

A black-footed ferret pokes out of a prairie dog hole at the Rocky Mountain Arsenal National Wildlife Refuge after being released into the wild.

By Madeline Schroeder

n early October, the Rocky Mountain Arsenal National Wildlife Refuge reintroduced a species that was once thought to be extinct: the black-footed ferret. The animal's release into the wild is a symbol of a stunning conservation success story.

"This place [the refuge] shows that nature will recover and will thrive if it's given the chance. It also embodies hope of insurmountable odds," said Dan Walsh, director of the U.S. Fish & Wildlife Service, at the ferret release on October 5.

The black-footed ferret is an unusual critter. It is a part of the weasel family and the only ferret native to North America, according to the U.S. Fish & Wildlife Service. It has short legs and a long tan body (about 18 inches) with an adorable face that looks like it's wearing a black mask.

The ferret is native to prairie grasslands with its main food source the prairie dog.

Park-n-Ride Opens at Central Park



"Train fanatic," Cole Diedrich, 4, from Stapleton, waits at RTD's crossing gate simulator at a Sept. 26 event celebrating the opening of the new Central Park Park-n-Ride. RTD uses the simulator to educate children and others about waiting for the lights to stop flashing and the gate to raise fully before crossing the tracks. Read our tips for using the new park-n-ride on page 8.

Unlike prairie dogs that are stout and slow, ferrets' long, slender bodies make them agile. They also have strong jaws and long teeth meant for eating meat. A male ferret eats 100 prairie dogs a year and a female 150. Due to widespread prairie dog eradication programs, the ferrets' food source was massively cut down. Also, urban growth into grasslands destroyed their habitats. Both of these factors left the ferrets near extinction. In fact, the species was (continued on page 38)

Northfield Principal Tropper Resigns



Former principal Avi Tropper gives students a tour shortly before the start of school. By Carol Roberts

enver's newest high school, Northfield High School (NHS), has been in the news recently regarding a disciplinary incident and the subsequent resignation of the principal. The limited amount of information available on those subjects will be described later in this article. But the big-picture story is the vision (continued on page 5)

Submit your information for the Front Porch Guide to Churches in NE Denver

See page 2 for details.

Printed with soy-based ink. Paper contains 40% postconsumer waste.



The Denver Zoo celebrated the birth of a new zebra, Bosley. The newborn is now walking and can be visited at the zoo



Most of the events listed below are FREE or support nonprofits. Additional events are listed on pages 31-33.)

NOVEMBER

Thursday, November 5

5th Annual Stapleton Education Expo. 6:15-9pm. Presentation from Denver Public School at 6:30pm, meet-and-greet open session 7-9pm. DSST: Conservatory Green, 8499 E. Stoll Place.

Sat., Nov. 7-Tues., Dec. 12

formances. 71111 Montview Blvd. http://dsa dpsk12.org/ See article on page 12.

Saturday, November 7 PuppyUp Denver Walk. Central Park. 10am-2pm.

www.puppyupdenver.kintera.org

Saturday, November 7

Free estate planning at The Bistro at Stapleton, 2955 Ulster. Hosted by Olivere Cypers PLLC. Light breakfast and mimosas included. RSVP at admin@ oliverecypers.com or 720.295.6250.

Saturday, November 7

Denver Parks & Rec holiday craft show. 9am-3pm. Central Park Rec Center* denvergov.org/recreation

Saturday, November 7

Wildlife viewing tours. Rocky Mountain Arsenal Wildlife Refuge* 9:30-11am. 2-hour bus tour. RSVP required. www.fws.gov/refuge/rocky_ mountain_arsenal/

Tuesday, November 10

2015 DPS Great Schools Expo. Sports Authority Field at Mile High, 1701 Bryant. Teachers, prin-

Submit Info for the Guide to Churches in NE Denver

The Front Porch will run a directory of churches in January. To be in the printed directory please submit info by December 15: the church's name, denomination, 25 words describing the culture of the congregation/services, and contact information, including address, phone number or e-mail to frontporchevents@gmail.com.

NOVEMBER

cipals present about schools and explain choice system. www.dpsk12.org/expo/

Thursday, November 12

Active Minds—Sand Creek Massacre. 6:45-7:45pm. Sam Gary Library* 720.865.0325

Thursday, November 12

Bill Roberts Middle School Open House. 6:30pm. 2100 Akron Way. Register at http://billroberts. dpsk12.org/parents/take-a-tour/

Saturday, November 14

Wild About Ferrets exhibit. Rocky Mountain Arsenal Wildlife Refuge* 11:30am. www.fws. gov/refuge/rocky_mountain_arsenal/

Tuesday, November 17

Safety forum for SUN meeting. 6:30-7:30pm. Central Park Rec Center* See page 36.

Friday, November 20

Winter Welcome. 6-8pm. 29th Avenue Town Center. S'mores, dancing trees, carolers. http:// www.stapletoncommunity.com/

Saturday, November 21

Denver Parks & Rec holiday craft show. 9am 3pm. Central Park Rec Center* denvergov.org/

Thursday, November 26

Harvesting Hope inaugural 5K run/walk. 10:15am at Central Park* Proceeds benefit Prader-Willi Syndrome. http://www.harvesting-

Sun., Nov. 22-Thurs., Dec. 3

Holiday art show. Montview Blvd. Presbyterian Church, 1980 Dahlia. 303.355.1651.

* More information at Events@stapletoncommunity.com Founders Green: E. 29th Ave. and Roslyn St. Conservatory Green: Valentia & E. 49th Place Sam Gary Library: 2961 Roslyn St. Central Park Rec Center: 9651 E. MLK Blvd. Bluff Lake Nature Center: 4755 Paris Aviator pool: 8054 E. 28th Ave. Puddle Jumper pool: 2401 Xenia St. F15 pool: 2831 Hanover St. Jet Stream pool: 3574 Alton St. Runway 35 pool: 8863 E. 47th Ave Maverick pool: 8822 Beekman Pl.

Events & Announcements at Stapleton



Saturday Night Live...For Kids Only!

The Stapleton MCA and Central Park Recreation Center are partnering to host a night of fun for children ages 7–12 from 6–9pm on Saturday, Nov. 14 at the Central Park Rec Center. Join us for a night of fun with games, dinner, snacks and more! Registration is available online at www.stapletoncommunity.com.

holiday, join Active Minds for a program on the history and origins of the holiday and its associated traditions. We will have some fun as we undress the turkey, unpack the stuffing and peel back the mystery of the potatoes. We guarantee to satisfy your curiosity ... but not your appetite.

Winter Welcome

Friday, Nov. 20, 6-8pm Join the MCA at the West Crescent to kick off the holiday season! The MCA will host a night of festive traditions including the lighting of the trees and streets of the 29th Ave. Town Center. Holiday lights will be strung across 29th Ave. and we will have a Christmas tree on the West Crescent and a menorah on the East Crescent. Participating Town Center retail shops will be open and many will feature holiday specials. The streets will be lined with booths that will include a roasted almond vendor, fire pits complete with s'more makings, hot chocolate and much more. All event proceeds will benefit local nonprofits.

Active Minds Seminar

This is a free, no-reservation-needed public program brought to you by the Stapleton MCA. Location: Sam Gary Library 2961 Roslyn St.

Thursday, Nov. 12, 6:45-7:45pm

Sand Creek Massacre

This November marks the 151st anniversary of the Sand Creek Massacre, a tragic event in which a 700-man force of the Colorado Territory militia attacked and destroyed a peaceful village of Native Americans in southeastern Colorado Territory, killing many innocent people.

Thursday, Nov. 19, 6:45-7:45pm Thanksgiving

As we prepare for the Thanksgiving

Santa's Best Christmas Trees

Visit your local tree lot for your 2015 Christmas tree! Santa's Best Christmas Trees will be located at each of the Greens starting the Friday after Thanksgiving. The Greens are located at 29th Avenue and Roslyn Street, and 49th Place and Valencia Street.

The Denver Police Department **Reminds You to Keep Yourself Safe**

The Denver Police Department would like to offer some helpful tips on keeping yourself safe. When walking, plan your walk in advance and choose a well-traveled route. Use discretion when talking or walking with unkown persons, even if they are offering you help. When you are at your home or apartment, close your garage door and secure your bicycle. Use a quality U-shaped lock to secure your frame to a bicycle rack. When away from your vehicle, roll up windows and lock your doors. Keep your valuables out of plain view and never leave anything visible!

If you have any questions or comments about the information above, please feel free to contact ddeeter@stapletoncommunity.com or call the MCA office at 303.388.0724.

Diane Deeter Community Director ddeeter@stapletoncommunity.com

Get the latest on



Master Community Association STAPLETON

Sponsored by Stapleton MCA

EDITORS and PUBLISHERS: Carol Roberts & Steve Larson ASSISTANT MANAGING EDITOR/WRITER: Madeline Schroeder **PHOTOGRAPHY: Steve Larson** AD SALES: Karissa McGlynn 303-333-0257

KarissaMcGlynn@gmail.com



wwww.FrontPorchStapleton.com FrontPorch@FrontPorchStapleton.com 303-526-1969

The Stapleton Front Porch is published by Stapleton Front Porch, LLC, 2566 Syracuse St., Denver, CO 80238. Over 36,000 papers are printed. The free paper is distributed during the first week of each month to homes and businesses in Stapleton, Park Hill, Lowry, Montclair, Mayfair and East Colfax.



A NEW AND EXCITING CHURCH IN STAPLETON GOCHURCH.TODAY

YOUR LIFE, YOUR POTENTIAL, AND YOUR NEXT STEP IN KNOWING GOD IS WHY WE ARE LAUNCHING A NEW, EXCITING CHURCH IN STAPLETON. WHETHER YOU HAVE FOLLOWED GOD FOR YEARS, OR ARE ASKING QUESTIONS FOR THE FIRST TIME, THIS KIND OF JOURNEY HAPPENS BEST TOGETHER. WE WOULD LOVE TO SEE YOU AT OUR FIRST WORSHIP EXPERIENCE NOV. 8THI LET'S TAKE THE NEXT STEP TOGETHER.
- Nick & Becky Callaway





Bill Roberts Rallies Against Bullying



Left: Fourth-grade teachers Cheryl Beckwith, left, and Val Marbury, right, lead the fourth-grade class during a peaceful protest to combat bullying.

Above: Students chanted and held anti-bullying signs in front of Bill Roberts K-8 school.

By Madeline Schroeder

Kind is the new cool.

Don't bully, it might happen to you.

Don't be a bucket dipper. Be a bucket filler!

On Monday, October 5, fourth-graders at Bill Roberts K-8 School united with signs

protesting bullying.

The fourth-graders visited History Colorado Center a week earlier and along the way, witnessed a peaceful protest regarding renewable energy. After returning back to school, the students continued to talk about peaceful protests and how they could orga-

nize one. In light of October being National Bullying Prevention Month, the fourth-grade class organized the anti-bullying stomp.

Alongside their teachers, Cheryl Beckwith and Val Marbury, the students cheered outside the school and cars honked their horns in support. "Who stops bullying?" the teachers cheered. "We do!" the students shouted.

"A bully is anyone who makes someone else feel unsafe or not welcome," says fourth-grader Isa Gonzalez-Cruz. She and a group of fellow fourth-graders gathered later to discuss bullying

Mean, angry, injures (continued on page 6)

THE PAPER THAT'S ON THE COFFEE TABLE...

...NOT IN THE RECYCLING BIN



36,500 papers distributed

Advertising info: 303-333-0257, KarissaMcGlynn@gmail.com Editorial info: 303-526-1969, FrontPorch@FrontPorchStapleton.com

Visit FrontPorchStapleton.com: Comment on or share current articles, search for past articles, find local businesses and community resources, post and find events, and find advertising info and rates.

Auto Churches Augustana Lutheran Church Denver Presbyterian Church Park Hill United Methodist Church St. Luke's Church Stanleton Fellowship Church Stapleton Master Community Association Organization Community Northeast Transportation Connections - 303 ArtWay **Dance Classes** Dance Institute LLC Dental A Wild Smile Pediatric Dentistry 38 Awesome Dental Stapleton Clair Family Dentistry Lowry Family Dentistry Stapleton Dental 28 Stapleton Orthodontics Steele Dentistry of Stapleton 24 Trommeter Orthodontics Williams Family Dentistry Design and Remodeling 22 Best Builders Kevin Dearth 34 Three Week Kitchens 26 XCEL Energy Energy Savings **Entertainment** Vintage Theatre Productions

Guide to Our Advertisers

Events	Denver Potters Association	6
	Puppy Up 2015 Walk - Companions Against Cancer	25
Financial	Edward Jones	34
Fitness	Bladium Sports and Fitness Center	13
Flooring	Cross Flooring	20
	Timberfield Floors	24
Health and Wellness	Hand & Stone Massage — Northfield Stapleton	6
	New Day Acupuncture	30
	Restor Medical Spa	15
	Stapleton Foundation / be well Health and Wellness initiative	39
Health Insurance Broker	Winter Insurance Agency	24
Home Builders	Parkwood Homes	25
	Thrive Home Builders (Previously New Town Builders)	6
	Thrive Home Builders (Previously New Town Builders)	10
	Thrive Home Builders (Previously New Town Builders)	8
Home Services	Denver Recycles	-11
Hospitals	Rocky Mountain Hospital for Children	16
	Rose Medical Center	36
	St Joseph Hospital - SCL Healthcare	12
Housecleaning	Number I House Cleaning	37
	Yaulus Cat Maids	20

		_
Lawn Care/ Landscape	JKJ Lawn Sprinkler, Inc.	31
	Showcase Landscaping, Inc	14
Lawyers	Gama Law Firm, LLC	36
	Litvak Litvak Mehrtens and Carlton, P.C.	14
Liquor Stores	Quebec Liquors	30
Medical Doctors	Advanced Pediatric Associates	15
	Allergy & Asthma Care and Prevention Center	32
	Colorado Institute for Maternal & Fetal Health	23
	Denver Dermatology	16
	Med-Fit, PLLC- Weight Loss Specialist	29
	Rose Medical Center	15
	Sapphire Pediatrics	34
	St Joseph Hospital - Certified Nurse-Midwives	-11
	Stapleton Pediatrics	32
Mortgage	Thoroughbred Financial	26
Museum	History Colorado Center	36
Opticians	Stapleton Family Eye Center	31
Painting	Ciechanowicz Painting	17
Pets	Northfield Veterinary Hospital	24
Pre-Schools/ Childcare	KidsTown Drop-In Child Care Center	14
Real Estate	Jim DeCesaro, Weichert Realtors	28

Real Estate (continued)	Kim Davis @ Re/Max of Cherry Creek Inc	21
	Kim Kouba - Perry & Co	37
	New Perspective Real Estate, LLC	38
	RE/MAX Momentum Stapleton	35
	The Kearns Team, RE/MAX Alliance	33
	Tolan Real Estate	26
	Veritage Properties	24
	Wolfe & Epperson Real Estate	17
Rental	The Grove at Stapleton	26
Research Studies	IMAGE Research Group - University of Colorado School of Medicine	10
	IMAGE Research Group - Women's Health Research	27
Restaurants	Delectable Egg	26
	It's Brothers Bar & Grill	9
	Zen Asian Sushi Bar & Grill	22
Retail	Shops at Northfield Stapleton	40
Schools	DSST Public Schools	10
	International School of Denver	28
	Stanley British Primary School	8
Solar Energy	E Squared Solar	25
Sports	Cheyenne Fencing Society	20
Transportation	RTD	5
Window Coverings	Budget Blinds	34
	Rocky Mountain Shutters	27
Window Washing	Better View Window Cleaning	22
Service Directory & Classifieds	Service Directory & Classifieds	37

A directory with links to these businesses can be found at www.FrontPorchStapleton.com > Business Directory

November 2015 4 Stapleton Front Porch

Northfield High School

(continued from page 1) for the school, the conflict it generated in the community before it ever opened, and how the school is doing today.

The *Front Porch* attended many of the community meetings and talked to many people before the high school opened. We are presenting that information as background for understanding what's happening today. What it's like in the school today is presented primarily as direct quotes from teachers and parents. The resignation of a principal creates uncertainty in a school. Numerous people stated they didn't want their name used or spoke with the understanding that the article would present their statements in the context they were shared. With that in mind, this article will clearly note whether explanations or conclusions are from the *Front Porch* or from a person interviewed.

A conflict waiting to happen?

It's safe to say no new school (or existing school) has been without conflict. But it is also safe to say there were some competing goals from the start that set up this new school for many of the conflicts that have occurred.

Front Porch observation: The Stapleton community wanted a "comprehensive" school like Denver's East High School. DPS wanted the newest school in the district to be diverse and to not have the achievement gap problem that currently exists in Denver's comprehensive high schools.

Stapleton parents have participated in the development of new schools since the first families moved here in 2003. They have taken surveys on what type of school and curriculum will be developed and worked successfully with new principals to reach those goals.

As the child population at Stapleton aged, the community started having meetings about a new high school. At those meetings a strong desire was expressed to have a single large comprehensive high school, similar to East. When the plans showed individual buildings that could house smaller academy-style schools on the campus, the community reiterated their desire for a large comprehensive high school. The plans got redesigned to join two buildings to accommodate about 1,000 students.

In community meetings, Stapleton residents said a building for 1,000 wouldn't be big enough—they thought almost everyone would attend the new high school. After a March 2014 community meeting, DPS Board member Happy Haynes, an East High School alumna, told the

Front Porch "... there will be a guaranteed seat for every student at Stapleton who wants to be in this high school. I fully support that, and I support the idea of a comprehensive high school at the Northfield location, and further, I am, and I believe the other board members are as well, absolutely committed to that school being a diverse school ... That's a commitment the district has made."

Front Porch observation: Haynes was using the term "comprehensive" to refer to a school that would offer a broad range of classes and opportunities to

students. To the community, the term comprehensive meant "like East."

DPS' intention to have multiple schools on the campus was reaffirmed in a statement from Will Jones, DPS director of media relations, after the September 2015

dedication of the Paul Sandoval Campus. DPS chose to have a campus name as well as a high school name because they "anticipate an additional school will be built on the Paul Sandoval Campus at some point and want to ensure each school is appropriately represented."

Former principal Avi Tropper says when DPS looked for a principal, they communicated that a high priority was to have an innovative plan for a diverse high school that ideally would not have an achievement gap. Tropper stated:

"Over the past year the team worked very hard to develop an innovative high school that would address the significant proficiency and opportunity gaps among Denver Public Schools students. The vision for Northfield High School has been to build a school that provides a superb education, grounded in the International Baccalaureate (IB) program, for a diverse community of all students. Our emphasis on diversity was based on understanding that we live in a diverse world with great value in learning from and with a diverse group. Significant outreach across communities in Northeast Denver and detracked, inclusive classes ensured that this vision become a reality."

Starting in June 2014, and up through DPS choice in January, Tropper held community meetings and met with students to share this vision.

Rumblings in the community

In March 2015, the outcome of school choice

showed that 93 students in the Stapleton boundary (just under 50%) chose Northfield (not the numbers the community expected); 315 students from far northeast chose Northfield. As the 2014-15 school year came to an end and families focused more closely on the details of the new program, the *Front Porch* began hearing concerns that the program and the principal were not meeting their expectations or their needs. The program was not the traditional comprehensive high school they asked for and expected. Some of the concerns parents expressed in June about

the NHS program were: the math placement test; the lack of a traditional guidance counselor position; the lack of a traditional athletic director position and the need for a schedule that better fits with the athletic

programming at other schools; and that student council had less say about the dress code than they had expected.

Northfield High School

In June, several parents told the Front Porch they and others had asked about such issues and Tropper was unwilling to compromise. The message they heard was that NHS may not be for everyone, and if it's not the right fit, they could use the Round 2 Choice process.

As it has turned out, parents and students have been very happy with the "advisory program." And the scheduling of all PE classes at the same time mid-day has given teachers time for planning, collaboration and professional development that history teacher Peter Wright says is "unique" and "huge, enormous" in its impact on the quality of teaching. (More later on "advisories" and why teachers say they're happy with their jobs at NHS.)

Front Porch observation: Tropper designed the program that DPS had asked for—one that would ensure all students in a diverse school would succeed. Traditional comprehensive high schools in Denver have not achieved that goal. Tropper believed the compromises parents were asking for would interfere with that goal. By June some parents in the community were saying he was uncompromising and unsympathetic to their concerns and they started transferring to other schools. (And some felt it didn't help that he's not very "Colorado"; he's blunt and talks fast like a true New Yorker.)

Parent and teacher feedback after two months of school

The final composition of the first class indeed created a diverse school—approximately 200 ninth-graders that are approximately one-third white, one-third Latino, and one-third black. "We have 40 schools with varying degrees of structure and academic success that feed into us," says history teacher Peter Wright. "Everyone and everything is new—there are no (upperclassmen) role models.

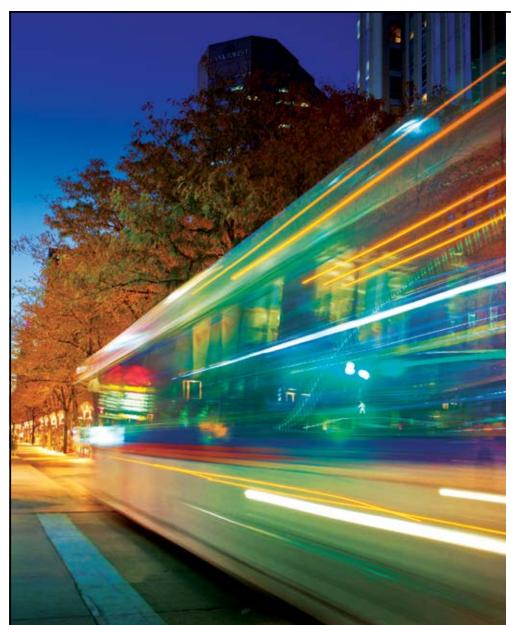
"Two months progress has been enormous. The biggest thing we're seeing is students are starting to take responsibility for each other. We're having to correct student behavior less and less. If a student is talking in class, other students might respectfully ask the student to be quiet ... I go through many days without any disciplinary issues ..."

Advisor Jamie Doak says, "I see students able to express themselves and respect others when they're speaking and able to handle conflicting opinions with respect and maturity. I definitely see that this model has benefitted our student interactions from the beginning of the year until now."

Literature teacher Katie Langlois talks about working with her fellow teachers at NHS. "For me one of the things that really stands out is this spirit and culture of collegiality, professionalism and growth as an educator. I'm really growing as an educator in a way that's safe and nurturing. I think it makes us teachers more comfortable to be ourselves with our teaching style and how we present lessons. We're not worried or scared that we're going to be reprimanded or chastised for being creative. And so we *are* creative ... It's more a culture of inquiry than of criticism."

In an attempt to get a broad impression of feelings about the school from parents, the *Front Porch* posted a brief (admittedly unscientific) survey in the Stapleton "NextDoor.com" chat room and on a Facebook page for NHS parents. Surprisingly, given that people in online chat rooms often express strong and conflicting opinions, there was 100 percent agreement among all 12 respondents on four out of 11 yes/no questions. Responses were received between Oct. 19 and 21.

- All said their child had never indicated feeling physically unsafe.
- All said their child had never been bullied. (Eight said their child had never witnessed bullying.)
- All said the teachers are approachable and helpful regarding (continued on page 13)



drive a bus for us

get a \$2,000 signing bonus

Join our team of fun, diverse, motivated bus drivers and we'll put extra cash in your pocket. We offer a complete package, including:

- Starting pay of \$15.64 per hour
- \$2,000 signing bonus*
- Medical, dental, and vision plan
- Retirement pension plan
- Education allowance
- Full time, part time opportunities
- No experience necessary
- Paid training
- Much, much more
 - *Scheduled payments upon completion of training

Or apply in person, Mon.-Fri. at 1600 Blake Street, Denver or online at rtd-denver.com/careers



Stapleton Front Porch 5 November 2015

Anti-bullying stomp

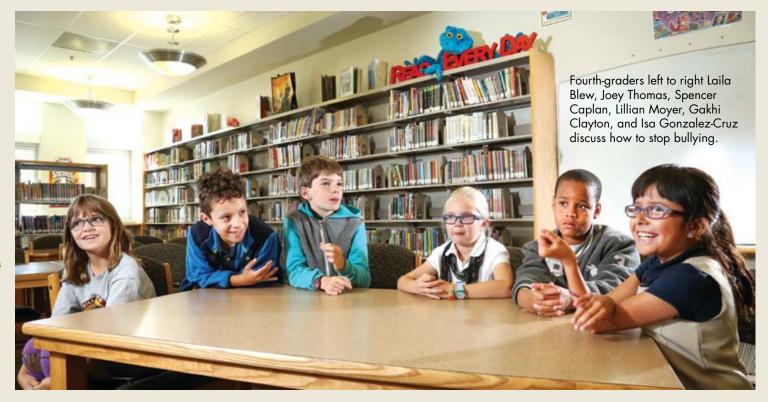
(continued on page 6) somebody, makes somebody feel bad: these are some of the phrases they use to describe a bully. "And maybe they have been bullied too and get angry and can't control themselves," Laila Blew says.

A couple of the students have stories of being bullied, including being punched on the school bus, where the bus driver is typically busy thinking about driving and can't watch the kids.

"My brother and sister have also been bullied on the Internet because people say on their pictures 'That's not funny' or 'That's not cool. Stop being on the Internet,'" Gakhi Clayton says.

Cyberbullying is particularly easy because there is little risk of being caught, they explain. "Cyberbullies are behind a computer screen, possibly wrapped up in a warm blanket, drinking hot cocoa. It doesn't seem like bullying," Gonzalez-Cruz says.

Some of the students give less obvious examples of bullying, like a person not taking good care of an animal, stealing someone's work online, or firing an employee for no reason and with no explanation. "There can be super old bullies. It's not just kids," Spencer Caplan says. Sometimes bullies wear leather jackets and a lot of black like *Grease*, Lillian Moyer describes. Other times bullies



cannot be picked out from a crowd.

Sometimes people can also be mistaken for bullies if they don't have friends. "It's possible for someone to be really nice and have no friends and sometimes if you're picked on a lot, no one wants to be your friend," Gonzalez-Cruz says. There is one student in their class who sits alone at lunch and a couple of the students have made an effort to include him.

Standing up to bullies can be intimidating, and thankfully the students report they don't see much bullying at Bill Roberts. "If there is somebody getting bullied, I ask them to stop. They usually stop, but sometimes they don't and if they don't, I get a teacher or get someone to solve the problem," Joey Thomas says.

They do warn not to attempt confronting a gang of bullies, though, because that is

dangerous.

After the protest, the students hung their signs throughout the school to remind everyone there is zero tolerance for bullying. The school has also installed RAKtivists stations around the school, which promote Random Acts of Kindness. A student can write an inspirational note and leave it at the station for a student who is having a bad day.









Questions? Call Our Box Office @ 303.856.7830 or send an email to vintagetheatreproductions@gmail.com

Fri and Sat 7:30 pm Curtain Sun 2:30 pm Curtain



(1) One Man, Two Guvnors Feb 5 - Mar 27 **Directed by Linda Suttle** in Collaboration w/Spotlight Theatre Company





(2) Intimate Apparel June 3 - July 10 **Directed by Seth Rossman**

(1) Ghost the Musical July 22 - Aug 28 **Directed by Clay White**

(2) Frankie & Johnny in the Claire de Lune

July 29 - Sep 4 **Directed by Pam Clifton**

(2) Stella and Lou Sep 16 - Oct 2 **Directed by Lorraine Scott**

(1) "A Family Musical" TBA Sep 16 - Oct 30 **Directed by Deb Flomberg**

(2) The Oldest Boy Oct 14 - Nov 13 **Directed by Wendy Moore**

> Nov 25 - Jan 15, 2017 **Directed by Bernie Cardell**

In Collaboration w/TEA - Theatre E'sprit Asia (1) Big, the Musical

(2) The Best Christmas Pageant Ever Directed by Rachel Bouchard

Directed by Craig A Bond & Evgueni Mlodik

Night, Mother 2015 Henry Award Winners Outstanding Production! Emma Messenger/Haley Johnson

Fri Sun Sat 1 8 9 10 15 16 17 22 23 24 30 31

Mar		
4	5	6
11	12	13
18	19	20
25	26	27

Jan

May		
	.1	
7	8	
14	15	
21	22	
28	29	
	7 14 21 28	

July		
1	2	3)
- 8	9	10
15	16	17
22	23	24
29	30	31

Sep		
2	3	4
9	10	11
16	17	18
23	24	25
30		

Fri	Feb Sat	Sun
5	6	7
12	13	14
19	20	21
26	27	28

Apr		
1	2	3
8	9	10
15	16	17
22	23	24
29	30	

June		
4	5	
11	12	
18	19	
25	26	
	June 4 11 18 25	

Aug		
5	6	7
12	13	14
19	20	21
26	27	28

	Oct	
	1	2
7	8	9
14	15	16
21	22	23
28	29	30

Nov					
4	5	6			
11	12	13			
18	19	20			
25	26	27			

Dec							
Tue	Wed	Thur	Fri	Sat	Sun		
			2	3	4		
		8	9	10	11		
		15	16	17	18		
20	21	22	23				

111 25/21/1 114/25

Spitfire Grill Megan Van De Hey

Vintage Theatre Productions, Inc 1468 Dayton Street Aurora, CO 80010 (303) 856-7830 vintagetheatre.org

Central Park Park-n-Ride Opens; Rail to Start April 22, 2016

Lot under construction opening by the time East Rail Line opens



This RTD rider worried she'd miss the bus to the airport by the time she took the parking receipt back to her car—but RTD says receipts do not need to be left in cars. Just enter your license plate number and keep the receipt.

By Carol Roberts

71th the announcement that the East Line (now renamed University of Colorado A Line) will open April 22, more and more transit riders are expected to use the new Central Park Blvd. (CPB) rail and bus station. With 1,500 parking spaces, it's RTD's highest-capacity lot. RTD Senior Architect/Urban Designer (and Stapleton resident) Ignacio Correa-Ortiz is optimistic about its future. "I think this is the next great TOD (transit-oriented development) spot in the region." He calls it "a blank canvas" with its numerous development possibilities on the acres of

in the spring (approx. Location of pay station and 36th Ave. closed from Ulster to Uinta until approx. Dec. 1 airport bus. Additional Quebec pay station. Uinta closed from 35th to 36th until approx. Dec. 1

Approx. 500

No left turn on Ulster from eastbound 35th

parking spaces

Park-n-Ride to be accessible from Smith Rd. approx. Dec. 1

empty land nearby.

Tips for first-time Central Park park-n-riders

Enter your license plate number

at the parking ticket machine and then the number of days your car will be parked. A day is a 24-hour period. The ticket machine will calculate the amount due, with the first day free for Denver residents. Subsequent days are \$2/day. The address of the CPB Park-n-Ride is 8200 Smith Rd.

The airport SkyRide route "AS" buses depart CPB station and DIA from approximately 3am until midnight every day. Find the exact schedule at RTD-denver.com. The ride is approx-

imately 25 minutes, directly to the airport with no stops, and drops passengers on the west side of the terminal at United. The CU A Line trip from Central Park Blvd. will also take 25 minutes, but will run every 15 minutes rather than every half-hour during the day, and less frequently late at night. Bus service from CPB to the airport will stop when the CU A Line opens. The cost for an adult on the bus or train is \$9 one way. Children 15 and younger ride free when accompanied by an adult. Seniors are half price. The

cost for the train to the airport will be the same.

parking

Riders can also download the Parkmobile app, sign in, and enter zone 7003 to purchase parking at the CPB station. A transaction fee of 25¢ to 35¢ is added to the parking fee.

36th Ave

Cyclists, electric cars and solar panels

Bicyclists have the option of using outdoor bike racks, but the station also has several bike lockers. In the future, cyclists will be able to lock their bikes in a weatherproof bike corral, accessible by signing up for a free entry card.

RTD is pursuing a pilot program

that will offer two charging spaces for electric vehicles. The station has the capacity to accommodate up to 10 charging stations in the

The bus





November 14 10 AM-12 PM

350 QUEBEC ST., DENVER, CO 80220 303-360-0803 EXT 167 admission@stanleybps.org



Smith Rd eastbound connects to

Sand Creek Trail (see map on page 20) but is closed to vehicles.

future. canopies were built facing southward to accommodate future solar panels to power the station.



Ours are.





New Town Builders is now Thrive Home Builders.



Homes that do more.

ThriveHomeBuilders.com

Effective Sex Ed Discusses Life Goals, Being a Good Partner



We watched a disturbing video of giving birth.

The teacher showed vivid STD pictures of real, infected people.

It was kind of a joke and had no depth to it. My teacher brought in a walrus penis bone.

We watched a horrific video of how and why you get your period. We didn't talk about sex.

We talked about how babies are made, but never actually discussed sex or how to protect yourself.

hese are memories collected from people about their sex education experience in school. Most schools, if they do offer sex education, focus on the nuts and bolts of the female and male anatomies and how babies are born. But McAuliffe International School in Park Hill is taking a more comprehensive approach to sex and sexuality by focusing on life goals and what it means to be a good partner.

Kendra Collings is a seventh-grade reproductive health and physical education teacher. She uses the HealthTeacher curriculum, an online resource of health education tools including lessons, interactive presentations and additional resources to integrate health into any classroom and make sure kids live well.

"Kids are curious, just like we were growing up, and if we don't teach them this stuff, somebody else will, and that resource may not be in our child's best interest, or it may just be very inaccurate," she says.

As the child and grandchild of teen parents, Collings has felt the impact when sex education is not taught. Her mom, who had a full-ride scholarship, could not go to college. Her parents are still together and managed to move from supreme poverty to middle class, but it was extremely difficult.

Collings has a master's in health education and a master's in physical education. She has two children who both go to McAuliffe. When they're older they'll tell everyone how their mom taught the whole school about sex.

As part of the reproductive Do you have health class, every month the avestions and don't students focus on one skill know who to ask? they can use to be a better person. In the active lis-Text ICYC to 57890 to access tening unit, they practice the Planned Parenthood textline. Trained professionals answer listening without interquestions regarding sex, puberty, rupting and while making relationships, birth controls, continuous eye contact. In or sexually transmitted diseases. the assertiveness unit, they learn how to effectively use their words to be heard. For example, when someone is upset, instead of saying "You did this ..." the students learn to say, "I feel this way because" They use these same skills when discussing what it means to be a good partner in

In the sex and sexual health part of the class, the boys and girls are separated and the doors are locked to avoid interruptions. Collings begins by discussing goals and asks the students what they want out of life. They discuss together how to make those goals happen and if they had a baby, would that goal still be possible? "It teaches them that if they really want this thing for themselves, they need to take care of their bodies," Collings says.

The next part of the class is dedicated to questions. The students can write them anonymously and put them into a box. Collings somehow makes what's normally a blush-inducing experience, into a positive, even humorous experience. "You have to be direct but not uncomfortably direct. I don't know how I do it," she says and laughs.

Does kissing get you pregnant? No, kissing does not get you pregnant.

Can you get pregnant from oral sex? Well, what do you know about oral sex? How did you hear that word? No, you cannot get pregnant from oral sex because the reproductive and digestive tracts are separate. It can't jump from one to the other.

Is it OK if I am attracted to another girl? Of course it is. Now what you need to do within your own family unit is your own journey because it's still considered very different in some families, but in other families, it's just normal, as long as you love somebody.

At times, Collings shares her opinion as a mom and makes it very clear to students it is what she would want for her kids.

Because the class sparks curiosity, the final part goes over reliable resources and using websites with .edu or .org to answer questions.

In addition, Planned Parenthood of the Rocky Mountains visited the class to host an educational workshop after a McAuliffe parent attended their *Open Minds, Family Talks*. See sidebar. This information is essential to

kids' wellbeing because many are not getting sex education at home, according to Collings. Within her own friend circle of moms, many don't want to teach their kids about sex but want it to be taught in school. "We are totally missing a big gap in not only health education in Colorado, but education about alcohol, tobacco, marijuana, Internet safety and emotional safety. My goal is to make sure every boy and girl at this school has a resource for their questions."

Open Minds, Family Talks

Planned Parenthood of the Rocky Mountains (PPRM) offers a workshop called *Open Minds, Family Talks* for parents, guardians, caretakers or any adults to sharpen their skills around discussing sex and sexual health with youth.

First, attendees consider their own personal values around sex with an anonymous survey including questions like "Do you think teens should have access to birth control?"

Next, instructors Rebecca Engel and Julie LaBarr—a sensational combination who make the evening fun, informative and thoughtful—give skills for talking about sex.

- Be an ask-able adult.
- Seek out teachable moments.
- Assure your youth that they are healthy and normal.
- It's OK to say "I don't know"—if you give wrong information and your youth finds out, he/she won't ask again.
- Have more than just the "big talk."
- Use the right medical language.

Answering tough questions

- Let them know it's a good question to ask.
- Find out what they are really asking and think about it.
- Decide what message to give.
- Encourage feedback. Did I answer your question?
- Finally, attendees practice what they've learned through role plays. For example:

Mom, do you masturbate? PPRM: Before diving into the dirty details, ask where did you hear that word? What do you know about it? Based on their age and understanding, you can give more information and let them know masturbating is perfectly normal.

Why do hormones cause you to gain weight? PPRM: That's a great question, and I'm not actually sure. I think it is different for everyone. How about we look it up together?

Would you like to attend an *Open Minds, Family Talks?* The workshop can come to your home or business. Planned Parenthood also offers a course for parents about Sexuality in the Digital World. For more information about any of the Planned Parenthood educational workshops, contact Julie LaBarr at julie. labarr@pprm.org or 303.813.7631.





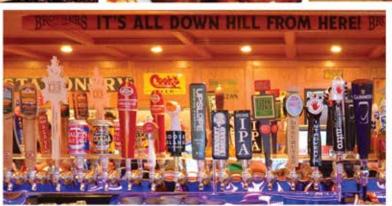
a relationship.













ENJOY BIG BAR COMFORT FOOD. RELAXED, FUN ATMOSPHERE, PLENTY OF TVs
AND OVER 35 DRAFT BEERS ON TAP...

BEFORE, DURING AND AFTER THE GAME, WE'VE GOT YOU COVERED.



ACROSS FROM HARKINS THEATRE
IN THE SHOPS AT NORTHFIELD STAPLETON

OPEN EVERYDAY 11AM · (303) 953-0229 · WWW.BROTHERSBAR.COM

Denver Police Ligisons Between Homeless and Residents

By Madeline Schroeder

A homeless person is sitting on a bench outside of a business. A homeless person is sleeping in the park. A homeless person is walking laps around Wal-Mart. These are all reasons to call the police, right? Not necessarily.

"Being homeless is not illegal and being crazy is not illegal," says Robert Parks, homeless outreach officer for the Denver Police Department. This is one of the first things he tells people when he gives educational talks about homelessness.

According to Parks, most of the time homeless people are not doing anything illegal, but residents want them removed. But just like any other citizen, homeless people do have rights and cannot be removed from public spaces for no reason. "If there is an immediate crime and something we can stop, we do that. But a lot of the time, we get into the complexities raised by homelessness," Parks says.

If officers wanted, they could follow one homeless person around all day and most likely write citations for public urination, violation of the camping ordinance, and open container, but that only gives the homeless person a list of court dates and fines.

Homeless outreach officers have tricky jobs because the goal of the officer is oftentimes different than the goal of the person who called in. Officers very rarely receive calls concerned about homeless people. Most of the calls are to have a homeless person removed. "Most important to remember is that Denver is a city that values all people and as a city, we want to do all we can to help move people from a life on the streets to stability, including connecting them to appropriate services to help them embark on that transition," says Jesse Granger with the Department of Human Services. "We firmly believe that the safest place for those experiencing homelessness is indoors. People are better served when they are sheltered and ultimately housed because without stability, it is difficult to achieve self-sufficiency."

The homeless outreach unit's goal is to help further the process of getting people off the streets. The unit was formed in 2007 and serves the entire Denver metro area. It consists of four people. Most cities do not have these units. There is a need, but no funding for a special unit. Plus, many officers are not drawn to this type

of work.

While these officers do police work, a majority of their time is spent doing social work. Homeless outreach officers are mediators between the homeless community and residents, business owners, or whoever calls the police. They are on call as consultants for patrol officers dealing with homeless issues and can come to a scene. They also respond to calls from 911 and 311 (Denver city services).

The officers know every homeless community around Denver, as well as the individuals within those communities. The officers connect them with the right services, including the best places for medical care, food, shelter, drug addiction rehabilitation, long-term care, and more.

The connotation of homeless does not







Healthy Women Needed for Cardiovascular Research Study

Purpose of the Research Study:

 The purpose of this study is to investigate how the menopause transition and the loss of estrogen impacts the health and function of arteries in women

Main Inclusion/Exclusion Criteria:

- Premenopausal women 18-49 years, Perimenopausal women 40-55 years and Postmenopausal women between the age of 45-70 years
- Non-smokers
- Volunteers should NOT currently be taking Birth Control or Hormone
 Replacement Therapy (HRT) or exercising vigorously more than 2 days per week

Main Procedures Involved:

- Physician supervised exercise stress test
- · Ultrasound of the blood vessels and heart
- Blood cholesterol profile
- · Comprehensive dietary analyses
- · Measurements of bone mineral density and body composition

Compensation provided

If you are interested in participating please contact Lila Sisbarro at 720-848-6419 or shape.study@ucdenver.edu

Division of Geriatric Medicine COMIRB #06-0537 5/9/2014 PI: Kerrie Moreau, PhD



Your home should make you healthier.

Ours does.

New Town Builders is now Thrive Home Builders.

Beautiful, thoughtful designs and the highest energy efficiency are what we've been known for.

But we're changing our name to reflect a new, innovative focus; new homes that can be a

healthier place for your family to live. We build healthy homes that improve well-being and help families thrive. Why do we do it? Because your home should do more.





and the said

Homes that do more.

ThriveHomeBuilders.com



The I-270 off-ramp at Quebec is a common spot for panhandlers. Denver Police Department homeless outreach officers help connect these individuals with the right services to help them get off the streets.

capture the broad spectrum of what it means to be homeless," Robert Parks says. There are three main types of homelessness: economic, situational and chronic. The economically homeless person is often undereducated, lives paycheck to paycheck, and his or her skill is no longer needed. The situationally homeless person gets into a situation that drives him or her to the streets, like a woman who is beaten and decides to leave with only \$50 that doesn't get her very far. The chronically homeless person is often addicted, sleeps in alleys and doesn't want to get off the streets. Most often, people cannot pick out the economic or situational homeless person, but know and think of the chronic homeless person. These chronically homeless people are the ones the homeless outreach officers spend most of their time working with. Unfortunately, the chronically homeless people oftentimes don't want to get off the street and may deny help from the police.

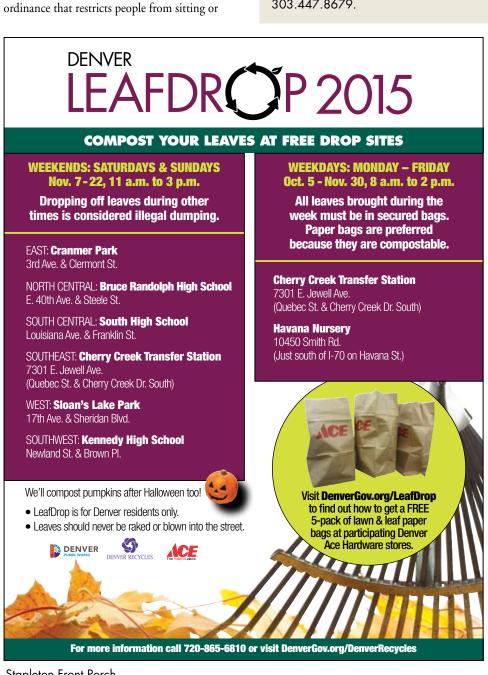
Every morning the homeless outreach officers do a wake-up call for the chronically homeless population downtown. Within the business improvement district downtown, there is a sit-lie ordinance that restricts people from sitting or

sleeping from 7am to 9pm. The officers wake up the people and get them moving so people do not call the police on them later in the morning. As winter approaches, these homeless people will move inside to stairwells, ATM vestibules, and lobbies, becoming more visible to the public.

Parks believes his unit cannot solve the homeless problem and it will persist, especially as Denver continues to grow, but they are an essential part of getting homeless people the services they need to get off the streets and not be a nuisance for residents and business owners.

For non-emergencies, call 720.913.2000 and for Denver City Services, call 311.

Beginning November 7, the History Colorado Center will have an exhibit called Searching for Home: Homelessness in Colorado History. The exhibit explores the complexities around homelessness and museum-goers can discover what it's like to live on the streets. Visit History Colorado at 1200 Broadway or call 303.447.8679.





Midwife Services at Denver's Top Baby Hospital

Saint Joseph Hospital's certified nursemidwives partner with expecting moms so they can have a healthy pregnancy, a healthy body and a healthy baby.

Our mother-centered midwives provide:

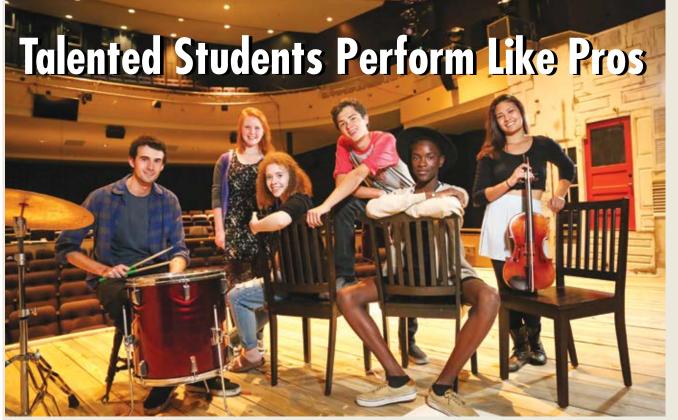
- Well-woman care and pre-conception counseling
- Some of Colorado's lowest C-section and preterm labor rates
- A wide range of prenatal and delivery options, and coming soon, water births and nitrous oxide for labor
- All the amenities and support of the new Saint Joseph Hospital – Colorado's top baby hospital

Convenient offices in Stapleton and Uptown, with extended evening hours until 7 p.m. in Stapleton.

303-318-BABY (2229) saintjosephdenver.org/midwife



Stapleton Front Porch 11 November 2015



Denver School of the Arts students gather on the main stage. Left to right: Pierce Cram, senior, vocal; Lydia Thompson, junior, theatre; Alica Saper, senior, theatre; Riley Watson, sophomore, theatre; Deja Von Crittendon, sophomore, stagecraft and design; Katherine Guerrero, senior, orchestra.

Upcoming Performances at DSA

Theatre, The Dining Room, Nov. 11–14Actors hold intellectual discussions about the role of dining rooms over the decades.

Fall Dance Concert, Nov. 19-21

See works choreographed by the students and for them by guest artists.

Orchestra Concert, Dec. 12

Hear the program including the William Tell Overture. For a complete list of events in a variety of arts and to purchase tickets, visit www. dsa.dpsk12.org.

By Courtney Drake-McDonough

enver offers a wealth of opportunities to experience the performing arts on a professional level. But nestled just off of Quebec and Montview Blvd., a wide range of performances can be enjoyed at Denver School of the Arts. While some may envision school performances only a parent could love, DSA delivers polished shows to the public, reflecting the hours of lessons, study and rehearsal DSA students go through.

Nearly every weekend throughout the school year, DSA puts on shows covering their variety of majors including orchestra, dance, theatre, visual arts and video cinema arts. Performances are not just for the experience of being in front of an audience. The ticket prices, which generally range from \$10–\$14, help pay for weekly guest artists to work with the students, for performance production costs and to help augment costs associated with travel to competitions and conferences.

Ticket sales from the fall and winter orchestra concerts, for instance, help provide scholarship money for the orchestra to attend The Midwest Clinic in Chicago in December, considered the most prestigious forum for orchestras and bands in the country. The orchestra is one of four in the country invited to play. "To get invited to play is really rare and an honor," says Dr. Enrique Lasansky, director of orchestras at DSA.

In Lasansky's middle- and high-school orchestras and chamber music groups, students spend 90 minutes in school rehearsing new music for each concert. After school, they take private lessons and spend hours practicing and, in some cases, also work with other youth orchestras.

Despite the intensity, the majority of students will not become professional musicians due to high competition and limited job options. The hope, though, says Lasansky is that "they will have a solid background in the arts and will continue playing either in community groups, semiprofessional groups or chamber music and will become consumers of the arts." Plus, he adds, the skills students learn as musicians are applicable to other fields and have been shown to increase intelligence.

Eighth-grader Isabelle Oss is an example of a student committed to her music now but without designs on a musical career. She plays piano and ukulele but focuses on violin at DSA. Despite the time and effort she devotes to music, Oss wants to be a surgeon someday, but says music will always be part of her life. "I don't remember a time when I didn't have music in my life," she says.

Like Oss, Perri Earnest, a senior dance major, doesn't want to be a professional dancer but is considering teaching. Earnest, who takes dance classes almost nightly plus classes and rehearsals in school, feels she has gained good life experience through her art. "I've gotten a great school education and life skills," she says. "It's prepared me to deal with all different kinds of people."

That's one of the main goals, says Brandon Becker, one of two theatre directors at DSA whose department puts on up to 11 shows per year, requiring several hours of after-school rehearsal. He feels there are many benefits for students who have a background in the arts, even if they don't pursue it as a career. "Our mission as a department is to create good citizens who are able to articulate their point of view about the world and art," he says. Becker feels the skills students learn easily translate to any field. "The tools of working together as an ensemble, problem solving, thinking outside the box—all those things contribute to what are now considered 21st- century skills," he says.

Becker feels all of the various shows DSA puts on are great for the community to see. In the theatre department, some shows are very family-friendly, while others, like November's *The Dining Room* are more intellectual with adult topics, best for ages 10 and up. He recommends parents read the descriptions of the plays on the website to determine the level of appropriateness for their children.

Oss feels people will be surprised to see how good the school's performances are. "There's something really great going on blocks away from their house and they don't know about it quite yet." She also feels it could be motivating for other kids to see what can be done with the arts. Earnest agrees. "I think a lot of younger kids get put into dance classes by their parents when they are little and they don't always love it, but I think getting to see kids a little older than you performing and having a great time, it's really inspiring and beneficial that they see it." She also sees a bigger picture. "It's impressive to walk into our school and see the artwork and everything that's going on," she says. "It's really lovely to see and to help keep the arts alive and thriving."



Your moments are unique to you; your care options should be no different. That's why Saint Joseph Hospital delivers care that's centered around you and your baby. As one of Denver's newest hospitals, Saint Joseph Hospital combines personalized care with modern amenities, to provide you with a variety of options to help you plan for the day your moment arrives.

Plan your moment at SaintJosephDenver.org/YourMoment.



Northfield High School

(continued from page 5) problems and concerns (one noted "except the teacher who left—he didn't like her teaching.")

- All said the advisors are approachable and helpful regarding problems and concerns.
- Eleven of 12 respondents said teachers present lessons in an understandable and organized way.

In addition to the yes/no survey answers, some parents did express specific concerns about NHS, particularly restorative justice, which will be covered in a later section, Northfield's innovative model.

Why did the principal resign?

Following is what's known about the events that led up to the principal's resignation. Susana Cordova, DPS chief schools officer, says minors were involved so DPS can't answer any questions.

On or about Oct. 8, a teacher emailed parents to say the administration was not addressing incidences of violence, and bullying in the classroom was escalating. "I am saddened that I am unable to properly educate your child due to this situation. I will no longer be teaching at Northfield High School because I do not feel that I can ensure a safe environment."

On Oct. 8, Cordova and Gregg Gonzales emailed parents to say two families raised concerns about how their students were disciplined by a campus security officer. "In order to conduct a fair and thorough investigation, we have placed Principal Tropper and the security officer on

Two part-time staff also resigned at about the same time. According to Tropper, "Both part-time teachers expressed that they enjoyed working at the school and were resigning for personal reasons."

On Oct. 12, 9News aired a six-minute video in which a parent said the security guard inappropriately handled her daughter.

On Oct. 20, Superintendent Tom Boasberg and Cordova wrote a letter to Northfield families that said they had concluded their investigation and Principal Tropper had resigned. It said, "In cases where students do not act in accord with school policy, these cases must be dealt with promptly and fairly, in accordance with districtwide discipline expectations and in such a way that de-escalates conflict as effectively as possible.

"Our review has detailed multiple instances where this was not the case over the last two months at Northfield, including inappropriate use of force, inappropriate escalation of relatively minor incidents, inappropriate supervision of security personnel, stated intentions to use suspension as a tool to force at least one student out of the school and inappropriate behavior toward parents raising concerns."

Tropper provided this statement: A restorative justice model with firm redlines around violence or attempted violence, created a school environment focused on learning. Quoting a consensus statement from the vast majority of the faculty, the people with firsthand knowledge of events: "As one would likely expect with any large group of adolescents, our school experienced its share



of disciplinary challenges. There were a very small number of incidents at the school that required proper intervention and management, which is exactly what our staff provided. We completely disagree with the criticisms we have seen and heard regarding Northfield's approach to student discipline and believe strongly in the way that the staff addressed the circumstances they

confronted.'

An Oct. 20 article at Co.Chalkbeat.org included the following information. "(Tropper) described the district's investigation as 'tremendously flawed,' featuring 'falsehoods and lies.' He said the district failed to talk to faculty who could refute some of the claims..." (Co.Chalkbeat.org, Oct. 20, 2015, by Eric Gorski)

Understanding Northfield's innovative model

Northfield's model includes some innovations that some parents still don't fully understand, including restorative justice, detracking, the advisory program and distributive leadership. Following are parent questions and concerns and teachers' explanations of these aspects of NHS.

Restorative justice. The greatest number of comments on the survey were in response to the question "Has your child indicated he/she believes the resolution-based approach to discipline, rather than a more traditional punitive approach, is working?" Four of 12 said yes.

Responses included, "My son feels there are many disruptive students in classes." "My daughter specifically said that behavior issues have improved steadily since the beginning of the year." "Regarding discipline, the school talks about a 'restorative justice' model, but has never explained what exactly that means." "Seems to be working so far." "... my main concern, since the end of last year, was that while the vision was there, the ability to implement and lead was not. What exactly does the restorative justice plan entail when handling an

"I have nothing against it but whatever they're doing, it's badly implemented," says Parent Greg Francis. "They need to work on it. My thought is there have to be disincentives to these kids for fighting. The impression I was getting was that they'd do it again. If they're not doing it again, then it's working. But it seems like it's not. And that is a distraction to the kids who are engaged, who are there to learn."

Parent Karla Rehring says she hasn't gotten much feedback about kids being out of control or violent or bullying. "From our perspective it's not

History teacher Peter Wright says one of his colleagues is working on professional development for the teachers about restorative justice. "It's not about punishing students, it's about developing strategies for talking with them, helping them understand how their behavior impacted the community, and then allowing the student to come up with strategies or actions they can take to make it right and restore whatever harm has been caused. I think it's been working great."

Literature teacher Katie Langlois says, "I have t had a discipline issue with a student that I felt was resolved improperly. Whenever I had a discipline issue that I was (continued on page 26)



an additional \$100 donation from Dance Institute.



Access to Bladium Fitness Club, including yoga & more CHOSSFIT Full fitness gym for strength work Extended hours and classes from 5:00am - 7:30pm Custom programming, specific for members' skill levels and needs

Free skill sessions by appointment

Led by a 7-year CrossFit veteran and champion

Child care Locker rooms

ALL THE AMENITIES NECESSARY TO COMPLEMENT A GREAT CROSSFIT PROGRAM CALL NOW TO TRY US FOR FREE! 303-320-3033

BLADIUMDENVER.COM/CROSSFIT

November 2015









ach month, the Indie Prof reviews a current film in the theater and a second film that is available on DVD or an instant-streaming service. This month's column is a bit different, however.

November is the best month for Denver film: the Denver Film Festival (DFF) runs from November 4–15 this year, and it is full of wonderful offerings. With so many films at the Fest, choosing one or more can be daunting. I've chosen a few that I believe will not disappoint. Check out the full schedule on the Film Society's website. Enjoy! Virgin Mountain (2015)

The Icelandic cinema is very much like its country/people: interesting, quirky, and unpredictable. I became a fan on a trip to Iceland last year; Icelandair flights have big screens on every seat with a selection of films from all over the world. The Icelandic films are especially good. *Virgin*

Mountain is another in the line of these excellent films. Simply titled Fúsi in Icelandic after the eponymous character, it follows Fúsi from a dull, monotonous life to one that is soon turned upside down. A

"mountain" of a man, Fúsi is bullied at work and lives with his mother and her boyfriend. They baby him. He spends his time re-enacting military battles with a friend and talking to a little neighbor girl. In the hands of another director (say, an

Scene from Virgin Mountain

American director), this could be very sentimental and melodramatic material. But not here. The tone straddles the line between comedy and drama in ways that American films never seem to pull off.

Writer/Director Dagur Kári was born in Paris to Icelandic parents. He returned to Iceland and later attended film school in Denmark. And while his films have a distinct Icelandic flavor, they have a tinge of the outsider looking in—and that is not such a bad thing. There is a matter-of-factness about the narrative, where things just "are." When Fúsi receives a gift from his mother—for a line-dancing class—the story moves forward quickly. The film is expertly made with simple, elegant cinematography and excellent performances. The best of those performances is from Gunnar Jónsson as Fúsi. A comedian in Iceland, he brings a warmth and brevity to the quiet character, and a sense that there is much more beneath that (very

large) surface. We root for him, and it pays off. It is a wonderful film. Liza, The

Liza, The Fox-Fairy (2015) This is

This is more fun than you should ever have watching an "art film."

This gem from first-time Hungarian director Károly Ujj Mészáros tells the story of Liza (Mónika Balsai), a live-in nurse for the former Japanese ambassador's wife in 1960 Hungary. Liza does not leave the apartment and cares for the paralyzed, bedridden woman full time. She has been taught

PAID ADVERTISING

Partnering with Parents from Birth through College

Compassionate, Comprehensive and Convenient Pediatric Care

re you ever frustrated that you have trouble getting your child in for an appointment with a physician? Not at Advanced Pediatric Associates in Stapleton. On average, patients at APA's Stapleton office see a pediatric physician over 75% of the time. "Our Stapleton pediatricians love providing care in the small, personal environment that our Stapleton office provides," says Dr. Bradley Kurtz. "As residents of Stapleton and nearby Park Hill, we look forward to developing long-term relationships with patients and their families." Expecting a new baby? Schedule a free "Meet the Doctor" visit to get to know one of APA's physicians and ask any questions you have about newborn healthcare.

Available When You Need Them

When your child is sick, Advanced Pediatrics knows you want quick and convenient access to medical care and advice. They carefully tailor their schedule to leave plenty of room available for same-day sick care. Have questions or need advice? APA's Nurse Line is staffed with licensed, registered nurses to answer questions about newborn care or illness, and an Advanced Pediatrics' on-call physician works in conjunction with registered nurses from Children's Hospital Colorado to handle any urgent concerns when their office is closed. Need a well care appointment for your child? Advanced Pediatrics can generally get patients in for well care at their Stapleton office within two weeks of calling for an appointment.

Meet the Board Certified Pediatric Physicians at Advanced Pediatric Associates



Dr. Bradley Kurtz - 5280 Top Doctor

- University of Texas Health Sciences Center, 2000
- Residency: Tulane University Medical Center, Best Pediatric Resident
- Peds Connect Governance Committee, Children's Hospital Colorado



Dr. Bethany Carvajal

- University of Colorado School of Medicine, 2009
- Residency: Phoenix Children's Hospital
- Certified Breastfeeding Specialist



Dr. Alison Auster

- University of Illinois College of Medicine, 1998
- Residency: Children's Hospital of Philadelphia
- Clinical Instructor of Pediatrics, UCHSC





Advanced Pediatric Associates LLP

Hand in Hand for Healthier Infants, Children & Adolescents

Central Park Professional Condominiums 2373 Central Park Blvd. #202 Denver, CO 80238 Patient Care Line: 303-699-6200 www.AdvancedPediatricAssociates.com

Like Us On facebook



Japanese and listens to the Japanese pop-star Tomy Tani, who comes to life as a character only Liza can see. They sing, dance, and talk around the apartment. But when Liza leaves the house for two hours on her 30th birthday, Tomy kills the ambassador's wife.

Wait, what? Isn't Tomy an imaginary friend? Yes, and, well ... we're not really sure what is going on in this wacky world. But we love it. When the old woman leaves the apartment and some money to Liza in her will, Liza becomes a magnet for suitors. All of these suitors meet an untimely, albeit accidental, death, seemingly at the hands of the jealous Tomy. Of course in reality Liza is the main suspect, even though Inspector Zoltan believes she is innocent.

Scene from

Sailing the

Sinking Sea

A cross between Amelie and Austin Powers with a hint of Japanese horror and Barbarella, this is a film that defies oversimplified labels such as "black comedy." It is perfectly insane, imaginative, visually stunning, and down-

right hilarious. To see what actually happens, check it out at the Festival!

Sailing the Sinking Sea (2015)

In its early days, documentary film bordered on ethnography. Even though much of Robert Flaherty's groundbreaking film *Nanook of the North* (1922) was faked, it still gave the world a glimpse

of a civilization that was going extinct. One critic, speaking of Flaherty's films, mentioned that they had "documentary value," hence giving a name to the new genre.

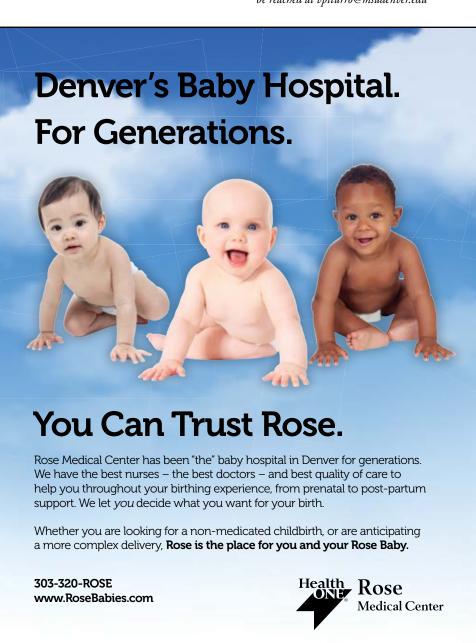
Olivia Wyatt's new film, Sailing the Sinking Sea wasn't faked, but it does have essential documentary value—chronicling the lives of the Moken people of Burma and Thailand. As Wyatt states: "The Moken are a seafaring community and one of the smallest ethnic minority groups in Asia, traditionally spending eight months out of the year in thatch-roofed wooden boats. Wholly reliant upon the sea, their entire belief system revolves around water."

After an opening sequence reminiscent of

Stan Brakhage, the film then follows the Moken in their water existence, using wonderful underwater image as well as meaningful montage editing to document their lives. This is a smart and thoughtful film, far from the high-dollar, issue-driven docs we have seen over the past

several years. I am not criticizing those films by any means, but this is a film with only one issue: people. Other picks: *Parabellum* (2015), and *War of Lies* (2014). Enjoy the best time of the year for film in Denver!

Vincent Piturro, Ph.D., teaches Cinema Studies at Metropolitan State University of Denver. He can be reached at vpiturro@msudenver.edu



RESTOR

Botox® | Juvederm Laser Resurfacing Medical Grade Facial Treatments

Myth: Botox will make you

look frozen

Fact:

When done well, Botox can give you a natural and refreshed appearance



Dr. Flora Waples, MD

- Complimentary Consults -

2373 Central Park Blvd #103 720-524-8429 www.restormedicalspa.com



And so is **Rocky Mountain Hospital** for Children

While our affiliated doctors have been caring for Rocky Mountain children for decades, our beautiful pediatric hospital is celebrating its 5th birthday.

And as the anchor hospital in HealthONE's system of pediatric care, we're ready to handle your child's medical problems — from routine to highly complex — with our more than 300 pediatric specialists and the largest neonatal intensive care unit in the region.

When you see our name and the mountain kids logo in our affiliated hospitals, you can trust us to do what matters most—"Help my child get better."

We thank you for your support with a big "high five."

RockyMountainHospitalForChildren.com



At Presbyterian/ St. Luke's Medical Center





Just the Facts

The Truth About Sugar by James Hagadorn





Halloween is the biggest holiday in terms of sugar. Ever wondered what exactly sugar does to the body? Does it actually make kids hyper? What is the risk of diabetes? Science columnist James Hagadorn presents the facts about sugar.

ur kids bring home oodles of goodies each Halloween. Then comes the guilty-pleasure part—chowing down on all that candy. Adults are in the same boat as children, with many consuming even more Halloween treats than do kids—whether the candy's absconded from their brood's stash, from bowls in workplace break rooms, or elsewhere.

Should we be concerned?

Before answering this question, let's put Halloween into context. Halloween is the big kahuna of U.S. candy-dominated holidays, followed by Easter, Christmas, Valentine's Day, and Mother's Day. Between all these holidays Coloradans eat about 20ish pounds of candy per year. By "candy," we're talking about chocolate, licorice, suckers and the like. Kids eat about 3-5 pounds each Halloween.

Candy is delicious. But it's challenging. Two of those fun-size candy bars contain more sugar



MEDICAL

Skin cancer | Skin Checks Acne Eczema Psoriasis Warts Rash Phototherapy

COSMETIC

Physician-administered Botox, Fillers, and Laser Treatments Intense Pulsed Light Resurfacing Pigment Hair and Vascular Lasers

Mohs Micrographic Surgery Skin Cancer Treatment Cosmetic Excision and



Joe Simodynes, MD Samantha Ghiselli, MD Erin Welch, MD

Denver Dermatology Consultants, P.C. Stapleton Laser Center

303-426-4525 www.denverderm.com

2970 Quebec St Suite 200 - above Bank of the West

than a can of full-strength Coke—the equivalent of gulping about 10 teaspoons of white table sugar. Yowza!

The most common concern about Halloween candy is the same one that we hear at birthday parties: that all this sugar makes kids hyper. It turns out that scientists and psychologists have debunked this urban legend many times and in many ways. A sugar blast doesn't alter kids' behavior in such settings—not in boys, girls, kids with ADHD, or those without. This urban legend is a classic example of the difference between correlation and causation. We observe kids eating a ton of candy or cake, then we note their rambunctious behavior, and we conclude that one must cause the other.

But these events are correlated, not causal. What tends to happen in this setting is that other factors associated with these events (being excited, scared, tired, having skipped dinner, dressed up, etc.) cause kids' behavioral changes. Moreover, parents, because they "believe" that they know what will happen with their kids' post-sugary behavior, also unknowingly change their own behavior and expectations. This changes the way they perceive their kids' behavior and the way they interact with their kids, including the way they warn, criticize, time, and discipline their kids. In some cases, parents impact the way children behave by telling them that they'll be hyper after eating so much cake/ candy/sugar.

Rowdy behavior aside, the real issues with all this candy are longer-term and more hair-raising than any haunted house. They include scary-sounding phenomena such as prediabetes, diabetes, obesity, and tooth decay.

Like HIV, these conditions don't kill you directly—but they make it easier for other maladies to mar your life.

They occur not with a few nights per year of candied abandon, but with daily long-term dosing of our bodies with what's called "free sugar" or "simple sugars." This is what's in candy, juice, soda, cookies, honey, corn syrups, and processed foods. In Colorado we eat ~120-150 grams of these so-called "free sugars" per day, but the World Health Organization recommends that we eat much less—not more than 25–50 grams per day. That's the equivalent of about 6–12 teaspoons of sugar, much of which we consume in "so-called healthy" foods such as yogurt,

energy bars or juices without ever eating candy and desserts. Add a Snickers andegads—I'm way over that limit, even without Halloween!

Sugar isn't quite in the same league as tobacco, because we need a little bit of it to thrive. But it's getting there.

For example, our high-calorie, sugar-rich diets can lead to a prediabetic condition known as metabolic syndrome, or "prediabetes." In this situation, our bodies regularly have higher levels of insulin, a sugar-regulating hormone produced by special cells in our pancreas, termed islets. Higher insulin levels result from excess sugar consumption and lead to obesity. When we've had a sugar-rich diet for a long time, we become less sensitive to insulin and these insulin-producing cells become overtaxed and exhausted. This is when prediabetes gives way to Type 2 diabetes. It's like what happens to the long-battered liver of an alcoholic-except there are a lot more of us harming our pancreas than those who damage their livers.

The scary part: One in three Americans has prediabetes.

The alarming part: Prediabetes lacks any external or obvious symptoms.

The good news is that Colorado, save its rural areas, lags the rest of the U.S. in these conditions. But we're catching up—our prediabetes and diabetes rates, like our obesity rates, have doubled in the last 20 years.

Fortunately, these things needn't haunt us because we can change the future. Prediabetes, like obesity, is readily resolved by tempering our intake of sugar and by increasing exercise. Exercise helps to reduce blood sugar levels and to diminish prediabetic insulin resistance.

We don't have to swear off Halloween candy, but perhaps just eat it in moderation or in consideration of the overall mountain of sugar that our poor ol' pancreas has to deal with every day.

James Hagadorn, Ph.D., is a scientist at the Denver Museum of Nature & Science. Suggestions and comments are welcome at jwhagadorn@dmns.org

PAINTING



- Interiors & Exteriors Meticulous and Quick
- Faux Finishes
 Free Estimates

Mike Ciechanowicz I 303-324-1653 I mbsn7789@q.com A+ Business Rating with the BBB



Autumn Homes with the Wolfe & Epperson Team





2647 Xanthia Ct Stapleton **COMING SOON** 5 Beds & 4 Baths

3,900+ Sq Ft with fin bsmt Contact us today for details and



9889 E 28th Ave Stapleton \$649,950 **UNDER CONTRACT**

4 Beds & 4 Baths McStain Willow overlooking



2360 Dahlia St Park Hill \$498,500 **UNDER CONTRACT**

3 Reds & 2 Baths 1,300+ Sq Ft with partial bsmt Great block in heart of Park Hill



3585 Wabash St Stapleton **SOLD OVER ASKING**



Stapleton **SOLD OVER ASKING**



5452 Uinta St **New Construction PENDING** *Photo for rep only



www.facebook/ REALGivingStapleton

REAL 6th Annual REALGiving Stapleton Campaign coming in November REAL Visit http://www.facebook.com/RealGivingStapleton for more info



Selling Stapleton since take-off!

Judy Wolfe & Jay Epperson 303.886.6606 | www.wolfe-epperson.com



members of the family





Margie Williams, DDS **Molly Johnson, DDS New, Expanded Hours!**

2979 N. Iola St. Denver CO 80238 Our office was designed and built from the ground up with every patient comfort and convenience in mind.

www.MargieWilliamsDDS.com

303-945-2699

Native American Artist Fritz Scholder at DAM through Jan. 17

By Carol Roberts

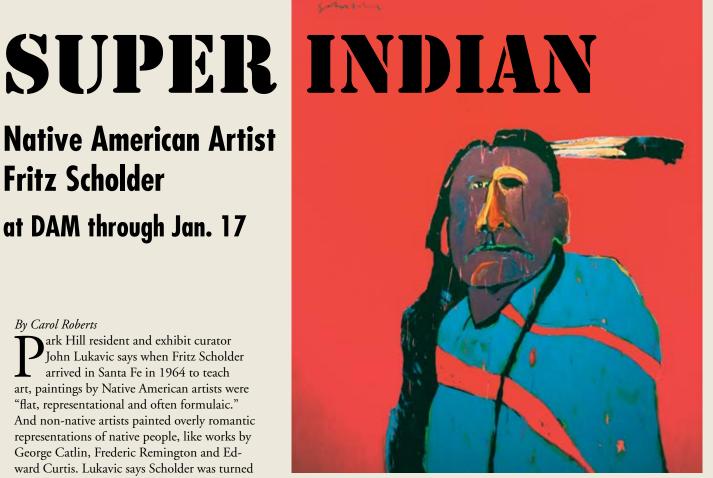
ark Hill resident and exhibit curator John Lukavic says when Fritz Scholder arrived in Santa Fe in 1964 to teach art, paintings by Native American artists were "flat, representational and often formulaic." And non-native artists painted overly romantic representations of native people, like works by George Catlin, Frederic Remington and Edward Curtis. Lukavic says Scholder was turned off by this and vowed never to paint an Indian.

In the next few years, however, Scholder's ideas changed and he thought there was a need for a new way to portray the Indian.

The Denver Art Museum (DAM) exhibit features Scholder's paintings from 1967 to 1980, and is organized by themes including color, the figure and social issues.

Scholder said color and composition were the two most important factors in his painting, with subject third on his list. Sections of the exhibition focus on: how Scholder challenges sterotypes, native pop, portraiture (which Lukavic says really is a focus on color), dark subjects (morbid and mysterious subjects), and a section on Scholder's lithographs.

With The American Portrait with One Eye, Lukavic asks guests to step closer so they are not seeing the whole figure anymore because it's too big. They're seeing the color and how the paints are layered on top of each other...how he paired the purple and black and pink and



Above: American Portrait with One Eye, 1975. Above right: Exhibit curator John Lukavic, a Park Hill resident, guides visitors through the Fritz Scholder exhibit at the Denver Museum of Art. Right and below: Seated Indian with Rifle (After Remington), 1976. Scholder created a seated figure similar in form to the one in The Captive by artist Henry F Farny, but Scholder's figure does not look like an aggressor.



traditional artists' paintings.

In Seated Indian with Rifle, Scholder removes the context that was in the original painting, guarding a captive, and gives it a bright pink background. Now the viewer is free to consider what it may be...opening people's eyes to





orange and reds.

Lukavic, in the photo above, is shown in the Challenging Stereotypes section of the exhibit. He

explains that Scholder, in these paintings, is in dialogue with non-native artists. Scholder takes historic images and makes them contemporary. He was quoted as saying, "I painted the Indian real, not red," and said his Indians and his cowboys were more real than the

Lowry Family Dentistry Makala Hubbell, DDS



Comprehensive Adult & Child Care

We are a family-friendly office providing complete dental care for patients of all ages. We emphasize preventive care services and patient education programs.

Your Comfort is our Priority

Our friendly, professional team will work to ensure your visit is as relaxing and comfortable as possible. Listen to music or watch a movie during your appointment.

Dental Care for Every Need

We realize each patient has unique dental needs. We offer a full range of restorative dental treatments to provide personalized care.

State of the Art Dental Technology

We use the latest technology to ensure quality, individualized care. We utilize digital radiology and intra-oral cameras.

Convenient Hours of Operation

Appointments available Monday through Friday, including extended evening hours.

"beautiful smiles begin here"



www.lowryfamilydentistry.com 303.366.3000





Left: Indian Power, 1972 became a popular poster Below left: Walking to the Next Bar, 1974 Below: Indian and Rhinoceros, 1968



the possibilities because they are not being forced to view it in a certain way, says Lukavic.

Scholder is trying to get people to recognize that not all the perceptions of native people are accurate and to challenge people to think deeper and open their mind to



who native people are.

Walking to the Next Bar, left, was a very controversial painting in its time because these are not romantic portrayals of native people. Some criticized Shoulder for highlighting the negative aspects of Indians in America. But to him it wasn't highlighting the negative. The negative and the positive are all just part of reality. It's not meant to be looking down on people or making a comment on alcoholism other than that it exists and it needs to be recorded and recognized. If you turn a blind eye to it, you don't recognize the challenges people face in life, says Lukavic.

Indian Power (top and behind Lukavic's arm), painted in 1972, had not been seen publicly since 1977, until DAM recently acquired it. "It took me years to find it,"

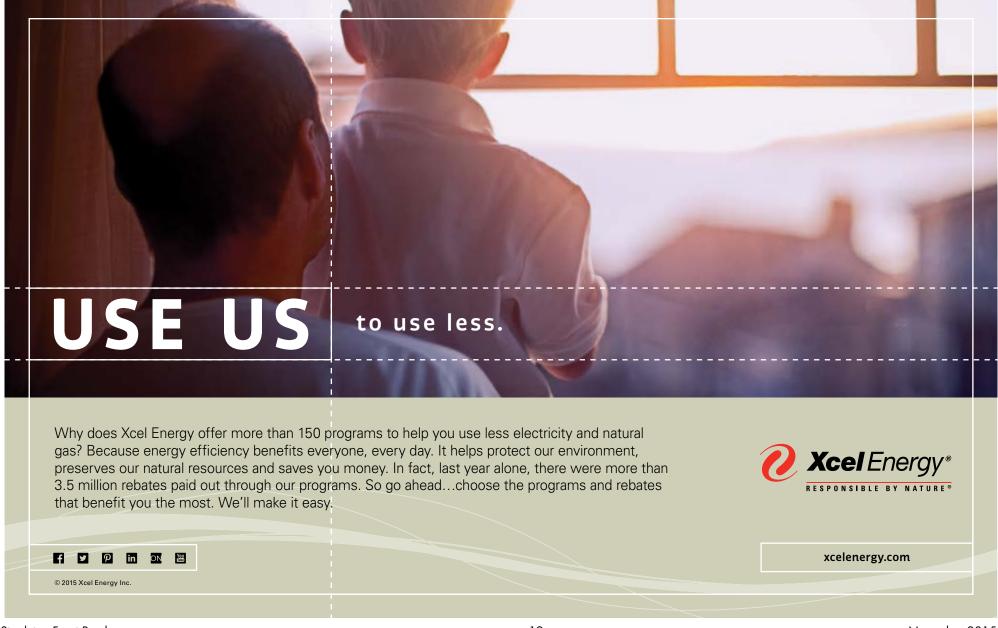
says Lukavic.

"This painting is unique because it is a beacon of empowerment and native pride. Posters of this painting circulated around native communities in the 1970s. It was an incredibly important painting at the time. It's highly published, but nobody knew where it was."

How was it found? "It was in a private collection until about 1990. I found an obscure reference to

who possibly owned it at that time. Through a lot of tracking down I was able to get in touch with them. They said they had sold it to a family member, but then they stopped responding to messages. Then it showed up at a gallery in Cherry Creek in June. A friend of mine saw it and texted me while I was in New York. "

The Bureau of Indian Affairs (BIA) painting is packed with political symbols, even though Scholder claimed not to paint political themes. The painting seems to associate the BIA, notorious for breaking treaties, with a rhinoceros, which, during the Cold War period of the 1950s through the '70s stood for the spread of fascism and communism. Juxtaposed with this is a native man holding a "peace pipe."



5.5 miles to S. Platte **Navigating Sand Creek** Confluence Park in Denver is 6 COMMERCE miles south Construction and along the detours today bring Platte trail. promise for the future 1-70 By John Fernandez o close yet so far. That might summarize where things stand today with the Denver portion of the Sand Creek Regional Greenway

trail. It's located in the heart of Stapleton yet can feel wild and remote. It's also tantalizingly close to completion after 20 years of development.

For several years now, construction projects have been opening and closing various sections of the four and a half mile Denver segment. Yet, this protracted time of user confusion will soon transform into a "new era," said Kate Kramer, Executive Director of the Sand Creek Regional Greenway Partnership (SCRG). A master plan update is underway along with new capital investments and plans to seek funding to complete the trail through Stapleton.

The Front Porch has prepared this map and accompanying story to help users navigate the existing and future trail.

Proceeding upstream, the Denver segment of the Greenway trail begins at the Commerce City boundary near 48th Street and the Sapp Brothers Travel Center. This cyclist is heading west on the trail under 1-70. The trail either side of the I-70/Quebec this interchange will be in an interim condition (i.e., asphalt) until the on and off-ramps associated with the 1-70 East project are completed. CDOT is about to issue an RFP for that massive project and timing is still uncertain. The Greenway trail segment immediately upstream from 1-70 has suffered severe scour

from recent floods. The hydrol-

ogy of this segment is under

A Quebec Interchange.

reexamination by the master sulting team led by Stream Landscape Architecture & Design. The goal is to install will resist damage in future flood events. Suncor Energy has provided seed money complete budget.

plan update project confinal trail improvements that that the Partnership and Denver Parks and Recreation will be trying to leverage into a

H Three Bridges Trail Underpass. The permanent trail on the

Smith Rd

Central Park

Park-n-Ride

north side of Sand Creek from Central Park Blvd to the Smith Road trail head has been disrupted for the past several years by RTD's FasTracks project. This fall, Denver Transit Partners will build a trail underneath Smith Rd. and two rail bridges, improving the safety and continuity of the trail at this important juncture. The trail that passes through the so-called "tunnels" area of the greenway (where Stapleton's northsouth runways used to cross over Sand Creek). Trail users can also access the new CPB transit station via Smith Road as it passes under the Central Park Blvd. bridge.

✓ Tunnels Area. The

name of this segment is somewhat of a misnomer. The tops of the tunnels where Stapleton Airport runways crossed Sand Creek were removed several years ago. The supporting walls on the north and south banks remain as does the concrete bottom underneath the creek that renders this stretch a shallow haven for waterfowl. The master plan study may recommend an alternative trail for use in high water. The current trail on the north side of the stream tends to flood in storm events. A parallel trail on the high bank north of the tunnel wall would provide safe passage during storms.

In the Uplands West area. the soft surface trail paralleling 37th Ave. is closed until approximately mid-November due to construction.

Confluence to Havana. SCRG

Smith Rd bridge

Future high water trail

closed to cars

Executive Director Kate Kramer points to Westerly Creek's confluence with Sand Creek from the bridge accessed at the Smith Road trailhead. A massive environmental remediation and park construction project has been underway this year to create the Westerly Creek North and Prairie Uplands Parks. A new bicycle/pedestrian bridge over Westerly Creek and a trail through the parks from Beeler St. to Havana St. will provide access to

the south bank of Sand Creek, complementing the long-established Greenway trail on the north side of the waterway. This area will be open to the public next summer to allow the extensive revegetation to establish itself. At the same time, the Havana trail underpass (photo D1) will be re-opened to allow trail users to continue east without having to cross the Havana/Florence Way intersection.

Smith Rd

Trailhead

Westerly Creek

Construction



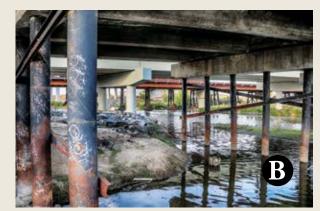












Sand Creek Master Plan—Public meeting announcing final trail alignment Thursday, Nov. 19, 5–7:30pm, Central Park Rec Center

- Existing trail
- Future trail (under construction)
-) (Pedestrian bridges

Future MLK extension

Rail stations

AURORA

E Martin Luther King Blvd. Extension.

Urban

Farm

Denver has received a grant allowing extension of this east-west arterial to Peoria Street. Bicycle/pedestrian paths on both sides of MLK will provide a more direct route to the Fitzsimons/ Anschutz campus, complementing the existing Sand Creek trail that winds down

near water level where the creek crosses under Peoria Street. Construction of the extension will start in 2017 with completion set for 2018. The Greenway trail, the multi-use paths on MLK, and a proposed multi-use path on Fitz-

simons Parkway will provide access to the campus, the Fitzsimons Parkway light rail station and to Sand Creek Park in Aurora

Completing the Trail

The Sand Creek Regional Greenway (SCRG) was conceived in the early 1990s, sparked in part by the abandonment of Stapleton Airport but even more by the successful transformation that had been occurring along the South Platte in Denver and its neighboring jurisdictions.

Just as redevelopment of Stapleton began with a vision (described in the so-called "Green Book" master plan), so did the SCRG begin with a plan for a regional-scale amenity. By the mid-1990's, Denver, Aurora and Commerce formed the Sand Creek Regional Greenway Partnership to transform a high plains creek corridor burdened by highways and industrial development. The goal was to not only allow the corridor to serve its flood conveyance function but to restore the landscape and create a regional recreation corridor.

The Greenway was defined as extending the 14 miles from Sand Creek's confluence with the South Platte upstream to where the creek crosses Colfax Avenue in Aurora. Hard and soft-surface trails were to be constructed for use by hikers, bikers and equestrians. Over time, debris left over by the numerous industrial users along the stream would be removed and the riparian landscape restored. As expressed in the 1995 Greenway Master Plan, the vision was to balance access with preservation of the stream corridor.

What set the Denver segment apart from the corridor in the adjacent cities is that much of the land was owned by Denver Aviation because it lay within the boundaries of the Stapleton International Airport. While public ownership of land needed for a public facility is generally a good thing, in this case, trail completion was delayed by environmental remediation and Denver's reluctance to take on ownership and maintenance of a new facility at a time of budget constraints.

During all this, the SCRG Partnership has persevered in securing funding for a basic trail to make sure the Denver segment was not the missing link. From the Quebec Street interchange to the Aurora city limits just west of Peoria Street, the trail has always connected to Aurora and Commerce City, interrupted only by its alternating surface materials - concrete, gravel and dirt.

Master Plan Update

Now that land ownership by Denver Parks & Recreation is imminent, the city has undertaken an update to the 20-year-old greenway master plan using a \$75,000 grant from Great Outdoors Colo-

(continued on page 34)

Fitzsimons/Anschutz **Light Rail Station** Fitzsimons Pkwy

Greenway trail continues 4 miles through Star K Ranch to Colfax Ave. trailhead.







STAPLETON: Rare Infinity Ranch 3447 Boston - 3,500+ Fin. Sq. Ft.



Kim Davis BROKER/OWNER **RE/MAX of Cherry Creek Inc** The Santos & Davis group 303.218.8373

because experience matters -

DU/ PLATT PARK: 2049 S. HIGH ST. 3 BDRM/ 3 BATH \$475,000.

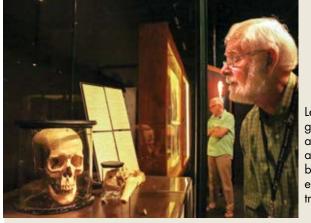


FEATUREDHOMES

LOWRY: PENTHOUSE 220 ROSLYN #110 3 BDRM /2 BATH - OFFICER'S ROW \$535,000.



STAPLETON: McSTAIN **8771 EAST 29TH AVE.** 4 Bdrm + Study / 4 Bath \$619,900.



Watch a video at FrontPorch Stapleton.com

Left: Physicians investigated evidence found at crime scenes—such as this skull fractured by a bullet and an elbow joint fused by a traumatic injury.

By Laurie Dunklee

ore than 100 years after Sherlock Holmes solved his first case, the eccentric English detective remains a fascination for audiences of all ages. Why does the character created by Sir Arthur Conan Doyle still impress us with his famous powers of observation and deduction?

"Sherlock Holmes mysteries deliver a sense of the unknown that is compelling," said James Hagadorn, curator of the International Exhibition of Sherlock Holmes at the Denver Museum of Nature & Science. "Most of us can't solve the mysteries the first time we read them. With most mysteries we can guess the conclusion, but not with Sherlock Holmes."

Visitors to the exhibit, open October 23 to January 31, are challenged to solve a crime using methods that were employed by the famous sleuth in his time. "The conclusion—the 'whodunit'—is surprising; it's pretty cool," said Hagadorn.

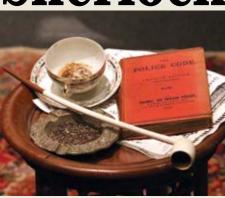
The exhibition features detailed stage sets, elaborate Victorian-style exhibits and interac-

tive experiment stations that appeal to dedicated Sherlock enthusiasts, the merely curious and families with children who enjoy playing detective.

Sherlock Holmes's sitting room, at 221B Baker Street in London, is recreated complete with a crackling fire, a bearskin rug, a table holding his signature pipe, and a cup of tea. The room gives visitors an opportunity to practice their powers of observation. At first glance, the room's clutter is almost overwhelming. But on closer inspection, everything shows the hand of a brilliant eccentric.

The next set, a parlor crime scene, contains clues—including bloodstains, a broken bust and a smoking seed pod—for visitors to observe in order to solve the crime.

"Through the keen eyes of Sherlock, we learn that seeing is not the same as observing," said Hagadorn. "Observation at a crime scene is about what is important and what is not; what are its characteristics? A detective can describe it to another detective with their eyes closed and they can visualize the crime scene. When observing, the things that strike you as not normal are relevant. As Holmes would say, 'the evidence is right in



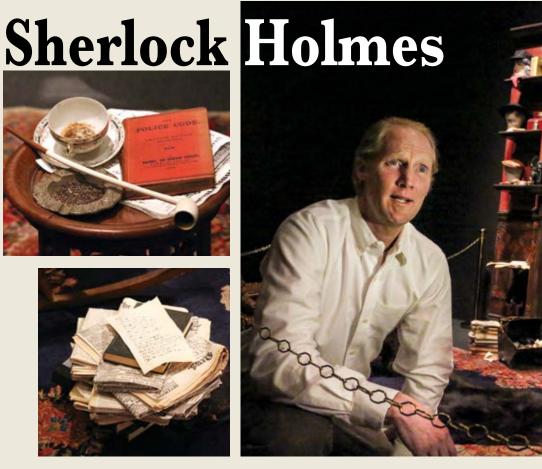


cal School from 1876 to 1881. Professors and students in the "surgery arena" were expanding their exploration of anatomy to include investigating how people died. "Forensics didn't exist yet; they called it 'medical jurisprudence,'" said Hagadorn. "Conan Doyle himself did experiments on injuries caused by shooting, stabbing and blunt force. Was

front of us.' He used that information to reconstruct what happened."

Visitors pick up a "detective's notebook" to record their observations with stamps and cutouts. They test their evidence with experiments used at the end of the 19th century.

Sir Arthur Conan Doyle was a physician who had studied at the University of Edinburgh Medi-





FALL SPECIAL 10% OFF FIRST CLEAN **Better View** ervices

Window cleaning, pressure washing and gutter cleaning

BetterViewCleaning@gmail.com BetterViewColorado.com

\${010**X**\${6**7**{0}

AWARD WINNING BASEMENT REMODELING



Basement Finish • New Construction Kitchen and Bath Remodeling • Licensed and Insured

FREE Diane Gordon Design Plan Set With signed contract on basement

BEST

INC.

BUILDERS

lim Baudinat - 720.276.7704 www.BestBuildersDenver.com







Left and above: Curator James Hagadorn in Sherlock Holmes' sitting room, where visitors can practice their powers of observation. "The little things are infinitely the most important," said Sir Arthur Conan Doyle, creator of the Sherlock Holmes character.

Right: Studying what footprints look like, forward and backward. Holmes reconstructed what he observed at a crime scene to determine what happened.



Right: Historical reenactor
Andrew Parker
portrays Victorian-era journalist
Nathaniel Becker. The experiment reveals the
identity of an
unknown substance by turning
a clear liquid to
lavender.



"Doyle was also a huge fan of Edgar Allen Poe, the first writer of detective mysteries. Doyle's own stories added the scientific method: collecting information, comparing it to a database, using experiments and making an interpretation. No one had done that before. And he made it fun and interesting. He popularized scientific thinking and methodology."

The first Sherlock tale, *A Study in Scarlet*, was published in 1887. Doyle featured Holmes in four novels and 56 stories, the last published in 1927. Sherlock's methods of observation, testing and deduction greatly influenced the development of techniques for solving crimes, many of which are still used today.

Holmes' methods demonstrate the innovations of his time. "The end of the Industrial Revolution was a time of accelerated advances in areas such as communications, transportation and chemistry," said Hagadorn.

Visitors analyze their crime scene evidence at stations exploring poisonous plants, chemical reactions, ballistics and how to interpret forensic evidence, including the patterns of bloodstains. "All of it is the basis for modern crime scene investigation," said Hagadorn.

Tickets for the exhibit range from \$17.95 for children and students to \$23.95 for adults and include admission to the museum. For more information, see www.dmns.org or call 303.370.6000.



Experienced, personalized care for this extraordinary time in your life.



Obstetrics

Pregnancy is a special time in your life. At University OB, our close-knit group of physicians specializes in obstetrics and gynecology. We each take time to meet you during your pregnancy, so you'll have a familiar face by your side when it comes time to deliver.

Ask for any of us by name when you call to schedule an appointment.

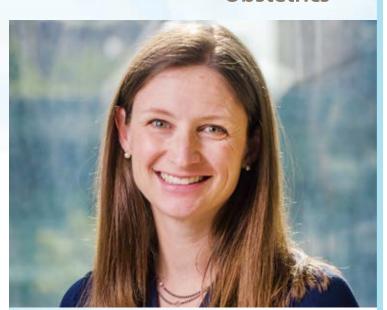
Dr. Sarah Appleton • Dr. Christine Conageski • Dr. Maryam Guiahi Dr. Jennifer Holmes • *Dr. Jane Limmer* • Dr. Stephen Rotholz

We have two locations to serve you:

- » University of Colorado Hospital, Anschutz Outpatient Pavilion
- » University Internal Medicine & Specialty Care, Lowry

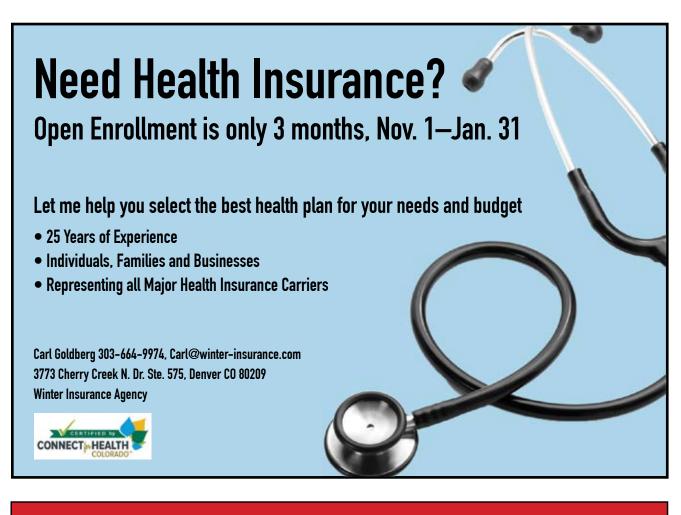
720-848-4265

University of Colorado Hospital • Children's Hospital Colorado • University of Colorado School of Medicine



Get to Know Dr. Jane Limmer

Jane Limmer completed her undergraduate work at Dartmouth College and her Ob/Gyn training at Harvard Medical School and Duke University. She is committed to providing patients with individualized care during pregnancy and is especially interested in prenatal and postpartum fitness. She lives in Stapleton and spends her free time hiking and cycling with her husband and family.



Dentist Strives to Make Patients Feel Awesome

By Laurie Dunklee

Providing affordable dentistry in Stapleton is the goal of Dr. Jack Nguyen, who opened Awesome Dental Stapleton in April. "Dental services can be expensive," said Nguyen. "Our focus is to close the gap and make dentistry affordable, in a clean, spacious office. We're not a boutique; I don't have a Mercedes or a 5,000-square-foot house. I like what I do; it's not all about the bottom line. I discuss a patient's options with them to facilitate the most educated decisions. If a patient can only do one thing, I'll do it."

Nguyen's parents immigrated to Kansas from Vietnam in 1975, just before the fall of Saigon. "Dad had been in the Special Forces and earned a Purple Heart; Mom worked for the U.S. Embassy. When they came to this country, they benefited from Medicaid, so I accept Medicaid now."

Nguyen earned his doctorate in dentistry in California and moved to Colorado in 2010. "I worked as an associate and then decided to open my own practice,"

PROFESSIONAL REAL ESTATE... ...FOR PROFESSIONAL CLIENTS



- MBA, UC Berkeley, the nation's leading graduate real estate program
- ▶ 25 Years' Experience Residential, Commercial & Development
- Approach grounded in financial discipline, market insight, strategic marketing, expert negotiations and deal structuring
- ▶ Directed Corporate Real Estate for E&J Gallo Winery
- Marketing Consultant to Fortune 500 Companies

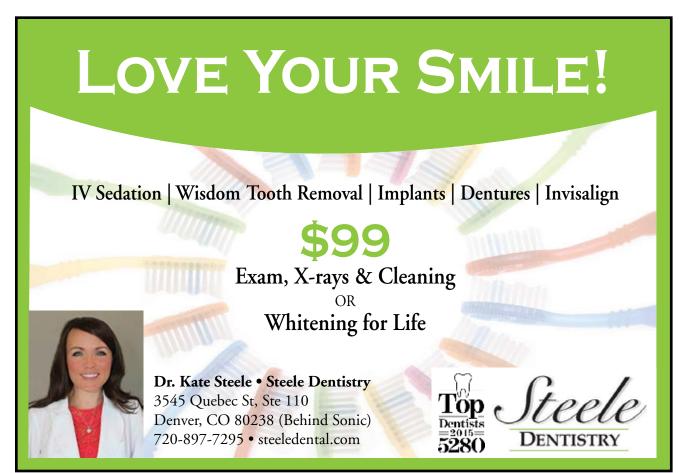
Veritage Properties

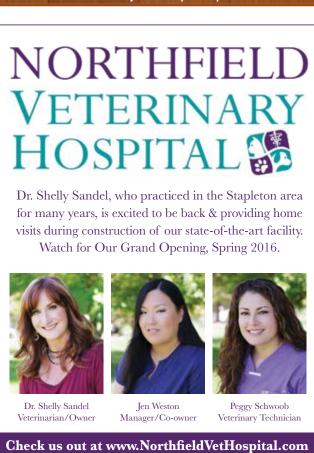
Ethan Dulsky/Broker

www.VeritageProperties.com
Ethan@VeritageProperties.com | 303.883.6930

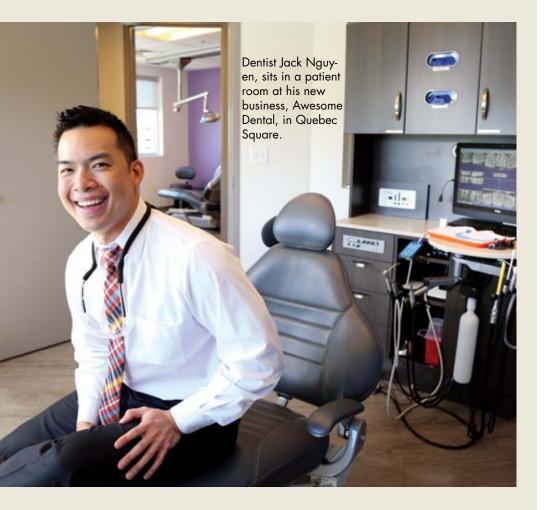
KELLEBANILLIAMS DE ALTY

UPGRADE YOUR FLOORS SALE! ENGINEERED LUXURY VINYL PLANK LAMINATE FREE 3-in-1 underlayment with any purchase* We can beat any competitor's price on a comparable product! 303-364-9009 Showroom at I-70 & Peoria www.TimberfieldFloors.com *HE430 underlayment with qualified purchase





or call 720-503-9559



he said. "When I told my friends, they all said, 'That's awesome!' So I named it Awesome Dental."

In addition to cleaning, fillings and crowns, Nguyen provides a wide range of services, including root canals, implants, oral surgery, bridges and dentures. "I have experience with a wide variety of cases, including trauma and infections. I make the dentures by hand. I like diverse and challenging work."

Awesome Dental Stapleton's office, 4,126

square feet on the second floor of Vectra Bank at 3600 N. Quebec, is completely new. "It was built from scratch. I did some of the work, like painting and helping with the electrical. Each treatment room is a private suite with views of the Rocky Mountains and downtown skyline," said Nguyen.

Reach Awesome Dental Stapleton at 303.355.1818 or awesomedentalstapleton.com.



PARKWOOD HOMES

First... there was Nantucket Close



Then... Central Park West Mews



And now coming soon... **The NEW Boston Street Gardens** in Wicker Park Neighborhood



Ask us about our NEW floor plan... The Saybrook!

Another great place to live by Parkwood Homes

Featuring Single Family and Townhomes in a premier location!

Come visit our model homes and follow us on Facebook for details!

Single Family Homes Contact Info: Heather Barben or Dede Jefferey (303) 320-4938 • 8056 E. 50th Avenue Sales@ParkwoodHomes.com

Ashley Sage (303) 373-3994 • 8212 E. 49th Avenue

Or visit us online at www.ParkwoodHomes.com



Don't Go Solar Without Getting a **Free Consultation!**



top local nstallers to get you the best system at the best price!



your solar array & add value to your home.



Lock in your 30% federal tax credit before it expires.

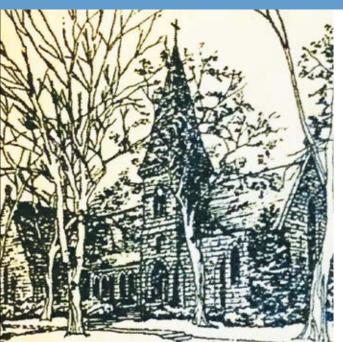
info@esquaredsolar.com

(866) 865-2181

www.ESquaredSolar.com



St. Luke's church... ...come dance with God



Top ten reasons to be an Episcopalian

- from the late comedian Robin Williams

10. No snake handling.

9. You can believe in Dinosaurs.

8. Male and female, God created them ...

... male and female, we ordain them.

7. You don't have to check your brains at the door.

6. Pew aerobics.

5. Church year is color-coded.

4. Free wine on Sunday.

3. All of the pageantry — none of the guilt.

1. (Jan)

St. Luke's Episcopal Church 1270 Poplar St. (13th & Quebec) 303.355.2331 • www.lukeonline.org Services: Sunday 7:45 am & 10:15 am,

Tuesday 10 am.



25 Stapleton Front Porch November 2015 Offering Real Estate & Mortgage Expertise Under One Roof!

Call today for details on our Listing and
Finance Specials









Tolan Real Estate Companies 303-888-0006 jess@tolanrealestate.com www.denversluxuryrealestate.com





NOW LEASING AT OUR NEW LOCATION!

1 & 2 BEDROOMS | FOR OUR FRIENDS OVER 55

VISIT OUR BRAND NEW CLUBHOUSE & LEASING CENTER AT 2980 N SYRACUSE ST

CALL US AT **303.731.4390** TO SCHEDULE YOUR PERSONAL TOUR TODAY

FIND AND RESERVE YOUR NEW PLACE ONLINE AT LEASEATGROVE.COM

We'll make you smile!



Providing Complete Orthodontic Care for Adults & Children 5280 Magazine Top Dentist 2014 & 2015
Inivisalign Preferred Provider
Member American Association of Orthodontists



2373 Central Park Boulevard, Suite 302. Denver, CO 80238

(303) 31.ORTHO StapletonOrthodontics.com

Northfield High School

(continued from page 13) unable to resolve on my own, I got an advisor or the principal involved. I have never walked away and felt it was handled poorly. It's really, really beneficial because now here's a student who made a mistake and we're over it. Students realize I still care about them and their success."

De-tracking. Parent Greg Francis says, "I think they need to serve the high achievers better. My son and all of his friends, pretty much, are finding the classes not very challenging." And Francis would like more information on the math placements—he has just requested that information from the teacher.

Karla Rehring also talked to the math teacher about the need for a more challenging math class. She found the staff to be responsive. "When I did reach out, it was great. It's still an ongoing process ... One thing I'd like to see going forward is that there's clear communication to the kids and parents of how that looks in the classroom because it's so new. At all the other high schools you just sign up for honors class. If you don't feel like your kid's being served, wherever they are on the spectrum, you have to say, 'Let's figure it out.' The teachers definitely want to make sure the kids are learning and growing." Rehring acknowledges it's diffficult for teachers to be sure all kids are challenged and says kids need to advocate for themselves and let teachers know when they're ready for more work.

Literature teacher Katie Langlois says if she learned a student is bored or thinks her class is too easy, she would ask if the student has attempted all the honors tasks and what his/her level of mastery is on those honors tasks. "I don't think I've had any students accomplish the honors tasks in my class easily. Every single student that has completed the honors task at a high level has required a lot of coaching and teaching from me. I have not had a student who has completed the honors task and then said, 'But this was too easy.'"

Josh Griffin, a vice-principal from D'Evelyn Junior/Senior High School who spent an entire day observing at NHS says he doesn't think there's a downside for more advanced students. "I think it's challenging for teachers to maintain a level of rigor and challenge that draws all students into it, but I believe that can be built in for the highest achieving student. And that's what I observed."

The advisory model. Students have a 90-minute class every other day with their advisor, and continue having classes and an advisory relationship with that person for the full four years. The advisors are responsible for about 70 students each and teach one less class per day than the academic teachers so they have time to meet individually with students.

Rehring says she thinks students who aren't having any serious problems might never make a special appointment to meet





with a school counselor. But seeing their advisors every other day in class, students feel comfortable talking to them about their classes and advocating for themselves in that setting. She thinks in the

The NHS Vision: High

and Equity for All

every student.

Expectations, Excellence

Every aspect of the innovative school

design supported our commitment to prepare all students for the rigors of IB.

-Teachers follow the same cohort of

–All English Language Learners and

-Advisors develop growth mindsets in

students.-Detracked classes allow all

students to learn with and from each

common in traditional schools.

other, opposed to the segregation all too

-Honors tasks are available to all students

willing to take on additional challenge.

-Creation of a prep program at many of our feeder middle schools increased

-An academic support course helps

students prepare for core classes.

student readiness for high school.

-A late start time, extended school

benefit all students.

-Courtesy of Avi Tropper

do just that.

day and year block schedule with

90-minuté periods, and daily PE formed

a research-based schedule proven to

Opportunity gaps do not close absent deliberate efforts, and these elements

students through to graduation, building

special education students are educated in inclusive co-taught classrooms.

relationships and meeting the needs of

advisory system, problems get identified and advisors can get additional resources for students when needed.

Josh Griffin says, "There's immense power in having one person work with a small group in what will be a relatively large school. Assuming there's no faculty turnover, your student's advisor is going to know your student very well in academic and personal ways and can support them. If the concern is about college counseling, they're going to be very well equipped to help students with that based on their knowledge of the students." Griffin says his school has 1,030 students and three counselors.

Distributive leadership and

mid-day PE. Surprisingly, distributive leadership and PE are connected. Based on research that shows taking breaks and moving physically improves concentration, NHS requires every student to take a PE class at the same time in the middle of the day. NHS has hired part-time PE teachers who come in and work with

students, leaving all teachers free for planning and collaboration during that time. The teachers' comments indicate this structure has created a better opportunity for growth as a teacher than they have experienced in other job settings.

PE teacher Krista Meikle explains that students on a team have PE together to condition for their sport. After school, coaches work on skills and strategy since the team has already done conditioning that day. She likens it to the approach used in college sports and says so far it has been very successful for her students on the volleyball team. NHS has both a varsity and JV girls team that are competing strongly. Meikle says the games are scheduled on Saturdays, so they don't interfere with class.

Seven of eleven respondees on the survey said

their student finds having a mid-day workout class helps him/her focus later in the day.

Peter Wright says that time allows teachers to both think ahead and plan for

the future as well as grade papers and plan tomorrow's lesson. "Our goal, even now, three years away from those IB exams, we want to make sure that we're developing in them the skills and dispositions to be successful on those tests-and we couldn't do that if we didn't have devoted time set aside to collaborate."

In other schools, the principal or vice principal often observes teachers. At NHS the mid-day collaborative time allows the teachers to work together to improve their skills. Josh Griffin says, "I was very impressed with their model of calling on the teachers to see how they can most effectively develop themselves as professionals. There's a lot of autonomy and pragmatism in their professional development model."

Jamie Doak says,

Rocky Mountain

HunterDouglas Gallery www.rockymountainshutters.com 303-534-5454

> Cherry Creek 201 University Blvd Unit 204 Denver, CO 80206

> > Stapleton

Commerce City, CO 80022

Park Meadows 9623 County Line Rd.

Centennial, CO 80112

"I've never taught in a school before where I got to see the whole staff have a common room for all our desks and offices. During that hour we either have structured meetings or we do professional development, talk about academic data, behavior issues and collaborate as a team of teachers for those students. On the day or two a week that we don't have those meetings, we get to hang out and have lunch together. I think teachers being friends with each other really boosts school culture as well. From my point of view, this is one of the closest staffs I've ever taught with. We've really bonded. It's not, 'We're here, we teach, we go home.' It feels more like a family.'



Introducing the 303 ArtWay

A proposed urban trail to experience Denver's art, health, & heritage.

- 5.5 miles of bike paths
- Safer paths to connect to the rail station
- Regular festivities, parades, and learn

Northeast Transportation onnections







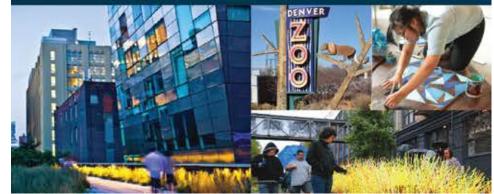
Whether or not the 303 ArtWay is built depends on YOU. Enough people must vote for the Artway by taking these steps:

Take the survey

surveymonkey.com/r/303artway

Pledge to the fundraising campaign

igg.me/at/303-artway



Time to decorate your windows for the holidays!

Save with mail-in rebates on a selection of stylish Hunter Douglas window fashions. Ask for details,

SAVE \$100* on qualifying purchases of OR MORE WITH REBATES Hunter Douglas window facilitions.

HunterDouglas

event

all-involute offer valid for qualifying purchases made 9/15/15 - 12/7/15 from perforpiding dealers in the U.S. only Rebate will be issued in the form of a prepaid record card each morath thereafter, Additional limitations may apply, Ask participating double for details and relate form, ID 2015 Hunter Douglas, All rights properly of Hunter Douglas, HO, 15484

University of Colorado Anschutz Medical Campus

Is your body changing without your consent? Interested in starting an exercise program? Curious about how hormones may play a role?

We are looking for healthy women who are between the ages of 40 and 60 years and:

- · Have regular menstrual cycles
- Are not currently using hormonal contraceptives Are willing to have estrogen levels suppressed for up to 6 months using and FDA-approved drug
- Benefits for Study volunteers include:
- · Measurement of body composition & bone density
- · Fitness testing Personalized and supervised exercise program
- · Compensation will be provided for your time (up to \$900)

For more information about Women's Health Research contact the FAME study: Phone: 720-848-6399

Email: FAMEStudy@ucdenver.edu www.medschool.ucdenver.edu/image University of Colorado Anschutz Medical Campus

COMIRB Protocol: #12-1157; Principal Investigator: Wendy Kohrt, PhD

27 November 2015 Stapleton Front Porch

Stanley Marketplace Announcements

Beauty Bar

By Laurie Dunklee

iz Gonzalez-Lara is opening L Style Bar, a beauty bar offering hair styling, makeup **⊿**and airbrush tanning.

"L Style Bar will be a blow-out bar, a place to get a special look for a special occasion," said Gonzalez-Lara, a Stapleton resident since 2010. "Blow-out bars, which don't offer cuts or coloring, are popular in New York and other cities. We'll fit in well with the beauty-related businesses on the second floor of the Stanley."

Since 2007, Gonzalez-Lara has headed Beauty on Location Studio, which takes beauty services out to homes and venues. "We have a team of 10 stylists who do almost 100 weddings a year," Gonzalez-Lara said. "We love it; it's wonderful to spend the happiest day of someone's life with them. We get great comments from brides.

"But our relationship ends on their wedding day. L Style Bar will be a sister business where people can come to look their best for all occasions like parties, baby showers and photo shoots."

Gonzalez-Lara said her space at the Stanley is about 800 square feet. "We'll have a lounge, an



airbrush tanning room, four to five stations for hair and makeup, and retail space. The look will be elegant and inviting, with chandeliers, nice music and comfortable seating.

"I love the character of the Stanley building and also the vision for building community. We're here to help each other. I want to help the Aurora community too, like by mentoring high school girls."

For more information, see Lstylebar. com, beautyonlocationbyliz.com or call 720.301.3784.

Gourmet & Specialty Foods Market

ondo Market started as an online specialty food store in 2008. Owners Nicolas Farrell and Michael Davis opened their first public market at The Source food market in the River North District in 2013.

"Our space at the Stanley will be 2,000 square feet, double the size of our Source

Stanley Marketplace, located at 2501 Dallas St., Aurora is expected to open in the spring of 2016. Search for "Stanley" at FrontPorch Stapleton.com for past Stanley business announcements.

location," said Farrell, a Park Hill resident since 2005. "And there will be space for people to sit down and eat in the common area."

Mondo Market will offer foods from all over the world. "Our goal has always been to make the ingredients used by professional chefs available to the public," Farrell said. "We offer Olio Verde olive oils and spices the professionals use. Our cheeses are hand-selected from all over planet, including Blu '61 soft blue cheese, and Basajo sheep's milk cheese from northern Italy. We'll offer salumi [dried, cured meat] that you won't find at King Soopers, like a dried, cured pork loin from Spain.

"Unlike the big-box stores, our offerings are hand-selected. But we're not too expensive. We want people to try cool stuff without breaking the bank.'

Farrell and Davis were inspired to open a public food market after they visited markets in Vancouver, Mexico City and San Francisco. "The grocery experience is much different than at big-box stores. The energy of shoppers and merchants goes beyond just consuming—it's more like a community where you make a day of it."

For more information, see mondofood.com or call 720.722.0566.





303.393.1053

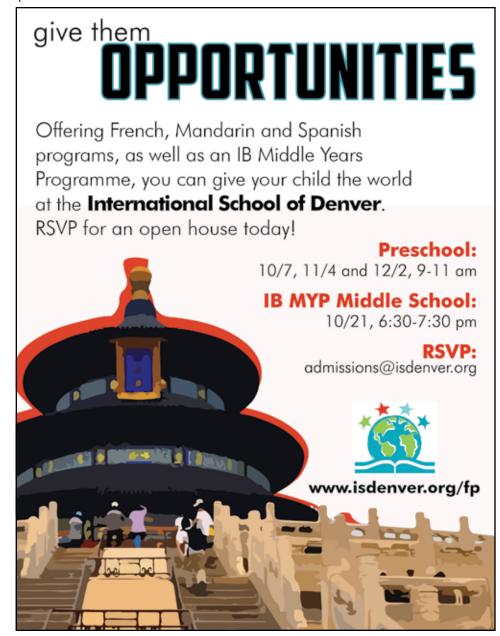
Serving Lowry, Stapleton, Park Hill & Surrounding Communities

10% OFF Cabinet **Resurfacing on all** projects booked for **Holiday Completion** Contracts must be signed by Nov 16th

Three Week Kitchens

Smart Design for Savvy People.

threeweekkitchens.com | debratoney.com



Central Park's Trees Restored



Volunteers from Newmont Mining Corporation planted dozens of trees in Central Park.

By Madeline Schroeder

n mid-September, a number of Central Park's trees were restored, thanks to The Park People and Newmont Mining Corporation.

The Park People, a nonprofit, loves trees and believe they have incredible benefits to communities beyond environmental, like encouraging residents to walk more, use public spaces, and engage with the outdoors. The organization partners with Denver Parks & Recreation to preserve historic sites and contribute to new development by planting trees.

When the trees in Central Park were originally installed, the contractor used wire cages around the roots, which is fine for the first couple of years until the roots need to grow beyond the constraint of the cage. Denver Parks & Recreation has been puzzled about how to fix the issue, until they connected with The Park People regarding their Mile High Tree Champions program that replaces improperly planted trees with new ones.

"We partner with local businesses and they sponsor staff a half day to help plant trees so those [volunteer days] take place in natural areas, affordable housing communities, parks, nonprofit headquarter sites, and more," says Kim Yuan-Farrell, executive director for The Park People.

The Park People connected with Newmont Mining Corporation, which has an office in Denver. Forty Newmont employees volunteered and planted more than 30 trees in two areas of Central Park. The trees were a diverse mix that will be medium and large once fully grown.

Refuge Employee Named Firefighter of the Year

Fire technician at the Rocky Mountain Arsenal National Wildlife Refuge, Nick Connolly, is pictured outside of Durango, Colorado at the Yellow Jacket Prescribed Burn Project.

RECOGNITIONS



By Madeline Schroeder

ick Connolly, a fire technician at the Rocky Mountain Arsenal National Wildlife Refuge, received the South Zone Firefighter of the Year Award for his work on the wildfires in the Arapaho and Roosevelt National Forests for three months this summer.

Connolly's performance was outstanding; his amount of initiative and work ethic put Nick well above the other nominations received, according to South Zone Fire Management Officer Will Briggs.

Connolly was a part of the Northern Colorado Helitack crew and completed two tasks to become a Firefighter Type 1 and Squad Helicopter crewmember.

Connolly was a business administration major with an emphasis on finance, but after graduating realized it was not for him and he needed to work outdoors. He joined the Ameri-Corps National Civilian Corps to assist in fire management. He has now been working on fire management for five years and hopes to move up in the ranks to work on fire management year-round.

Sick & tired of your weight?



Get noticeable weight loss with Dr. Angela Tran!

- ✓ Custom diet and exercise programs with oneon-one physician and nutrition assistance.
- ✓ Full-service clinic with meal replacements, fitness training, behavioral counseling, and more.
- ✓ On-site Board-Certified Weight Loss physician who understands the complexities that serve as medical barriers to weight loss.

Finally break your plateau with a FREE strategy session with Dr. Angela Tran. Call 303-321-0023 today.

Sessions are limited. Expires 11/30/15.



Med-Fit Medical Weight Loss | 2373 Central Park Blvd. #300 | www.DenverWeightLossClinic.com





RECOGNITIONS

Affordable, Sustainable Homes Fit with the Vision for Stapleton

By Courtney Drake-McDonough

he *Front Porch*, in our October issue, published the story of how the Green Book, Stapleton's Development Plan, came to be and what it was all about. That plan projected about 8,000 for-sale homes and 4,000 rentals—and it included a number of lofty ideas for that new community that people didn't understand in the '90s, when the plan was written. One of those lofty ideas was sustainability. People then didn't even know what it meant. Another idea was a diverse housing mix in every neighborhood, including affordable housing. Affordable housing, it turns out, is a wonderful idea that is difficult to implement.

Buyers who don't know what sustainability is don't put it on their "must have" list. And affordable housing comes with lots of strings attached—finding both financing and eligible buyers. Why would a homebuilder choose to pursue those goals?



Gene Myers, whose company has built approximately 1,000 of the homes in Stapleton so far (100 of them affordable), says sustainability was not high on buyers' lists of reasons to buy a home in the early '90s when he started down that path. "Hardly anyone was that interested," he says.

The company's efforts have been rewarded with being the nation's first homebuilder to win the Grand Award from the U.S. Department of Energy for housing innovation three years in a row. "The innovation is happening with the Department of Energy and in national laboratories," says Myers. "What we are is an adopter of that technology and an implementer in a way that makes it affordable for everyday people."

Why take on these challenges? "Don't we all want to feel like we go to work every day and do something that matters?" says Myers. As a local builder, he feels his company has a stake in the community and its goals. "Someone needs to step up and make these things happen, so we're motivated by that ... It's a daunting task to build a great community that ... includes homes people can be proud of, that provide stability and the ability to thrive."

"Ultimately what you're after is building homes that are an asset to the neighborhood and will inspire pride of ownership," says Myers. When it comes to building affordable homes, there is a gap between what it costs to build and what buyers who qualify for the affordable program can pay. At Stapleton, Myers says, Forest City has worked with him to finance that gap, "So that overcomes the biggest obstacle in the production of affordable housing, bar none."

The other challenge in affordable hous-



Senator Michael Bennet visited one of Gene Myers' net-zero homes in January 2012 when he was proposing a bill that allowed federal mortgage loan agencies to consider a homeowner's expected energy costs when determining the homeowner's ability to make monthly mortgage payments.

ing is buyers' financing. "It's an interesting challenge to find homebuyers who have strong credit, who make enough money to qualify for a mortgage, but don't make so much that they don't qualify under the affordable housing guidelines," says Myers.

Myers says his next challenge is to focus on the health impacts of building materials while maintaining a focus on energy efficiency. "It's

our belief that there's science that backs up the notion that the (indoor) environment in which we live has a connection to health,' he says, adding that EPA Indoor Plus guidelines call for reducing or eliminating toxins found in almost all

in almost all ratory middle and high schools in the metro area.

Nowhere is it more impact in the affordable housing wincludes the proper introduction of fresh air should solve to college preparatory with the college preparatory middle and high schools in the metro area.

Nowhere is it more impact in the affordable housing with says, as he takes on the control of the college preparatory.

into the very tight, energy-efficient homes we're

building, and management of the biohazards of

mold and radon ventilation." While it can be difficult to find suppliers to provide healthier materials, Myers says it can be done and doesn't add much to the final cost of the home. "It's implementing the best practices that have come from the U.S. E.P.A.," says Myers.

Myers' homebuilding business started out as Green Tree Homes in 1992. The business name then changed to New Town Builders, which

> has been building at Stapleton since the development started. To reflect his future focus on a healthful indoor environment, he is now changing the company's name to Thrive. 'We are, at the essence, environmentalists ... and we want to see people thrive with the housing we provide.

Nowhere is it more impactful for a family than in the affordable housing we build," Myers says, as he takes on the construction of 145 new affordable homes north of I-70 on Central Park Blvd.



Gene Myers is pictured in Dec. 2008 with a home his

company, together with donations from subcontractors

and land from Forest city, contributed. Its sale resulted in









DISCLAIMER: The Front Porch obtains event information through websites and press releases and cannot guarantee that events will occur as listed. Please use contact information to check for updates.

SEASONAL/HOLIDAY EVENTS

11/5 to 11/8—Denver Assistance League Holiday Boutique. "Christmas at Our House" holiday boutique and shopping experiences. Tickets/details: www.denver. assistanceleague.org

11/12 to 11/13—Botanic Gardens Winter Gift Market. Preview party Thurs. 5:30-8:30pm. Tickets \$15/members; \$20/nonmembers. Free admission Fri. and Sat. 9am-5pm. www.botanicgardens.org

11/12 to 12/23—Colorado Railroad Museum's Polar Express. Performances/train rides weekends and select days. Tickets from \$40 adult; \$35 kids 11 and under. www.coloradorailroadmuseum.org

11/13 to 11/15—Junior League Holiday Mart. Gates Field House, University of Denver. Hours vary. www.JLD.org

11/20 to 11/21—L'Esprit de Noel Home Tour. Denver Country Club neighborhood, 10am-4pm. Home tours only; no holiday boutique. Tickets: www.lesprithometour.com

11/20 to 11/22—28th Annual Holiday Food and Gift Festival. Colorado Convention Center, 700 14th St, downtown Denver. Adults \$10; seniors \$9; 12 and under free. www.hfgf.com

11/20 to 12/23—Denver Christkindl Market. Vendors from Germany and other countries, local artisans, carolers, traditional German food/drink. Skyline Park, 16th and Arapahoe. Hours vary. www.denverchristkindlmarket.com

11/21 to 11/22—Sugar Plum Bazaar. Handmade vintage boutique holiday market. Ellie Caulkins Opera House, DCPA Complex, 1400 Curtis St. Sat. 10am-7pm, Sun. 10am-4pm. www.sugarplumbazaar.com

11/21 to 11/22—World Gift Market. World Gift Market, by 1st Plymouth and 1st Universalist Churches, Hampden and Colorado. Fair trade, eco-friendly gifts handmade by artisans from developing countries and local nonprofits. Fri. 5-8pm First Universalist only. Sat. 9am-4pm, Sun. 9am-2pm both churches. Free admission. www.firstplymouthchurch.org

11/24 to 2/15—Southwest Rink at Skyline Park. FREE ice skating in downtown Denver; bring skates or rent: \$2/pair. www.downtowndenver.com

11/25 Wednesday—Thanksgiving Tea. Molly Brown House. Sittings: 11:15am and 2:15pm. Holiday High Teas begin 12/5. jwilms@mollybrown.org or 303.832.4092x17. www.mollybrown.org

11/27 to 1/2—Blossoms of Light. Denver Botanic Gardens, York St. www.botanicgardens.org

11/27 to 1/2—Trail of Lights. Denver Botanic Gardens, Chatfield Farms. www.botanicgardens.org

11/27 Friday—9News Light the Lights, City and County Bldg. 6:30pm. www.downtowndenver.com

11/27 Friday—Downtown Denver's Grand Illumination. 10-11am. For kids ages 2-5 accompanied by adult. \$5/child if advance registered; adults free. Bluff Lake Nature Center, 3400 Havana Way. Register: keith@blufflake.org. www.downtowndenver.com

11/28 to 12/27—The Nutcracker. Colorado Ballet. Tickets: www.coloradoballet. ora

12/4 to 1/3—Zoo Lights. 5:30-9pm. Denver Zoo. 720.337.1400, www. denverzoo.org

12/4 to 12/5—9News Parade of Lights. Marching bands, giant balloons, floats. Fri. 8pm and Sat. 6pm. FREE. www.downtowndenver.com

12/4 to 12/24—Olde Golden Christmas. Historic Downtown Golden, Washington Ave. Weekends. Santa, Christmas parades, carriage rides, dog cart rides, carolers and more. www.visitgolden.com

12/5 to 12/13—55th Annual Georgetown Christmas Market. European-type market: handcrafted gifts, carolers, horse-drawn wagon rides, roasted chestnuts and St. Nicholas. First 2 Dec. weekends. 10am-6pm. FREE. www.historicgeorgetown.org/Christmas_Market

DENVER METRO EVENTS

Through 11/30—Forney Transportation- Corvairs. 1960-69 Corvair exhibit. Free with museum admission. 4303 Brighton Blvd. www.forneymuseum.org

Through 11/30—Denver Recycles Leaf Drop 2015. Free leaf compost drop-off week-days 8am-2pm, weekends (Nov 7-22) 11am-3pm. 720.865.6810 or website for drop-off locations/info. www.denvergov.org/denverRecycles

11/1 Sunday—Dia de Los Muertos (Day of the Dead) Celebration. Mexican celebration to remember loved ones who have passed. Traditional Aztec dancing, crafts, face painting (\$5) and more. 9am-3pm. Free with admission. Denver Botanic



Gardens. www.botanicgardens.org

11/4 to 11/15—Denver Film Festival. Daily movies/programs. Lowenstein Complex, 2510 E. Colfax and other locations. www.denverfilm.org

11/6 Friday—Teen Art Show. Museum of Contemporary Art. Featuring art by Denver-area high school students. 6-9pm. 18 and under Free. Free snacks, drinks and entertainment. 1485 Delgany St. www.mcadenver.org

11/6 Friday—Colorado Ballet's Nutcracker First Friday. 6:30-9:30pm. 1075
Santa Fe Dr. Free. Preview event for The Nutcracker, live performances of some dances, meet characters, see costumes, etc. www.coloradoballet.

11/6 Friday—Chocolate EAT Gallery. FREE chocolate tasting of 15+ Belgian chocolate flavor combinations. Guests invited to "Be Part of the Art" with zany interactive photography project, etc. Free wine tastings by Boulder's What We Love Winery. Chocolate Crisis Center, 3370 Walnut St. 5-9pm, 303.296.0628. www.chocolatecrisiscenter.com

11/6 Friday—First Friday Art Walks. Santa Fe Arts District, Tennyson Art Walk, River North (RiNo) Art District, Golden Triangle Museum, Navajo Street Art District. www.denver.org/things-to-do/denver-arts-culture/denver-art-districts

11/6 to 11/8—Colorado Ski and Snowboard Expo. \$15; under 12 free. Coupon on website. Colorado Convention Center, 700 14th St., downtown Denver. Tickets: www.bewisports.com/expos/denver

11/6 to 11/14—Denver Arts Week. See website for complete listing of events of weeklong celebration of Denver arts. www.denver.org/denver-arts-week/events

11/7 Saturday—Saturday Night at the Museums. Extended hours till 10pm and special activities at selected museums to celebrate Denver Arts Week. www.denver.org/denver-arts-week/events

11/7 Saturday—4th Annual Pipe Organ Tour. By Historic Denver, Inc. and Denver chapter of American Guild of Organists. 9:30-11:45am. Organ music, architecture, history. Begin at Trinity United Methodist Church, 1820 Broadway, then walk to St. Andrew's Episcopal Church. \$20. Contact: Shannon Schaefer atsschaefer@historicdenver.org, http://store.

mollybrown.org/store/historic-denver-events/4th-annual-pipe-organ-tour/

11/8 Sunday—Denver Veterans Day Parade and Festival. 10am. Civic Center Park. Broadway and Colfax Ave. 12-6pm. www.denverveteransday.com

11/12 to 11/14—Castle Clay Show. Castle Clay Artists and guests. Wood, clay, ceramics, glass jewelry, etc. Jefferson Unitarian Church, 14350 W. 32nd Ave, Golden. www.castleclayartists.net

11/12 to 11/14—Rocky Mountain Weavers Guild Annual Fiber Arts Sale. Englewood Civic Center, 1000 Englewood Parkway. Handwoven wearables, fashion accessories, handmade gift items. Thurs. 4-8pm, Fri. 10-8pm, Sat. 10am-5pm. Free admission/parking. www.rmweaversguild.org

11/13 Friday—Augustana Arts presents Colorado Women's Chorale-Celtic Dreams.
Featuring Wicks School of Dance and Cherry Creek HS Girls 21 Choir.
Augustana Lutheran Church, 5000 E. Alameda Ave. \$25/adults, \$20/senior, \$15 student, \$10 ages 4-17, available online or 303.388.4962.
www.augustanaarts.org

11/14 Saturday—12th Annual Denver Gorilla Run. 11am. Costume contest 10:30am. Westin Westminster. www.denvergorillarun.com

11/14 Saturday—Sister Sheila Flynn Shares South Africa. FREE. 7pm. Althea Center, 1400 Williams St. Holiday shopping after presentation with clothes, wall hangings, pillows and gifts handmade by women of Kopanang. Join Sister Sheila 11:30am-4pm for lunch + 2 workshops. Register: lunch/workshops, \$25, Tim Wilson, 303.321.0694, 720.987.3072, tkwdco@comcast.net. www.kopanang.org

11/14 Saturday—2015 Spreading Wings Gala: Honoring America's Spirit of Exploration.
Relive story of Apollo XIII mission and meet its heroes. Wings Over the
Rockies Air & Space Museum welcomes original Apollo XIII crew and
Flight Director Gene Kranz as guests of honor. Reserve tickets: http://wingsmuseum.org/gala/

11/17 Tuesday—Deck the Mall Holiday Craft Fair. 16th Street Mall. 11am-6pm. www.coloradoevents.net

11/27 to 11/29—Rocky Mountain Auto Show. Colorado Convention Center. www.cremedelachrome.com (continued on pg. 32)







(continued from p. 31)

11/28 Saturday—Cockpit Demo Day. Free with admission. Wings Over the Rockies Museum, Lowry. 10am-2pm. www.wingsmuseum.org

11/29 Sunday—Colorado Symphony Drums of the World. \$13-\$25. www.coloradosymphony.org

12/3 to 12/6—Denver Potters Association Show. Castle Clay Artists and guests. Wood, clay, ceramics, glass jewelry, more. 6th Ave. United Church, 6th and Adams. www.castleclayartists.net

HEALTH AND WELLNESS

11/7 Saturday—Home for the Holidays 5K. 9am. Denver City Park. Benefits Colorado Coalition for the Homeless. www.coloradocoalition.org/events

11/7 Saturday—PuppyUp Denver Walk. Walk and festival to promote canine cancer awareness. Stapleton Central Park. 10am-2pm. www.puppyupdenver.kintera.org

11/8 Sunday—Denver Veterans Day Run. 7am. 5K and 10K. Begins on Auraria Campus and ends at Civic Center Park. www.denverveteransday.com

11/8 Sunday—The Great Candy Run. 5K run/walk and family festival at Washington Park. Games, face painting, balloon twisting, crafts, live music, etc. Finisher medals for 5K participants and free kids fun run. www. thegreatcandyrun.com

11/14 Saturday—Mustache Dache 5K. Sloan's Lake Park. Benefits "Movember" men's charities. \$20-\$40, 9am. www.mustachedache.com

11/21 Saturday—Pumpkin Pie 5K/10K. Denver City Park. 9am. www.pumpkinpie5K.com

11/26 Thursday—42nd Annual Mile High United Way Turkey Trot. Washington Park, 10am. Competitive and fun runs. www.unitedwaydenver.org

KIDS AND FAMILIES

Through 1/31—Toys of the '50s, '60s and '70s. Free with Museum admission. See website for special events during exhibit. www.historycolorado.org

11/5 to 11/19—Star K Kids. Thursdays, 9:30am and 11am; kids 5 and under. Morrison Nature Center, 16002 E. Smith Rd., Aurora. www.auroragov.org/

11/6 Friday—Four Mile Historic Park Hay Bales and Tall Tales. 12-1pm. Free with admission. 715 S. Forest St. www. fourmilepark.org

11/6 Friday—Preschool Story Time. 9:30am, ages 2-5 with caregiver. History Colorado Center, 1200 Broadway. www.historycoloradocenter.org

11/7 Saturday—Forney Transportation Museum Moffat Modelers Toy Train Layout. Scale toy train layout open 1st Sat. of month. Free with museum admission. 4303 Brighton

To view more events or to submit your own,

visit FrontPorchStapleton.com > Events

Blvd. www.forneymuseum.org

11/7 Saturday—Home Depot Kids Workshop. 9am-12pm. FREE how-to clinics first Sat. monthly, ages 5-12. Get Home Depot apron, wooden project and project pin. Metro-area Home Depot stores. www.homedepot.com

11/14 to 11/28—Lowe's Build and Grow Kids Clinics. Bring kids to Lowe's stores to build FREE wood project: Monthly, 2nd and 4th Saturdays. Free apron, goggles, project-themed patch, merit certificate on completion. 10am. www.lowesbuildandgrow.com

12/3 to 1/2—Denver Puppet Theater. Santa's Big Surprise. 3156 W. 38th Ave. www.denverpuppettheater.com

LECTURES AND CLASSES

11/3 Tuesday—Active Minds (Free)—France's Struggle. 10:15-11:15am. Jewish Community Center, 350 S. Dahlia St. 303.316.6359. www.ActiveMinds.com

11/10 Tuesday—Active Minds (Free)—1963. 12:30-1:30pm. Tattered Cover, 2526 E. Colfax. 303.322.7727 www. ActiveMinds.com

11/10 Tuesday—Active Minds (Free)—Medicare. 5-6pm.

DART auto



Full Service Repair Dealer Quality Service for Less

4801 Monaco St • dartauto.com • 303-296-1188 Free Shuttle to Stapleton & Park Hill Loaner Cars Available!

Mention this ad and receive 10% off your 1st service

Tattered Cover, 2526 E. Colfax. 303.322.7727 www. ActiveMinds.com

11/12 Thursday—Active Minds (Free)—Sand Creek Massacre. 6:45-7:45pm. Sam Gary Library, 2961 Roslyn St. 720.865.0325. www.ActiveMinds.com

11/14 Saturday—Active Minds (Free)—Holiday Traditions Unwrapped. 11-noon. Park Hill Library, 4705 Montview Blvd. 720.865.0250. www.ActiveMinds.com

11/15 Sunday—Active Minds (Free)—Thanksgiving. 2-3pm. Schlessman Family Library, 100 Poplar St. 720.865.0000 www.ActiveMinds.com

11/19 Thursday—Active Minds (Free)—Thanksgiving. 6:45-7:45pm. Sam Gary Library, 2961 Roslyn St. 720.865.0325. www.ActiveMinds.com

12/1 Tuesday—Active Minds (Free)—Napoleon. 10:15-11:15am. Jewish Community Center, 350 S Dahlia St. 303.316.6359. www.ActiveMinds.com

MUSEUMS—DENVER ART MUSEUM

11/7 to 12/31—Paint Studio. Daily find creative inspiration at hands-on artmaking space, Level 1, Hamilton Bldg. Try art materials and experiment with techniques. Weekends see demos by local artists 12-3pm. Free with museum admission. Youth 18 and under free general admission daily. Closed Mondays. denverartmuseum.org. http://denverartmuseum.org/calendar/ paint-studio-weekend-artist-demonstrations

11/8 Sunday—Foxy and Shmoxy: Art Detectives. Hilarious foxes inspired by Fox Games artwork are ready to solve art mysteries in Denver Art Museum galleries. See foxes in action 10:30am and 11:30am. To find foxes, visit Family Activity Cart, get letter from Fox Box, and follow riddles into galleries. Free with general admission; youth up to 18 free general admission. No reservations required. http://denverartmuseum. org/calendar/foxy-and-shmoxy-art-detectives

11/8 to 2/7—Wyeth: Andrew and Jamie in the Studio.

Groundbreaking exhibit of Andrew Wyeth and son Jamie, American icons. 100+ works using varied media, including pen and ink, graphite, chalk, watercolor, dry brush, tempera, oil, and mixed media.. Ticketed exhibition with member discount. www.denverartmuseum.org. http://denverartmuseum.org/exhibitions/ wyeth-andrew-and-jamie-studio

11/14 Saturday—Bringing the World of Wyeth to Denver: A Lecture with Timothy Standring. Gates Foundation Curator of Paintings and Sculpture shares his curatorial insights and behind-the-scenes stories related to his research on the exhibit. 10-11am, Hamilton Bldg. Lower Level. Book signing with Standring follows in Hamilton gift shop. Ticketed event: \$12/museum members, \$15/ nonmembers. denverartmuseum.org. http://denverartmuseum.org/calendar/bringing-world-wyeth-denver-lecture-timothy-standring

11/27 Friday—Friday After Thanksgiving at the DAM. Family Activity Cart open specially for that day, so your family can trek through galleries with Family Backpack filled with artmaking, games and puzzles. Free with museum gen. admission, youth up to 18 free museum admission daily. denverartmuseum.org. http://denverartmuseum.org/calendar/friday-after-thanksgiving

MUSEUMS—DENVER MUSEUM OF NATURE & **SCIENCE**

Through 1/10—The Power of Poison. Special exhibit, free with admission. www.dmns.org

Through 1/31—Sherlock Holmes. Step into Victorian London and test your powers of observation and interpretation. Ticketed exhibit, adult nonmember \$23.95, child nonmember \$17.95; discount for members. www.dmns.org

11/14 Saturday—Meet Dr. Scott. Museum VP and host of PBS Kids' Dinosaur Train gives short program on dinosaurs, poses for pictures and signs autographs. 10am and 12pm, Members: \$12/\$8; Nonmembers \$15/\$10. www.dmns.

11/19 Thursday—Science Lounge. Cocktails/entertainment every 3rd Thurs. monthly. 6:30-9:30pm. \$8/members; \$10/nonmembers. www.dmns.org

11/21 Saturday—What's Up, Watson! A Sherlock Holmes Party for Teens. 6:30-9pm. \$10/teen, ages 13-17 only. www.dmns.

MUSEUMS—FREE DAYS

11/2 Monday—Denver Zoo Free Day. SCFD Free Day. Other zoo free days: 11/13 and 11/19. www.denverzoo.org

11/3 Tuesday—Children's Museum Free Day. Target Tuesday Free day 4-6pm. Also 12/1. www.mychildsmuseum.org

11/6 Friday—Four Mile Historic Park. 12-4pm. SCFD Free Day. www.fourmilepark.org

11/7 Saturday—Denver Art Museum Free Day. SCFD Free Day. Also 12/5. www.denverartmuseum.org

11/9 Monday—Denver Museum of Nature & Science. SCFD Free Day. www.dmns.org 11/11 Wednesday—Molly Brown House Free Day. SCFD Free Day.

11/12 Thursday—Aurora History Museum Free Day. SCFD Free

11/13 to 11/14—Botanic Gardens Free Day. SCFD Free Days. www.botanicgardens.org

NORTHEAST DENVER/AURORA EVENTS

Day. Also 11/24. www.auroragov.org

11/13 to 11/15—Park Hill Art Club Fall Show. Park Hill United Methodist Church, 5209 Montview. www.parkhillartclub.

11/21 Saturday—Denver Parks & Rec Holiday Craft Show. Central Park Rec Center, 9561 MLK Blvd., 9am-3pm. Free admis-

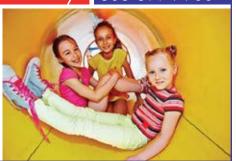
Giving thanks for our patients, families, and staff! Happy Thanksgiving!

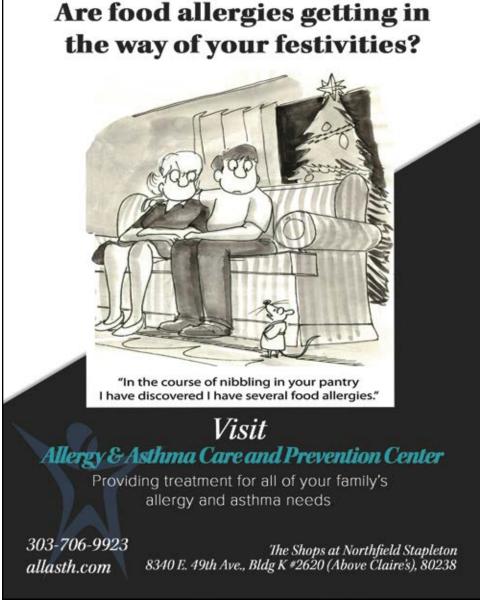


www.stapletonpeds.com

Open Saturdays 303-399-7900







sion. 720.865.0750

11/21 to 11/22—Dance Institute presents The Nutcracker. Adams City High School, 7200 Quebec St. 1 pm. \$15. 303.525.0011, www.danceinstitutedenver.com

11/22 to 1/3—Holiday Art Show, Montview Blvd. Presbyterian Church. Visual Arts Guild presents Holiday Art Show. 1980 Dahlia. Painting and photo artwork available for purchase by contacting artist directly. Free and open to public. 303.355.1651. www.Montview.org

11/25 Wednesday—Thanksgiving Eve Community Worship. Food drive and 36th annual pie fest with live music. Augustana Lutheran Church, 5000 E. Alameda Ave. 303.388.4678, www.augustanadenver.org

12/5 to 12/6—Christmas Fair Trade Market. 9am-3pm Sat. and 9am-1pm Sunday. Montview Church, 1980 Dahlia. www. montview.org

12/6 Sunday—Glorious Sounds of the Season. 5pm. Montview Church, 1980 Dahlia. www.montview.org

NORTHFIELD EVENTS

11/6 Friday—Harkins Theatres 18 New Release. The Anthem of the Heart; The Peanuts Movie; Spectre; Spotlight. www. harkinstheatres.com

11/13 Friday—Harkins Theatres 18 New Release. The 33; Brooklyn. www.harkinstheatres.com

11/20 Friday—Harkins Theatres 18 New Release. The Hunger Games Mockingjay: Part 2; Secret in Their Eyes. www. harkinstheatres.com

11/25 Wednesday—Harkins Theatres 18 New Release. Creed; The Good Dinosaur; Legend; The Night Before; Sisters. www. harkinstheatres.com

ROCKY MOUNTAIN ARSENAL NATIONAL WILD-LIFE REFUGE

11/7 Saturday—Wildlife Viewing Tours. 9:30-11am. Free 2-hour bus tour of refuge. Repeats Sat 11/21 and Sun 11/29 1-2:30pm. RSVP required. www.fws.gov/refuge/rocky_mountain_arsenal/

11/14 Saturday—Awesome Antlers. 8:30am-12pm. Learn about seasonal behaviors, then explore their habitat. RSVP required. www.fws.gov/refuge/rocky_mountain_arsenal/

11/14 Saturday—Wild About Ferrets! 10-11:30am. For families ages 6+. www.fws.gov/refuge/rocky_mountain_arsenal/

11/15 Sunday—Build A Bison. 1:30-2:30 pm. Work in teams to assemble bison skeleton head to toe. www.fws.gov/refuge/rocky_mountain_arsenal/

SCHOOLS AND EDUCATION

11/10 Tuesday—2015 DPS Great Schools Expo. Sports Authority Field at Mile High. 6-8pm. Parents and students visit teachers, principals and students of various DPS schools and learn about school choice process. www.dpsk12.org/expo/

11/12 Thursday—William "Bill" Roberts Middle School Open House. Parents and students invited to learn about our school. Tour included. 6:30pm. Bill Roberts Gym, 2100 Akron Way. Register or info on all open houses/tours, http://billroberts.dpsk12.org/parents/take-a-tour/

11/14 Saturday—Stanley British Primary Open House. 10am-12pm. K-8, 350 Quebec St. 303.360.0803 ext.167, admission@stanleybps.org, www.stanleybps.org

THEATRE

Through 11/1—Curtains. Vintage Theatre. 1468 Dayton St., Aurora Cultural Arts District. www.vintagetheatre.

Through 11/8—My Mother's Lesbian Jewish Wiccan Wedding.
Presented by Theatre Or at Soiled Dove Underground,
Lowry. www.theatreor@mindspring.com

Through 11/8—Dogfight. Aurora Fox Arts Center, 9900 E. Colfax Ave. www.aurorafoxartscenter.org

Through 11/7—To Kill a Mockingbird. Spotlight Theatre Company at John Hand Theater, 7653 E. 1st Place in Lowry. www.thisisspotlight.com

Through 11/21—Equus. Avenue Theatre, 417 E. 17th Ave. www.avenuetheater.com

11/4 to 11/29—The Lion King. Buell Theatre, Denver Center for the Performing Arts. www.denvercenter.org

11/13 to 12/6—Voddville. Aurora Fox Arts Center, 9900 E. Colfax Ave. Aurorafoxartscenter.org

11/20 to 12/23—Irving Berlin's White Christmas. Arvada Center, 6901 Wadsworth Blvd, Arvada. www.arvadacenter.org

11/21 to 12/19—A Ring-a-Ding Christmas: A Crooner Holiday Review. Firehouse Theater Company at John Hand Theater. www.johnhandtheater.com

11/25 to 12/27—Jacob Marley's A Christmas Carol. Vintage Theatre. 1468 Dayton St., Aurora Cultural Arts District. www.vintagetheatre.org

11/27 to 12/20—Santa's Big Red Sack. Avenue Theatre, 417 E. 17th Ave. www.avenuetheater.com

11/27 to 12/27—A Christmas Carol. The Stage Theater, Denver Center for the Performing Arts. www.denvercenter.org

11/27 to 12/27—Little Women. Aurora Fox Arts Center, 9900 E. Colfax Ave. www.aurorafoxartscenter.org

11/27 to 12/27—The Santaland Diaries. The Jones, Denver Center for the Performing Arts. www.denvercenter.org

11/27 to 1/17—Funny Girl. Vintage Theatre. 1468 Dayton St., Aurora Cultural Arts District. www.vintagetheatre.org

FEATURED EVENTS

Now through March 2020—Kids 18 and Younger Get in Free to Denver Art Museum

Beginning this year, all kids 18 and under get free admission to the Denver Art Museum (DAM), 100 W. 14th Ave. Pkwy. Also new this year, there is a capped \$5 admission for youth to all special ticketed shows, free general admission for school and youth groups, and bus funding assistance for Title 1 schools. These changes are possible because of a five-year gift from Denver philanthropist Scott Reiman and a one-year grant from Kaiser Permanente Colorado. "Providing access to arts and cultural experiences can inspire creative thinking in our young people—one of the pillars of 21st-century education," says Kristy Bassuener, DAM director of public affairs. She adds that the museum offers multiple hands-on activities for children and families. For more information, visit www. denverartmuseum.org/freeforkids.

Tuesday—Friday Weekly Stapleton Walks

Tuesday through Thursday every week, join in free Stapleton walks hosted by Walk-2Connect, a Colorado-based social group that creates connections between people and their neighborhoods through walking. Two Walk2Connect volunteers lead these walks in Stapleton, which are 2.5 miles or one hour long. Tuesdays get to know the Westerly Creek Trail. Meet at 8:50am at the Westerly Creek Trail east of Central Park Blvd. and south of MLK Blvd.; Wednesdays discover the development in Conservatory Green and the Northfield Mall. Meet at 7am sharp at the Northfield Starbucks, 8340 Northfield Blvd.; Thursdays walk through the amenities in Conservatory Green, including Upland Park, Runway 35 Pool, and more. Meet at 2:50pm at the fire pit in Conservatory Green Park, south of 49th Pl. between Valentia Ct. and Valentia St.; Fridays watch the sunrise and walk around the Alzheimer's Garden in Westerly Creek. Meet at 7am sharp at the Central Park Rec Center (9651

MLK Blvd.). For more information, or to see the full calendar of walks, visit walk2connect.com/events/ or contact walk leader Chris Englert at cee33x@yahoo.com.

Throughout November and December— Share the Joy Holiday Card Project

Nine young artists and cancer patients at Children's Hospital Colorado designed holiday cards and were selected to be a part of the annual Share the Joy Holiday Card Fundraising Project. Proceeds fund a range of services in the Center for Cancer and Blood Disorders. In the past, the project raised more than \$1 million. The cards can be purchased online at childrenshospitalholidaycardproject.org, in the hospital Gift Shop at 13123 E. Colfax Ave. or by calling 720.777.6286 ext. 6286.

November 5—January 2—Art of Slow Exhibit at Art Gym

Beginning Thursday, Nov. 5, the Art of Slow that features handmade and artisan items and gifts will be on display at the Art Gym Gallery, 1460 Leyden St. From 5–8pm, the artists will present, and refreshments and appetizers will be served. During the exhibit's length, there will be a three-day fine art festival 5–8pm on Dec. 4 and 5, and 10am–5pm on Dec. 6. For more information, visit www.artgymdenver.com.

November 7— PuppyUp Denver Two-Mile Walk

On Saturday, Nov. 7, the PuppyUp Foundation will host a two-mile walk at Central Park. Proceeds go to raising awareness of canine cancer. Registration starts at 8am and opening ceremonies begin at 10am. The event will include music, drawings and canine demonstrations. For more, visit www.puppyupdenver.kintera.org.









Brand New Home in Bluff Lake

3 bedrooms, plus study and huge 3rd floor loft. Gourmet kitchen, designer finishes, lots of space. Don't miss out on one of your last chances to purchase a NEW home in Stapleton, south of I-70.

11448 E 27th Avenue :: MLS #8040995

Rare "Ranch-Style" Condo Under \$300k

Easy living one-story condo with an open floor plan, 2 bedrooms, upgraded finishes. Oversized attached garage. Across from Central Park Rec Center.

9907 E MLK Blvd, #103 :: MLS #2537446

2 Bedroom Townhome, Great Location

Located in the heart of Stapleton, a short walk to the Rec Center, parks, and future Stanley Marketplace and Eastbridge Town Center. Two bedrooms, 1 1/2 baths. 2nd floor balcony, attached garage.

10344 E 29th Drive :: MLS #2142302

Check your home value and current market trends

MyHomeValue.BuildingStapleton.com

Diana Kearns :: Michael Kearns :: Laurie Priddy REALTORS, The Kearns Team

Our Tools. Our Experience. YOUR Goals.



The Kearns Team 303.670.6367 :: Info@KearnsTeam.com www.BuildingStapleton.com

RE/MAX Alliance 1873 S Bellaire St. #700, Denver CO 80222 30480 Stagecoach Blvd, Evergreen CO 80439 Each office Independently Owned and Operated

Sand Creek

(continued from page 21) rado (GOCO). With cash contributions from Denver and the SCRGP, the total project budget is \$125,000. Project manager Jay Henke of Denver Parks & Rec says the focus will be on determining a final alignment for the trail and then proceeding to prepare construction documents. Those "CDs" will put Denver and the Partnership in a better position to compete for trail construction

grants and to solicit private and foundation contributions. Final trail design will also be able to take into account lessons learned from flood events in recent years.

The master plan study will not address overall landscape restoration or other issues such as a long-term weed management plan. However, as the

Denver segment becomes more integrated into the Denver park system, trail advocates will be pushing to have those issues addressed by the city.

Safety

The new trail segments and the link to the Westerly Creek Park in the middle of Stapleton will inevitably attract more users. User safety of relatively isolated trails is always a concern. Kramer, who has been with

the Partnership 10 years, says she is unaware of even a single criminal incident along the greenway during that period. She acknowledges the presence of some homeless individuals, a situation that peaks during the summer "hitchhiking season." She believes the trail is safe but urges users to use common sense, for example, by not traveling alone at dusk. She said new structural designs inhibit camping under bridges. In addition, merely

> having more users, i.e., "eyes on the trail" will further enhance a sense of safety.

Greenway Role in Regional System

As the greenway matures, it will also grow in its role as a connector to a much larger regional system with these components:

- The South Platte, Highline Canal and Cherry Creek trails
- An eventual link to the Aurora Reservoir via the "Triple Creek"

extension of the SCRG south from a new trailhead at Colfax Avenue, and

As a connection to the Rocky Mountain Greenway envisioned as a complete off-road trail linking the Rocky Mountain Arsenal Wildlife Refuge, the Rocky Flats Wildlife Refuge and Rocky Mountain National Park. The Sand Creek Regional Greenway Partnership did its part by funding a temporary connection to the Arsenal Refuge.

UBERGRIPPEN

Indoor Climbing in Stapleton

The entrance to Ubergrippen, will be visible from Central Park Blvd. The proposed facility will include a small retail area, a cafe and programming for kids, as well as climbing walls.

bergrippen, an "indoor climbing crag," was presented to the Stapleton Zoning and Planning Committee (ZAP) on October 13. The project was well-received by ZAP committee members. Owner Jake Crine said he hopes to open the facility by this time next fall. Ground breaking is anticipated for February.

The facility will be adjacent to the 21st Ave. and Willow St. roundabout. Commercial neighbors will include the Stapleton Fellowship Church (Hangar 61) to the north and east, and the Stapleton Veterinary Hospital to the south. On a 61,000 square foot lot, the building will include 20,430 square feet of floor area within a 14,900 square foot footprint. The structure will peak at 45 feet to

accommodate 16,000 square feet of climbing and bouldering wall area. The site will be accessed by a one-way drive from 21st Avenue, with two vehicular exits from the site onto a private drive to the south that also serves the animal clinic, 7-11 and car wash businesses. It will be an engineered metal building with a concrete base, textured stone and a wood awning. Colors will be predominantly red and gray. The main entrance faces northeast, with visibility from Central Park Blvd. The west side of the building features overhead doors, allowing access to a landscaped area. Climbers will find a retail space for gear and apparel. A café will be open to the public, and Crine hopes to offer beer and wine, depending on his success in obtaining a liquor license. Depending on the final site design, the building will be served by 68 to (continued on p. 37)

BASEMENTS | DECKS | REMODELING

Sand Creek Trail users walk in the area

west of the Quebec Bridge.

Quality craftsmanship for 26 years. Locally owned. Small business.

Kevin Dearth | 303-946-2644 | kbdearth@aol.com | metrobasementsplus.com

Thanksgiving Eve Community Worship

November 25 | Wednesday, 7 pm

- Your non-perishable food gifts will help stock the shelves of Metro Caring
- · Your gifts and offerings will benefit World Hunger.
- Bring a pie to share for the 36th Annual Pie Fest following worship, and enjoy live music by the Wes Leffingwell Trio.



Augustana Sunday Worship: 8 am | 10:30 am 5000 E Alameda Ave | Denver CO 80246 | 303-388-4678 | www.augustanadenver.org

Compassionate, state-of-the-art healthcare for your children





Budget Blinds - custom window coverings that fit your style and budget!

- Personal Style Consultants
- Thousands of samples from the best brands
- "Expert Fit" measuring and installation

FREE In-Home Consultation & Estimate

Home or Office Window Treatments

Call today for details! 303-422-1499

or visit us online at www.budgetblinds.com

Blinds

Excludes shutters. Must present at initial estimate. Lifetime limited warranties. Not valid with any other offers. Offer expires 11/30/15.

No Time Like the Present

to Keep Your Future on Track

Lots of times, changes in life also affect your investments. That's why there's never been a better time to schedule your complimentary portfolio review. We'll talk about the changes in your life and help you decide whether it makes sense to revise your investments because of them.

A portfolio review will help ensure your investments are keeping pace with your goals. Call your local financial advisor today.



Natalie J Robbins, AAMS® Financial Advisor 2373 Central Park Blvd, Ste 104 Denver, CO 80238 303-320-7752

www.edwardjones.com





Forest City VP Tom Gleason points toward the commercial area (light red) and rental apartments (brownish) along 56th Ave. in Forest City's preliminary plan for the new neighborhood north of 56th. Affordable for-sale homes are shown in red along CPB (the west border).

Plans for First Neighborhood N. of 56th

Preliminary site plan to the Stapleton Citizen's Advisory Board (CAB) and Zoning and Planning (ZAP) committee showing land use and circulation plans for the first phase of Section 10 in far northeast Stapleton. Section 10 is bounded by the Rocky Mountain Arsenal National Wildlife Refuge (RMANWR) to the north and east, and by the Dick's Sporting Goods complex and Commerce City to the west.

The "Filing 49" plan shows a predominantly single family neighborhood for the 130 acres of land located at the northeast corner of 56th Avenue and Central Park Boulevard (CPB), which will be extended north of 56th.

In total, approximately 1,200 dwelling units are proposed: 813 single-family detached units, 81 of which will be affordable for sale; 300 market rate rental units; and 100 affordable rental units. Market rate for-sale units will range in price from the \$200,000s to the \$800,000s. Forest City hopes to begin

grading before year's end and will develop the filing from north to south.

The plan also sets aside a mixed-use, commercial area along 56th Ave. with about 70,000 square feet of building space. Jim Chrisman, Forest City senior vice president for development, said this will not be a town center nor would it be grocery-store anchored. He expects uses such as day care, office and perhaps a drugstore/pharmacy. By comparison, the 29th Ave. Town Center, including the Crescent frontage, contains about 50,000 square feet of commercial space (excluding King Soopers and other uses not fronting on 29th Ave.).

Longtime CAB member Jim Wagenlander expressed concern with the amount and location of multi-family product in this filing. He said the proposed plan "accelerates" the trend of Stapleton housing being dominated by market-rate single family housing. He thinks the mix of units is different than elsewhere in Stapleton, labeling the filing as "the suburbs of Stapleton." *(continued on p. 37)*

Eastbridge Verizon Tower



A rendering of the cell tower is superimposed on a photograph, showing its location near the Shiny Happy Car Wash and Williams Dentistry at MLK and Iola. Final colors and materials on the tower have not yet been determined.

Pollowing multiple reviews, a proposed Verizon cell tower appears headed to final approval through the Denver and Stapleton review processes. The 50-foot tall tower would be located on a 10 foot by 13 foot parcel located on the northwest corner of the Shiny Happy Car Wash property at 2975 Iola St. This Eastbridge site is bound by MLK Blvd., Iola Street and E. 29th Avenue. The metal tower will be configured with three legs and will feature a fully functioning traditional clock face on all three faces. Materials and colors for the tower and clock face are yet to be determined.

Ground-level equipment will be screened by an eight-foot tall masonry [verify] wall for which Verizon obtained a zoning variance from Denver (above the standard six foot height limit).

Verizon representatives said the tower is required to improve 4G data and voice service for Stapleton residents, with customer demand for wireless service growing between 25 and 50 percent annually. The tower will be "co-locatable" meaning it can accommodate either other cellular companies or public safety agencies.

Coming to the Shops at Northfield...

Gameworks

The former Circuit City space, between Target and Bass Pro, has been leased to Gameworks, a entertainment center that offers games, food and sports for the whole family. They serve "American cuisine," craft beers and cocktails and have a variety of arcade games. They expect to open by summer 2016. Find more information at gameworks.com.

Phenix Salon Suites

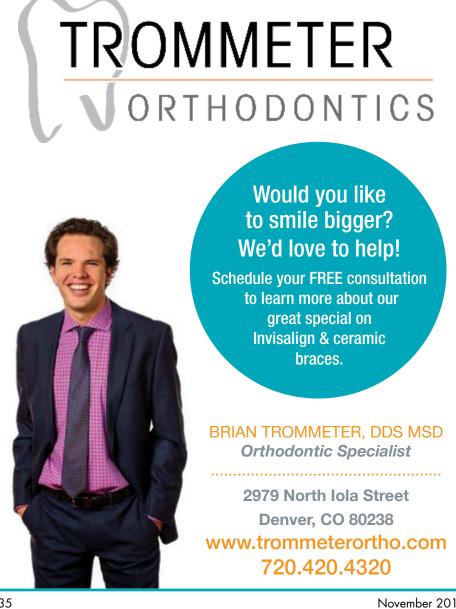
The space east of Macy's (formerly Christoper and Banks combined with the undeveloped space next to it) has been leased by Phenix Salon Suites, which offers individual suites for salon professionals to operate their own independent business. They expect to open in spring 2016. For more information visit PhenixSalonSuites.com. (cont' on p. 37)

Stapleton's Real Estate Resource



RE/MAX Momentum 7505 E. 35th Ave Ste 360 Denver, CO 80238

303-321-0455 www.MomentumRealtyColorado.com





SUN Meetings are held on the 3rd Tuesday of every month at 6:30pm (Block Captain meeting) and 7:30pm (Board meeting) at the Central Park Recreation Center, 9651 MLK Jr. Blvd. For information about SUN, visit www. stapletonunitedneighbors.com. To contact SUN or confirm meeting time, email stapletonunitedneighbors@gmail.com

Fifth Annual Stapleton Education Expo on Nov. 5

The fifth annual Stapleton Education Expo will be held on Thursday, Nov. 5. Part informational meeting, part school showcase, this Expo is designed to be an aide in learning both how to maneuver the Denver Public Schools education choice process, as well as an opportunity to meet representatives from public and private schools in and around the Stapleton community. Starting with a formal presentation at 6:30pm, Denver Public Schools will discuss the choice process, introduce the DPS 2020 capacity plan and give an update on the construction at the Northfield campus. Marisol Enriquez, principal of the new Stapleton elementary school, will introduce the new school. DPS will be available after the presentation to answer questions about the choice process.

After this presentation, parents and students are invited to visit principals, faculty, and parents from 30+ neighborhood schools. Ranging from preschool through high school, participating schools

include: Clayton Early Learning School, Happy Ladybug Preschool, Montview Community Preschool, Stapleton Fellowship Preschool, Paddington Station, Montessori Children's House of Denver, Academy 360, Monarch Montessori, Roots Elementary, Ashley Elementary, Isabella Bird Community, Westerly Creek Elementary, Swigert International School, Bill Roberts School, High Tech Elementary, Polaris at Ebert, Morey Middle School, The Logan School, Blessed Sacrament, Colorado Academy, St. Elizabeth's School, The Odyssey School, Stanley British Primary, Sewall Preschool, NE Community Engagement School, International School of Denver, McAuliffe International School, Denver Discovery, DSST: Stapleton, DSST: Conservatory Green, Venture Prep, Northfield High School, George Washington High School, and potential-

The 5th Annual Stapleton Education Expo is open to all who are interested in learning about education options in Northeast Denver, particularly parents or guardians of school-age children who will be participating in the DPS choice process this winter, or who need information about area daycare/preschool/private school options. The Expo will be held this year at the Conservatory Green campus, the current location of High Tech Elementary School and DSST: Conservatory Green, 8499 E. Stoll Place. Doors open at 6:15pm, formal presentation from DPS at 6:30pm, and meet-and-greet open session from 7 to 9pm.

Safety Forum for Nov. 17 SUN meetings: 6:30-7:30pm, Central Park Rec Center

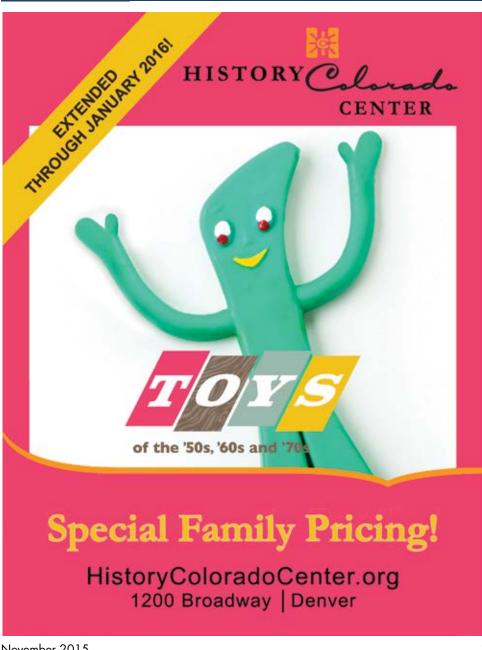
The planned safety-focused agenda for the SUN block captain/outreach meeting for Tuesday, Nov. 17 will be expanded into a community forum format. At the forum will be representation from Denver Police Dept. (DPD), SUN's Safety

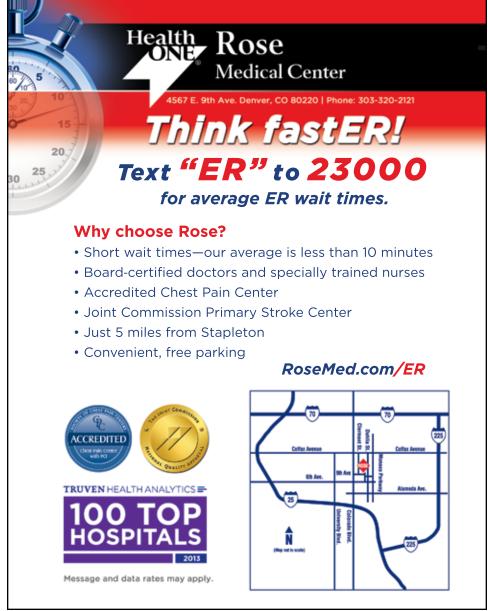
Committee, and the Stapleton Master Community Association; as well as State Rep. Angela Williams and Councilman Chris Herndon to answer questions and provide the necessary support from their respective offices. The agenda will begin with an update from the newly invigorated SUN Safety Committee, followed by a discussion from representatives at DPD on crime and crime statistics in Stapleton. Leadership from the MCA will answer questions on the MCA's position to remain exclusively in partnership with the community and DPD, rather than seeking private unarmed patrol. For the second half of the hour, we will facilitate a general Q&A and in-person discussion. In the meantime, if your block is not yet participating in Neighborhood Watch, please get started by contacting DPD Community Resource Officer Sherikera L. Heflin: Sherikera.heflin@denvergov.



LeafDrop Now Thru Nov. 30

Rather than going straight to a landfill, your leaves can go to a composting site through the Denver Public Works Leafdrop Program. Now through November 30, drop off leaves or jack-o-lanterns from 8am-2pm Monday through Friday at the Havana Nursery, 10450 Smith Rd (Quebec & Cherry Creek Dr. South). Weekend drop-off sites are also available through November 22 from 11am-3pm at specific locations across Denver. Visit denvergov.org/ to see the list of locations, guidelines for leaves, and to print a coupon for a free five-pack of paper leaf and yard bags at participating Denver area Ace Hardware stores.





Stapleton Update

Section 10 Plans

(continued from page 35) Chrisman countered by saying the rest of Section 10 has not yet been planned and he expects significant amounts of multi-family rental housing yet to be built elsewhere in Stapleton such as south of the Central Park Boulevard transit station and in Northfield.

CAB, according to Chair David Netz, will use the Filing 49 plan to complete a "build-out" scenario to assess the likelihood that Forest City will be able to meet their obligations for required percentages of affordable rental and for-sale dwellings.

The Shops at Northfield

(continued from page 35)

What's happening at Toby Keith's?

After Toby Keith's closed, the City and County of Denver seized their property and sold it at auction on October 29 for back taxes due in the amount of approximately \$67,000. Other Toby Keith's around the country also closed recently. Forest City is not disclosing any information about Toby Keith's closure, but they are actively marketing the 22,000 square foot property. Permanent or temporary leasing information can be found at northfieldstapleton.com/leasing/.

Climbing in Stapleton

(continued from page 34) 75 parking spaces plus bicycle parking.

Crine plans a variety of activities in addition to climbing such as yoga and summer youth camps. The main issue that arose during design review was traffic and concerns with vehicle headlights impacting the residents on the west side of 21st Ave. He believes the one-way south vehicle movement should minimize any such impacts.

Crine believes the location in Stapleton just off Central Park and Montview Boulevards is "ideal" and that he expects to serve all of northeast Denver. The nearest climbing gyms are in Thornton, Centennial and in Denver at approximately 6th Avenue and Mariposa. Ubergrippen will be similar in layout and features to recently opened gyms such as Movement and Earth Treks, at about two-thirds their size. Ubergrippen will feature 10 "auto-belays," devices that automatically lower a climber. Climbers without partners would thereby be able to use the rope walls at the facility. Crine named his business after the climbing term "Ubergrippen," which signifies the "intense feeling of relief" when finding a good handhold after the most difficult or "crux" move on a climb.



Quality care in a nearby, comfortable, bright, modern setting IN NETWORK with most insurance • Early morning appointments Now offering BOTOX® and invisalign

303-322-2081



SERVICE DIRECTORY

BUSINESS SERVICES

Timeshare Exit Team! Dissolve your Timeshare today. Call Mark at 720.984.5533 Timeshare Exit Team! Endorsed by Dave Ramsey, Vic Lombardi. New office in Northfield.

DESIGN/REMODEL/ HANDYMAN

BASEMENTS Best Builders- Best in Quality and Design at truly affordable prices. Call Jim at 720-276-7704

HANDYMAN & REMODELING – Serving Stapleton since 2001. Free Estimates 303-333-4507.

HANDYMAN Affordable, No job too small-Bob 720-434-3649 fixedit40@gmail.com
HOME REMODELING AND RE-

PAIRS. Expert, Local area since 1975. Al 303-995-2585 HOME RENOVATIONS/ REPAIRS- Painting, Plumb-

REPAIRS- Painting, Plumbing, Electrical, Tile, Drywall, Wood Floors. Prices Can't Be Beat. B&D Renovations 720.404.2649

LIC. GC. Finish Carpentry, Remodeling, Home Repairs. Small difficult jobs welcome. 22 yrs in Park Hill. Peter 720-291-6089

ELECTRICAL/PLUMB-ING

MASTER PLUMBER –Mr.Plumber, Est. 1978, Licensed, best prices, credit cards ok. Jeff 303-523-6652 www.mrplumberdenver.

HOME SERVICES MISC

WINDOW & GUTTER CLEAN-ING- Also offering House Cleaning. Bob Starr 303 329 8205

HOUSECLEANING

HOUSECLEANING-Mature-hon-

est-friendly-Dependable. 303-671-9065

HOUSECLEANING-Member BBB www.ToptoBottomCleaning. biz or call Diane 303-668-4014 HOUSECLEANING-White Magic-Excellent rates and references. Weekly, monthly, one-time only. 720-371-3290

PAINTING

PAINTERS-Int./Ext. repairs, ins.Refs.Owner works on site with small, highly skilled crew. Craftsmanship and integrity for 33 years. Call Mike 303 388 8151

PAINTING- Interior 25 Yr exp. in East Den. Maurice Devany Refs. 303-902-6495

PAINTING-Affordable, Exceptional Results 303-474-8882 / 720-338-1453 – www.jcspainting.net – Stapleton References
PAINTING-Premier Paint Works:
Denver's Paint Specialists
since 1993. int/ext neat,
insured, impeccable refs. John 303.864.9247

PERSONAL SERVICES MISC

CONSULTATIONS Facial skin care & cosmetics www.marykay.com/dzaiontz (303)355-4612"

PERSONAL ASSISTANT Staple ton resident offering cooking, cleaning, errands and more. Call Laura 859.806.8560 www.homemadeasy.net

PET/HOUSE SITTER-dependable, mature, local refs 303-669-6860 Sonya

PROPERTY MANAGEMENT

PROPERTY MANAGEMENT AND LEASING – Specializing in Stapleton & Park Hill. Call

03-

or email John Carranza – 303.489.6196 jmcarranza@comcast.net. www.stapleton360.com PROPERTY MGMT-

TJCManagement.com-Stapleton/Lowry/ParkHill. Top \$\$ for rentals. Avg vacancy <2days/yr. 303-324-6988

FOR RENT

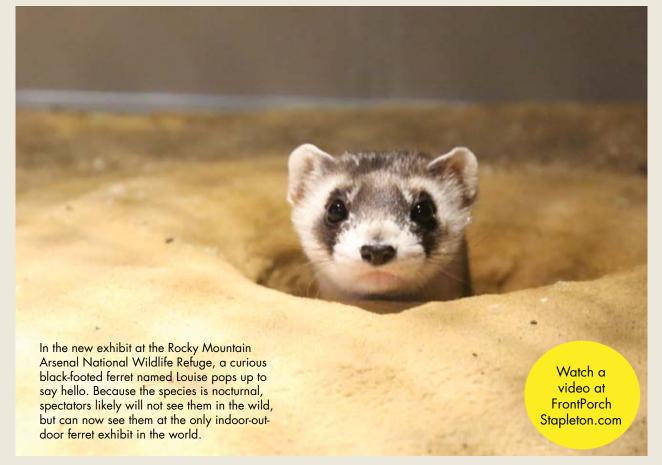
LOOKING FOR A HOUSE-MATE? Check out Silvernest.com. Now there's a unique roommate-matching website for boomers and empty nesters who have room to share. It's a great resource for anyone who wants to earn a little extra cash or a little extra company around the house. You can eyen trade a room for things like mowing the lawn or raking the leaves, or just simply charge rent for your space. Silvernest safely and smartly matches roommates with great features on the site like background screening, prepared leases and online rent management tools. A great resource whether you're a renter looking for a new and unusual space or a homeowner with room to share. Just check out Silvernest.com. And, first 50 sign-ups get our premium service for free! Just use promo code: SN15D100NP.

PARK HILL & STAPLETON: www.stapleton360.com RENTALS available-Varied prices/sizes in NE area TJCManagement.com, 303-324-6988

SUBMIT A CLASSIFIED AD

Classified ad cost is 25 cents per character, including spaces. Classified ads are accepted only by email. Send to FrontPorch3@gmail.com. Ads must be received by the 15th and paid by the 17th to run in the next issue. For more information visit www.FrontPorchStapleton.com > Classified Advertising > Paid Print Ads.





Maked Band at to Price We design a season The season and the season The season and the season The



Black-footed ferrets

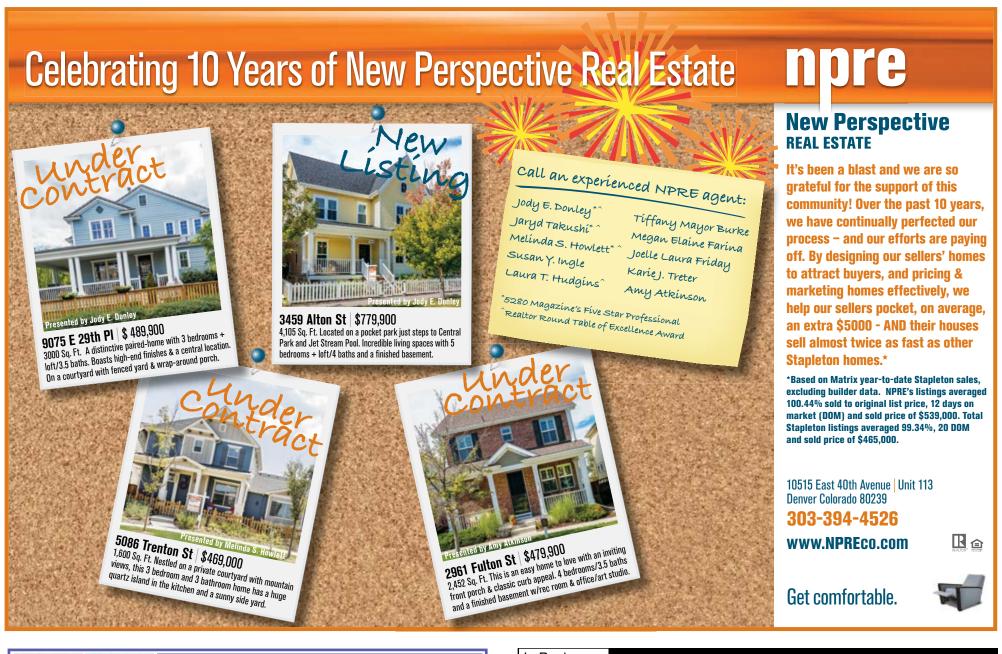
(continued from page 1) thought to be extinct until a dog in Wyoming brought home a ferret to its owner in 1987. Scientists surveyed and discovered 18 remaining ferrets that, by persistence, had somehow survived. The discovery began the Black-footed Ferret Recovery Program in Ft. Collins, where the 18 ferrets were brought. Through the breeding program, the population has successfully been restored and since 2013, about 500 ferrets have been released into the wild around the country. At

the Rocky Mountain Arsenal National Wildlife Refuge, 30 ferrets were released on October 5.

Volunteers were selected to help release the ferrets. At the area of the refuge where prairie dogs live, each volunteer was given one ferret in a cage. Currently, the prairie dog population at the Rocky Mountain Arsenal Wildlife Refuge has gone rampant, but the ferrets will bring that back to a more natural level. By reintroducing the top of the food chain, ecosystems function more naturally—a term called trophic cascade, according to Dave Lucas, refuge manager. The best example is the reintroduction of wolves in Yellowstone National Park that changed the behavior of elk.

Each volunteer opened the kennel and waited for the ferret to poke its head out, which took some coaxing, or gentle shaking of the kennel. Being nocturnal, the ferrets hissed and screeched to be awoken and kicked out of bed. The ferrets scurried into the prairie dog burrows, where they are taking up residence. Ferrets come into the prairie dogs' holes at night and feast. Then they use the burrows to sleep, raise their young, and spend time when they're not hunting.

Because the ferrets are nocturnal it is unlikely that spectators will see the ferrets in the wild, but the wildlife refuge now has a ferret exhibit to give people that experience. The exhibit has two sides to replicate above the ground and below the







HOUSE CLEANING Stapleton and Park Hill References

Detail Oriented • Ironing Included • Window Washing • Carpet Cleaning • Bonded & Insured • Offices/Apts./Homes • Park Hill Resident • paulinaleon22@hotmail.com #1 IN CLEAN: Paulina Leon 720-628-6690 or 303-719-2456





Left: The exhibit has two levels, one above ground where ferrets in the wild hunt, and one below ground where ferrets take over prairie dog holes and sleep during the day. A yawning ferret named Seabiscuit coils up to go to sleep.

Above: A U.S. Fish & Wildlife Service employee, along with volunteers, walk to a prairie dog's hole where they will release a ferret.

Above right: A prairie dog doesn't know what's coming. Black-footed ferrets' main diet is prairie dog, which helps keep the prairie dog population at a natural level.

Right: A black-footed ferret pokes its head out of the kennel and looks at the wild for the first time. It has spent its life in a breeding facility in Et. Collins

Far right: After scurrying into the prairie dog hole, the ferret continually pops back up to check out the world above ground.

ground. It is the only indoor-outdoor ferret exhibit in the world. The side meant to show below the ground is kept cool and darkly lit for the ferrets to sleep. The side meant to show above the ground is warm with brighter light and a water feeder and food.

The exhibit is home to two ferrets that are beyond breeding age, Louise and Seabiscuit. They don't like each other so they have separate areas. Seabiscuit slept, coiled up, the entire day of the release, while Louise was up and active.

"Louise, come here. Come on, it's OK. She likes me," says Dave Lucas. Louise is the grandchild of one of the 18 surviving ferrets and a treasure to the conservation story. She is so curious FISH STANS ITS

her nose touches the glass peaking at Lucas.

This is the only place in the world people can see the ferrets' charismatic nature. Lucas believes the ferrets are one reason the Rocky Mountain Arsenal is the premier wildlife refuge in the country, offering city dwellers an escape to



native prairie land. Ferrets continue to be bred at the facility in Ft. Collins and more are planned to be released in 24 other locations in Wyoming, South Dakota, Montana, Arizona, Utah, Kansas, New Mexico, Canada and Mexico.

Get in your Z®NE!

The Stapleton Foundation seeks nominations for the 6th annual be well Healthy Living - Heroes Awards

Montbello Stapleton East Montclair Greater Park Hill NE Park Hill Northwest Aurora

Do you know someone that is impacting your zone and deserves to be recognized? The Stapleton Foundation seeks nominations for the 6th Annual be well Healthy Living

Help us to identify individuals who "Get in the ZONE" – the ZONE of healthy living - and who make a difference in our communities!

Heroes Awards

Categories include:

Physical Activity Leadership Nutrition Leadership Community Advocate(s) of the Year Preventative Care Leadership Service

And new this year...The Legacy Award

Deadline for submission is December 18, 2015

A youth and an adult will be selected to receive an award in each category.

Get your nomination form on-line or pick up a form at your local be well Center located inside of Denver's Hiawatha Davis and Central Park Recreation Centers and Moorhead Recreation Center in Aurora.

bewellconnect.net/awards

Stapleton Front Porch 39 November 2015



Give Thanks...
Then Give Gifts.



Visit us online for an up-to-the-minute list of store hours and doorbuster deals!

Northfield Stapleton Main Street Shops Open:*

Thanksgiving 7pm-Midnight

Black Friday 9am-9pm



NorthfieldStapleton.com • 303-375-5475

STAPLETON

Over 80 specialty shops and restaurants, including:

Bass Pro Shops • Macy's • JCPenney • Old Navy • Improv Comedy Club • Victoria's Secret • Harkins Theatres 18 • SuperTarget

*Department store, restaurant and theatre hours may vary.