By Courtney Drack-McDonough

The eagerly awaited Sam Gary Branch Library celebrates its Grand Opening Celebration from 9am–5pm on Saturday, August 11. (See sidebar for schedule of activities). Perhaps no one is more excited than Kit Cusker, senior librarian, and Kristi Harder, librarian, who have been anxiously awaiting the opening of the new library. Harder and Cusker, who are part of a 19-person staff, think there will be a few things that may surprise people. “The building looks a lot smaller outside than it is on the inside,” says Harder. “And, it’s full of nice, new, yummy good stuff!” Cusker feels people will be surprised by the amount of technology at this branch and the mid-century modern feel to the architecture and furniture. The structure was “built green” and is aiming for Gold LEED certification with VOC paint, recycled carpeting, and fixtures that encourage and diffuse natural light. Clear panels in various spots on the floor reveal the inner workings of the heat and water system below; something interesting to see but also required for LEED certification.

By Carol Roberts

“Having grown up like that I’ve realized how important it was for people to be able to be self-sufficient if they could be.” So 47 years ago, when Haynes saw an opportunity to help create preschool and childcare options for low income families, she jumped in and has been a worker and advocate for the cause ever since—and her efforts have changed the lives of countless children.

Harper and Cusker, who are part of a 19-person staff, think there will be a few things that may surprise people. “The building looks a lot smaller outside than it is on the inside,” says Harder. “And, it’s full of nice, new, yummy good stuff!” Cusker feels people will be surprised by the amount of technology at this branch and the mid-century modern feel to the architecture and furniture. The structure was “built green” and is aiming for Gold LEED certification with VOC paint, recycled carpeting, and fixtures that encourage and diffuse natural light. Clear panels in various spots on the floor reveal the inner workings of the heat and water system below; something interesting to see but also required for LEED certification.

Harder says this library’s design is one of the most open and inviting she’s ever seen, noting that bookshelves at varying heights contribute to that feeling. Bookshelf height also hints at the intended age range of books to help create preschool and childcare options for low income families, she jumped in and has been a worker and advocate for the cause ever since—and her efforts have changed the lives of countless children.

The topsy-turvy library was named by two sets of donors; one was the family of Bill and Mary Stapleton and the other was the King Family Children’s Exploration Area and the Stapleton Pediatrics Children’s Reading Area, which are two of the many spaces named for major donors to the library. Naming opportunities for other spaces are still available.
The Stapleton Summer Strolls will continue every Friday from 5:30–8:30pm. Stroll down 29th Avenue Parkways and get to know other people in the community!

First Friday Flights
Awaken your wine senses and dive into this educational opportunity. The third wine tasting will be held at F-15 on Friday, August 3 and will showcase wines from France. Tastings are divided into sections around the pool—featuring a new wine (provided by The Grape Leaf), sommelier and an assortment of cheese plates (provided by Whole Foods Market–Cherry Creek). Tickets are $10 for Stapleton residents and $20 for nonresidents. All patrons must be at least 21 years of age and present a valid ID to enter.

Concerts & Movies
The outdoor concert series continues through August, on The Green. Performances by local favorites Control Tower and Deroso are scheduled for Saturday, August 4. Tommy & The Tangerines and Chris Daniels & The Kings will perform during the Stapleton Beer Festival on Saturday, August 18. Local food trucks will be stopping by and concerts will begin at 5pm. The Help is scheduled for August 10. The Lorax will be featured on August 24. Games 2U will be joining us during movie nights with two inflatable hamster balls! A concessions stand will be available and will benefit local nonprofit organizations. Popcorn, candy, sodas and water will be offered at the stand. Movies will begin at dark.

Yoga on The Green
Love Yoga Colorado will now be offering yoga classes every day on Mondays and Wednesdays at 9:30am and 6pm! Experience a mind/body connection through movement and breathe in the beautiful natural wonder of outdoor Denver. Appropriate for all levels. Bring a yoga mat, beach towel and water. A yoga block and strap may enhance your practice. For more information about these classes, visit loveyogacolorado.com.

Active Minds Seminar & Potluck
Princess Diana: 15 Years Later It will be 15 years this August since the death of Princess Diana. Join Active Minds as we review her life and legacy. We will cover her rise to royalty, including her troubled marriage to Prince Charles. We will look at the two issues she championed: AIDS and landmines. We will conclude with a look at her tragic death and the lasting impact she has had on the world.

This is a potluck event! Please bring an item to share. Beverages, plates and utensils will be provided. The potluck will begin at 6pm and the seminar will start at 7pm on Tuesday, August 9 in the MCA Community Room. Active Minds seminars are free and open to the public!

Tchaikovsky's Triumph! It's hard to avoid the glorious music of Tchaikovsky. Each holiday season, The Nutcracker seems to be everywhere. We feel our hearts race whenever we hear his 182nd Overture and we're moved by each hearing of the eternally romantic Swan Lake. Learn about Tchaikovsky's remarkable and tragic life as you listen to the music, familiar and unfamiliar works by this musical giant.

The last music seminar begins on Sunday, August 26 at the F-15 Pool. The seminar will begin at 10am and will follow with a potluck brunch at 11am. Please bring an item to share. Drinks, plates and utensils will be provided. No prior musical knowledge is required. Please RSVP for all music seminars at the Stapleton MCA at 303-388-0724.

Kids Triathlon
The Kids Triathlon is scheduled for Sunday, August 12 at the Jet Stream Pool. Space is limited for this event. Participants will be divided into two age groups (ages 6–8 and 9–13). Registration is $40 per participant and athletes will receive a T-shirt, timing chip, finishers’ medal and a swag bag. We need adult volunteers for this event! Please email Dmead@stapletoncommunity.com if you would like to volunteer. For more details about this event or to register, visit www.stapletoncommunity.com. Each age group will have a limited number of entries, so register today!

Stapleton Beer Festival
This event brings the community together to celebrate! Come and sample Colorado's finest beer and some fabulous food (provided by local food trucks). The Stapleton Beer Festival is on Saturday, August 18 from 4pm–9pm on The Green. Enjoy live music at The Green and find a new favorite beer at one of the 15 selected breweries. Tickets are only $35 and include a commemorative tasting glass, food truck coupons and tastings at the booths! To purchase tickets, visit www.stapletoncommunity.com.

If you have questions or would like more information about the events above, please contact events@stapletoncommunity.com, visit our website at www.stapletoncommunity.com or call the MCA Office at 303.388.0724.

Stapleton Beer Festival is sponsored by Stapleton Front Porch, LLC, 2566 Syracuse St., Denver, CO 80238. 33,000 papers are printed. The free paper is distributed during the first week of each month to homes and businesses in Stapleton, Park Hill, Lewry, Montclair, Mayfair, Hale and East Colfax.

Front Porch
The Stapleton Front Porch is published by Stapleton Front Porch, LLC, 2566 Syracuse St., Denver, CO 80238. 33,000 papers are printed. The free paper is distributed during the first week of each month to homes and businesses in Stapleton, Park Hill, Lewry, Montclair, Mayfair, Hale and East Colfax.

Events & Announcement

Photo from the 2011 Beer Festival on the Green in Stapleton.
Viva Streets
(continued from page 1) Viva Streets is a ciclovía. The word is Spanish for a bicycle path in Colombia, and today describes a ritual during which people reclaim the city streets. With the street closed to motorized vehicles, event attendees will be able to bike or walk on the street to enjoy food, health classes, bike safety activities and many other events. Last year’s event was attended by about 7,500 people.
“The purpose is to showcase the role of our city streets as being a key part of a healthy city,” said Tracy Boyle, vice president of marketing and communications for LiveWell Colorado. “It’s a combination of encouraging people to use their streets, get out and be more active,” she said. “Also it’s partnering with the city to encourage more pedestrian and bike-friendly use for the streets in the future.”

The second annual Viva Streets event starts with a bike parade at East 23rd Ave. and Kearney Street.
“We encourage everyone from the very young to the very old to decorate their bikes,” Boyle said. “It’s a fun, friendly community atmosphere. We have dancing, yoga, food, an activity tent to learn healthy cooking, and a giant health mobile learning lab where families can learn about how to be healthy. There also will be bike safety activity areas.”
Other events will include a Cigna Go Your! Wellness Zone, a Delta Dental Healthy Smiles Photo Booth, yoga, Zumba, B-cycles, a face painter, water station, garden demos, kids bike rodeo and activity zone, classic bike display, Nuggets Fun Zone, jump rope demos, health screenings, food trucks and bike mechanics. All these events will be in the middle of East 23rd Ave. and at Fred Thomas Park at East 23rd Ave. and Quebec Street.
LiveWell Colorado’s mission is “to create an atmosphere that nurtures education and policy, social and environmental change” by paying “special attention to underprivileged communities and working toward making healthy lifestyles a reality despite physical and mental barriers.”
Volunteers are needed to help with the jobs listed below: To sign up, go to www.vivastreet.org.
Roving Marshals who patrol intersections to give directions.
Activity Zone Volunteers will work either the morning or afternoon shift to help guide people to events.
Hospitality Volunteers will check in volunteers, give them supplies and lunch.

STEP OUT AND GET YOUR SUMMER ON!
36th Annual Horsefeathers Classic Car Show
August 4th • 10am–3pm • Northfield’s Main Street
• Mustangs, T-Birds, Falcons and more • Main Street DJ • Silent Auction
• Northfield Stapleton giveaways

Get prepped for school with Northfield Stapleton
August 11th • 10:30am–1:30pm • Northfield’s Main Street
Join us on Northfield’s Main Street Plaza for a day of back-to-school fun, fashion and giveaways!
• “Be late in the Bieber Fever” with
• Check out fall’s hottest looks for every age
• Teen Vogue giveaways
• Text to win back-to-school shopping gift cards

The Shops at
NORTHFIELD
STAPLETON

Over 60 specialty shops and restaurants, including:
• Target • Buckle • Charlotte Russe • JCPenney • Macy’s • Justice • Old Navy • Finish Line • Charming Charlie • and much more

For details visit NorthfieldStapleton.com or call 303-375-5475.
The Berkshire restaurant will be featured on Two TV Shows

By Courtney Drake-McDonough

G o ahead, ask the folks at The Berkshire Restaurant (www.thberkshirerestaurant.com) for their autographs. They won’t mind. Owner and operator Andy Ganick and his staff were chosen to be on two new Travel Channel shows. “All You Can Meat” premieres mid-August, and “Bacon Paradise,” part of the popular Food Paradise series, makes its debut in the fall. Filming took place earlier in the summer and it was an experience that taught Ganick how tough it is to be a star.

“We hear actors and actresses complain about the rigor of filming and you think ‘Oh, cry me a river,’ but it was pretty rigorous,” he recalls. When it was over, he was surprised by how exhausted he was. “It was more of a collapsing than a sitting down.”

For both shows, the crew worked from around 11am to 10pm. “They would film hands going to mouths, plates of food, preparing and re-preparing things, microphone checks and interviews,” explains Ganick. Filming was especially tough because the nearly five-year-old restaurant was open for business during filming. They had to stop sending food out from the kitchen for short periods, but diners didn’t seem to mind, especially since some were filmed and interviewed.

Ganick was first approached by the shows several months ago. It was purely coincidental and rare that two shows from the same network were interested in the same restaurant. Meat was the theme for both, so when Travel Channel staff started searching for restaurants to feature, their search for “Denver restaurants,” “meat” and

(continued on page 6)
Interview by Steve Larson, edited by Carol Roberts (Editors' notes are in italics)

Q: You grew up in New York City and were in the Merchant Marine. How did your background shape the person you became? Sam Gary: I've tried to answer that question and came to the conclusion I would call the story “I've never done anything on purpose” because it seems like so many of the things I've done and places I've been were not based on some predetermined sense of “This is what I ought to do,” and there was probably a lot of what I shouldn't have done.

Toward the end of World War II, I found myself in Yugoslavia and Italy and other places and saw the population that was left in a defeated country in terrible disrepair—children and families that had nothing. I really hadn't been exposed to a lot of that. So I couldn't celebrate anything, it just had an impact on me. She was very young and didn't know better, so we ended up much to her parents’ dismay, getting married. I loved to fish and hunt and ski, so we decided to take a look at the bigger world and we drove out to Denver. In the middle of the night we drove down Colfax and stayed in the Firstmous Motor Court.

I was interested in looking for oil. It's kind of like hunting and it seemed like that was something I could do. But I didn't have very many qualifications. Marvin Davis was also from New York and I got a very menial job over there doing some field work in the land department. I was a scout, actually, and you'd go out and get information. There were hundreds of pigs going in this area, so if someone were successful and you knew about it, there was land you could buy and things you could do. And there were other parts: buying leases, settling damages and dealing with the authorities—so that's what I did for awhile.

Q: Then you started your own oil exploration company? SG: I heard you had 10 dry holes.

SG: There were 22. Drilling dry holes is not a sin in the oil business and it allowed me to become more involved in different parts of the oil business. I had the feeling there was a very strong need to have a more imposing resume than the one I had. So I decided the thing I really wanted was to go into the best building in town. I had the smallest office there and it didn't have any windows. It was originally designed as a closet.

In the yellow pages there were millions of independents, but there was a special category there—oil producers. I started putting these deals together and I was pretty far at it and was getting wells drilled. But I had the same problem—dry holes. I was having pangs of conscience about my name, oil producer, but then I found a small well and decided to keep my business name, Samuel Gary, oil producer.

Leases were much more expensive in Wyoming because there was much more oil in Wyoming and there was hardly any in Montana. Then the industry turned down and I went up to Montana and started drilling just north of the state line. I knew that oil didn't stop at the state line (although I damn near proved it didn't) and started drilling these wells. I had been back there and had sworn it off three or four times. But I ended up drilling one more time because a small well I had drilled three miles south of the border was productive. So all my pledges went out the window and I went up and put together another deal. That was one of the wells that discovered Bell Creek, which at that time was the 67th largest in the country and we owned most of it, in large part because I couldn't sell any more.

Q: How did that change your life? SG: I became very engaged in getting it drilled up. We retained the operations up there. I'd be damned if I'd turn my operation over to a major oil company. It was a pristine area and I had a strong commitment not to leave it a mess. We had to bring a lot of people in to operate this thing, 400 wells over a wide area and no other resource until a town 45 miles down a dirt road—and not much at the town. I ended up building a little town there. Instead of the typical trailer, I built a school and a store and it had some community activities. (Editors note: Sam Gary worked with an architect to create a land use plan to create a company town with modern buildings for the people there...his first work in community development.)

It was easy because it was a very small community and it was existing there. One of the interesting things was that, unlike a lot of oil towns where there's a lot of conflict with the ranchers, this thing worked beautifully. There was a strong sense of community there. I felt a part of it—Bell Creek Town (built in 1967). That field has produced almost 200 million barrels of oil. It's depleted but with new technology they're going back in so it's not through yet. But if you were to go there today, you'd never know there was an oil field there. It's beautiful.

Q: What led to the Piton Foundation? SG: We had enough money to get by, but suddenly this plethora of wealth descended on me. It became very clear to me that it was more money than I needed or could use. I thought I should give some of this back somehow. The lawyer said I should start a foundation. So I did—Piton Foundation. They don't use pitons anymore—they put holes in the rocks. But I decided I wasn't going to change the name. Pitons help people move up. I thought symbolically that works.

I really was not particularly anxious to take on anything else because I had a lot of stuff. But I think there may be some connection going back to the Coast Guard and seeing that. So I started giving money away and ended up with a fairly large staff of people—and I really kind of got hooked (continued on page 19)
Berkshire on TV

(continued from page 4) "bacon" led them to The Berkshire. Ganick was interviewed by phone and was test-filmed to gauge his stage presence. He then received word that The Berkshire had been chosen.

As interesting as Ganick and The Berkshire may be, the food was the star of both shows. The producers wanted to feature the Hangover Helper, a plate of bacon with a Pabst from the weekend brunch menu, but Ganick insisted there wasn't much to show in terms of creation with that one. Instead, he suggested items that showcased bacon but were also more involved and aesthetically pleasing, such as the Heritage Breed Bacon Flight, bacon four ways (garlic, caramelized bananas and crispy bacon; and the Bloody Mary with bacon vodka and a bacon straw. "Nine times out of 10, they went with my recommendation," Ganick says.

Mary with bacon vodka and a bacon straw. “Nine times out of 10, they went with my recommendation,” Ganick says. “I watch a lot of food shows so I had an idea of what to expect and what they needed.” Throughout both experiences, Ganick didn’t feel he had anything to prove.

heart and is about concepts I’ve created here with the help of staff,” he explained. The menu comes “from what I thought of years and years ago when I’d scribble down ideas on the back of a gas receipt while on road trips with my buddy. A lot of it is ingrained in me so I didn’t feel like I had to act.”

One of the things that intrigued the producers most about Ganick was that he’s “a nice Jewish boy who grew up to own a pork restaurant.” Ganick says, laughing. If he views it from a psychological standpoint, Ganick figures he was drawn to open a pork-centric restaurant because the meat was forbidden fruit growing up. “Plus, there just aren’t many people out there who don’t love bacon, sausage and pork chops. What’s not to like? It’s such tasty food!”

Ganick and his staff are honored to be on national TV and to be on the level of some of the more prestigious restaurants in the country. Ganick is also excited that both shows shot video of the neighborhood, which will give Stapleton attention and recognition. “I’m glad they’ll be showcasing this great neighborhood that’s a model for up-and-coming communities.”

Local Author Just Wants Us All to Relax

By Courtney Drake-McDonough

“I’m so stressed out!” How many times have you heard someone say that? Or maybe that was you talking to yourself in the mirror this morning. Being under a lot of stress seems to be the natural condition for most of us these days.

“Ours levels of stress are much higher than they’ve ever been, mainly because the pace of life has increased and we have less downtime,” says Sandra Thébaud, PhD, Stapleton resident, author of the new book, The Art of Loving Life, and founder of Paramount Transitions, a stress management resource company. “What little downtime we do have gets filled with guilt over not using the time to be productive.” Thébaud says people don’t realize that taking time to recharge and recover from stress is productive.

Thébaud has made it her business to help people manage stress. Through Paramount Transitions (http://paramounttransitions.com/), she works with companies to provide stress management training to their employees that she says has a “return on investment in terms of increased productivity and morale and decreased conflict.”

When she first started working in the field, as a Navy psychologist, Thébaud found that there were misunderstandings and myths people unconsciously believed that kept them from reducing their stress to the lowest level possible. She decided to focus her workshops on helping people discover their beliefs about stress while learning effective stress management.

When Thébaud wrote The Art of Loving Life, her challenge was how to make it as powerful in book format as it was in her workshops. She feels she accomplished that through her conversational writing style. “I didn’t want the book to be an academic style of presenting information but instead, wanted readers to feel like I’m talking directly to them and understand what they’re going through.”

What people are going through, Thébaud says, is stress caused by a wide variety of factors. In the workplace, she says issues with co-workers are the biggest stressor, followed by deadlines and trying to balance home and work, especially for women and single parents, saying “It’s a delicate balance that’s never fully met.” The stressors in one’s personal life tend to be more varied and unique to the individual. “It can range from illness to neighbors to in-laws to finances.”

We’re most familiar with the negative effects of stress. They can be physical such as fatigue, back pain or migraine headaches. Or mental, emotional or behavioral including pessimism, low self-esteem or increased eating.

Despite the litany of negative effects, there are some positive aspects to stress. “Too little stress causes boredom,” points out Thébaud. “But too much stress causes a type of stagnation in our development as individuals.”

We can often feel that we’re not as capable, that we’re not as good at what we’re doing. This is caused by the way we’ve learned to think about stress. “The stressors we have are real—there’s no question that they matter,” Thébaud says. “The stress doesn’t matter until we think about it in a certain way.”

Throughout both experiences, Ganick didn’t feel he had anything to prove. He then received word that The Berkshire program would be on TV.
Thebaud. "An optimal amount of stress leads to increased motivation, greater focus, clearer thinking and decision-making, higher states of alertness and a greater likelihood of reaching your goal."

In the book, Thebaud lays out terminology and then doable solutions. She explains that there are "stressors" and there is "stress" and that the first step to controlling stress is to identify your stressors. A stressor is an event such as heavy traffic, discrimination, aging or deadlines. Stress is the response of the body to any demand, she explains. The connection between the stressor and our experience of stress is the reason why what one person finds stressful, another does not. We all process events differently so the way one person processes the event of being laid off determines their level of stress. The way another person processes an argument determines their level of stress.

The differences in reaction to stress are also divided between the genders. She says men and women are equally stressed but express it differently and cope with it differently. She adds that women are more likely to express their stress and seek out social support while men repress or ignore their stress and channel their energies into trying harder to succeed at work, which, Thebaud points out, contributes to why women outlive men.

Once Thebaud helps her readers understand the mechanics of stressors and stress, she proceeds to provide doable methods to manage stress including breathing, visualization, being aware of your body's reactions and even showing gratitude. "I believe that understanding stress management is a foundation for getting through life and enjoying it as much as possible. This book is aimed at anyone who believes that life is supposed to be better than what it's like now, but just needs the skills to make it happen."

The Art of Loving Life is available on Amazon.com in paperback and on Kindle.

Courtney Drake-McDonough is a Denver-based freelance writer and editor and is practicing her deep breathing right now.

Thebaud in her "home office," a nook in the living room of her Stapleton townhome
The Denver Preschool Program (DPP) offers tuition credits that help nearly 6,000 Denver families each year send their children to the preschool of their choice. The program is open to all Denver families with a child in their last year of preschool before kindergarten, with the amount of monthly support each family receives depending on level of attendance (part-day, full-day, or extended-day), family size and income, and the quality of the preschool chosen.

The quality ratings and descriptions of more than 250 participating preschools—public and private—can be found on the Denver Preschool Program's website: www.dpp.org/preschools. Tuition credit estimates can also be calculated there.

Research confirms that students who attend high-quality preschool are more likely to do better in school and work. According to a recent independent evaluation, the vast majority of children leave the Denver Preschool Program ready for kindergarten—socially, emotionally and academically.

About The Denver Preschool Program

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The majorities of children leave the Denver Preschool Program ready for kindergarten—socially, emotionally and academically. The Denver Preschool Program independently rates participating preschools for quality so Denver families can choose the best option for their children. Last year 91% of participating four-year-olds were enrolled in top quality preschool classrooms. The program also promotes quality by offering coaching and quality improvement grants to participating preschools.

Since January 2007, the city has collected approximately $10.5 million per year in sales tax revenue for the program. For more information on the Denver Preschool Program, visit www.DenverPreschoolProgram.org. (Information provided by Denver Preschool Program.)

Participating preschools in NE Denver include:
- Anchor Center for Blind Children • Knowledge Beginnings
- Montessori Children’s House of Denver • Stapleton • Preschool School of Stapleton • Bill Roberts Elementary (DPS) • Sweitzer-Michels In-ternational School (DPS) • Waterly Creek Elementary (DPS)
- Ashley Lawry (DPS) • Mile High Montessori • Lawry Early Learning Center • Montessori Children’s Village
- Montessori Community Preschool and Kindergarten • Blessd Sacrament (Archdiocese of Denver)
- Montessori Children’s Village • Park Hill (Denver Public Schools)
- Park Hill United Methodist Church Children • Montessori Children’s House of Denver
- Paddington Station • Temple Emanuel Early Childhood Center • Stock (DPS)
- Smith (DPS) • Halliday Fundamental Acad. (DPS)

Participating preschools in W Denver include:
- Anchor Center for Blind Children • Knowledge Beginnings
- Mile High Montessori - Lowry Early Learning Center
- Montessori Children’s Village • Montclair School of Academics & Enrichment (DPS)
- Montessori Community Preschool and Kindergarten • Blessd Sacrament (Archdiocese of Denver)
- Montessori Children’s Village • Park Hill (Denver Public Schools)
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WALL STREET HAS LOST MORE THAN 45% OF THE TYPICAL INVESTOR’S MONEY—twice—in the last decade. The stock market has stagnated for 12 years and inflation has taken a 30% bite out of your dollars. Home values are back to where they were a decade ago! Let us help you!

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- Learn how to avoid the stock market rollercoaster
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This workshop will reveal the details of how these powerful, proven concepts work and are based on the New York Times best selling book, Bank On Yourself: The Life-Changing Secret to Growing and Protecting Your Financial Future.

Saturday, August 25th 10:30am-12pm
Central Park Recreation Center
9651 E. MLK Blvd., Denver, CO 80238
RSVP by August 17th to Latitude Financial Group at 720-881-8742

Wall Street has lost more than 45% of the typical investor’s money—twice—in the last decade. The stock market has stagnated for 12 years and inflation has taken a 30% bite out of your dollars. Home values are back to where they were a decade ago! Let us help you!

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Come visit the Dumb Friends League pet adoption center at The Shops at Northfield- Stapleton, where you can add a cute cat or adorable dog to your family. All adoptions include spay/neuter surgery, preliminary vaccinations and a microchip ID.

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True love is just down the street waiting for you!

Come visit the Dumb Friends League pet adoption center at The Shops at Northfield- Stapleton, where you can add a cute cat or adorable dog to your family. All adoptions include spay/neuter surgery, preliminary vaccinations and a microchip ID.
care homes as satellites to our childcare centers. We had 10 childcare centers and each of those had a cadre of childcare homes, because at that time the license didn’t allow putting infants in childcare centers,” explained Haynes. Some of these were Head Start parents who wanted to do in-home childcare. Mile High even had a cadre of childcare homes, because at that time the licence didn’t allow putting infants in childcare centers. H ayne’s daughter Happy Haynes was Denver’s first African American woman elected to City Council and is now on the Denver School Board and the Stapleton Development Corporation. Daughter Khadija co-founded The Urban Farm, was executive director from 1994–2005, and is now chair of Stapleton’s Citizens Advisory Board. Both were also active in the early planning of Stapleton.

When the money dried up for the childcare training program, Haynes says they came up with the idea of training through videos. “I remember going to Sam Gary at Piton and asking them if they would fund a video that could be used for training. Piton agreed, and the videos were used not just in the U.S, but were made in other languages and used around the world. Mile High ended up making about $100,000 a year on the sale of the videos. “Sam was the first funder of this,” says Haynes, adding, “Of course, he was the first funder of a bunch of other things.” Haynes says Mile High, along with many others (including the Piton Foundation), worked with the city to get the Denver Preschool Program approved by the voters. Twice the ballot initiative was unsuccessful, succeeding the third time in 2007. That initiative (see article at left) is for a 10-year period, when it will need to be voted on again.

Haynes stepped down from her position as president and CEO at Mile High Montessori two years ago. Now at age 78, after 47 years working in the childcare field, she says, “Even though I’ve stepped down I haven’t retired, I re-wired. I still work for Mile High Montessori as President Emeritus, I work for United Way on school readiness, and I work for the Women’s Foundation on inclusivity and diversity.” If she’s moving as fast as she talks, she may not have much time for reflection, but when she does pause we hope she can savor the satisfaction of having made countless lives better. Haynes’ daughter Happy Haynes was Denver’s first African American woman elected to City Council and is now on the Denver School Board and the Stapleton Development Corporation. Daughter Khadija co-founded The Urban Farm, was executive director from 1994–2005, and is now chair of Stapleton’s Citizens Advisory Board. Both were also active in the early planning of Stapleton.

Mile High United Way was one of the earliest supporters of Mile High Montessori. They are the oldest United Way in the country, celebrating their 125th anniversary this year. The organization identifies school readiness as a primary focus so children can enter kindergarten ready to learn and be able to read at grade level or beyond by third grade. Other main areas of focus are: having students graduate high school ready for college or training so they can enter the workforce; and having opportunities for all individuals and families to move toward economic self-sufficiency. Mile High United Way provides direct funding to 112 nonprofits in the Denver metropolitan area. For more information visit www.UnitedWayDenver.org.

New Listings by Wolfe & Epperson

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Exceptional McStain Townhome w/ 4 bed * 4 bath 2 car attached garage - New To the Market

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5280 Denver’s Magazine
Top Dentist 2008–2012

Top Dentist 2008–2012
The screaming headlines, photos of families in excruciating anguish, crosses being erected, silent prayer vigils, politicians offering redundant sympathy and wall-to-wall television and media coverage. Most people who were not directly impacted just went on about their business, their own lives. We know this is out there and can ruin our lives at anytime or anywhere, but we have become desensitized to it. The ongoing and long-lasting horror that was Columbine, just 13 years ago, has now become commonplace. To insulate ourselves, we put down the newspaper and turn off the TV and radio. We don’t talk about it around the water cooler and it is the last topic for dinner conversation. We don’t talk about it as if somehow this is a real-life video game that we can turn off. If a conversation does start, it is immediately rebutted by hackneyed statements like “it wasn’t the gun that killed those people, it was the gunman,” or “if tomatoes killed those people, would we outlaw tomatoes?” Tomatoes don’t kill people and guns are made specifically to kill. Guns with automatic triggers and large capacity magazines are killing machines meant for war and law enforcement. Why does the average citizen need access to that kind of weaponry?

If the madman in Aurora could buy only single-shot handguns or rifles, how many people in that theater would still be alive or un wounded? If he had to stop shooting and reload, someone would have had the time to be a hero and confront him. That may not help the first five or six shot, but it sure would help the last six and the 58 who were wounded. The argument that is overused by gun advocates is that everyone should be carrying a gun. Pundits asked over the weekend after the shootings why nobody in the theater returned fire? Thankfully, despite several military members being in the audience, no one did return fire. A gunfight, in a smoky, dark theater, would no doubt have ended in a disaster much worse than what did happen.

We have submitted as a nation and a society that these kind of murderous rampages are part of our life and our culture. A congresswoman is critically injured and several of her constituents die when a troubled gunman fires shots outside a Tucson shopping center. The president arrives, speaks eloquently and then returns to Washington where the conversation about trying to stop this, somehow or somehow, completely stops. Any type of conversation about gun control or regulation is a nonstarter in Congress. Politicians steer clear of it because the gun lobby is all powerful.

The Fast and Furious investigation revealed that the Mexican drug cartels purchased huge numbers of weapons in Arizona. A recent Fortune magazine article about this investigation revealed that a 28-year-old recently bought $20,000 worth of automatic weapons at a local Phoenix gun shop. The young man works at Subway and isn’t old enough to buy a beer, yet he can legally purchase automatic weapons and ammo to his heart’s content.

The murderer in Aurora who killed 12 and injured 58 bought all of his weaponry legally.

(continued on page 12)
Stapleton Has A “New” King Soopers

By Carol Roberts

The Stapleton King Soopers renovation project is over and shoppers are seeing a wide range of improvements from a more aesthetically pleasing environment to a wider range of products—particularly natural and organic products.

“I’ve always shopped there, but I’ve had to supplement by going to other places like Sunflower Market and Sprouts. I was so excited about the Boar’s Head deli counter. They have a wonderful selection of Boar’s Head products that are all natural and have no nitrates in them. The new King Soopers selection is far greater even than Sunflower Market,” says Krista Meikle, who has lived in Stapleton with her husband and two kids for over six years. “I think they did a great job with the organic produce section, there’s a lot more to choose from. They also did a great job with the prepared meat—and the sushi chef is a wonderful addition.” Meikle says the sushi was delicious and the sushi chef even “whipped up” a custom order for her while she was shopping. She hopes the store will listen to the community and be open to getting additional products that are requested. “It would be nice if there were a way that they can gather comments and feedback on different products.” She adds, “I was so pleasantly surprised when I walked in there a couple weeks ago. I think they did well.”

“Our strategy is to create stores that aren’t one-size-fits-all, because every neighborhood and every community is different and our goal is to build stores that are relevant to each community and neighborhood that we serve,” says Kelly McGannon, spokesperson for King Soopers. Asked if King Soopers has any plans to build another store on the east side of Stapleton since the Quebec store is so crowded, McGannon said there are no immediate plans to build another store in Stapleton at this time, but “their real estate group continues to evaluate the markets in every area on a consistent basis and that would be no exception to this location.”

What was it that caused King Soopers to do this remodel? “It wasn’t any one specific thing,” says McGannon. “It’s a competitive market. We have to make sure that our customers have stores that are visually appealing as well as easy to shop and that offer the products they’re looking for and a little bit more on top of that. The store has gotten a facelift. It’s like a remodel on a home. The floors are different. The cases we have the products in are updated and have a different style. There’s a new Starbucks in the store, a cheese destination, sushi, a continued focus on expanding our natural and organic products, and the convenience of a Little Clinic.” The store also has “an optimum wellness center which is a vitamin shop, a store-within-a-store concept. It will be a separate area that allows us to expand on more varieties of those types of items.”

Changes have also been made in the checkout process to improve the overall customer experience. “I think customers have begun to notice that they’re spending a lot less time in line,” says McGannon. “Recognizing that time is one of the things customers are short on, we’re trying to be respectful of that and get them through our checkout lanes faster.”

A grand opening celebration was held on July 25 to celebrate the completion of the renovation.

Connecting Buyers and Sellers

“I love connecting buyers and sellers in all kinds of markets. As owner of the Sweet Williams Market and a Service Associate at Perry & Co., it’s been very rewarding to help people discover why it’s so great to live in Stapleton. Give me a shout if I can help you, too!”

— Nun Kraush

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As a society we go to great lengths to protect and keep safe our fellow man. We are obsessed with the safety of our children. Yet, the only talk about mitigating these types of mass murders is to arm everyone. Do citizens who choose not to arm themselves have a say in this conversation? Not at this time. As much as we try to isolate ourselves from what happened on July 20 in Aurora, we really can’t. It is the second time it has happened here and this was much too close to home. The accused murderer lived a few miles from us and was a part of the community at the medical center campus, where many Front Porch readers work. Media reports say the weapons were purchased locally. Those who died, were injured or were in the theaters are people many of us know. Is it not time for at least a discussion on why an average citizen can go into a gun shop and buy automatic weapons and magazines that hold a hundred rounds?

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Artists Teachers Share Their Passion

Artist Teachers Share Their Passion

Art students learn best from teachers who are artists themselves and who bring their passion and intuition to the classroom, according to Lowry resident Jennifer Meyerrose-Devlin and Stapleton resident Heather Delzell. Meyerrose-Devlin has been teaching art at Regis Jesuit High School–Girls Division for the past 10 years. She is an abstract expressionist painter. Delzell joined her at the

Premium Fishwrap

(continued from page 10)

(continued from page 10)

Berkshire

Look for The Berkshire on the Travel Network!

We will be featured on “All You can Meat” as well as the “Bacon Paradise” episode of the Food Paradise series. Both episodes will be airing in the late summer or early fall.

Roses are red.
Bacon is too.
Rhyming is hard,
... I like bacon!


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Marcy Eastman
The Berkshire


Premium Fishwrap

(continued from page 10)

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School nine years ago. She is a postmodern figurative oil painter. Even though the two art teachers’ works are opposing styles, they had similar beginnings as artists as early as kindergarten. And, they agree that the girls they teach react to their teachers’ passion for art.

“We bring our passion to teaching, and then they get excited,” explained Meyerrose-Devlin. “There’s a continual exchange between teacher and student. We’re all learning from one another.”

Meyerrose-Devlin puts relationships and intuition into her art. “Even though my work looks abstract, I do start with an object, of- ten times a tool,” she said. “Each painting becomes a self-portrait. I don’t rely on a figure. It’s very much about objects and relationships. My father’s a contractor, and I have been around tools a lot, so I think there’s a thread that has made its way through. I think there is a symbolism with those objects as well.

“It’s about color relationships and shape relationships, how about the painting is balanced. It’s even how the brushstrokes relate to themselves. Everything becomes essential to the finished painting. It is emotional. It’s very in the moment. It’s very intuitive. I think the dialogue begins each time I approach the canvas, and in order for me to hear what’s happening, I have to be in the present.”

Dezelle’s art and teaching center around her art masters’ training. However, she uses her talent to tell stories. “There’s a hybrid of genres and styles in my work, mixing allegory and portraiture and history and still life,” Dezelle said. “I like to think that I’m telling stories of the human condition that most people can relate to by the way the figure is posed and the way the figure gazes at us. There’s all of this still life going on that tells us little bits of story. I feel that I’m a storyteller with pictorial information.

“My work appears to be pretty heavy and introspective, and sometimes a little dark,” she said. “But I’m told that with my students, I have a bubbly, outgoing personality. I try to bring my love of painting to these girls that I instruct. I feel that it’s important to share my master painting to these girls so that the technique isn’t lost. We give them tons of space to explore their energy. I do push an old-fashioned, nuts-and-bolts technique.”

The biggest thing we both had was our parents’ support,” Meyerrose-Devlin said. “Art students need their parents’ encouragement and that of their teachers. It can change someone’s direction.”

Meyerrose-Devlin has an exhibit through Aug. 19 at CORE New Art Space, 900 Santa Fe Drive. Dezelle’s work will be in a show at the Gilmore Art Center, 2119 Curtis St., from Sept. 6 through Oct. 6.

For art show or instruction information, email Jennifer Meyerrose-Devlin at jennifer.meyerrose@gmail.com and Heather Dezelle at hdelzell@regisjesuit.com. Jennifer Meyerrose-Devlin's art can be viewed at: www.corenewartspace.com. Heather’s work can be viewed at: www.heatherdelzell.carbonmade.com.
Turtles occupy special places in our lives. My first pet reptile was a 99 cent, F.W. Woolworth’s department store-brand red-eared slider turtle. Every time I savor a Peppermint Pattie, I remember “Troy” who, when full grown, was about the diameter of a king-sized Peppermint Pattie. My neighborhood touch football team was named the Terrestrial Tortoises… and yes, we did lack speed. A decade ago, while scuba diving with my wife off of Maui’s Molokini Crater, we were mesmerized by several graceful hawksbill sea turtles that joined our open water dive. Then a few years later, I stood speechless in a cavernous U.S. Fish and Wildlife Law Enforcement warehouse staring at a mountain of confiscated exotic turtles that had been illegally poached, and converted into wildlife merchandise. Marko’s home library still has a collection of his previous favorite Franklin the Turtle story books. More recently, I heard him share with his pals a painful encounter he had with a snapping turtle at the Rocky Mountain Arsenal National Wildlife Refuge. He tempted the pint-sized turtle with his worm-like index finger. The lake-savvy critter took his bait and, in a nanosecond, its clenching bite brought my tough Nature Ranger down to his knees.

Colorado is home to one native terrestrial turtle and four species that prefer making their primary residence in water. The land-loving ornate box turtle, complete with its dome-shaped shell and big "Puss in Boots" eyes, makes its habitat in our prairies and all along the Arkansas and South Platte rivers to our east. In Colorado’s farming canals, creeks, wetlands, ponds and many lakes, we find the mustard yellow mud turtle, the pancake-shaped spiny soft-shell turtle, and menacing snapping turtle varieties. The fourth species, our official state reptile, is the western painted turtle.

Turtles were present on Earth when the first dinosaurs appeared. Their armor-fortified bodies have remained unchanged for nearly 200 million years. The colorful bony upper carapace, or shell, is fused to flattened ribs and the spine. The curvature of the ribs dictates the shape of the carapace. Individual square shields make up the geometric shell. Like the rings found in tree trunks, age-defining growth rings can be seen on the shield. The shell is connected to a hard undercarriage called the plastron. Both will enlarge as the creature grows.

Turtles are cold-blooded animals. During our spring, summer and fall months, they warm their bodies by sunning themselves, or by soaking up radiant heat from a hot rock or warm soil. In the winter they will hibernate in underground dens, or by burying themselves in loose sand or wet mud.

Most turtles mate in the early spring. Females will use their sharp front claws and webbed feet to excavate a soil nest. Here they lay and cover their fertilized amniotic eggs. The warm earth incubates the clutch for two or three months. The emerging hatchlings receive no parental support. They are, in effect, on their own from birth.

Young and old turtles often fall prey to garter snakes, herons, owls, hawks and eagles, raccoons, foxes and coyotes. Snakes and water fowl swallow small prey whole. Felines, canines and raptors break open the shell with their powerful jaws and teeth or beaks, then extract the tissue, chew and swallow. No flossing necessary. Turtles are toothless reptiles. Instead, they rely on their powerful horny beaks to tear both plant and animal foods. Their diet ranges from wild berries, mushroom and moss, to leeches, snails, spiders and earthworms, frogs and toads, and even an occasional tantalizing human finger!

Marko and John Babiak are Stapleton residents. Marko, 10, is an avid wildlife photographer. John is an enrichment teacher. Weekly he teaches his Nature Rangers ecology classes to students at Steck, Roberts, W esterly Creek and Odyssey. He can be reached at NatureRangerJohn@aol.com.

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August 24 & 25—Mayfair Resident to Perform Locally with Internationally Recognized Folk Quartet

Mayfair resident Leslie Anne Harrison, flutist, teacher and composer, is co-founder of New Time Ensemble, a quartet that plays a mix of musical styles “with Irish traditional music at its heart.” The group, comprised of fiddle, flute, cello and guitar, was formed in western Ireland while the members pursued advanced music degrees at the University of Limerick. New Time Ensemble will perform on Friday, August 24, 8pm, at the Mercury Café in Denver and Saturday, August 25, 7pm, at Broomfield Auditorium. For more about New Time Ensemble, visit www.NewTimeEnsemble.com, call 303.618.0717 or email NewTimeEnsemble@gmail.com.

August 26—Free Family Fun Day Celebrates Sand Creek Greenway Anniversary

To celebrate the 10-year anniversary of the Sand Creek Regional Greenway, a Family Fun Day will be held on Sunday, August 26. Come to the SCRG Smith Road Trailhead in Stapleton (on Smith Road, 1/2 mile west of the Havana St. Smith Rd. intersection) from 1-5pm for a ducky derby, games and activities for kids, a climbing wall, farm animals, hula hooping, live music, local food and more. This event is free and open to everyone. For more information, visit www.sandcreekgreenway.org.

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**New in August – Barre Classes and Aqua Zumba!** See online schedule for more details:

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Over 60 Group Exercise Classes per Week – Pool with Deep Jogging Well
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**Don’t Miss These Events...**

**Aug 2 & 4—Walk2Connect**

All day (8am-2pm) group walks in Park Hill will be offered on August 2 and August 4 by Walk2Connect, creating opportunities for unique people to connect with others, their surroundings and ultimately themselves while traveling 3m ph on-foot. Email walk2connect@gmail.com or call 303.908.0076.

**August 4—Free Public Carnival at Young Americans Bank**

Young Americans Bank, the only bank in the world for kids, will host a 25th birthday carnival on Saturday, August 4 from 11am-2pm. Free and open to the public, the entire event will focus on money and finances. Many of the games, food and activities will be provided by current entrepreneurs. Enjoy free hot dogs, cotton candy and popcorn all day! Share stories, open accounts, win prizes and celebrate a unique bank that has served 70,000 young customers and has 16,000 current ones (average age 13). Youth can make deposits, write checks, swipe their credit cards and take out loans. The bank will open its first branch on the DPS Evie Dennis Campus in Green Valley Ranch in January 2013. The carnival will be held at 3350 East 1st Ave. Free parking at the bank and lots to the east and north. For more, visit www.yacenter.org.

**August 5—Free Mountain Melodies Music Festival Outdoors at Buffalo Bill Museum**

The sounds of string bands and bluegrass music will drift across Buffalo Bill’s Grave at the 9th Annual Mountain Melodies Music Festival. Sponsored by the Buffalo Bill Museum, this free event, with its backdrop of the Continental Divide, will be on Sunday, August 5 from 12-5pm. Established and more musical talent from Colorado’s Front Range Sunday, August 5 from 12–5pm. Established and new musical talent from Colorado’s Front Range. The Festival will be held at 3550 East 1st Ave. Free parking at the complex. No dogs allowed (unless service or in a competition). Prices listed at www.denvercoun-

**August 11—Yard Sale at Venture Prep for Senior Class Activities**

The upper senior class at Venture Prep is organizing a yard sale at Venture Prep to help pay for senior activities that will include an Outdoor Bound excursion, homecoming dance, prom, graduation, and honors award night. The sale will be held from 8am to 2pm at Venture Prep, located at 25th and Holly (by the Smiley tennis courts). The community is requested to drop off donations the week before the event, starting on Monday, August 6, from 9am-3pm. For more information, contact Molly Couture at 303.768.0085.

**August 13—Play Golf to Benefit Bluff Lake Nature Center**

The inaugural Bluff Lake Open will tee off at the Fitzsimons Golf Course on Monday, August 13. The historic tree-lined golf course, designed by the Army Corps of Engineers, is less than a mile east of the local community, celebrate all the cul-

**August 15 and 22—Free Swimming Stroke Clinics**

The Denver Stingers Swim Team, a USA Swimming year-round club team for kids ages 6 to 18, is offering free stroke clinics for improvement of your child’s swimming fundamentals as well as to showcase the swim program for potential candidates interested in starting in the fall. Must be able to complete 25 meters freestyle as well as backstroke to be eligible. Dinner and refreshments will be pro-

**August 24—Celebration of Cultures at Aurora Human Rights Center**

The Aurora Human Rights Center is hosting “Crossing Cultures,” a free community event to highlight performers and songwriters within the local community, celebrate all the cul-

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**Anschutz Health and Wellness Center**

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**Community Open House**

Friday, August 17, 5:00A – 9:00P

Receive 575 Off Wellness Assessment Fee*

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Wednesday, August 29, 5:00A – 10:00P

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* Comprehensive Wellness Assessment consists of: Fitness Assessment, Equipment Orientation and Personalized Wellness Profile.

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DENVER METRO EVENTS

Art Walks and Exhibits:
8/2 Thursday to 8/19 Sunday CORE New Art Space. Lowry resident Jennifer Meyers–New Paintings. First Friday event 8/2, 6-9pm. Reception 8/17, 6-9pm. 303.297.8424 900 Santa Fe Drive.
8/3 Friday-Saturday Colorado Craft Beer Festival 38th Ave. Art street festival from Fox to Sheridan. Bands, kid’s activities, more. For more info see b3Wadeveneer.com
8/4 Saturday–Denver Film Society Raise the Roof Block Party. FREE Live music, entertainment food/drink for sale for purchase 5-9pm. Lowenstein Concert Rooftop, 2150 E Colfax. www.denverfilm.org
8/4 Saturday–Philadelphia International Festival of the Arts. Philadelphia Electrical Festival. South of Broadway Colfax at 14th St. 326.4357
8/5 Saturday–Denver Artcut Cut up and Cut out your way to some fantastic art. 3rd annual Artcut event. It’ll only take a moment.
8/5 Saturday–Denver Urban Homesteading Farmers Market. Indoor, year round farmers market and homesteading school with local/organic foods. Thurs., Fri. 4-7pm, Sat. 9.am-3pm. 200 Santa Fe Dr. Free. www.denverurbanhomesteading.org
8/6 Sunday–Denver IDÉA Café. FREE startup work, world tour speakers presented by Small Business Chamber of Commerce. 2-3:30pm. Fridays. Panera Bread, 13th and Grant. 303.861.1447 or www.SBCSmallChamber.org
8/6 Sunday–Assistance League of Denver. Seeks members to help under served in metro Denver programs for victims, students, children and seniors: www.denverassistanceleague.org or 303.322.3205
8/6 Sunday–Live Music at The Soiled Dove. 7401 E 1st Ave, Lowry Tickets: www.soileddove.com
8/6 Denver 2 for 1 Tix provides weekly 2 for 1 ticket and admission discounts for metro Denver arts and entertainment. www.denver2for1tix.com
8/6 Denver 2 for 1 Tix provides weekly 2 for 1 ticket and admission discounts for metro Denver arts and entertainment. www.denver2for1tix.com

Health and Wellness
8/6-18 Thursday-HIV testing at Rocky Mountain Carees non-profit for holistic HIV care. Free 1-3pm. Thursday of the month. 4545 E 9th Ave., #120 Adrian Plaza, 303.393.8050
8/6 Free Car Seat Inspections. Most car seats are used incorrectly. Children’s Hospital Colorado offers free inspections at our Aurora Main Campus by child passenger safety professionals. Wednesdays 1-3pm. Saturdays 9am-12pm. To schedule appointment, call 720.777.4808.

Lectures and Discussions
Active Minds – Complete listing and info on all sessions: www.ActiveMinds.com. FREE.
8/7 Tuesday-Chinatown The Superspower. 10:15-11:15am. Jewish Community Center 350 S. Cherokee St. Lakewood, 303.316.6359
Thursdays–Dianne. 15 Years Later. 7pm. Potluck 6pm, bring dish to share. Stapleton Master Community Assoc., 2823 Roslyn St. RSVP: 303.388.4007

8/26 Sunday–Tchaikovsky’s Triumph! 10pm program. I am potluck brunch. Stapleton F15 Pool, 2831 Harover St. FEE: 303.389.0714

9/4 Tuesday–Aviation: From Kitty Hawk to Today 10:15–11:15am. Jewish Community Cen- ter, 305 S Dallas St, 303.316.6399

9/11 Tuesday–Al-Qaeda. I am 12pm (10.45 refreshments). Temple Emanuel, 51 Grape St. RSVP: jud. 303.386.4013 x207

9/11 Tuesday–Myanmar (Burma). 12:30- 1:30pm Tattered Cover, 2526 E Colfax. 303.322.7726

LIBRARIES
Visit www.denverlibrary.org for children’s story hours, book club info, library crafts ses- sions and complete programming list. All branches closed Friday 8/31 for City furlough day and Saturday 9/1 to Monday 9/3 for Labor Day.

Summer of Reading continues through early August. Read and win prizes! Sign up at any DPL branch.

Stapleton’s Sam Gary Branch Library, 2961 Roaslyn St. Opens Saturday-Aug 11 Hours Mon – Fri 10am-6pm, Wed 12pm-9pm. Sat 9am-5pm. Closed Thurs, Thu, Sun


Schlesman Family Library, 100 Poplar St (1st and Montview). 720.863.0000. Closed Wednesdays and Fridays.

1/4 Saturday–Fun in the Sun T-shirt Embel- lishing. 10am Bring T-shirt or tank to transform into summary new look. Registration required

1st Mon. after 1st Tues. House District 7 Residents, 7pm Alpine Creek Fish Co. Insel Bas Praterbichra@gmail.com

4th Monday 7pm-7:30pm. MCA, 2823 Roslyn St. maryann@brittereast.com

Every Tuesday 12–3pm – Stapleton Daycare. 7301 E. 29th Ave. 303.726-7845

Every Tuesday 6pm-9pm. 2823 Roslyn St. www.denverpresbyterian.org

AA Open Discussion Mtg. 7:30pm MCA, 2823 Roslyn St. 303-912-7075

AA Open Meeting 6:00pm St. Peter’s Episcopal Church, 22nd and Dexter Street 720-389-2998

1st Wednesday Denver Cancer Support Group 5–6:30pm All Williams Family Medical Clinic, Cent. Rim (wear entrance) 3055 Roaslyn St. 303-488-8900

2nd Wednesday Parks Advisory Group, 7:30pm E. 24th Ave 3rd floor. 303.London390@gmail.com

3rd Wednesday Green Parents Business Assoc, 1616 E. 27th Ave. 303.322.1700

3rd Thursday Breast Cancer Support Group 2nd, and 4th Thursday, 7305 E. 27th Ave 3rd Floor. 303.934.7501

4th Thursday 3:00pm. 2823 Roslyn St. www.denverpresbyterian.org

Every Wednesday Bluff Lake Steward, 8:00am-11:00am 303.945.6717

Work–from–home group. 12–1pm at Smartpicks 2273 Central Park Blvd. $10. Brown bag lunch for group lunch. www.elasticsearchfuture.com

Adoption in Search Support Group. 7:00pm Preston Presbyterian Church, Robinson St. AISCTC.org 303.323.4031

2nd Wed. (Odd-numbered mos.) 6:30pm MCA 2823 Roslyn St. www.denverpresbyterian.org

2nd Wed. 6:30pm MCA 2823 Roslyn St. www.denverpresbyterian.org

2nd & 3rd Wednesday Lowry Park Speakers Toastmas- ter Club, Preston Place, 8231 E. 45th Ave. 303.757.9620, lowryparktostmas@tostmasters.org

3rd Thursday Stapleton Citizens Advisory Board 7305 E. 29th Ave. 7:30–9:30pm 303-393-7700

Last Thursday Stapleton Power Partners Networking for home and other business. 5:00–9:00pm 303.488.5717

2nd 3:00pm. The Barkside in the 2823 Roslyn St. 303.488.3975

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toFilm


Through August–Tales of Bf Bad Rabbit. Denver Puppet Theatre, 3156 W. 38th Ave. Tickets $7 ages 3 and up. 303.458.6464, denvermuppettheater.com

Denver Museum of Miniatures, Dolls and Toys Workshops. Ages 4 and up. Cost from $1. Museum adm: $6 adults, $4 kids 5-12, under 5 free 1880 Glycyr St. www.dmmdc.org

Mile Into The Wild Walk at Wild Animal Sanctuary. Largest carnivore sanctuary in Western Hemisphere. 300 lions, tigers, bears and king’s. 30- foot-high walkway gets you up close. $10/adult, $6/kids. Keansburg, CO. www.wildanimalsanctuary.org


8/26 Sunday–Make and Take Studio. Book page wreath. 2.30pm. Registration required.

1/4 Saturday–Geeks Who Read Club

1/8 Monday–Cooking from the Farmers Market. 6:30–7:30pm.


Central Library, 10W 14th Park Hours: Mon/Tue/Thu/Fri 10-1:30 Sat/Sun 1-5.

3rd Friday–Facebook 101, 11am – 1:30pm.

1/4 Saturday–Ask the Guy Gait! Get answers to your computer tech questions.

1/5 Sunday–Word Porn: I. Blogs. Must have email address to sign up. Send free account to wordporn.com before class.

1/3 Sunday–Word Porn: II. Websites. 2-4pm Must have a website address to attend. Attending Wordporn I first recommended.

1/9 Sunday–Do-It-Yourself Legal Forms. 2-3pm.


2/12 Wednesday–Behind the Cover-Tour Denver Bookbinding and Build Your Own Book Workshop. Denver Bookbinding 2715 17th St. $15 materials fee (includes register). Register at http://denverlibrary.org/eadread or call 720.865.1206.

2/12 Sunday–Internet Safety for Parents. 2-4pm.


8/17 Friday–Nature at Night: Night Insects. 7:45pm All ages. FREE Morrison Nature Center, 14002 E Smith Rd, Aurora. Reservations required. 303.779.9428, www.aauronogov.org/nature

8/24 Friday–Denver Botanic Gardens Fam- ily Fun Night. 4th Friday (continued on page 18)
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VISIT THE NEW SAM GARY BRANCH LIBRARY GRAND OPENING EVENT ON AUGUST 11TH

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Q&A with Sam Gary
(continued from page 5) on that. It became not a problem to deal with but something I really became engaged with.

Q: I’ve read your philosophy is you have to drill some dry holes before you discover things that work. SG: It’s not something you want to say at a petroleum convention. I was pretty good at getting those drilled. Unfortunately, I was not inhibited by my lack of skill, but I was always satisfied that I could get these wells drilled. I’d have some sense of why I thought it was good place to drill—they call it geology today. I drilled enough wells that people knew me and I got to know a lot of people.

I think Stapleton stuck me as being a huge opportunity because I’d lived in New York City and seen urban sprawl in other cities in America. I’m thinking, “There’s this beautiful place and I love it here and here’s the airport.” I saw it simplistically—that if one could somehow wrest it away from the normal processes, it would be a huge opportunity to break the pattern (of urban sprawl). It was simplistic but I found it simplistic enough that I could understand it. So I embarked on this very naïve journey that involved a number of friends who believed there was no such thing as “How?” but it was “Why not?”

If I knew then what I know now, I’d have said, “This is a dumb idea,” but I think there was a relatively small group of people in the political area and the city that you couldn’t deny. Mind you there was no plan… it was an extension of East Colfax.

The City had been responsible for this and time went on and nothing happened and the new airport was being built. By the time the natives were getting restless about what to do with this, we’d sort of gone through the process of that book (most of the writing of the Green Book was done from 1992 to 1995) and we’d raised some money and I had some money and I put it in. It wasn’t an easy sell. (Editors note: Sam Gary was the driving force in getting major businesses, foundations and community leaders in Denver on board to donate and work on a plan for the old Stapleton airport. Four million dollars was raised, $2 million from Gary’s company, Gary Williams, to develop the Green Book.)

In the spring of 1995, I got a call and learned that the plan would become a reality. I went out to Stapleton and the place was packed with press and Mayor Wellington Webb was there. They announced that City Council had just accepted the Green Book without changing one word of the plan for Stapleton.

Q: What was your first reaction when you heard the Stapleton library was named for you?

SG: I’ve spent a lot of time in libraries (due to childhood memories of being told “Shh!”); I was thrown out of libraries (for being too loud). But what I saw at Green Valley Ranch, that’s no library. It’s the key to literacy for children, the most incredible thing I’ve ever seen. When you go there and you see these kids and you see the dynamic between the parent and the kids, that’s what a library needs to be. (The Sam Gary branch is modeled on the new Green Valley Ranch library.)
The Colorado Rapids and the Colorado Fusion Soccer Club announced on July 9 that the two organizations have joined forces to form an expanded Colorado Rapids Youth Soccer Club. Fusion, the largest youth soccer club in Denver and Aurora, serves over 4,000 players.

The announcement was made by Tim Hinchey, president of the Major League Soccer (MLS) Colorado Rapids and Jon Goldin-Dubois, executive director of the Colorado Fusion Soccer Club. “By joining with the Colorado Rapids, we’re offering our many players and families the chance to become affiliated with a professional soccer organization while remaining true to our mission and goals,” said Stapleton resident and Colorado Rapids Youth Soccer Club Executive Director Jon Goldin-Dubois. “By combining our efforts, we will be able to offer the best youth soccer programming in the state for kids at every level, the most comprehensive player development path, and the most comprehensive programs for training and retaining the best youth coaching staff,” continued Goldin-Dubois.

“Our program will continue to offer boys and girls of all abilities a safe and encouraging place to develop their passion and talent in the sport of soccer,” said Colorado Rapids Youth Academy Director Brian Crookham. Opportunities for boys and girls to learn and have fun playing soccer will begin with quality camps, clinics, and leagues for players as young as three years old. Enhanced recreational, developmental, and competitive programs will be available as players grow older. This fall the club intends to launch “Soccer for Success” an after-school enrichment program. The program initially aims to underwrite 1,200 underserved youth in Denver and Aurora neighborhoods with no access to organized sports.

The Rapids and Fusion have worked closely over the past two years. The Rapids have shared age-appropriate practice plans and curricula with Fusion coaches, conducted in-service coaching clinics, and hosted parent education classes on topics including player development, health and nutrition, and injury prevention. “The combined club will create one of the most unique partnerships in the nation between a professional sports organization and a youth sports organization,” said Rapids’ Technical Director and Stapleton resident Paul Bravo.

The club also announced that it has renewed its partnership with the Positive Coaching Alliance, a national organization that promotes positive coaching, parenting and player behaviors.

Colorado Rapids Youth Academy Director Brian Crookham. Opportunities for boys and girls to learn and have fun playing soccer will begin with quality camps, clinics, and leagues for players as young as three years old. Enhanced recreational, developmental, and competitive programs will be available as players grow older. This fall the club intends to launch “Soccer for Success” an after-school enrichment program. The program initially aims to underwrite 1,200 underserved youth in Denver and Aurora neighborhoods with no access to organized sports.

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By Carol Roberts

2016 will be a very good year for commuters and travelers in East Denver. Not only will the commuter rail to the airport and downtown open, the RTD Board voted 14-0 at their July 24 meeting to move forward with a proposal from Kiewit Infrastructure Co. to complete the I-225 Light Rail Line to Peoria. That line is expected to be open in mid-2016.

The light rail line will cross Colfax just west of I-225 and will have a station platform over Colfax. The line will then run north on the east side of Fitzsimons Parkway, cross Montview Blvd. and head west on the north side of Montview, with a station in the heart of the Fitzsimons/Anschutz campus. It will then continue west to Peoria, turn north on the east side of Peoria to 25th, where it will cross to the west side of Peoria and then continue north to join the East Rail Commuter Line at the Peoria/Smith Rd. Station.
By John Babiak

Hundreds of visitors to Aviator pool were turned away in early July because broken glass was found both on the pool deck and at the bottom of the pool. According to Kevin Burnett, Executive Director of the Stapleton Master Community Association (MCA), after hours “pool hoppers” scaled the Aviator perimeter fence, tossed liquor bottles onto the concrete pool deck. Broken bottles were found on the deck in the early morning by Aviator pool staff and some pieces found their way into the lap pool area. For safety reasons, the 275,000 gallon pool had to be drained and cleaned, then refilled, chemically treated and heated. The entire deck was vacuumed and thoroughly cleaned with high pressure hoses. The labor intensive process required the pool to be closed for three days. All aquatics programs and scheduled events were cancelled and rescheduled to later dates.

According to Burnett, the incident came with significant expenses to the MCA and the greater community. “Water replacement costs are estimated at about $2,780. Lost customer revenue could be as much as $10,000 per day. And our pool staff lost about $1000 per day in payroll income too.” Since the event, the MCA has requested that the Denver Police Department include all four of the Stapleton pools on their evening patrol routes. The MCA is also considering adding higher pool security and a monitoring service.

The first pool rule listed on MCA’s website (StapletonCommunity.com) and posted at Aviator pool is, “Absolutely no glass allowed in pool area.” Pool staff ask all customers if they brought in glassware of any kind (including glass-faced scuba masks or small items such as nail polish bottles). To accommodate those unfamiliar with the no-glass rule, the pool staff will exchange glassware with suitable plastic ware while visitors are at the pool. During after hours poolside functions, all food and beverages must be served and eaten on non-glass plates and cups.

Pool cleaning is done at night and, with evening functions, staff may be at the pool until midnight. The morning staff arrives about 5am. Burnett asks members of the community to call 911 if they see anyone in the pool areas between midnight and 5am. He points out that if people enter the pool area when it is closed, it is trespassing and the MCA will prosecute trespassers.

By Carol Roberts

An unexplained fire broke out in the electrical room at Stapleton’s Puddle Jumper pool at about 4pm on July 19. Kevin Burnett, executive director of Stapleton MCA, stated, “Somehow, something in proximity to the boiler caught fire. Nobody saw the start. We don’t know what the element was that ignited. It’s a mystery at this point. The new boiler that was just installed is a current model. Today’s boilers are made with zero clearance, which means something can’t accidentally get under the boiler. The previous boiler, although appropriate when it was installed, wasn’t zero clearance. Zero clearance models weren’t manufactured at that time.” Burnett says it’s possible something got under the boiler and caused the fire, but the insurance company considers it an accident and is covering the damages. The room is inspected daily by staff who check that the area around the boiler is clear, and the boiler is inspected annually.

The pool was still closed when this paper went to the printer but was expected to open after seven days of closure. A new boiler was installed, water lines were worked on, and electrical work had to be done. Pumps then could be restarted, chemicals in the water rebalanced and heat turned on to ready the pool for visitors.

Stapleton Update

Fire in Electrical Room Closes Pool for a Week

By Carol Roberts

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108-Unit Senior Apartment Building is Proposed

A proposed independent living senior housing facility was presented at the July 10 meeting of the Zoning and Planning committee of the Citizens Advisory Board. Horizon Senior Housing has placed a contract on land at MLK and Uinta to explore the feasibility of constructing a 108-unit building with mostly one- and two-bedroom rental apartments for seniors. The apartments, call Greenways at Stapleton, will be independent units at market rate (in line with other units at Stapleton) and will not include meals. Parking will be underground, one space per unit and storage units will be available. Automobile access will be from the south on E. 27th Place. Some of the units will have front door entry from MLK and Uinta, some will face an interior court.

How Commercial Development Works at Stapleton

“Because somebody goes under contract, it doesn’t mean they are 100% sure to come to Stapleton,” says Troy Gardner, development director for Forest City Stapleton, Inc. To help residents better understand what it means when a business is “under contract,” to develop at Stapleton, Gardner, at the July Zoning and Planning meeting, explained Forest City’s commercial development process.

1. A potential developer expresses interest in Stapleton to Forest City and looks at potential parcels of land that would work for both parties.
2. Forest City writes a non-binding Letter of Intent (LOI) that is a “starting point for both parties” that outlines the terms including sales price, feasibility period, security deposit, closing date, etc.
3. Most often, in a week or two Forest City writes a contract that the parties review and negotiate.
4. The buyer pays a contract deposit.
5. Negotiated feasibility period (Forest City generally provides for 90 days, buyers most often ask for more)—A time for the buyer to evaluate the property for all aspects of development, including verifying the market, environmental conditions, grading, utilities, feedback from Design Review and Zoning and Planning committees.
6. At the end of the feasibility period, the buyer either goes forward or they can walk away from the project without losing their security deposit.
7. When the buyer chooses to move forward, Forest City generally tries to close within 30 days after the end of the feasibility period.

Gardner points out that some buyers require a confidentiality provision so their name won’t be released until the sale is final.

Grocery Store on the East Side of Stapleton

“We haven’t given up on a grocery store in Eastbridge, but we have some attractive traffic counts on Peoria that would be of interest to retailers potentially interested in serving south Stapleton,” Troy Gardner, development director for Forest City Stapleton, Inc. told the Zoning and Planning Committee in July. He pointed out that the proposed design on the just-approved I-225 light rail (to be completed in 2016) shows the light rail crossing Peoria at 25th Ave., where it will actually ‘clip the toe’ of the southeastern portion of Stapleton.”

Construction of Street Extensions Between Stapleton and Aurora To Begin This Fall

The construction of three streets, Fulton, Iola and Kingston, is scheduled to begin this fall, Kim Proia, project manager at URS engineering, reported at the July 19 Citizens Advisory Board meeting. “We’re hopeful to have them built by the end of the year or early next year, which would be within the guidelines of the IGA. (Inter-governmental Agreement).” The IGA on construction of these streets states Fulton and Iola are required to be built by September 1, 2013 and Kingston by June 1, 2014. The fourth connection, Dayton/Emporia, must be built by June 1, 2017. All three are being paid for with funds from Aurora and Denver.

Proia says construction documents for all three streets have been submitted to the
Westerly Creek North Park

Barriers to Prevent Dumping

SDC is investigating locations where they can place barriers to prevent vehicle access, according to Tammi Holloway. She said at the June 28 meeting that SDC followed up with an individual who was photographed dumping, and they will continue to follow up if residents provide information that can assist them in finding people who are dumping.

Funding for Cleanup

DIA still owns the parcel planned for the future North Westerly Creek park. At the June 28 meeting of the Stapleton Development Corporation (SDC), there was a discussion of the issue that responsibility for removal of surface debris not affected by the environmental remediation has yet to be determined.

SDC Board Chair King Harris observed, “It isn’t as if we have funds from some place else to work on this. They (DIA) have some restrictions they have to live within in terms of their agreement on the disposition of the land. This may be one of those areas where we were so excited about getting everything done (referring to the original contract for the development of Stapleton), nobody thought about it. From the airport’s technical standpoint, rubble is not what they’re talking about.”

SDC member John Moyle added, “When we did the MLD (Master Lease and Disposition Agreement), the focus was on environmental cleanup. It was not on debris or removal of existing stuff at Stapleton.”

Phased development

At the July 10 Parks Advisory Group meeting, the question was raised whether the Westerly Creek North park could be built in phases. Charlie Nicola from Forest City and Dennis Piper, parks consultant to Park Creek Metro District confirmed phased construction would be much more expensive, especially with the creek being moved, which is the most expensive part of the project. Nicola explained that to change the flow of the streambed requires a permit, which would probably require that the whole piece be done at one time, which would require that the site is graded, which (continued on page 25)

City of Aurora for their review and they have received comments. Denver is doing a limited review of the connection plans since 26th Ave is the boundary between Denver and Aurora and the construction will be taking place in Aurora.

Iola and Fulton will have four-way stops where they meet 26th Ave. There will not be a stop sign at Kingston and 26th. All three new streets will have two traffic lanes with parking, a tree lawn and a sidewalk on both sides they and will connect to Aurora sidewalks. Lighting will be installed along one side of all three streets. In Aurora, Fulton will have a new stop sign where it meets 25th Ave. The other two streets will keep the current signage in Aurora.

West of Fulton, Proia says a lot of grading will be done to keep the drainage toward Westerly Creek. She says there were always plans for a channel through the park, and this project is planned to be cohesive with the plans for that channel in the future park. There will be minimal other grading and it will be right at the streets.

M.A. Mortenson, construction manager for the Park Creek Metro District, will oversee the construction.

A n overview of the URS construction plans for the three streets is posted at www.FrontPorchStapleton.com -> Supplemental information

*The intergovernmental agreement is between Denver, Aurora and Park Creek Metro District (PCMD, the special district created to finance the construction of the infrastructure at Stapleton).*
Stapleton Kickball Tournament on September 15

By Bryan Perry

The 9th Annual Stapleton Kickball Tournament, presented by SUN, MCA, Forest City and Jim ‘N Nick’s, is just around the corner. The tournament will be held in Central Park on Saturday, September 15, between 10am and 2pm. This is one of the oldest Stapleton events and a great way for Stapleton residents to get some exercise while enjoying the company of their neighbors and friends. Players of all abilities are encouraged to sign up, it is all about having fun!

If you and some of your neighbors and friends are interested in having a team, go to www.stapletonunitedneighbors.com/SUN-Kickball and register. Teams can have up to 20 people; 9-14 players can be on the field at any time. There must be four males and four females playing at all times. Registration is on a first-come, first-serve basis. To register, please visit our sponsor page with information at www.stapletonunitedneighbors.com/SUN-Kickball.

There are various sponsorship levels, so contact SUN at stapletonunitedneighbors@gmail.com for information.

In addition to the kickball, we are planning to have a DJ and fun activities for kids. Whether you choose to play in the tournament or just want to bring the family out to watch and participate in the other festivities, this is a great community event.

Letters to the Editor

Teeth of Newspapers

Sometimes when you read something that is wrong, you know you need to do something about it. Nine years ago, I was serving as the state representative in District 56, representing the people of Eagle, Lander, and Summit Counties in the Colorado House of Representatives. Someone was upset about something written in one of the free gratis newspapers in my district and decided the best way to stop someone else in town from seeing it would be to steal all the newspapers.

The theft of those newspapers was damaging to virtually all of my constituents. The people who depended on that paper for news and information were victims as the thieves effectively violated their First Amendment rights to benefit from a free press when they censored that newspaper by stealing all the copies of it. The advertisement in the paper spent hard earned money and made business decisions based upon the advertisements they’d purchased worth thousands of dollars. If the newspaper itself was hurt. It lost financially as its investment to make the newspaper available was stolen, but even more so by a thief who stole the paper’s right to communicate with its community.

When local prosecutors declined to prosecute the case because they said they no crime had been committed under Colorado law because they couldn’t establish a value for newspapers that were distributed to the public without cost, I knew something had to be done.

Working with representatives of law enforcement, business organizations and newspapers, Senator Jack Taylor and I introduced House Bill 1057 in 2004. The bill made it a crime to steal newspapers for the purpose of depriving other people access to information. It passed the legislature by huge margins and was signed into law by Governor Bill Owens.

I was shocked to hear earlier this year that a task force of the Colorado Commission on Criminal and Juvenile Justice was considering recommending doing away with the newspaper theft law and was even more shocked when the full commission had recommended repeal to the legislature. It seems pretty simple to me. You don’t take things that don’t belong to you. But beyond that, we carefully crafted HB 1057 to only bring the law into these crimes when it could be proven that the theft took place to deprive other people of the right that was written in the newspaper. If the legislature accepts this ill-conceived recommendation to repeal the law, it will create open season on a free press and stealing papers for the purpose of censoring information will be legalized in Colorado. I urge the CCJ to reconsider its very flawed recommendation, but if it goes forward, the legislature owes it to my former constituents and all Coloradans to swiftly kill the bill and leave existing protections in place.

Carl Miller served in the Colorado House of Representatives from 1997 until 2004.

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The SUN Spot

The independent voice of Stapleton

SUN Meetings are held on the 4th Monday of every month at 7:30pm at the Central Park Recreation Centre, 9651 MLK Jr. Blvd. For information about SUN, visit www.stapletonunitedneighbors.com. To contact SUN or confirm meeting time, email stapletonunitedneighbors@gmail.com
Forest City Lobbies for Patent Office in Stapleton

Tom Gleason confirmed that Forest City's marketing efforts to get the new US Patent Office focused on Stapleton, either near the Central Park Rail Station or in the commercial area near 1-70 and Central Park Blvd. In announcing Denver as one of three locations, Denver has been confirmed that Morte-}

nian, since both for engineering and cost savings. “

Kleen Corporation’s statement that the land for the park. According to Tom Gleason, “We have not yet made decisions about the park development and schedule.” To the degree pos-}

sible, work on the streets extensions and future work on the park will be coordi-

nated for both engineering and cost savings.” He confirm ed that Morten-

nian, as construction manager for PCMD, will oversee the construction of the streets and the park.

At the July Citizen’s Advisory Board meeting, Gleason stated they have 26th Ave. Park plans to submit to Au-

tura, “probably in mid-September.”

Stapleton Update

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meeting, Gleason stated they will have

of the streets and the park.

P CMD, will oversee the construction

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