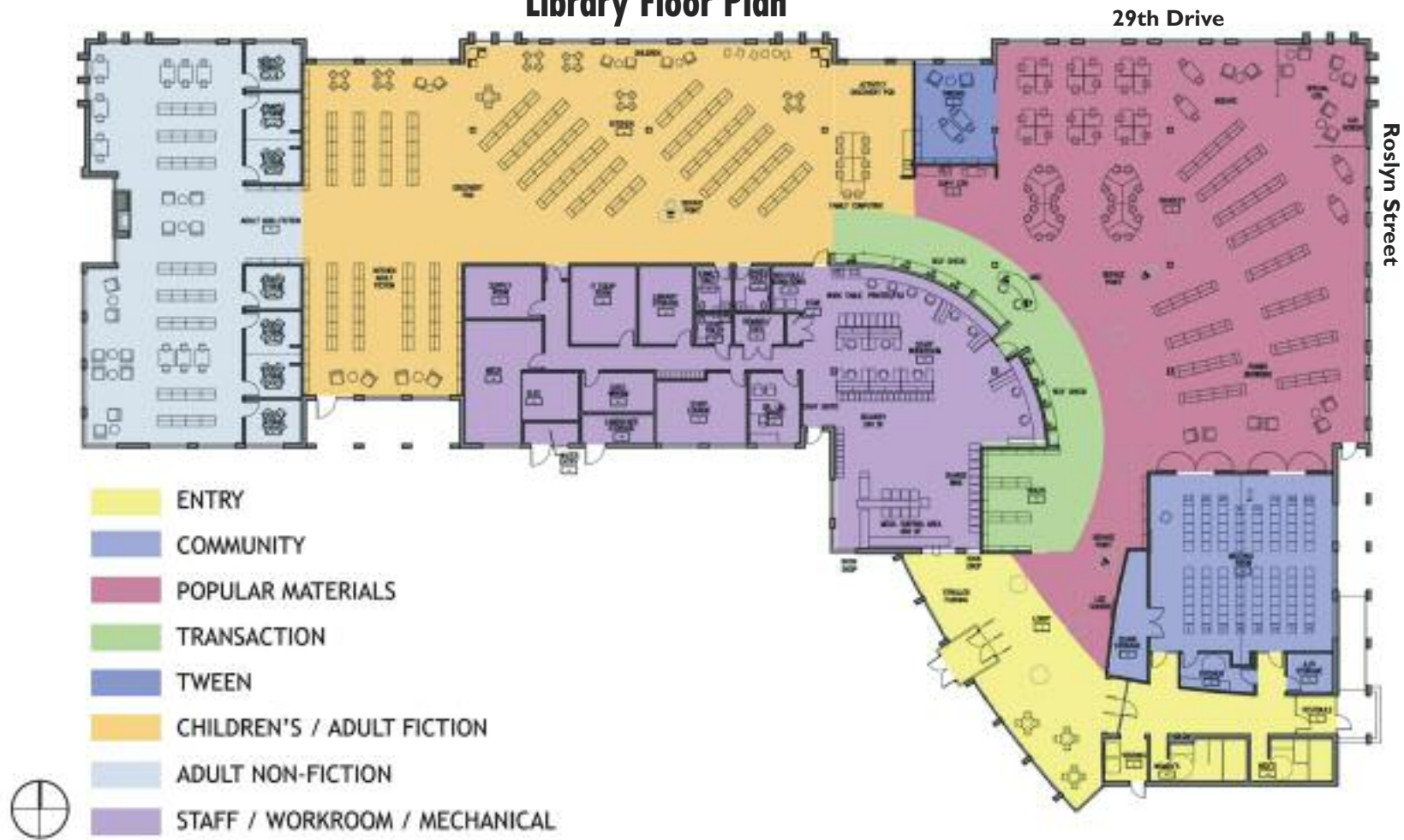
**3580 Willow**  
**\$410,000**

**Just Listed**

**2942 Central Park Blvd.**  
**\$254,939**

Recently Sold: 7671 E. 26th • 3890 Adams • 3646 High • 2957 Forest • 2880 Hudson • 2843 Havana  
• 9246 E. 35th • 662 Hanging Rock

# Library Floor Plan



The library floor plan has a progression of flexible areas that have their own character while blending into neighboring areas at their edges.

community's desire to showcase the sustainable elements as an educational opportunity. Some of the sustainable elements being considered are:

- Water Conservation Goals: 40% water savings in building, 50% water savings in landscaping and graywater use
- Energy Efficiency Goals: 36% energy savings, passive solar, renewable energy, daylighting, occupancy sensors, energy star equipment and appliances
- Equipment and System Expectations: Raised floor, hot water boiler with direct/indirect evaporative cooling and energy recovery system, tankless water heaters in restrooms
- Operating and Maintenance Program: Green cleaning, single-stream recycling, lower maintenance costs
- Indoor Environmental Quality: Increased ventilation, task lighting, no smoking (designated outside area remote from building), low emitting construction and finish materials
- Materials: High recycled content, regional materials, durable, rapidly renewable products, recycle 75% of construction waste
- Educational Goals: LCD screens tied to building automation system with real-time performance data, exposed sustainable systems for education, solar orientation

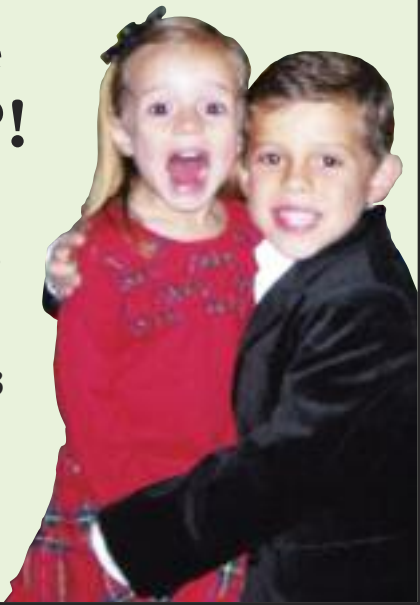
## You Don't Have Life Insurance?!

When was the last time you reviewed your Life Insurance policy? Changes in your life? We shop over a dozen top-rated companies to get you the best rate!

**Save 50 - 60%**  
**For a quote call 303-500-3373**  
**coloradolifequotes.com**

Owned by Stapleton resident Rob Johnson.  
5% of our profits are donated to local charities.

Colorado Life Quotes



## Spring has Arrived at Nick's Garden Center!

Our greenhouses are bursting with rows of brightly colored pansies. Browse through our garden center and look at all the new products for this season. We have a great selection of perennials, trees, shrubs, herbs, houseplants, pottery, and much, much more.



Our 10-acre garden center and friendly, knowledgeable staff will impress you!

- |              |                   |                               |                                   |
|--------------|-------------------|-------------------------------|-----------------------------------|
| • Trees      | • Hanging Baskets | • Insecticides and Herbicides | • Bulk Soils, Mulches and Rock    |
| • Shrubs     | • Fresh Sod       | • Statuary and Fountains      | • Fresh Fruits & Veggies          |
| • Perennials | • Complete Water  | • Pavers and Stepping Stones  | from June - October               |
| • Annuals    | Garden Department | • Soil Amendments             | • Planting and Delivery Available |

If you've previously owned, are a first time buyer or are moving up...call us!

Lisa Chabot | Eric Carr | Rhett Adams | Eric Welch | Regina Jackson | Vita Dardano



**New Price**  
2870 Syracuse Ct.  
\$330,000

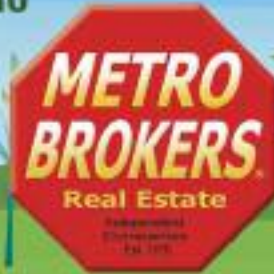
More Homes Available: 6996 S. Franklin • 213 Winks Way • 4100 Albion • 4850 Tarasola Lane • 11000 Yarrow



**Sold**  
2833 Spruce St.  
\$649,900



**Coming Soon**  
7850 E. 29th Ave.  
Stop by our convenient street-level office in the Stapleton 29th Avenue Town Center.



**Metro Brokers at Stapleton**  
**303.331.6700**  
[www.4denverrealestate.com](http://www.4denverrealestate.com)



# Smiles for a Lifetime



Creating Stapleton & Park Hill Smiles since 2004

- Gentle, personal, health centered care in your neighborhood
- High quality clinical expertise for the whole family
- Wellness oriented care-take an active role in your oral health!
- Bright, new modern office with the latest technology
- New patients welcome and most insurances accepted
- Early morning and Friday appts available
- Top Dentist List 2009 & 2010 **5280** Denver's Magazine

**QUEBEC SQUARE**  
**FAMILY DENTISTRY**  
35th and Quebec in Stapleton

7505 E 35th Ave #304 Denver CO 80238 • 303.322.2081  
**qsfamilydentistry.com**



Denver School of the Arts students Jaime Midgyett, Anna Charney, Katie Rita, Amanda Clark and Akemi Tsutsui stand in front of their painting, Diversity, at Westerly Creek Elementary School. Renee Allen, chair of the Westerly Creek Art Committee, stands second from right next to DSA art teacher Deb Rosenbaum.

## DSA Artists Create “Diversity” for Westerly Creek

By Carol Roberts

Where to look for custom art for an elementary school? Ask local high school artists.

Renee Allen, Westerly Creek Art Committee Chair, came up with the idea that Denver School of the Arts (DSA) students might be able to create a custom work of art as a community service project. DSA art teacher Deb Rosenbaum asked for volunteers, Allen provided the canvas and suggested a theme of “diversity,” and that’s all it took to get the project off the ground, says Allen. The students created a preliminary sketch of hands using sign language that Allen approved—and after that the students went to work.

Over a period of about two months the five artists/ honor students worked together on the painting, receiving credit toward their National Honor Society community service hours.

The process wasn’t 100% harmonious laughs Katie Rita, “Amanda and I actually got in a fight about it.” They disagreed on whether to repaint the background because it was too dominant, though in the end all agreed repainting was the right thing to do.

How did they come up with the theme of the hands? “We sat down on the purple couch and brainstormed what the word “diversity”

means,” says Akemi. “We took a whole class period just trying to think of ideas and then we sketched it out.”

What was it like to create a piece of art as a group rather than alone? “I think that working alone is probably easier to do. You don’t come across as many conflicts. But when you’re working with the group you get a lot of different ideas... we’ll disagree but usually you’ll come out with a really good product if you get lots of different opinions about the way it should look,” says Jaime. “Even if you do work alone you’re asking for other people’s input,” adds Amanda.

“It’s frustrating when something isn’t your style, or the way you like things to look... it’s frustrating to accept that it looks good anyway,” says Anna.

They all agree that “getting that unity” was hard with five different people who have five different styles, but they’d all do it again if given the chance. They like seeing their work displayed, and, as their teacher Deb Rosenbaum pointed out, the painting is even visible through the window at night.

Rosenbaum says DSA often gets calls for custom art by the students, and interested parties can email her about such projects at [debra\\_rosenbaum@DPSK12.org](mailto:debra_rosenbaum@DPSK12.org).



## The Berkshire is going Green-er

Although we have always tried to use **green** practices whenever possible at **The Berk'**, we are now taking it upon ourselves to increase our efforts. Look for our **new menu** in the beginning of May, consisting of mostly locally grown, organic produce, Colorado-raised hormone-free meats & poultry and local dairy products. We are also working on a newer, **healthier** kids menu.

**Thank you** for your patronage, Stapleton!  
-Andy

7352 E. 29th Ave.

p: 303 321.4010

[www.TheBerkshireRestaurant.com](http://www.TheBerkshireRestaurant.com)

## Research to Find Life in Breath

By Nancy Burkhart

Many cancers, such as breast cancer, have symptoms that people are encouraged to look for and pay attention to. However, lung cancer leaves no fingerprints or other clues to direct people to early detection. It ranks first among the leading causes of cancer death in the United States.

Doctors at the Anschutz Cancer Pavilion are conducting research to find ways for the early detection of lung cancer. One of the researchers is a thoracic surgeon and assistant professor at the University of Colorado, Dr. Michael Weyant, who is a Stapleton resident.

"It's not only smokers who get lung cancer," Weyant said. "There also are nonsmokers who get lung cancer. There are hereditary forms of lung cancer. And, there are people who experience second-hand smoke and people who are exposed to radiation in different forms." But research is needed because there is no way to reliably tell who will get lung cancer. "If we could detect these lesions earlier, we would be able to cure far more people.

"Right now there is no standard set of guidelines that says that someone needs a CAT scan. With lung cancer, when it creates a symptom in a patient, it's usually very advanced. It grows into a structure that a person can feel and it's past the point of being curable," he explained.

The risk to radiation exposure with a



Dr. Michael Weyant, lung cancer researcher

### Walk or Run for Your Lungs May 15

The fourth Annual Gift of Life and Breath 5K Run/Walk to benefit lung cancer research at the University of Colorado's Anschutz Cancer Center will be held on Saturday, May 15. Participants can form teams or participate as individuals for the run that takes place around the Anschutz Medical Campus. To register or make a donation visit [www.thegiftoflifeandbreath.com](http://www.thegiftoflifeandbreath.com).

CAT scan makes it a test that should not be given arbitrarily to every patient, Weyant explained.

"Our expectations are to perform early detection of almost every kind of cancer," Weyant said. "Success will have to do with it being a convenient test, cost-effective for society, comfortable and minimally invasive for the patient.

"In lung cancer, the modes to do that would be testing body fluids—blood, sputum, etc. It would be something that's easily obtainable that doesn't hurt a patient. The problem is to detect very small tumors."

Today, lung cancer usually is found by accident, Weyant said. Typically, a lump is found and the patient is sent to a surgeon. Some people may have a CAT scan for another reason and during that test, lung cancer is found.

The particular research that Weyant is conducting is being funded by an annual 5K run and walk that was started by the family of a patient that he operated on for a rare type of lung cancer. Gary Zollinger was diagnosed with late-stage lung cancer. It was quite a surprise to him and his family because he never had smoked. He underwent a double-lung transplant, but the cancer was too far along and he lost his battle on September 9, 2007.

For information about lung cancer and the Anschutz Cancer Pavilion, go to [www.uch.edu](http://www.uch.edu). For information about the 5K Run/Walk or to donate, go to [www.thegiftoflifeandbreath.com](http://www.thegiftoflifeandbreath.com).

# Rejuvenate Your Body and Soul

Our Spa Services are now available 7 days a week!



ergo salon & spa  
Stapleton

April Special: 90-Minute Full Body Massage & Facial for:

\$110 - Wellness Days (Wednesday or Thursday)

\$120 - Standard Days (Monday, Tuesday or Friday)

\$130 - Peak Days (Saturday or Sunday)

Focused Hand & Foot Treatment including relaxing soak and massage with lotion for \$25.00

20% off First Time Guest – All Services

Cannot be combined with any other special offer (ex: Wellness Day). Please call for details. All offers expire April 30th, 2010

303.373.5455  
[www.ergobeauty.com](http://www.ergobeauty.com)

AVEDA

Northfield Shopping Center

<p><b>New Price</b> 8061 E. 29th Ave. \$499,900</p>	<p><b>Under Contract</b> 2506 16th St \$325,000</p>	<p><b>Under Contract</b> 2502 16th St \$325,000</p>
<p>2715 Blake St. #5 \$379,900</p>	<p>1326 Columbine #1 \$299,900</p>	<p>3954 Blue Pine Cir \$295,000</p>
<p><b>New Price</b> 2576 Syracuse \$255,000</p>	<p>2351 Federal #103 \$169,900</p>	<p><b>Kentwood</b> CITY PROPERTIES LLC</p>
<p><b>Stacy &amp; Alex Neir</b> The Neir Team 720-280-3004 <a href="http://www.neirteam.com">www.neirteam.com</a></p>		

# New ECE-3 Program to Start at Stapleton

By Nancy Burkhardt

Two- and three-year olds have short attention spans, but learning is easier when it comes through play, according to Rachel Baumel.

Stapleton residents Baumel and her husband, Dan Mitzner, own Baby Power & Forever Kids, a pre-school located in Quebec Square at 7505 E. 35th Ave., Suite 330, that is not designed to be a drop-off center for children, but a learning center for them, Baumel said. Baby Power offers classes for children ages six months to six years, an open gym where parents can bring their children and play with them, birthday parties and a parents' night out.

Baumel helped to create the Early Childhood Education (ECE) program that Denver Public Schools offered for two- and three-year-olds at Westerly Creek Elementary and Bill Roberts Elementary. Baumel and Mitzner's children, Alexis, 8, and five-year-old Chloe have been part of the ECE program.

The 3-ECE program at Bill Roberts was a five-morning a week program where children primarily learned through play," Baumel explained. "It's play-based, but there's a strong learning component where they learn to write their names and learn their letters and start the language development process."

Denver Public Schools will be dropping the ECE-3 program. Therefore, Baby Power & Forever Kids will offer a similar program this fall.

"We are starting the pre-school that has 14 two-year-old spots and 31 three-year-old spots," Baumel said. "We're not doing five days a week, but a variety of morning, afternoon and extended day sessions so we can fulfill a pre-school need.

"Our curriculum is a creative curriculum which is primarily play-based," she said. "It will focus on having kids write their names, learn letters and language development. A combination of play-based learning and structure is important. I don't think you can do one or the other at age three. It will be a combination of kids learning social skills plus feeling good about themselves and getting the skills they need."

Open spots in the program still are available.

"We're pretty open-minded in terms of who we accept," Baumel said. "We will accept kids that aren't potty-trained if their behavior is well-adjusted and they are not disruptive to the class. The kids will come in at all different levels. At the end of the year they'll all be at the same place in terms of development."

There will be one teacher for every seven children



Rachel Baumel, co-owner of Baby Power in Quebec Square, leads a group of 3-year-olds in a game in which they pretend to be fish swimming in the ocean.

in the two-year-old program and one teacher for every eight children in the three-year-old program, Baumel explained. An intern

will work with both groups.

Parents are welcome to stop by Baby Power to observe classes, some of which already are in session.

"They will see kids do a variety of activities," Baumel said. "We have gym time, music, crafts and snacks. In preschool, they have center time where there is a variety of activities with stations. They go from station to station and there is an element to each activity, such as a water and sand table that uses manipulatives for hand-eye coordination. There are different focuses on emotional, physical, cognitive and language development. Some activities will use fine motor skills. Some might be language development or working on rhyming or recognizing letters. All the different activities will have a purpose behind them."

For information about the classes and events offered by Baby Power & Forever Kids, call 303-377-8855, email babypow-erco@msn.com or visit [www.babypowerco.com](http://www.babypowerco.com).



**Singer  
Judy Collins  
Performs at  
Children's  
Hospital**

**DDC+ Denver Dermatology Consultants, P.C.**



Erin Welch, M.D.



Joe Simodynes, M.D.

## Skin Care Specialists

Mohs Micrographic Surgery  
Skin Cancer Treatment  
Physician Administered Cosmetic Injections  
Laser Hair Removal • Acne Treatment  
Cosmetic Excisions & Repair  
Sclerotherapy • Microdermabrasion  
Laser Treatments • Chemical Peels  
Phototherapy • Botox®

**[www.denverderm.com](http://www.denverderm.com) • 303-426-4525**

2970 Quebec St Suite 200 - above Bank of the West

**Parent pathways**  
**MILES FOR MOMS**  
**RUN/WALK**  
Celebrating 20 years of the  
Stapleton School  
[www.parentpathways.org](http://www.parentpathways.org)

**PCL**  
CONSTRUCTION LEADERS  
5280  
Denver's Magazine  
Brownstein Hyatt  
Farber | Schreck  
KASPER PERMANENT  
Sat. May 8  
Central Park-  
Stapleton

**Y Come Get Involved!**

**Sports Leagues**

- T-ball (Preschool – Kindergarten divisions)
- Baseball (1st Grade - 6th Grade divisions)
- YMCA Soccer (Preschool – 6th grade divisions)

Registration Deadline is May 7!  
Season will run June 7, 2010 through August 7, 2010

**Sports Camps**

- Challenger British Soccer Camp

Check [challengersports.com](http://challengersports.com) for information

Go online to register at **[www.DenverYMCA.org](http://www.DenverYMCA.org)** or call Schlessman Family YMCA at 720-524-2750

## Since You've Asked...

**Q.** It appears that ridership on the existing light rail has been limited by lack of parking. I've heard people have to arrive very early, or there is no parking available. Has RTD planned for adequate parking along the East Corridor? What is the projected need?

**A.** As with all of the stations planned for the East Corridor line, the number of parking spaces identified for the Central Park PnR is based on the number of riders that RTD expects to use the train on an average weekday. To determine the projected number of parking spaces necessary for each station, RTD uses a model that includes a variety of factors, including the population around each station and along the corridor, traffic patterns and land use plans.

*Response provided by Carol Duecker, RTD East Corridor Project Manager.*

**Q.** I live on 26th Ave. across from the empty vacant land on the south side of Stapleton. Now that Forest City has "transferred" funds originally budgeted for that open space to "donate" to the new school, what does that mean for this open space that is an unsightly part of our community?

**A.** This question confuses the proposed park on the Stapleton land that lies in Aurora (south of 26th Avenue) with a park that

is planned for North Westerly Creek near the Sand Creek Greenway (north of 35th Avenue).

Development of the proposed park on the Aurora parcel has been held up by the delays in cleaning up Filing 16, the fenced area that lies between Havana and Moline, north of 26th Avenue. The infrastructure and drainage for the Aurora parcel must be done in connection with the infrastructure work that will eventually be required for the residential neighborhood planned for Filing 16. Unfortunately, we do not know at this time when the Filing 16 parcel will be available for development. It is still under the ownership of the City of Denver's Department of Aviation, which is trying to resolve some insurance issues related to its cleanup of Filing 16.

The proposed park involving Forest City's cash contribution to the new DPS school is a "signature park" that is planned for the North Westerly Creek Open Space as it approaches the Sand Creek Regional Greenway. In addition to donating land for schools and affordable housing at Stapleton, Forest City has pledged to donate \$44 million to a fund to create the parks at Stapleton. (We have already contributed approximately \$24 million into that fund, which has made possible the major parks you enjoy today.) The \$5.4 million cash contribution Forest City was planning to make to the Westerly Creek Signature park at some point in the future when that land is environmentally remediated was over and above the \$44 million. Because we heard from the community that a new school was a more immediate need than additional park land at this time (Stapleton already has about 400 acres of the 1,100 acres of new parks planned for development), we asked the City to let us redirect our future cash contribution to the new school which needs to open by August of next year.

Once an environmental assessment has been completed to identify the extent of contamination and the cost of the cleanup of the proposed park in North Westerly Creek, Forest City believes a park could be financed using a portion of the remaining \$20 million we will be donating to the parks fund. That fund will not be enough to complete all of the parks envisioned for Stapleton, but it was always anticipated that additional sources of funding would be sought from foundations and other non profits dedicated to the preservation of open space.

*Response provided by Tom Gleason, Vice President—Public Relations for Forest City Stapleton, Inc.*



Herry Junge, 9 months, and her mother Kristina talk with legendary singer Judy Collins as she autographs her book. Collins, a Denver native, was a patient at the hospital in 1950 as she recovered from polio at age 10. Collins shared her music and stories with children, visitors and staff at Children's Hospital last month.



Introducing...

WOMEN'S SERVICES AT  
**ROSE**

Obstetrics & Gynecology,  
Midwifery and Infertility

2975 ROSLYN—SUITE 140

Women have special needs and that's why we offer comprehensive care that treats you as a whole woman, no matter what your stage of life. And now, taking care of your health can start closer to home.

To learn more about the Stapleton Women's Clinic, call 303-320-2578.



## Stapleton Retrospective

(continued from p.7) source offer so they put out a formal bid process."

Ratner says Forest City has viewed working with the Green Book as a tremendous advantage. "It was exactly what you wanted... a framework document with very strong principals that say, 'This is what we want to do.' ...At one point I asked council president Happy Haynes how she viewed the Green Book. She said, 'Young man, on my night stand I have my Bible and my Green Book and I'm not sure, if there was a fire, which one I'd grab first.'" Ratner concludes by saying, "In 35 years of doing business there's nothing I'm prouder of."

### Mayor John Hickenlooper

When Mayor Hickenlooper came to office in 2003 Stapleton was just starting to look like a community... still a lot of dirt fields, but the vision was, by then, becoming a reality. He describes Stapleton today as, "a national model for urban infill and it has fulfilled almost every expectation... the infrastructure, the parks, even without big trees it's beautiful, although building schools has been more challenging."

The Mayor goes on to say, "The biggest question from other mayors is they've been curious about how it was planned and what is the city's relationship with the builders."

If those mayors knew the whole story, they would wonder how Denver was so fortunate as to have the combination of visionaries and committed citizens that was required to turn an old airport into a thriving mixed-use community.

**PARK PROPERTIES REALTY**

~ PROUDLY PRESENTS ~

**Under Contract**  
**1475 Delgany #603**  
Leave your car and walk everywhere while living in this loft-style 2 bed, 1 bath condo with amazing city and mountain views.  
**\$239,900**

**For Sale - 2580 Dexter St.**  
Be in the heart of Park Hill in this totally remodeled 4 above-ground beds plus office and 4 baths home. Original charm & woodwork joins modern amenities.  
2,871 sq. ft. **\$649,900**

**For Sale - 2542 Glencoe St.**  
This updated Tudor has 4 beds/2 baths plus a separate office. Walk-out basement expands your living space. Remodeled kitchen, Master suite. \*4th bed is non-conforming.  
**\$469,900**

**For Sale - 1161 Racine**  
This meticulously maintained home near Fitzsimmons Medical Center has 3 beds/2 baths. Expansive kitchen. Newer windows. Master bath. Awesome 8,189 sq. ft. lot. **\$149,900**

**Coming Soon For Sale - 2669 Uinta**

**OPEN HOUSE - SATURDAY APRIL 3rd 1 - 4 P.M.**  
Move in just in time for the pools to open - you'll only be one block away in this 4 bed + office/4 bath home. Finished basement. New carpet. Kitchen island and more. **\$369,900**  
Give us a call to find out how we are helping our clients. We would love to talk to you. We're your neighbors and your neighborhood brokers.

**Real Estate. Beyond the Obvious.**  
**Deb Egelske** Broker  
Direct/Text: (303) 883-4500  
deb@parkpropertiesrealty.com  
www.parkpropertiesrealty.com

## EARTH DAY EVENTS

**4/21 Wednesday and 4/22 Thursday- Denver Zoo - Party for the Planet-Youth Summit.** Join Denver Zoo and local students to celebrate Earth Day. Learn what local area students are doing in their own backyards to make a difference for the planet. 9am-3pm both days. [www.denverzoo.org](http://www.denverzoo.org)

**4/17 Saturday- Green Valley Ranch Earth Day Celebration 2010.** Festival of food, family fun, and local environmental groups. Fishing clinics, bounce house, face painting and giveaways. Community Cleanup at noon. 10am-2pm. FREE. Oakwood Homes New Home Center parking lot, 18655 E Green Valley Ranch Blvd, Denver 80249. [Events@MyGVR.org](mailto:Events@MyGVR.org)

**4/22 Thursday- Celebrate Earth.** What better way to celebrate Earth Day than on a tour of your favorite Refuge? Let a naturalist be your guide as you enjoy a leisurely bus ride followed by an earth-friendly craft. 9:30am-12pm. FREE. (See Rocky Mountain Arsenal National Wildlife Refuge p. 20 for directions.)

**4/24 Saturday- Earth Day Recycling Event.** 9am-12pm. To celebrate Earth Day, Bluff Lake Nature Center joins forces with B Logistics, Techno+Rescue and WeeCycle to let you recycle items from books to electronics to used children's toys. Most items, no cost to recycle. (More information p. 30)

## ADULT CLASSES AND SEMINARS

The following classes held at Denver Botanic Gardens, 1005 York St, Denver. [www.denverbotanicgardens.org](http://www.denverbotanicgardens.org)

**4/3 Saturday- Rose Pruning: Where, When, How?** Learn to properly prune roses. 1-3pm. \$24 member/\$29 nonmember.

**4/6 Tuesday- Hooked on Hardscape: Patio Construction.** Series examines different facets of the built landscape. \$24 member/\$29 nonmember.

**4/10 Saturday and 4/17 Saturday- Small Space Kitchen Garden Design Workshop.** 9am-2 pm both Saturdays. Intensive workshop to maximize space for optimum year-round production. \$130 member/\$156 nonmember.

**4/10 Saturday- Top 10 Culinary Herbs: Growing, Harvesting and Preserving.** Grow beautiful and organic herbs for landscape, kitchen and around the house. 1-3 pm. \$29 member/\$34 nonmember.

**4/15 Thursday- Container Herb Gardens.** With limited space enjoy aromatic and culinary joys of herbs. 6:30-8:30pm. \$42 member/\$47 nonmember.

**4/27 Tuesday- Hooked on Hardscape: Water Features and Fire Elements.** Explore intricate designs and construction of water features, ponds, fireplaces and modern features. 6:30-8:30pm. \$24 member/\$29 nonmember.

### Colorado Free University (selected classes)

Costs listed at [www.freeu.com](http://www.freeu.com) or 303.399.0093. Classes held near 1st and Quebec in East Denver.

**4/9 Friday to 4/11 Sunday- Explore the World of Psychic Experiences: With Sharon Cheney.**  
**4/22 Thursday- Wise Mind/Open Mind: Finding Purpose and Meaning in Times of Change.**  
**5/1 Saturday- Un-Job Fair: A Day-long Exploration of Options and Opportunities for Successful Self-Employment.**

## DENVER EVENTS

**4/7 Wednesday- Governor's Holocaust Remembrance Program, Never Again: An Enduring Commitment/A Third-Generation Survivor's Story.** Speakers and traditional candle-lighting ceremony memorializing Holocaust victims and honoring survivors. 6pm. Buell Theatre, Denver Center for Performing Arts. FREE, but tickets required: 303.830.7177 ext. 214.

**4/10 Saturday to 4/17 Saturday- Create Denver Week.** Showcases Denver's talented, dynamic creative community. Some events/activities require advance registration and RSVP. Full calendar, activities, registration at [www.DenverGov.org/CreateDenver](http://www.DenverGov.org/CreateDenver).

**4/13 Tuesday- Lecture by Dr. Thomas Sutherland.** Held hostage in the Middle East for over 6 years, he shares insights of his experience, the nature of terrorism in today's world and its threat to the U.S. East High School, 7pm. 1600 City Park Esplanade. \$5/students; \$15/adults (\$20 at door evening of lecture); \$35 Patron reception 5:30pm to meet Dr. Sutherland, 2 tickets to lecture and signed copy of his book, *At Your Own Risk*. Advance tickets: [www.eas-tangels.org](http://www.eas-tangels.org)

**4/15 Thursday to 4/17 Saturday- Annual Western Region Church Ushers Union Conference.** Red Lion Hotel, 4040 Quebec St, Denver 80207. Nadine Norris: 303-452-6910.

**4/18 Sunday- WeeCycle Hopscotch Hustle Fashion Show.** WeeCycle hosts 2nd annual Hopscotch Hustle runway family fashion show from local clothing boutiques. Proceeds provide low-income families with free new/gently used baby gear. 2-5pm. Tickets: \$20/general admission, \$45/premium seating. Curtis Hotel, 1405 Curtis St, Denver 80202. Tickets: Sunny Heydorn, 720.319.7792, [sunny@weecyclecolorado.org](mailto:sunny@weecyclecolorado.org)

**4/30 Friday to 5/1 Saturday- Denver Broncos Relay for Life.** Benefits American Cancer Society. Invesco Field at Mile High. [denverbroncos.com/relayforlife](http://denverbroncos.com/relayforlife) to register.

**5/9 Saturday to 5/10 Sunday- Cinco De Mayo Celebrate Culture Festival.** Civic Center Park, downtown Denver. [www.cincodemayodenver.com](http://www.cincodemayodenver.com)

## HEALTH AND WELLNESS

**4/08 Thursday- Zen and the Art of Tea.** Experience 4 principles of tea—harmony, respect, purity and tranquility—and relationship between tea and meditation. 6:30-8:30pm. \$28/member, \$33/nonmember. Denver Botanic Gardens, 1005 York St, 80206. [www.botanicgardens.org](http://www.botanicgardens.org) to register.

**4/13 Tuesday- Skin Tuition.** Natural ways to nourish your skin through nutrition and skin care. Make herbal tea, exfoliate and more. 6:30-8:30pm.

\$39/member, \$44/nonmember. Denver Botanic Gardens, 1005 York St, 80206. [www.botanicgardens.org](http://www.botanicgardens.org) to register.

**Throughout April- 9Health Fairs.** 9Health Fairs will be held at various metro locations throughout April. Free screenings include breast and pap exams; low-cost blood screenings. Fast for 12 hours before blood draws but drink lots of water. Diabetic persons do not fast. All participants should continue taking medications. Free taxi service to sites by Metro Taxi, 303.333.3333. [www.9healthfair.org](http://www.9healthfair.org) to preregister and info on all site locations.

## LECTURES AND DISCUSSIONS

**Active Minds** – For information on all sessions, visit [www.ActiveMindsForLife.com](http://www.ActiveMindsForLife.com). FREE.

**4/8 Thursday- Health Care Reform.** Examine proposed legislation and future prospects for health care reform with goal of understanding what it means for all. 10am-noon (10/reception, 10:30/program) 1375 High St, Denver. RSVP: 303.399.5555 (limited seating)

**4/12 Monday- Health Care Reform.** Health Care Reform (see 4/8 description). 2:30-3:30pm. Springbrooke, 6800 Leetsdale Dr, Denver. RSVP: Springbrooke: 303.311.9963

**4/13 Tuesday- Indonesia: A Functional Islamic Democracy.** Examine what's working in the world's largest Islamic country. 10am. Jewish Community Center, 350 S Dahlia St. RSVP: Lil Shaw: 303.316.6359

**4/20 Tuesday- The G.I. Bill. A Look Back at the Veteran's Administration's Most Successful program.** Historical accomplishments as well as current and proposed programs and implications for future. 11-12pm; refreshments/10:45. Temple Emanuel, 51 Grape, Denver. RSVP: Jodi, 303.388.4013 x307

**4/27 Tuesday- Al Qaeda.** In-depth look at Al Qaeda, its historical origins and changes over time. 5:30-6:30pm. Tattered Cover, 2526 E Colfax.

## WALKING CONVERSATIONS

For more info on FREE urban park walking conversation events, check events calendar at [Meetup.com/Topic-Talk-Walks-Denver-Metro](http://Meetup.com/Topic-Talk-Walks-Denver-Metro). Contact Fran Rew: 303.321.1064, [info@TopicTalk-Walks.com](mailto:info@TopicTalk-Walks.com).

**4/11 Sunday- April is National Kite Month, and Open Topic.** Lunch 1-2pm at Chipotle in Stapleton Town Center; followed by kites to share, talk about, view and fly, and walking conversation in Stapleton Central Park 3-5pm.

**4/18 Sunday- Conservation and Composting through the Years.** Meet at 10am at Four Mile Historic Park's



Installed in Three Weeks.  
Or Less. Guaranteed.

Call For Details



Duette Architella Shades Now Qualify for the  
Federal Energy Tax Credit. Save Up to \$1,500



Call for a Free in-home estimate. 1/2 OFF Select Upgrades

303-534-5454




[www.rockymountainshutters.com](http://www.rockymountainshutters.com)




LOOKING FOR A NEW FAMILY DOCTOR?



Kristine Walsh, MD, MPH  
NCCQA Certified

We're now open Tuesdays at 7am ... Come see us on your way to work! We offer:

Primary Care • Pediatrics and Newborn Care  
Women's Health Care • Management of Acute and Chronic Illnesses • School and Sports Physicals

303-403-6300

We accept same day appointments and most insurance plans.

**Stapleton Family & Occupational Medicine**  
PHYSICIAN NETWORK

Open Mon - Fri, 8 a.m. - 5 p.m.  
Open Tuesdays at 7 a.m!

2803 Eastlyn (Behind King Soopers)  
Denver, Colorado

\*In partnership with the American Diabetes Association, the NCCQA Diabetes Recognition Program was developed to recognize clinicians who have met standards demonstrating delivery of high-quality care to patients with diabetes.

Call today to schedule your free Meet and Greet!  
Offer expires 5/31/10


"Our electric bill came to 25 dollars - in January!"

DAVID & YUNA VANEATON, NEW TOWN STAPLETON HOMEOWNERS, JANUARY 2010  
TWO ADULTS, ONE CHILD AND A DOG, IN 2,300 SQUARE FEET

New Town builds the most energy efficient production homes in Denver - period.

The truth is, it doesn't matter how many low-energy appliances or solar panels you add to a home, because they won't function to their potential if the home isn't built to save energy. We call this the "Science of Building" and with it we make our walls thicker, our air more pure and controlled and our insulation more thorough throughout. But don't take our word for it, our HERS scores prove it! And now New Town has made Solar standard, we build it into the cost, like all of the other great quality features we build into every one of our Homes. They are marvels of energy, disguised as beautiful homes.

Solar comes standard on every new single family home!






See the New Solaris Collection models, with 7 New floorplans!

**Stapleton Single Family Homes**  
Solaris Collection from high \$300's  
Mike Carey 720-941-0359  
Located in Stapleton, north of 35th on Alton  
[mike.carey@newtownbuilders.com](mailto:mike.carey@newtownbuilders.com)

**Stapleton Row Homes**  
Row Homes Starting @ \$122,900  
Jill Price 303-320-3800  
29th Dr & Havana / Central Park @ Eastbridge  
[jill.price@newtownbuilders.com](mailto:jill.price@newtownbuilders.com)

**New Town**  
BUILDING MARVELS OF ENERGY EFFICIENCY DISGUISED AS BEAUTIFUL HOMES.  
[newtownbuilders.com](http://newtownbuilders.com)



free event, and share strolling conversation 10am–noon at this farm country event.

**4/18, Sunday- Health and Open Topic.** From 3-4pm, Fred Grover, Jr, MD leads a walking conversation around Denver's City Park Ferril Lake. From 4–5pm, visit the Health Expedition on this FREE day at Denver Museum of Nature & Science (DMNS).

**4/28 Wednesday- Spirituality and Sustainability: 40 Years of Earth Day.** From 6–7pm, Rev. Nelson Bock leads a walking conversation around Denver City Park's Ferril Lake. From 7-8:30pm, visit the FREE *60 Minutes in Space* presentation in the DMNS planetarium.

LIBRARIES

For more info on these and other library programs, check events calendar at [denverlibrary.org](http://denverlibrary.org).

**Park Hill Library, 4705 Montview Blvd 80207, 720.865.0250, closed Mondays, Wednesdays and Sundays.**

**Thursdays- Storytime with a Craft.** For children who can sit and listen to short stories, participate in songs and a simple craft. 10:30am. Craft limited to first 30 children.

**Thursdays and Fridays- Book Babies.** For infants 6–23 months with parent or caregiver. Share books, songs and finger plays. 11:15am.

**Fridays- Tales for Twos.** Storytime for 2-year-olds and their caregivers. Stories, song and movement activities. 10:30am.

**Schlessman Family Library, 100 Poplar St, 80220 (1st and Quebec), 720.865.0000, closed Tuesdays and Fridays.**

**Thursdays- All Ages Storytime.** Stories and songs. 10:30–11:00am.

**Thursdays- Book Babies.** Stories, songs and games for babies birth to 24 months and caregivers. 3–3:20pm.

**4/11 Sunday- Basics of Screen-Printing.** Learn to put together a simple screen-printing setup and print your own designs. Bring T-shirt or flat-tote to print with original Schlessman Family Branch design. 2pm.

**4/17 Saturday- Finding Summer Fun.** Big fun and economical ideas for summer activities for you and your family. 2pm.

**4/18 Sunday- Latitudes Book Club.** Pick from Pulitzer Prize-winning titles at reference desk, share with the group or just come to learn titles you'll want to read. 3pm.

**4/21 Trash, Thrift, Treasure.** Join savvy shoppers and share your tips for thrifting and transforming someone else's trash into your treasure. Bring item to swap! 6:30pm.

**4/22 Thursday- Travel Tales: Kenya and Tanzania.** Kathy Steinberg shares highlights of her safaris in Kenya and Tanzania. 1 pm.

**4/24 Saturday- Colorado Author Series Presents: Mark Obmascik.** He has spent years watching birds and climbing Colorado 14ers, resulting in books *The Big Year: A Tale of Man, Nature and Fowl Obsession* and *Halfway to Heaven, My White Knuckled and Knuckle-Headed Quest for the Rocky Mountain High*. A talk and slide show of his adventures. 2pm.

**Peep Your Book!** Create a shoebox-sized diorama of a scene from your favorite book or movie using Peeps as characters. Submit your creation from March 27–April 8. Viewing and judging on April 10.

KIDS AND FAMILIES

**4/02 Friday- Tales from the Jungle.** Weekly storytime at JCC with professional storytellers and entertainers for kids 1–5. 10:30am. FREE. Reservations requested. RSVP 303.316.6336 [www.jccdenver.org](http://www.jccdenver.org) f 350 S Dahlia St. Repeats 4/09, 4/16 and 4/24.

**4/03 Saturday- Jewish Children's Activities.** First Saturday every month, little ones dance, sing, hear a story, do a craft and play at monthly Shabbat experience, Me'at Shabbat. 9–10am. FREE. Temple Micah, 2600 Leyden St., 303.388.4239. [www.micahdenver.org](http://www.micahdenver.org).

**4/6 to 5/25, Tuesdays- Guitar Together (Beginning Guitar Class for Parents & Kids).** Class for parents who want to learn how to play guitar with their elementary-aged child. 6 to 6:50pm (50-minute class). \$150. Stapleton location. Natasha Olson: [Stapleton-Guitar@gmail.com](mailto:Stapleton-Guitar@gmail.com) or 303.318.9542.

**4/12 Monday to 4/16, Friday- Westerly Creek Scholastic Book Fair.** Times vary daily, Great books for great prices especially for pre-schoolers–3rd graders. Proceeds support Westerly Creek Elem. School. WCE Library. Contact WCE: 303.322.5877

**4/14 Wednesday- Literacy Day.** Speakers on children's literacy and the new Stapleton library branch. 2:30-3:45pm. At 3pm, parents of WCE children invited to join in classroom literacy events. FREE. Westerly Creek Elem. School Cafeteria. Contact WCE: 303.322.5877

**4/14 Wednesday- "Create Playdates" at Denver Art Museum.** Kids 3–5 invited to roar, bang and stomp 2nd Wednesday every month, 11am. Art making, story times and scavenger hunts. Included in museum admission; 5 and under free. Denver Art Museum, 100 W 14th Ave Pkwy. [www.denverartmuseum.org](http://www.denverartmuseum.org), 720.865.5000

(continued on page 20)

To submit information for the Front Porch "Local Events" section...

Email information in the following format by the 15th of the month to [frontporchevents@gmail.com](mailto:frontporchevents@gmail.com). Events will be run subject to space available.

Date in numerical format (mm/dd), day of week- Name of Event. A one- or


two-sentence description. Time. List cost or if free. Location. Contact information.

Press releases for suggested stories should be sent separately to [frontporch@fineprintco.com](mailto:frontporch@fineprintco.com).

Join us on our journey as we


RETHINKCHURCH

Psalm 24:1 "The earth is the Lord's and the fullness thereof."




WE WANT TO DO OUR PART FOR THE EARTH. DO YOU?

Come help us build our new community garden and much more.




PARK HILL  
UNITED METHODIST CHURCH  
grow your spirit with us <sup>SM</sup>

5209 Montview Blvd, 80207 • [www.phumc.org](http://www.phumc.org) • Sunday Worship 9:15 & 11:00



Save hearts. Open minds. Open doors.  
The people of The United Methodist Church

RETHINKCHURCH





PEDIATRIC DENTISTRY  
Your child's passport to a great smile.



**FUN, JUNGLE ATMOSPHERE**

- Eliminates fear
- Encourages great lifetime habits
- Specializing in infants thru teens
- New patient 'Passport' creates a fun, incentive based dental experience

**PHENOMENAL SMILE CARE**

- Board Certified Pediatric Dentist: Jesse Witkoff, DDS
- Prevention focused, giving you education for informed decisions
- Most insurance & PPOs accepted
- Payment plans available

2009  
2008  
**TOP DENTISTS**  
5280

Best Places for Families  
**WINNER!**  
Kids' Pages

DENVER/STAPLETON: A WILD SMILE 720.945.1234

"Pediatric dentists are the pediatricians of dentistry"  
Play games and learn more about us at [www.awildsmile.com](http://www.awildsmile.com)

You're invited!

To experience a "GREEN" NEW OFFICE warming party

Friday April 16, 2010 @ 5PM to 8PM

Enjoy Tasty organic and sustainable foods  
Great door prizes & Fun entertainment  
Local and sustainable wine tasting  
Networking/Net-weaving

Grand prize: Weekend Colorado's Vineyard Retreat weekend for two  
To RSVP email: [Elizabeth.sakumana.m57b@statefarm.com](mailto:Elizabeth.sakumana.m57b@statefarm.com)



**Jessika Aerni Insurance Agency Inc**  
Quebec Square in Stapleton next to Pet Smart  
7505 East 35<sup>th</sup> Avenue, Suite 305  
Denver CO 80238 Ph: 303-377-5433  
[www.jessikaerni.com](http://www.jessikaerni.com)





A good neighbor is a green neighbor.™

Stapleton Front Porch

19

April 2010

KIDS & FAMILIES (continued)

Now Registering for summer classes and workshops: Embracing Horses at the Urban Farm. 10200 Smith Road. 393.307.9332 for specific classes/costs.

Wednesdays in April- Pajama Party Wednesdays at Children’s Museum. Wear your favorite PJs and play in our exhibits and hear bedtime stories. 4-7:30pm. \$2 off admission for everyone wearing pajamas. 2121 Children’s Museum Drive, I-25 and 20th Ave. Denver 80211. www.mychildsmuseum.org, 303.433.7444

NORTHFIELD EVENTS

Harkins Theatre Events

- 4/ 2 Friday- New Release: Clash of the Titans.
- 4/16 Friday- New Release: Death at a Funeral.
- 4/16 Friday- Summer Movie Fun. Tickets: 10 Movies/10 Weeks/\$5 each.
- 4/30 Friday- New Release: A Nightmare on Elm Street.

Bass Pro Events 720.385.3600

- 4/3 Saturday- Turkey Hunting seminar.
- 4/10 Saturday- Handgun Safety seminar.
- 4/11 Sunday- Hunter Education seminar.

Improv Comedy Club and Dinner Theatre – Tickets: www.improvdenver.com, 303.307.1777. Friday/Saturday are special engagement. 4/1 Thursday to 4/3 Saturday- Auggie Smith. 4/15 Thursday to 4/18 Sunday-Tony Rock. 4/29 Thursday to 5/2 Sunday- Ian Bagg.

The Twisted Olive – www.twistedolive.com Wednesdays, Thursdays and Saturdays in April. Live

Music, Jazz and Blues –6:30-8:30pm.

ROCKY MOUNTAIN ARSENAL NATIONAL WILDLIFE REFUGE

Reservations required for these popular programs. 303.289.0930. To get to refuge, take I-70 and exit north on Havana St, enter at 56th and Havana. Free unless noted.

4/03 Saturday- Sunrise Photo Tour. Photograph the Refuge during the dramatic hours of sunlight. 6:30 to 9:30am. FREE.

4/06 Tuesday- Tuesday Tots: Tree-mendous Trees-Enjoy learning the amazing life of a tree and why they’re important to us all. 1-hour program for young naturalists ages 2–5. Parent/guardian must accompany children. 10–11:00am. FREE.

4/10 Saturday- Fishing Frenzy. See page 23 for details

4/17 Saturday- Seasons at the Refuge. Photographer/author Dave Showalter’s. images of Refuge landscapes, plants and wildlife, including new bison images! Learn photo tips. His book, Prairie Thunder, on hand at discount price of \$15. Adults. 7–8pm. FREE.

4/22 Thursday- Celebrate Earth. What better way to celebrate Earth Day than on a tour of your favorite Refuge? Let a naturalist be your guide as you enjoy a leisurely bus ride followed by an earth-friendly craft. 9:30am–12pm. FREE.

4/24 Saturday- Bike the Refuge. Not sure where to take the family on the weekend? Come to the Refuge for a naturalist-led bike ride and view wildlife. Helmets required, and fat, puncture-proof tires recommended. 1–3pm. FREE.

SPORTS & FITNESS

4/18 Sunday- Mile High Mile. Denver’s premier 1-mile road race for all ages. Begins and ends at State Capitol building. www.milehighmile.com to register.

4/25 Sunday- Cherry Creek Sneak. 5-mile and 5K race in Cherry Creek. Half-mile kids fun run and 1-mile sprint. Post-race block party on 1st Ave between Steele and Monroe Sts. www.cherrycreeksneak.com to register.

5/2 Colorado Rockies Home Run for the Homeless 5K. Coors Field, Denver. www.colorado.rockies.mlb.com to register.

5/9 Sunday- Mother’s Day 5K. City Park, Denver. www.mothersday5k.com to register.

Stapleton All Sports, contact Gabe Hurley, stapletonallsports@gmail.com, 720.985.6642. for cost and location

- 4/6 to 6/8- Tuesdays, Baseball/Tee Ball. 4:15–5:15 & 5:30–6:30pm, 4–8/boys/girls
- 4/6 to 6/8- Tuesdays, Adult Boot Camp. 4:15–5:15 & 5:30–6:30, all fitness levels.
- 4/5 to 6/21- Mondays, Lil’ Bombers Baseball League. 4:15–5:15 & 5:30–6:30 games/ practices, ages 8–10/boys/girls.
- 4/5 to 6/14- Mondays, Early Ball Skills. 9:15–10am. 2.5–3 understand kicking, throwing, running, other basic skills. \$100/child. F-15 pocket park.

JCC Sports - 303.316.6304, www.jccdenver.org for cost and info.

5/25 -7/25- JCC Youth Baseball League. Grades 1–5. Tuesdays & Sundays, times vary. Baseball basics, leadership, teamwork 6/06 -7/25- JCC Pre K- Kindergarten Tee Ball. 7 one-hour Sunday sessions: half-practice, half-scrimmage.

THEATER

4/09 Friday–5/08- Oleanna.. John Hand Theater, 7653 E 1st Pl, Lowry. 720.880.8727, www.johnhandtheater.com

4/09 Friday–5/9- The Rainmaker. Aurora Fox, 9900 E Colfax, 303.939.1970, www.aurorafox.org

4/16 Friday–5/16- Leading Ladies, a hysterical cross-dressing comedy. 2119 E 17th Ave, Denver 80206. 303.839.1361, www.vintagetheatre.com


4/28 Wednesday to 5/9 Sunday- In the Heights. Tony-winning best musical about home, family, finding where you belong. \$15 and up. Buell Theater. www.denvercenter.org, 1866.464.2626

Fridays and Saturdays through April 17- April Fools. Different comedy group each night. Avenue Theater, 417 E 17th Ave, Denver 80203. All seats \$15. 303.321.5925, www.avenuetheater.com

Through Sunday 4/17- Dearly Departed. Aurora Fox, 9900 East Colfax. 303.939.1970, www.aurorafox.org

Through Sunday 5/2- Cinderella by MACC and Denver Children’s Theatre. Tickets \$7–\$9. 303.316.6360, www.maccjcc.org

Welcoming our latest addition, Dr. Amy Nash



**Stapleton Pediatrics**

Brandon Davison-Tracy, MD  
C.U. Young Teacher of the Year

Noah Makovsky, MD  
"Top Doctor" 5280 Magazine

2975 Roslyn Street, Suite 100 • Denver, CO 80238 • 303.399.7900  
Located 1/2 block north of the 29th Street Town Center  
www.stapletonped.com

RECURRING EVENTS

<b>4th Monday</b> SUN Board Mtg. 7:30pm, MCA Comm. Rm., 2823 Roslyn St. stapletonunitedneighbors@gmail.com	<b>Every Wednesday</b> Weekly Weeders, Bluff Lake Nature Center 9am–12pm, 303-945-6717	<b>3rd Thursday</b> Stapleton Citizens Advisory Board Mtg, Stapleton Development Corp (SDC) 7350 E. 29th Ave. 7:30–9am 303-393-7700
<b>Every Tuesday</b> Stapleton Rotary Club – 12pm Stapleton Radisson Plaza Hotel 3333 Quebec St. Michael@KearnsTeam.com	<b>1st Wednesday</b> "1st Wednesdays" Home-based businesses. 11:30am–1pm tbrislina@gmail.com, www.StapletonLife.com	<b>2nd Friday</b> Story time & craft for young children & caregiver, Westerly Creek Elementary library 9:15–9:45am. 303-322-5877
<b>Every Tuesday</b> AA Open Discussion Mtg. 7:30pm MCA Community Room, 2823 Roslyn Street 303-912-7075	<b>2nd Wed.</b> (Odd-numbered mos.) SUN Transportation Committee 6:30pm MCA 2823 Roslyn St. stapletonneighbors@msn.com	<b>1st Saturday</b> Bluff Lake Birders, Nature Center 7–9am BluffLakeNatureCenter.org
<b>1st Tuesday</b> Breast Cancer Support Group 5–6:30pm AF Williams Family Medicine Clinic, Conference Rm. (west entrance) 3055 Roslyn (at MLK) 720-848-9000	<b>Every Thursday</b> (when school's in session) Bill Roberts Elementary School Tour, 10am, 2100 Akron Way, 720-424-2640	<b>2nd Saturday</b> NE Denver/Park Hill MS Self-Help & Support Group, Dist. 2 Police Station, 10:15–11:45am 3821 Holly St. 303-329-0619
<b>3rd Tuesday</b> Greater Stapleton Business Assoc. 8am MCA Comm. Rm., 2823 Roslyn Street 303-393-7700	<b>First Thursday</b> Bill Roberts Middle School Tour, 10am 2100 Akron Way, 720-424-2640	<b>Periodically</b> Stapleton Wine Appreciation Group e-mail meighanm@aim.com

everything changes  
april 2010



EVERYTHING CHANGES SERIES  
Apr 4, 2010 – "Status Update" (Easter special)  
Apr 11, 2010 – "Change of Character"  
Apr 18, 2010 – "Access Granted"  
Apr 25, 2010 – "The Weight of the World"



**SUNDAY**  
Worship Service 10:30 AM  
Elevate Childrens Ministry Birth-5th 10:30 AM  
Axis Youth Ministry Grades 6-12 9:00 AM


Meeting at the Denver School of Science & Technology  
Sundays 10:30 AM | 2000 Valentia St. | Denver, CO

303.321.1014 www.StapletonChurch.com



**HAMLET**  
PRINCE OF DARKNESS

TO BE, OR NOT TO BE...




TICKETS JUST \$18!

By William Shakespeare  
Directed by Robert Richmond  
Associate Director — Michael Cobb

Just when you thought you knew Shakespeare comes this electrifying story brought to life as a living graphic novel.

Producing Partners: Sabahin Clark and Mike & Diana Klosey

**Tartuffe**  
A Domestic Comedy with a Bite



By Molière | Directed by Sabin Epstein

This sparkling romp about hypocrisy, a religious con artist and a family of none-too-bright rich folks makes for an evening of high farce and elegant silliness.

**National Theatre Conservatory**  
at the Denver Center Theatre Company

**April 7–24 • denvercenter.org • 303.893.4100**

Conservatory Theatre at 1101 13th St. • TTY: 303.893.9582 • Groups (10+): 303.446.4851



## Body Worlds & the Story of the Heart

By Carol Roberts

Although 29 million people throughout the world have visited Body Worlds in the past 14 years, the Director of the Institute for Plastination, Dr. Angelina Whalley, says the true success of the exhibit is measured by how visitors leave the exhibition. Her hope is that people will develop an appreciation for their bodies when they see how it works and what an unhealthy life does to it.

"We think Body Worlds will transform our community. Only through learning the science of the human body, will we be inspired to make healthier choices," says Bridget Coughlin, Curator of the Body Worlds exhibit.

At the entrance are over thirty large industrial barrels, illustrating the amount of blood the heart pumps in a day—1,800 gallons—and throughout the exhibit are reminders of the complexity of the heart and the human body. If the arteries, veins and capillaries were spread out, they would be over 60,000 miles long and would wrap around the earth more than twice. In an average lifetime, the heart beats approximately 2.5 billion times.

Visitors to the exhibition see bodies in various poses, many of them athletic, with the muscle tissue cut away in places to expose the layers of muscle, as well as body organs and bones. Other exhibits show the blood vessel configuration around different parts of the body. Where the capillaries are shown, the mass is so dense you can't see through them. Healthy and diseased organs are displayed side by side, showing the effects disease and lifestyle choices have on the human body. And in a separate room, the prenatal development of a fetus is shown from the early weeks through the later months of a pregnancy.

Finally, throughout the exhibit the science is tied in to the emotions ascribed to the heart, such as, "Those who don't know how to weep with their whole heart don't know how to laugh either." (Golda Meir)

Body Worlds & The Story of the Heart will be at the Denver Museum of Nature & Science from March 12 to July 18, 2010. The cost is \$25.50 for adults, \$16 for juniors 3 - 18 and \$19 for seniors 65+ with reduced rates after 5pm for the exhibition only (not the museum). Members are \$12/adults; \$8/juniors; \$10/seniors. The exhibition will be time-ticketed and advance reservations are strongly encouraged; the Museum anticipates that popular times will sell out. For additional information on pricing, including group rates and special extended hours rates, visit [www.dmns.org](http://www.dmns.org).

*Editors' Note: The photo above was modified for printing in a family newspaper to make it gender neutral. The curator suggests children who visit should be 5th grade and older.*



Bridget Coughlin, Curator of Human Health at the Denver Museum of Nature and Science, responds to a question about the Body Worlds exhibit.

## Summer Camp Open House Saturday, April 24, 10am-12pm



DMIS is a private, independent school that offers full-immersion, bilingual education in French, Mandarin Chinese and Spanish to children 3yrs-5th grade. Our summer day camps offer language instruction plus a variety of fun activities including tae kwon do, soccer, dance, basketball, drama and much, much more!

Denver Montclair International School  
Call **303-340-DMIS (3647)** or register online at [www.dmischool.com/summercamp](http://www.dmischool.com/summercamp)  
206 Red Cross Way in Lowry, Denver, CO 80230

Photo by Eric Bakken.com



I am proud to announce that I am now affiliated with  
Colorado's Premier Real Estate Company

**Kentwood**  
CITY PROPERTIES

*Let us make your dreams a reality*



**Under Contract!**

7770 E. 26th Ave  
4 beds / 4 baths  
\$364,000



**Stunning Wonderland Estate!**

2705 1st Street  
3 beds / 3 baths  
\$382,500



**Under Contract in 10 days!**

2889 Emporia Court  
4 beds / 4 baths  
\$382,500



**Coming Soon!**

1680 Niagara Street  
3 beds / 2 baths  
\$400,000



**Symantha Rodriguez**

(m) 720.217.4788  
(a) 303.820.2489  
[Sami@DreamHomesRE.com](mailto:Sami@DreamHomesRE.com)  
[www.DreamHomesRE.com](http://www.DreamHomesRE.com)

**Your Stapleton Resident Expert**

"I had such a great 2009, that I have joined the stellar group at Kentwood City Properties to enable me to continue to offer superior customer service and expertise in the market. Their dedication, integrity and personalized service are a great match for me. Together with my experienced support staff, I look forward to another award winning year in serving your real estate needs!" - Symantha

**YOU STILL HAVE TIME FOR THE TAX CREDIT!**  
Contracts must be entered by April 30, 2010,  
and closed before June 30, 2010.  
\*Consult your CPA to see if you qualify.



**FARMERS**

**Great News!**

Farmers has significantly lowered  
rates in Stapleton. Call for details.

**FREE gift with every quote**



Kevin D. Tafoya

[ktafoya@farmersagent.com](mailto:ktafoya@farmersagent.com) • 303-955-0861  
2332 Central Park Blvd., Denver, 80238



Dr. Stuart Weatherwax

Dr. Romy Mason

Dr. Robert Wester

## Welcome to Central Obstetrics & Gynecology

**Personalized Health Care for Women...**

*Fostering the Patient-Doctor Partnership*

**Conveniently Located Near Downtown**

**2005 Franklin Street #630 • Denver, CO 80205 • Phone: 303.866.8186**

**Visit our website [www.centralobgyn.com](http://www.centralobgyn.com)**

# More Events...

## Learn about Donating to Bonfils Blood Center April 7 and May 11

The Bonfils Blood Center, 717 Yosemite St., will hold an hour-long Because Life Happens program to inform blood donors about what happens to their donations. The program will explain how blood donations are made into life-saving products for patients and will give participants a behind-the-scenes tour of laboratories where blood testing is performed.

More than 3,300 blood donors are needed every week for the Bonfils Blood Center to supply blood and blood products to nearly 200 hospitals and healthcare centers. To make a reservation for the free presentation, email [foundation@bonfils.org](mailto:foundation@bonfils.org) or call 303.739.4000.

## Children’s Art Contest— Pictures of Mom Due April 9

Children ages 3 to 10 are invited to enter a picture of their mothers that they have painted or drawn in pencil, pen, crayon or paint by April 9 and win a prize. The community will vote on the “My Mom” art that will be exhibited in the front windows of Art & Framing at Stapleton

and Café of Life. Voting will start on April 14 and end April 25. Only one vote per person may be submitted. Fill out a voting form at either of the businesses where the art is posted, or email your vote to [info@ArtandFramingStapleton.com](mailto:info@ArtandFramingStapleton.com). Vote by number (not artist name) and include your name in the email.

Grand prize will be a session with Laura Mahony Photography and an 8” x 10” portrait. Art & Framing at Stapleton will custom frame the photo and the grand prize “My Mom” drawing.

Second prize will be custom framing of the “My Mom” drawing by Art & Framing at Stapleton. Third prize is a gift certificate from Small Hands Art Studio. For information, email Lin Clark at [lin@ArtandFramingStapleton.com](mailto:lin@ArtandFramingStapleton.com) or call 303.534.1979.

## Urban Farm Fundraiser at Chipotle April 11

The Urban Farm at Stapleton and Feed Denver: Urban Farms & Markets will benefit from a fundraiser to be held from 5 to 8pm on Sunday, April 11, at the Stapleton Chipotle, East 29th Ave. and Quebec St. The organizations will receive 50 percent of the proceeds from those who show the event flyer, which can be downloaded at [www.feed-denver.com](http://www.feed-denver.com) or [www.theurbanfarm.org](http://www.theurbanfarm.org).

## “Slice of Pi”—DSST Annual Fundraiser April 16

The public is invited to join Denver School of Science and Technology (DSST) staff and parents as they honor Lt. Governor Barbara O’Brien at DSST Public Schools “Slice of Pi” Annual Celebration on April 16, from 5:30–8pm at DSST in Stapleton, 2000 Valentia St. Lt. Governor O’Brien was a key partner in the founding of DSST in 2004. For more information or to purchase tickets, please contact Sarah Skeen at [skeen.sarah@scienceandtech.org](mailto:skeen.sarah@scienceandtech.org), 303.524.6339 or visit [scienceandtech.org](http://scienceandtech.org).

## 9Health Fair in Lowry April 21

Free and low-cost health screenings will be offered from 7am to noon at Pinnacol Assurance, 7501 E. Lowry Blvd. (from Quebec go east on First Ave. or Lowry Blvd and look for 9Health Fair signs). Most screenings are free; blood work and other lab tests cost \$15 - \$30. Drink plenty of water in advance and bring water. Visit [www.9HealthFair.org](http://www.9HealthFair.org)

## 9Health Fair at Montview Presbyterian Church April 23

Free and low-cost health screenings for northeast Denver residents will be offered by the 9Health Fair at the Montview Presbyterian Church, 1980 Dahlia St. from 7am to noon on Friday, April 23.

Participants should avoid eating for 12 hours prior to having blood drawn for the 31-component blood chemistry screening that covers cholesterol, sugar levels, liver, kidneys and thyroid. This screening will cost \$30.

Free tests will cover blood pressure, pulse and vision screening, colon cancer education, height and weight, body mass index screening, bone health and hearing.

Critical health problems such as heart disease, diabetes, colon and cervical cancer and mental health will be addressed. Volunteer doctors and nurses will call people found to have health issues within 72 hours of their screening.

Pap smear and colon cancer screening results will be mailed to participants. Free transportation services are offered

through Metro taxi. Go to [www.montview.org](http://www.montview.org) for a list of available screenings. For other questions, go to [www.9HealthFair.org](http://www.9HealthFair.org) or call 800.332.3078.

## New Stapleton Dads Group— First Event April 25

Stapleton dads are invited to enjoy a relaxing time out with the guys on Sunday, April 25, from 5 to 8pm at the Central Park Pavilion. Stapleton resident Merritt Hopper organized the group to give neighborhood dads a chance to connect and have fun.

Come kick a soccer ball or throw a frisbee, and volleyball players are welcome to bring and set up nets. Those who want to just hang out are encouraged to bring their own lawn chair. To cover the cost of burgers, hotdogs, condiments, chips, beer, soda and the pavilion rental fee, attendees are asked to donate \$20.

Those planning to come, please RSVP to Merritt at [stapletondads@hotmail.com](mailto:stapletondads@hotmail.com) no later than April 19 so he can plan for food. (No kids at the event.)

## April 28 Symposium Addresses End-of-Life Medical Treatment

Addressing and documenting end-of-life medical treatment issues will be discussed at a symposium from 8am to 4:30pm on Thursday, April 8 at The Arvada Center, 6901 Wadsworth Blvd.

Topics will include talking with your family and your doctor, managing a healthcare crisis, a Living Will and end-of-life legislation. Participants will include medical professionals as well as the general public. Nurses and doctors may receive education credits. Symposium costs are \$25 for prepaid registration or \$45 at the door. To register, call 303.689.4595. Information is available at [www.coloradocanwetalk.org](http://www.coloradocanwetalk.org).


## Cop Shop —Family Safety Night April 29

“Kids Fire Safety and Burn Prevention” will be the topic for the Family Safety Night from 6 to 7pm on Thursday, April 29, in the Stapleton Community Room, 2823 Roslyn St.

Now offering free pregnancy tests!

## WELCOME TO STAPLETON OB-GYN


At Stapleton OB-GYN we offer a full range of women's health care options. From teenagers to mothers to grandmothers, we provide obstetrical and gynecological services for women at every stage of life. Your health and well-being as a woman is the focus of our care.



We offer advanced medicine in the following areas:

- Obstetrics
- Infertility
- Menopausal Counseling
- Contraceptive Counseling
- Free pregnancy tests
- Gynecology
- Gynecological Surgery
- Incontinence
- Postpartum Care and Support

Please call 303-403-6333 today to schedule your appointment or a FREE 10-minute Meet and Greet with Dr. Ginsburg.



Valerie B. Ginsburg, MD

2807 Roslyn Street  
(Near the Stapleton Town Center behind King Soopers)  
**303-403-6333**

**Stapleton OB-GYN**  
PHYSICIAN NETWORK

LEADING BY EXAMPLE

©2008 Example Healthcare

Fitness & Fun, All in One:

# Gymnastics!

All Ages & Levels  
Boys Program  
Birthday Parties

303-355-0080 • DARDANO'S • 2250 KEARNEY ST.

**One FREE Month or FREE Leotard**  
With Paid 4 Week Session. Good for One Session Only.  
New customers only. Must present coupon. Not valid for Team Athletes. Not valid with any other offers. Expires 5/31/2010



Keeping Denver Fit for 26 years!

“Everyone is so friendly...”

“...Dr. Gina is very easy to talk to. I've always felt really comfortable with everyone at TCDO. And now that my braces are off, I like my smile so much more!”

— Amanda Hargreaves, patient since 2005

- Orthodontics
- Cosmetic Dentistry
- Functional Dentistry
- General Dentistry

Now accepting referrals and new patients.



**TC TOWNCENTER DENTISTRY AND ORTHODONTICS**

Bratt H. Kessler, D.D.S.  
Gina G. Kessler, D.D.S., M.S.  
[makeyoursmilegreat.com](http://makeyoursmilegreat.com)

Genuine Oral Care. Life-Changing Results

**303.321.4445**

2008 TOP DENTISTS 5280  
2009 TOP DENTISTS 5280

The Burn Center at the University of Colorado Hospital will give elementary school-age children an opportunity to learn about safety and burn prevention from the Kids on the Block, life-size puppets. There will be skits, singing and playing with the puppets.

For information, email Val Stremsterfer at [valstrem@comcast.net](mailto:valstrem@comcast.net). Sponsored by the Burn Center at University of Colorado Hospital, SUN, the Town Center COP Shop and American Burn Association with puppeteers from the Aurora Fire Department Explorers.

### Furry Scurry to Walk 5,000 Dogs May 1

The 17th Annual Furry Scurry will bring some 10,000 pet lovers and their 5,000 dogs to Washington Park for a two-mile walk on May 1 at 9am.

The Dumb Friends League hosts the fundraiser and offers adoptable pets, demonstrations, contests and shopping for pet-friendly goods and services at the event. Registration for the Furry Scurry costs \$50 per person. Participants receive a Furry Scurry logo T-shirt. Individuals and teams are offered an opportunity to register online and collect pledges for the walk. Discounted registration is available for corporate teams.

The participant who comes in at the top of the fundraising ladder will be named "Leader of the Pack" for the 2011 Furry Scurry.

For information and to register, go to [www.ddft.org](http://www.ddft.org) or call 303.751.5772, ext. 1378.

### Miles for Moms Run/Walk May 8

In celebration of the Florence Crittenton School's 25th anniversary, the school and Parent Pathways will sponsor a fundraiser, the 2010 Miles for Moms Run/Walk at Central Park-Stapleton at 9am on Saturday, May 8.

Both a 5K and a 2K course will be offered. Race fees are \$25 for individuals with pre-registration or \$30 the day of the race. Students ages 6 to 17 will pay \$15 or \$20 the day of the race. Children under five are free. Prizes will go to the top three men and women and the top three boys and girls ages 6 to 17 in the 5K race.

Participants can do individual registration or set up an online fundraising page at [www.firstgiving.com/parentpathways](http://www.firstgiving.com/parentpathways).

The Florence Crittenton School is a Denver Public Schools alternative school for pregnant and parenting teens and their families.

## Third Annual Fishing Frenzy Set to Cast Off at the Refuge April 10

*Free Fishing Competitions Introduce Kids to Fun of Angling*

Youngsters of all ages are encouraged to gather their fishing gear and sunblock and head to the Rocky Mountain Arsenal National Wildlife Refuge for the Third Annual Fishing Frenzy on Saturday, April 10.

Lake Mary will be fully stocked with an array of fish that are commonly found in Colorado. From bluegills and largemouth bass to crappie, catfish and perch, this catch-and-release derby gives Denver-metro area children a chance to learn or practice their fishing skills.

Sponsored by Commerce City Parks and Recreation, Bass Pro Shops and the U.S. Fish and Wildlife Service, this free fishing competition includes two derbies from 9am to 10am and 10:30am to 11:30am. Anglers are encouraged to bring their own poles, but poles can also be checked out at the Refuge on a first-come, first-served basis. Bait will be provided.

All anglers must register for the event. Please call the Commerce City Recreation Center in advance at 303.227.8850 to save a spot for the derby.

Prizes, ranging from fishing gear to nature games, will be awarded for the biggest fish, smallest fish and most fish caught. During the derby, visitors can stop by the fishing skills stations to learn knot or fly tying, casting tips and tricks, fish identification, water safety and fishing ethics. All of these free events at the Fishing Frenzy will take place from 8am to noon. Lunches will be available for a small fee.

From I-70 exit north on Havana St. The public entrance is at 56th and Havana. For more information, call 303.289.0930 or visit <http://www.fws.gov/rockymountainarsenal/>.

## DSA Band Concert May 5th Supports Music Schools in Haiti

Denver School of the Arts brass musicians will compete for the opportunity to play with members of the Colorado Symphony Orchestra at the DSA Band Department's Leaders Concert on May 5. Donations of cash and musical instruments will be collected at the concert to support the Colorado Haiti Project. This concert offers an opportunity for professional musicians and student musicians to share a learning experience, and to work together to support music in another part of the world.

Three years ago, DSA musicians and vocal students started raising funds to initiate a music program in Haiti. Since then, DSA students have helped to support the music program in Haiti through benefit concerts each fall.

Prior to the earthquake, there were two music schools in Port Au Prince. One of them was completely destroyed and the other damaged severely. One of the instructors was trapped at the bottom of the destroyed school for 18 hours—he said the only thing that kept him going was mentally practicing every violin concerto he had ever played. His wife died in the earthquake, but what also grieved him was how the music schools were one of the few places for the children of Haiti and now they have nowhere to go.

Tickets to the May 5 Leaders' Concert can be purchased online at the school's web page, <http://dsa.dpsk12.org>—click on "Performances."

For more information, contact Diane Gansauer at (303) 877-7040 or by email at [dhgansauer@comcast.net](mailto:dhgansauer@comcast.net).


[jkjlawnsprinkler.com](http://jkjlawnsprinkler.com)

## JKJ Lawn Sprinkler

**303-766-0775** **RAIN BIRD**

Install/Repair/Service • Complete Landscape Design/Build  
Xeriscape/Drip Irrigation • Certified Irrigation Contractor


   

 **Move Your Money Local – to Westerra Credit Union.**

• Flexible savings plans • Reputation for service and expertise • Lending locally and responsibly

**303-321-4209 • [www.westerracu.com](http://www.westerracu.com) 160 Locations. 800 Free ATMs.**  
**Conveniently located at 3700 North Quebec - behind Panera Bread!**

Locally owned by our members since 1934

 Membership is open to those who live or work in Arapahoe County, Denver County, Jefferson County, City of Aurora and other select groups.  
Photo also provided by NCSA.

# npre

## New Perspective REAL ESTATE

We invite you to get more comfortable with us.

Visit [www.NPREblog.com](http://www.NPREblog.com) for real-time Stapleton information and commentary.

**303-394-4526 • [www.NPREco.com](http://www.NPREco.com)**

## BLUEPRINT

Stapleton's Basement Finish Leader



- Basements
- Kitchens
- Bathrooms
- Decks
- Garage Pop Tops
- And More!

**(303) 467 - 9400 • [www.blueprintdesignco.com](http://www.blueprintdesignco.com)**  
Best Warranty - Licensed & Insured - Gold Star BBB Member

**Compare Our Prices to Anyone's!**  
**Exceptional Service Backed by 50 Years Combined Experience**

 **Qe DESIGN SOURCE**  
*interior solutions*

Kama Weinberger, ASID, IIDA  
NCIDQ Certified Interior Designer  
and Stapleton Resident

**(303) 355 - 2700**  
[www.qedsfs.com](http://www.qedsfs.com)

- Interior Design
- Paint Consultation
- Staging
- Space Planning

Professional Design Planning Services for \$1 a Square Foot!

**Special Offer!**  
Complimentary Access to our designer discount at National Retailers and Denver Design Center





## SportClips

**HAIRCUTS**

**SPORTS ON TV • GUY-SMART STYLISTS  
OPEN EVERY DAY • NO APPOINTMENTS**

**Denver - Stapleton**  
On Quebec, South of I-70  
Behind Panera Bread, Next to McDonald's  
**(303) 399-8200**

**SPORTCLIPS.COM TWITTER.COM/SPORTCLIPS**

**SportClips**

**\$10 Men's Haircut**

Men's Regular Price: \$10  
Present coupon before haircut. Coupon may not be bartered, traded, copied or sold. Not valid with any other offer. Valid only at Stapleton Location.  
**EXPIRES 4/30/10**

2880 

**SportClips**

**\$8 Boys' Haircut**

Boys (Age 10 & Under) Regular Price: \$13  
Present coupon before haircut. Coupon may not be bartered, traded, copied or sold. Not valid with any other offer. Valid only at Stapleton Location.  
**EXPIRES 4/30/10**

2885 

## East Students' Project Focuses On Inclusion

*Two East High School juniors start their own community service project*

By Carol Roberts

High school students can find many opportunities to volunteer, but it's not often that they "run the show." East High School junior Skye Pawlik, a Lowry resident, and her friend Megan Ryan had participated in a number of volunteer activities, "but nothing that we really got to run," says Skye. "We both realized that was something we really wanted to do, and we knew that we wanted to make something that our friends would like doing, and that we would like doing."

Skye has a friend who has a younger brother with Down syndrome who she describes as "the sweetest little boy you ever knew in your life." She says, "That is something that is close to me."

Skye and Megan got in touch with Melissa Davis at Mile High Down Syndrome Association and asked if there was something they could do. Melissa told them about the Down Syndrome Association's group, "Get Down," which has dance parties and gatherings since the young people really have a love for dance. "We decided to make a group that is dedicated to throwing dances for these kids," says Skye. They named their group "Throw Down."

Skye and Megan kept Melissa informed of their plans by email, but needed only one meeting with her to get the basic guidelines. "She didn't want any vulgar music and she didn't want a lot of junk food like cookies and cupcakes and things like that. She wanted to be sure we kept all the kids in the room," says Skye. "And she wanted everyone included," adds Megan. "She said, 'Inclu-



Above: Alexandra Pash slow dances with Philip. Below: Peter (center) and Stephanie (to his right) dance in a train with East students Molly McCullough (behind Peter), Megan Ryan and Leo Cabrera (behind Stephanie), Maggie Roper (center back) and Maddie McHenry (far right).



sion, inclusion, inclusion. If you see someone sitting down or standing by themselves, make sure you go up to them and ask them if they want to dance or if they're taking a break. Just try to get everyone involved in dancing and having a good time." "We thought our friends did a really phenomenal job with that," says Skye.

Megan went to school at Christ the King for eight years and got permission to hold the dance there. Skye got approval from the Honor Society coordinator at East for the students' hours spent planning and attending the event to count toward their Honor Society requirement for community service.

"It was definitely the most fun volunteer activity of anything I've ever done. Seeing our guy friends interact with these kids was so sweet. They're high school boys so they try to be macho and manly, but at the dance their softer side came out," says Skye.

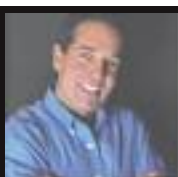
Melissa said the self-advocates with Down Syndrome who attended the event, when asked if they had a good time, all provided a resounding yes with a smile and an occasional thumbs up. "I thought it was an extremely heartwarming experience and sincerely appreciate the message of inclusion the Throw Down group portrayed."

Skye and Megan have already started thinking about their next event. "Melissa said the kids also enjoy line dancing, so we're thinking about having a country western theme for the next dance for this summer," says Skye. And when Skye and Megan leave East, they think Megan's younger sister will carry on the group.

*For more information about the Mile High Down Syndrome Association, contact Melissa Davis at [melissad@mhdsa.org](mailto:melissad@mhdsa.org) or 303.756.6101.*



3835 W. Kenyon Ave. • \$210,000 • Westbridge  
5 Bedrooms • 3 Bathrooms • 2008 Sq. Ft.  
UNDER CONTRACT IN 14 DAYS!



Jim DeCesaro  
Broker Associate  
720-934-5474  
[www.Weichert.com](http://www.Weichert.com)

[jim@DenverHomes.com](mailto:jim@DenverHomes.com)  
View Visual Tours At  
[www.DenverHomes.com](http://www.DenverHomes.com)



733 E. 2nd Ave. #305 • \$164,900 • La Paloma  
2 Bedrooms • 1 Bathroom • 842 Sq. Ft.  
Top Corner Unit with 7 closets.



7440 S. Blackhawk St. • \$172,000 • Windmill Creek  
3 Bedrooms • 3 Bathrooms • 1401 Sq. Ft.  
1 Detached Garage, 1 Carport. Unit 2-202



2865 Xanthia St. • \$429,900 • Stapleton  
3 Bedrooms • 2.5 Bathrooms • 2488 Sq. Ft.  
New Paint, carpet, ceramic tile. Large backyard



7181 S. Coolidge Ct. • \$318,900 • Tallyn's Reach  
3 Bedrooms • 2.5 Bathrooms • 2196 Sq. Ft.  
Low Maintenance, Mountain Views.

**BRENT GATES**  
LICENSED & INSURED  
**720.922.3273**  
[WWW.GATESCONTRACTING.COM](http://WWW.GATESCONTRACTING.COM)

**Your Complete Home Remodeling Contractor:**  
BASEMENTS—BATHROOMS—KITCHENS—ADDITIONS

**Call today for your FREE Custom Basement Design by Diane Gordon Design!**  
with Basement Finish Contract

Give you and your family the gift of a beautiful, healthy smile!

**"beautiful smiles begin here"**

**Lowry Family Dentistry**  
**303.366.3000**

**MAKALA HUBBELL, D.D.S.**

Voted Top Dentist in 2008 and 2009 **5280**  
Dentist Magazine

• ADULTS • CHILDREN • INSURANCE ACCEPTED • FINANCING AVAILABLE • CONVENIENT EVENING HOURS •



[www.lowryfamilydentistry.com](http://www.lowryfamilydentistry.com)



# Does Denver Desire a Streetcar?

*Editors Note: State Senator Chris Romer has proposed a bill to examine the feasibility of using a private-public partnership to install a streetcar along Colfax Avenue from Auraria to the new Anschutz medical campus. Since Colfax runs through the Front Porch distribution area, we requested additional information from Senator Romer about a streetcar on Colfax.*

**Q: How did you come up with this idea?**

A: For most of my life I've lived within earshot of Colfax. As an urban dweller, I enjoy walking Colfax and observing the architecture and the concrete carnival of great restaurants and small businesses. Colfax has so much potential for economic development, job creation and neighborhood improvement in both Denver and Aurora by creating a livable and connected community along the street.

**Q: Have other cities done projects like this?**

A: A streetcar development in Portland, Oregon has had phenomenal results ([www.portlandstreetcar.org](http://www.portlandstreetcar.org)). Since 1997 the city has constructed four miles of streetcar in the city. While the capital cost of Portland's program was \$103.15 million, there has been an astounding \$3.5 billion in investments made in a two-block-wide corridor along the four-mile street car line. Further, 5.4 million square feet of office space and 10,212 new housing units can be found within that same area. The streetcar initially began functioning in 2001 and the developers planned for 3,500 riders per weekday. By the winter of 2008, however, it had a weekday ridership of about 11,900 travelers per day.

**Q: Does Colfax have enough potential riders to make it successful?**

A: This is actually what is most exciting. Fehr and Peers, the folks running the City of Denver's feasibility study estimate that this would be the public transit line with the most traffic in the entire nation. Just looking at the current numbers, before the growth and development of a livable community in our Colfax corridor, tells the story. Colfax currently boasts the state's busiest routes in the 10 mile corridor from Auraria to Anschutz. Nearly



The Portland Streetcar, an electric trolley, makes its way through the Pearl District of Northwest Portland, Oregon.

6,000,000 passenger trips were taken on public buses 15L and 15 along Colfax in 2008, averaging almost 24,000 trips per day (about double the ridership in Portland). The streetcar would supplement current local bus traffic while significantly reducing automobile traffic along Colfax and nearby streets. This is only the starting point.

**Q: Do you think we could recoup the investment here?**

A: After examining the outstanding returns on investment in Portland, there's reason to believe that we could achieve similar success here in Colorado. Right now, we predict that a 10-mile corridor with an estimated \$175 million price tag will revitalize Colfax, bring in business and pedestrian walkways, increase property value and bring prosperity to a lifeline of both Denver and Colorado. Simply put, a streetcar can do for Colfax what Coors Field did for LoDo.

A Colfax streetcar could also provide quality jobs to Colorado. These jobs could come from the construction and maintenance of the stations and streetcars, not to mention the jobs that will result from the business created throughout the corridor. The streetcar will also likely save citizens gas money by providing another mode of public transit, while simultaneously decreasing congestion and tangibly lowering Denver's greenhouse gas emissions.

**Q: How would the feasibility study be paid for?**

A: My bill simply calls for a public/private partnership to explore this opportunity without levying any additional taxes on citizens. We are hovering around creative ways to use a small

portion of the transit and rail funds allocated to cities like Denver and Aurora from CDOT's new Transit and Rail Division. Additionally, the study would set Colorado up to apply for as much as \$25 million in matching grants from the Obama Administration's Urban Livability Initiative. Once our study is complete, we will be better able to procure investment through bonds, city and state funds and tax revenue—like the Portland Streetcar project. However, to head towards job creation and a livable community in the Colfax Corridor, we must begin the process now.

**Q: What is the current status of your project and the bill?**

A: We just had a heavily attended community meeting on Thursday, March 18th where upwards of 300 people came out to hear the current update on the feasibility study and lend their support for and ideas to the project. The bill is still waiting to be heard in committee, but now that the feasibility study has demonstrated that it is not only possible, but will likely have the heaviest ridership of any line in the country, I'm really excited to work with more communities along the Colfax corridor to make this revitalization of a livable street a reality.

## Local Caucus Results

### Denver Republican Party Caucus Straw Poll

House District 7 For US Senator:

Ken Buck	39	(43.8%)
Jane Norton	33	(37.1%)
Tom Wiens	13	(14.6%)
Cleve Tidwell	4	(4.5%)

House District 7 For Colorado Governor:

Dan Maes	48	(53.9%)
Scott McInnis	41	(46.1%)

Denver County For US Senator (top 4):

Jane Norton	504	(42.18%)
Ken Buck	402	(33.64%)
Tom Wiens	206	(17.24%)
Cleve Tidwell	71	(5.94%)

### Denver Democrats Preference Poll

House District 7 for US Senator:

Michael Bennet	359	(50.0%)
Andrew Romanoff	325	(45.3%)
Uncommitted	33	(4.6%)

County Assembly Delegates from HD 7:

Michael Bennet	113	(51.4%)
Andrew Romanoff	91	(41.4%)
Uncommitted	16	(7.2%)

Denver County Delegates Elected to the Denver County Assembly:

Michael Bennet	516	(34.2%)
Andrew Romanoff	900	(59.7%)
Undecided	91	(6.0%)

Due to differences in the party caucus systems, the information provided is not the same for each party.

## Parkwood Homes Extends YOUR \$8000 Tax Credit Beyond June 30th!\*

Receive the equivalent to the Federal Homebuyer Credit (\$8,000!) when you purchase one of the following homes.

- 3132 Fulton Street - Dutch Colonial... \$489,900  
With Finished Basement Recreation Room, Bath and Bedroom
- 3142 Fulton Street - Oxford 20... \$491,350  
With Breakfast Nook and Attached Garage
- 3172 Fulton Street - Oxford 5... \$479,850  
With Breakfast Nook and Attached Garage

And a limited number of amazing homes located across from Central Park now available. Choice, location, and value! Homes available for fall 2010 closing.

Call Now: 303.320.4938 Visit: [ParkwoodHomes.com](http://ParkwoodHomes.com)  
From the \$400s

To Visit Our Model Home and Sales Office: From Quebec Street go east on 35th Avenue. The model is ahead on the right. 9206 E. 35th Avenue.

\* Must contract by 4/30/10. Receive \$8000 towards closing costs, for the design center or off the price of the home. All information subject to change without notice. See sales for details. Marketed exclusively by JGU LLC

## Cocktails For The Cure!

For every Cherry Vodka Cocktail Sold between now and June 23, We will donate \$2.00 to the 2010 Rocky Mountain Avon Walk For Breast Cancer

7352 E. 29th Ave. p: 303 321.4010

[www.TheBerkshireRestaurant.com](http://www.TheBerkshireRestaurant.com)

## TRADITION OF SUCCESS

For Saint James students, there's more than just resting and grades. There's community, structure, and values. Catholic education... built on tradition.

**Saint James CATHOLIC SCHOOL**

[stjamesdenver.org](http://stjamesdenver.org)

CATHOLIC SCHOOL TAKE ANOTHER LOOK 1250 Newport Street, Denver | 303.333.8275

CELEBRATING 60 YEARS

## Prairie Reef – New Sculpture on Central Park Blvd.



By Barbara Neal, Public Art Consultant for Stapleton

**P**rairie Reef, the sculpture composed of a series of 25-foot-high kinetic prairie grasses and several cloud-like swirls, has now been installed in the medians at East 23rd Avenue and Central Park Boulevard. The complex installation of this artwork

began with fixing the swirls in place, followed by setting up the five sculptures of prairie grasses that are designed to turn and sway with the movement of the wind.

Erick Johnson, the Fort Collins artist commissioned for this artwork, said that he found his inspiration for Prairie Reef in two dynamic features of Stapleton: the wind cur-

rents that move down from the Rockies onto the Front Range and their play with and among tall prairie grasses. His sculpture demonstrates this story of place as welcoming, natural and energetic—as is the community of Stapleton. Look for this new addition to the landscape at the south end of Stapleton. A public dedication is planned for Friday, April 16, from 3 to 5pm.

Other public art news is that artist finalists will present their proposals for artwork at the Central Park Recreation Center to the Project Selection Committee in early April. The Denver Office of Cultural Affairs has initiated public art selection processes for selection of artwork for the new library at Stapleton and the Central Park Boulevard/I-70 Interchange. Each of these three projects has received funding from the Better Denver Bonds.



Sculptor Erick Johnson with his newly installed work, Prairie Reef, which is Stapleton's latest public art. Johnson's piece, located on Central Park Boulevard near East 23rd Avenue, is over a city block long.

## YOU DON'T NEED A DIET. YOU NEED MOMENTUM.™

**With the Weight Watchers Momentum program, you'll learn how to stay full longer – so you can lose weight & keep it off! Check out a meeting for FREE\***

**Come see what all the excitement is about!**

**Visit your new Weight Watchers location:**  
**Montview Blvd. Presbyterian Church**  
**1980 Dahlia St. • Denver, CO 80220**  
**Wednesdays at 9:30 am**  
**Weigh-in begins at 9 am**

1 800 379-5757  
WeightWatchers.com

**WeightWatchers**  
Stop Dieting. Start Living.

\*A free meeting visit is available year-round. The free meeting does not include Program materials. If you decide to join, you will get the first week's Program materials and pay the fees then in effect to join. Available in participating areas only. ©2010 Weight Watchers International, Inc., owner of the WEIGHT WATCHERS registered trademark. All rights reserved.

## BLADIUM SPORTS CLUB

**Bladium now has child care!**



New Group X  
Studio and Classes!

**CHILD CARE**  
Youth Camps  
**GROUP EXERCISE**  
Inline Hockey  
**FITNESS CENTER**  
Indoor Soccer  
**KIDS CLUB CLASSES**  
Sports Bar

**Memberships start as low as \$29/Month!**



**Stapleton's Place for Fitness, Family, and Fun!**

**2400 Central Park Blvd www.bladium.com 303.320.3033**

## Budget Blinds – custom window coverings that fit your style and budget!

- Personal Style Consultants
- Thousands of samples from the best brands
- “Expert Fit” measuring and installation
- Over 1,100 consultants

**FREE In-Home Consultation & Estimate**

**30% OFF**

**All Home or Office Window Treatments**

**Call today for details!**

**720-870-1884**

or visit us online at [www.budgetblinds.com](http://www.budgetblinds.com)

**Budget Blinds**  
a style for every point of view™

Some Restrictions Apply. Offer Good At Time of Initial Estimate Only. Lifetime Limited Warranties. Not Valid With Any Other Offers.



We have the styles you love.

Shutters • Draperies

Wood Blinds • Honeycomb Shades

Roller Shades • Vertical Blinds

Silhouette® • Woven Wood

and more!

**Budget Blinds**  
a style for every point of view™

## For God So Loved the World



**Please Join us for Easter Service Sunday, April 4 9:00 am**

**St. Matthew Lutheran Church**  
**1609 Havana Street • Aurora, CO**

Sunday Worship 9:00 am  
All Are Welcome!

**Marcel Narucki, Pastor**  
**303 366-1373 • [www.stmatthew-elca.org](http://www.stmatthew-elca.org)**

## Morning ECE, but still need full-day care? Augustana Early Learning Center can help!

**Afternoon preschool and enrichment activities for 3 - 5 year olds. Transportation may be provided to sites with multiple enrollments. Hours are 12-6 p.m. NAEYC-accredited. 5000 E. Alameda Ave. Contact Paula Keller at 303-388-7012.**

Home Cleaning

Carpets

Windows

**STAPLETON HOME SERVICES**  
Green and Local  
303-320-1297  
.com

# Support House Bill 1131 to Foster a Healthy Generation of Earth Stewards

By Susan Beckett

Many of us remember summer days filled with playing in creeks, getting our feet muddy and hunting for frogs or crawdads. The fact is, today's kids aren't as lucky as we were. Fewer and fewer children are getting outdoors to play. Instead, they are playing video games, watching TV or playing on the computer for an average of seven hours a day!

This fact is having dramatic repercussions on our children's physical and mental health. Each year, more and more children are diagnosed with ADD/ADHD, Type II diabetes and obesity. This disturbing trend in the decline of children's health has a name, Nature Deficit Disorder. In his book, Last Child in the Woods, Richard Louv discusses the benefits of being outdoors and the unfortunate consequences of ignoring the innate need of all humans to connect with nature. In addition, we are raising a generation of children who don't have that internal respect for nature. Without fond memories of playing outdoors, why would they want to protect open spaces?

Many children are fortunate to have families that recognize the importance of getting outdoors. They go on hikes on the weekend, or camping in the summer. They may even ski or snowshoe in the winter. But many families aren't as fortunate. They often are too busy working to feed their kids that they miss out on the opportunity to go for a walk

or a hike to their local wildlife refuge. Sometimes they don't have the means to get to open spaces, or don't know about the ones in their neighborhood.

At Bluff Lake Nature Center, we recognize the struggle many families are facing today. We strive to provide educational outdoor family activities to our neighbors, like our Earth Day Recycling Event, summer Fireside Chats and our Junior Naturalist programs. We offer school programs free of charge and even provide a bussing scholarship to low-income schools. All of this wouldn't be possible without donations from sponsors, members and foundations. Best of all, Bluff Lake Nature Center is open dawn to dusk.

Colorado House Bill 1131 (Colorado Kids Outdoor Act) would help nonprofits like Bluff Lake Nature Center provide educational opportunities for families and schools. It will create a fund supported by gifts, grants and donations. Grants from this fund will be administered by the Department of Natural Resources and given to organizations to increase their opportunities to get kids outdoors. The bill has already passed in the House, but we need your support to get it passed in the Senate.

Please contact your local state senator today and let them know you support House Bill 1131 to create a generation of healthy individuals willing to work for a healthier environment.

*Susan Beckett, the Bluff Lake Education Director, can be reached at [sbeckett@blufflake.org](mailto:sbeckett@blufflake.org).*

## Letter To the Editor—Clean Up Dog Waste

The dog waste on the Stapleton streets and in open areas is obvious and concerning. It is a health issue as well as an aesthetic one. I would like to suggest an April campaign to get our environment cleaned of dog waste before the warm summer months begin. Pick up your own pet's waste and one more each time you are out. If we all did that, we could get the streets and parks cleaned up.

The most important thing, of course, is not to increase the problem. Residents and

dog owners must clean up after their pets. Although there are fines for dog owners who do not clean up after their dogs, it is more important to create a social environment that encourages all residents and dog owners to keep our shared public areas clean and usable by all. We need to set a social standard that encourages everyone to take an interest in our public space.

*Lucia Correll, Stapleton Resident*

Happy Dog Daycare & Boarding

Happy Dog Daycare
With indoor pool!

Dog of the month

Boudreaux

\*Grooming services  
\*On the way to DIA  
\*Monthly packages as low as \$11.50 a day

Make your dog a happy dog today!

3939 Newport St., Denver, CO 80207 303-331-1DOG (1364) [www.happydogdenver.com](http://www.happydogdenver.com)

JCC Sports & Fitness Center
350 S. Dahlia Street • (303) 316-6308 • [www.jccdenver.org](http://www.jccdenver.org)

Join in April
Get May FREE and Receive Our Summer Fit Package\*

Pick 3 services from the menu below:

- Pilates consultation
- One 30-minute massage
- One additional Personal Training Session (To add to the two sessions given at sign up)
- One hour of childcare
- One private swim lesson
- Two-week pass for a friend
- \$25 credit on account

Visit or contact membership at [sfmemberships@jccdenver.org](mailto:sfmembership@jccdenver.org) or call (303) 316-6308

Bring in this ad for a complimentary 3-day guest pass.

\* Certain conditions and restrictions apply. For new annual memberships only. Receive 3-pack when you join before 4/30/10. One fitness 3-pack per person. Services must be redeemed by July 31st, 2010. Offer expires 4/30/10.

Presented by Wolfe & Epperson

RE/MAX
of cherry creek

8051 E 26th Ave  
**\$359,950**  
Main floor living at its best \* 3 bed \* 3 bath \* Open Floor plan \* Light filled rooms, hardwood floors \* Quiet Courtyard location \* Low maintenance \* Fin. basement \* 2252 Tot fin sq ft

2701 Gaylord  
**\$445,000**  
City Living w/ Downtown Views \* 4 Bd \* 4 Bth \* Great Location-Space \* Hi Ceilings 1900+ Sq. Ft. w/ Fin Bsmt Terrific Finishes \* Hi Effic HVAC, Tankless H2O, Security System \* 2 Car Garage

1730 Albion St  
**\$505,000 New Price**  
1 1/2 story Craftsman \* 1962 Sq. Ft + 962 in fin bsmt. \* 4 Beds \* Main lvl FR \* 3 Baths \* New Kitchen \* Beamed Ceilings \* Built-in Hutch \* Incredible charm and value!

2644 Vine St  
**\$439,500 New Price**  
Contemporary 3 story \* Large roof top deck with City and Mountain views \* Finished basement \* No HOA \* 2 car garage \* High ceilings \* Must see home

2537 Birch St  
**\$449,950**  
1 1/2 story Craftsman \* 4 bed above ground \* 2 bath \* 1873 Sq Ft + fin bsmt \* Beamed ceilings and built-ins \* Loaded glass windows \* Wood burning fireplace

2741 Willow  
**\$488,500**  
**SOLD**

1761 Ivanhoe  
**\$509,950**  
**SOLD Multiple Offers**

Contact us to help you sell your home
Contact us to help you sell your home

RECENT SOLDs: 3020 Leyden\*\*\* 2741 Willow St \* 2851 Clinton Way \* 930 S Pearl St # 103 \* 2220 High St \* 2370 Xanthia Way \* 2571 Krameria \* 1515 E 9th Ave, 2135 E 27th Ave \* 3717 E 5th Ave \* 1929 W 36th Ave

**SOLD signs follow wherever we go!**  
Judy Wolfe & Jay Epperson  
303.886.6606 | [www.wolfe-epperson.com](http://www.wolfe-epperson.com)

2009 & 2008  
**TOP ORTHODONTISTS 5280**

Discover your best smile

With Robert T. Rudman, DDS, MS

ADVANCED  
orthodonticcare

303-331-0222  
155 COOK STREET, SUITE #451, DENVER, CO

Call Today for your FREE EXAM!  
INVISALIGN, I-BRACES AND BRACES  
Payment Plans Available  
Most Insurance Plans Accepted (Delta Dental, PPO, DPO, EPO and Premier)

[www.advancedorthodonticcare.com](http://www.advancedorthodonticcare.com)  
Photos By: [www.aniamikol.com](http://www.aniamikol.com) or Ania Mikol Photography

**SUN Meetings** are held on the 4th Monday of every month at 7:30pm in the Stapleton Community Room, 2823 Roslyn Street. For information about SUN, visit [www.stapletonunitedneighbors.com](http://www.stapletonunitedneighbors.com). To contact SUN or confirm meeting time, email [stapletonunitedneighbors@gmail.com](mailto:stapletonunitedneighbors@gmail.com) or call 720-840-8492.



## New Name for the Central Park Recreation Center?

By the SUN Board

Denver City Councilman Michael Hancock has asked SUN to solicit ideas for a name-change recommendation for the new recreation center under construction in Stapleton on Martin Luther King, Jr. Blvd. Currently, the building is being called the Central Park Recreation Center, but it may be possible to change its name. Final approval of the name change will be made by the Park Creek Metro District as well as the Denver City Council.

If you are interested in submitting your greatest name idea, please contact SUN Board member Caroline Batorowicz at [caroline@dvierow.com](mailto:caroline@dvierow.com) by April 15. There will be a Stapleton Town Hall meeting on April 29, during which residents will have a chance to cast their vote for one of the names on the ballot. For additional fun, we are inviting all school-age children to submit their name idea to be entered into a drawing for a \$50 pizza gift certificate. The lucky kiddo will be chosen at random from all entries received at the April 29 meeting.

## Stapleton Block Party Day Is Saturday, May 15!

By Amanda Baldwin, SUN Outreach Chairperson

Mark your calendars for Saturday, May 15 to get out and spend time with your neighbors and enjoy this wonderful community in which you live. For those who are new or have not participated, the first step is to find out if you have a block captain. Go to [www.stapletonunitedneighbors.com](http://www.stapletonunitedneighbors.com) for more information. Usually, block captains head up the party planning but it doesn't really matter as long as someone is taking the lead. If you have any other questions regarding block party planning, please contact SUN at [stapletonunitedneighbors@gmail.com](mailto:stapletonunitedneighbors@gmail.com).

## Spring Stapleton Public Forum and Elections

By Steve Lawrence, SUN vice president

On April 29 at 7pm at the Bill Roberts School, 2100 Akron Way, SUN, in conjunction with the Citizens Advisory Board and Forest City Stapleton will host a Community Forum. Come hear an update from Forest City on the latest developments in the community and many other updates about Stapleton. One very important agenda item is for SUN to hold its annual meeting and SUN Board election. Each year, members of the community are elected by the residents to serve a two-year term on the SUN Board.

The SUN Board is limited to 15 residents by its by-laws. The current SUN board will recommend a slate of up to seven residents to fill expiring terms on the board. Featured in this article are residents who have submitted their candidacy. For more information about SUN board membership or to submit your letter of interest, go to [www.stapletonunitedneighbors.com](http://www.stapletonunitedneighbors.com). Our by-laws state that if others than those presented by the board are still interested in running, we will have an election, with each household receiving one vote.

We look forward to seeing everyone at the forum on April 29, and please feel free to contact us at [stapletonunitedneighbors@gmail.com](mailto:stapletonunitedneighbors@gmail.com) or check out our website at [www.stapletonunitedneighbors.com](http://www.stapletonunitedneighbors.com) for more information.

### SUN Board Candidate Statements of Interest



#### Jeffrey Barron

My name is Jeffrey Barron, and I hope to serve the Stapleton community as a member of the SUN Board of Directors. My family has lived in Stapleton since 2004, and we have two daughters who attended Westerly Creek and are now students at Bill Roberts. If elected to

the SUN Board of Directors, I would bring both analytical and communication skills developed during my years as a federal employee, as a volunteer within my local government and community, and during my time within the private and non-profit sectors. I am currently an Analyst with the Government Accountability Office (GAO), where I help the federal government improve the efficiency and effectiveness of government programs. I was also a writer and editor in the newsletter industry, and worked for a non-profit organization helping local communities set up farmers markets. In the 1990s I lived in Latin America and England, where I worked as a journalist and completed a Masters degree in Social Policy and Planning at LSE. I am also a trained legal, social, and family mediator. As a member of the SUN Board of Directors, I would work to ensure that Stapleton continues to develop as a sustainable and inclusive community.



#### Damon Knop

I have been on the SUN board for the last 2 years. During that time, I have really enjoyed being active in the community and taken part in several different aspects of the duties. I have specialized in housing diversity. I am on the Housing Diversity Committee and continue to be a big advocate of the affordable housing program in Stapleton and in Denver. I also have been Secretary for the past year and have organized the SUN spot article in The Front Porch.

If elected to a new term my next focus will be to help SUN reach out to Stapleton businesses and do what we can to help them thrive. Financially and sustainability wise this is very important to all of us and we have all seen stores close that we wanted to stay here. I am going to try see how SUN can use its community access and communication to help them. I will also work with the Greater Stapleton Business Association and other networking groups (especially locally owned and stay at home) to figure out a good role for SUN to play.

I appreciate your consideration and hope to continue to serve this community that I am proud to call home.

#### Mike McDowell

My name is Mike McDowell and I have lived in Stapleton since February 2006. I currently own 2 homes in Stapleton—one is a rental and one a primary residence. My wife and I have 2 children (with one more on the way) and we care deeply about this community. I own rental properties in Wash Park, the Highlands, Jefferson Park, Glenwood Springs and Stapleton and feel I am pretty in tune with

**EXERCISE RESEARCH STUDY**  
To participate in this study you must be...

- A woman or man in generally good health
- 60 – 75 years of age
- Not lifting weights regularly but willing to start
- Not using aspirin, ibuprofen or similar drugs more than 2 days a month

Eligible women and men will receive at no cost...

- Health screening tests
- A personalized and supervised exercise program

We are looking at the effects of the pain reliever ibuprofen on changes in muscle and bone due to exercise in older adults. Initial screening tests include a physical exam, bone density scan, treadmill exercise test, and blood tests. Women and men who qualify will begin planned exercise training for 9 months at our exercise facility. Participants will take ibuprofen or an inactive pill (placebo) on the days they exercise.

This study is funded by the National Institutes of Health. Monetary compensation provided.

Principal Investigator: Wendy Kohrt, PhD - - COMIRB #06-0769  
Interested?... please contact Marsha at 720.848.6461 or [marsha.steirn@uchsc.edu](mailto:marsha.steirn@uchsc.edu)  
University of Colorado at Denver and Health Sciences Center

### Letters to the Editor

The Front Porch will publish letters to the editor as space allows. Please email Carol Roberts, editor, The Front Porch at [FrontPorchStapleton@gmail.com](mailto:FrontPorchStapleton@gmail.com)

### Display Advertising

To place a display ad, please visit [www.FrontPorchStapleton.com](http://www.FrontPorchStapleton.com) or see the Front Porch ad on page 10. Display ad reservations are due the 10th of the month.

**Your Stapleton Based Contractor**

Licensed & Insured  
20+ Years Experience,  
Specializing in  
Basement Finishing  
Renovations  
Remodeling  
Deck Construction

**Brian Weikel**  
720-771-4690

Call us today to schedule a visit for your FREE custom project design and estimate. Our designs incorporate both function and creativity while staying within your budget!

**Mobile Veterinarian**  
**Dr. Shannon Rich**

Local & Affordable  
Please contact me or visit my website for pricing and information.  
Phone: 720-984-4510  
E-mail: [vetsurgeon@rocketmail.com](mailto:vetsurgeon@rocketmail.com)  
Website: [drshannonrich.com](http://drshannonrich.com)

**We Build Community  
We Get Into Nature  
We Play**

**What summer is all about!**

ages 5 to 15  
Discounts, flexible payment options and scholarships are available.

**altogether outdoors** [www.aocamps.com](http://www.aocamps.com)  
303.731.5800

**Jonathan Zonca, MD, "Top Doc 5280"**  
Leslie McKenna, NP • Emily Shupe Talley PAC • Katie Harrer PAC

High Quality Care for your entire family including kids!  
New Hours: Mon - Fri 7:30am - 5pm, Sat 8am - 1pm

303-322-PEAK (7325) - [www.peakfamilymed.com](http://www.peakfamilymed.com) - 4500 E. 9th Ave #320

**HOUSE CLEANING**  
Stapleton and Park Hill References

Detail Oriented • Ironing Included • Window Washing • Carpet Cleaning  
14 Years in Business • Offices • Homes • Park Hill Resident  
Paulina Leon 720-628-6690 • [paulinaleon22@hotmail.com](mailto:paulinaleon22@hotmail.com)

what makes an area desirable to live in. I work well collaboratively and feel that I would be an enthusiastic, positive member of the SUN board. Please consider me as a candidate. Thanks!



**Bryan Penny**  
Having been a resident of Stapleton for seven years now, I have to say I have no regrets making the move. I got involved in SUN at a meeting in a pocket park in late 2003 and have enjoyed my time in the organization. Serving on the SUN Board for another two years will keep me the longest continuously serving SUN Board member, a distinction that I'm honored to hold. For the last six years I have been the Treasurer of the SUN Board. While this position isn't as glamorous as some of the other positions, I enjoy the position and it is one of the necessary evils with any organization. I am also currently the webmaster for the SUN website and think it continues to be a work in process. In addition to the SUN Board, I am also serving as one of the residents' representatives on the Stapleton Public Art Committee. I'm very proud of the projects that have been installed to date.

Professionally, I am the Vice President of Accounting and Controller for Nordstrom's

Credit Division. I am responsible for all the accounting of the credit card portfolio that is held by Nordstrom on its retail and Visa branded credit cards. Nordstrom's is a great company and I'm enjoying my new position. I have an undergraduate degree from the University of Illinois in Economics and Accounting and an MBA from Webster University in St. Louis.

I have lived in Denver for 9 years. I live with my partner, Matt and our two cats. I also have a 14 year old son, Dion, who lives in Fort Lauderdale, Florida. My hobbies are traveling, working around the house and bridge.



**Michael J. Thomas**  
I am a resident of Stapleton. Along with my wife and three children, I live in the Central Park North portion of our neighborhood. I am an architect and principal of Thomas + Thomas Architecture and Design, LLC. In addition, I am a residential real estate broker. I run both of my businesses out of my home in Stapleton. Therefore, I am vested in the community on both a personal and a professional level in the Stapleton community.

In addition to my professional practice, I sit on the Denver Board of Directors for the American Institute of Architects. I am also engaged in the AIA Denver Committee on the Environment and the AIA Colorado Government Affairs Committee. In conjunction with my work at another architectural firm, I was a member of a team that worked on the design of the new Central Park Recreation Center.

If elected, I will do my best to work for the betterment of the Stapleton neighborhood and the City and County of Denver. I am vested in the long term success of our community. I live here, I work here, and my children go to school here. The future of the residential and business communities in Stapleton is dependent on the decisions and actions we make today. Thank you for the consideration of my nomination to the Stapleton United Neighbor Board of Directors, I look forward to serving you and our community.

**Diane Gordon DESIGN**

**303.355.5666**  
DIANEGORDONDESIGN.COM

**BASEMENTS  
KITCHENS & BATHS  
INTERIORS**

**fuze**  
AUDIO + VISUAL

**Home Theater & Home Audio  
Design and Installation**  
*Located in Park Hill*

**Call Today For a Free  
In-Home Consultation**  
**303-399-1203**  
www.fuzeaudiovisual.com

**New Day Acupuncture**  
**Bruce Stoeber, L.Ac.**

Specializing in treatment of:

- Pain
- Allergies
- Stress & emotional disorders
- Women's health issues
- Digestive complaints

\*Custom herbal in-house pharmacy\*

**Discover what acupuncture can  
do for you...**

**2840 Xanthia Court, in Stapleton**  
**Call 720-838-7918 for a  
free consultation**  
**www.acupuncture-in-denver.com**

**IF YOU'RE NOT AT YOUR LAST JOB,  
SHOULD YOUR 401(k) BE?**

To find out about 401(k) options that make sense, call today.

**Natalie Robbins**  
303.320.7752  
Financial Advisor  
2373 Central Park Blvd.  
Suite 104  
Denver, CO 80238

**www.edwardjones.com** Member SIPC

**Edward Jones**  
MAKING SENSE OF INVESTING

CLASSIFIED ADS			
HELP WANTED	SERVICES	SERVICES	SERVICES
EXECUTIVE CONSULTANT: Rodan + Fields, the creators of Proactiv® Skincare Solutions, is expanding its executive team and searching for entrepreneurs to assist in the promotion of the Reverse® skin care regimen created to address sun damage and premature aging. Contact Dianne DeLongchamps, at 303-513-3872, www.dde-longchamps.myrandf.biz	CANNONBALL MOVERS - 2 men + 26 ft Truck = \$65hr, 3hr Minimum, \$25 one-time fuel charge. PUC # HHG-00194, PRC #56890, Workman's Comp #4122008. Call 720-255-4368 / Visit www.cannonballmovers.net	HOUSE CLEANING – Mature, honest, friendly, dependable. 303-671-9065	5 2 8 0 ALL YEAR! YOU DESERVE A MASSAGE! \$52 hour & \$80 1.5 hours Quality Therapeutic Bodywork in the comfort of your home! Call Denise Today! 303-956-1912. Babysitter available.
READING VOLUNTEERS NEEDED. The Odyssey Charter School is looking for volunteers to read with one child for 1/2 hour a week throughout the school year. Available times are 8:15 to 8:45 M-F. If interested call, Julie at 303-316-3944 ext. 43230 or email at julie@odysseydenver.org	COMPUTER REPAIR: HUNDREDS of happy clients: 24/7 onsite PC/MAC Frank: 303.575.1774 - 25yr. experience	HOUSECLEANING- EXCELLENT LOCAL REFERENCES - 12 years in business, Park Hill resident. Homes, offices. Paulina 720.628.6690, PaulinaLeon22@hotmail.com	FOR RENT
	COMPUTER SERVICES – On-site residential and small business support; spyware removal; file recovery; secure wireless networking; hardware/software upgrades and installations; call Jon at 303.736.8907	IRELAND'S FINEST PAINT CO - Your Stapleton Neighborhood Painting Company. Complete Commercial/Residential; interior/exterior painting. Carpentry repair, drywall repair; pressure washing. Bringing color to Denver since 1995. www.irelands-finestinc.com 303.512.8777	CUTE COTTAGE - I675 ULSTER St. Newly remodeled / studio type. Perfect for one person. \$95.00/mo. References required. 303-988-4775
	COMPUTERS: WARRANTED/ INSURED TECHNICIAN - Moneysaving coupon - BEYONDTECHNOLOGY.NET - Spousal Forensics, Virus Removal, Wireless Netting - Frank 303-575-1774	LET'S TALK ABOUT SUN DAMAGE... From Rodan + Fields, the creators of Proactiv® Skincare Solutions, comes the first OTC dermatological skin care regimen guaranteed to reverse sun damage and give you vibrant, glowing, radiant skin. For a customized skin care analysis, call Dianne at 303-513-3872.	STAPLETON AND LOWRY TOWNHOMES - Homes available for rent. Have 2, 3, 4 or 5 bedroom properties available both immediately and for future (30+ days) move-in. 303.324.6988 or TJCMGMT@msn.com. www.StapletonForRent.com.
SERVICES			EVENTS
A GOOD PAINT JOB - A painter referred by your neighbors. Call Scott The Painter - 720-373-1010	CONSIDERING RENTING YOUR HOUSE / Townhouse? Full Service Property Management Company. Expert in extremely hot Stapleton market. Will get top \$\$\$\$. Call / email Tom Cummings for free consultation. 303.324.6988. TJCMGMT@msn.com. www.StapletonForRent.com	PIANO SERVICE - Tuning, repair, reconditioning. Registered Piano Technician with Piano Technicians Guild, 30 years experience serving metro Denver - close to Park Hill & Stapleton. David Nereson - 303.355.5770	2nd ANNUAL SPRING YARN Knit & Crochet Event! May 22nd 11:00am – 4:00pm - Tamarac Sq Mall Info: www.bagsbycab.com / 303.695.8628
ACCOUNTANT FOR RENT- QuickBooks Expert. Money saving alternative to hiring a CPA. Dori, CPA 720-635-1040	CONTRACTOR - FINE WOODWORKING, FINISH Carpentry, Remodeling, Home Repair and Maintenance. Licensed General Contractor. Small difficult jobs welcome. 22 years exp. in Park Hill area. Peter - 720-291-6089	PLUMBING – I show up on time! I do it right! I don't gouge! Brugman Plumbing - Larry @ 303.935.6348. www.brugmanplumbing.com	NON-PROFIT
ACUPUNCTURE, CHIROPRACTIC, MASSAGE THERAPY, Skin Care & Waxing services are available at Natural Balance Integrative Health. Insurance Accepted! Call to schedule your appointment at (303) 355-0363. 3055 Roslyn Street, Suite 120, Denver CO 80238 - www.nbihdenver.com	CPA - TAXES: Individuals/Small Business. Stapleton Mom. Dori, CPA 720-635-1040	PREMIER PAINT WORKS - Since 1993 Stapleton's Residential Paint Specialists. Int/Ext Neat, conscientious craftsmanship by polite, respectful, honest & fully insured crew, impeccable references. Ask about our FREE 1 hour color consultation with Jennifer Comfort from thecolorpsychic.com. Call John at 303-864-9247	NON-PROFIT ACCOUNTANT FOR HIRE - Know that your accounting is taken care of. Dori, CPA 720-635-1040
AFFORDABLE PAINTING – Exceptional results. Visit www.jcspainting.com for info & pictures, or call 303.474.8882. Highly recommended	EUROPEAN STYLE FRAMELESS SHOWER Enclosures - Over 25 years experience installing custom interior glass. Call John Warnock of Highlands Glass & Shower 720-941-4041 Licensed and Insured	QUALITY AFFORDABLE HANDYMAN! Insured Handyman Services include: baby proofing, ceiling fans/light fixtures, closet organizers, assembly, repairs, pictures hung, fence staining, etc. No Job Too Small! Bob 720-434-3649 besthandyman@comcast.net	
BASEMENT DESIGN, KITCHEN/BATH Remodeling, Built-Ins, Interior Design. Diane Gordon Design, 303.355.5666, www.dianegordondesign.com	GARDENER – Hardworking, experienced and reliable. Free estimates. Senior discounts. Maintenances, cleanups, design. Simon – 303.641.2414, SimonSaysGrow@yahoo.com	TILE & STONE INSTALLATION- floors, showers, showerpans, floor heating, backsplashes, patios. References. Michael 303.399.4330, oboecat@gmail.com	
BASEMENT FINISH - GATES CONTRACTING, INC. - Bathroom remodel, Kitchen remodel, Additions. Licensed / Insured. 720-922-3273 www.gatescontracting.com	HANDYMAN AND REMODELING - Serving Park Hill since 2001. No job too small. Home Repairs, Tile, Painting, Carpentry, Landscape, Basement, Baths & Kitchens. Free estimates 303-333-4507	TILE INSTALLATIONS – Floors, bathrooms, counters, backsplashes, fireplaces, reasonable rates. Stapleton references. Call Rick Straub, 303-548-8591	
BASEMENT FINISHING - "Best Bang for the Buck" Hundreds of references. Licensed and Insured. BluePrint Design & Construction, Inc. 303.467.9400	HOME COOKED MEALS! Affordable, healthy, personalized. Mangia! Personal Chef Service will menu plan, shop, cook and clean up. What will you do with your free time? Contact Michelle: 303-324-1198 www.mangiapersonalchef.com		
BASEMENT FINISHING AND REMODELING: We specialize in custom construction that will meet your needs. Free estimates. Call Tim at 720-210-7010 or visit our site at www.earthandskyllc.com.	HOP INTO SPRING CLEAN - Hire 'Always Clean' to handle your cleaning needs. Gift Certificates Available Residential/ Commercial: Insured, Bonded, Worker's Comp. Background Screenings. Member of The Denver Better Business Bureau. Call for a Free Estimate 303-431-9808, www.denverhousecleaning.com		
BASEMENTS Best Builders - Best in Quality & Design at truly affordable prices. Call Jim at 720.276.7704			
B&D RENOVATIONS – Affordable Tile Installation/ Repair; Painting/ Faux Finishes, Trim/Molding. Quality craftsmanship. Chris 720.404.2649			

**Becoming A Love and Logic Parent®**

Would you like to feel more confident and have more fun as a parent?  
Get the answers to these day-to-day challenges and many more:

- ♥ “How do I get them out of bed in time to catch the school bus?”
- ♥ “How can I stop my children from bickering and fighting?”
- ♥ “How do I get my children to help with the chores without an argument?”
- ♥ “How can I get my teenage daughter to come home at the agreed-upon time?”
- ♥ “How do I get him to stop spitting his peas and whining at dinner?”

This seven-week parenting program, designed by the Love and Logic® Institute Inc., gives you practical skills you can use immediately!

Class begins April 19, Monday Nights from 6:30-8:30pm • \$65/person OR \$85/couple  
St. Luke's Episcopal Church, 13th and Quebec  
Register with Mindy Gable, trained Love and Logic Facilitator at  
303.690.4281 or mcgable@comcast.net

**"A Serenade to Music"**  
A Free Concert of Choral Music  
Tuesday, April 20, 7 p.m. at Augustana Lutheran Church

Featuring:

- Arvada West High School's "Vocal Showcase," Chris Maunu, Director
- Augustana Lutheran Church's Chamber Choir, Richard Larson, Director
- Selections by Haydn, Rutter, Martini, Gläusen and more!

5000 E Alameda Ave | Denver CO 80246

**Augustana**  
LUTHERAN CHURCH

303-388-1678 | www.augustanadenver.org

**Worship 8 am & 10:30 am**

## Bluff Lake Earth Day Events

### Thursday, April 22 – Earth Day Localvore Benefit

Bluff Lake encourages Stapleton residents to support their local businesses while supporting their local nature center. A portion of the sales on Earth Day at many local businesses will go to support Bluff Lake Nature Center programs. View participating businesses at [www.BluffLakeNatureCenter.org](http://www.BluffLakeNatureCenter.org).

### Thursday, April 22 – Our Night Sky, 7:30pm

Bluff Lake Nature Center invites its members to join us for a star gazing evening with a local amateur astronomer. Meet in the Bluff Lake parking lot. Limited to 20. To register, email [info@blufflake.org](mailto:info@blufflake.org). Visit [www.BluffLakeNatureCenter.org](http://www.BluffLakeNatureCenter.org) for membership information.

### Saturday, April 24 – Earth Day Recycling – 9am to noon

The Earth Day Recycling event at Bluff Lake offers an opportunity to dispose of hard-to-recycle items—books, media, and electronics, to name a few. Most items are free but old televisions will have a fee for recycling. The event will include a display of recycled art and mini worm bin-making for kids. The event is free, but our partners encourage participants to make a donation to Bluff Lake Nature Center. Visit [www.BluffLakeNatureCenter.org](http://www.BluffLakeNatureCenter.org) for a list of recyclable items.

### Sunday, April 25 – Westerly Creek Clean Up – 9:30am to noon

Meet by the creek just north of the 26th Street bridge. Bring gloves and wear boots/shoes that can get mucky. Email Tracy Ceravolo at [ovomojo@yahoo.com](mailto:ovomojo@yahoo.com) to register.

### Saturday, May 1 – Bluff Lake Spring Planting – 8:30am to noon

Bluff Lake Nature Center will be planting nearly 200 trees along Sand Creek this spring. Join us for our Earth Day planting project and leave a lasting legacy. Visit [www.BluffLakeNatureCenter.org](http://www.BluffLakeNatureCenter.org) for additional details and registration.

**OMG. GYT**  
GET YOURSELF TESTED!

**1 IN 2 SEXUALLY ACTIVE YOUNG PEOPLE WILL GET AN STD BY 25 - MOST WON'T KNOW IT.**

**PLANNED PARENTHOOD IS OFFERING \$10 STD\* testing on April 23<sup>rd</sup> & 27<sup>th</sup> AT ALL OF OUR HEALTH CENTERS.**

Call 1.800.230.PLAN or visit [pprm.org](http://pprm.org) for the health center nearest you.

Planned Parenthood of the Rocky Mountains | [pprm.org](http://pprm.org)

\*This service is subject to local health department and HIV testing. Charges cannot be used and some adult consent may apply.

## April 22, Celebrate Earth Night in Stapleton: Charity Dinner & Food Inc. Movie

By Sophia Briegleb

Are you looking for a great way to celebrate Earth Day this year? Are you concerned about the way your food is produced and want to learn about alternatives available to Denver residents?

Come join the SUN Sustainability Committee and your neighbors for Earth Night, Thursday, April 22, with dinner and a movie in the MCA Community Room at 2823 Roslyn St. The evening will begin at 6pm with dinner sponsored by Chipotle and continue with a screening of the Oscar-nominated film Food Inc. at 7pm (run time: 94 minutes). This powerful documentary features interviews with Michael Pollan (The Omnivore's Dilemma, In Defense of Food) and Eric Schlosser (Fast Food Nation) and shows what has happened to our food supply over the past 50 years: growth hormones, factory farms, genetically modified foods, cloned livestock, and the development of new strains of dangerous bacteria.

In addition to dinner and a movie, information about local and organic food sources will be available. This is a great opportunity to learn more about local farms, community-supported agriculture, organic food delivery and sustainable restaurants in the Denver area.

Tickets may be purchased online ([SUN-EarthNight.Eventbrite.com](http://SUN-EarthNight.Eventbrite.com)) for \$10, and are discounted to \$7 if purchased prior to April 15. Space is limited, so get your tickets soon.

All net proceeds will benefit the Sand Creek Greenway. Everyone who attends will be entered to win prizes from Chipotle, Door to Door Organics, Grant Family Farms and Duo Restaurant. For more information, please visit [www.stapletonunitedneighbors.com/sustainability](http://www.stapletonunitedneighbors.com/sustainability).

Sophia Briegleb is a member of the SUN sustainability committee.

## It's Getting Easier!

By Michael Kearns

In 1970, a noted American philosopher sang that, "It's not that easy being green." Maybe Kermit the Frog wasn't referring to being "environmentally conscious," but as we approach the 40th anniversary of Earth Day on April 22, it is getting a lot easier to live green. Here are some easy ways to make your home a little greener—and maybe keep a little more green in your wallet.

Get a Home Energy Audit. Our Stapleton homes are more energy efficient than most, but there are almost always areas for improvement. Xcel Energy offers reduced-cost Home Energy Audits for its customers, starting at \$60 and going up to \$120 for the most comprehensive program. According to their website, "a Home Energy Audit begins with a review of your attic, insulation, doors, windows, furnace or boiler, appliances and more." When completed, you'll receive a written report with prioritized recommendations to help you save energy and money. For more info, or to schedule, call Xcel at 1.800.895.4999.

Replace your light bulbs. We all know that compact fluorescent light bulbs (CFLs) save energy and last longer than "traditional" bulbs, but have you done the math? Those two 60-watt bulbs by your garage door that stay on all night for security (a great purpose) cost about \$24 each to operate for a year. A pair of 14-watt CFLs will provide roughly the same amount of light and will cost about \$4 to buy and \$11 in annual electricity. You'll save \$37 per year and the bulbs last approximately five times longer than incandescent bulbs. And that's just two light bulbs—imagine if you changed out all the bulbs in your home!

Replace your furnace filter. When you moved in, your builder reminded you to change your furnace filter every one to three months. Are you doing it? Filters are inexpensive and easy to change. If you don't, the filter can get clogged with dust and dirt, making your furnace work harder and less efficiently. This can cost you money and cause damage. Check your furnace manufacturer's website for maintenance recommendations.

Reduce, Reuse, Recycle. We all participate in Denver Recycles, right? Here are three great ways to clean out your house and keep things out of landfills:

FreeCycle ([groups.yahoo.com/group/DenverFreecycle](http://groups.yahoo.com/group/DenverFreecycle)) is an online clearing-house that matches people with stuff to give away with people who can use it.

In celebration of Earth Day, Bluff Lake Nature Center ([www.blufflakenaturecenter.org](http://www.blufflakenaturecenter.org)) is hosting a recycling event on Saturday, April 24, from 9am to noon. On-site will be B-Logistics, Techno+Rescue, and WeeCycle to let you recycle items ranging from electronics to books to used children's toys. For most items, there will be no cost to participate. Visit their website for more info.

And, of course, the 5th Annual Stapleton Community Garage Sale will be held on July 17 from 8am–1pm. Last year we had over 280 homes participate, and we expect over 300 this year! Get info and sign up online at [www.BuildingStapleton.com/garagesale](http://www.BuildingStapleton.com/garagesale).

We've come a long way over the past 40 years. Thanks, Kermit!

Michael Kearns is a Stapleton Resident and a realtor with RE/MAX Alliance. He holds the Green designation from the National Association of realtors. He can be reached at 303-598-3468 or online at [www.BuildingStapleton.com](http://www.BuildingStapleton.com)

**PLAYFUL POOCH**  
DOG BOARDING & TRAINING

**LOVING YOUR DOG LIKE ONE OF OUR OWN!**

Doggie Daycare, Overnight Boarding, Grooming, Training, Quality Food & Treats  
Color Cameras to Watch Your Pals Play  
Small Playgroups for Every Size and Temperament  
Family Owned and Operated  
NEW! Puppy Kindergarten-Play and Learn!  
Serving the Park Hill/Stapleton/Lowry Communities  
\$10 Off Your First Visit

**POOCH OF THE MONTH**  
BETSY

ON THE WAY TO DIA! PlayfulPoochUSA.com 720-941-7529 4000 Holly St, Denver CO 80216

**STAPLETON ORTHODONTICS**  
KAREN FRANZ D.D.S., M.S.  
[www.StapletonOrthodontics.com](http://www.StapletonOrthodontics.com)

Let our team provide distinctly excellent orthodontic care for you and your family in the heart of Stapleton.

- Accepting most major insurance plans
- Flexible hours for appointments
- Offering Invisalign and tooth-colored ceramic braces

Dr. Karen Franz

**Call 303.31.ORTHO**  
2373 Central Park Blvd., Suite 302, Denver, CO 80238

a new community of faith for the curious & convinced

**denver presbyterian church**

[denverpres.org](http://denverpres.org) | Montclair Elementary Sundays, 10 am

Explore! Discover! Collaborate! Create!

**CREATIVE JOURNEYS**  
The Mizel Museum  
Artist-in-Residence/Mentor Camps

Pre-K to 6 Grade  
Creative camp journeys in drama, art, shadow puppets, radio theatre and more...led by renowned artists.

**REGISTER NOW!**  
Call 303.394.9993 ext. 103 or email [jcnadav@mizelmuseum.org](mailto:jcnadav@mizelmuseum.org)

Early bird discounts and scholarships are available

**MIZEL MUSEUM**  
[www.mizelmuseum.org](http://www.mizelmuseum.org)

An interview with migratory biologist, wildlife conservationist and Stapleton resident Dr. Jeffrey Parrish

By John Babiak

Quiz your average 4<sup>th</sup> grader who is studying elementary ecology on what defines a habitat and they will confidently recite: “a place where organisms live, find shelter, obtain food, water and have space to survive.” Ask them to explain the meaning of “space” and their answer often becomes less clear. In the plant and animal kingdoms, living space is the cornerstone of survival. It is what provides ample food and water sources for life forms, sufficient materials for building shelters, and unrestricted pathways for certain species to roam, migrate and reproduce. Space also underwrites biological diversity. Recently I had the opportunity to interview Dr. Jeffrey Parrish, an accomplished biologist, scholar and passionate conservationist about his tireless work protecting vital wildlife corridors and keeping habitats connected around the world.

**What personal experiences motivated you to study migration biology and become a champion of migrating animals around the globe?**

I always loved the outdoors, but it wasn't till I received a letter from the Director of the Birmingham Zoo inviting a select group of high school students to join a “Zoology Explorers Club” that I realized there might be a future in my interest in animals. Little did I know within a year I'd find myself fairly migratory, driving from Alabama to Chihuahua, Mexico, and from Birmingham to Belize to explore nature's wonders all along the way. But it was a trip through the Florida peninsula during spring migration of songbirds that made me passionate about migration, as I watched hordes of birds weighing little more than a few pennies landing in the southern swamps, exhausted, after flying a thousand miles in one flight. That's when I knew that I wanted to do whatever it took to preserve the sheer phenomenon of animal migrations.

**Tell me about your newest conservation effort: Freedom to Roam.**

Twelve years at The Nature Conservancy taught me the power of partnerships to get conservation done on the ground. Then I heard about Freedom to Roam, which started as, and continues to be, an environmental campaign at Patagonia—the outdoor clothing company. I've been around the block a few times in environmental efforts, and I can say without reservation that Freedom to Roam is the most innovative and unique model for 21st Century conservation I've ever seen. That's why I'm here.

Corridors and connected habitats are by every scientific assessment the singular solution to ensure that our nation's wildlife can survive and adapt to a world that is increasingly crowded, developed, fragmented, and now warming significantly. Unlike most organizations and efforts that pit “enviros” against development, Freedom to Roam works to bring diverse corporate, environmental, and governmental interests together on something we can all agree about—that wildlife is something we can't afford to lose.



Jeff Parrish, shown near Bluff Lake, describes how wildlife corridors like Sand Creek can be preserved.

**Why is it necessary, if not critical, to protect wildlife corridors and natural landscapes here in North America?**

Two reasons—for people's needs and for wildlife's needs to survive.

From automobile model names to school mascots—think Westerly Creek Wolves—wildlife inspire and define our American identity. I spent a good piece of a recent morning in meetings at Caribou Coffee—their very identity is based on the expectation that our wildlife will thrive through our generation and the next. That's a big assumption, given the perfect storm of habitat fragmentation and habitat shifts due to climate change.

Second, we've done some good work to create parks, wildlife refuges and open space—but those places are fraying around their edges because of climate change. And many animals don't respect the boundaries we place on a park—they need to move widely for food, shelter, mates or migration. We need to accommodate those needs to move and/or to adapt because of climate change, by giving animals the freedom to roam—bridges across seas of human development.

**Is climate change impacting animal migration, their respective routes and habitats?**

It's truly shocking how quickly we're seeing real, tangible effects of climate change... it's here and it's now. Spring comes earlier on average, and winter later every year. Birds are arriving north from the wintering grounds out of synch with their food sources. Polar bear movements are hampered by disappearing sea ice, making them drown in what were once safe, frozen seas. And mule deer and lynx find themselves moving across landscape devastated by the pine beetle that is no longer limited by cold-enough winters. We can't stop climate change. We can only reduce its severity. But we can help animals adapt to a changing climate by giving them escape routes and making sure that remaining migration areas are not eliminated by unbalanced development and expansion.

**Who are your current partners?**

Freedom to Roam's first suite of partners are our Coalition members—folks like National Geographic Society and BP America, Wal-Mart and National Wildlife Federation, Patagonia and the Western Governors' Association, among others—an incredibly diverse group. Our aim is to raise interest and investment in wildlife corridors and to support literally hun-

## Standing in the Crossroads of Nature's Migrants

dreds of partners on the ground to do what they do best—find sustainable solutions in their communities to ensure wildlife have the freedom to roam to survive.

**Can you describe an ongoing conservation partnership within the Rocky Mountain Region?**

We're working with BP America's Rocky Mountain region to change the way the oil and gas industry makes decisions. Their goal and ours is to influence those corporations—big and small—to adopt a leadership role as stewards of wildlife and force the laggards in the industry to follow suit.

Such efforts are making it possible for species like pronghorn antelope to continue

View a video of Jeff Parrish talking about “Freedom to Roam” at [www.FrontPorchStapleton.com](http://www.FrontPorchStapleton.com)

to thrive. They have millennia-old migrations out of the Grand Tetons National Park to areas more than 100 miles away across some of the most prolific gas fields in the United States. It's only by working with corporations on the ground that we'll be able to make sure that pronghorn and so many other species have the freedom to roam.

**How can individuals support Freedom to Roam?**

First, join Freedom to Roam and support with your generous donation. Second, learn more by visiting [www.freedomtoroam.org](http://www.freedomtoroam.org) and [www.patagonia.com](http://www.patagonia.com) And perhaps most exciting, is the chance to experience these wildlife corridors personally and be a part of the solution by taking a Witness for Wildlife trip ([www.witnessforwildlife.org](http://www.witnessforwildlife.org)) in a local corridor here in Colorado and become a part of the community of committed corridor conservationists. Seeing is believing, and once you believe in these places and our wildlife's future, you'll want to act. Join us in giving wildlife the Freedom to Roam!

Jeffrey Parrish can be reached at [jparrish@freedomtoroam.org](mailto:jparrish@freedomtoroam.org) or 1.720.289.4677. John Babiak is an environmental educator. He can be reached at [NatureRangerJohn@aol.com](mailto:NatureRangerJohn@aol.com).



### Metro Brokers of Cherry Creek

Buying or Selling...It pays to use a professional.

 <p>7804 E. 28th Avenue 5bd/4ba \$560,000</p>	 <p>2765 Central Park Blvd. 3bd/3ba \$338,990</p>	 <p>8350 E. 29th Avenue 3bd/3ba \$324,990</p>	
 <p>2528 Central Park Blvd. 3bd/3ba \$325,000</p>	 <p>3463 Florence Way 3bd/3ba \$283,000</p>	 <p>2655 Emporia St. 4bd/4ba \$510,000</p>	
 <p>8731 E. 26th Avenue 5bd/4ba \$499,900</p>	 <p>8824 Martin Luther King 4bd/5ba \$700,000</p>	 <p>908 E. 20th Avenue 2 bd/2ba \$329,900</p>	
 <p>John Chrisbens 303-250-0347 <a href="http://4saleinDenver.com">4saleinDenver.com</a></p>	 <p>Shana Lurie, Esq. 303-946-9662 <a href="http://cotreehouse.com">cotreehouse.com</a></p>	 <p>Sarah J. Rogers 720-480-5578 <a href="http://SarahsTeam.com">SarahsTeam.com</a></p>	 <p>Jason Dembeck 303-910-9511 <a href="http://4saleinDenver.com">4saleinDenver.com</a></p>

## Ling & Louie's

Hurry in to enjoy the last month of our Daily Specials

**Sundays** 1/2 Price Louie's Pork Ribs

**Mondays** Buy One Entrée, Get One 1/2 OFF

**Tuesdays** 1/2 Price Noodle Dishes

**Wednesdays** \$5 OFF Sizzling Platters

**Thursdays** 1/2 Price Sushi Rolls

**Northfield Mall 303.371.4644**  
**Tabor Center 303.623.5464**



### Mike Ciechanowicz

## PAINTING

Meticulous Interior & Exterior Painting  
Faux Finishes  
Free Estimates

*"Every customer is a reference."*  
303.343.3704  
Cell 303.324.1653

## When You Need Answers and Opinions

Divorce & Legal Separation, Paternity & Custody (Parental Responsibilities), Modification of Existing Orders for Child Support & Parenting Time, and Mediation



**Karen B. Best**  
Attorney at Law

Stapleton resident  
26 years family law and litigation experience  
8 years collaborative law involvement  
Attorney input mediation available

Regency Commons  
12605 East Euclid Dr. • Centennial, CO 80111  
Phone 303-708-1300 • Fax 303-708-1612  
[karen@bestmediation.net](mailto:karen@bestmediation.net)



# I Love My Summer Camp.

*Now enrolling for Summer Camp and Fall Semester 18 Months - 6th Grade*

From a Spanish immersion session to nature exploration, hip-hop dance and even gymnastics,



MCHD inspires your child to discover. Call today to schedule a personalized tour to see how our kids embrace learning all year long.



Monday - Friday | Half and Full-Day Options | Open 7:30 a.m. - 6 p.m.

Toddler - Pre-school - Elementary 303.322.8324 x 29 or visit [www.mchdenver.org](http://www.mchdenver.org).

*uncover the genius*