Ms. Beckwith’s 4th grade class at Bill Roberts K-8 school reacts with excitement upon hearing they have won an all-expense-paid trip to the opening of “The Wizarding World of Harry Potter.”

By Kathy Epperson

Initial dismay gave way to elation the morning of May 20th for Ms. Beckwith’s fourth grade class at Bill Roberts, one of four finalists in NBC’s Today Show contest “Why My Class Is Extraordinary.” Narrowed down from over 1000 entries, the fourth graders found out they were one of four finalists on May 17th. After that, it was all in the hands of the Today show viewers, who saw video clips of each finalist and voted for their favorite on the Today show website.

At stake was an all-expenses paid, three-day trip in mid-June to the opening celebration festivities of The Wizarding World of Harry Potter at Universal’s Islands of Adventures in Orlando, Florida. The students arrived at school at 5:00am on May 20th for the live announcement by The Today show. The winning class was in San Antonio, Texas, but moments later came the surprise announcement from Harry Potter actress Emma Watson that Universal Orlando thought all the finalists were so outstanding they were inviting all four classes to the opening celebration in Florida. Ms. Beckwith and five lucky adult chaperones will accompany the kids.

“My class always encourages us to do what we want to do and mostly thinks we always have great ideas!” says student Mary Yoder. “We were all in this contest together. We really hoped to win the trip, and now we are all going to the opening of Harry Potter World! I feel absolutely awesome.”

(continued on page 11)

Blockbuster Block Parties

Rob Somers and Sean Kelly, members of the well-known Boulder band The Samples, play for a Stapleton block party at 28th and Xanthish while a neighborhood kid gets a ride on a zip line. The Samples will play at the upcoming Mile High Music Festival on August 14th at Dick’s Sporting Goods Park.

Nora Roushorton, 4, Jadyn Wise, 5, and Thomas Worth, 5, fly down a bounce slide set up for their block party in the pocket park at 31st and Emporia. Stapleton’s annual block party day was May 15. There were approximately 30 block parties attended by an estimated 3,000 people, the largest with 420 party goers.

BikeDenver Helps Denver Create New Lifestyle

PARK HILL resident Pip van Heuven, like most kids, learned to ride a bicycle when she was a child. Her parents were U.S. Foreign Service officers, so when they lived in Bonn, Germany, van Heuven commuted to school on her bike. Her bike became important again during her days at Bates College in Lewiston, Maine, too.

“I got away from it for a while, and didn’t find it again until I moved to Denver,” van Heuven said. “I saw Ride the Rockies and thought it looked like fun. I convinced a friend of mine to get in with me. I had a blast. It was awesome. That reintroduced me to the bicycle.”

Since then, van Heuven has done Ride the Rockies three times, along with other major Colorado biking excursions. She serves as development director for Volunteers for Outdoors.

(continued on page 26)
Every Friday, June, July & Aug.

Northfield Place Summer Saturdays, 4-8pm
NorthfieldStapleton.com—Calendar (see p. 19)

Every Sunday (through Aug. 8)
City Park Jazz, 6pm, www.cityparkjazz.org
6th Ave Romance and Friends, 5-7pm
6/13 The O-Tones Brass Band
6/20 Hazel Miller
6/27 Maxwell Lopez Trio
7/4 Denver Municipal Band Jazz Combo

July 4th Activities
We start the day with a BANG! The Annual Pancake Breakfast at the Fountain Pavilion in Central Park begins at 9am. Tickets include pancakes, sausage, and coffee or juice and will be priced at $5 for adults and $3 for children. For the full line-up, please visit StapletonStingersSwimTeam.com.

July 4th Activities
We start the day with a BANG! The Annual Pancake Breakfast at the Fountain Pavilion in Central Park begins at 9am. Tickets include pancakes, sausage, and coffee or juice and will be priced at $5 for adults and $3 for children. For the full line-up, please visit StapletonStingersSwimTeam.com.

The fun on The Green begins this month! Bring your picnic, blankets, family and friends to our annual music and movie series. The movie season kicks off with Mama Mia on June 4. All movies will begin at dark on The Green.

July 4th Activities
We start the day with a BANG! The Annual Pancake Breakfast at the Fountain Pavilion in Central Park begins at 9am. Tickets include pancakes, sausage, and coffee or juice and will be priced at $5 for adults and $3 for children. For the full line-up, please visit StapletonStingersSwimTeam.com.

Every Sunday (through Aug. 8)
City Park Jazz, 6pm, www.cityparkjazz.org
6th Ave Romance and Friends, 5-7pm
6/13 The O-Tones Brass Band
6/20 Hazel Miller
6/27 Maxwell Lopez Trio
7/4 Denver Municipal Band Jazz Combo

July 4th Activities
We start the day with a BANG! The Annual Pancake Breakfast at the Fountain Pavilion in Central Park begins at 9am. Tickets include pancakes, sausage, and coffee or juice and will be priced at $5 for adults and $3 for children. For the full line-up, please visit StapletonStingersSwimTeam.com.

The fun on The Green begins this month! Bring your picnic, blankets, family and friends to our annual music and movie series. The movie season kicks off with Mama Mia on June 4. All movies will begin at dark on The Green.
Main Street SummerFest  
at The Shops at Northfield Stapleton  

Every Friday  
4pm - 8pm, June - August  

• Musical Entertainment  
• Hand-Crafted Gourmet Foods  
• Local Artisans  
• Children’s Activities  
And Much More!  

Visit NorthfieldStapleton.com for additional details.
By Carol Roberts

Senate Bill 191, which was recently passed by the state legislature and signed into law by the governor, has been referred to as the "tenure reform" bill. But State Senator Michael Johnston, who sponsored the bill, says he considers other aspects of the bill to be what are most important about it. He believes that a crucial part of the bill is identifying the most effective teachers and principals, documenting what they're doing that's so successful, and sharing it with others. The bill will enable the teachers and principals who are doing great work to choose a career ladder that offers them additional pay for sharing and documenting their practices and helping other teachers improve.

Johnston believes these great teachers have a "transformative effect" on students. He points out that West Denver Prep, a school that is 95% low income, not only has excelled in the area of improvement, but their raw scores actually exceeded those of Polaris, a school for the gifted, where kids have to qualify for admission. Great teachers have been shown to impact students' performance regardless of the students' background. Research has shown that it matters less which program or school a student enters than which teacher they get," says Johnston.

"The teacher evaluation system needs to be changed," says Johnston. "The evaluation system needs to be used to inform decisions. We can't be satisfied with, 'We taught but they didn't learn.' The question is, 'Do the kids know more at the end of the year than when they started?' If they don't, then changes need to be made in how they're being taught." The bill calls for an evaluation system that will be used to improve teacher effectiveness.

Another key aspect of the bill is that it's about measuring growth," says Johnston. "Where did the students start and how have they improved? In past years it was all about CSAP scores. Nothing in the bill says that a kid who was far behind has to make it up to grade level that year. We're not holding the student's lack of preparation against a teacher, so there's no disincentive for a teacher to go to a school that has lower test scores." Johnston says research has shown that teachers are the single biggest influence on kids' learning at school and principals are the second biggest contributor to their success. Johnston, who has been a school principal, says a principal can't be effective without actively supporting his/her teachers. Principals need to be in the classroom and skilled at observing teachers. Principals, like teachers, need mentors to help them improve, noting there is evidence that having principals meet and support each other has been an effective tool. Senate Bill 191 calls for the Governor's Council on Educator Effectiveness to define principal effectiveness. The teacher and principal evaluations called for in the bill don't go into effect until the 2013-14 school year. In the meantime, the Governor's Council on Educator Effectiveness will define the teacher and principal criteria for effectiveness and how to measure it, and make recommendations to the State Board of Education. The Board, in turn, will make recommendations to the legislature.

Senator Johnston said there were many who didn't believe this bill could pass. How did he do it in this era where bipartisan cooperation seems increasingly rare? "We built a strong state-wide coalition that included teacher groups like the American Federation of Teachers, foundations, school leaders, and business leaders by meeting with them one by one. We met with Hispanic groups, the NAACP, the Association of School Boards and made our case. As groups came on board, more and more started supporting the bill, and there was sort of a snowball effect. We had a strong partnership. The Colorado Education Association (CEA) teachers' union opposed the bill most of the way, but changed to neutral so, at the end, there were no organizations opposing it."

Senator Johnston says he actually came away from this experience optimistic about bipartisan cooperation on future bills, one of which will be funding the resources to make the implementation of this bill successful. He says many believe it is the strongest such bill in the country and The New York Times and the Wall Street Journal are both writing stories about it. "This bill is about hope... what we know is possible," says Sen. Johnston. "We can set and reach high goals."

For more information about Senate Bill 191 contact Senator Michael Johnston at mike@mikejohnston.org or call 303-953-1541. Senator Johnston is a Stapleton resident.
Stapleton Model Home Directory

A. New Town Builders
   29th Drive Row Homes
   303-239-3000
   3911-3,403 sq. ft.

B. New Town Builders
   Central Park Row Homes
   303-525-3500
   1,650-1,792 sq. ft.

C. McStain Neighborhoods
   Cactus
   303-333-9624
   1,561-1,687 sq. ft.

D. KB House
   Parkwood Homes
   303-333-1907
   1,561-1,556 sq. ft.

E. Wonderland Homes
   Denver Traditions
   4181 E. 29th Avenue
   303-315-0083
   1,556-1,892 sq. ft.

F. KB Home
   Montano Drive
   303-352-7300
   1,348-1,894 sq. ft.

G. New Town Builders
   Sierras Collection
   303-352-7300
   1,348-1,353 sq. ft.

H. Infinity Home Collection
   Sierra Collection
   303-352-7302
   1,737-2,168 sq. ft.

I. Parkwood Homes
   Remnants Collection
   303-329-4008
   2,149-3,348 sq. ft.

J. Infinity Home Collection
   Court Collection
   303-525-3500
   1,890-3,508 sq. ft.

K. Denver Brownstones
   at Central Park
   303-525-3500
   3,346-3,547 sq. ft.

L. Urban Estate Homes
   303-352-7300
   3,106-3,654 sq. ft.

With all the other good stuff in the neighborhood, we thought you might need a little help finding that place called home.

Home price categories are based on average home closing prices for 2010. Prices and specifications are subject to change without notice.
Hangar 61 has been a sanctuary for a flock of pigeons and a hawk for nearly 20 years. But now, with the vision and hard work of Larry Nelson and Ruth Falkenberg, the historic former aviation facility will soon be the sanctuary for a different sort of flock... the congregation of Stapleton Fellowship Church.

The church, which has an attendance of about 200 people, closed the sale on May 10, according to the church’s pastor, Dean Hill.

The congregation has been meeting at the Denver School of Science and Technology since the fall of 2007. But, despite being just across the street from Hangar 61, it had not been viewed as a possible church site until recently, Hill said. “We overlooked it,” he said. “When...
we started meeting there, it was about the time when Larry acquired it. There was no way we could have envisioned what it looks like now. "We were unaware of the uniqueness of the building. We thought if we got that land, we’d have to get rid of the building, so we started looking at other land. After the work was done...it was just perfect for what we need."

Nelson and Falkenberg had the 9,000 sq. ft. Hangar 61’s environmental issues cleaned up and the area graded and landscaped to make 45 parking spaces. It was awarded one of the Mayor’s Design Awards in the category, “The Past is Present.”

“We won’t be changing anything on the outside,” Hill said. “We will add inside. It’s a shell now. We’ve got an architectural plan but we probably won’t start construction till late summer because there’s still some engineering to be done on it. We’ve got to stay within Historic Denver’s wishes. Our original drawings and concepts have passed their scrutiny.

“We’ll have a 300-seat sanctuary on one end,” he explained. “The children’s area will be on the other end. A miniature auditorium for the younger kids and nursery will be on that floor. We’ll do a mezzanine on the middle that will give us between 4,000 and 5,000 sq. ft. of extra floor space for older children, office and a youth area. Outside it’ll look much the same.”

The pastor is unwilling at this time to make public the price paid for Hangar 61. However, he said the congregation is looking forward to a long and fruitful association with Hangar 61 and its place in the community.

“We’re going to maintain the aviation theme,” Hill said. “We are delighted to have acquired Hangar 61 as a future home for Stapleton Fellowship Church, and we believe it will emerge as an awesome tool for advancing our mission of helping people on their spiritual journey.”

It is hoped that the church will be able to start holding services in Hangar 61 in December or January, the pastor said.

---

Did you know?
If you don’t floss, you miss cleaning 35% of your tooth surfaces!

Stapleton
Children’s
Dentistry

ONLY $75
Child exam, cleaning, and fluoride for new patients.
A $95 savings. X-rays are extra.

FREE!
Infant oral health screening. Exam and cleaning for children up to 18 months old.

Pediatric dentists undergo an additional two years of training in order to specifically meet the needs of children. At Stapleton Children’s Dentistry we ensure a positive experience to establish a lifetime of healthy dental habits.

Alfaiyaz Ibrahim, DDS • 2373 Central Park Blvd., Suite 305 • Denver, CO 80238
303.399.KIDS (5437) • www.stapletonkids.com
We accept all major PPO insurance programs • Flexible hours for appointments
By Jon Meredith

I have always been envious of many European cities that have great bicycle sharing programs. In Amsterdam and Copenhagen bikes are everywhere. Need to go ten blocks? Just walk outside pick out a bike and ride to your destination and leave the bike. On the return, take a different bike.

Now our city has the Cadillac (or I should say Serotta) of all bike share programs and if we support it I believe it will be a huge success. Denver B-cycle was launched back in April as the nation’s first major bike sharing program with 40 bike stations and 400 brand new Trek bicycles. Absolutely no city tax dollars have been spent implementing the program and Kaiser Permanente has provided a $450,000 grant for on-going bike sharing programs. Many other corporate citizens have been generous in enabling this program to get going.

So how does it work and how can you support it? Everyone in Denver already has a bike so will Denverites ignore this great amenity? We just have to remember it is available and to use it when we can.

Like the European model you can take out a bike for up to 30 minutes free of charge. So if you are downtown and you have an errand on the other side of town, check out a bike, ride it to the destination, check it back in, do your errand and check one back out and ride back to your office. That is the idea behind the program and if you checked it out for less than 30 minutes each way you didn’t pay anything. The bikes will be constantly turned over and short usage encouraged. You can sign up at the bike stations with a debit card for a 24 hour membership. Online at denver.bcycle.com, 7 and 30 day memberships are available as well as $65 annual passes ready for sale.

The website also has a plethora of information regarding the program, including the rules. So, no, you can’t pay $65 take out a bike, use it for a year and then return it. If the bike is not returned to a station after three days you will be liable for the replacement cost. For iPhone and iPod Touch users there is an app with a B-cycle map and information like how many bikes are available at each station. The bikes are Treks and are built so that people of all shapes and sizes can ride them. They have a basket on the front and a lock in case you stop where there is not a station. It takes about a minute to input your bike and to use it when we can.

Let’s Support Denver
Metro Business Grads Get Fast
Track to MBAs at Fort Hays

Stapleton resident Thomas Gaschler, left, director of the Colorado Higher Education Opportunity Center for Ft. Hays State, and John Cochran, dean of Metro State School of Business, walk past the library on the Auraria Campus.

By Nancy Burkhart

Thomas Gaschler lives in Stapleton, but he grew up in Hays, Kansas, and graduated from Fort Hays State University. Gaschler has found a way to have the best of both worlds.

In Denver, he is director of the Colorado Higher Education Opportunity Center for Fort Hays State University where he works with the Virtual College Masters of Business Administration program. The program is offered both online and in Hays.

Metropolitan College of Denver has no MBA program. Therefore, the president of Fort Hays State and the president of Metro State in May signed an agreement to give Metro graduates fast track admission to the Fort Hays MBA program.

“Right now a lot of people are going back to school for graduate programs because in this economy employment is one of the last things to come out of a recession,” he said. “When people start hiring, now they can hire the cream of the people out there. I consider this MBA a boost to people’s resume that enhances their marketability. People have to have graduate degrees or certificates like grant writing. People with MBAs often will be looked at more than a person with just an undergrad degree.”

These are the fast track admissions requirements for Metro State Business School alumni:

• A Bachelor’s degree in business from Metro State College
• Submission of admission application materials
• A 990 score or above using the MBA admissions formula, which is: 200 x undergraduate grade point average + GMAT score.

If the total equals 990 or more, the application will be immediately processed and the applicant will be admitted to the program, Gaschler said.

For information about the Fort Hays State University MBA program and the Metropolitan State College Fast Track MBA Admissions Program, contact Lisa Trece at 785-628-5696 or email ltrece@fhsu.edu.
Local Residents Consult in China

Stapleton residents Michael Holtby and his wife Judy Linn are shown (center back) under a banner welcoming them to the Yunnan Department of Mental Health in Kunming, China, where they presented information about U.S. mental health practices.

Safaris, Adventures, Arts Camp
A fun week of camp featuring 2-D and 3-D art, music, a character-building Bible story, jungle-themed games, snacks, and more!

JOIN IN THE FUN!
Open to all rising ECE 4-5th graders
Monday – Friday, June 7-11, 2010
Bill Roberts Elementary School
Only $35 for the Week!
8:30 a.m. – Noon

REGISTER NOW:
720-985-6810

North Field Church
northfieldchurch.com

Mental Health Wards Offer Little Programming
By Nancy Burkhart

Stapleton residents Michael Holtby and his wife, Judy Linn, spent time last fall sharing their expertise with Chinese professionals at the Yunnan Department of Mental Health in Kunming, China.

Michael is a recipient of a Lifetime Achievement Award from the National Association of Social Work, Colorado Chapter. A psychotherapist who has had a private practice in Denver for more than 33 years, Michael gave a presentation to the Chinese doctors in Kunming. “Where they’re at with psychotherapy is very basic,” Michael explained. “The amount of training that they get is not very extensive like it is here, so they have a lot of interest in what we’re doing. When we went on the wards, we found people milling around, wearing pajamas, with nothing to do, no program,” he said. “It’s like out of the ‘50s.”

It was difficult to create a presentation for the Chinese professionals without sufficient information about their needs, according to Michael. “When I went over, I didn’t really know what they could use,” he said. “They have difficulty telling you what they need. They don’t want you to lose face, and they don’t want to lose face.”

The hospital in Kunming has alcohol rehab wards. At one time, an American introduced the 12-step Alcoholics Anonymous program there, but there was no follow-up, Michael said. Therefore, the average length of stay there is three months, while in the United States the “classic” stay is 28 days, he said. Judy, a former nursing director, gave a presentation to her counterparts on a therapy in-patient program. The Kunming hospital has only two nurses to work with 50 beds.

In China, “culturally, people don’t talk about their feelings and about mental illness,” Michael said. “It’s hard for them to change and it’s hard for them to see another point of view.”

On this trip, the Holtbys gave presentations in a large room filled with about 200 people, Michael said. “If we do it again, it would be better to organize smaller groups where we can have a dialogue,” he said. “There’s an attitude in China that the nail that sticks up gets pounded down. They don’t want to ask questions because they don’t want to look bad.”

The Holtbys hope to return to Kunming in 2011 with a small group of colleagues. In the meantime, they are hoping to find funding for their travel.

For information about the Holtbys’ work in Kunming, go to http://Chinatrip10-09.blogspot.com. For donation information, email to holtby@denverpsychotherapy.com.

Budget Blinds – custom window coverings that fit your style and budget!

• Personal Style Consultants
• Thousands of samples from the best brands
• “Expert Fit” measuring and installation
• Over 1,100 consultants

FREE In-Home Consultation & Estimate

30% OFF
All Home or Office Window Treatments
Call today for details!
720-870-1884 or visit us online at www.budgetblinds.com

We have the styles you love.
Shutters • Draperies
Wood Blinds • Honeycomb Shades
Roller Shades • Vertical Blinds
Silhouettes® • Venetian Wood and more!

June 2010
10
Stapleton Front Porch
The fourth graders have a long list of reasons they think their class is extraordinary, among them the small zoo of animals they tend to and learn from in their classroom, including one dog, one hedgehog, two fish, four frogs, two rats, one hamster, one snake, two caterpillars, and a tank full of fish. They credit Ms. Beckwith for devising fun projects and creating an exciting and slightly wacky classroom. “They think I look like Ms. Frizzle from the Magic School Bus series,” says Cheryl Beckwith, who wore a scuba diving suit on Dive Into Reading day. “I’m certainly not ordinary — I’m very traditional in the way I teach, but we laugh a lot. Learning should be fun, and life should be fun.”

One of the things the kids enjoy is employing their math, science and social studies skills in class projects. One such project, helping fellow student Allison Winn bake dog biscuits for her Stink Bug project to raise money to buy dogs for kids with cancer, was highlighted by the Today show team for the final vote. “My class has been there for me — they have supported me and stood by me,” Allison notes on the video. “They taught me how to be a normal kid again.”

“The heart of a classroom is not the teacher, it’s the kids,” says Ms. Beckwith. “And the one thing I encourage them to do is be the best that they can be. The only thing they can really be perfect at when they start is being themselves. Don’t let anyone else define you. They come as individuals and make up a family. I think the next president of the United States is sitting in this classroom, so President Obama, watch out!”

(continued from page 1)

The faces of (left to right) Zak Flitter-Bilello, Kaelyn Boehm and Ella Noble show their dismay when they learn their class was not the number one choice for “Most Extraordinary Class.” Above: A minute later they learn that the top four classes will all win a trip to Harry Potter World. Thai Matheres (back left) and Kaemon Hiraiki hug each other when they learn about the trip.
With the turn of gold painted ceremonial shovels, Denver’s Rocky Mountain Arsenal National Wildlife Refuge achieved another milestone towards becoming America’s premier urban wildlife refuge. During the recent groundbreaking event, Refuge Manager Steve Berendzen cited that the $7.7 million project includes $3 million of funding through the American Recovery and Reinvestment Act of 2009. “Our new visitor center is not only estimated to handle an anticipated increase of more than 180,000 visitors per year, but will offer the space and resources needed to expand our environmental education and nature programs,” said Berendzen. He also expects that the Center will become a destination for the three million residents along the Front Range. Berendzen took time to commend a longstanding public-private partnership and recognized the many federal, state and local governmental agencies, contractors, and dedicated workers who have been involved in the near 25-year restoration of the Refuge.

The 12,500 square-foot “green” building is slated to open in spring of 2011. “We teach conservation and practice it in our daily work,” said Visitor Services Manager Sherry James. “The sustainable and energy efficient features included in the building will give us a fun way to discuss how we can all help conserve our environment.” The Center’s interior will boast a teaching classroom, lecture-style auditorium and a book and gift store. The expansive lobby area will have interactive exhibits that will not only communicate about prairie ecosystems, wildlife and the National Wildlife Refuge System, but also speak to the storied history of the site. It once was home to Native Americans, European-American homesteaders, a U.S. Army arsenal complex, a Shell Oil Company agrochemical factory, and even a fuel manufacturing facility for the Apollo command module and lunar lander spacecrafts. An outdoor nature interpretive area will serve as a starting point for guided bus tours. New walking loops and trails from the Center will take guests eastbound through the native shortgrass prairie to nearby woodlands and three lakes.

The 12,000 acre Refuge, one of the largest urban wildlife refuges in the country, is home to over 300 species of wildlife including a Bison herd, Bald eagles, Burrowing owls and Black-tailed prairie dogs. Wetlands provide ideal habitats for Snapping turtles, Red-winged blackbirds, and Great Blue herons, while the lakes are popular with local catch-and-release fishermen. Cottonwood groves and dense thicket provide suitable homes for Swainson’s hawks and resting areas for Mule deer. The Refuge will reach a size of nearly 15,000 acres by 2011.

Since the event, earth movers have begun to etch the perimeter of the new visitor center grounds, which are located in the southwest corner of the Refuge, just north of Commerce City’s Prairie Gateway Park and Dick’s Sporting Goods Stadium Complex. A new public entrance to the Refuge will be constructed here as well. The existing visitor center located near Lake Mary will be remodeled and will remain in use for environmental education programs.

John Babiak leads a summer-long nature appreciation program at the Rocky Mountain Arsenal National Wildlife Refuge and is a Board Member with the Friends of the Front Wildlife Refuge Group. He can be reached at: NatureRangerJohn@aol.com

Above: Architect’s rendering shows the planned 12,500 square foot “green” visitor center slated to open in the spring of 2011.
Right: Steve Berendzen, Refuge Manager, and Steve Guertin, Regional Director, US Fish and Wildlife Service, break ground for the new visitor center, along with Honker, the blue goose mascot for the National Wildlife Refuge System, and other dignitaries.

Check out FrontPorchStapleton.com.
New! An online directory of recent advertisers.

IS YOUR AD ON THE COFFEE TABLE
or in the recycling bin?

Advertise in a paper that people really read.

FrontPorchStapleton.com
School Cafeteria Is Going Green

“School Cafeteria Is Going Green”

Tracy Ceravolo and her children, Caleb, 4, and Caroline, 6, show off some of the silverware that has been donated to the Bill Roberts school cafeteria in her campaign to replace plastic and styrofoam in the school’s lunch program.

By Kathy Epperson

Stapleton mom Tracy Ceravolo is spearheading efforts to extend the green program already underway at Bill Roberts. A landscape architect, Tracy had become interested in the new Denver Green School opening next year. But weighing the environmental cost of driving there each day, she opted instead to put her energy into making her neighborhood school more eco-friendly.

“After noticing the amount of waste coming from the school cafeteria, this is where I’m starting my efforts,” says Tracy. “The school is already doing a good job in other areas, but the principal and assistant principal are definitely interested in making improvements across the board.” Among the things Tracy noticed right away is the amount of styrofoam and plastic utensils being used—and then thrown away. “Bill Roberts had already moved from using styrofoam lunch trays, which are normally used in DPS schools, and they now use plastic lunch trays that can be washed and reused. But we need to stop using the styrofoam bowls and plastic spoons and forks.”

Among the steps Tracy is taking are getting donations of silverware (spoons and forks) that can be washed and used again, getting a compost system to put food scraps into, using compostable trash bags and putting worm bins into the classrooms that want them. “The cafeteria currently empties out nine 55-gallon containers a day of trash,” Tracy explains. “Our program aims to divert at least seven of them to a compost facility. That’s a lot of waste that won’t go to a landfill!”

To help make all this happen, Tracy applied for and is receiving funds from Whole Foods. “The average donation from this bag credit program is about $5,000,” Tracy says.

If you don’t have kids, how can you meet your neighbors?

By Carol Roberts

“I don’t have kids but how can you get acquainted with other adults in the community?” This is a question that resonates with adults who don’t have kids and therefore don’t spontaneously run into neighbors at school, in the park, or on the sports field.

So where can you meet others from the northeast Denver area to gather for “adult without kids” activities? Stapleton resident Lucia Correll suggested that the Stapleton Master Community Association schedule a time for interested adults to meet and talk about solutions. Suggestions from that meeting (such as the following) will be posted online for a vote of all interested NE Denver residents (this is not limited to Stapleton). Rotating meet & greet • Bingo/checkers • Speakers on various topics • Coffee Club • Art for adults • Johnson & Wales classes • Bridge/Poker/Mah Jong • Bird watching • Wine Tasting • Evening at the pool • Volleyball/ Frisbee golf • Softball/Flag football • Language lessons • Website for announcements • Volunteer opportunities • Cooking/Walking/Book groups • Dance lessons • Theme dinners

Visit http://stapletoncommunity.com and look under Community News for “Adult activities survey” to participate in the survey. Another meeting to plan adult activities will be held at 6:30pm on Monday, June 21 at the MCA office at 2823 Roslyn St. Adults from Stapleton and surrounding neighborhoods are invited to participate. Dinner will be served. Please RSVP for dinner by emailing events@Stapletoncommunity.com.

In addition, Lucia Correll has set up a Yahoo! group called ActivitesInc to post informal gatherings and/or events. To join using a Yahoo! account visit http://groups.yahoo.com/group/ActivitiesInc. To join without a Yahoo! account email ActivitesInc@yahoo.com and request an invitation to the group.

We’re Saving a Place For You

At St. Matthew Lutheran Church

We’re right next door. No matter your age, where you come from, or who you are, there is a place for you here: because God’s love matters!

Sunday Mornings - All are Welcome - Worship 9am

Pastor Marcel Narucki • 1609 Havana Street

303-366-1373 • www.stmatthew-elca.org

Stapleton Open House Tour

June 19th, 12-4 pm

*Look for the green & white balloons*

Hosted by your Stapleton EXPERTS

The Neir Team
Stacy Neir
www.neirteam.com
720-280-3004

Symantha Rodriguez
Dream Homes
www.dreamhomesre.com
720-217-4788

Stapleton Front Porch

June 2010

13
Take a Hike by Marko and John Babia

Revelry-Makers in the Wetlands: the Red-winged Blackbird

Like clockwork, every spring, tens of thousands of migrating songbirds descend on Colorado and supplement those who make their year-round home here. Upon their arrival, courtship, mating, nesting, incubating, brooding, fledging, bulking up and flying out is their basic March-to-October agenda. Our state’s diverse urban and wild habitats attract a wide variety of songbirds. The dull yellow Wilson’s Warbler prefers to make its home high up in the tundra near Alder shrub thickets. The black and blue Steller Jay likes our mountains and foothill forests, while the melodious Western Meadowlark and our state bird, the Lark Bunting, are attracted to our vast prairie grasslands.

As early as February, the distinct and boisterous conk-la-treetree and o-la-lee song of the male Red-winged Blackbird consistently lure Marko, his camera and me out of our home for a look. The brilliant plumage and acrobatic flight of this partial migrant brings instant life and color to the cold and silent lakes, ponds, marshes and damp meadows that spot metropolitan Denver. Red-winged Blackbirds are biased toward wetlands. Shoreline grass and reed beds, especially cattails are critical sites for nest-building. In the Stapleton neighborhood they zero in on the shallow ponds along Westerly Creek. In Lowry they can be found in the marsh behind the giant berm just southeast of the soccer fields. From a busy day to explain all the exciting things that DPS did this year, we re-emerge with brand new plumage. The males will often go out of their way to show off their new uniforms one last time before the fall migration starts. They then form flocks, sometimes as large as 100,000, and fly off to not-so-distant winter feeding grounds. In the following weeks, the females and juveniles converge, and depart in pursuit of warmth and food and, of course, more flying off to not-so-distant winter feeding grounds. In the following weeks, the females and juveniles converge, and depart in pursuit of warmth and food and, of course, more flying off to not-so-distant winter feeding grounds.

Some are unimpressed and fly off. Those who stay are subjected to more visual displays, songs and then, an intense chase by the males.

Nests are entirely constructed by the females. They collect dead grasses and reed leaves, and intricately weave cup-shaped nests that are suspended from vertical cattail supports down low over water. Soft cat-tail flower fuzz and fine grasses line the interior. The well-camouflaged and isolated nests protect both clutch and brood from predators including hawks and crows. Parents are very protective of their nest and willBC3S those who come too close with a sharp whistle that sounds almost as if at saying “we-SEE-YEE.”

Blackbirds are omnivorous. Newborns, fledglings and adults enjoy eating a variety of insects, berries, grains and wild seeds. In late summer all of the birds will delve deep into secluded habitats and undergo a seasonal molt. Soon after, they re-emerge with brand new plumage. The males will often go out of their way to show off their new uniforms one last time before the fall migration starts. They then form flocks, sometimes as large as 100,000, and fly off to not-so-distant winter feeding grounds. In the following weeks, the females and juveniles converge, and depart in pursuit of warmth and food and, of course, more song and colorful showmanship.

Marko and John Babia are Stapleton residents. Marko (9) is an avid wildlife photographer. John is an enrichment teacher. Weekly he teaches his Nature Rangers classes to students at Steck, Roberts, Westerly Creek and Odyssey. He also leads a summer-long nature appreciation program at the nearby Rocky Mt. Arsenal National Wildlife Refuge. He can be reached at: NatureRangerJohn@ao.com

Let us make your dreams a reality

Symantha Rodriguez Your Stapleton Resident Advisor

[phone number]
[Email]
[Website]

Brownies Become Water Detectives

Brownie Troop 3683

Brownie Troop 3683 is on a mission to save water... can you help? This year, we have been working on projects to save and protect our water. At home, we each have been trying to save water ourselves and in our families. Some of us have been working on turning off the water when we brush our teeth or wash our hands. Some have been taking shorter showers. Some have been using leftover water to water our plants. Our Brownie Troop decided to be “water detectives.” We divided into groups and inspected every sink at Westerly Creek, Odyssey, and Steele Elementary Schools to find any sinks that were leaking. Even though we only found four leaky sinks, we calculated that these leaks could waste over 4,000 gallons a year!

We met with Mr. Derrick Cummings, DPS Plumbing Supervisor, to present our findings. Then, we asked for his help in fixing the sinks in the schools we attend. Mr. Cummings and various members of the Maintenance department took time out of their busy day to explain all the exciting things that DPS has planned over the next five years to conserve water.

Brownie Troop 3683 would like everyone to know that saving water can be simple when people start paying attention to how they use it. We have these suggestions for you:

Did you know that it takes three gallons of water to make one gallon’s worth of water in plastic bottles? Using reusable water bottles is one of the most important things we can do to conserve water (and make less waste).

Did you know that Denver Water Department gives rebates for replacing inefficient fixtures with more efficient ones? Go to http://www.denverwater.org/Conservation/Rebates/2010ResidentialRebates/ for more info.

Did you know that you can buy a sensor at Home Depot or Low’s that will shut your sprinkler system off when it rains or if it is too windy to be watering? And remember that letting the water run when you are brushing your teeth or washing your hands wastes so much water! We measured that leaving the water on while doing these everyday tasks wastes hundreds of gallons of water in each of our homes each year.

Turning the water off and on during these activities is an easy way to save money and conserve water!

Thank You from Water Advocates — Troop 3683!

Brownies Become Water Detectives

Brownie Troop 3683

Brownie Troop 3683 is on a mission to save water... can you help? This year, we have been working on projects to save and protect our water. At home, we each have been trying to save water ourselves and in our families. Some of us have been working on turning off the water when we brush our teeth or wash our hands. Some have been taking shorter showers. Some have been using leftover water to water our plants. Our Brownie Troop decided to be “water detectives.” We divided into groups and inspected every sink at Westerly Creek, Odyssey, and Steele Elementary Schools to find any sinks that were leaking. Even though we only found four leaky sinks, we calculated that these leaks could waste over 4,000 gallons a year!

We met with Mr. Derrick Cummings, DPS Plumbing Supervisor, to present our findings. Then, we asked for his help in fixing the sinks in the schools we attend. Mr. Cummings and various members of the Maintenance department took time out of their busy day to explain all the exciting things that DPS has planned over the next five years to conserve water.

Brownie Troop 3683 would like everyone to know that saving water can be simple when people start paying attention to how they use it. We have these suggestions for you:

Did you know that it takes three gallons of water to make one gallon’s worth of water in plastic bottles? Using reusable water bottles is one of the most important things we can do to conserve water (and make less waste).

Did you know that Denver Water Department gives rebates for replacing inefficient fixtures with more efficient ones? Go to http://www.denverwater.org/Conservation/Rebates/2010ResidentialRebates/ for more info.

Did you know that you can buy a sensor at Home Depot or Low’s that will shut your sprinkler system off when it rains or if it is too windy to be watering? And remember that letting the water run when you are brushing your teeth or washing your hands wastes so much water! We measured that leaving the water on while doing these everyday tasks wastes hundreds of gallons of water in each of our homes each year.

Turning the water off and on during these activities is an easy way to save money and conserve water!

Thank You from Water Advocates — Troop 3683!

Spring Has Arrived at Nick’s Garden Center!

Our greenhouses are bursting with rows of brightly colored pansies. Browse through our garden center and look at all the new products for this season. We have a great selection of perennials, trees, shrubs, herbs, houseplants, pottery, and much, much more.

Let’s make your dreams a reality

Symantha Rodriguez Your Stapleton Resident Advisor

[phone number]
[Email]
[Website]
A Surprising Leap into Theatre Production

By Nancy Burkhart

So, the person who has been your best friend since high school calls and says she has a gig as director of a play and she really needs you to be her assistant. She has a bachelor of fine arts degree in theater and has been acting for 11 years. You have no theater experience except for the melodrama you played in during your freshman and sophomore years in high school. What do you do?

Stapleton resident Shannon Levitt-Allen did what a good best friend does. She said “yes.” She became assistant director and her pug, Ellis, became the play’s mascot.

Levitt-Allen and her friend Kellie Rae Rockey went to high school together in Burlington. “We were partners on the high school forensics team,” Levitt-Allen explained. “We were very good, and we won a lot. She always liked my opinions on whatever we saw and she trusts my judgment. She needed an assistant. She asked me to assist her because she needed someone she could trust who would tell her when something was wrong.”

Levitt-Allen’s husband, John L. Allen, Jr., is a journalist who writes for the National Catholic Reporter and contributes to CNN, NPR and the BBC. He travels a lot, so she had time to work with Rockey as assistant director for the play, Books on Tape: A Comedy in the Present Tense by William Missouri Downs.

The play, which is a world premiere, is being staged at the Vintage Theatre, 2119 E. 17th Ave., through Sunday, June 20. In the play, Jeffrey records books on tape. Adriane listens to them. Father Larry creates new religions. Donna writes self-help books. The one thing these strangers have in common is that they’re all looking for love in the modern world, and the search for love has never been funnier! The play is for the eclectic theatergoer who likes to laugh, with shows at 7:30pm Friday and Saturday nights and at 7:30pm Sundays.

“The play is very funny and fast-paced, and don’t let the late hour intimidate you because you’ll find it’s worth staying up for,” Levitt-Allen said.

Tickets are $16, and $8 for students and can be purchased by calling the Vintage Theatre box office at 303.839.1361 or go to www.vintagetheatre.com.

Stapleton resident Shannon Levitt-Allen, her dog Ellis, and her best friend Kellie Rae Rockey, who is director of “Books on Tape.”

Smiles for a Lifetime

Creating Stapleton & Park Hill Smiles since 2004

- Gentle, personal, health centered care in your neighborhood
- High quality clinical expertise for the whole family
- Wellness oriented care take an active role in your oral health!
- Bright, new modern office with the latest technology
- Most insurances accepted
- Early morning appts available
- Top Dentist List 2009 & 2010

Family Dentistry

15th and Quebec in Stapleton

7505 E 13th Ave #304 Denver CO 80230 • 303.322.2081
qsfamilydentistry.com

Duette Architella Shades Now Qualify for the Federal Energy Tax Credit. Save Up to $1,500

Call for a Free in-home estimate • Free Temporary Shades with Order

303-534-5454

Call for Details


Rocky Mountain Shutters & Shades

HunterDouglas Gallery

Austria Collection
DENVER AREA 4TH OF JULY CELEBRATIONS
7/6 Tuesday - Tibet. 7:30 pm. www.denverlibrary.org.
7/6 Tuesday - Medical Marijuana, Peanuts: Are They Safe?: (limited seating) 7:30 pm. www.denverlibrary.org.
7/6 Tuesday - The Future of Iraq: A Path to Peace? (partner presentation) 7:30 pm. 1375 High St. RSVP: 303.399.5555.
7/7 Wednesday - Denver City Park Ferril Lake Walk. 6:30-8:30 pm (6:30 reception, 7 pm program). www.denverlibrary.org.
7/8 Thursday - Environemntal Science: Gear Up for Summer! 6:30-8:30 pm. 720.865.0250.
7/8 Thursday - Tales for Two’s. Storytime for 2-year-olds and caregivers. Stories, song and movement activities. 10:30-11:00 am. www.denverlibrary.org.
7/8 Thursday - Book Babies. Stories and games for kids birth to 24 months and caregivers. 3-10:30 pm. www.denverlibrary.org.
7/10 Saturday - Book Babies. Stories and games for kids birth to 24 months and caregivers. 3-10:30 pm. www.denverlibrary.org.
7/10 Saturday - The Other Side Arts(TOSA) presents - “Sustainability” 5-7 pm. Works by refugee artists “Sustainability.” 1400 Dalila St. 6:30 pm. www.denverlibrary.org.
7/11 Friday - The Future of Pakistan. 7pm. 1375 High St. RSVP: 303.399.5555.
7/11 Friday - Kitten Kindergarten. 3-week class to help your kitten become more socialized and learn tricks Denver Dumb Friends League, 5 Quebec St. 6:30 pm. $35 fee benefit the League. www.ddfl.org or 303.791.9729.
7/11 Friday - Democratic Roundup. Meet and hear state & local candidates. Cash bar 6-7 pm. Denver Dumb Friends League, 5 Quebec St. 6:30 pm. $30; fees benefit the League. www.ddfl.org or 303.791.9729.
7/11 Friday - The Future of Iraq: A Path to Peace? (partner presentation) 7:30 pm. 1375 High St. RSVP: 303.399.5555.
7/12 Thursday - Medical Marijuana, Peanuts: Are They Safe?: (limited seating) 7:30 pm. www.denverlibrary.org.
7/13 Saturday - Denver City Park Ferril Lake Walk. 6:30-8:30 pm (6:30 reception, 7 pm program). www.denverlibrary.org.
The Urban Farm now registering for summer classes and workshops: Embracing Horses, Storybook Farm, Fun with Farm Animals, and adult classes: Urban Agriculture, Horseback Riding for Genealogists and Fiber Arts. Space limited. A few community garden plots still available. 10200 Sth Rd. 293.307.9320. info@theurbanfarm.org

Spanish is Fun Summer Camps now registering. Ages 4–11; camps start 6/7. www.spanishisfun.net


The Art Garage in Park Hill now registering for summer classes beginning July 12, ages 4 and up. www.artgaragedenver.com for class descriptions, times and registration.


6/22–Weekend-Wild in the City, Denver Zoo. 6 pm. Wild about Denver nature talk series. Central Park picnic building, MLK and Xenia. Register at 303.455.1623; space limited. www.denvergov.org/wildlife. FREE.

6/22 Friday: Sleepover at The Urban Farm. Kids 8–11 will enjoy a sun-set to sun-rise experience. Help with evening feeding and putting animals to bed. Learn to identify plants and insects on a moonlit tour. Registration limited. Sign up now info@theurbanfarm.org.


7/7 Wednesday: Busy Beaver Wild about Denver Nature Series. 6 pm. Westerly Creek Park. Meet at picnic area Beeler and MLK. Register at 303.455.1623; space limited. www.denvergov.org/wildlife. FREE.

Weekends of 7/10–12, 7/17–19, 7/24 and 7/26, Stapleton All Sports: Summer Camp. Football, soccer, baseball and tennis (boys & girls ages 4–10). 9 am–1 pm. $150-$275 or $100-$180 w/ Globe Horty stapletonalsports@gmail.com. 720.985.6462

(continued on page 18)
ROCKY MOUNTAIN ARSENAL NATIONAL WILDLIFE REFUGE

Reservations required for these popular programs. 303.289.0910.
To get to refuge, take I-70 and exit north on Harana St, exit at 56th and Harana. Free unless noted.

6/1 Tuesday- Tuesday Tote: Bzzzz! 11–11:30am. Get the buzz on the bees, ages 2–5 years old. Parent/guardian must accompany all children. August 2/9.
6/3 Thursday- Sunset Photo Tour. 5:30–8:30pm. Photograph the Refuge during these dramatic hours of sunlight.
6/5 Saturday- Ranger Read-A-Long. 1–1:30pm. All ages welcome.
6/14 Wednesday- Sip & Stroll. 5:30–8:30pm. Held on the Deck on the 24th.
6/15 Wednesday- Guided Night Walk. 8:30–10:30pm. Bring a headlamp!
6/17 Thursday- Science Lounge, Cosmos in the Classroom. 6:30–9:30 pm. $8 members, $10 nonmembers. Watch the new planetarium show, journey to the stars, then enjoy drinks, live music, stargazing and a cozying on the Sky Terrace.

现成住房正在出租。各种尺寸，价格$8–$12/member; $13–$35/10 members. www.dmns.org

MUSEUMS
6/14 Thursday- Science Lounge, Cosmos in the Classroom. 6:30–9:30 pm. $8 members, $10 nonmembers. Watch the new planetarium show, journey to the stars, then enjoy drinks, live music, stargazing and cozying on the Sky Terrace.


NORTHEAST EVENTS
Markets Theaters 18
6/4 Friday- New Release: Marmaduke
6/11 Friday- New Release: The Parent Trap
6/18 Friday- New Release: Toy Story 3 3D
6/30 Wednesday- New Release: Twilight Saga: Eclipse
6/4 Friday to 6/5 Saturday- Sherry Underwood (Special Engagement)
6/11 Friday to 6/12 Saturday- Eddie Griffin (Special Engagement)
6/14 Thursday to 6/15 Saturday- Alejandro Baden (Sat. only, Special Engagement)
6/1 Wednesday- Bass Fishing Seminar (Every Wed. in June)
6/3 Thursday- Kids Fishing 101 (Every Thursday in June)
6/5 Saturday- Owls Underground. 8–10am and 10am–12pm.
6/9 Saturday- Incredible Edibles! 7–8pm. Recommended for adults.
6/20 Sunday- Father’s Day Fishing. 8–11am. A limited number of poles for use if needed. Over age 16 need a Wyoming Fishing License.
6/26 Saturday- Botanical Hike. 1–3pm.
6/27 Sunday- Bike the Refuge. Helmets required, and fat, puncture-proof tires recommended.

SPORTS & FITNESS
Adult co-ed, recreational soccer group being formed. Looking for men and women to play once/twice a week early evenings to have fun and stay in shape, not for overly competitive players. Wayne at charlespaix@msn.com
6/12 Saturday- Undy 5000, A Brief Run to Fight Colon Cancer. 5k walk/run and 1-miles kids fun run. Denver’s City Park, 7:30pm register; 8:15 start. www.undy5000.com to register.
6/12 Saturday and 6/27 Sunday- 25th Anniversary of Great-West Life Bike MS. Colorado’s Ride. Rides 150 or 25 miles over two days from Front Range Community College Waterman to CSU Fort Collins and back Age 12 and older. $65. 303.697.7470. www.bikelmcsaddle.com

THEATER
6/15 to 7/1- Tales of a 4th Grade Nothing. Aurora Fox, 990 E. Colfax. 303.599.1790, www.aurorafox.org

THEATRE
6/15 to 7/1- Tales of a 4th Grade Nothing. Aurora Fox, 990 E. Colfax. 303.599.1790, www.aurorafox.org

THEATRE
6/15 to 7/1- Tales of a 4th Grade Nothing. Aurora Fox, 990 E. Colfax. 303.599.1790, www.aurorafox.org
Stapleton Women’s Clinic, 2975 Roslyn Suite 140

**OBSTETRICS & GYNECOLOGY, MIDWIFERY & INFERTILITY**

**FARMERS**

Great News! Farmers has significantly lowered rates in Stapleton. Call for details.

**Roses**

Obstetrics & Gynecology, Midwifery and Infertility
2975 Roslyn Suite 140

**Artisan Plazas at Stapleton**

**Final Closeout!**

Charming Townhomes in Award-Winning Stapleton
ONLY NINE HOMES LEFT:
- NEW reduced prices on two inventory homes. Ready for immediate occupancy.
- Homes also available that will be ready for move-in by September 2010.
- All homes are energy efficient, saving you $55k and the environment.
- Perfect for first-time and down-payment buyers.

Visit soon, while the opportunity lasts. Wonderlands Sales Center is located at 9081 E. 25th. Ave., Denver 80226, or call 303-933-9099.
6pm Sun. noon to 6pm, Mon. noon to 9pm, Tues.-Sun. 10am-6pm.

**Artisan Plazas**

**Ultimate Urban Living with Mediterranean Charm**

*From the upper $100s to mid $200s*

**www.WonderlandHomes.com**

**SportClips Haircuts by Sport Clips**

**Haircut for Dad**

Present coupon before haircut. May not be bartered, traded, copied, or sold. Not valid with any other coupon at this location.
Expires 6/30/10. Code 2995

**$12**

**Haircut for Son**

Present coupon before haircut. May not be bartered, traded, copied or sold. Not valid with any other coupon at this location.
Expires 6/30/10. Code 2995

**$10**

**SportClips Haircuts by Sport Clips**

**Women’s Services at Rose**

Women have special needs and that’s why we offer comprehensive care that treats you as a whole woman, no matter what your stage of life. And now, taking care of your health can start closer to home.

To learn more about the Stapleton Women’s Clinic, call 303-326-2578.
More Events...

National Get Outdoors Day, June 12
Celebrate a free day of outdoor adventure, food and music on June 12 from 9am–3:30pm on the east side of Ferril Lake in Denver's City Park. Prizes for the whole family will include ski passes; camping, skiing and fishing equipment; hiking gear and more. Activities include: rock climbing walls, Junior Ranger camp, low-ropes obstacle course, $100 VW busport walk, camping equipment demos; stage activities, canoeing, fishing, skiing, geocaching and mountain biking.


Fifth Annual Feast on The FAX June 14
By Jake Flint
Where can you experience the cuisine of 11 local restaurants in one fabulous evening? At the Feast on The FAX! The fifth annual Feast on The FAX, presented by The FAX Partnership, will be held June 14, from 5–9 pm. Participants can sample the varied offerings of 11 East Colfax restaurants, covering the food offour continents. Introduce yourself to new establishments such as Oink’s BBQ or Jett Asian Kitchen, or reacquaint yourself with favorites like The Elm, Krameria Café and Senor Pepe’s. Sample the piano bar at the Mozart Lounge and enjoy a glass of wine at The Cork House. Try around-the-world tastings from Mataam Fez, Habesha, Africana Café #2 and Phoenician Kebob. We are fortunate to have two ofWestword’s Best of Denver restaurants among the lineup this year: Africana Café for Best Ethiopian Restaurant and the Phoenician Kebob for Best Middle Eastern Restaurant.

Tickets are only $20 in advance ($25 day of event) and are available by contacting one of the five neighborhood associations along The FAX (see website for contact info), at most of the participating restaurants, at some retail stores along The FAX, online at www.theFAX.org.

Relay for Life at Stapleton, June 11 & 12
The American Cancer Society Relay for Life is an overnight community celebration where individuals, families and teams camp out, barbeque, dance, and take turns walking along a track relay-style to raise funds to fight cancer. As nightfall, participants will light hundreds of luminaries around the track in a moving ceremony to honor cancer survivors as well as friends and family lost to the disease.

The 2010 Northeast Denver Relay For Life is scheduled for June 11-12 at Founder’s Green in Stapleton, with events starting at 6:00 pm. The Northeast Denver Relay for Life encompasses Stapleton, Park Hill, Lowry, Hilltop, Coommor and Reunion communities. Teams and sponsors are still needed and youth is welcomed to participate in the many event activities for children of all ages. To learn more and join the Relay for Life, go to www.neddenverrelay.com.

Summer Art Walk, East End Arts Dist., June 11
Self-guided tour on Friday, June 11 from 5–9pm showcases galleries, artist studios and theaters in Aurora’s 16-block arts district. Includes art exhibits, hands-on activities, demonstrations and tours of performing arts facilities with refreshments and artists at member galleries. Start at the MLK Library/Municipal Services Center info stop at 9938 E. Colfax Ave for a map and free pedicab. Contact: Walt Weinberg at 303.361.9282 or visit the eastendartsdistrict.org.

Taste of Puerto Rico Festival, June 12–13
The fifth annual Taste of Puerto Rico Festival is coming for its second year in Stapleton’s Central Park June 12–13. Enjoy live music, authentic Puerto Rican food and merchandise and activities such as volleyball, horse-shoes, dominos and a Salsa dance contest while learning about Puerto Rican history and culture. For kids, face painting and a hula hoop contest. Saturday: 11am–7pm; Sunday: 10am–7pm. More at www.atasteofpuertori-cofestival.com.

National Get Outdoors Day, June 12
Celebrate a free day of outdoor adventure, food and music on June 12 from 9am–3:30pm on the east side of Ferril Lake in Denver’s City Park. Prizes for the whole family will include ski passes; camping, skiing and fishing equipment; hiking gear and more. Activities include: rock climbing walls, Junior Ranger camp, low-ropes obstacle course, $100 VW busport walk, camping equipment demos; stage activities, canoeing, fishing, skiing, geocaching and mountain biking.


Fifth Annual Feast on The FAX June 14
By Jake Flint
Where can you experience the cuisine of 11 local restaurants in one fabulous evening? At the Feast on The FAX! The fifth annual Feast on The FAX, presented by The FAX Partnership, will be held June 14, from 5–9 pm. Participants can sample the varied offerings of 11 East Colfax restaurants, covering the food offour continents. Introduce yourself to new establishments such as Oink’s BBQ or Jett Asian Kitchen, or reacquaint yourself with favorites like The Elm, Krameria Café and Senor Pepe’s. Sample the piano bar at the Mozart Lounge and enjoy a glass of wine at The Cork House. Try around-the-world tastings from Mataam Fez, Habesha, Africana Café #2 and Phoenician Kebob. We are fortunate to have two ofWestword’s Best of Denver restaurants among the lineup this year: Africana Café for Best Ethiopian Restaurant and the Phoenician Kebob for Best Middle Eastern Restaurant.

Tickets are only $20 in advance ($25 day of event) and are available by contacting one of the five neighborhood associations along The FAX (see website for contact info), at most of the participating restaurants, at some retail stores along The FAX, online at www.the-
Walk With a Doc, visit www.njhealth.org/walkwithadoc.

For more information about this and other upcoming Walk Plus free blood pressure checks. The walk is open to all ages. Participants can ask other health questions as they walk.

The event is sponsored by the City Park Pavilion, near the parking lot. The topic of this health topic is walk with Dr. Freeman over an easy one-mile course. Participants can ask other health questions as they walk. The featured gardens will also host eight local artists sharing their work.

Volunteer for a three-hour shift and receive a complimentary ticket. Contact Angela McLean, garden chairperson at 303-579-0334 or angeliamacl@earthlink.net. Thanks to the businesses whose generous donations make this event possible. Tickets are on sale through the Greater Park Hill Community office, King Soopers and online at www.gphc.org.

Walk With a Doc is a community outreach effort to help the public improve their health through physical activity. Dr. Andrew Freeman, a Park Hill resident and cardiologist with National Jewish Health, is leading multiple events this summer at local parks. Participants get an opportunity to learn about health topics and walk with Dr. Freeman over an easy one-mile course.

The next event is being held in City Park on Saturday, June 19th, rain or shine. Register at 8:00 am at the northwest side of the City Park Pavilion, near the parking lot. The topic of this event is statins and what they mean to your cholesterol, and the City Park Pavilion, near the parking lot.

Each pet’s adoption fee includes spay/neuter surgery, preliminary vaccinations, microchip implant and registration, colostrum ID tag, and a free initial office visit with a participating veterinarian. Visit ddf.org or 303-751-5772, ext. 1378.

Santa Fe Indian Art Market, Friday, June 25

“One Night in Denver,” a celebration showcasing the rich culture of Santa Fe and the Santa Fe Indian Market will feature native artist demonstrations, food and prizes. Free and open to the public, the event will be held from 6–8 pm, Friday, June 25 at the Magnolia Hotel, 1118 17th Street in Denver.

The Southwestern Association for Indian Arts (SWAIA), producer of the market, is co-sponsoring this event along with 5280 Magazine, the Magnolia Hotel and Santa Fe Convention & Visitors Bureau. Santa Fe hotels and businesses will distribute their literature about Santa Fe. For more information, visit www.swaia.org or call 505-983-5220.

First Annual Stapleton Beer Festival and Concert on the Green, June 26

The public is invited to Stapleton’s first annual Beer Festival on the Green on June 26 from 4–9 pm. The festival will feature eight Colorado Breweries. Beer festival tickets include beer tasting throughout the afternoon, food tastings, and a commemorative glass. Online advance ticket purchase at www.stapletoncommunity.org is $20; tickets at the event are $25.

Non-beer drinkers are welcome to come enjoy free live musical entertainment on the Green by Deja’ Blu from 4–6 pm and Wendy Wino from 7-9 pm. No outside alcohol will be allowed. Food will be available for sale at the event.

Founders’ Green is located along 27th Avenue between Roslyn and Syracuse Streets.

Bicycle Tour of Stapleton’s Public Art, July 24

Stapleton is partnering with the Denver Office of Cultural Affairs to host a bicycle tour of the public art collection at Stapleton on Saturday, July 24. Sign up for the bike tour and then ride to the Opie Gone Bad concert in Founder’s Green. Bike Tours are FREE, but limited to 15 people each.

To reserve a place, contact Rudi Cerri at 720.865.4307 or email rudi.cerri@denvergov.org.
ates are facing a really bad deal. There are no jobs for them. Certainly, not jobs where they can rent an apartment, eat and pay off student loans. Nearly all of this crop of graduates that I know are either continuing school, working an internship (volunteering), or traveling. Every architect that I know with less than five years’ experience is working in another field. These are kids who have graduated with honors from some of the nation’s top schools. Only one has a great opportunity and he had his skyrocketed. Most out-of-state schools charge between 40 and 50 grand a year for room and board. Their parent’s home equity has run up a bunch of debt and get a job making less than $10 an hour after receiving a degree. The New York Times recently had an editorial advocating the United States look for alternatives to the college degree similar to what Germany does. Many students there go into apprenticeship programs that teach them marketable skills while working in a field and after the same amount of time they make more money than those Germans who do go to college. The article went on to say that seven out of ten new jobs created this year in this country will not require a college degree.

Meet Heather Kistler, a graduate of Pacific Lutheran University with a degree in religious studies. She has been the bright and smiling face at the town center Starbuck's until recently and now she works as a busser at Strings. I sat down with Heather and asked her how she makes it and whether she feels college or her country is letting her down. Her answers were firm and never wavering. She makes it because she works as a nanny whenever she is not at Strings. She doesn’t go out and rents a room in a house. These jobs are a means to an end for her and she still has very real and obtainable goals. She wants to be a Lutheran minister after getting a master’s or doctorate in theology. Without her college experience these goals would not at all be possible. It would be foolish for me to suggest that college is not important for the vast majority of those who receive a degree. The last thing I would advocate is the further dumbing down of America. If you watch Jay Leno or get out and now then you are aware that we are dumbed down far enough already. There are a multitude of very meaningful experiences in college that do not translate directly into salary dollars after school. However, we must do a better job of creating opportunities for all young adults and work to relieve the financial burden that a college education creates. To receive a college degree from any four-year college should be an immediate path to a better job than department store cashier. Jon Meredith lives in Stapleton. He can be reached at Jon.meredith@yahoo.com.

Premium Fishwrap* by Jon Meredith

Is College Really Worth It? by Jon Meredith Recently college graduates are facing a really bad deal. There are no jobs for them. Certainly, not jobs where they can rent an apartment, eat and pay off student loans. Nearly all of this crop of graduates that I know are either continuing school, working an internship (volunteering), or traveling. Every architect that I know with less than five years’ experience is working in another field. These are kids who have graduated with honors from some of the nation’s top schools. Only one has a great opportunity and he had his skyrocketed. Most out-of-state schools charge between 40 and 50 grand a year for room and board. Their parent’s home equity has run up a bunch of debt and get a job making less than $10 an hour after receiving a degree. The New York Times recently had an editorial advocating the United States look for alternatives to the college degree similar to what Germany does. Many students there go into apprenticeship programs that teach them marketable skills while working in a field and after the same amount of time they make more money than those Germans who do go to college. The article went on to say that seven out of ten new jobs created this year in this country will not require a college degree.

Meet Heather Kistler, a graduate of Pacific Lutheran University with a degree in religious studies. She has been the bright and smiling face at the town center Starbuck’s until recently and now she works as a busser at Strings. I sat down with Heather and asked her how she makes it and whether she feels college or her country is letting her down. Her answers were firm and never wavering. She makes it because she works as a nanny whenever she is not at Strings. She doesn’t go out and rents a room in a house. These jobs are a means to an end for her and she still has very real and obtainable goals. She wants to be a Lutheran minister after getting a master’s or doctorate in theology. Without her college experience these goals would not at all be possible. It would be foolish for me to suggest that college is not important for the vast majority of those who receive a degree. The last thing I would advocate is the further dumbing down of America. If you watch Jay Leno or get out and now then you are aware that we are dumbed down far enough already. There are a multitude of very meaningful experiences in college that do not translate directly into salary dollars after school. However, we must do a better job of creating opportunities for all young adults and work to relieve the financial burden that a college education creates. To receive a college degree from any four-year college should be an immediate path to a better job than department store cashier. Jon Meredith lives in Stapleton. He can be reached at Jon.meredith@yahoo.com.

We’ll out

No now is the time to add VALUE to your most valued asset. We’ll out PERFORM and our SERVICE the competition.

Stapleton Garage Sale July 17 By Michael Korns The Fifth Annual Stapleton Community Garage Sale will be held on Saturday, July 17, 2010, from 8am to 1pm. As we get closer to the sale date, you’ll also be able to download a map and list of homes participating.

Again this year the Denver Children’s Advocacy Center (DCAC) will have a donation truck in Stapleton to collect unsold items (no appliances or mattresses) for donations. Collections will be at the CTEK Building (on MLK Blvd, just west of the Fire Station) on Saturday, July 17 from 12-3pm. DCAC is a 24-hour free trauma service to children who are victims of violent crimes and abuse. For more information about DCAC, please visit their website at http://www.denvercacs.org/

The last day to register for the sale, and be included on the map, is Saturday July 10. To register, please send an email to GarageSale@BuildingStapleton.com, and include the following info: (1) Contact name, phone number, and e-mail address (these are for use in communicating only, and will not be shared); (2) Street address; (3) Where you will have your sale (alley or front); and (4) The two or three main things you will have for sale – examples: “furniture and lawn equipment,” “baby clothes, toys, and computers.” So we don’t have to do too much editing, please limit your description to about 10 words or less.

Have more questions? Check the FAQ page on the Garage Sale website (www.BuildingStapleton.com/garage) for answers to commonly asked questions, or email GarageSale@BuildingStapleton.com.
Building Better Readers

Research shows that 88 percent of reading disorders are caused by problems in sound recognition and awareness. Understanding your child’s skill levels in these areas will help lay the foundation for solid reading for a lifetime. You can compare the process of learning to read to building a house.

A well-built structure requires a strong foundation or the underlying weakness will cause problems over time. The same is true in “building” a better reader.

Without the right foundational skills, learning to read can be very difficult. For some children reading comes easily because underlying skills develop properly, but for the children with weak skills, reading difficulties become evident as early as grades 1-3 and can remain for a lifetime.

Parents can better detect if their child is at risk for reading problems by understanding the following stages of learning to read:

1. Laying the Foundation: Sound Awareness

In order to read, children must first understand that words are made of individual sound segments. Most children acquire this by the end of kindergarten or beginning of first grade. For example, in “hat” the child must hear three phonemes: /h/, /a/, and /t/. If the child has trouble processing these sounds, he or she will have trouble reading fluently and learning to read itself will be a painstaking process.

2. Raising the Structure: Sounds Combined—Phonics

The next level of learning to read includes learning phonics. Children need to practice blending sounds and associating sounds and symbols. Word recognition problems are generally due to problems with linking speech sounds to letters. In typical development, children point to road signs, labels, and familiar words, and associate sounds with them. Finally, children develop comprehensive skills, the real reason for reading. At this step, parents should encourage their child to talk about what they read and help them with abstract information (how or why something happens). This goes beyond simple recitation of the facts.

Parents are Key

Studies have consistently shown that children who read poorly in early years continue to exhibit reading difficulties throughout high school and beyond without appropriate intervention.

Parents are key to getting children on the right track to reading. Remain alert to your child’s reading struggles. Many reading difficulties can be identified in kindergarten or first grade. While it is true that the earlier a child’s auditory difficulties are identified the easier it will be to correct them, even older students with long-standing auditory processing problems who read poorly can be helped. If you suspect your child is having difficulties, contact a professional for appropriate testing and consultation.

3. Finish the House: Become Automatic

Children must practice until enough recognition, speed, and an automatic approach to reading develops. For some children this step will take longer than for others, but for those with weak auditory processing skills it will be almost impossible.

End of 1st Grade – difficulty:

- Pre-K or Kindergarten—Difficulty: Recognizing rhymes
- Remembering names of friends, peers, etc.
- With normal language development
- Recognizing some letter shapes
- End of 1st Grade – difficulty:
- Learning the alphabet and corresponding letter sounds
- Applying “phonics” to reading and spelling
- Spelling common sight words
- Retelling stories in sequence and making predictions
- Reading aloud with some fluency and comprehension

End of 2nd Grade – difficulty:

- Recalling facts and details
- Using phonics to sound out words including multi-syllable words
- Correctly spelling previously studied and commonly seen words

End of 3rd Grade – difficulty:

- A dislike of reading
- Showing a preference for books that have fewer words per page
- Persisting spelling difficulties or select difficulty recognizing sight words
- A lack of fluency in reading
- Struggling to express oneself

End of 4th Grade – difficulty:

- The substitution of made-up words during reading for words that are too difficult for the reader to pronounce
- A history of reading and spelling difficulties
- A lack of automaticity in reading
- A struggle retrieving a desired word to express oneself
- Struggling with words that might be mispronounced
- A history of reading and spelling difficulties
- The substitution of made-up words during reading for words that are too difficult for the reader to pronounce

4. Enjoy the Finished Home: Gain Comprehension

Children must practice until enough recognition, speed, and an automatic approach to reading develops. For some children this step will take longer than for others, but for those with weak auditory processing skills it will be almost impossible.

End of 1st Grade – difficulty:

- Pre-K or Kindergarten—Difficulty: Recognizing rhymes
- Remembering names of friends, peers, etc.
- With normal language development
- Recognizing some letter shapes
- End of 1st Grade – difficulty:
- Learning the alphabet and corresponding letter sounds
- Applying “phonics” to reading and spelling
- Spelling common sight words
- Retelling stories in sequence and making predictions
- Reading aloud with some fluency and comprehension

End of 2nd Grade – difficulty:

- Recalling facts and details
- Using phonics to sound out words including multi-syllable words
- Correctly spelling previously studied and commonly seen words
- Ages 9 and up

Training is available to help older students overcome lifelong reading difficulties. Does your older child need help? Warnings Signs to Watch in Your Older Child:

- The mispronunciation of the names of people and places
- Struggles retrieving a desired word to express oneself
- A hesitation to say or read words aloud that might be mispronounced
- A history of reading and spelling difficulties
- A lack of fluency in reading
- Embarrassment about or not wanting to read aloud
- Spending inordinate amounts of time doing homework
- A dislike of reading
- Showing a preference for books that have fewer words per page
- Persisting spelling difficulties or select difficulty recognizing sight words
- A lack of fluency in reading
- A struggle retrieving a desired word to express oneself
- Struggling with words that might be mispronounced
- A history of reading and spelling difficulties
- The substitution of made-up words during reading for words that are too difficult for the reader to pronounce

Christina Sevilla, MS, O.T.R is an Occupational Therapist with over 15 years pediatric experience and the Director of LearningRx which strengthens cognitive skills for both struggling and advanced students. For more information visit www.learnrx.com call 303-284-6105 or email christina@learnrx.net.

For more information visit www.learnrx.com call 303-284-6105 or email christina@learnrx.net.

Now offering free pregnancy tests!

Welcome to Stapleton OB-GYN

As Stapleton OB/GYN we offer a full range of women’s health care options. From teenagers to mothers to grandmothers, we provide obstetrical and gynecological services for women at every stage of life. Your health and well-being as a woman is the focus of our care.

Stapleton OB-GYN

Providing distinctively excellent orthodontic care for your entire family in the heart of Stapleton.

Stapleton Orthodontics, PC

2773 Central Park Boulevard, Suite 302, Denver, CO 80238

www.StapletoOrthodontics.com

Wearing the Plaque: A上面的智慧

“Pediatric dentists are the pediatricians of dentistry”

Play games and learn more about us at www.wildsmile.com

DENVER/STAPLETON: A WILD SMILE 720.945.1234

For more information visit www.learnrx.com call 303-284-6105 or email christina@learnrx.net.

By Christina Sevilla

June 2010 Stapleton Front Porch
Notes from the SUN Forum April 29

The SUN forum had a good crowd April 29 to hear the latest from many different entities regarding how Stapleton is doing. SUN elections took place and a slate of seven members was selected to fill the board to a total of 14. The maximum amount allowed is 15, so if you are interested in joining the board, please come to one of our monthly meetings or reach out to us on our website.

We welcomed Jim Davis from the FBI who let the residents know about the open house on June 30 and a lot of information about the goings-on inside the building when they open this month.

We had a vote for naming the recreation center and got an update from the Parks and Recreation department that things are still on schedule for an early 2011 opening. Updates on commercial and residential planning from Forest City basically laid out the next couple of years of development. The Master Assoc. had a quick reminder about updating your pool pass.

Another very cool presentation was about the soon-to-be Central Park Boulevard/I-70 exchange. It will be a very dynamic intersection that will give a great presence for Stapleton and around Stapleton. It also incorporates a great bike and pedestrian experience that is handcrafted for this community and Northfield and ease up a lot of the transportation issues in that area.

Stapleton's first Earth Night was successful! A near capacity crowd of 59 came together for the food-themed event. The evening is best summarized by the winners of the first door prize, Umit and Elvan Kaya. “It was great evening with other Stapleton residents. We were able to learn about Sand Creek while enjoying our dinner. Unfortunately, we didn't enjoy the documentary, Food, Inc. Well, it is not a movie for enjoyment. It is a well-made documentary that presents important facts about food. I recommend seeing it to anyone who eats. On the other hand, we enjoyed watching Chipotle's message about how it is possible to provide healthy food. We would like to thank the SUN committee for their hospitality. Chipotle for a delicious dinner, New Belgium for their new hopper beer, Izze for their refreshing drink and Vitamin Cottage for their generous gift.”

The evening generated a gift of $275 to the Sand Creek Greenway. A major fundraising priority is to build parallel paved and unpaved trails in the Denver section of the greenway. Final construction drawings are being completed and an exact cost estimate will be available in two to three months. The projected cost is over $1 million.

This donation will help with purchasing trees and shrubs for restoring a higher density of native species to the area, which will be planted at a volunteer event this summer. Upcoming volunteer opportunities at Sand Creek Greenway include the annual REI volunteer day on August 28 and the following event sponsored by Councilman Hancock on June 5. The Sand Creek Volunteer Opportunity with Councilman Michael Hancock’s Office and CDOT: Cleanup and Planting at Quebec and Peoria Interchanges with I-70 will be held June 5, 8am–2pm. SUN volunteers will meet on-site at 8am. To volunteer and for more information, go to www.voutdoors.org and search under zip code 80238, or contact SUN board member Melissa Thompson at melsssn405@msn.com. For more information about PLANter day, please contact Melissa Thompson at melsssn405@msn.com.
Two Public Art Projects Approved for New Rec Center

By Barbara Neal

Visitors entering the lobby of the recreation center will see a largestone frame emerging and changing from the ceiling above and behind the square interactive light fields suspended by Mardek Walczak (NY) and Wesley Heiss ($250,000 to create and install two electronic thought balloons emerging and changing on the computer screen.

The artists are designing an eight-foot-square design that includes a stop for FastRacks railservice connecting Downtown with Denver International Airport.

Letter to the Editor

62nd Street

I am concerned about 62nd Avenue. From Fulton west to Wesley Creek. This is a stretch of road where people race down all the time without regard. I think the stretch needs to be broken up. The recent news of a two-year-old child getting hit and killed by a truck motivates me to say something. It does not matter that the child was not killed in Stapleton. My concern is that it could easily happen. There are so many young babies in this area. My son's home is on 26th and he has two babies. The people speed past his house makes me sick when I think how of it could be our kids in danger. There are no warnings. I don’t recall speed limit signs. The street should be broken up with stop signs. Right now it is a straight-away where I see on a daily basis people speeding past my son's house. Something needs to be done. — Joan Cinyette

Editor's note: Stapleton residents should bring traffic issues to the attention of SUN's transportation committee. Email stapletonwritesnews@gmail.com

HELP WANTED

GARDENING EMPLOYMENT Preserve, Fredrick, MD. Seeking urban gardener for Fredrick, MD. (301) 694-7447

SERVICES

GARDENING SERVICES: GARDENING, PLANTING, PRUNING, PLASTIC FLOWER BASES, etc. Available by appointment. 301-447-4697

SERVICES

CASH NOW! - We are looking for Bakers-Decadence, Starbucks, etc. We are looking for Bakers to join our team. We are located downtown and we are looking for someone who is passionate about baking. Please email j@decadencebakeshop.com with your resume and a brief statement about your experience.

WANTED: WANTED - We are looking for a reliable and experienced electrician to work on an upcoming commercial project. Please contact us at 303-555-5555 for more information.

CLASSIFIED ADS

CLASSI FIED ADS

Do you need help for your home or business? Call 303-320-7752 within the Denver area.

DO YOU PREPARE MORE FOR FAMILY VACATIONS THAN YOU DO FOR COLLEGE?

To learn how we can help you prepare for your child's future education expenses, call us today.

For rent:

SUNSCREEN S - ideal for bikers, runners, outdoor enthusiasts, 10 SPF. Aloe vera base. 303-555-5555

New Day Acupuncture

Stapleton Front Porch

Chris Haney, LMP

Sore, Tired, Stressed?

Professional Acupuncture Services

New Day Acupuncture

4238 East 23rd Avenue

5280 ALL YEAR! YOU DESERVE COMFORT OF YOUR HOME! Call 303-320-7752 within the Denver area.

STAPLETON LAW FIRM offering professional legal services in the following areas:

- Estate Planning
- Wills & Trusts
- Business Law
- Real Estate Law
- Family Law
- Personal Injury Law

25 June 2010

www.fuzeaudiovisual.com

Home Theater & Home Audio Design and Installation

Located in Park Hill

Call Today For A Free In-Home Consultation 303-599-1203

www.fuzeaudiovisual.com

HELP WANTED

GARDENING EMPLOYMENT Preserve, Fredrick, MD. Seeking urban gardener for Fredrick, MD. (301) 694-7447

SERVICES

GARDENING SERVICES: GARDENING, PLANTING, PRUNING, PLASTIC FLOWER BASES, etc. Available by appointment. 301-447-4697

SERVICES

CASH NOW! - We are looking for Bakers-Decadence, Starbucks, etc. We are looking for Bakers to join our team. We are located downtown and we are looking for someone who is passionate about baking. Please email j@decadencebakeshop.com with your resume and a brief statement about your experience.

WANTED: WANTED - We are looking for a reliable and experienced electrician to work on an upcoming commercial project. Please contact us at 303-555-5555 for more information.

CLASSIFIED ADS

CLASSI FIED ADS

Do you need help for your home or business? Call 303-320-7752 within the Denver area.

DO YOU PREPARE MORE FOR FAMILY VACATIONS THAN YOU DO FOR COLLEGE?

To learn how we can help you prepare for your child's future education expenses, call us today.

For rent:

SUNSCREEN S - ideal for bikers, runners, outdoor enthusiasts, 10 SPF. Aloe vera base. 303-555-5555

New Day Acupuncture

Stapleton Front Porch

Chris Haney, LMP

Sore, Tired, Stressed?

Professional Acupuncture Services

New Day Acupuncture

4238 East 23rd Avenue

5280 ALL YEAR! YOU DESERVE COMFORT OF YOUR HOME! Call 303-320-7752 within the Denver area.
BikeDenver
(continued from page 1)

The city and the Downtown Denver Partnership have improved things. They have put down more bike lanes and 'sharrows,' the symbol seen in a roadway lane that shows a bike with a chevron on top designated to show that motorists will share the lane with bicyclists. Sharrows also are meant to show bicyclists where to ride to stay three to five feet away from cars that might offer open-door hazards for the riders.

The city has put down 11 miles of new bike lanes and sharrows this year," van Heuven said. "They also recently hired a senior city planner for bicycle and pedestrian issues to improve infrastructure and policy for bikers."

The city has produced a new bike map to enable riders to locate the fastest and safest route to travel, according to van Heuven. The free map can be ordered on the BikeDenver website or can be obtained at the BikeDenver office, 1536 Wynkoop St., Ste. 801; select bicycle stores, any Denver City Council office; and any Denver city recreation center.

BikeDenver's advocacy work is meant to create a different lifestyle for Denver residents in an effort to erase the city's dark cloud of smog and build a healthy environment. "I think success for BikeDenver is really that 5 to 10 years in the future we can get people to redefine the definition of a bicyclist," van Heuven said. "It's about more folks getting on their bike more often. It will change our culture so that we're using handlebars more often than car keys. The more folks (there are) who bike because it's fun and convenient and affordable, the less folks (will) get in their car.

People support us because we're doing good work will become BikeDenver members," she said.

For information about BikeDenver or to become a member, go to www.bikedenver.org or email Piep van Heuven at pspep@bikedenver.org.
After attending the memorial ceremony to thank the families of those who had donated their bodies to the CU Health Sciences programs, first-year medical student Chase Dukes said, “There’s no way to truly express your gratitude. You feel like you want to keep telling someone thank you because that made it possible for you to really understand what’s going on inside people. You get to know someone better than they knew themselves, though it’s in a completely different way. You have to know what’s going on inside of people to save people... to do good things for people. The donation of those bodies made that possible for however many thousands of people that our entire class is going to treat in our lifetime, and words aren’t really enough to express that gratitude.”

Dukes, a Stapleton resident, started out in a four-year degree program for professional firefighters. “I found out that I really wasn’t that fond of fire fighting because I felt so limited. Eighty percent of all 911 calls are EMS calls, and then you’d show up and you realize what you could do. And that’s what got me started in medicine.” Dukes left the firefighting program and got his undergraduate and masters degrees from CU in integrative physiology, and then entered CU medical school in the fall of 2009. And now, he says, “I love medical school.”

At the memorial ceremony the students learned about the wide range of backgrounds of the people who had chosen to donate their bodies to science. There was a major league baseball player who played for the Phillies, the Braves and the Cardinals. A woman said her father was a university professor who had been appointed professor of the year, then told the Health Sciences students, “You are his last class.” Another woman described her father as someone who respected education and loved to teach. He was an attorney, an architect, an inventor and an accomplished musician who played five instruments. “Scholarly and talented as he was, he wasn’t so great at teaching. He was an attorney, an architect, an inventor and an accomplished musician who played five instruments. Scholarly and talented as he was, he wasn’t so great at teaching. He was a little impatient and it seemed like no one could keep up with him. But he decided he could be a good teacher by donating his body to you. He’s a teacher now. Honor my father’s gift by learning well from him.” And there was a woman who had graduated from college in 1935 at age 20 and went to Washington, DC to be trained as a peace activist, then went on to get a PhD. “She always was a teacher... My mom is still teaching.” The Health Sciences students also learned that one of the donors had lived in the basement of a church for his last 15 years, and “he wanted to give back so others could benefit from his illness.”

Evelyn Brosnan, a second-year medical student described how she felt during anatomy lab. “I held her heart in my hands and felt a bit like a sculptor facing a block of stone before those patient hands chisel away to reveal a hidden treasure. For four hours it was Doris (the name I gave her) and me in a world of our own, this silent teacher showing me this wondrous system.”

Brosnan continued, “To each of you sitting here today, I’d also like to recognize the huge gift you too have given to us. All of you have waited for up to two years for us to do our work before you can get your loved one back. I can only imagine what effect that might have had on your grieving and perhaps how it delayed closure for you. I do hope today brings comfort to you and to that process.

“You got to see the muscles that could make a person smile; we have the memory of his laugh. You got to see the muscles and organs; we got to see the twinkle in his eye when he was sharing a joke—either with us or on us. You got to see the heart, but we got to know it. I want to thank my dad for the gift he’s given to all of us.”

(Almost all the family members spoke anonymously.)
SPECIAL COLORADO RAPIDS DISCOUNT OFFER FOR SUMMER HOME GAMES!

Colorado Rapids v. Kansas City Wizards
Sunday, July 17 at 7:00pm

Colorado Rapids v. FC Dallas
Saturday, July 31 at 2:00pm

For more information visit ColoradoRapids.com.

To purchase tickets visit TicketHorse.com.

THE COLORADO RAPIDS PLAY ALL OF THEIR HOME GAMES AT DICK’S SPORTING GOODS PARK
Located just one mile north of Stapleton at 60th and Quebec!