

Front Porch

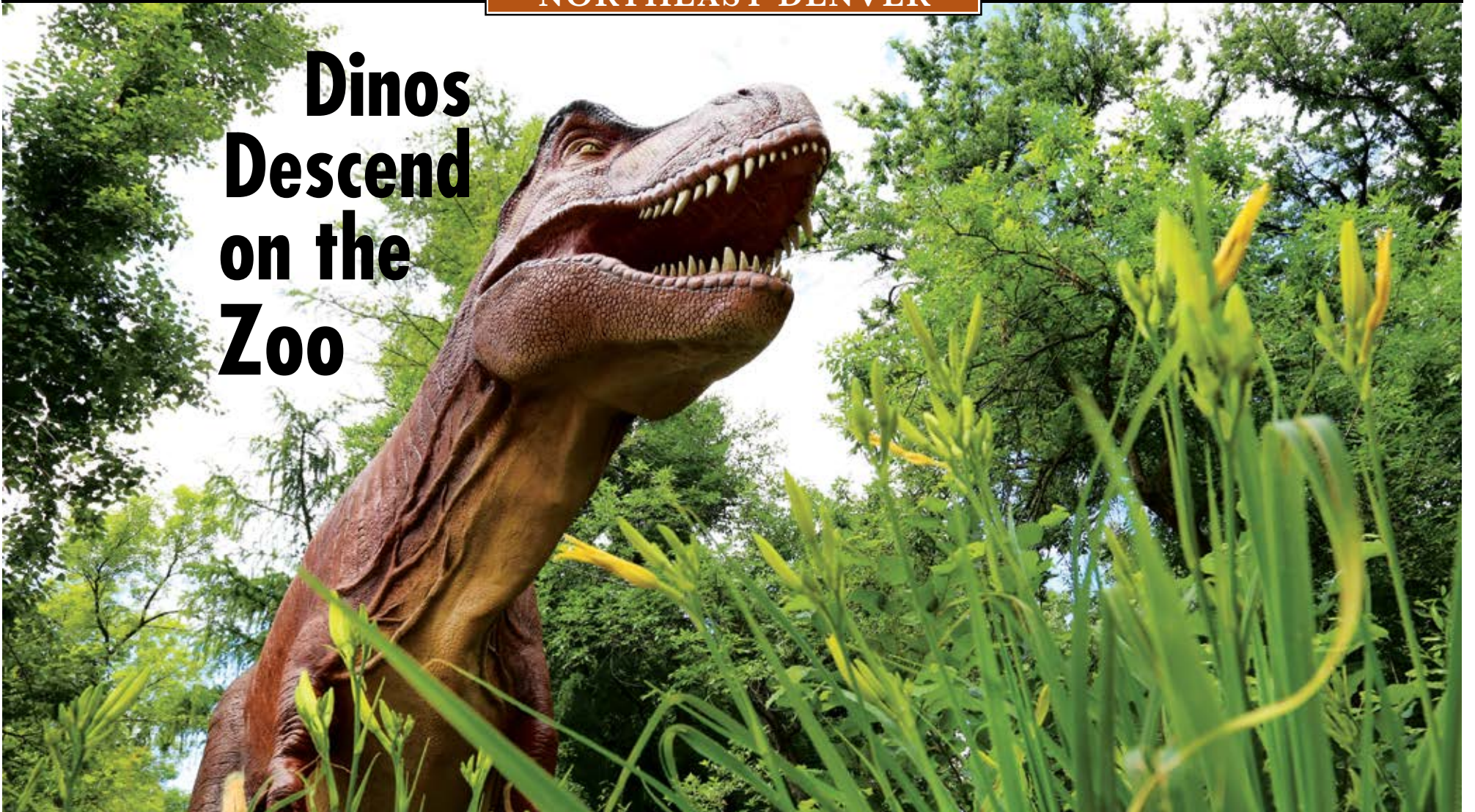
COLORADO

Stapleton, Park Hill, Lowry, Montclair, Mayfair, East Colfax

NORTHEAST DENVER

AUGUST 2017

Dinos Descend on the Zoo



While most of the dinosaurs at the zoo are believed to be close to life-sized, this *Tyrannosaurus rex* named Trampleton,

at 5,400 pounds (2.7 tons) would have been a juvenile since a full grown *T. rex* was believed to be about 7 tons

(or even up to 9 tons). Visitors can find information and locations of all 21 dinosaurs on the Denver Zoo mobile app.

By Carol Roberts

Twenty-one life-sized dinosaurs, most of which move and make sounds, will be residing at the Denver Zoo until October 31. The easiest way to find them is by

using the Denver Zoo mobile app—and with a click visitors can also learn more about them.

Many of the dinosaurs are located near today's zoo animals that share some common characteristics such as appearance,

hunting habits, type of diet, or parenting behavior. Visitors are encouraged to look for similarities and differences with today's animals. Trampleton the *T. rex* can be compared to the spotted hyena in that the adaptations of the jaws and teeth *(continued on page 34)*

New Twist on Taming of the Shrew Shakespeare on the Green



Photo by Jennifer Koskinen, Colo. Shakespeare Festival

How do you take a 400-plus-year-old play with outdated gender dynamics and present it so that it stimulates great conversation and great laughs? In this production, Kate is a fighter pilot coming home

from the war and accustomed to independence. The showy costumes, music, comedy and dance scenes with a cast of 20 offers entertainment for the whole family. See page 6.

Historic Montclair Home: Richthofen Castle

By Melinda Pearson

Many of us catch glimpses of it from the street, but few have had the chance to enter its gates. Built in 1887 by Baron Walter von Richthofen, the uncle of the famous World War I flying ace, the Red Baron, the Richthofen Castle is a marvel.

Modeled on the Richthofen family castle in Germany, the turreted building is sheathed in rhyolite, a special type of lava rock quarried, appropriately enough, from *(cont' on page 8)*



The formal parlor at Richthofen Castle holds the original nine-foot Kanabe grand piano.

Printed with soy-based ink. Paper contains 30% postconsumer waste.

Shamirra Singletary, 10, cools off on a hot summer day in the fountain at Central Park.



Most of the events listed below are FREE or support nonprofits.
Additional events are listed on pages 26–28.
Also visit FrontPorchNE.com to view additional events and to submit events.

AUGUST

Saturdays through August

Kids Free Saturdays at the History Colorado Center. Two free kids (age 18 & under) per paid adult/senior. HistoryColoradoCenter.org

Every Sunday

Farmers Market, 8:30am–12:30pm. The Green*

Sundays through October 1

Ekar Farms in Lowry, 9am–1pm. Future Farmers' Program from 10–10:30am for children ages 4–10. 181 S. Oneida St. No cost to attend. For info, call 303-520-7581

Thursday, August 3

MoJaBlu Concert Series- "Tunisia," 6:30–8:30pm. North Green*

Friday, August 4

Movie on The Green- *Hidden Figures*, starts at dark. The Green*

Sunday, August 6

City Park Jazz in Denver's City Park. Live music and food. Free and open to the public. 6–8pm. "Alpha Schoolmarm Orchestra"

Thursday, August 10

Active Minds Seminar "Princess Diana," 6:45–7:45pm. Sam Gary Library* activeminds.org

Friday, August 11

Teen Night- party for ages 12–15. Music, games and much more! 7–10pm. To register, call 303.388.0724 or visit stapletoncommunity.com. The Green*

Saturday, August 12

Concert on The Green- "That Eighties Band," 7–9pm. The Green*

AUGUST

Thurs-Sat, August 17-19

Shakespeare on The Green- *The Taming of the Shrew*. 7pm. The Green*

Thursday, August 24

Active Minds Seminar "Spain," 6:45–7:45pm. Sam Gary Library* activeminds.org

Friday, August 25

Movie on The Green- *Rogue One*, starts at dark. The Green*

Saturday, August 26

Concert at The Cube- "Colorado Wind Ensemble," 7pm. The Cube*

Sunday, August 27

Stapleton Kids Triathlon, 8am. stapletoncommunity.com

SEPTEMBER

Saturday, September 2

Sweet William Market, 9am–2pm. www.sweetwilliammarket.com. The Green*

Monday, September 4

DJs @ The Stapleton Pools/Pool close, Noon–4pm. All 6 Pools*

Locations

*More info. at www.stapletoncommunity.com
Sam Gary Library: 2961 Roslyn St.
The Green: South Stapleton at E. 29th Ave. & Roslyn St.
North Green: North Stapleton at Valentia Ct. and 49th Pl.
The Cube: 8371 E. Northfield Blvd.
Aviator pool: 8054 E. 28th Ave.
Puddle Jumper pool: 2401 Xenia St.
F15 pool: 2831 Hanover St.
Jet Stream pool: 3574 Alton St.
Runway 35 pool: 8863 E. 47th Ave.
Maverick pool: 8822 Beekman Pl.

Events & Announcements at Stapleton



MoJaBlu Concert Series-Tunisia

Thursday, August 3, 6:30–8:30pm

Join the Stapleton MCA and Live@ Jack's Thursday evenings for an evening of Motown, Jazz and Blues on The Green located in Conservatory Green at 49th Place and Valentia St. This is a free concert open to the public!

Concert on The Green – That Eighties Band

Saturday, August 12, 7–9pm

Join the MCA for the Concert on The Green (29th & Roslyn) featuring That Eighties Band starting at 7pm. Concerts are free to attend and open to the public.

Movie on The Green – Hidden Figures

Friday, August 4, At Dark

Movie on the Green-Rogue One

Friday, August 25, At Dark

Join us on The Green (29th & Roslyn) for Movie on The Green. Each movie will feature a concessions stand to benefit a local nonprofit organization. The concessions stand will sell freshly popped popcorn, candy, sodas and bottled water. All movies are free and open to the public.

Shakespeare on The Green – The Taming of The Shrew

Thurs. –Sat., August 17–19, 7pm

The play will be performed on The Green at 29th Ave & Roslyn St. All showings are free and open to the public

Friday Night Flights – Wine Tastings

Friday, August 18, 5–7pm

The MCA and the Grape Leaf are excited to present Friday Night Flights! The last Friday Night Flights of the summer will be held on Friday, Aug. 18 at the West Crescent. Tickets are \$15 for residents and \$20 for nonresidents. All tickets are \$20 the day of the event. Visit stapletoncommunity.com to purchase your tickets today!

Concert at The Cube – Colorado Wind Ensemble Woodwinds Three

Saturday, August 26, 7pm

Join us for our concert at The Cube, featuring the Colorado Wind Ensemble. These versatile CWE musicians present a variety of sounds and styles in this unique trio of flutes, clarinets and double reeds. This event will start at 7pm and is free and open to the public. The Cube is located at 8371 Northfield Blvd.

Teen Night on The Green

Friday, August 11, 7–10pm

The Stapleton MCA is hosting a party for teens ages 12–15 on The Green. There will be music, games and much more! The fun starts at 7pm and goes until 10pm. To register, call 303.388.0724 or visit stapletoncommunity.com.

Farmers Market

The Farmers Market will be held every Sunday from 8:30am–12:30pm on The Green (29th & Roslyn).

Stapleton Kids Triathlon

Sunday, August 27, 8am

Even though we added 50 extra spots to the Kids Triathlon this year, we are sold out! Because of this high demand, we are now starting a paid waitlist for the Stapleton Kids Triathlon.

We are not allowing transfers of registrations this year. If you find that your child is unable to participate in the Stapleton Kids Triathlon, please contact the MCA no later than Friday, Aug. 18 at 5pm. This will allow us to accommodate people on the waitlist.

The MCA will issue a \$30 refund if your child is unable to participate in the Stapleton Kids Triathlon and you contact the MCA by 5pm on Friday, Aug. 18. If you participate in any outside transfers, please note that the child who has transferred may still participate in the race but will be disqualified from winning any trophies.

Visit stapletoncommunity.com to register for the waitlist.

Active Minds Seminar

This is a free, no-reservation-needed public program brought to you by the Stapleton MCA. Location: Sam Gary Library, 2961 Roslyn St.

Thursday, August 10, 6:45–7:45pm

Princess Diana

Thursday, August 24, 6:45–7:45pm
Spain

If you have any questions or comments about the information above, please feel free to contact jolsen@stapletoncommunity.com or call the MCA office at 303.388.0724.

Jennifer Olsen
Communications Manager
jolsen@stapletoncommunity.com

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EDITOR/PUBLISHERS:

Carol Roberts – Managing Editor
Steve Larson – Photography

ASS'T MANAGING EDITOR: Anne Hebert

WRITERS: John Fernandez & Melinda Pearson

AD SALES: Karissa McGlynn 303-333-0257,
303-993-9963, KarissaMcGlynn@gmail.com

www.FrontPorchNE.com
FrontPorch@FrontPorchNE.com 303-526-1969

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A directory with links to these businesses can be found at www.FrontPorchNE.com > Business Directory

I love the *Front Porch* and read it religiously as soon as it arrives at my door. And I make it a point to support the local businesses that advertise—it's a win-win for all of us. —Dorothy R.

Nearly 40,000 *Front Porch* newspapers are delivered monthly to doorsteps in the NE Denver neighborhoods of:

- Stapleton
- Park Hill
- Lowry
- Mayfair/Montclair
- East Colfax

For information about advertising contact Karissa McGlynn at 303-333-0257, 303-993-9963, KarissaMcGlynn@gmail.com, or FrontPorchNE.com > Display Ads.

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Free and Open to the Public—Shakespeare on the Green Aug. 17 – 19

Updated Gender Dynamics Puts New Spin on Taming of the Shrew

By Laurie Dunklee

Shakespeare’s comedy about a strong woman named Kate, and the man who “tames” her, can be hard for modern audiences to swallow because of its sexist theme. “How do you take a 400-plus-year-old play with outdated gender dynamics and present it so that it stimulates great conversation and great laughs?” says Wendy



in the relationship. Petruchio “tames” her with various psychological torments, such as keeping her from eating and drinking, until she becomes a desirable, compliant and obedient bride. The misogynistic overtones have become the subject of considerable controversy among modern scholars, audiences and readers.

The CSF production

tackles the challenge by setting the play in post-World War II New York’s Little Italy. “The end of World War II was a pivotal time for women’s roles in our culture,” Franz said. “For the first time, women had served in combat because men were in short supply. It’s the perfect lens for us. The Kate in our telling is a fighter pilot coming home from the

numbers exciting. The play begins with a big celebration because the war is over—everyone comes in cheering.”



She said the essential parts of the set will be brought to Stapleton, including the characteristic New York brownstones. “We’re also bringing the Little Italy sign

that is lit with marquee lights,” Franz said.

Some dialogue and interpretation was changed to fit the different take on the story. “Kate and Petruchio focus on discovering themselves and each other, ultimately becoming equal partners,” said Franz. “When Petruchio makes the choice to starve Kate, he decides not to eat either. In Kate’s speech at the end, she refers to him not as her lord, but as her

spouse, because she chooses him as her partner. What’s critical about our approach is the characters are older, they’re experienced, and they’re looking at what it means to find a partner, how to navigate that.

“It works beautifully as a lovely union instead of a forced submission.”

See *The Taming of the Shrew* Thurs-

day–Saturday, August 17–19 at 7pm.

For more information, see cupresents.org/series/shakespeare-festival/.



Photos by Jennifer Koskinen, Colo. Shakespeare Festival

Franz, managing director for the Colorado Shakespeare Festival (CSF), presenting Shakespeare on the Green for the fifth year.

The Taming of the Shrew, written between 1590 and 1592, depicts the courtship of Petruchio and Katherine (Kate), the headstrong, obdurate shrew. Initially, Kate is an unwilling participant



war. When the war was over, women were expected to go back to their historical gender roles. When Kate comes back home to Little Italy, she’s accustomed to some independence. She’s in a place of rejecting old values. So her rebellious behavior makes sense; she’s not just being rowdy.”

Franz said families will love the production for its showy costumes, music and comedy. “It’s fun and bright, with lots of physical humor and swashbuckling. The colorful costumes evoke the 1940s, as does the swing music. The large cast of 20 makes the swing dance



Ensuring Healthy Opportunities for Everyone

From the Desk of Alisha Brown, Vice President of the Stapleton Foundation and Director of the be well Health and Wellness Initiative

Eliminating health disparities is key to achieving health equity for all Denver residents. Health equity is ensuring that everyone has the opportunity to achieve the health that they desire regardless of any social circumstance. The *be well* Health and Wellness Initiative takes a unique approach to tackling health disparities.

By creating a community engagement (*be well* Block Captains) model in which people of all socio-economic, geographic, and racial backgrounds are free to become involved, express their opinions and know that they will be heard, *be well* has become a key community engagement organization.

be well Block Captains are youth and adult neighborhood leaders who work to improve health in their communities. They receive significant training and support to develop their skills in community mobilization and understanding of health issues. The training immerses participants in grassroots efforts that teach them how to build public will to support equitable policies. Upon completion of the training, *be well* Block Captains are out in their communities with the passionate intent of organizing their family members, friends and neighbors in improving and maintaining their “health” and the “health” of their communities.

Join *be well* as we continue to design, implement and assess new programs with our communities. Follow us on Twitter (@bewellconnect1), like us on Facebook (Be Well Health and Wellness Initiative).

be well Programs for the Month of August - Sign up at bewellconnect.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
			9am Zumba at MLK*	6:30pm Yoga at HD*		9:15am Zumba at MLK* 10am Cardio Kickboxing at HD*
6	7	8	9	10	11	12
			5-7pm REACH Coalition Meeting at SF*			
13	14	15	16	17	18	19
		5:30-8pm General Block Captain Meeting at SF*		9-11:30am Spanish Block Captain Training at MRC*		
20	21	22	23	24	25	26
		9-11:30am Spanish Block Captain Training at MRC*		9-11:30am Spanish Block Captain Training at MRC*		1-5pm Family Fun Block Party at DC*
27	28	29	30	31		
		9-11:30am Spanish Block Captain Training at MRC*		9-11:30am Spanish Block Captain Training at MRC*		

*DC - Dahlia Campus for Health & Well-Being, 3401 Eudora St, Denver, CO 80207
HD - Hiawatha Davis Recreation Center, 3334 Holly St, Denver, CO 80207
MLK - Martin Luther King Recreation Center, 3880 Newport St, Denver, CO 80207
MRC - Moorhead Recreation Center, 2390 Havana St, Aurora, CO 80010
SF - Stapleton Foundation, 7350 E. 29th Avenue, Suite 200, Denver CO 80238

CENTERS: All classes are free!
BLOCK CAPTAINS: This month's Block Captain training will be conducted in Spanish.
be EPIC: be well, the Colorado Black Health Collaborative and the Dahlia Campus for Health & Well-Being are partnering to once again create the Family Fun Block Party focused on health and wellness in the African American community.



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The castle was modeled on the Richthofen family estate in Prussia. This 1887 photo was taken by famous Western photographer, William Henry Jackson.
Photo courtesy of Denver Public Library, Western History Collection

Richthofen

(continued from page 1) Castle Rock. The 14,600-square-foot castle includes 35 rooms on an acre of city land in Montclair, and it has a storied history.

History

Baron Walter von Richthofen came to Denver from Prussia in the 1870s, seeking fortune in the American West. He purchased 320 acres of land east of Denver, with plans for a personal residence, an upscale health and recreational resort, and a suburban neighborhood.

The original name of the castle was “Louisburgh” in honor of the Baron’s second



A high level of craftsmanship is evident throughout the property, as in this wood-paneled staircase that features hand-tooled wallpaper.



“I love stone. I just think it’s incredible, and I love the challenge,”
says current owner Atencio-Jespersion, in the formal parlor,
about restoring the historic Richthofen Castle.

wife, Louise.¹ Louise moved into the castle in 1888, after the Baron had transformed the surrounding native prairie into landscaped gardens to please her. The couple only lived there for a few years, however, before embarking on global travels.

After the Baron’s death in 1898, the castle eventually passed to a local manufacturing magnate named Edwin B. Hendrie, who significantly redesigned the castle. Hendrie’s architect, Maurice Biscoe, added a west wing and softened the Prussian façade with Tudor elements, also installing red tile roofing over the crenellated parapets and towers.¹ In 1924, a south wing was added by Hendrie, designed by Jules Jacques Benois Benedict.

There have been nearly a dozen owners of the castle since the structure was built by Richthofen and Hendrie, all of whom left their mark in various ways.²

The mid-20th century owners, the Perenyis, changed the property significantly when they sold off most of the grounds and the gate house

that had been a part of it.

The property became a national historic landmark during the tenure of the Seidens in the 1970s, ensuring that the façade will re-



The leaded windows let plenty of light into the library.

main unchanged through future generations.

From 1984 to 2012, the Priddys, a family in the antique auction business, owned the castle and restored some of the Baron’s original furniture to the property, as well as adding other furnishings appropriate to the period. They also installed a WWI-themed “Red Baron” bar in the basement, which



The exterior of the castle was considerably softened by red tile roofing, extensive landscaping, and the addition of Tudor-style wings on the south and west sides.

still exists today.

The current owners, Robert Jespersen and Sylvia Atencio-Jespersion, purchased the castle in 2012 and reannexed the gatehouse around the same time.

Impact on Montclair Neighborhood

Richthofen greatly influenced the development of Montclair. He had envisioned establishing a health resort, and the “Molkerie,” which is now the Montclair Civic Building, was part of that effort.

The Molkerie (German for “milk house”) originally housed a herd of special European cows whose milk and “vapors” were thought to be healing. It drew tuberculosis patients who had flocked to Denver’s pure air for treatment. From the upper decks of the milk house, patients would hopefully drink the milk and inhale the aroma of the cows.³

Rumor has it that an underground tunnel once connected the castle to the Molkerie. Former resident Kurt Seiden recalls that the entrance was



Atencio-Jespersion says her family loves to gather in the kitchen. She has used rhyolite that matches the castle’s exterior to frame out the hearth.

past the furnace room in the basement and that it extended at least to the end of the castle grounds, but says it has long been walled off.

Another of Richthofen’s goals was to establish the neighborhood of Montclair. Richthofen and his business partner, Matthias P. Cochrane, planned to create an upscale suburban neighborhood. His



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original purchase spanned from Colfax far south, perhaps to Hampden, said Kurt Seiden, but the neighborhood as we know it now runs from Colfax south to 6th Ave. and from Holly east to Quebec.

Homeowners who purchased plots in the Montclair development were required to build homes three stories high on lots that were twice the usual size of Denver city lots.¹ Many of these large stately homes, visible in Montclair today, were built before further subdivision occurred. Sometime after Montclair was annexed to Denver around 1902, these restrictions changed, leading to the mix of sizes and styles of homes found in the historic neighborhood today.

ers who came to the castle. Seiden and his friends would build a scarecrow-like body, he recounted. “We would go up into the attic, onto the roof, into the tower, hang it out the tower window and let it drop,” while screaming through the intercom, Seiden recalled.

The most recent owners, Robert Jespersen and Sylvia Atencio-Jespersen, began their journey at the castle in 2012. The longtime Colorado residents had experience with historic properties, having lovingly restored a home at 7th and Clarkson, so the opportunity to purchase such a unique property was appealing. “I really have liked the houses that



The Jespersens purchased many period furnishings in the home from the castle’s previous owners, the Priddys, who had an antique auction business. This dining room table was once the Baron’s, and the chandelier is one of few remaining original light fixtures.

Modern Life at the Castle

In addition to its architectural and historical significance, Richthofen Castle has been home to many families over the years.

“It was a scary place for me because I was young, but overall it was just a great place to grow up,” said Kurt Seiden, who lived in the castle in the 1970s, from about third grade until 11th grade. He remembers the castle as an incredible playground and says he learned to rock climb on its outside walls. “Everybody I knew hung out at my house,” said Seiden. “We had been known to have hide-and-seek games that lasted eight or nine hours.”

Halloweens were particularly memorable, especially for the unsuspecting trick-or-treat-

we’ve restored, and I just wanted to do more of that,” said Atencio-Jespersen.

When the Jespersens bought the property, there was extensive water damage throughout the house, so re-roofing, repairing the ceilings, and rebuilding many walls were necessary. They also dealt with other practical matters, like replacing the boiler and installing air conditioning.

The grounds are their current project, reconstructing the historic fountain in a new location and installing landscaping that is “a little more formal, more elegant,” said Atencio-Jespersen, as befits the property.

There are many (continued on page 33)

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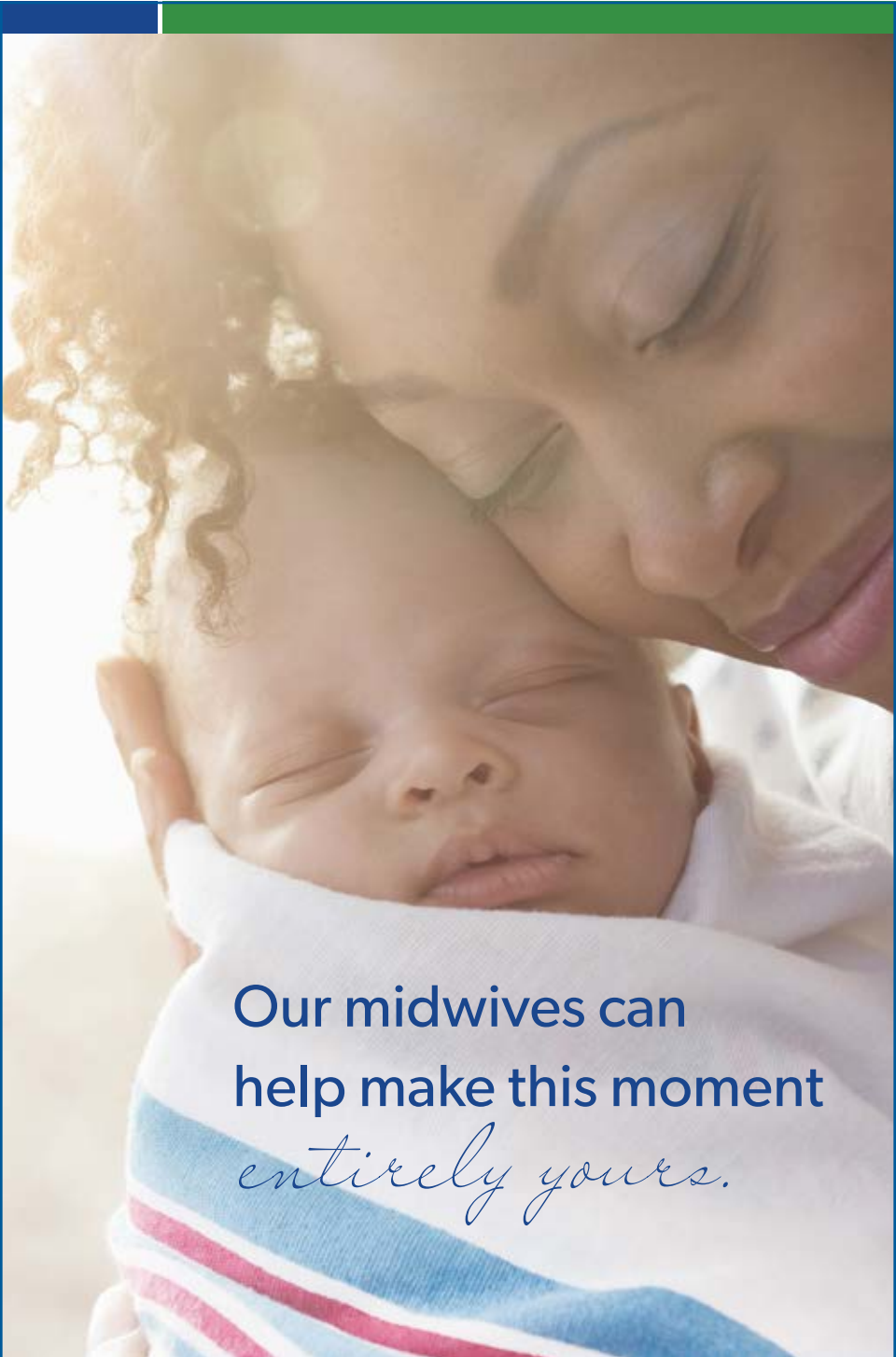
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Right: Before the vote, neighbors gathered at the mock wall to get information from city staff.

Middle: Neighbor Allen Wright speaks with AE-COM engineer Dennis Arbogast about how the roadway noise impacts were determined.

Far right: A "Vote No" poster and other messages were written on the mock wall. The noise wall would have ranged from 8 to 12 feet in height.



Neighbors Vote NO on

By John Fernandez

By a majority of 74 percent, neighbors along Martin Luther King Boulevard east of Ironton Street have voted against having noise walls installed when MLK is extended to Peoria Street.



As those who drive Martin Luther King Blvd. from Havana to Peoria know, the "MLK Extension" project has been in delay mode. Because the project funding includes federal dollars, it must comply with a federal regulation that the residents in nearby homes vote on whether they want a noise wall.

Voting by affected homeowners and tenants took place the first half of July. The vote occurred in three separate segments by residents (homeowners and tenants) from Ironton to Moline. 84 of the 113 votes cast disapproved of the wall. In the Ironton to Kingston segment, the vote was 40 to 15 against the walls. The wall found least support among residents in the Kingston to Lima segment: 34 opposing, 5 in favor. Only in the eastern-most segment, Lima to Moline, was the vote close: 9 in favor, 10 against.

The project will now proceed to the final step of the environmental review process – a Finding of No Significant Impact (FONSI) to be issued by the Colorado Department of Transportation and the Federal Highway Administration. Denver is accepting final comments on the "reevaluation" through August 8. Visit the Denver Public Works

project website about the project at <https://www.denvergov.org/content/denvergov/en/denver-department-of-public-works/projects/current/mlk-boulevard-extension.html>.

Denver anticipates issuance of the FONSI this fall with final design plans complete and permits secured this fall and winter. Construction is slated to take most of 2018.

The \$16 million project consists of constructing the following:

- Reconstruction and widening of the existing east/west portion of Havana Way from Iola Street to a future Moline Street intersection as a four-lane, median-divided arterial, and extension of Havana Way east from the future Moline Street intersection to the existing intersection of Peoria Street and Fitzsimons Parkway.
- Reconstruction of the north/south portion of Havana Way as a two-lane collector street from MLK Blvd to 25th Avenue on a slightly different alignment to its intersection with MLK Blvd. This roadway would be renamed Moline Street.
- Construction of a detached 10 to 12-foot wide, multi-use walk along both the east and west-bound sides of MLK Blvd to provide pedestrian and bicycle

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Noise Wall



connectivity, and a five-foot equestrian trail adjacent to the multi-use walk on the north side along the Bluff Lake Nature Center frontage.

- Installation of landscaping in the raised median and the tree lawn between the roadway and multi-use walk.
- Construction of a parking lane along the eastbound side of MLK Blvd.

Noise walls were identified during the project’s environmental evaluation as a feasible mitigation of noise impacts from the widening of MLK to a four-lane street. Homes impacted by noise from the roadway expansion are defined as those where sound would be reduced by at least five decibels as a result of wall construction. A short section of a demonstration noise wall was constructed on the south side of MLK just west of Kingston St. At a July 5th neighborhood meeting hosted on-site by Denver Public Works, affected neighbors expressed concern about blocked views, sidewalk shading, inconvenient detours for pedestrians and the potential for walls to attract taggers.

Calling All Armchair Physicians

By Melinda Pearson

Curious about the secrets to aging successfully? How can people keep the weight off after losing it? And how bad is the opioid epidemic we read about in the news?

These questions and more will be answered at the University of Colorado School of Medicine’s “Mini Med School” – free classes on Wednesday evenings that feature award-winning

teachers from the CU clinical faculty. Beginning September 6, 2017, CU specialists will cover material from their areas of expertise in a way that is accessible to the layperson.

The eight sessions will cover information in the areas of addiction, geriatrics, medical ethics, general medicine, emergency medicine, neurology, and weight loss. See below for the schedule.

The classes will take place on the Anschutz Medical Campus in Aurora, but for those who can’t make it they will be broadcast live on video. Follow the registration links below for more information.

At the completion of the courses, participants will receive a Mini Med “diploma.”

Sept. 6—Opioid Epidemic

Dennis Boyle, MD, professor of rheumatology at CU School of Medicine and associate director of CU’s Foundations of Doctoring program

Sept. 13—The Secrets to Successful Aging

Jeff Wallace, MD, professor at CU School of Medicine and director of clinical geriatrics at University Hospital.

Sept. 20—Fall Break

Sept. 27—Medical Ethics

Matthew Wynia, MD, is the director of the Center for Bioethics and Humanities at the CU School of Medicine.

Oct. 4—Topics in Medicine

Nichole Zehnder, MD, specializes in internal medicine with interests in student education, the patient-physician relationship, medical ethics, breaking bad news, and mindfulness. She is also the director of admissions for CU School of Medicine.

Oct. 11—What Science Tells Us About How to Lose Weight and Keep It Off Forever

James Hill, PhD, is a nationally-recognized expert in the weight loss field and involved

with research at the Anschutz Health & Wellness Center.

Oct. 18—TBA*

Oct. 25—TBA*

Nov. 1—How Doctors Diagnose

Kristin Furfari, MD, is a specialist in family medicine as hospitalist and a master educator.

Patrick Kneeland, MD, is the associate director of safety and patient-centered performance within the hospital medicine group at the University of Colorado.

Dr. Furfari and Dr. Kneeland are part of the team that organizes the Mini Med School program.

*TBA topics include a session on neurology taught by Matt West, MD, a neurologist at Kaiser Permanente and a session on emergency medicine, taught by Katie Bakes, MD, a pediatric emergency medicine specialist.

To learn more and register visit: <http://www.ucdenver.edu/academics/colleges/medschool/community/MiniMed/MMII/Pages/schedule.aspx> (or search for “mini med school Colorado”).

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The Kelly and Young family's Montview Blvd. home was built in 1933.

Right: A cozy reading nook is situated next to the home's front entryway.



Park Hill Home



By Anne Hebert

Nan Young and Brian Kelly say they wouldn't live anywhere but Park Hill. When they were searching for their first home, they drove up and down every street in Park Hill to see what was for sale in their price range. They lived for several years in another Park Hill home before stumbling upon their current residence at 6330 Montview Blvd. by attending an open house on impulse. "We were not planning to move," says Young, "but we saw the house and fell in love with it." Young and Kelly bought the house in 2009 when the Colorado real estate market was in a slump. "At a more affordable purchase price, we could buy the house and begin restoration work," Kelly explains.



Built in 1933, the five-bedroom, four-and-a-half bath house had been slightly renovated by previous owners. Young says the original garage was converted to create a small family room adjacent to the kitchen, and a new garage



was constructed using matching brick. The kitchen was renovated in the 1990s. Young and Kelly have repaired and restored most of the home's original features. The wrought iron balustrade, a notable feature in

Captions clockwise from top middle: Brian Kelly and Nan Young stand in the foyer leading to their formal living room. They have completed most of their home's restoration work themselves. The intricate wrought iron balustrade was renovated and is a notable feature in many Park Hill homes built in the 1920's and 30's. The telephone nook is a unique, original feature in the home. The hardwood floors in the formal dining room were restored and refinished.

many Park Hill homes, has been restored. The woodwork throughout the home is original with built-in shelving in the breakfast room and the master suite. Plaster damage has been repaired and repainted. The original tile in the bathrooms is one of Young's favorite features. "The tile colors are really quirky and fun and we just love the original touches that haven't been changed," she says.

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Captions clockwise from above: The remodeled kitchen features a farm table, hardwood flooring and French doors leading outdoors. Meaghan Elliott stands by the living room entryway with a photo of her house before renovation. The home's original façade, porch and sidewalk were preserved. The former basement laundry room was converted to a wine cellar using old brick to match the exposed wall and tiles to cover the cement floor.



By Anne Hebert

When Reid and Meaghan Elliott bought their home at 1744 Jasmine St. in 2000, the stucco and brick bungalow was a little over 1,000 square feet. After living in the house for seven years, the Elliots decided to renovate and expand. They “popped the top” while carefully preserving the design elements that attracted them to the house in the first place. The finished renovation increased their living space to over 3,000 square feet plus

a finished basement. “We really opened up the living space,” says Meaghan Elliott. “The house originally had lots of small nooks and crannies that we combined into larger rooms.”

The renovation was a big undertaking. They added a second floor, 10 feet of space across the back of the first floor, and remodeled the entire house. The existing driveway and single-car garage were removed and they added new landscaping and a two-car garage. The old laundry room in the basement became a wine cellar after the laundry facilities were relocated to the upper level.

The front façade and porch are original and the fireplace in the study preserves the home's original stonework. The front door was restored and the French doors to the entrance of the study were moved from another location in the house. New windows and bathroom tile all replicate what was typical of the original 1927 construction. Kelly explains it was important for them to keep the look of the new renovation consistent with the original design while creating more living space for their family of four.



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By John Fernandez

Transit riders can now stop fumbling for loose change when boarding RTD vehicles. They can just load a MyRide card with up to \$200 and tap it on a validator before boarding a bus or train. The system went live to the public on May 17.

RTD has issued more than 7,000 MyRide cards. Another 1,500 users will be generated by a program announced by Mayor Hancock in his State of the City address on July 10. Denver has created a \$90,000 pilot project to give away transit cards pre-loaded with up to \$100 for Denver youth ages 14 to 19. These

cards will need to be registered online as described at right. It is part of the mayor's Mobility Action Plan designed to reduce dependence on automobiles. Denver will use the pilot to gather more

Tina Jaquez, RTD Public Relations Manager, and Teresa Rinker, RTD Manager of Market Development, explain how a MyRide participant taps the smart card on a ticket validator prior to boarding the A Line train.



No Cash Needed With RTD's New

1. How to Get a MyRide Card

Create an online account at <https://myride.rtd-denver.com>. Use a credit or debit card to load it with up to \$200. The card will be sent by mail and received 7-10 business days later. Initial purchase and online reloads have a \$5 minimum; reloads at RTD sales outlets have no minimum. Each rider must have his/her own card. Fares with a MyRide card are reduced by 25¢ per ride (15¢ for discount fare riders).

Five retail locations where riders may obtain a card are listed in the article below. Those cards then need to be registered to an online account.

If a card is lost, RTD will transfer the balance on **registered** cards and mail a new card. Lost cards can be reported by logging into your online account, going to one of the retail centers, or calling 303.299.6000.

2. Tap Your Card on the "Validator"

Validators are at the front of each bus and on the rail platform or near the entry to train stations. At train stations, select the desired fare before tapping the validator. The balance remaining on the card will be shown when you tap. Security officers on the trains check that MyRide cards were validated for the current ride.

MyRide purchases are restricted to one-way trips within the standard three-hour transfer window or unlimited rides within fare zones but cannot be day passes for the entire system.

NOTE: Online fare re-loads do not register on the validators for 24 to 48 hours after the purchase.

information on mobility behavior from program participants to determine how and whether the program should be expanded in the future, since a lack of mobility data serves to inhibit expansion of transit pass programs.

The information will be helpful to the city and to Denver Public Schools, which operates its own program purchasing about 2,500 RTD bus passes for high school students monthly.

Fares

Regular fares are \$2.60 for a one-way local trip, \$4.50 for a one-way regional trip, and \$9 for an airport trip. MyRide users get a 25¢ discount per trip.

Discount Fares

Seniors age 65+, Medicare recipients, middle and high school students, and individuals with disabilities qualify for half-price fares and must be prepared to show proof of eligibility. Elementary school students are not required to show proof of eligibility. Children 5 and under ride free. Bulk discounts

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3. Reload Your MyRide Card

Log into your MyRide account online to view the balance and add value to the card. *NOTE: Online fare re-loads do not register on the validators for 24 to 48 hours after the purchase.*

Cards can be reloaded at the following locations in the Front Porch distribution area and the new value will be activated immediately. Additional locations are listed on the MyRide website.

Mayfair King Soopers – 1355 Krameria St.
Mayfair Safeway – 6220 E. 14th Ave.
Lowry Safeway – 200 Quebec St. #400
Stapleton King Soopers – 2810 Quebec St.
Stapleton King Soopers – 10406 E. MLK Blvd.

For more information, call 303.299.6000.

are not available on MyRide Cards. The RTD website contains a chart for determining a rider's best fare (MyRide, ticket books, or monthly passes) based on trip frequency.

Transfers

Riders must tap the card on a validator when transferring, but no additional fare is deducted when transferring to the same service level on buses or trains for three hours from the time the card was tapped. The validator displays the time the transfer expires.

Retail Locations to Get a MyRide Card

- Union Station Bus Concourse (underground) 7am–6:30pm weekdays
- Denver International Airport (DIA) RTD Transit Center, Level 1; 8am–5:30pm weekdays; 8am–4pm weekends
- Civic Center Station
Broadway & 16th St.; 7am–6:30pm weekdays
- Two retail outlets are in Boulder.

Future Option for Electronic Fare Purchases

Mobile ticketing will be the next electronic fare purchase program. This will enable patrons to purchase fares without using ticket vending machines. RTD has contracted with Masabi LLC to implement the first phase of this system before the end of this calendar year. Phase one of the new system will be limited to the day pass. The \$1.45 million contract is for two “base years” with three one-year options. Masabi is a London-based technology company whose ticketing systems are used around the world including in New York City, Los Angeles, Boston and New Orleans.

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Central Park TOD Phase I

By John Fernandez

Forest City hopes to build enough in the first phase of the Central Park transit oriented-development (TOD) to create a “sense of place,” according to Jim Chrisman, Forest City senior vice president. In a July 18 presentation to Stapleton United Neighbors, Chrisman listed projects that he hopes get underway starting in the first quarter of 2018: a 190,000-square-foot AA office building, a 300-unit apartment, the first phase of D.H. Friedman’s condominium development (110 units), a half-dozen condominium townhomes, two free-standing retail buildings (12,000 sq. ft.) and a 30,000-square-foot Sprouts grocery store.

A makeover of Uinta St. in the block immediately south of the Central Park RTD station (the 3600 block) is also deemed essential to making the TOD

a place people and businesses want to be. Forest City proposes to narrow the traffic lanes and add urban design features to create the Uinta St. public plaza (shown at right with tan diagonal lines). Chris Nevitt, Denver’s TOD manager, says he is confident Denver “will be able to arrive at a configuration for Uinta St. that realizes the highly activated and pedestrian-friendly TOD vision articulated in the station-area plan, while ensuring we still manage effectively the traffic volumes we anticipate on Uinta.” Street narrowing would be accomplished by removing on-street parking and a turn lane (but adding back in bicycle lanes).

Chrisman’s presentation to SUN on July 18 largely repeated information provided at a June 29 public forum announcing the long-awaited plans for the Central Park TOD. In response to audience questions about parking, he cited the

balancing act between creation of a pedestrian-friendly mixed-use district and the need to meet the legitimate parking needs of businesses and residents. The proposed overall parking ratio for the 3600 block of Uinta will be two and a half spaces per thousand square feet of building area. By comparison, the Denver Tech Center is parked at roughly three and a half spaces per thousand, but Chrisman noted parking ratios are dropping and Forest City doesn’t want to over-park a TOD. He added that Forest City has options for addressing parking that include conversion of surface parking to

structured parking and using an overflow lot west of Ulster Street.

The *Front Porch* asked Nevitt if Denver is satisfied that the Forest City plan carries out the goals of the Green Book, Stapleton’s redevelopment master plan. Nevitt replied that the city’s “concept

review process” is underway and it has not yet been completed.

Asked whether Forest City’s plans for affordable housing at this site meet the city’s vision for this land, the response came from Erik Soliván, executive director of the newly created Office of Housing and Opportunities for People Everywhere (HOPE): “We’re excited to see more than 100 new condos and hundreds of new apartments in the first phase of development at the Central Park TOD. Residents of all incomes want to live and work in diverse neighborhoods near transit centers, so we will continue to work with Forest City to ensure compliance with the affordability requirements in Stapleton. We look forward to hearing more about this specific site when we meet with the development team later this month.”



At a June 29 public meeting, Jim Chrisman (left) and David Friedman described Phase I development at the Central Park TOD, which will include a Sprouts grocery store.

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Forest City Concept Plan for Central Park Station TOD



Phase I of the 35-acre site, marked in red above, is projected to break ground next spring. The numbered list at right identifies the entire development plan, the timing of which will depend on the response of the market to the first phase.

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- 6B SPECIALTY GROCERY & RETAIL
- 7 OFFICE - 4 STORIES
100,000 SF - 100 CARS
- 8 OFFICE - 6 STORIES
150,000 SF - 525 CARS
- 9 OFFICE - 4 STORIES
100,000 SF - 350 CARS
- 10 APARTMENTS - 4 STORIES
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Each month, the Indie Prof reviews a current film in the theater and second film or series available on DVD or instant-streaming service.

Follow "Indie Prof" on Facebook for updates about film events and more reviews.

Dawson City: Frozen Time (2016)

Silent film was all *film*. In other words, every silent film was shot on 35mm film stock and most of it was highly flammable. Stories of early film screenings ending up in flames are legion, and film vaults were notoriously dangerous crucibles. For this reason, as well as the sheer volume of movies that were shot in the silent era, many silent films were destroyed; in fact, over 70 percent of all silent films have been either lost, burned, or destroyed. So much of film history is just gone.

That is what makes the story of Dawson Creek, a Yukon town in northwestern Canada, so fascinating and remarkable. One day in 1978, a man was clearing land with a backhoe, breaking ground for a new building in the town. When he unearthed

something peculiar, he stopped to look. It was film: hundreds of reels of film stock that had been buried in the permafrost for decades. The new documentary *Dawson City: Frozen Time* chronicles how the film was found, how it got there, what is on the film, and the

stories of the town, the people, and the times. It is a remarkable story and just as equally remarkable a film that puts it all together.

Dawson Creek was an 1800s trapping and hunting town that became overrun in 1896 when gold was discovered. The town saw a boom and then the inevitable bust, but it normalized and eventually became a corporate min-



Dawson City

ing town. Since Dawson Creek was the end of the line for film distribution, movies that landed there stayed there. The studios did not want to pay for their return, so the films were burned or dumped in the river, like so much garbage from the town. But a curious architectural hiccup in one of the town's buildings would become the



American Gods

final resting place of many of the films. These are the films that were found in the late '70s.

The film itself is remarkable, tracing the town's history and the stories therein. Then it uses the found footage to help tell the stories, as if the silent films were acting out the will of the filmmaker. If you enjoy editing, if you enjoy history, if you enjoy movies, then this film is a must-see. It is lightning in a bottle, or more accurately, lightning in a film reel. The people are brought back to life, the stories are brought back to life, and life is brought back to life. It is all truly film magic.

You will like this film if you enjoyed *Hearts of Darkness*, *Chaplin*, or any silent film ever made! Opens at the Sie Film Center on 8/25.

American Gods (Starz)

You know that feeling after you've seen the movie version of one of your favorite books? Terrible. The movie was not the movie you had running in your head as you read the novel, right? To be fair, they are two completely different mediums. And oh yeah, you did not direct the film. But enter Series TV, where the adaptation business is strong and continuing to grow. My review of *The Handmaid's Tale* last month highlighted one of those great adaptations, and this month's show is along those lines. The new Starz series *American Gods*, based on the wildly popular and wonderfully bizarre Neil Gaiman novel, is a winner. Series TV continues to improve, and the adaptation is a growing star. Season one of this adventurous and trippy

series is now available on Starz. For those familiar with the book, it covers essentially the same ground with changes to several aspects. But that should be expected. What wasn't so expected was the outrageousness of the cinematography and the ability of the show to highlight the visuals of a written story. It is mind-bending, fantastic, iridescent, and sometimes straight-up-whacked-out over-the-top. The cinematography and editing are particularly striking, breathing fiery life into Gaiman's dense verbiage in ways that surprise and delight. Every episode has its own feel while the show manages to retain a holistic vision. It's quite mind-blowing.

The story is too complex to describe, but suffice to say it depicts a contemporary war between the old gods and the new gods. Reading the book is not a prerequisite, but it certainly helps. Still, the visual incarnation has its own life and well, what a life that is. Ricky Whittle is very good as Shadow, Ian McShane is fantastic as Mr. Wednesday, and Emily Browning is magnetic as Laura, stealing every scene she is in. The secondary parts are all well-drawn and well-acted, including stints by Peter Stormare, Crispin Glover, and Gillian Anderson. The writing is crisp, snappy, and full of life. Even when the character is dead.

Season one is available on Starz. You will like this series if you enjoyed *Game of Thrones*, *The Handmaid's Tale*, and/or *Better Call Saul*.

Vincent Piturro, Ph.D., is an associate professor of Cinema Studies at Metropolitan State University of Denver. He can be reached at vpiturro@msudenver.com.

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By Melinda Pearson

The results are in and the people have spoken. Maybe not a *ton* of people—just over 50 respondents by the close of the survey—but it was our first year, after all. And when you read this list and shake your head in disagreement that we missed your favorite—oh, we know you will—perhaps you’ll feel compelled to share your opinions with us if we try again next year.

Our readers raised some crucial issues in their response, such as “Hard to pin down just one for each category.” That’s part of the problem with these kinds of lists, though a few of you took the liberty of providing us more than one answer for each, which we went ahead and counted.

Another reader suggested, “Maybe would have added more to the story if you had a section for comments so people could say why these places kick a--,” a

worthy idea that we will have to consider down the road ... though we might have to rephrase the prompt a little for this family-friendly publication.

And finally, the most pressing question of all, “Can anyone around here make a good mojito?” The jury is still out on that one ... readers?

Some categories were close—down to last-minute votes—while some were clear winners. Nonetheless, at the *Front Porch*, we like to give credit to the runners up and honorable mentions—many were just a vote or two apart from the winners, and many answers were interesting and surprising.

To what degree are these results influenced by the buzz around the many new restaurants? If we do it again next year, it will be interesting to see how the dining scene has settled in in Northeast Denver. And since more respondents were from Stapleton, the answers seem to trend toward Stapleton locations. Lowry, Park Hill—don’t be shy!

Meanwhile, here are the results. Let the chatter begin.

Category	“Best” (most votes)	Honorable Mentions
Breakfast	Four Friends Kitchen	Denver Biscuit Company
Lunch	Etai’s Bakery Cafe	Next Door American Eatery Denver Biscuit Company
Coffee	Logan House Coffee	Quince Essential Coffee
Budget-Friendly	Torchy’s Tacos	Tacos Mex
“Nice” Dinner	Cattivella Wood Fired Italian	Tables Concourse Restaurant Moderne
Kid-Friendly	Next Door American Eatery (aka Kitchen Next Door)	Mici Handcrafted Italian Oblio’s
Brewery	Station 26 Brewing	Cheluna
Cocktails	Concourse Restaurant Moderne	The Infinite Monkey Theorem The Berkshire Restaurant
Dessert	Sweet Cow Ice Cream	Nuggs Ice Cream Miette et Chocolat
Hidden Gem	Bistro Barbès Desmond Bar & Grill*	Annette Neighbors at Park Hill

*In mid-July, Desmond announced on their Facebook page that they had been sold. The restaurant is now closed.

Our final question, “What did we miss?” elicited a range of interesting responses, especially ideas for additional categories (e.g., “Best Pizza,” “Best Fast Casual,” or “Best Meal Delivery”), which will be considered for future use. There was even a suggestion for “Best Weed Shop,” a category that we will leave *Westword* to suss out for you.

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Three Major Development Projects Underway in Lowry

By John Fernandez

Three major infill projects are underway in Lowry. Two are “resort-style luxury apartments” and the third is a behavioral hospital for patients suffering from eating disorders. Each project has received all necessary zoning approvals. Here are project highlights:

Encore at Boulevard One. This 347-unit project located at the southwest corner of Quebec St. and E. Lowry Blvd. broke ground in June. The units will be in two-, three- and four-story buildings and adjacent to new retail shops and restaurants being developed concurrently by Kellmore. Amenities will include a rooftop sky lounge, landscaped courtyards, pool, resident lounge, heated spa, a fountain and fire feature, an on-site bike and ski repair shop, a juice and coffee bar, outdoor cooking areas and a dog wash facility. One-bedroom units will

dominate (211), followed by two-bedroom units (72), studios (33) and three-bedrooms (21). Rents will range from \$1,650 to \$3,300. The project also includes 10 townhomes on Archer Place. The developer, San Antonio-based Embrey Partners, is targeting working professionals. First occupancy is slated for first quarter 2019 and completion for second quarter 2019. Boulevard One, located between Monaco Blvd. and Quebec St. south of E. 1st Ave., is the last neighborhood to be built in Lowry.

Broadstone Lowry Park. This 300-unit project is located on the 9.59-acre site formerly occupied by the Lowry Park Independent Assisted Living

Community. It is being developed by Alliance Residential Company, a large multifamily developer operating in 19 states. Andy Clay, Alliance’s Mountain Division director, says his company “loves the Lowry identity and the location is a big part of the draw.” The building has been demolished and site work has begun. The target move-in date is July 2018.

Clay believes Alliance’s project will complement Encore at Boulevard One by being somewhat less urban, a “bit more removed” and possibly more appealing to families. The residential buildings will be three stories in height with access control and air-conditioned corridors. As with Boulevard One, future tenants



will find several amenities including a resort-style pool, fire pits, rooftop deck and “outdoor kitchens.” Unit configuration will run the gamut from studios (11%) to one- (54%), two- (34%) and three-bedrooms (2%). Monthly rents will average \$1,900 and range from \$1,300 to just under \$3,000.

Eating Recovery Center. ERC bills itself as the “only vertically integrated national system exclusively devoted to the treatment of eating disorders.” ERC has five clinics in Lowry and plans a sixth on a 1.4-acre parcel located at the northwest corner of E. 1st Ave. and Uinta Way (across the street from Bishop Machebeuf High School). This would be their largest Lowry facility: 62,000 square feet on three floors with two of the floors “purely clinical”—one reserved for adults, the other for children and adolescents for a total of 72 beds (ERC spokesperson Doug Weiss said that more than 68 percent of its patients are under the age of 26).

Chief operating officer Kathleen Reeves says, “Being in Lowry has been magnificent.” Having multiple facilities in proximity appeals to the patients’ need for individualized treatment and creates staff efficiencies and responsiveness in cases of emergency. All told, ERC has 489 employees in Denver, 400 of whom work




in Lowry. The new clinic will add 50 to 75 new staff. ERC will operate under a long-term lease with Westfield Investment Partners who will own the building. Westfield Principal Andy Klein expects to begin construction in August and ERC hopes to move in by third quarter of next year. The building cost is estimated at \$27 million.

Renderings are courtesy of the developers: Embrey Partners, Alliance Residential Company and Westfield Investment Partners.



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Mayor Hancock Gives State of City Speech at Hiawatha Davis Rec

By Melinda Pearson

A standing-room-only crowd came to Hiawatha Davis Jr. Recreation Center in Park Hill to hear Mayor Michael Hancock's State of the City speech on July 10. Affordable housing, mobility, and the importance of public centers were the centerpieces of his address. But the most enthusiastic applause greeted Hancock's pledge to stand by the Clean Power Plan and the Paris climate accord and his exhortation that "It's time to stop threatening our cities, stop targeting innocent people, and get to work on real solutions to bring hard-working undocumented people out of church basements, and out of the shadows."

Hancock opened by reminiscing about growing up in Northeast Denver—playing basketball at the Hiawatha Davis rec center, conversations interrupted by the noise of the old Stapleton airport, lunches at now-closed Pierre's—to emphasize the tension between the old and the new in a city that has experienced explosive growth over the last several years.

"Today, we face new challenges—like housing, traffic and the need to better manage our growth," said Hancock. "But no matter how much Denver has changed, some things have always stayed the same. We never give up, we never stop caring for one another, and we never doubt that we can do better."

Emphasizing how "change can happen the 'Denver way,' so that we remain connected to our past, to our neighborhoods and to one

another," Hancock detailed his accomplishments and goals in key areas that have been challenged by Denver's rapid expansion.

Affordable Housing

Hancock noted that in addition to the 3,000 affordable homes built in the last four years and the 1,000 units under construction, an additional 1,500 will get started in the next year. The city is also "land banking"—accumulating vacant land and buildings for future affordable housing. Denver has launched a \$150 million affordable housing fund to support its efforts.

The mayor also announced a new pilot project to open 400 existing, vacant apartments to low- to moderate-income residents through a collaboration with Denver Housing Authority, employers and landlords.

And without using the word, Hancock addressed the issue of gentrification, "While many worry about losing their homes, the current housing crisis forecasts an even greater loss—the displacement of historic African American and Latino communities," he said. Hancock pledged to put anti-displacement measures at the forefront of his 2018 budget proposal.

Transportation and Mobility

Addressing the issue of crowded roads, Hancock announced a new "Mobility Action Plan," which will "accelerate the policies and projects necessary between now and 2030 to

move more people, more efficiently and more safely."

Noting that currently 73 percent of Denver commuters drive to and from work alone, the mayor declared a goal of reducing that to 50 percent by 2030. The city will institute more transit-only travel lanes—such as the one proposed for Colfax with more bike lanes and bikeways and expanded bus service.

He also announced that the city, in partnership with RTD, is providing 1,500 free bus passes to high school students for the summer. Hancock's Mobility Action Plan will be coordinated through the Department of Public Works, and a new Department of Transportation and Mobility, which Hancock announced last week.

"And with Washington cementing its dysfunction 140 characters at a time—it has become clear that any meaningful support from the federal government will end where it has for the better part of a decade—stalled," said Hancock, who suggested that Denver will need to invest at least \$2 billion over the next 12 years in transportation, beginning with his 2018 budget.

The Importance of Public Centers

Addressing the ways in which a rapidly expanding city can continue to make itself prosperous and livable, Hancock ticked off a number of ongoing and future revitalization efforts.

National Western Center—He announced the launch of a community investment fund for the National Western Center, ensuring it invests in surrounding communities of Globeville and Elyria-Swansea as it is redeveloped.

Colorado Convention Center and DIA—Noting that "the people of Denver should expect their public assets to benefit their futures," Hancock promoted planned renovations to the Colorado Convention Center and DIA.

Parks and Recreation—"In a city nearing 700,000 people," said Hancock, "it's never been more important to protect, preserve and grow our parks and recreational opportunities."

MY Denver Card—He described a variety of current and future city efforts in these areas, including the expansion of the MY Denver Card program to provide discounted access to senior citizens.

Red Rocks—Preservation of a historic camp at Red Rocks for future public use.

(continued on page 22)



Protesters demonstrated about the I-70 project and protecting the rights of the homeless.



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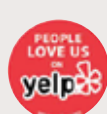
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Developing Confidence and Athletic Skills in a Positive Environment



Sam Evans gets instruction from Coach Julian Smith during a Mighty Movement Academy summer camp session.

By Anne Hebert

With five children of their own, Neil and Denise Allman, husband-and-wife owners of Mighty Movement Academy, understand the value of keeping kids busy and active. They founded their business to encourage kids ages 11 to 17 to develop confidence and athletic skills in a positive, safe environment. “It’s our mission to build kids up while keeping them positively engaged physically, mentally and emotionally,” says Neil.

Neil Allman is the head coach and works with a skilled staff to teach track and field skills, weight and strength training, and flexibility and agility training. Denise Allman handles the behind-the-scenes work, including marketing and client relations.

Mighty Movement Academy rents space from Endorphin, located on the first floor of the Stanley Marketplace. Outdoor activities take place at the green space just west of the Stanley.

Currently operating their summer camp programs, Mighty Movement Academy offers one-week sessions from 9am–1pm

or 10am–2pm, Monday through Friday. Kids learn the athletic skills necessary for any sport by participating in track and field activities, strength training, and games that teach coordination, agility, balance and flexibility. A half-hour lunch break gives them a chance to refuel. “It always amazes me how much a kid’s confidence increases as they build strength and become comfortable with what they can accomplish,” Neil says.

The academy also offers after-school youth fitness programs during the school year. Accommodating kids at all skill levels, eight-week sessions and multiple day/time options are available for middle and high school age groups. With six students to every coach, classes are capped at 12 students and two instructors to ensure ample one-on-one interaction, instruction and attention. Allman notes, “We love it when kids see that movement and fitness are important to their entire well-being.”

To inquire about August kids camp openings, or to learn more about after-school fitness, visit www.mightymovementacademy.com or call 720.822.1822.

Mayor’s Speech

(continued from page 21) In closing, Hancock said, “The time is now for a new civic contract, a return to a city where living is easy, where opportunity abounds, and where we remember where we came from, how far we’ve come, or how far we’ve yet to go. This gym, this rec center, this neighborhood—this is what makes us great. The heart and passion of this city is embodied right here, and in places, neighborhoods and people across Denver.”

City workers grilled hot dogs and hamburgers afterwards, with many city departments on hand to provide information about programs to attendees.

The event was not without controversy, however, as several groups of protestors expressed their concerns at the barbecue. Citizens concerned with the I-70 widening project held signs, and homeless activists pantomimed sweeping away sleeping bags in protest of the city’s “homeless sweeps.”

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Nail Salon Offers All Natural Products and Also Caters to Men

By Anne Hebert

Concern about the lack of regulation in the beauty industry drove Tran Wills, Ali Elman and Sarah Simon to open Base Coat, their Denver- and Los Angeles-based nail salons. With a proprietary product line manufactured in the United States, all items are vegan, free of toxins, gluten and cruelty-free, and contain no animal products. Base Coat has opened their second Denver location at the Stanley Marketplace with the first salon in the LoHi neighborhood.

With 110 nail colors to choose from, Base Coat offers a full menu of nail services for women, men and children. All services are completely safe for pregnant women, individuals with allergies and skin sensitivities, and kids.

As a member of a Vietnamese family with ties to the nail business, Wills says she “really grew up in the industry.” “While pregnant with my child, I went to a salon for a pedicure and had to leave because of the overwhelming smell. I wondered why products couldn’t be safer and gentler for customers and technicians. Non-toxic products just made sense.”

With the goal of creating a comfortable, serene space where customers can relax, the salon is family-friendly and accommodates groups of six or fewer for special events. Bridal parties, girls’ nights out and other occasions can be



Tran Wills says all services are safe for kids, pregnant women, and people with allergies or skin sensitivities.

booked in advance.

Men’s services have really taken off at Base Coat with an estimated 30 percent male clientele. “Men are usually introduced to the salon by a female partner or significant other,” says Wills. “Once they come in—they’re hooked.” Wills says active, athletic men benefit from taking good care of their feet. At the Stanley location, dads often come in with their daughters for a fun outing together.

Collaborating with other Stanley businesses is a part of the Base Coat business plan. Currently, they offer 10 percent off any nail service with a receipt from a dining experience at Annette. Likewise, they provide a receipt for their clients to receive the same offer at the restaurant. In the future, Base Coat plans to partner with Comida and Mondo Market to offer their clients food delivery options at the salon. Pop-up vendor trunk shows are also planned for the holidays in collaboration with shops at the Stanley.

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Troy Guard Opens Two Restaurants in His Own Neighborhood

By Courtney Drake-McDonough

Chef and restaurateur Troy Guard's newest restaurants, Los Chingones and HashTAG, were the first to be leased in Stapleton's Eastbridge Town Center but they were the last to open due to delays with construction issues and city permits and licenses. "You start out with the best intentions," says Guard, "but there are so many moving pieces and you just have to address each one as they come up." With these two restaurants, TAG Restaurant Group has opened 12 locations in eight years, most with completely different concepts. There are plans for at least a dozen more down the road. Still, two things never leave Guard's mind—the worry and the thrill.

HashTAG is Guard's first breakfast concept restaurant. He refers to it as a "breakfast joint" with a menu built on everything he loves to eat for breakfast and lunch that he thinks others will like too, like pancakes and omelets, but with the "TAG Style" spin. For example, the most popular dish is a hash with braised pork, potatoes, chilies, caramelized onions, tomatillo salsa, topped with two eggs and a cabbage pico de gallo salad.

This is the third location of Los Chingones with the other two located in downtown and the Denver Tech Center. Describing the menu as "Mexico redesign," the focus is on tacos such as the braised lamb neck taco on a corn tortilla with onion, cilantro and chili sauce. Although Guard likes to do different concepts, he says, "The Los Chingones concept has legs to grow because it's a fun atmosphere and everyone enjoys tacos." The restaurant may offer lunch starting in 2018 but for now, it is open mid-afternoon into the evening. There is an adults-only rooftop patio and another patio



at street level that's more conducive to families.

Two of Guard's concepts, Sugarmill downtown and Lucky Cat in Lowry, closed before the Eastbridge restaurants opened, bringing his current number of restaurants in the collection to 10. "I'm not embarrassed. I'm not mad," he says. "I'm a little sad because I really liked them, but it was the wrong time and place and some other issues for those restaurants. It's all about growing and learning, but I keep pushing on." Guard is proud of the fact that he was able to immediately place the employees from those two restaurants with his other restaurants so that no one was out of work.

The idea for opening restaurants in Stapleton started when Guard moved to the neighborhood five years ago, feeling that the area was underserved when it came to restaurant selection. He has ideas for restaurants in his head all the time, homing in on neighborhoods that he feels will welcome a restaurant and will provide the business needed to be profitable. "I think anyone can open a restaurant and make great food, but it is a business at the end of the day," he says.

For Guard, it's a 2½–3-year process from the time a lease is signed to the time the doors open on a new restaurant. He keeps a book handy in which he continually jots down ideas for menus and recipes. He starts developing a restaurant's menu about six months before

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Troy Guard puts up an order at Los Chingones on the restaurant's first night serving customers (far left), works with the kitchen staff (middle) and meets with customers (above).

Below: Executive Chef, Brent Calley and General Manager, Cherish Devereaux at the newly opened HashTAG restaurant in Eastbridge.

building starts for the new space, and might practice some of the dishes at home or at his other restaurants. About a month before opening, Guard gets closest to determining the menu, but it doesn't get finalized until he has a chance to cook in the kitchen and spend time in the restaurant space. "I've got to be in there, feeling it, seeing it. It's really all about the vibe of a restaurant and what I think will or will not fit on the menu," he says.

Common problems Guard says he and other restaurateurs face in opening a restaurant include delays with paperwork; construction issues; prices of building materials and supplies going up because prices were bid years before; the need to customize furniture to fit in the space; and changes in staff and construction crews. "We all go through things and adapt, tweak and change," says Guard, just like he does with his recipes.

"Things change inevitably and you have to reposition yourself or readjust or you fail."

Guard says the worry never stops even after a restaurant appears to be successful. When opening a restaurant and the staff is working 14–16-hour days, Guard says thoughts of, "Are people going to like it?" or "Is it going to go the way we pictured and planned for the last three years?" run through everyone's minds. "Excitement, anxiety, stress—I feel it all, but knock on wood, it usually comes together the way I had it pictured and sometimes exceeds expectations."

Despite the hardships, with more restaurants being planned, Guard shows no signs of letting the obstacles get in his way. "I like the challenges of it, starting with the deal itself to creating the look, to training the staff. I love the camaraderie of everyone working together. It's thrilling. I'm excited to be doing what I love."



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DENVER METRO EVENTS

To 8/7—Monday Movie Madness at Infinity Park. Free movies, Infinity Park, Glendale. 8/7 Sing! Gates open 7pm, movies 8pm. www.infinityparkatglendale.com

To 8/15—Governor's Mansion Tours. Tuesdays. Free tours of Governor's Residence at Boettcher Mansion. 1-3pm, 400 E. 8th Ave. No reservations required. Tours every quarter hour for 45 minutes. www.colorado.gov

To 8/23—Shady Grove Concert Series. Wednesdays thru 8/23. Four Mile Historic Park. 6:30pm. www.swallowhill-music.org, www.fourmilepark.org

To 9/11—Film on the Rocks. 7pm, Red Rocks Amphitheater. Live music and movie select evenings. Tickets from \$12. Schedule: www.redrocksonline.com

To 10/7—Free composting classes. Wednesdays and Saturdays thru 10/7. Classes at Denver Compost Demonstration Site, Gove Community Garden, 13th Ave. and Colorado

Blvd. Sign up: 303.292.9900 or www.dug.org/compost.

8/1 Tuesday—Colorado Day at American Museum of Western Art. All tours free, 10am-4:30pm. 1770 Tremont. www.anschutzcollection.org

8/2 Wednesday—Guns N Roses. Sports Authority Field. www.ticketmaster.com

8/2 Wednesday—2017 Aurora Symphony Orchestra – Open Auditions. Nonprofit, volunteer community orchestra. Open auditions (audition time slot appointment required): Wed., 8/2 6-8:30pm; Sat., 8/5 12-3pm. For openings/appointments: asopersonnel@gmail.com, Sarah McGregor. www.aurorasymphony.org/auditions.html

8/2 to 8/16—Civic Center Cinema. Civic Center Park. Wednesdays 8/2, 9, 16. Movies at dusk, food trucks there at 6:30. Free. www.civiccenterconservancy.org

8/4 Friday—First Friday Art Walks. Santa Fe Arts District, Tennyson Art Walk, River North (RiNo) Art District, Golden Triangle Museum, Navajo Street Art District. www.denver.org/things-to-do/denver-arts-culture/denver-art-districts

8/4 Friday—First Friday at American Museum of Western Art. All tours free, 10am-4:30pm. 1770 Tremont. www.anschutzcollection.org

8/5 Saturday—Cockpit Demo Day. Free with admission. Wings Over the Rockies Museum, Lowry. 10am-2pm. www.wingsmuseum.org

8/6 Sunday—City Park Jazz. 6-8pm. City Park Pavilion. FREE. www.cityparkjazz.org

8/10 to 9/4—Parade of Homes. Neighborhoods in metro Denver; Windsor to Castle Rock and Arvada to Aurora, and Larkspur, Strasburg and Winter Park. Thursdays, Fridays, Saturdays and Sundays 11am-6pm.

Free tour of 60 newly designed model homes, custom homes, and luxury "Dream Homes." www.paradeofhomesdenver.com

8/11 to 8/12—16th Street Fair. 11am-7pm. 16th St. Mall downtown Denver. www.coloradoevents.net

8/11 to 8/13—Wheat Ridge Carnation Festival. Anderson Park. Fireworks Fri., Parade Sat. 9:30am. 38th Ave. Aames to Upham. Zoppe Italian Circus, petting zoo, chili cookoff, midway rides. www.wheatridgecarnationfestival.org

8/12 Saturday—Erie Air Fair. 10am -4pm. Erie Municipal Airport. Airplane displays, helicopter and airplane rides for purchase, live music, kids fun zone, beer garden, food trucks. www.erieairfair.com

8/12 Saturday—South Pearl St. Brews and Blues. 1pm. Bands, food/drink vendors. Old South Pearl St. Tickets: www.swallowhillmusic.org

8/13 Sunday—Colorado Collectibles Appraisal Fair. Forney Transportation Museum, 10am-3pm. Tickets \$50, includes admission to Forney Transportation Museum, appraisal of 1 item and refreshments. www.forneymuseum.org

8/17 Thursday—Thirsty Thursdays: The Great Margaret Brown Urban Adventure Race. Historic Pennborough Condominiums, 1165 Pennsylvania St. 6pm. www.mollybrown.org

8/19 to 8/20—Golden Fine Arts Festival. 11th St. and Arapahoe St., 10am-5pm. www.goldenfineartsfestival.org

9/1 to 9/4—A Taste of Colorado. Food, music, arts/crafts. Fireworks and carnival rides. Civic Center Park. www.atasteofcolorado.com

HEALTH AND WELLNESS

8/5 Saturday—Free Yoga with Live Music at Station 26 with StapletOM. Bring mat and friend to Station 26 Brewing Co., 7045 E 38th Ave. 1:30pm during Farmers Market. Free yoga flow with StapletOM founder. <http://station26brewing.co>, <http://stapletom.com>

8/6 Sunday—Tri for the Cure. Women's sprint triathlon race benefits Susan G. Komen Foundation. Cherry Creek State Park. www.triforthecure-denver.com

8/16 Wednesday—Free Women's Infertility Support Group. Sharing circle and centering breathwork and guided meditation. Registration required for headcount. 6-7pm. Acupuncture Denver, 899 Logan St., Ste. 109. 303.929.9582, info@AcuDenver.com, <http://acudenver.com>

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8/19 Saturday—28th Annual AIDS Walk Colorado. Cheesman Park. www.aidswalkcolorado.org

KIDS AND FAMILIES

To 8/12—Denver Public Libraries Summer of Reading. Free activities, suggestions for summer reading, incentives for Denver kids, 3 age groups. FREE. www.summerofreading.org

To 8/26—Denver Puppet Theater Presents Cricket: A Southwestern Tale. 3156 W. 38th Ave. Showtimes/tickets: www.denverpuppettheater.com

To 8/29—Tuesdays in August—Four Mile Historic Park Small Settlers. Ages 2-5 accompanied by parent/caregiver. 9-10am. \$5/child, adults free. Members free. 715 S. Forest St. Advance register: 720.865.0814 or education@fourmilepark.org. www.fourmilepark.org

To 9/24—Alexander Calder Sculpture Exhibit at Denver Botanic Gardens. Included with admission. www.botanicgardens.org

To 10/1—Ekar Urban Farm “Days in the Dirt.” Sundays to 10/1. 9am-1pm; individuals, families and groups. Meet, mingle, drop in to plant, tend and harvest together. Pint-sized tools for kids. Future Farmers’ Program 10-10:30am for ages 4-10 with on-site educator. All harvested produce donated to feed the hungry. Goal: donate 15,000 lbs. this season. 181 S. Oneida St., Lowry. 303.520.7581. Free to attend. <http://ekarfarm.org>

To 10/31—Dinos! Live at Denver Zoo. Life-size animatronic dinosaur exhibit. Free with admission. www.denverzoo.org

8/1 to 8/29—Tuesdays in August—Four Mile Historic Park Small Settlers. Ages 2-5 accompanied by parent/caregiver. 9-10am. \$5/child, adults free. Members free. 715 S. Forest St. Advance register: 720.865.0814 or education@fourmilepark.org. www.fourmilepark.org

8/2 to 8/16—SCFD Showcase at Denver Botanic Gardens. Wednesdays 8/2, 9 and 16; 5-8:30pm. Performances and hands-on performances from organizations part of Scientific and Cultural Facilities District. 1/2 price admission, dining specials, etc. www.botanicgardens.org

8/5 Saturday—Home Depot Kids Workshop. 9am-12pm. FREE how-to clinics first Sat. monthly, ages 5-12. Get Home Depot apron, wooden project and project pin. Metro-area Home Depot stores. www.homedepot.com

8/5 Saturday—Wild West Kids. Saddle up for pioneer experience with games, stories, races, nature discoveries, etc. Pack a picnic and come in favorite pioneer outfit. 10am-2pm. Four Mile Historic Park, 715 S. Forest St. Free for Four Mile members; nonmember \$5/person ages 3 and up, or \$25 for 1-year Family Membership to park. www.fourmilepark.org

8/6 Sunday—Junior Rangers. 1:30-3pm. Ages 6-12. Morrison Nature Center, 16002 E. Smith Rd., Aurora. Reservations required. 303.739.9428, www.auroragov.org/nature

8/11 Friday—Four Mile Historic Park Hay Bales and Tall Tales. 12-1pm. 715 S. Forest St. 720.865.0800. Free with park admission. www.fourmilepark.org

8/12 to 8/13—Brick Fest Live LEGO. Denver Mart. 451 E. 58th Ave. Tickets: www.brickfestlive.com

8/25 to 9/4—Colorado State Fair. Pueblo Fairgrounds, Pueblo, CO. www.colorado-statefair.com

LECTURES AND CLASSES

8/14 Monday—From Messy Dating to Joyful Relating. Douglas and Eileen Barber host relationship workshop for singles and couples. Love offering. Unity Spiritual Center Denver, 3021 S. Univ. Blvd. 7-9pm. RSVP: eileentbarber@gmail.com, www.unitydenver.org/civicism/event/info?id=876&reset=1, <http://douglasandeileen.com>

8/22 Tuesday—Active Minds (Free)-The Soviet Union: The Road After Collapse. 5-6pm. The Tattered Cover, 2526 E. Colfax. 303.322.7727. www.activeminds.com

8/24 Thursday—Active Minds (Free)-Spain. Roots and legacy of Spanish Empire. 6:45-7:45. Sam Gary Library, 2961 Roslyn St. www.activeminds.com

DENVER ART MUSEUM

www.denverartmuseum.org.

8/25 Friday—DAM Untitled Final Friday. 6pm-10pm, Cash bar, DJ, light munchies. Members free, nonmembers \$8-\$13.

To 8/31—Then, Now, Next: Evolution of an Architectural Icon. North Building history. Free: 18 and under.

To 9/10—The Western: An Epic in Art and Film. Explore artistic/cinematic evolution of Wild West. 160 works explore gender roles, race relations and gun violence thru fine art, film, popular culture from mid-1800s to present. 320-page illustrated book by historians, artists and directors in The Shops at DAM and online.

DENVER MUSEUM OF NATURE & SCIENCE www.dmns.org

To 8/13—Vikings: Beyond the Legend. Special exhibit. Separate ticket required.

To 10/12—IMAX Current Films. Dream Big 3D; Engineering Our World; Incredible Predators 3D; Mysteries of China.

To 1/1—Nature’s Amazing Machines. Free with admission. www.dmns.org

(continued on page 28)

Stapleton’s Real Estate Resource



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Coldwell Banker	680 Sides	4.9%
Sotheby's	595 Sides	4.3%

NOTE: This bar graph combines the "sold" listings of all office locations and independent offices of each multi-office or franchise organization identified, which listings were sold by such organization itself, or with the aid of a cooperating broker, according to data maintained by the Local Board or Multiple Listing Service for the geographic area indicated. The bar graph compares all those listings that were "sold" by each organization during the period 1/1/16-12/31/16. This representation is based in whole or in part on data supplied by RECOLORADO. Neither the Associations nor their MLS guarantee or are in any way responsible for its accuracy. Data maintained by the Associations may not reflect all real estate activity in a market. ©2016, RE/MAX, LLC. Each RE/MAX® office is independently owned and operated.

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(continued from page 27)

org

8/17 Thursday—Science Lounge. Cocktails/entertainment 3rd Thurs. monthly. 6:30-9:30pm. \$8/members; \$10/nonmembers.

HISTORY COLORADO CENTER

www.historycolorado.org

To 8/26—History Colorado Kids Free Saturdays. Free for youth 18 and under thru 8/26.

8/1 Tuesday—Colorado Day at History Colorado Center. 10am-5pm, FREE admission. Performers, demos and crafts.

8/8 Tuesday—Ignite! Nite. History Colorado Center after hours. August theme: Westbound. 5-8pm. Cash bar, cooking demos, live music, DIY crafts and exhibit tours. Adults only. Free for members; tickets \$12.

MUSEUMS—FREE DAYS

8/1 Tuesday—Children's Museum Free Target Tuesday. 4-8pm. www.cmdenver.org

8/5 Saturday—Denver Art Museum Free Day. SCFD Free day. www.denverart-museum.org

8/6 Sunday—Denver Museum of Miniatures, Dolls and Toys Free Day. SCFD Free day. www.dmmtdt.org

8/6 Sunday—Denver Museum of Nature & Science Free Day. SCFD Free day. www.dmns.org

8/11 Friday—Four Mile Historic Park Free Day. SCFD Free 2nd Friday, 12pm-4pm. www.fourmilepark.org

8/25 Friday—Clyfford Still Museum. SCFD Free day. Free admission last Friday every month all day. Free admission Fridays 5-8pm. 1250 Bannock St. www.clyffordstillmuseum.org

8/28 Monday—Denver Museum of Nature & Science Free Day. SCFD Free day. www.dmns.org

8/29 Tuesday—Denver Botanic Gardens Free Day. SCFD Free day. www.botanicgardens.org

9/2 Saturday—Denver Art Museum Free Day. SCFD Free day. www.denverart-museum.org

9/3 Sunday—Denver Museum of Miniatures, Dolls and Toys Free Day. SCFD Free day. www.dmmtdt.org

9/5 Tuesday—Children's Museum Free Target Tuesday. 4-8pm. www.cmdenver.org

NORTHEAST DENVER/AURORA EVENTS

8/2 Wednesday—GPHC Sustainable Neighborhood Kick Off Meeting. 6-8pm. The Dahlia Campus for Health and Well-Being Gym (3401 Eudora St. Learn about the program and brainstorm your own

projects to help make Greater Park Hill even more sustainable neighborhood. Snacks/beverages provided. Check out Dahlia Farmers Market (every Wed. 4pm to dusk thru 10/11) for fresh veggies. greaterparkhill.org

8/12 Saturday—GPHC and DPL Ice Cream Social and Volunteer Fair. 12-2pm. Sharing of opportunities to get involved with many community organizations. greaterparkhill.org

To 9/30—Da Vinci Machines Exhibit. Special interactive exhibit of 65 handcrafted inventions built from da Vinci's 500-year-old designs. Separate ticket required. www.wing-smuseum.org

8/2 to 8/26—be well Free Classes. At northeast Denver rec centers, classes include Zumba, yoga and cardio kickboxing. Info: www.bewellconnect.org

8/5 Saturday—Councilman Hernon's Family Bike Parade. Food, music, free games and family fun. Route begins at The Green at 29th & Roslyn in Stapleton and ends at Smiley Campus, 2540 Holly St. where celebration continues until 11:30am.

8/5 Saturday—Horsefeathers Classic Car Show. At The Shops at Northfield. 303.375.5475. www.northfieldstapleton.com

8/5 to 8/13—Denver Days. Weeklong celebration of Denver neighborhoods with block parties, festivals, etc. www.denver.org

8/12 Saturday—Your Soul's Movement Block Party to Celebrate Denver Days. 12-9pm. Free. Music, demo classes, food trucks and family fun. 3825 Newport St. www.yoursoulsmovement.com

8/12 Saturday—Hops in the Hangar. Dozens of Denver metro area's best breweries at WWII-era hangar for evening of friends, food and great local beer. Tickets include unlimited beer tastings, a meal, access to games, activities, aircraft cockpits, music, etc. http://wingsmuseum.org/event/hops/

8/17 to 9/9—Photography for Healing – A Portrait Exhibition. Gary Kaplan photos and narrative by Stephanie Hamilton-Oravetz. Reception: Thurs., 8/17 5-8 pm. Free and open to the public. 8/19, 1-3 pm, Artist talk. Art Gym Gallery, 1460 Leyden St. Open: Tues.-Sat. 9am-6pm. www.artgymdenver.com/, www.artgymdenver.com/gallery/

8/19 Saturday—Global Fest. International festival of food, cultural experiences and art. 1-7 pm. Aurora Municipal Center, Great Lawn, 15151 E. Alameda Pkwy. www.auroragov.org

8/20 Sunday—Ekar Urban Farm's Pick-Your-Qwn-Pickle-Your-Own. Produce picked fresh and/or pickled by you 10am-12pm. \$45 entrance fee includes reusable grocery bag, veggie picking in fields and 2 pickle-your-own jars. 1 bag fills fresh produce for 4 people (lemon cucumbers, purple beans,



peppers, eggplant, heirloom tomatoes, beets, summer squash, kale, Swiss chard). Live bluegrass, country and folk music. Pre-registration required: ekarfarm.org http://ekarfarm.org

8/26 Saturday—be well Dahlia Campus Family Fun Block Party. 1-5pm, 3401 Eudora St. www.bewellconnect.org

8/26 Saturday—Mayor Michael B. Hancock's Cabinet in the Community. Interactive city fair, town hall and job fair. 9-11am. Free continental breakfast. Johnson & Wales Univ. event center, 1900 Olive St. Questions: rosalind.alston@denvergov.org

8/27 Sunday—Artists in August. Wings Over the Rockies Museum, 10am-4 pm. www.wingsmuseum.org

9/2 Saturday—Sweet William Market. Stapleton The Green, 29th & Roslyn, 9am-2 pm. www.sweetwilliammarket.com

9/6 Wednesday—Parent Preview at International School of Denver. Info and RSVP: www.isdenver.org/frontporch

ROCKY MOUNTAIN ARSENAL NATIONAL WILDLIFE REFUGE

www.fws.gov/refuge/rocky_mountain_arsenal/

8/5 Saturday—The Masked Bandit. 10-10:45am. Learn about refuge's black-footed ferrets. Free, reservations required, 303.289.0930

8/12 Saturday—Colorado Herptiles. 10-11am. 10 native herptiles to meet and learn about. Free, reservations required, 303.289.0930

8/19 Saturday—Amazing Antlers—The Velvet Tour. 8:30-noon. Learn about antler growth then spend time in field photographing. Repeats 8/26. Free, reservations required, 303.289.0930

8/27 Sunday—Hike N Bird. For birders from novice to expert. Explore wildlife, birds and plants of the refuge. Must be comfortable

hiking up to 3 miles. Reservations required, 303.289.0930

8/27 Sunday—Kids Fishing Clinic. 10am-noon. Bring a pole or borrow one. Kids 6-12. Free, reservations required, 303.289.0930

THEATRE

To 8/6—Ring of Fire: The Music of Johnny Cash. Vintage Theatre, 1468 Dayton St. Aurora. www.vintagetheatre.com

To 8/13—Colorado Shakespeare Festival. Univ. of Colorado Boulder. www.coloradoshakes.org

To 8/6—Phamaly's Annie. Stage Theatre, Denver Center for Performing Arts. www.denvercenter.org

To 8/6—Dixie's Tupperware Party. Garner Galleria Theatre, Denver Center for Performing Arts. www.denvercenter.org

8/17 Thursday—Crime and Punishment. Live public and private interactive murder mystery dinner shows. The Old Spaghetti Factory, 1215 18th St. 7-10pm. \$60-\$79. 888.643.2583. shows@themurdermystery-company.com, http://itsmurderoutthere.com, www.grimprov.com

8/26 Saturday—Colorado Ballet. Colorado Ballet Under the Stars. Arvada Center, 6901 Wadsworth Blvd. Arvada. www.arvadacenter.org

VOLUNTEER OPPORTUNITIES

Volunteers Needed at Ronald McDonald Family Rooms at Rocky Mountain Hospital for Children. At Presbyterian/St. Luke's Hospital. Seeks volunteers for once-a-week commitment, 6-month minimum. www.ronald-house.org under "How You Can Help" for info.

Single Volunteers of Greater Denver. Volunteer, not-for-profit singles group to meet others and assist nonprofit organizations for events/activities. www.svgd.org

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A Complete Transformation Greet Visitors at Moorhead Rec Center

By John Fernandez

Moorhead Recreation Center on 25th Ave. in Aurora, not far from Stanley Marketplace, has recently reopened after a \$16 million complete makeover. Little remains from the old building except the outdoor pool, which is now an indoor pool with a water slide. The original 5,500-square-foot structure has been replaced with a 41,000-square-foot facility that also includes a teaching kitchen, multi-court gymnasium and state-of-the-art fitness equipment and weight machines.

The upper part of the yellow slide extends outside the building wall, creating a distinctive street-side façade. That attention-grabbing feature increases the visibility of this major new neighborhood amenity, which is significant since the end of the building, rather than the front, faces 25th Ave. Noteworthy design features include the water slide exiting the north side of the building and re-entering near ground level on the west side. The interior is airy and highlighted by large graphics and a unique wall of colored



Visitors using the new pool slide enter it indoors, loop outside, then re-enter the building and get dumped in the indoor pool. Right: The redesign has transformed the old building into a beautiful modern facility.

rope dividing the gymnasium from a central corridor. Three garage doors on the south side create the potential for an indoor/outdoor feel to yoga classes and cookouts.

The project, located at 2390 Havana St., catty-corner from Fletcher Elementary School, is a great example of urban infill making better use of a formerly underutilized site. New visitors should be aware that Havana is cut off between 24th and 25th avenues because the rec center and Moorhead Park occupy an



The facility's features include a shallow pool for younger children (left) and a computer room (above).



The interior is light and airy with bright graphics. A unique decorative wall of colored rope gives the gym an open feel but keeps the balls in.



entire city block between Hanover and Iola streets. The park is heavily treed and features picnic structures and large, unprogrammed turf areas.

The center is open seven days a week: 6am-9pm Monday through Thursday; 6am-7pm on Fridays, and 8am-5pm on weekends. Drop-in pricing ranges from \$3-\$4 depending on a patron's age. A price break is available for Aurora residents purchasing annual or monthly passes.



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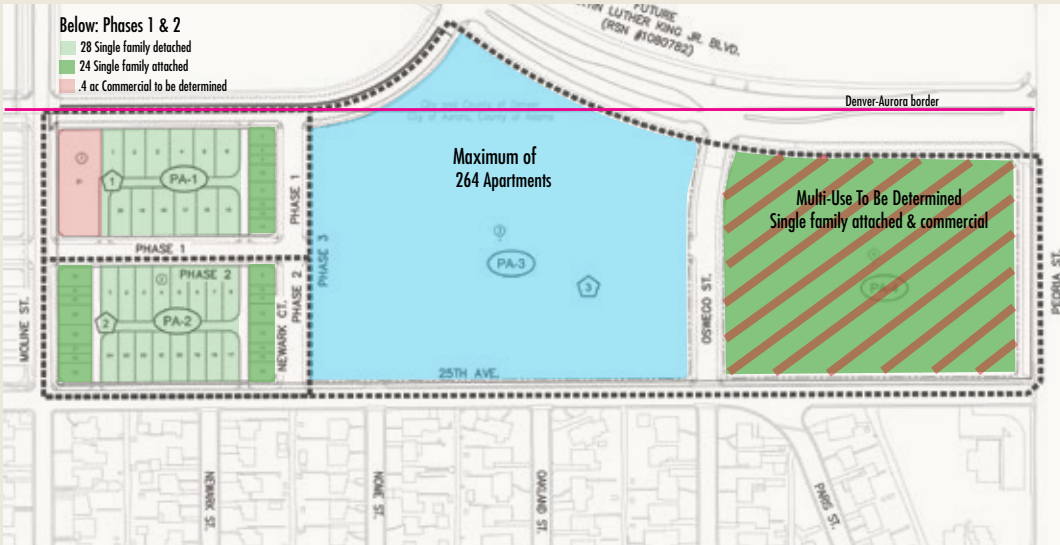
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By John Fernandez

Among the last Stapleton land to be developed is a 24-acre tract that has long been referred to as “the toe of the boot” due to the shape of the far southeastern Stapleton boundary. Development of that area, located in Aurora, has had to wait for the land to be remediated and for the extension of Martin Luther King Blvd. to get underway—the new road will provide access to this tract of land.

“Toe of the Boot” Takes Shape

DIA did get the environmental remediation done and expected to sell the land to Forest City in the spring, but it turns out additional remediation still needs to be done (see sidebar, Fill Costly to Remove). And MLK construction, originally set to start in 2016, has been delayed due to additional environmental studies and a vote by affected



Aurora has approved the above plan submitted by Forest City for development of 24 acres in Aurora. The area between Newmark Court and Peoria Street requires future site plan approval by Aurora.

property owners on whether to construct noise walls (see article on page 10). Now, however, Forest City has submitted plans for “Stapleton Aurora Filing No. 3,” and Aurora’s approval of those plans brings a glimpse of what’s to come.

The Plans

The plans, as shown above, indicate four phases of development. Phases 1 and 2, fur-

thest to the west, are 52 single family attached and detached units with .43 acres identified for commercial use.

Phase 3 is shown as 264 apartments and Phase 4 is multi-use single family attached and commercial uses to be determined for the eastern portion of the land that borders Peoria.

The plan, approved by the Aurora Planning Commission on June 28, also includes the extension of Oswego Street from 25th Ave. to MLK. Oswego is the fifth in a series of new roads connecting Stapleton to northwest Aurora as part of the bigger effort to integrate the former Stapleton airport site into surrounding neighborhoods. Previous connections were established at Dayton/Emporia, Fulton, Iola and Kingston streets.



The location of the 24-acre parcel, shown in red, is between 25th and 26th avenues, and bounded by Peoria on the east and Moline on the west.

Creative Learning Preschool

Forest City has not set a schedule for beginning of development in this “Stapleton Aurora Filing No. 3” however one prospective business, the Creative Learning Preschool, has publicly stated its intention to begin construction of a 4,800 square foot building later this year with opening scheduled for fall 2018. The school would

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front Moline Street on a .43 acre parcel located at the southeast corner of 26th Ave. and Moline St. The school would accommodate up to 65 children (ages 1-4) and 12 staff. The school, owned by Dan Mitzner and Rachel Baumel, is currently located in Quebec Square at 7505 E. 35th Ave.

The school is going through site plan review with the City of Aurora. It has received the support of the Stapleton Design Review Committee, however the citizen-based Zoning and Planning Committee (ZAP) has voiced strong concerns over a perceived lack of on-site parking. The site plan shows 12 on-site parking spaces, an amount falling three spaces short of Aurora's minimum requirement. In addition to concerns over



Preliminary plans for Creative Learning Preschool

the supply of parking, ZAP questions the absence of a dedicated drop-off area for parents bringing their children to the site.

Those concerns are echoed in comments by the Northwest Aurora Neighborhood Association (NANO): "There really is not adequate space for 10 to 12 extra cars on the street...on-street parking for the staff will not work in that area at all...We know that Creative Learning Preschool thinks many of their clients will just walk in from the neighborhood or bike to their facility. We find this hard to believe as their clients can come from anywhere...The waiver on the on-site parking, asking to eliminate 2 spaces, is not a good idea and we are opposed to that also."

The applicants, Mitzner and Baumel, LLC, have until August 4 to respond. A public hearing is scheduled for the September 13 Aurora Planning Commission meeting.

The preschool is one of many possible commercial uses at the site. Permitted uses include banks, hotels, clinics and retail. A series of "conditional uses," requiring a higher level of city scrutiny, allow uses such as vehicle sales, mortuaries and kennels.

Fill Costly to Remove

By John Fernandez

Denver has decided to remove 40,000 cubic yards of concrete crusher fines fill material placed in Stapleton Aurora Filing No. 3 due to the presence of pollutants exceeding standards set for the redevelopment of the former Stapleton airport site. No date has been set for the removal and replacement although Denver has estimated the cost to be \$1.2 million.

The affected area extends for 2,200 feet with a width of 50 feet (see figure). The crusher fines were buried under eight feet of clean soil. The depth of the crusher fines varied from 8 to 20 feet. The fill replaced soils contaminated during Denver's ownership of the former airport. Pollutants included asbestos. The affected area is the site of a former lateral to the Highline Canal.

Denver Aviation spokesperson Heath Montgomery said the "airport made the decision to use the crusher fines because the material met the definition of soil and was an allowable material for the purpose. The crusher fines were being stored on site and was a readily available material, so it made sense to utilize it in support of our goal to invest for sustainable operations by recycling it."

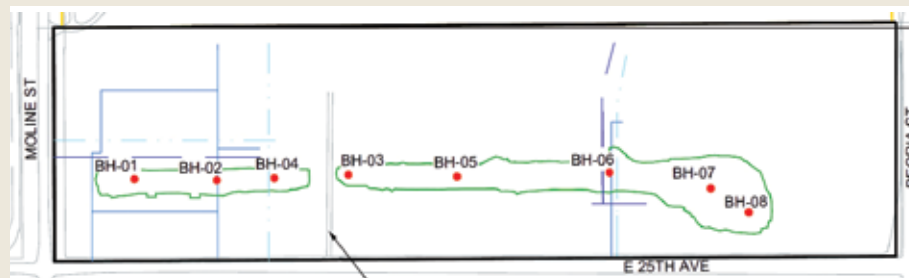
Denver said it received a request from Stapleton developer Forest City to "test this material based on potential concerns about

the presence of heavy metals." Forest City was performing regular due diligence prior to purchasing the property from Denver. An April 11, 2017 letter to Denver from Katy J. Dunn, Forest City assistant general counsel, said the request arose from their learning concrete crusher fines had been used as fill rather than soils. They requested "written confirmation that the 'no action determination' ('NAD') issued for the site is not voided by this new information."

An NAD was issued for the site by the Colorado Department of Health and Environment under its Voluntary Cleanup Program (VCUP). CDPHE operates the VCUP under an agreement with the Environmental Protection Agency to encourage the voluntary cleanup of brownfields such as the former Stapleton Airport.

When testing found exceedances for polycyclic aromatic hydrocarbons (PAHs), CDPHE's Fonda Apostolopoulos issued a May 10 letter to Denver stating the contaminated fill material would have to be removed and replaced if it wished to receive a letter from the state indicating the site is suitable for "Unrestricted Use." That letter is crucial to lenders who might be underwriting residential development. Under the VCUP, CDPHE couldn't compel Denver to remove the fill. Denver's other option was to leave the fill in place and make development of the property subject to an

(continued on page 33)



The "BH-01" and other BH labels indicate bore holes where the sampling was done. The green line indicates the approximate extent of the former Highline Canal.

Denver City Council Approves Rezoning at CPB and MLK

By John Fernandez

By a 9-3 vote, the Denver City Council on July 24 approved a rezoning of the three-acre property located at the southeast corner of Martin Luther King and Central Park Boulevard intersection. Stapleton developer Forest City had made the application for a zoning change from C-MU-20 to M-RX-5A, seeking more flexibility regarding uses in exchange

for less intense development. Neighbors had lobbied City Council to oppose the zoning, citing concerns about building height, parking and traffic. Councilmember Chris Herndon, who lives in Stapleton, supported the rezoning, which was opposed by Councilmembers Espinoza, Kashmann and Ortega. Forest City agreed to restrict building height along Willow Street and 29th Place to three stories.

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Costly Fill

(continued from page 31) environmental covenant prohibiting residential uses. That was unacceptable to Forest City.

The consultant that prepared the sampling and analysis of the fill material, Brown and Caldwell, speculates that the concrete crusher fines were contaminated by a nearby asphaltic concrete pile. Both piles originated with materials recycled from the former airport. Denver aviation spokesperson Heath Montgomery said, "It's important to

note that while the levels of the chemicals discovered exceeded the allowable levels within the agreement, they are commonly found in asphalt."

Apostolopoulos said placement of the contaminated fill appears to have been an "honest mistake" on Denver's part, noting that this is the first time in working with Denver on Stapleton remediation over 15 years that anything like this has happened.

Richthofen Castle

(continued from page 9) fun parts to their restoration, too, especially the many discoveries they make in the process. After removing three false ceilings from what had been the master bathroom the Jespersons found a staircase remnant that leads to the tower, suggesting the Baron himself intended to use the iconic tower. They also enjoy hosting parties and events for organizations like The Denver Waldorf School. And now that the structural issues have been handled, Atencio-Jespersion says, "I would like to get into more of the decorative part. Get rid of the last remnants of the 1980s," which were installed during a renovation by the Junior Guild of the Denver Symphony for a benefit event.

It is truly a labor of love for the couple, and Atencio-Jespersion says, "I never ever expect it to be done."

The Jespersons continue the tradition of enjoying Halloween at the extraordinary

property, but with their own twist. Every year, on the Saturday before Halloween, friends and family organize a themed party at the castle grounds for the community. Past events have included "Richthofen Asylum for the Criminally Insane" and "Richthofen Garden of Fantastical Creatures." Though they would not reveal the theme for this year's party, mark your calendars for it promises to be quite a bash.

- 1. Noel, Thomas J. and Hansen, William J., *Historic Denver, Inc.*
- 2. Richthofen Castle owners: 1887-1891 – Richthofen; 1889 -1893 – Mueller (aka Miller); 1893-1903 – Richthofen; 1903-1937 – Hendrie; 1937-1946 – Thams; 1946-1947 – Hunt (but didn't live there); 1947-1970 – Perenyi; 1970-1972 – Purcell; 1972-1980? – Seiden; 1980?-1984 – unknown; 1984-2012 – Priddy; 2012 – present – Jespersons.
- 3. Seiden, O.J., *Denver's Richthofen Castle*. Denver: Stonehenge Books, 1980.

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Above: Though Trampleton the *T. rex* would have been the size of a juvenile in real life, he makes the workers look like they would be just a bite of his dinner. Note the size of the installer's shoe (the white spot below Trampleton's belly) compared to the *T. rex*'s foot.

Right: Trampleton was collapsed down for transport. In this photo the seams are being reattached to bring it back to its lifelike appearance. The *T. Rex* is located near the carousel in a place where small children can see it from a distance and approach slowly if its size is scary or intimidating.



Left: *Edmontonia*, an ankylosaur, got its name from being discovered in the Edmonton Formation (a sedimentary basin in Alberta, Canada). Its armour-like spikes offered protection from predators. It is located near the okapis because they are both plant eaters.



Lifesize dinos

(continued from page 1) are similar in power and structure. Both animals are scavengers and agile predators. "Though a hyena would be a snack for a *Tyrannosaurus rex*, we hope our guests will think about those kinds of connections between the dinosaurs and our animals at the zoo," says Brad Parks, director of guest experience at the zoo.

Minerva the citipati (pictured above) was installed near the cassowaries, large feathered flightless birds. Scientists believe citipati specimens discovered together with eggs were in their nests caring for the eggs when they died. Likewise, cassowaries, are protective parents. And both citipatis and cassowaries have eyes on the sides of their heads.

Kids (and inner kids) who love dinosaurs will be interested to hear how Robby Gilbert, director of exhibits for The Dinosaur Company, got his job. He was a stay-at-home dad with three daughters who saw an article in the paper about The Dinosaur Company and went to see their warehouse full of dinosaurs. While there, he met the owner—and ended up talking himself into a job. He worked directly with the owner for two years learning the ropes, and now has spent the last nine years going to zoos, museums and theme parks around the world that

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Left: This citipati the zoo has named Minerva is pictured during its installation. Minerva, like most of the dinos, is believed to be about the size she was in real life.

Right: The Utah-raptor, a large feathered dinosaur, is located next to Bird World based on its similarities to today's raptors, which have talons. It is particularly similar to the zoo's Steller's sea eagle, says Brad Parks.



move and make sounds

want to have dinosaur exhibits.

Gilbert explains how the creatures are made: A small version of the original creature is sculpted from "Monster" brand modeling clay, scanned into a computer and blown up to the size they want. Pieces of foam are then cut out and put together like a puzzle over an armature. Then they sculpt the surface with clay to get the detail they want and use it to pull a fiberglass mold from which they can create as many dinosaurs as they want. The final step is to fill the mold with a coating of urethane rubber that is cut into sections and assembled over an armature—as the installers are doing in the photo of the *T. rex* installation at left.

The rental cost for 21 animatronic dinosaurs from July to October is \$150,000. Costs to install and landscape around them are in addition. Brad Parks says the zoo expects additional visitors to see the dinos and purchase of associated food, souvenir and gift items will cover the cost without having an additional admission fee for visitors. Visit <http://denverzoo.org/dinosexhibit>.



Above: Ryder Wolf, 3, has a dinosaur fight with his mom by the carnataurus.

Carnataurus was a predator that could run up to 25 miles an hour for short bursts. The car-nataurus at the zoo is painted with stripes similar to those of the zoo's Amur tigers. Scientists don't know whether their skin had stripes like those shown here, but they potentially could have had some sort of camouflage, says Parks. Paleontologists have been able to determine the colors of some dinosaurs, but not patterns they may have had on their skin.

Left: Ryder Wolf, 3, and Trystan Hayes, 4, react to the roar of the carnataurus.



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