Ready for Lift-off
Swigert-McAuliffe International School

By Jon Meredith

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Viva Streets
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Why Stapleton Didn’t Flood

By Carol Roberts

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By John Babiak

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**AUGUST**

**Every Sunday**
Farmers Market: 8:30am-12:30pm The Green

**Tuesday, August 2 & Sept 6**
Children’s Museum, Target Tuesdays 1st Tuesday nights 4-6pm, cdmuseum.org

**Thursday, August 4**
Active Minds Physical Seminar & Cocktail Party “American Composers & Songwriters” Cocktails 6pm, Seminar 7pm, Jet Stream Pool®

**Saturday, August 6**
Neighborhood Partners Environmental Cleanup 26th and Beeler, 9am
Coffee courtesy of Starbucks, lepesh from Emmers, korcc@btinternet.net

**Saturday, August 6**
Concerts “Windy Vino” 6:30–8:30pm The Green®

**Saturday, August 6**
DaVita Kidney Rock! SK Run/Walk and kidney disease screening, 8am
City Park, Denver (see page 19) www.davitaKidneyRock.org

**Saturday, August 6**

**Sunday, August 7**
City Park Jazz Summer Concert Series – Rain or shine at the City Park bandstand 6-8pm
Chris Daniels and the Kings and the Cats

**Thursday, August 11**
Stapleton Activities, Inc. Potluck 720-465-3550 www.bonsaintgarden.org

**Friday, August 12**
Movie “The Princess and the Frog” starts at dark The Green

**Friday, August 12 & 26**
Free Children’s Music Class 10–10:45am & Movie – “The Princess and the Frog” starts at dark The Green

**Saturday, August 14**
Jet Stream Pool®

**Sunday, August 14**
Yona Streets, Coloma-10am–2pm 12th Ave. (see story page 1)

**Wednesday, August 17**
Public hearing on the Martin Luther King Jr. Boulevard Extension from Harana to Peoria, 5:30pm, Central Park Recreation Center (See notice on page 22)

**Saturday, August 20**
Stapleton Beer Festival 4-8:30pm, The Green® (see page 1 story)

**What is your Community DNA?**
This month we want to challenge you to say “hello” to people when you walk by them on the street. It is one of those “pay it forward” sort of things that makes both of you feel good.

**Concerts & Movies on The Green**
Our concerts this month feature Wendy Woo on August 6 from 6:30–8:30pm. At the Stapleton Beer Festival on August 20 we will feature Opie Gone Bad from 4–6pm and Chris Daniels and the Kings from 6:30–8:30pm. The Princess and the Frog on August 12 and Secretariat August 26 are the two movies scheduled for this month on The Green. Movies will begin at dark.

Remember, the concessions at the movies and concerts are operated by various nonprofit organizations selling popcorn, candy and soft drinks. Please stop by and support them as they raise funds for their group.

**Kid’s Triathlon**
The Stapleton MCA is hosting our first Kid’s Triathlon on Sunday, August 14. If you are interested in helping with this event, please email events@stapletoncommunity.com. The event will include a swim at Jet Stream, a bike ride in Central Park and a run through the community. This race will have all of the components of an official triathlon, including timing chips, finisher medals, race shirts and even a kid’s swag bag.

If you would like to find out event details or would like to register, please go to www.stapletoncommunity.com. The cost to register is $30. Each age group will have a limited number of entries, so register early!

**Beer Festival**
The Stapleton Beer Festival is Saturday, August 20 from 4:00–8:00pm on The Green. The breweries we will feature at this year’s event. Coors, Crabtree and O’Dell are a sample of the breweries we will be pouring their beer and talking about beer. The Discovery Center will be pouring their beer and talking about beer.

**Active Minds Seminar**
The Active Minds summer musical series continues with a cocktail party on August 4 at Puddle Jumper Pool at 2401 Xenia St. Cocktails begin at 6pm and the seminar follows at 7pm. The musical topic this month is “American Composers & Songwriters.” Being a light appetizer to share. Beverages, plates and utensils will be provided. No prior musical knowledge is required—only a curiosity and love of music.

**Monthly August topic is “Charlie Chaplin & The Silent Film Era.” We will explore the unique artistic elements that make silent films appreciated by audiences young and old and get to know the life and work of Charlie Chaplin, including his founding United Artists with Mary Pickford and others as well as the circumstances surrounding his exile from the U.S. for nearly 20 years. The Stapleton Activities, Inc. potluck will be at 6pm and Active Minds Seminar will be at 7pm on Thursday, August 11 at the Discovery Center at 7706 Martin Luther King Blvd. For more information, visit www.ActiveMindsForLife.com.

**Stapleton Rocks**
a concert for a cause.

Congratulations to Justin Hirds for creating the winning logo for Stapleton Rocks—a concert for a cause.

Keep your calendar open for our 3rd annual concert featuring Stapleton-area musicians. The concert is scheduled for Saturday, September 10, to run from 10am to 10pm. The date will be scheduled in September’s Front Porch. It will be a day filled with music, food and fun. Ticket proceeds from the quilt bazaar and concession stand will benefit Fibrobits.org and Denver Children’s Home. For more info, visit www.stapletoncommunity.com or call the MCA office at 303.388.0724.

**SEPTEMBER**

**Thursday, September 1**
North Stapleton General Development Plan Public Meeting 5:30pm (see page 26)
Northfield Retail Center (2nd Floor, Brldg.) – Enter between Brookstone and Perfumania

**Thursday, September 8**
Stapleton Recycling Event 10am–2pm, Sem’s Club parking lot in Queen City Square (see page 24)

**Saturday, September 8**
Stapleton Activities, Inc. Potluck, 6–7pm Discovery Center®

**Saturday, September 10**
Stapleton Rocks…A Concert for a Cause 10am–10pm The Green®

**Saturday, September 17**
JUN Kickball Tournament. Proceeds from the tournament will benefit Stapleton elementary schools. Email stapletonunitedptas@gmail.com for more information.

**The Discovery Center is at MLK and Sages St. Central Park is at MLK and Central Park Blvd Central Park Rec Center is at R212 MLK Blvd Jet Stream Pool is at 3274 Alton St.**

The Stapleton Front Porch is published by Stapleton Front Porch, LLC, 2566 Syracuse St., Denver, CO 80238. 33,000 papers are printed. The free paper is distributed during the first week of each month to homes and businesses in Stapleton, Park Hill, Lowry, Montclair, Mayfair, Hale and East Colfax.
“Prior to our involvement, Westerly Creek was hidden from view. It ran through a 108-inch diameter pipe from the area around Stapleton (near Montview) almost to Sand Creek. So early on we commissioned Matrix Design Group to do a drainage study and we worked with other design team members to look at how we could make Westerly Creek the natural and usable area it is today.”

Nicola explains that Westerly Creek is a collection point for the “outfalls,” the storm water flowing into it from both the east and west. The land from the former airport was flat. A lot of earthwork was required to grade it so the water would flow into Westerly Creek from both directions. Basically Stapleton was graded into a V shape, with Westerly Creek being the low point. “So it’s nice to have a blanket class, but at the same time being so flat raised a lot of challenges,” says Nicola. “Westerly Creek itself was a large earthwork project constructed prior to current criteria has less density deep-rooted native vegetation without the need to use a lot of exposed rock to stabilize the channel. The intent was to avoid having Westerly Creek look like an engineered channel.

Nicola explained that current design criteria elsewhere in the City is to manage the 2-year to 5-year storm water underground with the remainder carried in the streets. However, much of the City’s older storm drain system constructed prior to current criteria has less than a 2-year capacity. The Stapleton drainage system was specifically designed to a higher standard to handle a 100-year storm event.

“All the storm waters in Stapleton find their way to Westerly Creek and the water is detained in such a way that it doesn’t overtop any of the facilities downstream, such as Sand Creek,” says Nicola. “At the outfall, where the storm drain system flows into Westerly Creek, there are ponds to detain the water and plant materials that control the water quality. They capture silt and other sediment that might otherwise go into the creek. The MCA cleans out those silts on a regular basis. The east-west greenway is one of these outfalls, but along the way it also controls water quality using the plants that have been incorporated within the greenway. Another important function of the drainage system, even apart from major storm events, is to collect the ongoing runoff from streets and alleys, which planners affectionately call urban drool.”

According to Nicola, “The water quality of flows going into Westerly Creek and then Sand Creek is probably as good as, if not better than, any outfall in the city. We have the luxury here in Stapleton of having our own outfall systems and the ability to monitor the water before it gets in the river. Asked if this is the heaviest rainfall since this drainage plan was completed, Nicola says, “A few years ago there was a storm close to this that had us all watching, but this was definitely the largest since constructing the facility.”

Could this system take even more rain? “The systems can take it, but at some point the water flows exceed the designed capacity at the street inlets, allowing the streets to become detention areas themselves and they would flood.”

(continued from page 2)
Viva Streets (continued from page 1) take advantage of the opportunity to come out and play in the streets.

LiveWell Colorado and BikeDenver are sponsoring and promoting the event. LiveWell is a Colorado nonprofit committed to reducing obesity by promoting healthy eating and active living. BikeDenver advocates for better policies and infrastructure to support increased bicycling in Denver and operates programs designed to engage and educate the public about the benefits of safe bicycling. BikeDenver’s Pip van Heuven said “We are excited to help present Denver’s first Ciclovía, an event that connects neighbors and communities and helps people see and experience our public streets in a different way. Many Denver neighborhoods like Park Hill and Stapleton are very bicycle and pedestrian friendly, and when we use our streets to walk and bike more everyone reaps the benefits.”

LiveWell’s Tracy Boyle added that while there is some organization to the event, “Residents are highly encouraged to come outside and join in movement in whatever way they choose.” She indicated that the diversity of Park Hill makes it the perfect location for the event and hopefully people from all over Denver will come and participate.

The cross streets between Colorado Blvd. and Quebec will be closed to motorized traffic but Holly, Monaco and Quebec will be open for North-South traffic controlled by traffic officers and the entire route will be accessible by foot and bicycle.

The event will mainly be participant driven as the only “official” activity will be a number of dignitary introductions and a bicycle parade starting at 23rd and Kearney at 10am. Everyone is welcome to participate in the parade. Children are encouraged to decorate their bikes elaborately and dress up if they are motivated to do so. Along the streets, healthy food will be available with cooking demonstrations, face painters will be in several areas, a bike “rodeo” will be held, and the Nuggets will bring out some mobile baskets and perhaps a player or two. The parks and shopping areas along the way will have special activities for younger children.

Zumba, yoga and Pilates classes will be held in the parks along the route. Bike mechanics will be on hand to get that old clunker working smoothly again. Denver B-cycle stations will be temporarily placed along the route so everyone can have access to a bike.

The sponsors and organizers don’t want to stifle the creativity of participants. Get a band together and play on a street corner. Juggle, play the sax, read Shakespeare or put your own hoop out on the corner. Play touch football, wiffle ball, soccer, badminton, cornhole or four square. Anything goes that day... with pedestrians and cyclists moving back and forth along 23rd Avenue and entertainment and activities taking place along the side streets that will be closed to traffic.

From left, LiveWell Colorado staff Maren Stewart, CEO, and Tracy Boyle, VP for Marketing ride with Piep van Heuven, Executive Director of Bike Denver along 23rd Avenue where the Viva Streets event will take place from 10am to 2pm on August 14.
Twelve or more breweries will participate including A very Brewing Company, Breckenridge Brewery, Bull & Bush, Coors, Copper Kettle Brewing, Crabtree Brewing Company, Great Divide, Left Hand Brewing Company, Oskar Blues Brewing and Odell Brewing Company. Tickets for the Beerfest are $25 prior to August 2nd, $30 between the 2nd and the 18th, and $35 on Festival Day. The Green is at E. 29th Ave. and Roslyn. Families who come to hear the music and get something to eat from the food vendors are welcomed and do not need to purchase tickets. Beer will be available for purchase by the cup for those who don’t buy a Beer Festival ticket. Unlike most movies and concerts at The Green, outside alcohol will not be allowed. Numerous food trucks will surround The Green and are expected to provide healthy food selections.

According to Deeter, a decision was made to cap attendance so that the Festival area of The Green will not be overwhelmed with people, though she added that past events on the Green have had upwards of 7000 in attendance.

“Over 30 Stapleton residents are providing advice and organizational help in running the Festival,” she says. “The expectation is to cover all the costs of putting on the Festival and donate some funds to a local charity whose volunteers help the event run smoothly.”

For additional information click on the 2011 Beer Festival link at the MCA website, www.stapletoncommunity.com.
Construction Update
I-70 and Central Park Blvd.

Bridge abutments just north of Smith Road and east of Xanthia are being built for the extension of Central Park Boulevard that will connect with the new I-70 interchange at Central Park Blvd.

By Carol Roberts

The new I-70 interchange being built with city, state and federal funds is on schedule and will be completed by October 1, according to Steve Coggins, project director, although a firm opening date has not been scheduled. When the interchange opens, the extension of Central Park Boulevard that goes north from I-70 to Northfield Blvd. (49th Ave.) will also open, with turnoffs to the Shops at Northfield.

However, to the south, the interchange will only go to 40th Avenue and vehicles will have to take 40th east to Havana until Central Park Blvd. from 36th to 40th is completed in the spring. According to Tom Gleason, VP Public Relations, Forest City Stapleton, construction of that stretch was delayed since it took longer than expected to get approvals for the bridge over the railroad tracks.

North of 36th, the new roadway rises on raised earth berms and then becomes a bridge that crosses Smith Road, the railroad tracks and Sand Creek and then continues north at ground level until it meets 40th Ave. and the I-70 interchange.

Union Station to DIA Commuter Rail Update

By Carol Roberts

The East Rail Line commuter train from Union Station to DIA is fully funded, early construction (such as moving water lines) is underway, and the project is moving ahead on schedule, according to Kevin Flynn, Public Information Manager for RTD. He said the situation with the federal deficit does not impact this project as funding is already in place.

The East Line commuter rail is expected to open by early 2016.

In addition, at the time the newspaper went to press, RTD was awaiting an announcement that they would receive a $1 billion grant that would enable them to complete both the East Corridor and the Gold Line to Arvada. According to Flynn, “The full funding grant agreement was filed with Congress in early May and there is a 60-day review period for members to file their comments or make an objection. That period passed without any comments or objections and we are expecting and have no reason to believe we will not receive an announcement of its approval.”

Upon receipt of the Full Funding Grant Agreement, RTD anticipates issuing a second Notice to Proceed to Denver Transit Partners, which was selected as the long-term design-builder and operator of the East and Gold lines, to start actual construction of the Gold Line. Its final design is nearing completion. Opening for the Gold Line is scheduled for July 2016, about five months following opening of the airport line.

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The Rocky Mountain Children’s Choir: Connecting All Kids Through the Universal Language of Music and Song

By John Babiarz

Founded in 1995, Denver’s Rocky Mountain Children’s Choir (RMCC) provides children of all backgrounds the opportunity to experience music and song in a multicultural environment. RMCC was founded by Leslie Britton, the Choir’s current Artistic Director. “Through the universal language of music, young singers not only have the opportunity to express their love for music, but also to develop relationships that enrich their lives. It also offers an unparalleled music education through a unique path. “Our mission is musical excellence in a multicultural environment,” says the Choir’s Music Director, Park Hill resident Lisa Cameron. “Music has long been known as one of the great aesthetic practices. To truly have an aesthetic experience, one must be moved beyond the ordinary path. To truly have an aesthetic experience, one must be moved beyond the ordinary path.

By Leslie Britton, the Choir’s current Artistic Director. “Arts through music, becomes a community adventure.” The organization also believes that the musical experience should be available to any child who desires to participate, regardless of their background, culture or economic status. “We believe that by bringing children together in song, we can diminish fear and anxiety about race, religion and society’s biases. We know that there is a power in music that helps bridge differences—a common language through song,” says Cameron.

Music Director Lisa Cameron leads the choir; behind the piano is Leslie Britton, founder and Artistic Director.

Mr. & Mrs. Kennedy. “The choir directors and conductors all create a supportive, low-stress culture for the children,” says Lucy O’Shaughnessy, choir parent for seven years. “The RMCC has been pure joy for all three of my daughters and is one of the most amazing organizations with which we have ever been involved.”

More information about the Rocky Mountain Children’s Choir can be found at www.rmchildrenschoir.org, or by calling: 303-300-0470.

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Jack Stenson and Emile Bickel (far right) perform with the Children’s Choir at Ashley Elementary School.

Thousands of children have participated in the multi-tiered choir since its first concert in December 1996. The choir has over 450 participants from metro Denver, with 300 girls and 150 boys, ages 6-18. Eight progressive choirs provide opportunities for children of all abilities and levels of experience. Children audition for membership in a supportive, inclusive atmosphere. All of the choir conductors are accomplished musicians who have formal academic musical training. Together with the music director, they select a challenging international repertoire of music, set high standards, and create performance opportunities that teach discipline, instill confidence, and promote self-esteem. In turn, the young choir members learn to negotiate a choral score, master sight reading, sing music, read rhythms, understand musical terminology, develop and practice a healthy vocal sound, and appreciate a wide range of musical traditions. The RMCC not only recruits new members through open auditions, they also invite entry-level singers to join their “Montane Choirs” during outings to Denver Public Schools. Singers from all over the city join these choirs that are based in schools, such as Ashley Elementary and Fairmont Elementary, and sing with students from these schools. After mastering basic choral concepts, singers are promoted to the next levels. Here children meet and sing with others from all over the city. From there, the sky becomes the limit. Choir members can move up and join one of the performing and touring choirs, including two male ensembles for beginners and advanced singers. RMCC also offers a training class for aspiring musical conductors.

The eight choir groups perform and entertain at hundreds of local and statewide events. Choir members sang at the recent Colorado Governor’s and Denver Mayor’s inauguration celebrations. President Barack Obama listened to them during a campaign visit at the Fillmore Auditorium in Denver. The Choir was also selected to sing the National Anthem for the Opening Session of the Democratic National Convention in 2008. “The choir directors and conductors all create a supportive, low-stress culture for the children,” says Lucy O’Shaughnessy, choir parent for seven years. “The RMCC has been pure joy for all three of my daughters and is one of the most amazing organizations with which we have ever been involved.”

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Girls on the Run

By Nancy Burkhart

Young girls today have so many concerns in their lives that maintaining a positive outlook and good self-esteem is difficult. Volunteer coaches have taken on the task of supporting girls in the third through eighth grades at Bill Roberts K-8 and Westerly Creek Elementary schools with an international program called Girls on the Run. The program encourages girls to respect themselves and live healthy lives through running.

“It is a fabulous program,” said Emily Bovard, a coach for Bill Roberts girls. “It works on girls’ positive self-esteem. We talk to them about the pressures out there in the world for third through eighth graders. We talk about health and education and provide physical training with running to give the girls high self-confidence.”

Bovard has a 9-year-old daughter, Claire, in the program. “She did it in the fall and is in it this spring,” Bovard said. “She loved it so much that she really wanted to do the spring program. I decided that since she loved it so much, I would coach.”

The girls meet for 90 minutes after school every Monday and Wednesday. They stay inside the school fence while running a paved track on which three laps equal one mile. Three or four coaches run or walk with the girls while another coach gives small rewards at the end of the course, according to Bovard. If the outdoor temperature is less than 35 degrees, the girls stay inside and run in the gym.

There are 26 girls in the Bill Roberts program. “They sign up for one 10-week program,” Bovard said. “We have five coaches for the 26 girls. They aren’t divided by ages. I think it pulls the girls out of their comfort zone a little bit. We try to mix it up a little bit so that they’re with girls that they’re not best friends with. And, there’s not the same coach with one group of girls every time. We want them to be well-rounded.”

Bovard is an athlete who did track in middle school and loves to play soccer, run, ski and bike. However, girls who are not into exercise or are a bit overweight are encouraged to join Girls on the Run, Bovard said.

“We encourage any girl to join us,” she said. “We train for the 5K, but it’s also pacing ourselves. Instead of sprinting and walking, we work on jogging for girls who can’t run the whole time. We have to appreciate that every girl is different and every girl is special. Our arms are open to everyone. No one is in danger of being taunted or teased. The girls know that they need to treat others like they want to be treated. We talk about what’s going on at home and what’s going on at the playground. If they are struggling with self-esteem or weight, this is a really good place to come and work on these things.”

On May 21 the girls ran in the Rocky Mountain Health Plans 5K at City Park.

Girls can sign up for the fall 10-week Girls on the Run session at Bill Roberts or Westerly Creek during the first couple of weeks of school. Other programs in NE Denver are located at Stanley British Primary, Park Hill Elementary, Logan and in the spring at Montclair Elementary. The cost is $145/girl.

To bring Girls on the Run to a school, visit www.girlsontherunrockies.org and click on start a site or call Lisa Johnson, executive director of Girls on the Run of the Rockies, at 720.530.1064. The website has a new site application along with details on how to start a new program.
About six months ago I shut down my Facebook page. I wanted to see if I could get along in this world without it. When I did, I received an automated response from Facebook telling me which of my “friends” would miss me even though I still get email and I have two phone numbers. It seemed to Facebook that the world would keep spinning around and I would be on the sidelines watching, never communicating with people I know and love again. Sort of a slow death by isolation and nonparticipation in the social media orbit.

I found that I am still here and communicating with people I want to. I really do not miss Facebook at all. Sorry, Mark Zuckerberg. I really do not care that my Facebook page, that I needed her into my Facebook world. I thought ignoring her “friend” request would be rude. I did not know what I was in for. I got constant updates about her kids, her recipes and her husband’s business. Julie, I had only know ye, please stop with the scores of your child’s soccer games. Then there is my cousin, who plays an animal farm game I do not understand and I think is, frankly, childish because she is almost 60.

My own children ignored my repeated attempts at “friend” them. What is it that they are hiding? I think, if I have to find out what my children are up to by reading their Facebook page, that I need to reexamine my parental responsibilities and priorities. They may actually think that having your Dad as a friend on Facebook is uncool. I get that. People in my business network think I should post my column on Facebook and network with other writers. Somehow, I do not care how many people “like” me on Facebook because of my column in this local Denver paper. It would be interesting and perhaps disheartening if they had a “dislike” application for column writers. That way people could assail me without going to all the trouble of sending me an email.

Facebook reminds me of the upscale cocktail party crowd where people introduce themselves and begin asking you if you “know” other people. If you say yes to the people they admire, you are “in” and if you say no, then you might be, looking in. Sociologists are now beginning to author studies on how Facebook is changing the way people interact. It is much easier to disfriend someone on Facebook than it is to write an email or call them or go way back in time and actually meet face to face and talk out an issue.

They say (meaning an old wise axiom) that to be successful in this world is all about who you know not what you know. I am not sure “they” meant the Facebook crowd. Placing the fact that you have 12,034 “friends” on Facebook on your resume will not get you that sought-after job. Instead the interviewer will know you are going to spend way too much time on the Internet and not enough time working.

Finally, I simply do not understand why people are interested in giving away their privacy on the Internet. Why would you want to put all kinds of private information about yourself right out there in cyberspace for just about anyone to see or hack? Would you place a picture of yourself in the glass-enclosed bulletin board just inside of Starbucks at 29th and Quebec that states your job, your email address, whether you are single or married, what interests you have, what movies you like and what bands you listen to? People could write comments about you as they waited for their coffee. But I don’t think one person would.

Joe Meredith lives in Stapleton. He can be reached at jon.meredith@q.com.
The neighborhood-variety garter snake is very common across all parts of our continent, including Alaska, where it is the lone snake species found in that expansive tract of wilderness. In fact, garter snakes are one of the northernmost-dwelling snakes found in our hemisphere. And they are the single most widely distributed reptile species in North America. Their indiscriminate diet makes these docile creatures exceptionally adept at colonizing most of our landscapes. Seventy-one varieties live in North American and one, the colorful pinkish-red San Francisco Garter snake, has been on the endangered species list since 1967. The name “garter” (often mispronounced as gardener) probably originates from the colorful, striped ribbon garter belts that once were used to hold up both men’s and women’s hosey.

Here in Colorado four species inhabit our wetlands, grasslands, foothills, and even our manicured urban backyards. The Common Garter resides in northeast Colorado. The Blackneck Garter is found predominately in our state’s southernmost counties, while the Plains Garter makes their habitat to our east. The Western Terrestrial Garter snake can be found in all parts of the state, with the exception of the northeast region. Their color is brown-gray with an underlying, pale checkerboard pattern and longitudinal stripes down their back. My afterschool herpetologists often find this snake coiled, strikes and stuns their prey. Then they swallow it whole. Garter snakes rely on both their eyesight and ability to pick up small ground vibrations from prey on the move. They also have a keen sense of smell. Using chemo-receptors located on their forked tongues, they are able to sample the air and interpret biochemcals with a highly specialized organ located in the roof of the mouth. The tongue is inserted into the organelle and the sample is analyzed. Their brain then determines if a meal, mate or foe is nearby.

Conversely, raptors, foxes, coyotes, raccoons and other snakes prey on garter snakes. When put on defense, they spew foul-smelling liquid onto the predator in hopes that it will let go and allow the snake to flee. Let’s say that Marko and I are personally familiar with this cause-and-effect phenomena…

Recently, garter snakes have been determined to be mildly venomous. They produce a very weak neurotoxin. However, they lack an effective way to deliver the toxin, as their teeth are located deep in their mouth. All in all, they are considered harmless and a friend to us, their tall and curious neighbors. This commune approach to living has several benefits. First, an aggregate of snakes can better retain and share their body heat in the cool spring and fall nights and withstand our winter temperatures. Second, when it comes time to be sexually active and mate in the spring, there are plenty of willing partners within a very short distance of the den. Females secrete a sex-pheromone that attracts males. Sometimes as many as 20 males will form a ball around a single female. A typical litter is three, while some can approach as many as 80 youngsters! Both young and old dine on worms and leeches, insects and bugs, minnows, frogs, and even small birds and rodents. They move by sidewinding their muscular body. They are capable swimmers too. The snake coils, strikes and stuns their prey. Then they swallow it whole. Garter snakes rely on both their eyesight and ability to pick up small ground vibrations from prey on the move. They also have a keen sense of smell. Using chemo-receptors located on their forked tongues, they are able to sample the air and interpret biochemicals with a highly specialized organ located in the roof of the mouth. The tongue is inserted into the organelle and the sample is analyzed. Their brain then determines if a meal, mate or foe is nearby.

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Active Minds
By Carol Roberts
Everyone has heard of Beethoven, but Jim Conder seems to have known him personally. Conder, a professional musician in voice and keyboard, was the program director for KBOO classical radio for 13 years. He offered attendees at Active Minds on July 21 an intimate look at the person behind Beethoven’s music (photos at left). Before the age of 12 Beethoven composed his first work. As a teenager he entered competitions where musicians were given a few notes and asked to improvise a melody with those notes—and he won all the competitions against the older musicians. By age 14 he was supporting his family as an organist (which was especially important because his father had a drinking problem that left the family in poverty). His fear of poverty caused him to take a different approach than musicians of his time... he insisted on payment before his performances.
On August 4 he will present another session at Puddle Jumper Pool, 2401 Xeris St., this time on “American Composers & Songwriters.” Cocktails begin at 6pm and the seminar follows at 7pm. Bring a light appetizer to share. The event is free and open to the public.

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August 2011

DPS do that, we can move it much faster. Michael is bringing the corridor of opportunity. City Hall recently regained the trust of the public. I think we will have a more strategic approach to building out the region around the airport so that we truly do create what Michael calls an aerotropolis, including that entire corridor from DIA to downtown, the corridor of opportunity.

Mary Seawell, Denver School Board At-Large

In four years I really believe the number of high-quality schools in Denver is going to dramatically increase—that’s my biggest hope and belief in four years. If DPS works on the academics, the city can say, “What can we do with city services and nonprofit and business partners to help really push student achievement?” So we will have many more distinguished and high-quality schools in DPS and I think if the city gets involved in helping DPS do that, we can move it much faster. Michael is bringing together the best people in education in Denver and he’s going to create this whole compact process—it’s going to be different than anything we’ve seen before. That I know.

Doug Linkhart, former At-Large City Councilman

I think there will be more kids graduating and those will be more inful around Stapleton. There will actually be houses around Northfield, which will help the retailers. There will be much more development around DIA. In four years we won’t have FastTracks yet but I think the economy will be rolling along. I’m an optimist so I think things will be good.
Albus Brooks, City Councilman District 8

The Downtown Denver Partnership will have Arapahoe Square already developed and on into Five Points and it will be the first time we’ve been successful in development into neighborhoods. I would say we have balanced the budget four years in a row. We have had major cuts but more efficiencies within government. North Park Hill will benefit from the rail stop, which is great because that’s the blighted area of Park Hill that doesn’t have much development. So we really look forward to that transit stop influencing the Holly redevelopment, the Dahlia redevelopment, all that over there that kind of no one wants to touch. I think that FasTracks is going to be catalytic for all that economic development, so we’re excited.

Angela Williams, State Representative, District 7 (with Khadija Haynes)

Four years from now, our city is financially stable. We’ve grown businesses like people would not believe. The National Western Stock Show is located in Denver, Colorado. The mayor has done tremendous things. Our education dropout rates have decreased. Children from all walks of life, no matter what zip code they are in, are getting the best high-quality education that they can receive. The Denver International Airport, the Eagle P3 is almost complete, Union Station is almost complete and we are a vibrant city.

Khadija Haynes, Stapleton Citizens Advisory Board

In four years there will be a great plan in place for the build-out of the DIA area and the aerotropolis the city talks about. There will have been significant movement, if not accomplishment, of the Union Station center and the trail of opportunity between Union Station and the airport. I think we’re going to see the redevelopment of the Gates center. Small businesses will really be thriving. The compact with Denver schools will have been completed and we will be on an upward trajectory.

Mary Beth Susman, City Councilwoman, District 5

That’s so much fun to think about. I see an airport that has flights from all over the world. I see Denver as a number one destination city for both business and for tourists, although we already are, but we’re just going to get better and better. I see our district preserving its beauty, its beautiful roads and its beautiful parks. I see Denver as very, very conscious of being green and being very smart about our economy and that actually we are a world leader in using renewable energy. I feel like Denver is on the brink of being an incredible city.

At the Mayor’s Inauguration Party

When Michael Hancock, the first City Council member to be elected mayor, took the stage to welcome the crowd, he asked the City Council and other elected Denver officials join him on stage. Hancock used the event as an opportunity to introduce the elected officials he’ll be working with, including Denver’s five new city council members and seven who have been his colleagues on City Council. Left to right: Council members Jeannie Robbins, Robin Kniech, Mary Beth Susman, Paul Lopez, Judy Montano, Peggy Lehmann, Susan Shepherd, Clerk and Recorder Debra Johnson (behind Hancock), Council members Chris Herndon, Charlie Brown, Albus Brooks and Chris Nevitt.

Mayor Hancock talks with one of the partygoers at the inauguration party at the Botanic Gardens. The public was invited to celebrate the inauguration of the new mayor at the event, which featured an outdoor concert and free food and drinks from numerous Denver restaurants. An estimated 7,000 people attended.
By Lorez Meinhold, Governor Hickenlooper’s Office of Policy Initiatives


Sunday, August 14, 5–7 p.m.

Prevention and Healthy Living—By State Senator Irene Aguilar, MD Denver Police Dept. Dist. 2 Station, 3921 Holly St.

Wednesday, August 11, 6–8 p.m.

Thursday, August 11, 6 p.m., Prevention and Healthy Living—By Joan Hennerry, Director of the Colorado Health Insurance Exchange Denver Police Dept. Dist. 2 Station, 3921 Holly St.

Friday, August 12, 6–8 p.m.

Tuesday, August 9, 6–8 p.m.

Tuesdays in the Parkside Apartments, 7780 E. 23rd Ave.

Sunday, August 11, 12:30-2:30pm


Central Park Recreation Center 9561 MLK Blvd.

By Carol Roberts

Denver planners are developing a draft vision statement and principles that will guide development of the Central Park Commuter Rail station area. About 40 people from the community attended a public meeting on June 29 at the Renaissance Denver Hotel to hear preliminary concepts and to give feedback and suggestions. Denver City planners, David Gaspers and Theresa Lucero, told the group that guiding principles call for the station area to be sustainable, active and accessible— and for it to be a “signature destination,” a unique place that provides housing, employment and entertainment—“the place to be.”

After the presentation and discussion, attendees wrote suggestions for the planners to consider as they continue to develop the Central Park Station Area Plan that will provide a framework to direct future development.

Suggestions for the “active” component included: encourage commuting by bicycles; have space for small-business incubators; have a live/work environment with housing; acquire land for the missing link on Sand Creek.

Suggestions for making the transit area “accessible” included: keep it safe, worried about rough crowds listening; parking should be a block away so commuters have to walk through retail; access the area to the north of the transit stop with a pedestrian/bike bridge.

Gaspers and Lucero, told the group.

For more information about this planning process, contact David Gaspers at David.Gaspers@denvergov.org or at 303-377-5433.

Tuesday, August 2, 5–7 p.m.

Information on Healthy Living, the New Healthcare Reform Laws, and the beef Initiative Aero Flats at Stapleton, 8008 Montview Blvd.

By Eileen Doherty, Colorado Gerontological Society Clubyn at Stapleton, 7401 E. 26th Ave.

Saturday, August 13, 10–11 a.m.

The Role of Health Benefit Exchanges in the Healthcare Reform Law—By Joan Hennerry, Director of the Colorado Health Insurance Exchange.

Central Park Recreation Center 9561 MLK Blvd.

By Alisha Brown

Everyone deserves to get the healthcare they need to stay healthy. To help make that possible, the community is invited to attend neighborhood forums where local healthcare reform experts will discuss provisions of the Affordable Care Act. The Beef Health and Wellness Initiative will host eight events where these experts will discuss how the Affordable Care Act will impact residents and highlight new opportunities made available through the law.

For more information contact Frank at francismeyer@yahoo.com or 303-332-9146. Proceeds go to WCE with a donation also going to a 9/11 fund.

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The Colorado Trust, a nonprofit organization with the mission of advancing the health and wellbeing of the people of Colorado, provided the funding for these events. The Colorado Trust has funded 14 projects across the state to help increase Coloradans’ understanding of health care issues, including expanding health coverage and achieving a more effective, cost-efficient health care system. The be well Health and Wellness Initiative is funded through the Stapleton Foundation and grants. The program is a social movement that connects individuals from the community, policy makers and organizations that serve as catalysts for changing policies, programs and environments to support healthy lifestyles. The be well block captains’ goals are to work in their neighborhoods to promote healthy lifestyles and reduce chronic illness and disease by enabling easy access to preventative services at no, or very low, cost.

Ms. Brown is the director of the be well Health and Wellness Initiative and has 10 years of experience in public health and nonprofit management. She has a master’s degree in nonprofit management from Regis University.

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Denver Metro Events

Art Walks and Exhibits:
8/1 Friday-北Denver’s Tennyson Art Walk. Tennyson St. and 44th Ave. www.denverartwalksquare.com
8/5 Friday- Cherokee Creek Arts District. www.cherryreeknock.com
8/5 Friday- Highlands Square First Friday 32nd and Lowell, North Denver. www.highlands-square.com
8/12 Friday- Aurora’s East End Second Friday Art Walk: Gallery openings, music, theater, food and more. Map to all venues at FiveStar Plaza/MILK Library (at Calkin by Emira). Through 8/13 Saturday. The Art of Wine Art Exhibition Tues-Fri, 1-4pm Saturday 1-6pm. FREE. Translations Gallery 1743 Wazee. www.translationslibrary.com
8/5 Friday-8/6 Saturday- Rocky Mountain Book and Paper Fair. Antique books, 1st editions, signed books, $5-$500+ Prev Day Gala Friday evening. 5-9pm. $10 includes Sat. admission. Saturday only 1-5pm, hourly events. wwww.rmba.org. Denver Merchant Mart Plantation Blvd.
8/7 Sunday- A Dash of Asian Spice, Date Night at the Zoo. 6-8pm. Enjoy Asian Cuisine and the Zoo’s Asian animals. Tickets $40/person, www.denverzoo.org
8/11 Sunday- Love Notes! A Musical Festival Celebrating Tu B’Shvat. The Jewish holiday of love. 5pm. Stapleton Park, 14800 E Bellarmine Dr. FREE. RSVP: staplesparkpark.org
8/15 Monday- Colorado Federation of Garden Clubs. Meets 3rd Monday of month, open to all interested in gardening. 7:30. 1536 Emerton St. Ellen at 303.220.5983
8/22 Sunday- Culinary Secrets, Date Night at the Zoo. 6-8pm. Featuring Zoo Executive Chef Mike Momcilovic’s family recipes. Tickets $40/person. www.denverzoo.org
9/2 Friday- 9/15 Saturday- Festival of Mountain and Plains, Taste of Colorado. FREE admission food for purchase, arts, carnival rides. www.colorado-arts-colo.com
9/10 Saturday- Old House Society Sidewalk Stroll. 1-3pm. Featuring homes in Belleview-Hale neighborhood. 13th and Denver St. King Soopers or www.denveroldhousesociety.org
Live Music at The Soiled Dove. 401 E 1st Ave. Lowery Tickets: www.soileddove.com Denver Botanic Gardens Summer Concert Series. Concert Ineplucked.org: www.concerts@botanicgarden.com
Denver Public Art Tours. FREE Public Art Tours—on foot, bike, scooter—for art and architecture lovers. Reservations required www.denvergov.org/publicart for schedule and sign up. Also download PDF of Denver’s Public Art Guide. Music and Movies Monday at Infinity Park. FREE concerts in Infinity Park at Glendale, 6:30pm concert, 8pm movie. Schedule: wwww.infinityparkdenver.com/sun-sev events Tuesday through August- Film and Fork on CoffFigd. Food by Upper CoffFigd restaurants featured at Denver Film Center each Tues. www.denverfilm.org for movie info, tickets and restaurants. Wednesday through August- Shady Grove Picnic Concert Series at Four Mile Park. 6:30pm www.swallowtailmusic.com
FREE Learn to Compost classes. Offered by Denver Recycles, various locations and weekends and Saturdays. 8/13 Saturday. 8:30 Workshop discusses worm composting. Registration required. 720.816.6810 or www.denverzoo.org/Compost
Through 8/19 Saturday- Marvelous Mud at Denver Art Museum. Get hands dirty in Mud Studio! try a potter’s wheel, hand building with clay and glass. Live artist demonstrations every weekend. www.denverartmuseum.org
Denver Zoo 3 for 1 This provides 2 for 1 tickets and admission discounts for metro art and entertainment. www.denver2for1tix.com
Health and Wellness
8/18 Thursday- HIV testing at Rocky Mountain CARES nonprofit for holistic health care. FREE. 1-3pm. 3rd Thursday monthly 4545 E 9th Ave. #20 303 393 8050 Adrián Flásk
Tuesdays through September-Yoga Rocks the Park. 9-12pm, City Park Bandstand. Live music and yoga classes for adults and kids. Also at Alamo Placita Park on 3rd and 3rd www.yogarocks-cherry.com
Lectures and Discussions
Active Minds – Info on all sessions: www.ActiveMinds.com, FREE.
8/2 Tuesday- Vietnam: 10-11am Jewish Community Center. 350 S Dahlia St. 303.214.6309
8/2 Tuesday- What makes an Orchestra Special? 10am-12pm (405 refreshments), Temple Emanuel, 51 Grove St. RSVP: jupiter@boulderjcc.org
8/4 Tuesday- American composers and songwriters. 6pm cocktails, 7pm program, Stapleton Jet Stream Cafe, 13741 Alton St. RSVP: Stapleton Master Community Association, 303.388.0724
8/8 Monday- Charlie Chaplin and Silent Film Era. 2:30-3:30pm. Spring Brooke, 4800 Leetsdale Dr. RSVP. 303.311.9963. Repeats on various dates, venues; visit activeminds.org for info. 8/13 Tuesday- Venezuella. 5:30-6:30pm. Taped. Cover: 252 E CoffFigd Ave.
8/24 Wednesday- America’s Pastime, Baseball! 2-3pm. Aurora Central Library. 14495 E Alameda Ave. Aurora. 303.739.6626
Libraries
For more library programs, check event calendar at denverlibrary.org. Summer of Reading for kids, books and teens continues to August 6.
Park Hill Library is closed 8/5 Sunday 8/15 Monday. The library will be accessible during this time. Storytimes will be held 8/5-8/6 only and resume week of 8/14. Last day to sign up prizes for summer of reading is 8/6.
Thursdays: All ages storytime. For kids who can sit and listen to stories and participate in songs. 10:30am. Thursdays and Fridays- Book Babies. For babies 6-23 months with parent/caregiver. Stares books, songs, finger plays. 11.30am.
Fridays- Tales for Two. Storytime for 2- year-olds and caregiver. Stories, songs, movement activities. 10:30am.
Schlessman Family Library, 100 Poplar St (1st and Quebec). 720.865.0000. Closed Wednesdays and Fridays.
Tuesdays- All Ages Storytime. 3:30pm Thursdays- Book Babies (6-23 months) 3pm 8/6 Saturday- The Transition to Parenthood. 11 am. Becoming, Belling, Balancing. Learn about changes common during this transition and ways to adjust to a supportive environment. Facilitated by Taeena Everts, MA, 8/13 Saturday- Colorado Authors Series:
NORTHFIELD EVENTS

Events at the Shops at Northfield Stapleton – 303.375.5475 www.NorthfieldStapleton.com
8/7 Sunday– UPS Car Show benefiting Mile High United Way, 10am-2pm. Featuring classics, low riders, street rods and more in parking lot north of Bass Pro.
Call for specific event and seminar pricing.
Civic Center Bike-In Movie Series. FREE family-friendly movies in Downtown Denver Civic Center Park. www.civiccenterconservancy.org for data/movie

KIDS AND FAMILIES

8/21 Saturday– Denver Zoo’s ZOOmily. 6-7pm. $12 members, $15 nonmember. Stories, fairytales, crafts, desserts, family entertainment. www.dennverzoo.org
8/21 Friday– Denver Botanic Gardens Family Fun Night. 4th Friday each month explore nature at night in Mondecai Children’s Garden. New theme monthly performers in Saguaro Stage, snacks by campfire and more. $25 nonmember/family of 4, $31/extra person. Kids 2 and under free. www.botanicgardens.org
8/6 Saturday– Hom e Depot Kids Workshop. 8/21 Saturday & 8/27 Saturday– Up to 2 games/day, Elitch Lanes in parking lot north of Bass Pro.
8/9- Tuesday– Get Hooked on Fly Tying for Beginners with Alan Ryes (remaining Tuesdays in August)
8/13- Saturday– Boone & Crockett/Pope & Young Long Muzzle Scoring- Fall Classic Hunt
8/12- Tuesday– Dove Hunting in Colorado
8/24- Wednesday– High Country Trout Fishing in Colorado– Spin & Bait Casting
8/24- Wednesday– How to use Fish Finders and What’s New!

KIDS CAMPS AND CLASSES

Aurora Fox Theatre– Drama classes ages 4 and up. Lisa Humphren: 303.778.3137 or www.aurorafax.org
Small Hands Art Studio – Summer/Fall classes. Located in Stapleton! www.smallhandsart.com
Art & Summer-Fall classes. StartArt- Summer-Fall classes. StartArtkids.com
The Art Garage– Classes ages 4 and up. 610 E 23rd Ave, Park Hill. www.artgaragekids.com
Stapleton All Sports– www.stapletonallsports.com or Gabe Hurley: staplesports@gmail.com

To submit information for the Front Porch “Local Event” Listings

Email information in the following format by the 15th of the month to FrontPorchEvents@gmail.com. Events will be run subject to space available.
Data in numerical format (mm/dd), day of week- Name of Event. A one- or two- sentence description. Time. Location or free. Location contact. Information passed. Press releases for suggested stories should be sent separately to FrontPorchStapleton@gmail.com

SFC desires to be a place of encouragement and hope in the Stapleton community. Mothers of Preschoolers (MOPS) International is a non-denominational Christian organization that reaches out to support & encourage all mothers. Our group consists of moms from the surrounding area who desire to build friendships, learn valuable parenting information, and have fun!

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Fall/Winter Session begins September 23
Check our website for all the details

www.StapletonMOPS.com
ROCKY MOUNTAIN ARSENAL NATIONAL WILDLIFE REFUGE

Requirements reserved for events marketed™ at 303.289.0935. Free unless noted. Hours: Tues-Sun., 8am-6pm. Visitor Center: Tues.-Sun., 9am-4pm. Refuge closed all federal holidays. Directions to Refuge: www.fws.gov/rockymountainarsenal/ Wednesdays, Saturdays and Sundays—Wild Rides.™ 9:30-11:30am 2-hour guided viewing tour

Tuesdays, Saturdays and Sundays — Refuge Fishing, 6am-6pm Catch/release fishing at lake Fish and Lake Ladors. Signed permit and Colorado fishing license for anglers 16 or older plus $3/day fee required.

Saturdays—“Wild” Talks. 1 pm. Join a naturalist every Saturday for 10-minute mystery “wild” talk.

8/2 Tuesday and 8/20 Monday—Tuesday Tours—Wetland Water Safaris.™ 10-11am Toddlers—become wildlife biologists on this wildlife water safari! Learn tools/techniques, then head out to look for wildlife class in and around lunch. 1-hour program designed for parents and toddlers to interact about nature. Children ages 3-6 must be accompanied by legal parental guardian. Limit 3 children per parent.™ 10/21 Sunday—Sunday Matinee—Amazing Journeys. 1pm. Experience big screen in new state-of-art auditorium. Experience incredible spectacles as millions of creatures undertake extraordinary journeys of survival. Families welcome; no reservations required.

8/11 Thursday and 8/20 Saturday—Family Fun Days.™ 10-11:30am Special kids programming jump aboard tour bus for wildlife bingo; look for clues on scavenger hunt around lakes and trails.

8/13 Saturday—Moonlight Hike.™ 7-9pm. A three mile hike under light of full moon. Flashlights and hiking boots recommended.

8/14 Sunday—Sunday Matinee—Ocean Oasis. 1pm. Journey into bountiful seas and deserts Mexico’s Sea of Cortes and the Baja California desert. Families welcome.

8/21 Sunday—Westland Photo Tour.™ 7:30-10am. Capture the westlands’ wonders through your camera lens. Recommended for adults. Open to all photography levels.

8/21 Sunday—Sunday Matinee—Africa-The Serengeti. ™ 1pm. Enjoy an extraordinary journey to East Africa to view the great migration of two million wildebeests, zebras, and antelopes over 500 miles.

8/24 Tuesday—Birding 101.™ 9:30-11am. Learn techniques for bird identification, how to use binoculars and field guides. Great for first-time birders.

8/27 Saturday—Family Fishing Workshop.™ 2pm. Hands-on clinic offers tips/tricks for fishing fun from Division of Wildlife. FREE.

8/28 Sunday—Homesteader History Tour.™ 9:30-11:30am. Venture back in time with a naturalist to the site’s homestead years. Stories about the land and families that called it home.

8/28 Sunday—Sunday Matinee—Beavers. 1pm. Experience big screen in new state-of-art auditorium. Take an intimate swim with beavers; experience rich aquatic habitat of nature’s great engineers Families welcome.

DENVER MONTCLAIR INTERNATIONAL SCHOOL Now Enrolling for 2012-13

Denver Montclair International School (DMIS) is a private, independent school that offers full-immersion, bilingual education in French, Mandarin Chinese, and Spanish to students ages 3 years old through 5th grade, and is pursuing authorization to become an IB World School to offer the Middle Years Program in grades 6-8. DMIS is now accepting applications for the 2012-13 academic year, ages 3 years old through Kindergarten and for grades 6 and 7.

For more information, please visit our website at www.dmischool.com or call 303-340-3647 to schedule a school tour.

8/25- Thursday—Learning to use GPS
8/25- Thursday—Salwater Fishing—Spin & Bait Casting
8/25- Thursday & 8/27- Saturday—Tactics for High Country Blue and Mountain Sharptail Grouse
8/26- Friday—Archery Shooting—Elk
8/28- Sunday—Beginner Bowhunter

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Summer Movie Fun – 10 Movies, $5, Just for kids!
Monday-Friday 9-11am show time.
8/1-8-8—Afro and Omega
8/5—Another Earth, The Change Up, and Rise of the Planet of the Apes
8/12- 30 Minutes or Less, Glen Live 2D and Late Blarer
8/19- Conan the Barbarian, Fright Night, & Spy Kids All The Time in the World
8/26- Don’t Be Afraid of the Dark, Final Destination 5 and Our Idle Brother

Ticket prices vary based on commodad and show. Call for details.
8/4-8-7- Thursday—Sunday—Tom Segura
8/11-8-14— Thursday—Sunday—Orlando Jones
8/18-8-21— Thursday—Sunday—Joe Torry
Toby Keith’s I’m Love This Bar and Grill – 303.728.9468, www.countrybarco.com
Local and regional live music acts Wednesday-Saturday.
National acts:
8/6 Saturday—Granger Smith
8/12 Friday—Ex Young Band
8/18 Thursday—The Dirt Drifters

STAPLETON/PARK HILL/LOWRY EVENTS
8/12 Saturday—Stapleton Blanket Group. Provides homemade blan-kets to seriously ill, traumatized or otherwise in need children. No seeing experience required. Meets 2nd Saturday of month at 2638 Fron-t Street from 9:30-11:00am. 303.993.9679
8/12 Saturday—AIDS Walk Colorado. 7:30am-2pm. Cheesman Park. Presented by Colorado Aids Project. www.aidswalkcolorado.org
8/17 Saturday—Let’s Get Dirty! Mud Run MSC Colorado. 10K course with water/mud boot camp-style obstacles. Run, Winter Park, CO. www.mudrunMSColorado.org

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For more information, please visit our website at www.sweeten东方财富.com or call 303-340-3647 to schedule a school tour.
August 6—DaVita Kidney Rock 5K Run/Walk and Kidney Disease Screenings
DaVita Inc., a provider of kidney care services for those with end-stage renal disease (ESRD) and chronic kidney disease (CKD), will host a 5K Fun run/walk Saturday, August 6, starting at 1 in Denver’s City Park. The event will feature the Kidney Health Expo, games and prizes at the Kid Zone, refreshments, and the DaVita Blues All Star Band.

Starting at 8am, free kidney disease screenings will be performed by The Kidney TRUST. All proceeds benefit Bridge of Life—DaVita Medical Missions to open dialysis centers in developing countries and teach local medical teams how to care for CKD patients.


Kidney disease affects one of every six Americans; most of whom don’t know they have it. Risk factors include diabetes, hypertension, cardiovascular disease or a family history of these conditions. People over 60, African-Americans and Hispanics are at higher risk. Learn more at www.davita.com.

August 7—UPS Car Show at Northfield
The UPS Automotive Team is sponsoring a Car, Truck and Bike Show on Sunday, August 11, with all proceeds benefitting the United Way. Competition classes are: cars original and restored; street rods 1900-1932; street rods 1933-1949; modified; tractors original and restored; tractors modified; motorcycles original and restored; motorcycles modified; imports; low riders; and race cars. Registration is $20 on the day of the show. Music will be provided by R&M Custom Car Show Productions.

The event will be held in the parking lot north of Bass Pro Shops from 10am-2:30pm. Awards will be presented at 3pm. For more info, contact Dan Douglas at 303.286.6662 or 303.912.5671.

August 13—Family Fun Zoomily at Denver Zoo
Families can enjoy an evening of enchanted wishes, dreams and wild things at Denver Zoo’s ZOOMily on Saturday, August 13 from 6-9pm.

Costumed characters will roam about and kids can enjoy stories, games, crafts, desserts and other entertainments. Children who come dressed in costume are eligible to enter for prizes.

Proceeds benefit the Red Apple Fund, a Denver Zoo scholarship fund subsidizing admission, program fees and transportation for low-income groups and families. Tickets: $12 in advance/members; $15 in advance/non-members. Ticket sales end 8/8 and usually sell out. For tickets/information: www.denver-zoo.org or 303.376.4800.

Stapleton Discovery Center Open Weekends Aug. 13 through Labor Day
The Stapleton Discovery Center will be open August 13 through Labor Day (September 5) on Saturdays from 10am-6pm and on Sundays from noon-5pm. The Discovery Center offers information about Stapleton, Stapleton homes participating in the Parade of Homes, model homes and all new homes for sale. For more information, visit http://stapleton-discovery-center.org/community/whats-happen-

August 14—Northeast Denver Dads Invited to Stapleton Dads Barbeque
All dads are invited to attend a barbeque on Sunday, August 14th hosted by Stapleton Dads at the Aviator pool from 6pm-9pm. Founded in 2009 by a father of two in Stapleton, this group is a social network for dads in Stapleton and neighboring areas offering a break from the family for a few hours, once every three months. Previous events have included BBQ’s in Central Park, pool tournaments, and a bowling outing. Future events may include a trip to The Great American Beer Festival, golf tournament, and ski trip to Summit County. The cost is $25 per person (including private pool rental, food, and beer). To RSVP, please call Merritt Hopper at 303-493-6234 or email stapletondadshotmail.com. Visit www.Stapletondads.com or Stapleton Dads on Facebook for more information.

August 14—Fiddle and classical violin concert
On August 14 at 2pm at St. Thomas Episcopal Church, a fiddle and classical violin/
August 27—Free to Breathe® 5K Fun Run and Walk to Defeat Lung Cancer

The 2nd Annual Denver Free to Breathe® 5K Fun Run and Walk will be held in Central Park at Stapleton on Saturday, August 27. The event unites people to raise public awareness and funding for research to defeat lung cancer. The goal is to create hope and change for those affected by lung cancer, the leading cause of cancer death in Colorado and the nation’s top cancer killer—taking more lives than breast, colon and prostate cancer combined. All proceeds support the National Lung Cancer Partnership’s research, education and awareness programs.

Event-day registration starts at 8am. A community rally will be at 8:50am. The 5K Fun Run starts at 9am; 5K Walk at 9:15am. Register for $20 online at www.FreeToBreathe.org by August 22; mailed registration is $23 (must be received by August 19); event-day registration is $25.

Central Park is located at 8775 Martin Luther King Blvd in Stapleton. To learn more, register, donate, sponsor or volunteer, visit www.FreeToBreathe.org.

On June 27 the Colorado Rapids made a special trip to the Nation’s capitol. The purpose was not to play rivals D.C. United. This time the venue was The White House and the special occasion included being honored as the 2010 MLS Champs by President Barack Obama and tutoring deserving children.

First the Rapids’ contingent took in a behind-the-scenes tour of the White House. The Stapleton neighborhood was well represented. It included the team’s Technical Director, retired Rapids’ standout Paul Bravo. “There was not a moment that I was in the White House when I was not thinking back to all those history lessons through school that explained the significance of the White House and the history surrounding it. There were a lot of great memories. The one that sticks out for me is seeing the hallway that leads into the East Room and thinking about all of those presidents who had made that same walk.” said Bravo. “I felt an enormous sense of pride and was honored to be representing our club and fans throughout the visit as champs. I hope that it is not a once-in-a-lifetime opportunity, but if it was, then it is something that I will cherish for the rest of my life.”

It was in the East Room where the team waited for the arrival of the President. The Rapids’ Head Coach, Gary Smith, escorted the President to his podium. The President, himself a “Soccer Dad,” commended the Rapids’ determination, especially after they landed the second-to-last playoff spot and then went on to earn the title. “They showed up in close games, they clawed back from behind. They just kept on winning. And when the clock ran out, the Rapids were the best team in American soccer” said Obama. He recognized several players including Stapleton’s Omar Cummings. Cummings and teammate, Conor Casey received praise for being the ‘highest-scoring forward combination’ in the league. Cummings was named to the 2011 MLS All-Star Team last month.

Managing Director and Stapleton resident, Jeffrey Plush bestowed the President with an Obama #10 Rapids jersey. “It was an opportunity of a lifetime,” Plush said of being in the immediate presence of the President. The number 10 was selected (continued on p. 21)
Vet: Keeping Pets Healthy Helps Keep Owners Healthy
By Nancy Burbkhart

Dr. Margot Vahrenwald, a Stapleton resident who just opened the Park Hill Veterinary Medical Center at 2255 Oneida St., says that keeping people’s pets healthy keeps their owners healthy.

“Holding a pet can lower your blood pressure,” Vahrenwald said. “Pets can help offer an emotional ground or an emotional experience that’s enriching somebody’s life.”

Vahrenwald said her mother always thought that her daughter would become a veterinarian. Despite that claim, Vahrenwald went into public relations and public affairs. Then, when she decided to make a career change, she remembered an experience she had when she was about 24 years old and a veterinarian impressed her with his treatment of her dog.

She graduated from veterinary school at Colorado State University and then did an internship back east. She and her husband, Chris, moved to Stapleton in 2004. They have two daughters, Savannah and Caitlin. The Vahrenwalds live with two dogs, a rescued Chihuahua named Walter and a fluffy terrier named Tober. Two cats, Burt and Misch-misch (Arabic for apricot), also share their home.

When Vahrenwald grew up in New Mexico, she had both dogs and horses as pets. However, in her practice, she only treats dogs, cats and “pocket” pets like ferrets and guinea pigs. She doesn’t care for reptiles or birds, but does have friends with chickens, so she has become knowledgeable about their care, she said.

“We’re a vet practice with a personality,” Vahrenwald explained. “We’re just a little bit fun and a little bit quirky. Our goal is to deliver the highest level of care for our patients. The biggest thing we do is improve the quality of life for our patients. We want to make them as healthy as possible for as long as possible. And, by doing that, we’re helping clients be healthier, too.

“People get nervous going to the doctor, and when a lot of animals go to the veterinarian, it’s the only time that they leave home. They’re not that excited to come to the vet,” she said. “I sit down on the floor until they’ll come to me, and I give them treats. I try to make the animal feel less stress about coming to the doctor.”

For information or to make an appointment at the Park Hill Veterinary Medical Center, 2255 Oneida St., call 303-388-2255 or go to www.parkhillvet.com. Email Dr. Vahrenwald and the medical center at moreinfo@parkhillvet.com.

A grand opening celebration will be held Saturday, August 6 from 10am - 2pm. Activities will include tours, mock surgery for kids to watch, goodies for people and pets, face painting and tattoos.

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NOTICE OF PUBLIC HEARING

Martin Luther King Jr. Boulevard Extension from Havana to Peoria

Wednesday, August 17, 5:30 p.m.—Central Park Recreation Center

A public hearing for the Martin Luther King Jr. Boulevard Extension Environmental Assessment will be held on Wednesday, August 17, 2011 from 5:30 p.m. to 8:00 p.m. at the Central Park Recreation Center, Community Room located at 9651 East Martin Luther King Jr. Blvd., Denver, CO 80238. An informal open house will be held between 5:30 and 6:00 p.m. The formal public hearing will begin at 6:00 p.m. and last until 8:00 p.m. or until everyone’s input is received.

The purpose of the hearing is to present the planned improvements to Martin Luther King Jr. Blvd. between Havana Street and Peoria Street. The proposed improvements would widen the roadway to four lanes, with a center median. A 10-foot wide multi-use path and a 5-foot equestrian trail, separated from the roadway by a native vegetative strip/buffer, would be constructed on the north side of the roadway. A 8-10-foot wide multi-use path, separated from the roadway by a landscaped tree lawn, would be constructed on south side of the roadway. Additional rights-of-way acquisition would be required. Mitigation for impacts to prairie dog habitat would be required. Relocation of Sand Creek Regional Greenway trail near Peoria Street would also be required.

All interested citizens are invited to attend this public hearing. Copies of the Environmental Assessment will be available for review. Written and verbal comments will be received at the hearing. Written comments also may be submitted in person, mail or e-mail to Dennis Arbogast, URS Corporation, 8181 E Tufts Avenue, Denver, CO 80237; dennis_arbogast@URS corp.com.

Comments must be received on or before September 2, 2011 in order to become a part of the official hearing record.

Copies of the Environmental Assessment are available for review at:

–Colo. Dept. of Transportation, Region 6, 2300 S Holly St, Denver, CO 80222
–Federal Highway Administration, 12500 W. Dakota Ave., Lakewood, CO 80228
–Stapleton Water Center, 4740 East 29th Ave., Denver, CO 80216

Persons interested in attending the hearing who have special communication or accommodation needs are encouraged to contact Dennis Arbogast at (303) 796-4751. Requests should be made at least 72 hours prior to the public hearing. Every reasonable effort will be made to accommodate these needs.

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DSST Public Schools Receive $7 million to Expand

By Carol Roberts

DSST Public Schools (DSST) recently received a $7 million commitment from John C. Malone, PhD, chairman of Liberty Global, to help fund expansion of its network of public charter schools. The $7 million commitment is comprised of a $4 million gift in 2011 and an additional $3 million in matching funds for new money raised by DSST through 2013. The grant from John Malone is the largest in DSST history. Bill Kurta, CEO of DSST Public Schools, said the funds will support their vision of helping double the number of four-year college-ready graduates from Denver Public Schools by 2020 and support the opening of new schools across Denver.

DSST Policy for Stapleton Enrollment

Since the school was built on land in Stapleton donated by the master developer, Forest City, Stapleton residents are offered enrollment preference that phases out gradually over the next 10 years, according to Christine Nelson, DSST Chief of Staff. However, the requirement stated in the school’s charter that commits them to accept 40 percent free- and reduced-price lunch students takes precedence over all automatic admittance categories. Sibling, Staff and Founding Family preferences also take precedence over the Stapleton residency. All students must submit an application by the application deadline (late January) regardless of automatic admittance preference.

One hundred forty students are accepted into the 6th grade. In grades 7, 8, 9 and 10, the number of students selected depends on the number of spots that become available due to students transferring out of DSST or repeating a grade. No students are accepted in 11th or 12th grades. The number of spots varies but is estimated to be between zero and 15 per grade.

About DSST Public Schools

DSST Public Schools (DSST) operates open-enrollment STEM (science, technology, engineering and math) charter schools and is part of the Denver Public Schools (DPS) district. DSST currently serves approximately 1,500 students with five schools on three campuses. DSST has been approved to open five additional schools on three campuses over the next five years. At full enrollment, DSST Public Schools will serve over 4,400 students, and will nearly double the number of four-year college-ready DPS graduates by 2020.

DSST: Stapleton has consistently been the highest-performing high school in DPS, based on growth and absolute performance. DSST: Stapleton’s first four graduating classes earned 100 percent acceptances into four-year colleges. DSST: Stapleton has consistently been the highest-performing high school in DPS, based on growth and absolute performance. DSST: Stapleton’s first four graduating classes earned 100 percent acceptances into four-year colleges. DSST: Stapleton Middle School was one of six middle schools nationally to earn an EPIC award for outstanding student growth and achievement results.

Students are selected to attend DSST through a random lottery; there are no admissions criteria. Additional information about DSST Public Schools, including an application, is available at www.dsspublicschools.org.

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August 2011
H G T V  Green Hom e in Stapleton  G oes to New Jersey Resident

N ew Jersey resident Debbie Stolte, a former special education teacher’s aide, won the H G T V  Green Home in Stapleton. Her grand prize package includes the eco-friendly home in Stapleton, a 2011 GMC® Terrain® and $100,000. Stolte was particularly excited because she has been out of work. She had entered the giveaway twice a day online throughout the entry period and her name was chosen from more than 22 million entries.

Forest City Stapleton, Inc. contributed the gross proceeds of the ticket sales to tour the home, $54,600, to Urban Peak, a local non-profit organization that provides a variety of services including shelter and meals, education, employment, housing, and medical care to help homeless young people.

The two-story H G T V  Green Home has approximately 2,400 square feet of living space, three bedrooms and 2 1/2 baths. The home received a Platinum LEED® certification—the highest rating a home can earn within the Leadership in Energy and Environmental Design program that acknowledges the energy efficiency of homes. H G T V  viewers can see Stolte’s surprise reaction when she learned she was the winner and see her receive the keys to her home on the nationally televised special, H G T V  Green Home Giveaway 2011, on Saturday, August 20 at 8 pm ET/PT (6pm Mountain Time, unless otherwise listed on the local schedule). In addition, they can view a 360-degree virtual tour of the home at HGTV.com/greenhome. Information provided by H G T V .

Can Exercise Help Adolescent Depression?

By Andrea Dunn, PhD

There is increasing evidence that exercise may help reduce symptoms of depression and may also be a useful coping strategy for adolescents. An ongoing study on the role of exercise to treat depression in adolescents is being conducted with participants at Denver Recreation Centers, including Montclair in northeast Denver, and additional participants can still become a part of this study.

Adolescent depression has become a major public health problem with one in 33 children having clinical depression (Mental Health America). According to the National Research Council and Institute of Medicine, the age at first symptoms is around 11. However, the first diagnosis of depression is typically not until the age of 15. Even then, less than 20 percent of teens receive the treatment they need. Depression left untreated is linked to school failure, impaired social functioning, teen pregnancy and suicide.

Adolescents may not show signs of depression in the same way as adults and each child is different. Some adolescents may show signs of hopelessness, have a lack of interest in the things around them such as friends or family, or are unable to concentrate. Other adolescents may express their symptoms through their irritability and agitation. These expressions of irritability and agitation can manifest themselves in the form of being fidgety, restless, or moving around more or less than normal. Or a child’s depression can be expressed through isolating him or herself from others and spending hours watching TV, playing video games or being online on the Internet. While most adolescents display some of these behaviors, symptoms of depression are usually longer lasting.

Two common forms of treatment are medication and talk therapy—and now there is evidence that exercise may also help. It is important to remember that treatment is a process of trial and error. If one option does not work, parents should pursue another option until the best match is found for their child.

If you are interested in learning more about the study investigating the role of exercise to treat depression in adolescents, please contact Project Coordinator Jennifer Cummings at 303.565.4521 x3673 or visit www.DOSEforTeens.org. The staff working with the participants at recreation centers include clinicians, supervised by Dr. Dan Biehl, a child psychiatrist and director at Jefferson Center for Mental Health, and trained recreation therapists. The study is being funded by a grant from the National Institute of Mental Health.

Dr. Andrea Dunn is a senior scientist at Klein Buendel, Inc., a research firm specializing in the development and evaluation of programs to change health behavior and prevent chronic disease. Dunn earned her doctorate in exercise science from the University of Georgia and was a post doctorate fellow in the Department of Psychiatry at the University of Colorado Health Sciences Center. She has been studying and publishing on exercise treatment for depression since 1993.
Stapleton Recycling Event

By Caroline Bataworse, LEED AP

Finally, the day you’ve all been waiting for is almost here! SUN is very proud to announce the Stapleton Recycling Event. This event is open to all and will take place on Saturday, September 3, from 10am–2pm at the Sun’s Club parking lot. The following items can be recycled:

- Electronics
- Clothing, shoes, bedding, towels, drapes and organizations.
- Books, CDs, DVDs and VHS tapes
- Mattresses and box springs
- Metal pots and pans
- Paints
- Latex paint
- Mixed paint
- Tree disks
- Mechanical Recycling
- Red Apple Recycling
- King Soopers

Stapleton Recycling Event will accept good condition items that will be donated to needy schools and other organizations.

F up dates and other items will be collected by Alpine Waste.

Trees and bike accessories will be collected by City Floral. You can also drop them off at their store at your convenience.

To add some excitement to this event (as if it’s not exciting enough), we will have music and yummy food sold by the Deluxe Street Food Truck and OINK BBQ. Finally, what would a fantastic recycling event be without a raffle? We will have a $100 gift basket, courtesy of Vitamin Cottage; and one-hour ($75 value) of free home or office organizing, an in-kind donation from Meghan Merkley of Simply Put, Organizational Solutions for the Home, LLC.

If you’re not sure you’ll be able to recycle an item or if you need financial assistance, please email SUN. We don’t want the small fees associated with the recycling of certain items to prevent anyone from participating. Check out our website at www.stapletonunitedneighbors.com/sustainability for a complete up-to-date list of items that will be accepted, as well as each company’s website and other pertinent information. See you in September!

Caroline Bataworse is a SUN Board member and chair of the Sustainability Committee. She can be reached via email at SUN@sustain ability@gmail.com. She is an architectural designer accredited to LEED (Leadership in Energy and Environmental Design).
Q: What are the steps for a safe stop at 33rd and Central Park Boulevard? Children from Central Park North will be walking to the Swigert-McIntosh International School and this large intersection has the potential to be a busy traffic area and could be dangerous for pedestrians as well as drivers.

A: Central Park Boulevard and 33rd Avenue has been identified in planning documents as a "future signalized location." However, at this time, no construction plans have been submitted and no timeline has been set.

Traffic Engineering Services (TES) will continue to observe the school as it opens, becomes active and as traffic patterns adjust. TES will evaluate traffic control, adjustments to parking, circulation, and signal timing. As Stapleton is able to build out more of their land, traffic conditions will change and the City of Denver will work with Stapleton to fix any issues that may develop.

Denver Public Schools and the school administration are responsible for the "safe route to school." Currently, 33rd does not have any sidewalks between Central Park and Syracuse. Properties along 33rd Avenue are planned to be under construction for the foreseeable future. A signalized crossing of Central Park Boulevard is provided at 35th, where there is a sidewalk, although there is no 33rd Avenue.

Answer provided by Brad Chodich, City of Denver Special Project Coordinator, Brad.Chodich@denvergov.org.

3. Put your bike wherever you can get to it quickly. By and your bicycle can be seen easily.

2. Lock your bike to something that's permanent.

1. Write down your bike's serial number and registration. Or register it at a Denver Cop Shop.

Bicycle Theft Prevention

www.denvergov.org -> type "bicycle registration" in the search box in the upper right corner. Or register it at a Denver Cop Shop.

Information provided by Technician Ryan Reynolds, Denver Police Department, Community Resource Officer, 720-913-1094.

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RANCHMASTER FENCE & DECK

- 720-396-7793 or email windstar09@comcast.net.

RED WING CORP.

- 303-880-2946.

REMOVALS

- 303-399-6912.

RUSTIC STYLE METAL SIGNAGE

- 303-880-2946.

RUSTIC STYLE METAL SIGNAGE

- 303-880-2946.

SPLIT RAIL FENCE & DECK

- 720-396-7793 or email windstar09@comcast.net.

STAPLETON'S RESIDENTIAL OWNERS ASSOCIATION

- 303-399-6912.

STAPLETON'S RESIDENTS ASSOCIATION

- 303-399-6912.

TOWING

- 303-399-6912.

TUGBOAT/BOAT REMOVALS

- 303-399-6912.

UNSTABLE MOUNTAIN REMOVALS

- 303-399-6912.

WOOD FENCE & DECK

- 720-396-7793 or email windstar09@comcast.net.

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WOODEN FENCE & DECK

- 720-396-7793 or email windstar09@comcast.net.

WROUGHT IRON FENCE & DECK

- 720-396-7793 or email windstar09@comcast.net.

YARD MAINTENANCE SERVICES

- 303-880-2946.

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- 303-880-2946.

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- 303-880-2946.
Upcoming Public Meetings

Public Comment is Invited

Wednesday, August 17 – 5:30pm
Martin Luther King Jr. Boulevard Extension from Havana to Peoria
Location: Central Park Recreation Center
For more information see legal notice on page 22.

Tuesday, September 1 – 5:30pm
Proposed Amendment to North Stapleton General Development Plan (GDP)
Location: The Shops at Northfield, 2nd Floor, Blvd. J (enter between Brookstone and Perfumania)
Following are some of the changes in the proposed amendment since the map printed in the June Front Porch:
Eliminated the farm as true open space
For purposes of this approval process, eliminated all in-tract open space other than the performance green and the apartment pool area
Added the trunk open space south of Northfield Blvd.
Shifted the elementary school to the northeast
Added an open space connection to the west from the performance green
Cleaned up the Dallas alignment to make the open space more functional and eliminate an unnecessary street
Deleted in-tract streets
Reconfigured the north 56th sports complex
A map showing the proposed North Stapleton GDP amendment is posted at www.frontporchstapleton.com.

Ready Yourself
Remove distractions like toys and games from the desk. Gather, sort and contain school supplies. Keep it simple but stocked with essentials. Check the teacher’s web page for a supply list. Search after-school activities your kids are interested in and schedule doctor visits now.

Ready Your Kids
Start two weeks before school begins with bedtime. Use different colored pens for each family member. Over time your family will know where to keep track of schedules. Establish a “launching/landing pad” area. It could have lockers or be as simple as a set of hooks with a shelf, a storage ottoman or cabinet. The point is to create an area that will keep school papers and other supplies used for supplies and moved easily for a roaming child.

In a spot near everyone’s stop on the way in and out of the house, designate a “launching/landing pad” area. It could have lockers or be as simple as a set of hooks with a shelf, a storage ottoman or cabinet. The point is to create an area that will keep school papers and other supplies used for supplies and moved easily for a roaming child.

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Ready Your Space
Remove distractions like toys and games from the desk. Gather, sort and contain school supplies. Keep it simple but stocked with essentials. Check the teacher’s web page for a supply list. Search after-school activities your kids are interested in and schedule doctor visits now.

In a spot near everyone’s stop on the way in and out of the house, designate a “launching/landing pad” area. It could have lockers or be as simple as a set of hooks with a shelf, a storage ottoman or cabinet. The point is to create an area that will keep school papers and other supplies used for supplies and moved easily for a roaming child.

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France, South Africa and New Zealand. SMIS is named after NASA Astronauts John “Jack” Swigert, Jr. and Christa McAuliffe. Swigert grew up on Kearney Street in Park Hill and learned to fly at Combi Aircraft located at Stapleton Airport. He studied engineering and business and he flew for the U.S. Air Force.

In 1966, Swigert was one of 19 astronauts selected by NASA to join their manned space exploration program. He served on the astronaut support crew for the Apollo 7 mission and ultimately was assigned to be the Command Module Pilot for the legendary Apollo 13 moon-landing mission. In 1970, he was awarded the Presidential Medal of Freedom and the NASA Distinguished Service Medal. In 1982, Swigert was elected to represent Colorado in Congress, however, he died eight days before the beginning of his term.

Christa McAuliffe was a distinguished history and social studies middle school teacher in Maryland and New Hampshire whose students referred to her as “a marvelous teacher who made their lessons come alive.” She was known as the “Field Trip Teacher” and was convinced that direct experience was the most effective teaching tool. In 1985, McAuliffe was selected to be the first NASA Teacher in Space and was assigned to be the Payload Specialist on the Space Shuttle Challenger. McAuliffe and her crewmates died on January 28, 1986 when the Challenger exploded soon after launch from the Kennedy Space Center. Her shuttle flight was to have been her “Ultimate Field Trip.”

The Swigert-McAuliffe International School is located at 3480 Syracuse Street. Visit smischool.wikispaces.com or call 720.424.4800. Email Principal Raish at charles_raish@dpsk12.org and Administrative Secretary Krystie Warlum at krystie_warlum@dpsk12.org. The International Baccalaureate Primary Years website is www.ibo.org/pyp/ or visit the DPS Primary IB website at http://curriculum.dpsk12.org/psp/PostSecondary/ib/primary.html.
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<td>$8.50 lunch special - Andy's Mom's Tuna Melt</td>
<td>Live music - Outta My Alley @ 9pm. Wine Dinner featuring CD wines, 7pm entry at 9pm.</td>
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<td>$8.50 lunch special - Scallion Tuna Burger</td>
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